Introduction to the Longevity Leaders Podcast

He's like, my sleep's form improved and he does everything you can think of, right? He is so tailored with his biohacking longevity, his wheelhouse of knowledge.

But we're helping to balance through all of this regeneration, mitochondrial support and electron potential and everything else. We're balancing the nervous system.

And when you balance the autonomic nervous system and bring the body into a parasympathetic state, like we feel energized, but because we're getting hit with cortisol most of the time.

And then you're exhausted at the end of night because you just had the coffee and now I try to do mushroom coffee, same thing. You know, and when you use equipment like that, you get clean energy.

So it's we're giving yourselves vitality and energy and we are balancing your nervous system into a chiro-sympathetic state, which I believe is why people feel so great so quickly because it is almost like I'm biased but the best of all the worlds, right?

Yeah, yeah. What if aging isn't about slowing down, but leveling up? I'm Dr.

How the Inati Bed and DEMP Technology Work

Izzy Jones. This is the Longevity Leaders Podcast. Welcome everyone to the longevity leaders podcast. My name is Dr Rudy Mueller, one of your co-hosts and I was joined today by Jessica Merlino.

this is a special relationship that we have here. I've been going to her clinics. She is founder of the Infinity Clinics, which utilizes a special technology called DEMP and has an amazing bed called the Inati.

So I'm really excited to meet with you and I bet you'll say to other people about this bed. Of course. I mean, I am curious though, like the bed is like, where's that from, Inatti?

Yeah, so instead of calling it the infinity bed, which you had to come up with something a little better. Anadi is actually a Sanskrit word and it means infinite limitless boundless.

And what our technology allows us to do is activate your body to the limitlessness potential it has to regenerate itself. So that's where the name came from.

I love it. So like, just a quick question. What got you into running this clinic? Because I met you as a waitress at a restaurant that I would frequent and you told me all about this technology.

And to be honest, I think we both kind of were like. All right. Yeah. Whatever. You know, you both sound crazy, right? So, but now I've experienced it for over probably 40 sessions and I am blown away by it.

But like what initially takes you off into this space? Yeah. So I had met through a friend, this engineer who was like this mad scientist in this little hole in the wall.

someplace in South Florida that I'm not gonna disclose. And basically through a series of events, I ended up using this technology and I was not in wellness prior to getting into the space that we're now in, right?

I lived a nice, fun lifestyle as a bartender and it was a little different. So when I moved here and met you, you had met me in the beginning of the process of building this new model of our equipment coming from 30 years of

research and development.

And it sounded crazy because how could you have a piece of equipment that gets your entire body to regenerate itself? Not invasively, right? And through that in the last couple of years, we've been working with clients in our office and making it better and better.

And this is the first time we're publicly showing it in any sort of conference type center. The feedback's been incredible. Yeah. Good. We're excited about it.

So tell me about DEMP. Yeah, so DEMP, D-E-M-P is an evolution of PEMF. And PemF has been around for decades, right? Tons of research, class two wellness, not really any negative side effects as long as you're using solid equipment, which is important.

Digital vs. Analog PEMF and Gentle Delivery

We've created a digitally delivered form, and I believe what's a misconception right now is analog versus digital. Which one's better? And if you think about it, just from a basic level, a digital delivery allows you to be very precise in what your delivery.

We know the frequencies we want, what the harmonics we, want we go to 0.3 decimals of the cell of delivery, which is tremendous and almost unheard of right now in the industry.

And when you have an analog device, you're kind of missing a little bit and you are getting this feedback. with digital delivery, which Dr. Porter, I just had a podcast with them.

He's a huge fan of digital, huge fans of zero to a hundred. Yeah, Dr Patrick Porter from Brain Talk. Zero to 100 Hertz. You don't necessarily need for what we're doing, high intensity.

You do not need to go over 100 Hertz. If you can deliver precisely to what you're trying to target, the body goes into this amazing process where it starts to balance every single one of your systems from the atomic level.

Like forget cellular, go atomic. Electrons, right? So that's one our big, there are a lot of differences. That's our one big difference. So I think that one of the biggest things for me, having a practice, owning PEMF technology inside of our sauna, as well as, you know, that we laid out on a bed.

Yeah. Was that getting on your bed? There was no seizure jolts that were going through my body. It was very gentle. it was calm. You put a magnet in my hand and I felt the magnet flipping around.

And so that I knew that it's actually occurring, but there was something happening. But without that convulsation. So can you just walk me through like, Is that the digital aspect?

Is the analog versus digital or is that something? If you're a medical doctor, nurse practitioner, chiropractor, or other health expert that's stuck in a broken system, there's a better way.

The Freedom Webinar shows you a proven five-step system to build a seven-figure virtual health practice or how to modernize your current brick and mortar practice without the burnout.

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Yeah. So what ends up, how do I say this in like, not getting crazy into engineering.

Who Benefits From the Technology

so basically what happens when you're delivering is you have this line and when, you deliver digitally and what you

were trying to achieve, at least with our equity in PEMF or DEMP in our case, is they're trying stay on this side of the line.

You're not trying go under the lie. Digital electromagnetic pulse? A digital form of PEMF. Okay, okay, all right. Pick the fancy names to us. All right, so we got the line.

We don't want to go… So you have a line, you want stay above the lines, right? So when you go under the lined, it's feedback. That's not always so great.

When you that, the internal system has to exert that extra energy and it releases the external energy which gives you a job. Great. So with some pieces of equipment, I have a lot more of that than other.

And aside from that high intensity, your body's going to feel like when you feel the twinge, you're going feel it a little more because you are doing a high-intensity dildo.

Now I'm a fan of Kiki. Very much so. We're like the luxury line, right? So someone's not able, I love pulses things. There are a lot of other things I think it's important to be careful about some of this stuff.

You want to make sure that you're not getting too much feedback. That's great for you. But the reason why you are not feeling that with ours is because our delivery is so elegant and precise, but it is doing exactly what we want it to do.

And then you experience what you experienced. No. Yeah. Before going into mine, I want to ask like, for this technology, i realized that through my own experience, that this is probably a good thing for almost everybody.

Maybe some contraindications occasionally, but what are the typical people that you like to help and that your seeing did benefit from this? So if I'm a practitioner thinking about I need to bring in a technology.

This is my patient population. Who would you say is going to respond the best to this. Yeah, so when you go down to like the atomic level, you address pretty much all of the home racing ages.

It is so versatile that really anyone practicing there is a use case in. If you're doing a functional perspective, we can accelerate the effectiveness of stem cells and IVs, peptides and all that, which is huge market.

If you're in women's health, we could help you focus on KCOS and endometriosis as a complement too, right? If your in oncology, dangerous thing to be talking about.

I don't really care anymore. So if you are in, I do care. That's why I'm saying there is no one I care for. If you're in oncology, you look at the bioelectrical environment of the body and you'll look the voltage perspective.

And I am very happy to have a deeper conversation with anyone who wants pain management, arthritis, right? It's so versatile. Let's revisit spas just for the relaxation and hangover camp.

Sleep, Recovery, and Nervous System Balance

Yeah. So it's a hard question to answer. Well, I think that it is all encompassing that we are electrical beams. And so we're constantly being pounded by all of these EMF waves that are harmful to us.

To me, getting on that bed a consistent basis was for me a reset to the point where going three times, two, three, times a week for an hour, One felt like I didn't feel like a needed to sleep as much.

Like I felt so rested and regenerated just from that one session. And then my wife was commenting to me and she started to realize when I did go. She's like, I don't think you've been going.

So you need to go back. I love that so much because it was such a calming and relaxing thing for me. We're

waiting on test results right now where we looked at biological age before, and now we're hoping to see what kind of changes happen there.

But yeah, I mean, this exposure, you know, the story of how we met, how were able to get to this point, and I'm really happy to be able be sitting here with you for this interview because it's really come to fruition, like some of the things we talked about already.

Right. I was so excited. It was like, wait, Eugene, my podcast? That's amazing. And to touch on the sleep, Dr. Jones, is always so exciting. He's like my sleep's more improved and he does everything you can think of, right?

He is so tailored with his. biohacking longevity, his wheelhouse of knowledge. But we're helping to balance through all of this regeneration, mitochondrial support and electron potential and everything else.

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Right. Yeah. I mean, I think how it's addressing, obviously addressing the mitochondria, the nervous system, detoxification, and the immune system. Cellular senescence.

Right, then we get into all the hallmarks of aging. You can really tie, this is above and beyond this 20-minute podcast, but you can see how the electrical potential of the body impacts each one of these different hallmark.

And so coming out more youthful. I mean, is there any results that you've seen? I think actually you mentioned a patient, you don't have the pre-results, but you have where she is currently.

And this is the only thing that she does. She doesn't eat, yell. So can you walk me through that just a little bit? Yeah, it was pretty incredible. so she never did a full regenerative protocol with us with like three times a week for a month.

she only came in, she's come in once a two years now at this point. And she does a mix of our lower frequency and higher frequency settings. She was working on a lot of emotional supports in her life.

Her rate of aging is a 0.64. That's amazing.

Age Testing, Detox, and Practitioner Access

This is the only thing she's doing. I asked her, I was like, are you doing anything else and taking supplements? Nothing. No peptides, no detoxes, nothing.

So obviously this is correlation, but I still think it's very interesting because I have never run a true diagnostic test on any individual who's doing nothing from a supplement peptide stem cells regeneration and got a 0.64 in the- Doesn't even go to the gym.

Yeah. I mean, right. It's just- You know? So, I'm mean once again, it clearly- It was a metabolism and it was just one person. But then when I said my true diagnostics, something that stood out.

And like you saw a little bit of me my early years, but imagine that magnified times 10 in my life for quite some time. I was living a, I didn't understand wellness. I never learned it.

i didn' know it, right? I wa skinny, so I thought I could get away with it and in college, you know, not too, too far outside of that. So my test results came back and I had an omnic of 18. Yeah, that's amazing.

Without doing any, like I've done some binders, but I was on our equipment for every day for a year and two weeks. And all my methylation patterns are perfect.

My epigenetics are. Perfect. That should not exist with the way I lived. my immune markers are a perfect, and someone could say like, genetics, you've had good genetics.

But I can tell from the product, I don't get sunburn anymore. Like I've made a lot of changes and I think from eliminating the toxins, that's a huge part.

But I put my body in an environment where I was able to repair and recover host detox or simultaneously, right? Like if something switched on and off, you remove the toxins.

So I that why we have so much success Coast Mold & Lime. How do you help the body to rebuild those cells to healthy cells and start correcting things that were messed up?

Anyone who's saying you changed DNA, we're not changing DNA but we are fixing patterns and helping the bodies to be supported so it can re-correct those things itself.

If that makes sense. Absolutely. And so if a practitioner or maybe even a client or patient is trying to find these, what would you tell them to do? So for home use, we do have clients doing that.

They are available for people's homes. If someone wants to come and try it, I have an office in Fort Lauderdale. We have another little satellite in North Miami and I believe one coming soon in Singer Island, all south Florida.

And for practitioners, I am very excited about the idea to expand, but we're very strategic with who we partner with. We want to make sure the reason why I love this group so much is because it's very aligned with the way we approach.

our view on the industry. So that's something that is important, but they can reach out. Will you be providing details? Instagram, Facebook, whatever you want, all that kind of stuff.

But Instagram Insinity Clinics FL, do you like my number for my office? It's 954-498-1320. Feel free to reach out, leave a message and you can right now get me directly, which I don't know how much longer that's going to be for, but we're very excited and happy to talk to anyone.

Closing Remarks and Podcast Outro

Awesome. Well, Jess, it's been an absolute pleasure, not only in the ability to like know you, get to know, you over time, to see your growth, uh, the see the success of the business.

And then I look forward to the future years and, and watching more of these beds getting implemented across the country because. It really did change my life, my experience.

So I'm really grateful for it. Raising the vibration of humanity. One person at a time. Can't wait to spread. Cool. We'll see you at a time. Awesome. Appreciate you.

Thanks for listening to the Longevity Leaders podcast. A Lungevity leaders community is on mission to transform a hundred million lives by 2040. If you enjoyed the show, please share this with somebody that you know, especially another doctor or physician, but also click that follow button.

Until next time, stay strong and live long.