Early Interest in Nutrition

My journey towards natural medicine started when I was a kid. I remember reading a nutrition textbook when i was 13 years old thinking this is the coolest thing ever.

Choosing Natural Medicine

i earned my bachelor's degree in dietetics and when learned that ninety percent of diseases in America can be prevented with diet and lifestyle I thought that's it I have to become a doctor.

I completed medical school at the National University of Natural Medicine with a focus on digestive health. Health begins in the gut.

Digestive Health and Root-Cause Care

In our care together, we work to find the root cause of the problem. We don't just put a band-aid on it. we find heart of it, treat it naturally, and prevent problems from coming back in future.