Bioenergetics: The Study of Energy in Living Systems Transcript

(Transcripts are generated by AI and may contain errors)

Guest Introduction and Background

Hey, everybody. Today I have an amazing guest to introduce. And that's Harry Massi. Harry Story is incredibly inspirational for anyone dealing with a long term severe illness or overcoming other kinds of seriously challenging circumstances.

Just briefly, Harry was sick with serious chronic fatigue syndrome all through his 20s. He eventually fully recovered after discovering the field of bioenergetics, the study of energy and living systems.

After ten years of illness, he went on to be a successful entrepreneur and the CEO of Nest Health, a company dedicated to researching and developing technology aimed at restoring your health.

Many other health experts use this system, including the likes of Dave Astbury, Doctor Steven Sinatra, Ben Greenfield, Joe Mercola, Wendy Myers, just to name a few.

Myself included Doctor Greg Eckel. He went on to make three award winning films The Living Matrix, Choice Point and Supercharged, and has pioneered much of the research and innovation in this entire space.

So from Bedbound chronic fatigue to pioneering the field of bioenergetics. Welcome, Harry. It's a great pleasure to have you on the summit. Thank you. Craig, what a good intro.

I don't know if I remember doing all that. So let's get it. It's cool. Well, you know, just before we get going, you know, I got such a, an exciting little, presentation we've got today.

I just, I just give some people some highlights and some things that are going to come later, you know, later in the talk, you know, one is, you know, an unnamed virus that is very prevalent over the last two years that, you know, cannot be named for fear.

So fear of censorship that you can take, you can take your guess on its name. So we've just been doing this research at the San Diego University, and we're basically being seeing if one of our in pursuit goals, which is basically a remedy made from pure information and printed into the memory of water.

And basically we were just looking at how just delivering pure information to, live lung tissue and just seeing how the lung tissue could react and, learn.

Behold, the spacing, this very immune protective effect that that came out of that. And, you know, well, I don't want to steal the thunder for, for later on in this conversation, so I'll just I'll just leave it at that.

Let's leave it at that. Also get to deeper down the rabbit hole in just a second, a second little thing that I think would be just quite cool for people to know the power of bioenergetics.

Pictures say a thousand words. You know, what you can see here is of. See someone who's had a really, really it's a severe burn. And this is basically just using the my health for two weeks actually of body.

From Chronic Illness to Bioenergetics

I've got a picture of my over my health is basically, it's, it's basically a handheld healing device that put the beams out information on a pulsed electromagnetic wave.

And basically, you just send the information, to remind the body of its optimal blueprint. And you can see in the how the, is bases, like, pretty much you feel to know one appeared.

In what amount of time is that from the progression from the, the big lesions on the left to basically just some small marks on the right? I believe it was it was even two weeks or three weeks, you know, I'd have to I'd have to rely on the practitioners app.

So you clarify, I think it's somewhere in that region. And then the, the, the pictures we have below, or it looks like it's a horse's leg, you know, it's actually a llama.

That's a llama. Okay. I believe it's a llama. I would not make it on the farm there. Yeah, yeah. And and anyway basically basically this this this this llamas leg is basically an open festering wound that they've been using.

Into antibiotics on. And basically and being able to heal it. And again, actually it's another, it's another mile story where they're basically using my handle for round that around the wound.

And then that was basically able to trigger enough of the healing response that, the body's own natural heating system outside the body below is a natural heating system.

They c mopped up and killed the infection and then have the skin regrow and heal. And, you know, anyway, it's just it's just nice to see what, what the power of energy, medicine and politics is in pictures because it's it's hard to see with ill, you know, illnesses like, like chronic fatigue or, you know, a lot of other it looks, you know, you can't see things, graphically you will see the skin of the skin.

Pretty tells a very pretty strong story. Yeah. That's huge. So, Harry, we've got some pictures of you rock climbing here. I'd really like you to tell us about your story in the whole bioenergetics field.

You've got a story to be told, and you are one of the pioneers and innovators in the bio energetic space over the last 20 years. So, please, without further ado, tell us your story.

You know, Greg, I absolutely love climbing. You know, climbed 4000 meter overhanging faces of free, climbed without ropes, 100ft cliffs above the ocean with waves crashing into blue.

It's a bit like in this picture. Obviously on the right there I was jump jumping off or falling off, and, this left side was still on it. But, you know, when I was 21, I ended up with a fever while as ice climbing, I fell.

I didn't get out of bed for the next seven years. And ice, it's mostly solid, but sometimes you come across patches that are brittle, whereby you teeter up as delicately as you can.

Teeter, teeter, teeter, shatter and ice pick fell backwards with us falling as gravity took us down. We ended up hitting a really steep snow slope. We dug into our ice ax and managed to slow down our food.

It turns out that a fractured my spine, but I didn't actually realize that until until three years later. But the fever and full exhaustion so much. The next time I went climbing, I ended up stuck in a tent for the next seven days eating dried bananas until I finally got the energy to get up and drive back home.

Now my days from then were spent flat on my back, and it was like living in a dark cloud and really try to focus enough to remember what I was thinking.

There wasn't one year, not two, not even five. It was actually seven years. I made my bed staring a ceiling, not climbing, not going on dates, not having a career.

And really, I really tried everything from IVs, supplements, vegan diets, paleo diets, even acupuncture, grapefruit fasts, ozone, coffee enemas, hypnotherapy, you name it.

I basically did it. I finally thought to myself, you know, if I don't have energy, why don't I actually just study where energy comes from? And that that basically led me to Yahoo at the time, I think because Yahoo was big, because of Google these days, which basically led me to the field apologetics, which is the study of energy in living systems.

You know, from there I was introduced to the leading professor in this field, which is Peter Fraser in Australia. I reached out to him. He sent me this paper on quantum biology, which I think I only understood about ten, 10% of it, but it was super, super fascinating.

I also reached out again and said, you know, can we can we meet up, which we both agreed to travel halfway around, around the world to Los Angeles, like myself from UK and from Australia?

I became this research guinea pig and I was basically experimented on daily for, for I was actually for ten years getting all sorts of incredible reactions.

I had like oils on my, from the damage from the dreaded shot. Oh shots, not the current shot. And this is, actually more shorts. You know, fevers when tackling resident viruses and releasing emotional stress.

It really took ten years to turn all those experiments into a system that's used globally. That able to detect, correct and protect me into the body, restoring people's health.

But more importantly, you know, I got my health back and started climbing again over this time sticking to rock. That was, that's a pretty incredible story to be out ice climbing and then just stuck in bed for seven years.

That has led you down some pathways here. So what else do we have? Now? I mean, this is just a picture of that, of that fractures that you see in, like, the bottom of or back. Or.

I don't like looking at these pictures of being in a wheelchair back in those days. Let's get past that. Let's get close. But, yeah, let's see what you know.

What? We're really here today is to talk about apologetics, which is the study of energy in living systems. You know, simply, you know, simply from apologetic perspective.

Health. They become. Well, health comes from optimizing the exchange of energy between you, you and your environment. And it's, you know, well, it's not quite that simple, but it's, it's a big, big part of it.

Energy, Water, and the Body as a Battery

You know, this is a concept that some got developed over the years, but, you know, if you like, is life is this energy exchange system another way of thinking about it is the body as a water battery.

Or you could just say the body as a battery. And so now we're basically exchanging energy with the environment, like, you know, like oxygen, electrons, nutrients, light, etc.

when you're exchanging them or C, you're ending up with all this extra source of energy in your blood. Your blood, of course, is mostly water. But more importantly, when you get inside, inside your cells, your cells are basically, again, full of water, full of a slightly special type of water, constructed water.

And again, you basically exchange your exchanging oxygen, all these nutrients, an energy either between two in your blood, between the water and inside your cell, you know, ultimately, ultimately, all of your cells in your body are a little bit like a battery, where you collect collectively over all this gives you your overall charge, if you like.

And this is it's an odd concept for people to think about, because most of us think that, you know, or energy is from food. You know, ultimately even food, when you break down deep down into fats or carbohydrates and sugars and down into the ATP chain, you know, ultimately the ATP chain is an electron transfer chain.

Basically, what we're really talking about here is basically the actual salts, the energy, the body is, is electrons. And that that's why we say the the body is like a bit like, a water battery.

And you know, what we're really trying to do in biology is really optimize this energy flow, optimize the flow of

electrons within the body. So if you got free flowing, energy, you feel you feel pretty good.

These are just extra, slides just to help explain that concept. You know, so what with what is it? It stands for an easy water. But another way of saying it's just strong.

It's just structured water and all we're seeing here. So when more light hit, hits water next to a hydrophilic surface and every cell membrane and the bodies are hydrophilic.

So it just means so fancy word for loving surface. It'll basically build up. It'll build up more structure. And why is that important? You might say? Well, it's pretty interesting that when a photon hits structured water's edge to, it'll spin off, it basically produces electrons.

Those electrons can then be used for energy by the body, which is why we, it's just so visible that demonstration of our structured water builds off of what it's really looking like inside.

Peek into structured water a little bit more around what what that is. That might be a new concept for folks. Sure. So just everyone would have heard of like the free for the normal free phases of water of, basically ice, ice liquid and and the gas.

But this there's actually a full phase of water, which is basically what's called structured water. E-Z so instead of H2O, you basically it basically has a slightly different, structure as h free o to.

I'm going to picture it that basically looks like a hexagon. And each each extra molecule ends up in this in hexagon shape that builds out the structure.

But in nature, in nature, basically, wherever you get a fat loving surface, you get structure builds up and in and you can see, the really messy, basic, the stuff of all adults that's basically like normal bulk water, but the structured water ends up completely pure construction water.

And yeah, it can't contain any intense pollution. So just it just pushes it out. So just pushed out and basically the, the body, well all your body cells are full, you know, from structured water is not generally bulk water.

It's structured water like collagen is full of structured structured water. And you know, it appears people talk about when you vortex water and is, around bubbles, appears in vortexes.

Yeah. So go, go way to go around a flat surface. There you go. I think it is a it is a it's not, it's, it's a not one. Like there's a lot of structured water, that's all.

But I think most of it is on the sea. Just normal bulk water. And if you're just considering like water treatment or, the honestly the most important thing is to drink the purest, cleanest, freshest source of water. That's actually more important. More.

You go through some fancy vortex machine. It's a whole other subject, but you, And it's just a little. It's. This is an old school in New Scientist. The basically, it's just a pit.

This is a picture of bacteria that just lives off electrons. So basically, it doesn't eat any nutrients. It's not breathing in oxygen. Nothing. It's just living off pure, pure electrons.

Pure electricity, you know, which is nice, which is nice to see on and off and on those. Do. Yeah. Ultimately the mitochondria, mitochondria a rich originally were bacteria that invaded the cell mostly has this, you know, over an evolution.

Obviously mitochondria ended up in, an end zone. So the rate originally they were, but a bacteria, the mitochondria are like the richest source of electrons in the body, which is why, you know, lots of mitochondria, Neal.

Cell to to power to power the. So, and, yeah, it's, it's just so people can get this idea to. Oh, actually, you know, we are really the body is actually a bit like a battery iron it you know, it is basically powered on electrons and all these ways of exchange energy isn't just food that you get, you know, energy from.

You do get it from like, you do you get it, from grounding. And the more you know, the more healthy you are, the more tuned into it. And you can pretty much you can basically absorb, say, absorb energy from space.

This may be getting a bit far fetched for people, but you can absorb energy from the environment. Let's just say let's just say that and you're you're less reliant on you a little bit less reliant on food.

I'm not saying you don't need to eat food because it's, it's it's very, very useful for replacing your proteins and nutrients. And, etc., etc.. But there are other sources of energy just beyond food.

I'll just leave it at that, because unless you want to get technical, you're not going to turn us all into bread area. No, no. I mean, Gilbert Ling, you know, when he was, calculating the, like, the source of energy.

So I think he, Yeah, I think he said that. Yeah. The, like the ATP route I think was only I think that only accounted for like 74, I think 75% of the, the energy, the cell.

And then I don't see that can be different. But basically the other 25% might be I think it might even be 40%. Is is coming from basically heat, light, etc., etc., etc..

So there's other sources of energy. And anyway generally you in some way you don't need to use much. We can survive on salads in the winter. You have lots of seasons, but it's a little of, consume more calories.

All right. So why why does it matter? Well, basically it body's rich from exchanging energy, with the environment. The body's storing it. Well, basically, the body stores energy to keep in reserve when you need it.

And this really, you know, when it comes to health and disease, really what's going on is, you know, the body uses a certain amount of energy continuously for, for its functions, but also for repair.

We'll see if you're sick for healing, but if it's using all its energy for just day to day living, it doesn't have enough energy left to heal. You know, the bottom line with disease is you're basically using more energy than necessary.

Basically. Actually, there just isn't honestly enough energy available to to to heal you because you're burning it up with your day to day living, too much stress, etc., etc..

And so, you know, it's super, it's super important. Like if you truly want to heal, most people don't necessarily like hearing this, but you basically you do have to save energy back.

You do have to regenerate because healing can only occur when there's enough energy available beyond, you know, your daily functional needs. And if you're using this amount of energy per day, well, you need you know, you need that amount of energy so you can get a bit of regeneration, a bit of healing.

And, you know, yeah, if you if your energy is always low, it's really high. And, you know, this is why people like me ended up bedbound for ten years because I was really stressed in that whole period.

And I just never, you know, I never managed to. Well, I did eventually managed to tip the balance, but it took me a long, long, long, long, long time to get to get there.

And so, yeah, anyway, it's super important. And the unfortunate thing that the sick, the sicker you get, you know, your body does become more inefficient actually being ill.

It does actually take up energy. And probably easiest way of understanding that is, you know, when your muscles are super, super tight, you know, like that actually takes a lot of energy to hold to hold that tension and go and get

lovely deep tissue massages, etcetera.

And you know, you feel you feel more energetic, etc. afterwards because your body is nothing to hold. Tension. But but it's true, you know, inner organs functioning as well.

So, you know, big sort of a big concept in biology settings is because we want to get the body as efficient as possible. Basically, we want to get as efficient as possible.

And to do that, we really need to delve into the body's control control system. And so if we can optimize the control system, optimize how the body's using energy, then we can tip that balance.

We've got more energy available. Cascading effect. Well, here's a great one. Good lead lead in an Segway. How can we detect and correct our energy? Right. We're we're talking about measurement.

You know what? We don't want to be at a low, no fuel in the tank state, so to speak. So what have you put together on how we can detect and correct our energy?

You know what this little video has? So, I see this video explains it quite well. Right? Will it play through? Yes, on zoom it will. Okay, cool. So each client comes in, we do an intake interview and seeing where their life is at, what are their goals?

We take an assessment with the nest scan, and then we match the info ceuticals with the scan, along with the stresses and other goals that that client wants to achieve.

So it's a very clean, understandable and simple way to have by and for the client. Because they can actually see and go, I knew that this was it or it's confirmation for them.

So for me, it helps me to access them to trusting their bodies. Again, I was coaching someone who had a loved one with, late stage dementia. Hadn't really spoken a coherent word in years.

And, within about two days on the info Ceuticals team, actually spoke out for his wife by her name. It's a very, very emotional, situation for everybody.

And then, the seventh day, he actually had a full paragraph that was audible and legible. You could understand him, with his caretaker. People say one particular gentleman, he's, you know, he was in his mid 80s when he came to see me.

He had been, challenged with, with that problem for most of his life. Obviously since the age of 30. And whilst he wasn't particularly open to what I, what I was suggesting, he said, you know what, what have I got to lose?

Absolutely. Give it a go. So when I was using the my health on him, I was actually sticking in various places now because of the extent of his injury.

But back in his, you know, when he was aged 30, he tried to read every doctor going. And whilst he would get some relief for, you know, a period of time, it was come back.

So he rang me the following day and he went, okay, right. Helen, I have I've met the loan, I've been out on my bike. Okay, the pain's gone. I can't believe after all these years, he said, I actually haven't taken any pain meds since yesterday.

It was the size of a tennis ball projecting from my neck. Surgeons, tried all I could to get me and, you know, I had a lot of reps from the medical profession about what was going to happen to me.

They told me that I wouldn't I wouldn't live to 30 if I didn't have it taken away. I am 100% sure that taking him for surgical has reduced my fibroid levels and made me feel, in general, 100% better.

So we just heard from Rachael basically a little bit about, you know, how she uses the scan and the power of what the longevity wellness system can do.

But insurer is basically scanning the energy of 440 different organs. All the all meridians, all the mind body connections. But most importantly, it's really providing the priorities, for healing and restoring your energy.

So, you know, basically we just use it to know which procedure goes, which, basically, remedies, that you can then take over the next, over the next 30 days, in between scans on it.

And that's basically basically what it is. Excellent. You know, we've correct your energy. You know, this is this is really the most important bit is like, how do we correct your energy?

It really comes down to what we were talking about, earlier in optimizing your control system. But, you know, over time, I mean, there's, there's many ways of looking at how you get your health back.

And in my sort of world, like, bracket into into free. There's that first one we already talked about that we really want to get your energy above your current energy needs or energy available.

Detecting and Correcting Energy with Scans

You in this bunch of ways of doing that, which is totally the topic of this, of this webinar, this, it will actually be in the novel and to release this idea of home access, basically where you just generate a formatted statement to your response.

And really the idea of that is you, you take something that's a little bit negative and, you know, a lot of a lot of supplements, a lot of herbal medicine actually works from home is just like if you take the whole form that's slightly toxic for the heart and it strengthens the heart in response, or that you, you know, dandelion is very bitter.

You know, it's a bitter herbs. You'll never but it strengthens your liver. And due to a similar. So it's just this idea that you can, you know, something just mildly, mildly toxic to the body in relation to certain organs.

And then the body will respond. And then there's this third way, which is really the exact opposite of that. It's like, well, why don't we just present the information of how the body can be in the first place?

So we just we, we basically communicate the, the optimal blueprint back to the body. And we say here, communicate information to all these control system.

What's happening in this picture here. So last year in the pandemic you know we were into being not lockdown. So we went and bought an RV and we were traveling through Montana.

And then we saw this like very this like this radioactive radon mine that was basically sort of opened as a healing place. I was like, well, that's really interesting.

Anyway, so we turned up and basically there's these people that go there for like ten days a year, people who've had like leukemia. And it's been, you know, like arthritis, blah, blah.

And they basically go there and they sit in a radioactive mine for, for ten days. You know, it makes you feel a little bit, sick, almost like, you know, you you can you can feel it, like of the air out of you, like, you feel a little bit sick.

And then the next day and like two days later, you're like, I'm fine. Like, you know, you really bounce back. And there's this great collection of papers that she's referenced and signs for me, system Health and longevity.

And there's some papers on, the research on radioactive radioactivity and basically like a mild, a mild amount of radioactivity. So not not your heavy chemo doses, but I'm like, that's a mild amount, actually.

It actually strengthens you. The kind of ways you will travel will travel through you to my micro trauma, to the genetic level of the cells that we repair.

And they and they use stronger. And the same thing is true for like hydrogen peroxide, low dose hygiene sites. Good for you. This one is an interesting one.

Is this papers about this with heavy metals, which I know everyone alternative medicine hates heavy metals. Very, very, very low dose. The researchers say like, well, actually you have, you know, high dose.

Yeah. Terrible. I know Wendy was saying this, but yes. So heavy metals. Same with EMF with, you know, your, cell phone. That research is all over the it's like this basically half the papers say, cell phones are good for you, and half the papers say they're bad for you.

And the reason is, is because they haven't looked at the biphasic, response part of it, and basically in a really strong reference to strong results is not good.

But, you know, generally the exposure will get a few phone calls a day or whatever it is, you know, over time that will strengthen you. And I know when I was super, super sick, I actually I couldn't handle it.

It would just give me an instant headache. Would have to hold it away. And, you know, obviously now they're having any issue. And I'm on the phone all day long, like most of us.

So, you know, your body does your body will adapt and get stronger, which, you know, I quite like. So I used to be I used to be afraid of a lot of these things, like most of us, probably because we all read all the scare stories, and now I'm like, okay, well, it's just me saying with, like, viruses and bacteria and disease, it's like, we want natural immunity.

You know, you want, you want. You want your body to be resilient to these things. Like, you know, you can't you can't disinfect if you disinfect the world away.

Actually, your immune system gets worse and for weeks, right. Develop auto immunity. Yes. Immunity. So as horrible as it is when you're sick, you have to, like, sort of gently expose yourself and get a bit more resilient.

I know it's hard. I mean, I've been through it, but, you know, the positive side of this is you don't, you know, you don't have to do that. You can also just present the body, the, the positive information.

But I do think that you bit honestly, it's better to do it for free. And, you know, I, I was initially healed with the what we call suits caused by inflammation.

But to take my heating up to another level, like a whole slew of releases, since I think it was quite a nice way around to do the positive first and then introduce.

Well, this is because when your energies too low and you're too sick, you can't you just can't you can't handle the excess side. Well, it's just more delicate. You have to be more careful. Yeah.

So that leads us really into this question of, you know, what on earth actually does control biology? You know, conventionally there's, genetics, biochemistry and all these types of things, you know, but as far as we're concerned, I think Albert, since Georgie is a Nobel Prize winner.

So this life is far too rapid and subtle to be explained by slow moving chemical reactions and nerve impulses. So just break that down. You know, the traditional science, pretty much things biochemistry, genetics, the nervous system is basically controlling everything in the body is free.

Trillion cells, in the body, the corona is like 70 trillion cells. The, the basic coordinating unit unknown. An unknown quantity of bases. It's in the trillions of, you know, operations every single second.

Information, Fields, and Control Biology

And somehow they're all coordinated in a magic, you know, magically all at the right time, like this great orchestrator to, to keep you alive, you know, cannot really be explained why I cannot eat a bit of food.

This chemical gets made here, it goes into the blood, and then. Oh, you know. Oh, well, the bloods then got to get it to your brain cell to live. Well, that's a bit.

That's a bit slow. The nervous system, it's sort of really ridiculous. It's like the nervous system in your spinal column. Is that fate? With the. You write the action potential flowing down the plasma membrane wall.

Right? Yeah. Flows down that wall. All of the nerve, all of the nerves of different thicknesses, you know, and your little finger, it's it's tiny. So they're all traveling at different speeds.

I can never remember the name, but the how each nerve, joins up that called the the neurotransmitter junction. That one. Yeah. So yeah. So and then there's a and then there's junctions junctions and, and all the way down, long long and short.

Yeah. But no, no system can't really control everything either. But what it can do really well is set up a field, and when you have a field, you can have information, basically kind of carried on top of it.

So I see it is more like, it's basically the to set to set up a field, an information is just carry is carried in the field, not oil. These pulses same in chemistry.

I'll just take it back to that thing. It's basically, you know, we have this idea, of a of a control system in the body, which really is acting above, but acting above biochemistry, really.

The most important thing is basically like, it's really fields that govern spacey fields that govern energy. There's another great clue, as I haven't gotten this, deck, but it's basically Albert Einstein said, the sole, sole governing force of the particle.

And I said, story. The field is the soul governing force of the particle, meaning, you know, even a even a particle doesn't really exist. It's actually in the field.

And we're really talking about information here, but it's basically an information field that is actually the reason any, any particle exists. And it's a, you know, maybe, maybe it's it maybe it seems like a stretch.

But you could expand that idea to say, well, the body field is the sole governing force of, of life. And when you expand it up from particles to topology, and so it's just incredibly important to, to have your body, your, basically your fields, you know, holding optimal information.

So it's control controlling or simply appropriate. Basic, basic basically it's just it's just, it's just looking at how fields, fields communicate in the body.

And so sometimes you know, sometimes, the Bayesian, if you take a tuning fork of a, a new ring here and you have one of B that walk, the B won't do anything.

But if you had another one with A it'll, it'll resonate. It's a little it's a little bit similar, in the body. You know, your body is basically full of, it's full of, it's full of, protein receptors.

And the field is basically, you know, communicating using this, concept of resonance. So it's a very high frequency, resonance. The basic field can communicate, right, right throughout the body.

It's also doing it non non locally as well. You can get at least sort of psychic type type effects. But it also does it, it does it instantaneously. And you know, ultimately I mean let's say all molecules, including proteins express, why

they feel all sweet.

Everything is connected by the field. But, you know, sometimes people like to think this so we receptors but, you know, ultimately everything is actually interconnected.

But this can be an easier way of sort of thinking about it. But, the general ideas of the, the conventional fingers, you know, cells communicate via protein receptors on the cell cell membrane.

You know, those pick up chemical messages, but they're also tuned to, to feed to, to, field messages and in a field message that you preferred, it's preferred by nature because it's many, many orders of magnitude.

I mean, obviously it's actually instantaneous. But because it's instantaneous is far more efficient than any biochemical message seen. If you can pick it up on the field, it'll do, you know, it'll do that, do that first.

And for all the long term stuff you need the you need the the chemical. But but there is this field, mechanism the that comes in first. And you know, I think this there are it's more complicated.

It's an easier explanation. But while we're there, we might as well go there. But, you know, when we were talking earlier about structured water inside this, inside the so inside of structured water, you have DNA.

And you know what on earth is. Well, the nerve is made DNA, you know, RNA split and then creating more, more proteins. You know, the only thing mixed with DNA and RNA is basically structured water on the 80.

And then you like, well, you know, what is mechanically nudging that structured water to actually split them apart. It's pretty interesting that basically, it it was it's basically when you have in an, in an information field, you've got a source of energy.

I, I, I heat in the infrared. So I mean, you know, you need energy to make something mechanically happen, but you also need the instructions, which comes from the field.

So that's, you know, it's, it's, anyway, such that the mechanisms of proteins are, created in the body is actually through fields acting through structured water on the gene straightening.

I haven't got a mistake with this. This some interesting. Anyway, there's some interesting Russian papers that show you that basically show that mechanism and, how it works, but how water literally, mechanically structured water will actually mechanically move DNA and RNA to, to smooth the problem, create other proteins, and it's directed by information, you know, it's, just again, it's sort of it's, it's a not in units another way of looking at it, but from a Bonnard Essex point of view, you know, we talked, we talked about optimizing energy in the body battery at the beginning.

But really at the top of the tree is this idea of correcting information, you know, the information we're talking about when spacing the patterns of energy that direct the direct life, the direct you know, how cell works, how how gene expression happens, how repair happens.

Organ systems, you know, for basic skier, you know, basically everything you know, underneath that is is the energy piece just how we're exchanging energy moving forward, which which we talked about earlier.

I sort of put this whole biohacking physiology at the, at the, at the bottom of this, all the software and using come from Genesis, you know, I mean, it's, it's but I said balsam, that also means it's a very, very good foundation.

So so I'm not I'm not really ordering them. But the thing is that, you know, if you change, if you change information, which is something so tiny and so subtle, I mean, so tiny, it doesn't really exist in a way.

I mean, it, it it exists, but it doesn't. It doesn't have any, you know, matter to it. It can have, you know, these incredibly cascading effects which, you know, which are extremely powerful.

But but similar, you know, if your diet is terrible, you basically, you know, you're always fighting against that and you're always going to be distorting information and therefore distorting and energy flow.

So it is it is important to do that. And obviously the cleaner you live etc., the more, you know, the more powerful something like, well, I say that is pretty powerful the evil way around, but it's good to do them.

Well, let's leave to that. Well yeah. You're not going to bio energetic. Your path out of a bag of potato chips let's say. You know, so that foundational work that you've been talking about is really important for the battery of the body to be receptive for all of this information.

Like we need to just a stronger foundation for folks to operate from. You can't you can get a super strong healing reactions even when you're eating terrible diet and stuff.

But the problem is zero is fighting against it. So you know that. I hate to say this, but like, watch my co-founder, Peter phrase the scientist Matthew information.

He was he was a little bit like that. He's only believe in him suitable so you continually heal himself of all sorts of stuff. Yeah. Rock Roman ice cream and potato chips for breakfast and stuff and like, never exercise.

And so he was healing himself well. He was always fighting his embodiment of what he was doing. And so and you know, that that didn't work out for me in the end because of that.

And, anyway, I suppose that's good. Yeah. Yeah. These are just sort of two of the ways that we, that we do in, in this, you know, one is basically using in tools which are information frame order.

And the second is through the My Health device. We're basically we're putting information in on the in on the signal of the my health. And that's obviously the pictures we showed above the normal and the, the burn from the, from the my health device.

My, my story is more of a procedural story, how I go about it. And, let me just tell you more about the sequence. Okay. So, you know, the the whole idea of memory and water, information, water, you know, is had a long history for me.

It started with Hahnemann, who is the father of homeopathy, I'm pretty sure hand, you know, Hahnemann got the idea from somewhere else. I have actually tracked down a very interesting on track it down beforehand, and, But I think the Chinese of Tor talked about memory more and vibration energy for thousands of years.

So maybe handwriting got got some of the ideas out of the East, to say, you know, homeopathy, it worked. It worked pretty well before modern society got so stressful, so complicated and so full of other toxins that I think the, the very, the subtlety of how we have we got, you know, almost lost in that then in the, in the 70s, as basically, a scientist called Jack Benny, who also.

Yeah, he also had a, he was a who's a Nobel Prize, I can't remember, but someone who studies allergies. Anyway, he was he was basically looking at how mast cells react to to different allergens.

And he accidentally had some water, like near an allergy. And bit of housing. Got in the water. And he took the allergy, to the allergen out and all that was left was the water.

Then he noticed that Mark or Marcel was, touching it reacted in the same way. So the allergy was there, and he's like, oh, that's really weird and interesting.

So then started doing a bunch of experiments where he electromagnetically would record an allergy and transmit that field into the water and then see and see how these allergens, would react.

He sent the this paper off to nature. Nature refused to publish it because they hated the only to memory was know

basically upsetting many scientists.

Yeah. So they sent back several. Will only publish it if you repeated three other, universities. Yeah. And and he did and then so then nature had to, they had to publish it, but they had a note saying, you know, but we don't believe.

And then they basically just closed it free for months later. And then he mysteriously died, committed suicide. Well, he actually died of a heart attack. Thank you.

I was the it was the, it was the year after.

Memory of Water and Research Origins

Two years after, and then basically no researcher would, would touch the memory of water, thing because it was just such a political hot potato, you know, because no one wants some nation to destroy your credibility and you never get funding again.

So it sort of died off, in lukewarm tenure. Who discovered the HIV? A, Aids virus in Skowhegan? The Nobel Prize, I think, well, anyway, later in his life, he didn't really, probably care as much.

Or because Nobel Prize and, anyways, actually, in his late, late 70s, he, he basically would take a virus, take an electromagnetic copy of it, transfer it to, a beaker in the beaker.

You'd have, the base pairs of AC to and water. He would imprint the, so, yeah, he would imprint the information of the virus in that. And then, basically the virus would get recreated out of the material with 99.98% accuracy to the original virus.

So that was like 88. It was totally it's totally mind blowing. You know, those papers are on the web. Again, obviously you didn't get any backing. He's actually gone to China now.

So the Chinese government, all financing. And so he chose some of that research. And so I lost him, because we went back and no surprise that, and, but, you know, from, from our point of view, you know, seeing that, professor phrase like 20 or 20 years ago, now, you know, what we for the insight that we had was like, well, we don't care about viruses or, you know, all these other things.

It's like, what if you could record the information of how a healthy liver can we brain, you know, meridian dot at all, is when it's working optimally.

So we just recorded, basically healthy information instead and record sorry imprinted that into, basic mineral, basic mineral water, and that, that became the seed cause and that's, you know, let's say there were ten years and experiments done on me and a few and a few, a few other test cases.

And, you know, that's basically what the random seed was. And they were like 2200 of them. And then we doubled it down to 72 that are in the system, today.

And then, you know, it's like and it's, you know, and it's treated things like more than 120,000, patients at this at this point with that, you know, we get all these great stories back.

But what's more excite, you know, more exciting is like, you know, this year, in fact, I was San Diego University with, Fresno Ito and, Toby. What about, and, you know, they have they have equipment that we just didn't have access, to.

And so, you know, that that they're taking actually, they're taking what we've already got, but they're verifying all of the effects, which, which. Okay. And to me is pretty exciting.

So anyway, here's a video of Professor Hamill. Hi. My name is Hamill Patel. I'm a professor in the Department of

Anesthesiology at the University of California, San Diego.

I have met Harry Massey back in April, at a live doctor, Joe Dispenza, week long advanced meditation retreat that we were both attending. It was my first time attending one of these retreats.

We've been working with Doctor Joe for over 14 months on looking at the the molecular biochemical factors involved in meditation. Joe had been trying to get me to come to a live retreat for a number of months.

I had resisted, but the data was so compelling that I had to go. And it was interesting that Harry and I met at this event where my mind was expanding into possibilities of frequencies and how these could modulate health, and it was opportune, that Harry and I met at this event.

And I'm a big believer that things don't happen by chance, that there is some cosmic force bringing things together. Harry and I talked, and then we've met a couple times after, he's introduced me to some of the technologies in his company, as well as some of the products that they're working on.

And he introduced the concept of infra ceuticals. The fact that you could add quantum entangle frequency into media such as water, and that this frequency would then have various health benefits depending on the type of frequency.

This as a skeptical scientist, I thought, no way. I mean, this is impossible. It can't. That can't be. There's no way you can entangle information into water and then actually transfer it into a living system.

To get an effect. As a curious scientist, I took him up on his offer to send me some of these samples to test in my laboratory, and we blinded all of the tubes and we subjected them to a variety of assays.

One of the assays we did, where Harry will show you some of the data, is we exposed, cells in a dish to, a pseudovirus for Covid, as well as a pseudovirus for HIV.

The cells were pretreated with, this infrastructure that targets immune function. And the effects were dramatic. We saw that with even a 10,000 fold dilution of the entire circle, we saw a dramatic prevention of viral infectivity.

This doesn't happen by chance. And so my interest piqued, we've started, looking at various ways to look at the physical properties of this water. We've done, some rudimentary fundamental tests in my laboratory, and we see that each one of these infrastructures appears to have a unique signature.

And that suggests that there is some entanglement to frequencies into this media. We're excited to see the possibilities for the future, and where this can go and I think, a more famous scientist than myself said it best.

The future medicine will be the medicine of frequencies, and we're very excited to see where some of this medicine and frequency can lead us with Harry.

And their company. So I know you were you you would lead with, Professor Hamill's research at the beginning of the lecture here today. And now we just heard from Professor Hamill.

So, maybe go through on some of the next slides and and interpret that into lay public terms as to what we just heard. You know, he, he, he, he did a bunch of really interesting experiments.

And actually, these experiments are ongoing in the next, a few years. So he's achieved, which is great. But one of the things that we really wanted to know with, in pursuit goals is like, and obviously we have been imprinting them with different information, but chemically they're all identical because we basically make 100,000 of them at a time.

You know, it's a big, big vat of, of water in a, in a, in a, in a pharmaceutical grade clean factory. We had two minerals etc.. And then they're all bottled.

So then we get to live with 100,000 chemically identical bottles, and then we imprint them with information and we basically using, red, green, infrared, ultraviolet, light.

The information is, is carried on the ultraviolet and the infrared, part of the spectrum and the, and then there's all such, you know, 10,000V, electrostatic charge.

So there's a lot of free electrons around that, basically that that's enough to be able to transfer the information into the structured water. That's, you know, basically in each in the but what we want to know is like, well, is there any sort of machine that you can tell us the this imprint is different from this imprint is different from this imprint because, you know, to conventional science, it's like, well, no, that's just all the same.

Anyway, there's a machine called electron paradigmatic paramagnetic resonance machine. That basically, you know, will show different spectral characteristics of tested substances, like these that on the different chemicals and in his is just an example of, you know, what you can see here.

So really the only, the important, the important thing to know is when you, when you're looking at the so sort of the control water is, is there on the left hand side.

And when you're looking at each one. So we got 8180 to 83 here. On these other ones we got these different brain indices scores. But each of these spectrographs are basically all different, which you know, is, is basically is basically pretty well, I don't know if we were expecting it.

We, we because we didn't know that information would necessarily change. The parametric paramagnetic resonance. But anyway, the did so that was pretty cool.

And they're, they're also doing basically they're doing a lot more tests on this that, are basically testing on different days, different different weeks, etc., etc.

Lab Validation and Viral Tissue Experiments

, just to make sure these same, but these are just a few tests that they did, which obviously you know, as you heard in Professor Hamill's video, like he's like, oh, you know, there's some there's something going on here because he wasn't expecting to he wasn't really expecting to see any difference.

But it's a pretty big dramatic difference between each one. Shouldn't shouldn't happen. Is that chemically the same? So that was interesting. And then, you know, the more interesting thing for us is they can basically take actual life tissue.

And, so in this case, they took epithelial lung tissue. This basically just prepared in standard, in standard medium. And then they could we basically we would feed it with the if the in the suit water, in this, you know, in this case it's the the dreaded the trade in for us.

The cannot be named and we're basically then looking at how well of, how well the dreaded, the dreaded virus could, basically penetrate into, into lung tissue over a 24 hour period and just measure that infection rate.

And then they they measure it with, say another very expensive fancy machine look, kind of sparkle. The name, and basically basically they're looking, they're looking for I mean, this just measures the amount of red fluids.

And anyway, it releases a red fluorescent protein inside the cells as the virus penetrates and they can measure the amount of red. This reflected out of that, you know, was was pretty interesting.

Yeah. So this is so yeah, it's within we call it 82. And I say I'm not going to say what it does. And it'll basically anyway, basically it gives, it gives a protective, immune effect.

And the other thing is it's sort of interesting from this is the dilution theory. And, you know, we're not necessarily

sure we need to do more experiments on this.

But, you know, this, this idea in home, you'll see that in the more dilute something is, the stronger it is. And and in our emphasis research have found that we've actually, you know, from a pure in each gland, we've actually found more drops can have a, like a stronger effect.

But basically, from what we could see on lung tissue, only really all that mattered is the is the message and, the information, it didn't actually matter the dilution.

But he also said, because we're doing this directly, directly on the lung tissue, it could be a much bigger dilution, you know, and with drops in the whole, in the whole body.

So there's more research experiments to do that. But but it's but it's it's interesting. But the more amazing thing is the effect, this is pretty amazing.

So I just want to put a big asterisk that a highlight and an exclamation point here for everybody. You just said that. So nonchalantly, Harry, but I know it's it's not something that we could broadcast on high, but in this, in this summit, I definitely want to bring attention to this because this is big, you know, this two protected against viral infection rate.

I mean, in tissue. This is what was found. This is science that you actually we can report on it in that it's stopped the replication rate of the virus du jour.

And that's a big thing. So I just wanted to give a little bit more emphasis to that slide. Yeah. No it's pretty it's pretty wild. And I, I mean the next one was even yeah.

I mean this one was actually even stronger. I mean, this is like a 50%. I mean, this is basically, you know, not that you would necessarily want to infect among with, with any with an HIV virus, but basically they made it because they had some HIV virus in, in the lab.

Again, we're not making any, any claim here whatsoever. This is just an experiment in a lab. But basically it was able to slow down the infection rate of, of HIV, like double basically, you know, kind of a cut in half, which is, wow, pretty pretty interesting.

You know, we haven't I mean, because we're, you know, a slight, a slightly delicate area. And like, in the world of apologetics, really, our whole thing is to correct, you know, correctly, information of fuels and energy to really help the body heal itself, like, you know, so it's a little bit it's a little bit delicate, but it will I think you can see the, the, the, the power of this basically.

Yeah. Well put, well put it there on any papers written on it, which I think will come out in 2022. They won't, they won't have any have the company, you know, any other products reference because of, because of claims and all of that.

But yeah, you you have to read these papers. Yeah. So, you know, you might you might be wondering how we're encoding some of these things. Now. Well, there's actually a lot of different methods for encoding and how we encoded information in, in this with these phrases was a little bit different to this.

I mean, this is just a nice, nice example of, of how you can encode a, a chemical and say mostly investment or encoding chemicals, because we're really encoding the healthy blueprint of how tissue is, but in this case that you, we took, you can take aspirin, you can put the toilet, you can basically dilute aspirin in a, in a vial.

You can shine like a red laser through, use the red laser to pick up the information from the from the aspirin, like the molecular structure. Record that.

And then you can basically, you know, we then send that to the printer, and then you can, basically print blood. So

basically, you know, on the right hand side here, we've got, we've got a slot here we go to, slide to, to to draw some blood.

And basically the one that's the way you can see the blood sliding off instead of using like real aspirin. We're basically just we've basically again just given just given the person.

And in the Sudoku, either the information, they're just drunk glass of water with the aspirin, the digital aspirin imprinted in it. And then the blood basically, basically ends up, this is and, you know, the, the one before is that blood before they drink the digital aspirin and so they can see it for looks.

It's just it's just another good, like, visual, you know, visual of doing it, kind of proof of concept, for your concept. Yeah.

Closing Summary and Call to Explore

One of the other experiments that was done with digital aspirin was with, another British researcher, where they would basically take, take two vials, put yeast, sugar and water, in both of them.

But then they, then they would basically imprint one of them with digital aspirin. You see, on this graph, below that, basically the, the one that was imprinted with digital aspirin.

Basically let it basically lower the amount of yeast growth, you know, that I was time periods. Because basically the lower the sugar, like the sugar levels.

So these could burn off. So, you know, it's just another visual demonstration of, you know, of how something like, well, basically health field could affect biology.

You know, ultimately just try it yourself really because it's, that's the better way. So I think I'll, you know, ultimately, to summarize, it's really down to a couple of things, but basically an if you if you correct the information and you optimize your energy, that's based, that's basically how you get health because, if you if you exchange, if you exchanging energy and environment, you've got plenty of energy available for heat healing.

And you've made your body's, you know, control system more efficient, basically by providing with the, with the right information. Pretty pretty much the body says a body is a most miraculous dot.

If you give it the energy and information it needs to heal yourself. And, you know, that is the message really is like, you know, we can all well, we can all fuel cells, but really just supporting and helping and helping a planet that is that's the key, giving the body the information it needs to heal.

So thank you so much for that presentation. And that was a ton of information. Yeah. The the only thing I would add to that is, you know, if that if that's of interest to you and you want to try out, you know, you want to try out the system.

Interested in being a genetic practitioner or coach. You know, on this I know somewhere on the summit page will be will be a link for further information.

So just go check that out. Definitely check check it out. Click the links. There's so much information out here and we're here to support you. So it's definitely, we're very passionate about it.