95% of People Have Parasites — The Worm Queen Exposes EVERYTHING! Kim Rogers | Ep. 110 Transcript

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Introduction to the Worm Queen

One segment of that tapeworm can hold up to 46 uteruses and it can produce up a million eggs a day. They've got like claws, they're hooks and they hook right into your tissue and then they live right up at the top of your stomach and can steal up 90% of our nutrients.

These worms, when they come out, are they ever like still moving and alive? I mean I have videos. Kim Rogers, aka the Worm Queen. Kim Rogers, CEO of Rogers Hood, has become a wellness influencer worldwide.

Her personal health journey and parasite cleansing story captured global attention. She turned her struggles into a brand that inspires millions. Parasite testing is very difficult because they're evaders and they know when you're talking about them because there are no live frequency inside of our live bodies.

They can hide very easily. I've had the opportunity to see some of these worms and parasites and stuff come out of people. They look like little aliens.

Aliens. It's crazy. Yeah, they look nuts. Like, flukes look a tomato skin rolled up. And I'm like, I didn't eat any tomatoes recently. I can't wait to do my deworming.

Now I am a little excited, but a bit scared. You're looking a litte nervous. Who knows what's going to come.

Kim Rogers' Background and Medical Training

Welcome to another episode of a Healthy Point of View podcast. I'm your host, Sam Tahara. And as usual, we're bringing experts from all over the world to talk about health, wellness, beauty, and mindset.

Today's guest comes all the way from Seattle, Washington. It's one of those long flights that I truly hate doing, but I am happy that she made it here to a healthy point of view.

And today's guests, we're gonna be talking about some of the stuff that you've probably heard before about worm. We're going to be taking about parasites.

Some of these things that are living inside of you in this toxic world that we live in, right? What do these worms do? Are they eating our brains? Or they causing holes in our brain?

So they're causing a holes inside our body. What are they doing? Today we have the pleasure to interview Kim Rogers, a.k.a. The Worm Queen. Welcome to a healthy point of view podcast.

Well, thanks. That was awesome. Absolutely. So the Wyrm Queen, the worm queen. I was crowned. You know, I've always wanted to be a king. Yeah, you know.

It's I thought I would be the prom king and I never got that back in high school, unfortunately. But you're the worm queen. Like, number one, how do you get the name of worm Queen?

Well, I didn't wanna be known as the Worm Lady. That's not fun, that's good merch. Like Wyrm Queen, had to get a crown for talking about this. So my community actually gave it to me when I went viral on TikTok in 2021. I love that.

And I said, what can we call me? Because I was getting so many DMs, Wirm Lady, and I getting comments, worm

lady. No, no I cannot be Werm Lady! I need to be something fun.

So I was crowned worm queen. I love that. Listen, you got to establish that brand. It can't be something, You don't want to be called something that you don' like.

Yeah. So Kim, before we start talking about worms and parasites and everything else, I want the listeners and viewers to get to know you a little bit better.

Um, i want talk about your upbringing of where you're from and how was life growing up? Just so people can understand who you are. So I grew up a little bit in California, but then my dad was a colonel in nuclear missiles in South Dakota.

So, I grow up in south Dakota, grew in a military family, and I wasn't really conforming to military families. I was very much like I am now so very alternative into plants and different types of medicine and so I grew up like that and then I moved all over the west coast and I worked for an airline for a few years and My mom is chronically ill and I had stage four endometriosis.

And so I decided that I wanted to kind of figure out what was wrong with my mom, as well as figure what is wrong my body. So I decide in 2004 to go into Western medicine and hold two health care degrees from Western Medicine and worked in Western for over 20 years.

What are those degrees that you have? I'm I've been associates in medical specialty. So at one point I was a licensed medical specialist and I worked in emergency room.

I work in urgent care and worked and family care. And my specialties were neurology and endocrinology. And then I pivoted over to academia and I got my degree in a bachelor's in healthcare management.

And I worked with 25 healthcare colleges that I actually built myself with some of my colleagues and then we ended up writing curriculum. Then I ended writing books for big publishing companies for Academia Medical.

Wow, you get some experience. I do. So with that experience throughout all of these years of doing what you're doing, what have you learned about Western medicine?

Chronic Illness and the Search for Answers

Well, I learned that Western medicine is not here to heal your body. It's here. To save your life. So if you're looking for an answer, like I was with my own personal health, it's just not always there for you and that you have to be your own patient advocate and you.

Have to learn sovereignty over your. Own body in order for. You to actually regain your health. If you are in a chronically ill state like. I. Was. Right.

So let's talk about that, about your situation that you had where you said that were in a chronically state with your health. So are you open to talk that?

Oh yeah, I love talking about it because I think people have a better understanding when you explain your heath journey and so My health journey started in my 20s.

I had stage four endometriosis, and by the age of 29, I have a hysterectomy. And because of endemetrioses and adenomyosis I've had 13 surgeries. Oh, wow.

So in 2019, my surgeons and my medical team told me that I can no longer have surgeries and that I just had to live this way. And I felt like that was very unacceptable.

I was not wanting to life in chronic pain every day and not going to the bathroom and understanding what it could

be. So in 2019, my husband and I sold our home.

We both quit our careers and we owned a piece of recreational property out in Hoodsport, Washington. and we decided to build a log home and say goodbye to me.

That if for some reason I couldn't heal myself, that my husband would be left with no mortgage and no debt. It is very expensive to be chronically ill, it's not cheap.

And so I had racked up some bills and I wanted to make sure that he was taken care of when we said goodbye. That's kind of where I was able to take a break though, because sometimes when you are as sick as I, was you have to find a way to break.

And so that's what we ended up doing in 2019 for around a year and a half until we figured out what was really wrong with me. Obviously, it's a journey to try to figure out what's wrong with you.

It's adjourned So so let's talk about that journey because obviously you had to go through a lot of different testing and Trial on air to see if this is going to work and you know new different supplements.

Let's talked about them I went into the woods in 2019 and we started to grow mushrooms. And so we realized that mushrooms could help my body. So I worked on getting rid of all of my big pharma meds that I was on.

I'd been on Klonopin for over 22 years at a very high dose. and so I slowly clean myself off of that and I started work on eating cleaner. And around 2021, I was kind of plateauing and I couldn't figure out what was, what else, What my next steps were, right?

So there wasn't any testing. There wasn' really any testin that was done on me until 2021. We just went out there and we were like, we're gonna figure this out or we'r gonna say goodbye.

So at that point, 2020 happened and i lived in Washington. And so in Washington, we had a lot of restrictions. You couldn't go into medical facilities if you didn't get, you know, the jab and you're getting wear a mask and I wasn't going to do either.

So a of what my husband and did was just taking my classically trained education and his herbal, his love of herbs. And we started to merge them together and really figure out how those things could help us and why I was so ill.

And so in 2021, it was July of 21, I had a small TikTok account, like 10,000 followers at the time. And I was scrolling and I scroll with purpose. I like to scroll and like watch people talk about knowledge.

So I came across a gal and she said, "I almost done alive myself over worms." And I was like, whoa, wait a minute. I thought I had worms a few years before.

And my doctors said, there's no way we live in a first world country. Those aren't worms. Something else is going on with you. OK, well, you might know better than me, right?

I'd given my power over to them. Right. So I decided in those moments that I came across this gal's video, I'm going to try what she's talking about. So I ordered it off Amazon.

It was just a $30 tincture, and I tried it. And within three days, I saw roundworm flukes and pinworms in the toilet, And I didn't even have to dig. How big were they?

Oh, they were big. Really? Yeah. There was a few that… I mean, They were visible. and then there were a lot of eggs. Eggs? Eggs. I'd never done any of these herbs before, so I really disrupted whatever was going on in those moments for them.

That meaning the worms so three days three three day Yeah, this is um, you know, I've had the Opportunity to see

some of these like worms and parasites and stuff come out of people On social media and I'll tell you I'm seeing some these things.

Discovering Parasites and Going Viral

They look like little alien aliens. Yeah crazy they look nuts like flukes look, like a tomato skin rolled up and And I'm like, I didn't eat any tomatoes recently.

And then eggs look very similar to almost like a piece of corn, but it's a lot longer. I actually have a free parasite identification book that is like 600 pages long.

Then I've identified thousands of parasites and then I have like 25,000 on my phone of pictures. If anyone ever steals my iPhone, they're going to give it back.

Because they're going to be like, no, I don't want this. It's the worm phone. Yeah, it's The Worm Queen's phone and we know it and they are going find a way to not have it.

My best friend, Sam, who's also my co-host on my podcast, What's Eating You, she won't put worms in the memes because she says that it just steals her energy.

And I'm like maybe because it is so gross. She goes, It takes me days to get past what I have to see and I am like oh I see it all day. So you saw these worms come out of your body?

Yeah, I saw the worms What was your reaction when you so that well I immediately grabbed my phone and made a video And that video went very viral So I did a 60 second video and within two hours a million people watched the video And it was so overwhelming that TikTok actually wouldn't let me back in my account for a while because they thought there was fraud going on, right?

Because so many people were commenting. So many were liking the video. And then my phone overheated. and I'm standing there and we're in the middle of our log home build.

And I look at my husband and like, oh my God, I am going viral. Like, and our family was coming that day to help us build and i'm like okay, well I think that this is what I meant to do.

I thought it was mushrooms, but no, it's worms. Wow, okay. So then you go viral from seeing the little worms with the eggs. So, okay, so you see that happen.

Now, we're talking about your health here and the process that you're going through. So what was the next step? Well, in the moment I saw everything in a toilet, there was such a validation for me.

And that's why I decided to share this every day for the last 1,489 days. I've never taken a break. potentially a root cause was this. Now, since then, I've had multiple tests done and multiple root causes.

So it's not just parasites, but it was the beginning of it. And I found out I actually had Cryptosporidium parvium, which is parvo which kills puppies, and it will shutting down some of my organs.

I also found I had chronic Lyme and I was in the end stages of Yeah, and that's why I had a hysterectomy when I was 29 years old. In my opinion, I also have mold in my body that my mom and I have the same mold, so genetically I've actually linked it all the way back to when i was born and where she got her mold.

So to say that it was just parasites, i just want to preface that. That it wasn't just Parasites that was making me sick, but it Issue that I was having in my health and so that's why I do this every day Because why not make something simple and do a cleanse, right?

And so when I went viral And I did like 10 videos that day and then I just kept doing videos I Was gaining

information in the comments from those videos for me to then go and research and I would come back on videos and would give The knowledge to the community of what I found out that's pretty cool.

Yeah, so it was really a community effort and everyone on tiktok at the time I wasn't on instagram at that time. Everyone on tick tock were like homesteaders ranchers farmers and they were likely I mean we take.

and we take fend and wormwood, but you got to bind. And I'm like, well, what's binding? Because in Western medicine, you don't use a binder. You use charcoal in the emergency room when someone is overdosed or has alcohol poisoning.

A little dosage of it to get toxins out. So then I dig in even more. I was just really intrigued with the fact that one, How is this so missed in Western medicine and the wellness community?

And two, what do you mean you have to take all these herbs and what does that all mean and why do have do that? That was it. This is my mission. So I dug in.

And I'm chronically ill. I was chronical ill at the time and I just had a lot of time on my hands. So when you did the deworming, can I call it that? Deworm.

Yeah. So we did a dewarming. Did you feel any different after that, did you? Feel a little bit better because obviously you had other type of medical issues going on, right?

Yeah, some chronic issues that you. Had. But did. You feel a. Little bit more. How did he feel? Immediately felt better, really immediately felt. Better.

The wormwood acts like a mother nature's doxycycline and a steroid. So it can boost your body up and assist your immune system and continuing to heal, right?

And then I like brought in other herbs to boost up my body, but I immediately felt better. Like this pain that I had had on my right side when it was time for me to have surgery was an indication to me that something was wrong and that pain was back when I decided to do this $30 Amazon parasite cleanse.

And immediately, whatever that was going on, I knew what it was in the toilet. So I've never had that pain again. I am currently four years from not having surgeries. I would have them every two years. So whatever I'm doing is working and keeping me in remission.

Even with my chronic Lyme, I'm in Remission and so it's really just now about keeping my symptoms and doing things like IVs and different modalities that I do on a daily basis.

So you had 13 surgeries, right? Now, did you do the deworming process before the 13th surgery? No, my last surgery was in 2019 and the first time I ever de-wormed was 2021. Oh, so this is after the 13th?

Yes. Okay. Yes, and I kind of what was a big indication is I had stopped going poop for around 30 days. And I emailed- 30 Days. That's a severe constipation.

Severe, severe, consti-patient. Wow. And she said, take some coelium husk. And I'm like, okay, so that's it. She said we can't do any more surgeries on you, Kim.

We've done as many as we we're now just creating more issues in your body by continuing to go in and cut out the endometriosis. Now, you know, we talked earlier about your level of education.

You know you have a lot of and it's in the traditional medicine world. So I want to talk about, there had to be an unlearning process throughout your healing journey.

I wanna talk how that looked for you unlearn some of the things that you did learn in medical field. I think that the

unlearning happened that day when I saw the toilet, honestly.

Parasite Cleansing, Symptoms, and Testing

In 2019 when we left and went to the woods and we started growing mushrooms and I was doing journeys every day to get downloads and learn about my body on an internal basis, I started to unlearn that way too.

The mushrooms really taught me ways to understand what cleansing was and understand my body and you have to eat right. And so I feel like that was a big part of the unlearning journey.

But the moment that the pain on my right side was gone and I saw what was in the toilet, I didn't need to unlearn anymore. I knew right then that herbs were very important part of like healing my body and I needed to pause and think back like okay so if this is what happened to me and i immediately flipped it what's happening to other people and Interesting enough, you go back just a hundred, two hundred years ago.

101 years. There goes the number. This is how people would get treated. When you needed medicine, food was medicine. Herbs and different things that you found in nature.

It wasn't all of these synthetic drugs that we give people. So it's almost like we're going back to the root of real medicine. We are. It's really a fun thing that we we get to be a part of.

Right. we know then worked. I mean, even April and I were talking in the waiting room and she does, she's from Jamaica and this is what they do still.

So we just lost this 101 years ago and it's very easy coming from the academic world. of exactly why this has happened. It takes around 50 years to reset a medicine.

And so around the 50s, right, because it started in 1924, is when our medicine changed. Around the fifties to sixties is, when we really saw a change in our medicines, which is like the boomer age, and that's my parents age.

Right. So that is where things started to really change. And then we grew up in processed foods and processed life and synthetics, which if you look at it as a whole with your body were just frequencies.

So all they did was master how synthetic frequencies can be made from a plant DNA structure. So there really is the same idea behind what they were intentionally trying to do.

But unfortunately, it just hasn't been mastered to the best with all the chronic illness that we have in Western medicine countries. It's disappointing at times, but I do see this medical awakening that were all in.

And that's right now. Oh, yeah. That's totally why I wanted to be on your podcast, because I see that happening. I'm just like in awe. I can't not say anything.

This is the time to get the message out. You go back just a few years ago, you're getting censored on everything. So this is a good time we get this message.

Now, Kim, when we're talking about worms. And I don't know if you know the actual statistics on this or any of the stats on it. How many people when looking at the population, how many do you think are living with worms inside of them?

Okay. Do you want the black and white statistic? And then I can tell you mine or should I tell your mind? Okay, so I think 95% of us have parasites in us.

Oh, wow. In Western medicine countries, we eat sushi. We eat salmon, We Eat Raw produce. we Eat raw meat, we are eating, drinking tap water, right? We shower in tapwater.

Um, these are notorious ways to catch parasites. If you want CDC statistics, it's 60 million people that they've tested, and this statistic is from 2022, so it is still three years old.

And those numbers are from lab, insurance labs that then report to the CDC. And unfortunately, parasite testing is very difficult because they're evaders and they live in a hard biofilm.

And so they are difficult to expose and I know when you're talking about them because there are no live frequency inside of our live bodies. So they can hide very easily and you only get a snapshot of what you've done for the day in your gut when for the parasite test, right?

So it's very difficult to test for these things. So when you look at that number, that 60 million people they say in the United States have parasites, I'm not even included in that.

And I did test positive, but my stool had to go to Mexico. If you looked at a big picture, only 60,000,00 of us have it. That's only the ones that have tested positive.

Very interesting. It's crazy how we can't do it. That's a lot of people. They say like 1.5 or 1,6 billion in the world have parasites, active parasites in their body.

And the most active way to actually get exposed to these and bring them into your body is through like sushi and stuff? And pets. Pets. I would say that 95 to 100 percent of pet owners have a parasite.

You know, we're deworming our dogs and we are picking up after them. I had the same worm as my dog. So we were doing all these things for our dog, but we just, I guess, never really thought that our pets could give us those parasites that we de-worm them for.

Wow. So now, do you deworm your pets frequently as well too? I don't have any dogs anymore, but I did. I had three and we de-wormed two of them because we saw she visibly and he visably had worms.

What about tapeworms? Is that something that's frequent? Three out of five people have tapeworms is the statistic and I would say that more than that come through my DMs that have Tapeworm and so I actually added Hawthorne into the Parify kit because Hawtorn is something that they don't like so it makes them inhospitable and then they want to leave and if you think about like a bear when a Bear has a tape worm I've done a lot of bear videos where the tape worms are coming out They go and literally eat hawthorn berry and hawtorn leaves because they know instinctually that it's going to rid their body of that tapeworm.

Interesting. So is tape worm the one worm that makes you eat a lot? Yeah. And some people think that you take a tapeworm and can get skinny, but really it can make you not lose weight too.

People actually do that? Yeah, they actually. Oh, the Victorian age. I need you to kind of explain. Well, for a while you could get it in the Sears catalog.

The back of the seers catalog had eggs of tape worms so you can eat them. oh yeah in the victorian age that's why they're so skinny but then they didn't think about the fact that one segment of that tapeworm can hold up to 46 uteruses and it can produce up two a million eggs a day it is one of the hardest worms to get rid of because they've got like claws their hooks and they hook right into your your tissue and then they live right up at the top of your stomach and Then they eat all your nutrients and so a lot of people think oh well that's gonna make me skinny but in a Lot of People it makes them overweight because the body can't process your food and nutrients because they're literally Hanging on to the worm and they can steal up to 90 percent of our nutrients.

That's scary. It's very scary Yeah, I can believe people just like willingly Oh, I couldn't believe it either. Forget Ozempic, let me get a tapeworm. Well, they call it Ozmpic of the 20s.

I actually have that video in my drafts! That's something. So wow, so I'm learning a lot here. I can't wait to do my deworming. I'm a little like, I am excited but a bit scared.

You're looking a litte nervous. Who knows what's going to come out of here? You just never know. Even me, i've been doing this for four years and I still see things questionably in the toilet.

For four years, I do this. So if I'm this like steady about it, can you imagine why we're so chronically ill? You know, if you're not going in there and cleaning your soil, really preparing your body to receive nutrients and to perceive all these modalities that we are constantly doing and talking about going into the sun and Vibration plate like if you're not if your not cleaning your soil, then you really gonna struggle And that's what I realized I started doing all the things and then I plateaued and I'm like, well, why am I platoeing?

Why is my skin a mess still why why I am not losing any weight, you know, Why's my mental health just trash? and I'm trying so hard. Well, it's because I had a bunch of worms in me that were controlling my mind.

You know, parasites control your mind and mold brainwashes you. And I also lived in mold when all of this was going on. All of these environmental toxins are really going to cause you to have a lot of health issues because you're not absorbing all the things that we're putting into our body thinking we are being healthy.

I heard You know, people online say that RFK Jr. had worms in his brain or something like that.

Heavy Metals, Biofilm, and Detox Protocols

He did, yeah. Yeah, he had neuro-sister sarcoma, and he talked about it last year, And it ate part of his brains, He took some medicine and it killed the parasite, but he still has a physical worm in the brain.

So it caused him to have some issues. Can he get that taken out? I mean, it probably is like dissolved, But as long as it's not producing eggs, but so they can cross the blood-brain barrier.

I mean, they could go all over your body. The misconception is that they're only in your gut, but really they are in our blood, our tissue, and our muscle.

And if you think about how we eat blood tissue and muscle of animals and that's where we can pick them up, we're the same. Now Kim, you were talking about you always look at your stool, right?

I want you to talk about about important it is to actually be a poop-gazer. Okay. And I say it that way because I want people to understand, like, you have to look at your poop.

You do. But why do you do? Well, okay, so I have a sense of humor when it comes to all of this. So there's three types of cleansers. There's flushers, they're just not looking and they are going.

Then there is a looker. They're going to flush and then there are diggers. People that get in there. The digger. With gloves. Gloves, chopsticks, face mask.

They're like down in there. You can get like, we call them ass hats in the medical fields. Flip them up, they look like a hat, but they go on your toilet seat and then you go to the bathroom in it and that's how you scoop and stuff.

Poke some holes in that like the colander and it'll sit and they scoop through it. Because they want to know. Like they wanna know what's in there. Yeah, and usually if you've disrupted the parasite in your body, they will show themselves because they're mad.

And then on their way out, their laying eggs. Because the want the next generation to continue. They're like, oh, so you think as an adult you're gonna get me out?

That's fine, you got me, but now my offspring. is rolling back in. And that's the part that really missing in the wellness community and in parasite cleansing is it's not a one and done and that you have to continue to keep doing it because you're trying to remove the eggs and you are trying go in and I use herbs in there that help kill eggs if they're fresh but I can't, if you not taking it actively then you gonna struggle getting rid of the egg that were

laid on the way out.

Right, right. So this this is I'm learning a lot. I dig the diggers. The digger. These these worms, when they come out, are they ever like still moving and alive?

I mean, I have videos where they came out alive. They're alive, they're like still like wiggling around. Wiggling in the toilet. So usually something like Ascarasus, which is a large roundworm and a lot of farmers have that in ranchers because that's, there in like cattle and goats.

A lot them will have and it'll come out your pee. Yeah, so that's why I went so viral I had him come out my skin in my urine and I said that in My video because they came out.

My pee they come on my stool, but they also came on My skin and so um some of them are small because thread worms are really the worms that will come Out your skin is pinworm threadworms.

They're kind of the same and they cause you to have the most itchy butt and and then roundworms. Is it the one where they say you put a piece of tape on your butthole before you go to sleep?

And then when you wake up, you take it out, and you can see the little worm or something? Mm-hmm. And you then take that piece tape to your doctor, then your doctors gives you, whatever, worm meds, but they forget to tell you one, that you gotta bind, two, gotta do it again, because they laid eggs on the way out.

Threadworm, pinworm can multiply so fast. Oh man. Like that's something. Oh, man, I'm getting scared to even do this. Now they're coming out of my skin, they are coming from my pee, out my butthole.

I am scared of going on in this interview. for no reason. Oh my god, I see it. I'm seeing like the eyes and the light bulbs. Okay, so here's where this is so good, right?

Because of the fact that I know all of this information, it's what made me do this cleanse. It's why made we make a company for this. my tinctures because there's so many layers.

There's many things that we have to know and it's overwhelming for the general population who are just diving in or down the wormhole and they're trying to get healthy and what do I do?

And so as I was going viral and I watching people comment after comment, I compiled all of that and then I got to make a business. I gotta do this. Like I'm still ill, right?

I wasn't still 100% where I am now or like this year I've been able to travel and do more because I'm in a much better health space than I used to be.

But like, well, you know, I was, what do you do? And here I am talking about all these other companies. I talk about how you gotta take this, and you got to take that.

And it was becoming quite expensive. At the beginning of this journey, we were very poor. That was because we took it, took me down with my chronic illness.

So I learned a lot and I learn that Heavy metals weight them down, so you really need to bring in a heavy metal herb when you deworm. Yeah, because there's a lot of other type of environmental toxins that can have a negative impact on your health.

So the heavy metals are going to cause the worms to not be able to actually move? Correct. Okay. Correct, and we're full of heavy medals. you were full of them.

So logically, coming from my Western medicine training, you remove the heavy metals and then you just freed them up, right? So now you've got to come in synergistically and move them out, and as you're killing them and

they're dumping all of these things, they are dumping viruses, heavy metal, spores, bacteria, other worms, lime, So now you have to go in and figure out exactly how to sweep all of that out while you're doing a cleanse and binding it and pushing it out.

So it's not coming out your skin and it is not out coming your eyes, your ears, nose, mouth. It's coming the way we all want it to come, in the toilet and flushing.

Okay, that's where the binding goes into place. Yeah. All right. You include that in my packet, right? Yes, it included in all the Parify kits and that is why the kit is so great because we include instructions We actually have all three tinctures, and I made it so easy that even my husband could cleanse.

That's why I did it. I don't know. How I feel about that. Even my… That sounds like the commercials back in the day. So easy a caveman can do it! All right, so I want to talk about some of the unspoken darkness during your health journey that you've experienced, you know, tell me a little bit about that.

I did a lot of mushrooms, so there was a LOT of shadows that I went through. There was lots of ego deaths that had. And I really needed to work on my nervous system and my lymphatic system, and really figure out ways that i can be a better person, in a sense.

Even though I'm a good person internally, I wanted to feel that. So I had severe PTSD, obviously for my health. That was a big one. I don't think people really relate PTSD in that sense where when you're chronically ill, I have a botched hysterectomy, and I've had so many surgeries.

You know, it's a lot of trauma that my body stored. So, i had to figure out ways to release that trauma and do it in a healthier fashion. And I did a lots of that with mushrooms.

The one mushroom, the reason why she's on everything, is Amanita. We actually learned how to break Amanida down and make muscimol and ibotenic acid and so that's what I substituted and this isn't medical advice.

we were in the woods you know but I learned supplement her from my benzodiazepine to Amanita and psilocybin so I really did like a went from synthetics to plants and I was able to get off of everything but the Amanitas that one can if you take too much can become toxic right no the death cap which is all white it's immediately toxic But with her, you prepare her.

You dehydrate her but if you're gonna eat her raw, yeah, she's gonna make you sick. Yeah. So there was a point in time that you had to burn your old life and start Roger's Hood.

Where'd that name come from? My last name is Rogers. And we were in Hoodsport, Washington, and we called it The Hood. The hood. Then I loved Mr. Rogers' Neighborhood, find the helpers.

Over on TikTok, you've got to have a fun name. All my friends had fun names, The Green Gardener and Pistol Packing Rancher. I'm like, well, I'll be Mrs.

Roger's Hood, right? Because I love Mr Rogers Neighbor Hood and I live in the hood and my last names is Roger. Nice. And, you know, really shifting from that old life that you had, how was that?

I mean, that's a transition. Oh, yeah, I'm still in a little bit of the transition at times. I never thought I would run a business that has a 10,000 square foot manufacturing facility and 40 team members.

So we started from like $6, 000 and we created our company from And you and your husband, I know earlier you guys said you guess kind of just had to is both of you just change everything up.

We just changed our lives and we joke around like what was the what? Was alternative dying in the woods or really like going forward and knowing that this is what we were put here on Earth?

to deliver. We were here to help navigate in a medical awakening for people. we were helping navigate people with worms, environmental toxins. Really, I mean, this started with parasites, but while we we're building, we are living in our travel trailer on our property in the rainforest, because that's where Hoodsport is on the outskirts of a rainforest.

And we had black toxic mold that almost killed us in 2022. So my eye swelled shut. I lost half my hair. So of course I created a mold kit for that because it was a lot to find ways to help get mold out of my body.

And so after I did like six months of mold detoxing from practitioners, it, was hard to fine the medicine. It was to buy it. Was expensive. Well, I can do this.

Like, I'll just do it like the Parify kit, right? So then I learned from those things as well. But it's just been, you know, just practicing what we want to do for our health.

And yes, it has been a transition. I'm very, very lucky, though. My husband is here for us for everything. We don't have kids. He quit his career to take care of me in 2019. So now I'm just able to repay him back with all of the things that we're doing and him getting to use his knowledge.

And it's been a really great journey.

Mold, Lyme, and Environmental Toxins

We do have partners that are in Arkansas. That's where we make our tinctures is in Jonesboro, Arkansas, and they run our production facility. I met her on TikTok.

Oh, she offered to build me a website in 21 back in the day. We didn't have link tree. That wasn't something four years ago. Link tree didn' exist. And so I needed a web site to put all of this knowledge on and she goes, I've got nothing going on.

I'll go ahead and do it for you for free. Oh nice. and I said, you know what, if we ever start a business, let's do It together. So we started our business in December of 21. Thanks, so now you have full control over this product manufacturing.

So how is it now versus when you started with manufacturing the product and how much product are you guys actually moving? Well, we sold 500 kits the first hour that we created the Parify kit.

First hour 500? First. Hour. 500. kits. Wow. Total kits we've sold is 250,000 and total products we have sold are almost a million. That's amazing. I found that out yesterday that sold almost 1 million products.

You're deworming a lot of people? We are dewarming the world. We really are, because we're the only ones that ship around the word. One of the few that are ages three and up, we have a not free option, which is almost unheard of.

And we provide so much information to our community that even if you don't use our product, were still giving you that information. I vowed that when I started this, I would never charge For anything but my kit, so I don't charge for anything.

I mean, you're very passionate about this. You know that this is your God-given purpose. Yes, this my God given purpose, So, I want to talk about some of the myths and actual truths about detoxing.

So what are some other things that you hear out there, especially you are very active on social media when it comes to detox. What are the some myths, and then what is the truth?

that our livers and our kidneys are meant to detox our bodies. I hear that all the time. Like, why are you selling this as a snake oil salesman? Like why you doing this?

Unfortunately, when your body is so taxed and as the toxin bucket is overloaded, you gotta come in with some assistance. You have to come with a team in order to heal yourself.

And that team is herbs and that is nutrition, and that team's moving your body. But your Body needs help. It's just where we're at in life, right? Everything is very toxic.

And so if you can just give it a little extra, why not do that? Why not help? So I hear that all the time. I here that salmon doesn't really have worms.

It very much does. Very much has worms, yeah. Yeah, I live in Seattle and I've talked to the fishermen that are world renowned fishermen down at Pike and they looked at me when I said, oh, ID worm people.

They're like, girl, doesn' everyone know that worms are real? And I'm like yeah, they're an all fish. Wow, wow. So, you know, when we're talking about detoxing people, it's there's so much more that we have to detox in this very toxic world that you live in.

Right. And you mentioned earlier, the ultra processed foods, that chemicals they put in the foods. The environments that live it mold is a huge one. So I can only imagine the other things besides worms that are helping people detox from.

Candida that's a big one because it's an overgrowth of yeast. I'm actually working on some like helping people get plastics out of their body because I have some plastic in my body and it is causing me some issues and so just really understanding how to move these things out our bodies.

And what else have I, I mean I've detoxed. I would say the amount of pictures and the things that I have seen, and I don't even know if it's all just worms when I see things.

Yeah, hair, some of the stuff I seen. It's crazy. So I want to go through your protocol step by step so the viewers and listeners can really understand what is it that you've put together here.

Okay, so the Parify protocol is Parifi, Sustain and Metal Flush. This is your parasites, this is Candida and bad bacteria and viruses, and this your heavy metal detox.

But what makes this kit so special is that this has a biofilm buster herb in it. Biofilm is what they live in. So they meaning mold, parasites worms, candida.

they're actually encased in a hard shell, so similar to an egg, right? And you have to break that. Now, there'll be some that are just kind of floating around, and those are the ones you're catching if you are not using a biofilm herb or bio-film buster.

So those will literally float around. And that's what you catching. But if your gonna bring in the big dogs, which we use lungwort lichen, it's gonna go in and it gonna burn their house down, exposing them, and then each one of those herbs takes them out individually, right?

So that they're, you know, they are friends that are living with mold and the heavy metals. They're all living in this house, in the biofilm. You have to break that down.

And then sometimes it can be uncomfortable. So I put in white willow bark, which helps with some pain. And then I realized that you're going to be feeling die-off symptoms regardless if you are just parasite cleansing.

So I brought in herbs that help with Candida so that, you can have control over yeast that's overgrowing in your body. and I created all of it together so that you can take one kit for 30 days, three to four times a year, reduce your inflammation, have your skin glow, feel better in order for you to really understand your health better and get back to yourself.

Nice. And how do most people feel after they do one of these kits? Amazing. In how many days is the kit? 30 Days to start. 30 day 30days. When you say amazing, what is amazing?

I think within the first five to seven days, most people say how much inflammation is gone. How much they're peeing more, how they are regulated, right?

Because you're not going to be on the toilet the whole time. That's a question I get a lot, is, oh my gosh, am I going be going on toilet all the time?

No, because it's very gentle. You're taking an abundance of herbs, you're doing it in a very small micro dose type of way. And it's, it just very gentle the way that I did it so that you are not wanting to stop it.

A bad cleanse is like a bad trip. You got to keep going. You don't want to, right? And so I learned the hard way because we didn't bind. We didn' do anything for Candida, we just did the one wormwood garlic clove black walnut hole and they came out our skin.

we were in complete pain because weren't doing it right. Weren't binding and so all of those things make a difference when you do a cleanse and you detox.

And you should be doing a binder, right? No matter what, whatever you're doing in life, if you are moving your lymphatic system, it's the sewer of your body.

So if get a massage, you shouldn't bind. Because they are like free in your bod, y right. You just moved them out of you lymphatics system the sewers and you have no way of capturing them and pushing them.

So bind whenever you feel achy bind like those are the things that I learned and that's what makes it So good is that it's all in a nice little box and it''s all right there You don't have to like really think nice and easy.

Yeah, especially for the digger. Oh, I think i'm gonna be the Digger. I'm going to be The diger, but when I do my kid, i''m gonna have To dig I gotta figure out what's in there and you know i'm a content guy so i gotta bring the guys from the studio take the pictures and stuff you gotta send me pictures the high resolution videos we gotta go all in you start to get real close with your community when you started to do it we do community cleanses across all social media so that people have people to do this with.

And it's just, four years ago, this just wasn't something, right? And people that were chronically ill were very alone. I was very lone. So I vowed that if I had a platform that I would stand up for my community and show them that they're not alone and that you have each other and send each others pictures and have fun with it, you know?

Then send them to me, please. So a lot of these worms that people and parasites that are inside of people's bodies, can that lead to other type of diseases or chronic illnesses?

What are some of those? Well, for sure mold. Usually if you have parasites, you should go get tested for mold, and I think they said like 70 to 75% of our buildings have mold in them in the country.

So what happens is when you breathe the mold It gets into your bloodstream and it colonizes but it also gets stuck inside of a worm if you have physical worms in your body So not all people have Physical worms you might not see something the definition of A parasite is anything that feeds off a host and The Latin term is an unwanted dinner guest So they're eating off of you and they are living off you.

And so there's multiple levels of parasites though.

MAHA, Censorship, and Health Advocacy

There's protozoas, which is Giardia, Defragilis and Cryptosporidium parvium. The other proto zoas but those are the top three that most people know about.

Then there are nematodes and nematoes are physical worms like tapeworm, roundworm whipworm hookworm pinworms. And so when you see something physical, you have a nematode then.

And what I found out in the midst of all of this is our country doesn't actually test our water for nematoes. We had worms in our waters in Hoodsport, Washington, which is really what created this perfect storm in my body.

I wasn't drinking the water. but I was showering in it, I cleaning my produce in, it I brush my teeth in. I wear a retainer, so I'm soaking my retainers in all of the ways.

We were drinking reverse osmosis water, but we weren't showered and water can absorb into your body. You have to buy one of those home systems to prevent that.

Wow. We do now. We have a whole house filter system. And then in our apartment where we live now actually has filters underneath. But I've always been very sensitive to water because of all the heavy metals that are in it and all of the pharmaceuticals.

So I have always really been conscientious about water. but we had just a charcoal water on our travel trailer and that just wasn't, or charcoal filter.

That just was enough. It wasn' pushing out the worms. we tested our water and thats how we know what was in the water Kim, the next question I'm gonna ask you, this is a question that I want you to take time and really think through it, and I wanted it to come from the heart.

And this question is, I wanna you think about what the true problem is in this world, related to what you're doing. What the truth problem and what is the solution?

And take one or two minutes and just go at it and let the world know what want them to know. Okay, I think we have worms. I, think, we are parasites. And I feel like, again, if you haven't cleaned your soil, If you have gotten down in there and really worked inside of your muscles and your tissue and in your blood and really started to push things out and they're absorbing our nutrients that all these supplements that we're taking and all of the supplements, that were in fact thinking are going to help us, we are only getting a fraction of those if they can take up to 90% of our nutrient.

And that is really what propelled me forward to figure out what else was going on. Because I had changed my whole life from 2019 to 2021 at the beginning.

I changed a lot and I still wasn't at a level that I should have been. My mental health was still really rough. I Still had terrible anxiety. I had Terrible PTSD.

i wasn t going to the bathroom still. So all of those things changed for me when I started parasite cleansing. Just cleansing, actually, not just for parasites.

But once I found out I had parasites, I find out that I'd mold poisoning. And once they found mold, poisoning, chronic Lyme, and I was able to shift all of what I Was doing to help my body and heal my And I think that we as a society are so disconnected with our soul and our mind to this physical temple of ours.

And at the end of the day, this body is carrying us and we want to treat it with the utmost respect. And we wanna do everything we can for it. I think we've lost that.

Yeah, I. Think that's where the chronic illness in our country is so bad. Can I see that? You know, the Bible says that your body's the temple of God.

Right. This is the vessel that you really need to take care of. So you're absolutely right about that Kim, right now there's a big movement that's happening.

It's called the Maha Movement, Make America Healthy Again. What are your thoughts about this movement? Oh, I think it's great. I was on Alex Clark a couple of months ago.

And I know you're very big in the maha movement and I love it. No matter what side of the aisle you are on, everyone should be healthy. In western medicine, we are told you can't be on either side.

You can have an opinion. So the fact that all of these opinions have happened since 2020, but they're so angry at the that we want to help people and make people healthy.

It's crazy to me that simple things like this can help be healthy and we're villainized for it. and I'm censored for it. So I used to have 40 to 50 million people watch me a month on TikTok and i'm lucky if I get 2 million now.

Because I am so heavily censor talking about parasites and wellness and cleansing and modalities. I had to pivot from TikTok. I then went over to Instagram where I have like 385,000 followers.

Then created my own podcast so that I could yell this louder. So that if one shut me down, which I am pretty much shut down in TikTok, I can go over here.

You know, we have a million plus followers across all of our platforms because I just kept building. because this is so important. We've missed it. Other countries cleanse.

other countries use synthetic drugs, other country's no herbs are to be used. What is wrong with our country? Why is Western medicine so stuck on where a first world country, our water is great?

No, Our water Is not great. Our Water is trash. And that's what made me sick. And so why, why can't we look at a bigger picture of let's start doing this for our children so that we have a way to propel them forward?

We have away. We are one of the best countries, but the worst for health. Like that to me is very upsetting. It's a very corrupt system, you know driven by money profits.

Yeah, so and it's it something that needs to change There's the huge shift that need to happen with the course of medicine So and we're doing it. I'm so grateful I am so thankful we are doing and that's why I asked to come on your podcast.

Absolutely Because I really know you have a message. And I know, you, have, a platform where people are listening and understanding how to become well, how, to regain their health, How to navigate in a medical awakening that we're in.

I mean, I saw it in 2020, as I was in the woods dying, listen, i might not be able to go on the political spectrum of yelling things, but I, know health.

Like, was valedictorian over both of my degrees. I had, you know, 25 healthcare colleges that I wrote the curriculum for and I built myself. So it really is something that i feel is missing in this movement that we're having of health.

We've got to clean our soil. That's the truth. We can't really depend on the bigger governing bodies to actually lead us in that way. People have to take control of their own health.

They have be knowledgeable enough to know what to put into your body, what say no to, and things to do like your kid. Kim, we're going to have a little fun here really quick.

One of my favorite podcasters, Steven Barlet, with the diary of a CEO came out with these conversation cards. He's great. So I want you to open that up.

OK, you're going to go ahead and grab one of the cards from the middle.

Closing Advice and Final Thoughts

You'll read the question and you'll answer it. That's fun. I'd want to get this deck now. Oh, I never thought I would be a ceo of. A company and look at you.

And I know, man, it's wild. It's while this this journey has been crazy. Oh, I have to put it back in. All right. You have one last piece of work to do.

What is the piece work and why? Seth Rogen. One last peace, like completely. Last thing. My last day, oh man, I mean, probably podcasting. That would be my last piece of work.

I would go on and continue to spread the word. Even on my dying day I'm gonna be known as the worm queen. Awesome. Kim, as we start wrapping up here on the podcast, you know, if there's anyone listening that really resonates with today's message, which I think there is going to be a lot of people resonating with this, what is that one thing you can leave them off with?

Be your own patient advocate. Take sovereignty over your body and Do what is best for you. And if you don't get the answers you want from Western medicine, you can go find people that will sit down with you and listen to you because you're not alone.

That's really the biggest thing is you just you are just not a lone. I think we feel very alone at times because we're so internal creatures, right? But you really you aren't alone and there's a community out here that loves you, and supports you will help you navigate whatever you going through.

I love that. And if people want to find you, where can they find? You can go to my website, rogershood.com. You. Can find me on all the platforms, Mrs.

Rogers hood. That's M R S R O G E R s H O O D, or you can Google Kim Rogers, worm queen, and I'll pop up. Amazing. Kim, it was a pleasure having you on a healthy point of view podcast.

Thanks for having me. Absolutely. Guys, you heard Kim. If traditional medicine has potentially failed you, you're not alone. There's many other people out there that are seeking answers.

Get involved with that community. Don't just let the bigger bodies, the governing bodies tell you what you need to do and how you live your life. change the trajectory of your health by taking some of these proactive approaches, doing some these other alternative treatments.

We call it alternative treatment, but truthfully, it is the treatment. Guys, make sure you share, like, comment, do all that fun stuff here on this podcast.

There's somebody else who's gonna need this information. You and I both know it, and we'll see you for the next one.