Introductions and Guest Backgrounds

– Hi everyone, I'm Dr. Sharon Stills your co host for the long haul covid summit. I'm like here in the dark. I'm gonna try and get the sun shining on me where I'm recording earlier because we have a very special guest from Germany and so to accommodate and not have him do the interview in the middle of the night.

I'm up early and the sun is in a weird place at my desk so I'm here and I'm trying to get the sun shining so you can actually see me. But it is a privilege to be here with you with one of our very special sponsors. Um we have, I have two people with me today because um there's just so much good information and I I am so passionate about, as you probably know by now bringing European bio regulatory medicine to the forefront and for helping with all these chronic illnesses.

We have so many solutions that come over from Germany that for those of you who are in the States listening that we're just not fully aware of. And so my goal for today is to make you aware of one of my favorite technologies and I think that of anyone better to do it with than Robert Weber who's here from Germany. He is um works with Weber medical lasers in Germany. He's the son of the founder and he's, you know, we're going to hear it right from his mouth, all the amazing stuff they've been doing with um long haul and chronic illness and then I also have with us today, Jennifer Meily who's also a dear friend, an amazing human and healer and she is liaison the partner of Weber here in the States and she also runs a clinic down in Mexico where they're doing a lot of laser technology using the weber machine.

And so I'm just, it's just a beautiful thing to be here with you both this morning and to be sharing this information. So if you each just wanna say hi if there's anything else you want to add to who you are or why you're here and you know just say hi to the audience and then we will jump in and start educating.

– [W] Yeah, thank you very much for the introduction and for the invitation for today so hello from Germany. Um yeah Sharon already said my name is Robert Weber. We are you working in research education and of course also selling the modern laser equipment for different indications but I think we will go more into detail during the interview now.

So yeah thanks again for having us and we're looking forward to this talk. – Wonderful. – [J] And this is Jennifer merely so thank you again Dr. Still for having us on and the entire DrTalks team.

It's a pleasure to be on with you also a wonderful dear friend as is Robert as well. I um I got into this field for personal health reasons and family as well and then started studying in the research side of protocol development which is what kind of uh prompted myself and my business partner to open a clinic in Mexico for investigational research where we also focus with another company and health education and have been honored to work as a partnership with whoever medical and ongoing research protocol development.

Photodynamic therapy is amazing. And we see so many different applications and we're just touching the precipice. So we're here today to kind of share on what we've seen both clinically and also what we've seen with our clients.

So if we could keep talking for hours about what we do and who we are right. But I know you're gonna be asking questions so we should probably go that way.

– Fantastic. Well I'm just thrilled.

What Low-Level Laser Therapy and PDT Are

I'm trying to like get in there. I'm like look very dark but I'm just gonna I'm just gonna focus because that's what's most important. So let's just start because you know, we hear laser and I think we think oh like hair laser removal or

we we don't necessarily think about, oh I have a chronic illness of a chronic virus. I'm gonna institute a laser.

And you also mentioned the word photodynamic therapy. So I think to start off with just so we can, you know, get the playing field level. Like what is weber laser?

Why why are you here talking about long haul Covid and what is photodynamic therapy. These are not terms we hear thrown around in the States when we're talking medicine or chronic viral illness.

– [W]Yeah, I think that's a good starting point to explain a little bit about the basics or the basic differences of lasers and how they are used in medicine.

So what you are referring to first heart lasers, for example, which can be used in surgery or hair removal, tattoo removal and things like that. But this is not what we are talking about today or what we are using or and researching in our clinics. We are talking about so called low level laser therapy or soft laser therapy or nowadays, also called photo bio modulation.

So those are lasers in the in a range of 1-500 million watts. So lasers which cannot harm or destroy or heat or lead to heating in the tissue. They are able basically to repair tissue or cells regenerate cells.

So they are used in regenerative medicine for treating diseases, chronic disease. You can apply those lasers topically um through the skin by external applications mainly locally for treating pain areas or joint disorders and things like that.

But what is even more interesting and innovative especially when it comes to our technology is that you can use such lasers inside the body. For example, you can put them directly into joints for joint repair and combination with cell therapies like PRP or stem cells.

And you can also apply those lasers systemically by directly inserting a special sterile. Consider into the vein into the direct blood flow. And then you can stimulate yourself all over the body with low level light. And as you can imagine we all know that light can be very beneficial for the body. So just a very basic example is the sunlight which can improve vitamin D. Production and all those things.

And so when you apply other colors of light inside the body of course you can initiate more very beneficial effects towards yourselves. So we can basically energize ourselves by stimulating mitochondria. We can bring down inflammation in the body especially by blue light and we can increase serotonin production and things like that by yellow light. So there there there are a lot of different things you can do with so called low level lasers.

And then last but not least there is this very interesting field of photodynamic therapy. What you're already talking about is this again a little bit different principle because in photodynamic therapy you're not only applying a laser, you're combining it with a light sensitive substance. And by this procedure you can yeah for example target cancer cells, you can target viruses, bacteria, parasites.

So the main difference is when you just take the laser you can stimulate that you can regenerate things. And in photodynamic therapy it's more about destroying something like a cancer cell like a virus and things like that.

So those are the key differences and those are all things we can do with the technology we developed. – Perfect. So let's see which which direction shall we go first. So let's let's talk you know we're here thinking about viruses and long haul which is such a predominant issue nowadays like the the landscape of medicine has really changed.

Where as a physician you know in your D. D. X. You have to be thinking about long haul. Now you have to be thinking about is there an injury from an Inaki relation?

It's just this is this is where we're at. And you guys have done some amazing studies and had amazing results when when covid was happening. So I'd love if you would share with the work that you were doing.

– [W]Yes. This is bringing us back to the area of photodynamic therapy. And also that's also my main background of research is this field of so of so called antimicrobial photodynamic therapy.

So the more common application of photodynamic therapy is in cancer. But as I said before it also works against viruses, viruses, parasites, bacteria. And in the past we did a lot of research for example on malaria and things like that. Where you're applying photo sensitized a light sensitive substance inside the blood and then you stimulate it with light and you can basically kill all parasites in the body. We saw amazing results right after two treatments basically the whole parasite count in the patient going down all the symptoms relieved. So incredible.

Almost unbelievable. And then we of course also know all the lap data that that especially ultraviolet light and blue light in combination with riboflavin can also inactivate viruses.

So there is for example a company in the U. S. Which is applying a system where they can sterilize blood products by giving riboflavin into the blood and then they radiate it with blue or UV light and basically they can kill all the viruses within the blood.

COVID Research and Clinical Trial Results

So we had all those individual research available and then it was our test to bring it into clinical practice. And yeah then of course the whole covid um topic started and our idea of course was wide away.

Probably we can also use it in covid patients. And actually the same company I was talking about already showed proof in vitro again that this whole procedure of riboflavin plus UV light is also able to kill covid viruses.

So of course we were very motivated to bring this into clinical practice. And yeah then I think in the beginning of 2022 of our team members they traveled to Iran because we had a very good connection there too along clinic and of course you can imagine it was very difficult even though we had a very promising approach.

It was very difficult to find clinics who were interested in such an alternative approach because everybody was looking for for medication for vaccinations and things like that. But we had had a procedure which was very promising. And yeah so we were very lucky that we had a clinic in Iran and a special lung clinic who was interested in applying this protocol to the patients. And yeah, we started it right away.

We did 10 patients in the beginning 10 patients in each group. We had a control group where they just received the standard medications um and our group they received the photodynamic therapy. So we gave them riboflavin vitamin B two as capsules both systemically for intake. But also we've made a solution with it so they could spray it into the now into the nose and also gargle in the mouth area.

So basically where all the entrance of the virus is and then probably many of you know our so called laser watch. So this is home use device comparable to the systemic ivy laser therapy.

So you're putting you're putting this device on your wrist, on your wrist arteries, there are all the different light diets included and they are irradiating basically the blood in your arteries.

So we give the idea of the riboflavin systemically and then stimulated by the watch in the bloodstream. But also we developed special applicators with blue and ultraviolet light which you could put into the nose and into the throat area.

So the patient took the riboflavin solution first. And then directly afterwards after the riboflavin is bound to the virus. It is stimulated by the blue and UV light inside the nose and throat areas.

And yeah then we took of course all the viral accounts of the of the patients. And it was very very encouraging right after one or two treatments. You know in the beginning patients they came into this clinic and you can imagine patients were really sick with Covid who were looking for clinics that very bad symptoms, a lot of cuffing pressure on the lung and all those things.

And then after the they came back after on day two and you could see an immediate relief already of the symptoms. So everybody was feeling much better fever going down. So this was already already very impressive.

But then we also took all those viral counts and we could see right away after a couple of treatments are basically the whole virus got inactivated by the treatment.

And in those in this first treatment study we had about 80% of the patient after five treatments completely. Covid negative A really impressive data. And then in the second step we made an even higher study group with 70 people in the control group and in 70 people in the treatment group.

And it was basically the same outcome in the control group. There was no change in the patient's not concerning the symptoms but also not in the viral account. But in our PDT group basically after two or three treatments you could really see the values dropping of the viral account.

You could see the the symptoms getting better. So very impressive. And yeah it's a very simple treatment. It's not even something you need to do in the clinic with with the big laser machine or. So it was because we knew we need to develop something for patients um to treat it at home especially in the early stages before it really comes to a bad start to a bad development of the disease.

So when the virus mainly is targeted is located in the north and throat areas so you can directly inactivated before it's getting to the bad stages. And yeah, it's a perfect perfect prevention therapy.

And also in the beginning just to keep the virus down to avoid all those very severe progressing of the disease. So very impressive data. – So were they just doing that treatment alone or were they also taking ivermectin and other things where they were just doing the photodynamic? – [W] Photodynamic group did nothing except for the photodynamic treatment in the other group.

Of course they did those then are things what they do steroids and things like that in the beginning. When where they had no idea what they what to give patients. But our in our group they only received the photodynamic therapy. – And how many minutes a day. How many treatments were they?

Was it 15 minutes a day or how how long? Yeah they did one treatment a day and the local treatment of the affected areas is done for 20 minutes. And then you also use the watch for one hour additionally for your immune stimulation and for the systemic treatment of the blood?

Of course. But yeah, of course you could also do it um in the morning and in the evening, but in our group they only did it once a day and this was already very effective.

– I mean, did everyone hear that? I mean this is, you know, isn't this being shouted from every rooftop and every front page? I mean it's just remarkable. And so and it's funny because I'm I'm wearing my my watch and you know, I almost don't want to show it because it seems so corny.

Like I look at her, she's wearing the watch while she's but I love it. I love my watch. I do. I'm always, you know when I'm always on zoom, I often have it on and it always comes into this conversation. What's that on your wrist?

What are you wearing? But it's just such a powerful, powerful tool. And so that that when you talk about what you guys did, it just blows my mind every every time I hear it too.

It to a different level. So for the is there anything you want to add to that Jenny? – [J]I was just gonna say that study has been published and to be shared with anyone that's interested too.

And there were also other studies that were done a more independent side which also came with the same results of pcr testing viral testing. And we thought if it's working in Covid, why couldn't we try looking into things like Epstein Barr or Cytomegalovirus? So we started doing that same protocol in our private center. There was some other colleagues to kind of test that out. And sure enough we did see reduction in those viral markers. So there's a

lot there that we can still investigate and get benefit from.

– Yes, so for for long haul for for the folks that are listening who you know whether they had covid they had an inoculation, they are suffering. You know, the struggle is real. What would what would you say to them listening?

Like how can they integrate this to help them? And are you seeing it, you know, be as effective in these post viral syndromes as in the acute – [W]Yeah, absolutely. Especially with the home care devices again, because that's something you can use every day. Um it leads us a little bit big to what we're discussing in the beginning because as I said now in the acute stage when you have the virus and you want to kill it, you're using this photodynamic approaches riboflavin in combination with the night. But then on the long run, if you have really chronic diseases and chronic issues, long covid related issues then it's not about photodynamic therapy anymore, then it's just the light which can give you a lot of benefits because as I said in the beginning especially the red light.

It's stimulating your immune system. It's energizing your self stimulating a TP production. We see with all those chronic fatigue issues. Big improvements when using it every day. Then of course you can use it with other very powerful natural things like your human.

Using Light Therapy for Long COVID

For example if you still have chronic inflammation in the body you can bring it down very well by using like things like green tea extract curcumin, very powerful natural things in combination with the watch with the different colors of lights. Of course it's even better.

Maybe if you really still have bad symptoms. Maybe to start in a clinic where they are supplying the I. V. Laser maybe do a session of 10 treatments with very high dosage of the laser directly intravenously.

Maybe even in combination with HIV curcumin or things like that. But then if you're still suffering on the long run you can go with the oral strong things like curcumin or green tea extract and things like that in combination with the laser watch or even with so called infrared helmet which is very powerful for treating your brain related issues. Because we know a lot of long covid people our patients they have those not not only chronic fatigue but also especially brain fog issues and that's something where you can really see a big difference when using the helmet that you feel immediately how your brain is clearing up. You're getting more focused again and that's very so we have different towards different areas how we can target those symptoms of long covid. – So I don't usually wear my helmet when I'm on interviews. I have it in the other room but and I want to talk about the helmet but before we go there I you you you know put in little interjections about the colors and I thought maybe it would just be really helpful if we could just say each color and kind of what it does. I know I you know I love color and I think the listeners would probably have an appreciation if you could just say like what the red light does, what the yellow light does. I think that would be interesting.

– [W]Yeah of course. So the red and the green lasers are the ones which are mostly good for energy supply for oxygen for better oxygen uptake in the tissue.

Red is against stimulating the immune system, activating kill ourselves and all those things improving micro circulation in the body. So those are the two like basic lasers.

The blue is very good for bringing down inflammation in the body, treating infection and things like that. Or blue and ultraviolet the same thing UV light of course is very well known that it's killing all those pathogens and the yellow light is like the feel good laser which is very good in people with psychic diseases with with mental issues. Yeah because it's improved, it improves vitamin D. Serotonin production and all those things and everybody who's taking the yellow, especially intravenously on a high dose.

You can really see a difference in the mood of the patients. – It's like laser sunshine, anything you wanna add Jenny? – [J]I think the only one we missed out which is infrared, right, Robert? But infrared is is usually utilized more in the topical field. It is used in some of the oncology applications for direct applications or intravenous but mainly more topical because it penetrates much much deeper than the others due to the higher wavelength.

Um The one thing you asked and I just want to kind of go there which will link in with the colors is you know, what would you recommend to the listeners on long haul?

Covid all the symptomology they're dealing with. Right. And I think because this is for some people they know a little bit about laser therapy and light therapy and for others this is the first time they might be hearing about it whether your physician or someone that's just looking for something to use at home.

Right? There are so many different devices that you can utilize at home. Um Weber has designed some amazing ones that are clinically. I would say clinical grade that would be used in a clinical facility but they can also be utilized at home.

So whether it's a physician applying it in their practice or in home care device, they're they're amazing. But there's different applications. There's the kit that Robert was talking about which was the study was utilized for that, which was the laser watch which you're hanging out there with Sharon which um the laser watch was designed to have attachments to it which was the ultraviolet and the blue light for the nasal and oral application. That's one that was called the kit.

But then there's also the laser watch alone that has a pad and a red light nasal attachment in ear attachment, which we've seen. People with chronic tinnitus even improved by utilizing that over and over again. So with long haul syndrome, there's this list of syndromes or symptoms that they have.

But everyone can be a little bit different. Right? The biggest one that we've seen is the exhaustion, the fatigue, the kind of never getting the full taste or smell completely back um kind of that sinus congestion, which is where we'll integrate things like the bible flavin or different things like that in combination with the watch or the attachments.

But then we're mentioning there's also a helmet that can be utilized for neurological issues or a number of other things actually which we can go through.

And there's also a brand new device which is called the End of light, which is the new laser watch which is basically what you'll notice with the weber team is it's when you know, one thing comes out, there's always something new that's even better.

So you always have the best next thing, just depends on what time you get it. So it's it's it's fun though because it's always trying to improve upon what you already have and make something better for the use of the customer or the physician.

So by saying that what I'm trying to share here is that every color has a different effect. The laser watch holds every one of the colors that robert was just sharing with you, whether it's the new Endo light or the spectrum laser watch.

So it's very beneficial because you can choose the modes and choose which color you'd like to utilize in that moment, whether it's blue, whether it's ultraviolet, whether you're looking to reduce inflammation because you have pain or just give the body energy because you've been feeling in the dumps and you don't want to drink any more coffee.

So there's just kind of a little comment to the people looking for what they can do. There's always guidelines and we can always kind of help them what, see what might be the best direction for them, depending on what they're dealing with.

Light Colors and Home Devices

But we've never seen these devices not help at some level. – Fantastic. That's that's super helpful and you know what I love about them is that, you know, I'm all about us having things for patients to do at home to themselves where they're not reliant on always having to go in for an appointment. And so these are such amazing tools.

So let's talk about the, the helmet because that's a little bit different technology. So if you can kind of just talk about

the helmet and the technology and what it's good for because as you both mention brain fog and neurological issues are a huge part of this long haul symptom picture. – [W]Yes. Yeah.

Yeah. As we talked mainly about systemic approaches before with with intravenous light or the watch of course. Um by the way, we also need as you are still using the spectrum we need to send a new one to you. Also this new you can delete devices because this is our latest development and it's much more powerful now.

Seven times stronger output and all those lasers inside. Now even infrared. So this is even more effective now compared to the older watch models. Yeah, but this is more for systemic approach and the helmet of course is something for local treatment of the brain. As Jenny already mentioned, the helmet is all infrared because infrared is basically the wavelength or the color of light with the bed as penetration through the skin through bones.

So if you really want to target the brain, you need to have Infrared light to bring the light yeah, into the deep into the tissue. So inside this helmet there are like 320 diets inside and then you just wear it on your head for half an hour you can set different frequencies and things like that and this way you directly stimulate the different areas of your brain. And we call this application transcranial therapy. And this is probably one of the best researched areas because especially Professor Hamblin from Harvard University, he did a lot of research on transcranial infrared therapy showing all those mitochondria um improvements with infrared light.

So very he did very good basic research and we on the other side did all the clinical research and we collected a lot of studies and case reports over the last couple of years.

And yeah as you said already it's of course you have all those general effects. It's clearing your brain, the brain fog you can you feel more energized, you feel pressure and more focused of course. So that's more the general effects.

But of course you can also treat things like Parkinson's dementia and all those brain related issues T. B. I very well with the infrared helmet and especially also cognitive things, mental issues, depression.

Those are very good indications for the helmet for example we have a veteran organization from florida working with the helmet now for a couple of years and they are always giving me the most incredible testimonials with all their very with all their veterans fighting with depression, suicide tendencies and all those things and they are getting so much better by using this helmet on the brain for a couple of weeks.

It's really impressive. And Yeah, I'm always saying especially for basically everybody who's maybe 60 or older and you really want to stop your cognitive decline which is happening to all of us at some time. At some point you can really use this helmet very well of course for prevention of your of your brain related things for the future.

– And could you speak a little bit because there are different frequencies. Could you talk about the different frequencies? And are there any special frequencies you find with long haul chronic fatigue that are are more beneficial?

– [W]We mostly work with continuous wave. So you have the option to put a frequency on the light frequency for everybody who's not. Yeah who doesn't really know about different terms of frequency is like a pole thing. So if you have a frequency of five hertz this means that the light is turned on and off five times per second.

So it's like a specific additional information you can give into the body. And this is very well known, especially in the field of laser acupuncture, that you can do specific frequencies for treatment of diseases.

But the research is of course very difficult with different frequencies because you can imagine if you have you have a disease you want to research and then you have like 100 patients and there are like thousands of different frequencies.

You cannot really put every time. A different frequency. That would be very difficult from a research point of view. So most research that has been done uh was performed with continuous wave.

So just delight without the power thing. But there are some specific studies for example for depression showing very good effects of 10 hertz um frequencies and some other things with 40 hertz. There are also some good studies with T.

B. I. But those are just smaller areas. We have of course a very good protocol guideline book for different diseases where we collected all the research and give recommendations for the treatment.

But in general the best research area is the continuous wave treatment. – What about what do you have to say about the helmet Jenny? – [J]Well I I love it. We actually designed a protocol utilizing the helmet with glioblastoma patients here in the clinic.

And we had some very impressive results actually. So we had reduction in tumor size by M. R. I. Testing which was quite impressive.

Infrared Helmet for Brain Fog and Neurological Issues

Now granted they were still doing a traditional program but they were not getting that same result which is why they look for something else. And we integrated it with different photo sensitize urz the natural and pharmaceutical agents that can up regulate or enhance the benefits of light therapy and vice versa.

The other that we've seen amazing results with have been in post stroke patients vascular charity issues to the brain. And then also another one that we've seen is Parkinson's recently. We've gotten some very, very interesting results of Parkinson's that they're getting a tremendous relief from the constant tremors.

So I mean there's there's much more we can go into but the neurological benefits of utilizing the helmet, whether it's just for prevention, um or if it's for something specific, we also deal with a lot of chronic infection and Lyme disease and our facility and autoimmune issues which come along with a lot of neural inflammatory issues, Right? And vascular problems.

The one thing that the lasers in general are amazing with is to help reduce inflammatory responses and help with the vascular charity. So when we use the helmet, we're finding that we're getting a reduction in migraines reduction in some of these head pressures that they're feeling and it sometimes takes longer than one than another, but usually it's a fair, fairly fast response, which is quite amazing.

– Powerful, powerful, powerful stuff. I, you know, I'm gonna open a clinic just so I can, I think of the old colors the way you go and you get your like hair, you know, your perm set. And I'm just gonna have Weber leasers held it and people can just come in and you know, the clinic light up your life.

So as we're, as we're winding down here. I just is there any clinical experience you want, you know, a patient's story, anything you want to add for the listeners about long haul just you know, from each of you. Just final words of wisdom.

I think we've given a really good overview of what this is and why it's important and how it blends in with other things you're doing and how, you know, healing is so multifactorial and so many different levels.

And we, you know, my goal is to really shift the consciousness from I need energy. What's the pill I'm gonna take, Even if it's a vitamin pill to, oh, I need energy, I need brain clarity.

I can put light into my body. I can utilize the healing powers of lights and bio photons and cellular communication to heal and weber laser is such a beautiful, I mean, I'm so grateful for you guys. Such a beautiful vehicle to do that.

And so it's my hope and having you on that all of you who are listening go, wow. Like, you know, it doesn't just have to come from a pill. It can it can come from a watch, it can come from a helmet, can be what I'm what I'm putting in to regenerate and heal.

So that's that's my, my my desire. And so I just love for each of you to take a turn. If there's anything I didn't ask that you want to share that's important or parting thoughts on the stage is yours.

– [W]Yeah, I think that's that's a very good point. That's also very important, of course, is that light for the dynamic therapy, laser therapy of course is a natural therapy completely? Nontoxic?

No side effects at all. So something at least everybody can try without living in fear that it might lead to worsening of the symptoms or other other diseases or whatever. So that's a very important thing.

And yeah in general of course we would love to encourage everybody who's fighting from long covid or other chronic disease to give it a try. We have so many clear partner clinics in the U.

S. And worldwide where where patients can go for treatment serious to get started maybe or on the other side of course we are supplying all those protocols for home use with different devices, different supplements.

Very very good things we developed with the university here with the pharmacology department so very potent. But all natural substances you can use for your body for regeneration in combination with the light.

Of course that's our main focus. So yeah we would love everybody to give this a try and to really yeah get back into better shape because we see we get so much good feedback from all our patients here from long covid patients.

People with low energy with bad sleep. I'm not able to work anymore. We get so much very positive feedback thoughts are getting clearer again. Energy is coming back so it's something really worth try for sure. – At your clinic in Germany before we get to what what what's it?

I haven't yet been to visit your clinic in Germany. I'm hoping to change that this year. But what actually is it just are you integrating other things there? What kind of happens at your clinic there?

– Of course you are very welcome to visit us. We're like an open house where we also also like a training and educational center. So we always have doctors from all over the world coming and staying for a couple of days to watch the treatments to learn about the treatment so they can apply it in their clinics as well.

Um So it's um the main focus of the clinic is photodynamic therapy especially with cancer because we see so good results with cancer. So we have a lot of international people flying in with very bad cancers where they want to avoid maybe chemo or radiation or already did it without success. So they are coming for photodynamic therapy.

We also do stem cell therapies because we are one of the only one of the very few clinics here in europe with an official approval for doing stem cells in combination with the light which is also very bold and treatment for regeneration or regenerative therapies.

And we combine it of course with other things like natural I. V. S. With hyperbaric oxygen therapy. So it's an integrative concept with a lot of different but all natural things.

– Beautiful and Jenny share some final beauty from you about just what you want people to know and what's happening down in Mexico with you and your clinic.

– [J]Well thank you and I can say that I've been to Germany many times and I absolutely love it there. So it's like a home away from home just like Mexico is so you're also the same. Always come and visit us in Mexico as well.

Open book as Robert said for training and education.

Clinical Experiences and Closing Thoughts

Also we do focus on the photodynamic therapy protocols. We are a smaller more one on one research clinic been around for many years now and we do integrate other therapies as well to try to also help both.

You know the patients, the clients as well as the positions how they can integrate whether it's photodynamic therapy or immune therapy or nutritional or different specialty ivy biologics or nutrient ivy formulas were were really specializing in that now is trying to make things, I don't want to use the word simpler because it's not simpler but more direct because I think a lot of times we over treat um we throw so many things at it because we want to try to get someone better but it doesn't mean the body can always handle that.

Which is one reason why light therapy is so amazing is robert. We're saying it's natural, right? And I do have one note to say on that, that's not completely true. There is one side effect.

You'll feel better. That's the one thing I can add in is that there is a side effect and you will feel better. I um person, I cleared a blood clot in my leg with the first one of the first versions of the laser watch in about three days. I did not use any blood thinners of any kind.

I use natural supplements with some enzymes and Cuban, but in three days with the Doppler ultrasound when I was told that you know, it would be months for that clot to actually you know, heal or move or clear. It was it was quite, it was quite bad. So I have a personal experience among many with knowing that it definitely has an effect. Even something that most people would say is so simple and so small can have such a great effect.

It's because of the quality of the product too and the science behind it. So I think the listeners, we encourage you to investigate, ask questions and look for a good product and if you have questions and you want to know something about it, reach out to us. We're a team, we're here to answer Robert said there's partner clinics all over, including not just us in Germany and Mexico, right? Mexico right over the border from SAN Diego by the way. Also we have events every year, one in the United States, one in Thailand and one in Germany where it's the Internet society of laser therapy applications to share this knowledge with physicians and health health conscious people. So it's there's always something that you can learn. I think it's an amazing field and people need to or should if they'd like to start investigating more.

– I agree. It has definitely changed my clinical practice, my own physical health. And so and now look, I'm lit I yeah, this is just like perfect. Now it's operating hours.

– [J]It was actually quite poetic because you have light shining on you at the beginning of a light conversation. – Well, thank you both for being here and for for doing what you do and you know, just and it is funny because you are constantly improving upon and I know I got the the best laser with the attachments and now there's another one and I so appreciate that you, you know, there's a that is something we can improve on.

Khan medicine is a changing field and it's always growing and that's why we have to stay on top of things. We can't get lazy and weber medical lasers, definitely not lazy. And so you're always innovating and leading the way. So thank you both for being here.

Thank you everyone for listening. Um we will get you that study because I think the study is, you know, so impressive and so you can read through that and if you have any questions, you know, we're all here to support you.

I you know, I'm a I'm a huge fan. I've seen it make such a huge difference. So, um the, well, everyone thanks for being here at the summit. – [J]thank you.

– [W]Thank you.