BioGeometry: Practical Applications of Life Force in History, Health, and Modern Living Transcript

(Transcripts are generated by AI and may contain errors)

Introduction to BioGeometry and the Guests

Hello there. I'm Dr. Sue Morter, back again with our DrTalks and we are thrilled today to be bringing to you a conversation that I know will have deep and rich meaning in your lives.

When we start to understand that there's more to us than meets the eye. and yet another, perspective. And so today I have with me, the esteemed duo Dr. Ibrahim and his daughter Doreya Karim.

And they are, just truly solid, amazing individuals. And in the works of, bio geometry, which I look forward to sharing with you some things about that.

And first let me just introduce them. So Dr. Karim is a, is a PhD and has done much, much study in terms of pioneering work of architecture and industrial design, in terms of how to make subtle energy work in our favor.

In other words, the shapes and the geometries of the world of our existence here and how we can build structures or live within these structures to facilitate the movement of energy through our own system so that it can facilitate healing.

Now he was chosen as man of the year, in a Swiss magazine for successfully, mitigating the impact of electro smog in Swiss regions. And Swedish TV also acknowledged him as one of the 20th century's top 100 inventive designers, an amazing individual.

Furthermore, he supervises postgraduate studies in bio geometry applications at multiple universities and has authored three books one Hidden Reality, the Bio Geometry, Physics of Quality, bio geometry, signatures, harmonizing the body, Subtle Energy exchange with the environment, and back to a future for For mankind.

Now, doesn't that just sound interesting right off the bat? So don't worry if I'm saying, you know, bio geometry and you're not understanding what that means. Don't worry.

We're going to dive into that. And, Doreya is his managing director of bio. the bio geometry Energy Systems Limited in Canada, where she has numerous bio geometry research projects and applications and is a vital player in the bio geometry research and development team, which aims to reduce all forms of environmental stress on biological systems.

So Doreya has been working directly with doctor Karim for, as the founder of bio geometry for more than 12 years, and has had the opportunity to apply these concepts in numerous fields such as regional environmental, electro smog solutions and architecture and industrial design and music and and animal farming and agricultural improvements as well, and serves as co-director of the Design and Education department.

So she too is a powerhouse in terms of this information and how we can bring this forward, truly, to help mankind in ways that we used to know eons ago and we've forgotten along the way.

And these two, amazing individuals are doing everything that they can to bring it back into our living, walking, talking and healing environment. And so they're both lecturing and teaching.

Hundreds and thousands of people are responding to their great work, and that's why I wanted to bring them to you. I interviewed them and another talk show that I have, Healing Matrix.

And we absolutely fell in love. It was like, he reminded me of my father, who was a brilliant researcher and a

scientist, you know, from day one. And, and so when we got into the conversation, I could barely sit on my seat.

What BioGeometry Is and How It Works

So, looking forward, without further ado, let me bring them both to you. We have them on one screen so that you can see them both at the same time. Welcome.

The two of you. Welcome, welcome. It's wonderful to be with you. Thank you for having us. Yes, indeed. Okay. American daughter on the other side, the.

Yes. I'll be that any day, any time. It's wonderful. So, so first of all, I know everybody's going to want to know what is, bio geometry. How can we begin to understand what it is, this massive thing that you're working with and how it can affect us.

So can you just explain a little bit about that and how it relates to lifeforce? What are the origins and the foundational properties of this energy? And how might we, start to relate to it?

a little bit more? Well, I think. The founders, Yeah. But I think since we're you're the majority, the ladies maybe go ladies first. two gentlemen I follow.

I'm sure I will, go ahead and, and, and introduce it a little bit. so by geometry, if we, if we break down the word by geometry, so if we look at bio, this is the concept of life force that we're going to be touching upon.

and then, geo Earth and metric, measurement. So measurement of the life force of the Earth, we're not just limiting it to the Earth. Of course, we're looking at the human body and the energy exchange of, the human being and within the environment.

So I'm going to just step back, and I think I'm going to talk about the whereby geometry came from how it originated, and I'm going to be saying it from his perspective.

He can jump in at any point, but I do think it's the best way. to introduce it. So, coming looking at, by geometry, of course, founding the science. My father had a huge, subtle energy background.

But when we look at all different types of vibrational practices, out there, it doesn't even have to be doing. You don't even need to say vibrational practices, even medicine, all types of healing.

These are related to balancing the body. So from what we call the French or this desire perspective, we look at energy qualities as colored qualities, but from different in different fields.

You may look at them as things like yin yang for example, female, male, and when we look at those, we consider those as being the energy qualities that are on the periphery of the circle.

And we try to achieve balance by sometimes we might have an over function needing to apply a certain energy quality to bring it down, or an under function needing to apply certain energy qualities and and lift it up to try to achieve this perfect balance within the body.

Now by geometry takes a completely different perspective, and that when we look at where these energy qualities exist in a circle, this is actually if we when we draw a circle, we start measuring the energy qualities we find these in the periphery now by geometry, is interested in accessing the energy quality that we find at the center of the circle or at the center of any shape, including the shapes of the human body.

And that's also an energy quality that we find in sacred power spots that are known for all types of healing, that also go beyond a dosage effect, and go beyond having to do a diagnosis.

And so this is why we refer to it as a centering quality, because we find it in the center of a circle, and because it

brings all of these polarities that are on the periphery of the circle, holds them all, brings them all into a natural balance.

And so the work of my geometry was actually finding out, what is this energy quality? It's an energy quality that we call Bg3. And then the work is all about how do we recreate this energy quality, how do we access it in our life?

How do we add it to the environment? And then this actually brings the doorway where we're not, just finding how we can explain spirituality in a scientific way.

Instead, we are using a spiritual energy quality practically to achieve results. And in that, I mean, I think in the introduction, we mentioned the electro smog solution.

one of the great things about the electro smog solution is it actually showed us how about, 80 or 90% of the problems that that community was facing when we applied by geometry to the environment, went away.

So it showed us the impact of bringing that centering quality into the environment, what it can do for our physical, mental and emotional health. And, and I think this is also a good time to mention that this idea of, of kind of imbuing all of these communities, with, with bg3, for health benefits is actually following the principles of ancient Egypt, for example, which was one of the things that we touched about things that we knew before and we're bringing back now into, architecture, town planning and design.

You know, I know that as people are listening, to this, this phenomenal, juxtaposition of concepts and, and that it is based in geometry, geometries and measurements and that it is tangible and very left brain satisfying.

I know that they're also probably by now already wanting to know, okay, how do I put that to work for me? How do I what can I do for myself to benefit from what we're discovering, what we're rediscovering, what we're knowing?

How can I can I allow myself to move into a healing disposition because of knowing about this, this, this dualistic version of me, the version that has the issues of having been traumatized at some point in my life, and now the desire to align that version of myself with this higher vibrational, more holistic version of myself that is that which belongs to the universe.

What can I do to embody, to integrate, to infuse these two into one? Because the assumption would be that that would help the personality part that has the problems, the issues, the story, the history to begin to feel and sense a greater sense of well-being and really propagate healing in my own architecture.

So any input on that, that you can give. Well, okay. I can say, a very important aspect here. If you want to work with the healing aspects of life force, you should actually not work and produce and build within the sensory dimension.

But you should actually start thinking of how your buildings fare into the multi dimensional, existence, because that's where life forces you. I'll give you a simple example here.

when we say geometry, geometry has to do geo Earth metric measurements. So it has to do with geometrical shapes. Now geometric shapes are usually, understood or perceived through their periphery.

Because you see a geometrical shape by the lines, you see the platonic solids by the number of lines there. So it's the lines that you see that give you the geometrical shape, that is the domain of many things in the sensory world.

That's the domain of sacred geometry, that's the domain of all those things.

Ancient Egypt, Archetypes, and Multi-Dimensional Healing

But the moment you see bio, you have to leave the periphery. You have to forget about the external shape, looking at shape as external shape, and you have to dive into the center.

Once you you know how to dive into the center, the external shape is irrelevant. It doesn't exist anymore. So now the trick is ideas. I have a design language in which whatever shape I create is not made to keep me interacting with the shape itself.

But I'm creating shapes that have the function of taking me, propelling me through the door into the center. So the shapes that do that are not, governed by sensory perception.

They have to be shapes within the extra sensory realms, because that's where they have unlimited interaction with the center. And actually all disciplines, if I can sort of summarize them.

And one thing I can see, or healing modalities somehow bring the optimum healing possibilities within the subconscious multi dimension reality into the sensory realm where the problems are.

And in so many ways the centering process will produce the healing here. But what happens is you put the material or sensory aspect, you put it into the subconscious, put it into the center, sort of gave it the full life force there and then put it back here.

And that's imagine this is being a journey of healing. So we're taking a, a distorted geometry that has been distorted because someone is holding it in a distortion based upon their sensory perceptions and the conclusions that they've drawn about themselves or about life or what have you.

And you're saying basically if we can get them to the center of that shape, they have a better chance of perfecting or rectifying the distortions in the geometrical shapes that they're creating or co-creating in their lives based upon holding on to the past, or worrying about the future or or distorting their energies in ways that don't allow them to live from a more sacre really harmonized geometrical construct.

Is that is that in alignment with what you're where you're coming from? Also add the the ancient Egyptians did that very literally in the sense that they would take an archetypal statue, or an archetypal really f on a wall temple.

And what they would do is they would do these, archetypal proportions and actually start drawing in features of the Pharaoh, for example, to literally connect them to these archetypal templates in order to bring that centering quality.

Because, as was mentioned, it comes if we if we look at it as coming through all of the different planes of nature, from the centered down to the physical, that includes the emotional, mental, up.

And so they would literally connect you to the geometry that allows that emotional, mental and vital level to be balanced. Because if we talk about that archetype of what we're referring to when we say the archetype of level, we're referring to that level from the right, from the spiritual to the mental, right before we go into duality and, and polarities and so get access to that doorway.

That doorway has within it the universal laws that automatically balance the emotional, mental and vital levels. Of course, having effect on, on the physical level.

Yeah. I want to say that if you use, the archetypal quotes, I know the word codes means a lot to you. yes, indeed. Yeah, yeah. If you use archetypal templates.

and these are the templates through which, energy moves in the evolution of nature. So once you take that perfect archetype and then you make, let's say, a human body statue based on the archetype.

Now by materializing the archetype, you're actually building that statue in the 98% in the holistic dimensions. So that statue now is actually as effective in the material world as in all the other dimensions, because it's archetypal.

Now, what does the word archetypal means? Means that it brings the spiritual energy, in whose function has been sort of tailored by the shape. And it brings that into our world.

Now, the ancient Egyptians, knowing that they in the burial, chambers, for example, they would have the mummy there and then your energy body that they called the car would sort of usually your energy will be there for 3 or 4 days before it dissipates and your soul will continue its journey.

But they wanted the energy body to stay there permanently, sort of giving energy to the mummy and protecting it. So how could you do that? The body cannot replenish the the car or the energy as it did in life because it's not eating.

So they bring all kinds of offerings, food and drink and all that every day. They have to put those for your energy body, your car, your shadow to come and replenish itself from the foot and then play its role of protection, because one of its major role was to protect the mummy and things like that.

But then on, they found that actually, if I had the archetypal dimensions of everything, I didn't have to give it an extra food and drink. I could draw all the archetype figures on the wall, and I'm already connecting through resonance with the archetypal dimension, and I get the energy I can draw on that building, get this energy I draw, this gets energy.

I throw all kinds of things in nature. And actually they would be energizing the mummy straight away. without having to bring now physical fluids and things.

That's the connection of the caterpillar world. Another thing that those figures would do, they would actually create a connection where you are in your tomb, you are in heaven on earth, because all the design trees, rivers, fish, flowers and everything that you find on the walls, create an archetypal template that manifests in the tomb.

So you have the afterlife being present with you in the tomb through working with both sides, you see. So it's that it's that's what you do. That's what the ancient Egyptians did.

They worked what they built, what they did. Every letter in their speech, every hello, grief is actually from the multi-dimensional issue of conscience.

It should have its full effect there. And only secondary effect in the material. dimension. if you do the opposite, you are doing something that will die with the material dimension.

But going this way, you have a sort of a, an eternal presence that is here and continuous afterwards. Yeah, it's I know I get so excited about that conversation because it it appears that it was sort of a gateway that they were they were, you know, constructing to enter in and out multi dimensionally, from here to there to here to there and kind of piercing what we would call a veil, you know, so I want to try to, you know, drop this into what can people do to facilitate utilizing this this brilliant information in, in sacred proportion and sacred geometries.

do you recommend that they look at images of sacred geometries and surround themselves with those types of, of proportions energetically to help them heal when they're struggling?

I know I work with the star tetrahedron and the the flower of life that is, that is, you know, a sacred geometry and very foundational aspect of entered dimensionality, that I experience in my own meditative practices regularly.

And so I bring that forward and teach, the people that I'm working with in our community the how to, how to work with those shapes. And I also teach a Body Awake yoga where I'm putting people into sacred geometrical positions through yoga asana, which allows for this centering that we're referencing.

Practical Ways to Use Sacred Geometry and Centering

But I would love for anything else that you can add to the to the mix, to the conversation, for people you know at home, in their own, in their own realities, in their own worlds, on a on a regular basis, what they can do to truly benefit from this brilliant truth that is dropping into their lap right now.

So any is there any, any recommendations that you offer people to work with these geometries in particular ways? yes. I can tell you a direct, example of you mentioned the stuff that's so hidden.

Now we have the sacred geometry figures. Okay. The sacred geometry figures, they are here in the sensory world and have because as connections to certain qualities and things like that.

But they are here. Now, what we should do is once let's take the subject to heat. And once that have to started to heat through, it is a good entry because it gives me somewhere to enter.

It creates, a housing of something, you see. So I move into it. I go into stuff to treat it as if I'm going into a house, into a temple. So just in your consciousness, you're just in your mind's eye.

You're moving yourself into the other. Yes, I see it in front of me. Then I shift and move towards the center. So I look at the center and shift slowly, slowly moving to the center of the temple, which at the started to return.

Once I reach, how do I go to the center? Once I reach the center, I would find that there is a sort of a rotation, a spiral rotation that starts to take place.

That means I have put my foot in the doorway already, to go up. And if you are doing that with time, you are going to see something happening. You're going to see, while you're doing it, that there is a certain rotation like that that starts happening to your body because you are now caught in the vortex too, and it's pulling you up in the center.

This is what it's also meaning. You left linear time and you went into multidimensional time. The ancient Egyptians used to call multi-dimensional time.

Nash. Nash. And the word they used today in Arabic means when you do this, you know, when you just rotate a bit like that. And so, you know, you're in that's, you know, when you're sort of preparing for something replenishing, but in reality you're connecting to multi dimensionality.

So you're going to feel this feeling of your head turning like this. The moment you're at the center of started to the moment you feel this. Now forget about all geometrical shapes and the only geometrical shape that will take you to the other side is the vortex is rotation.

So now once you're into the rotation, you're going there towards the center and there all the harmonizing principles in nature will manifest themselves in your body.

So at the same time, you're healing everything in your body that's slowly you don't have to, go out of the center now. It will happen automatically. You stay in that, you stay in the center.

And then after sometime, once you feel that you're coming back, slowly, slowly you start seeing again that you're inside of the subject there, and then you come out of it.

So this is an important exercise that we do. I also say another practical thing. that's easy to access. We work. We haven't, we have a lecture or a lesson in our teachings that we call repairing the correct steps.

And this has to do again with visualizing certain geometries. because we would like to access centering these events from an abstract level. because obviously when we try to do it, just through our thoughts, we're dealing with a very polarized way of thinking.

so of course, in that lesson, we do go in and we explain, what it is that causes, a cracked step, so to say, on the emotional, mental level. And we explain that it's it's our judgment.

So the only person that can crack step in our energy system is us. regardless of whether we're, a victim of the event as well, it has to do, with our judgment and then not an overcoming that has to do with not being trapped in a specific judgment.

and this is something we we spend some time on. And one of the things that I think is always very, important, that's, I quite obvious, but but we don't spend enough time talking about it.

Is that the emotional and mental level deal with resonance, while the physical level deals with cause and effect. So with that goes to the first analogy where we're actually even when we talked about ancient Egypt and that they were going beyond the veil.

When we look at that, we say our emotional mental level is already in resonance or exists in that level beyond the veil. And it's our choice what kind of emotional mental quality we are resonating with and bringing into this experience.

And this is important as well for, for people who like to do work on a past life, for example, or think that there is an issue with that, that that past life exists on the emotional mental level.

So that exists now. That's already what we're working with whenever we're doing that resonance work. So we don't even when we're doing repairing the correct steps that exercise we could go but before zero.

But we don't need to because we're in resonance with it now. And so this is what actually allows us to change that event. And so geometry is one way to do it with the visualizations and another way that another visualization that is easy to do, is we have to remember that we have access to all of these power spots, and they've been used in traditions, since, since ancient times.

And they exist all around us. So we can practice shifting our emotional and mental level and connecting it to these spots. So this is a process we call by location.

in the beginning when we do this, we do it through measurement to make sure that we have visualized a spot that's really balancing that, emotional mental level.

But it becomes for for some people who maybe, visualizing the geometries doesn't come as naturally if they've spent a lot of time in these spots. This can be this can be a little bit easier of an entry exercise that will center the entire, body once.

And it doesn't have to be, sometimes it doesn't even have to be a power spot. I mean, one of the, the the really great things in hidden reality that shows everybody that they have access to these power spots actually has to do with, shadows of natural objects.

So a shadow of a natural object on a natural ground, we automatically find the centering quality within it. So being able to spend, even if we're doing, some of the I mean, you mentioned putting the body in specific yoga shapes, I deeply we could go I mean, I know you're visiting Egypt and that's a profound experience.

And well, you know, people who get to do the meditations there and do these exercises, there's is amazing. Of course, it's unbelievable. But, you have access to it if you can just go to a shadow cast by a natural object on a natural ground and do the shapes there, then automatically, when you're opening up the energy system, you're opening it up to a very centered environment, which we found to be very important because we've seen that a lot of people do practices without being aware of the environment in which they're opening the subtle energy system.

And so this is an example of a very simple way to open it in a centered environment. Yes. I mean, the red just mentioned that important point here. If you want to have a look and see into your 99% of this universal subconscious, timeless, eternal domain.

Now unfortunately, the, right brain mode, it's not localized, it's not right brain or left brain is there are modes of perception. So the brain mode of perception, and that's the sensory modes of perception.

Today, cannot go through the veil and look into the subconscious. So they can only do it through translation because the subconscious has no linear time and space and and, conscience has it.

So everything has to go through translation. Now, you want to see your subconscious and walk into your subconscious step into it's a very easy thing to do is put your back to the sun on a natural surface, like the red.

Just sit and then your shadow will be in front of you on the ground. Now perceived reality is where all the rays of the sun are reflected. You see, when the rays reflect on objects, you see other objects.

So your perceived reality is the reflected reality. Actually. But the 1% that reflects on your body gives you perceived reality. Now, what about the 98% that don't reflect?

They go through your body carrying all the subconscious information of your body, and they're in front of you in your shadow. So you can actually do any exercises, do any measurements, search for information, do whatever you want.

Your shadow is actually the multi-dimensional you right in front of you. And you know, I love this. This is it's a fantastic thing. Yeah. And, fortunately, people not all people know that.

Otherwise you would have to protect your shadow, you know? But, Yes, but this is showing you that multi-dimensional exists right there in front of you and in your shadow, you see, and, another thing is, on a multi-dimensional level, you don't have the linearity, meaning you are in an eternal presence, you know, a past future, and everything is eternal.

Shadow Work, Time, and the Physical-Spiritual Connection

Is all the time your internet present, when you are in a state of eternal presence and that's in your subconscious state, you can actually take things energetically, take them forward in time or backward in time.

Just like moving this cup you see from here to here, you can just move it in time and space. But that means that once we go, we work with that level. Any energetic information or anything, I can move it forwards or backwards in time.

So now I can actually and that's what The Real spoke about the crack steps going back actually. What happens when you go back in your crack steps. You can actually move energy from here to yesterday or from here to tomorrow.

You can move it anywhere. And the thing is, while moving from one dimension to the other, you're at the same time harmonizing it with life force because you are moving.

Your motion is happening in the 98% of what life force is balanced and holistic, so you're not moving into the physical reality. Your life force could be distorted now by moving on that inner dimension.

You're moving and healing at the same time. See? So if you, for example, had a meal today and you feel, I'm not very good, why did I eat it? You know, something must have been wrong with my meal.

Now you go back in thoughts. Now, when you go back and forth, that means you're entering your subconscious because linear time doesn't go backwards and forwards.

So you go back with your thoughts until you see the plate in front of you that you had this morning. And then you can take whatever device you can take any other device and start measuring everything on that plate to see what is the thing that disturbed you?

what. Is the thing that disturbed you? You can correct it. Or by the fact that you're looking at it in the subconscious level. If you stay long enough, it will correct itself.

Now you've corrected it, then you come back here, and then whatever you use to diagnose your self or feeling, all of a sudden the problem is gone. Because you said this.

This might have a similar application. Excuse me. I just want to jump in. I mean, to interrupt you. in your brilliance, I just know it. We're we're coming down on time, and I want to make sure.

So someone could not only do that with something that was upsetting from a meal, but something that was upsetting in their life and observing their response to the.

That's the correct answer. I think if I had to. You know, go through all of that just for a minute stuff, I'm making simple examples. But the interesting thing is, what about doing the same thing with the future?

Yes, exactly. What matters. Because in that dimension, emotional. Mental level. Emotional on the emotional mental level. Yeah. You see you can go backwards and forwards and it's this means from a scientific point of view, that your emotional mental energy is not within the electromagnetic universe.

You live in. and that's the universe you live and moves at the speed of light, but it's directional. Okay. Anything that does not do this, for example, your thoughts, your emotions, they can go backwards and forwards or that meaning they are faster than the speed of light in a dimension that is not electromagnetic anymore.

See that's the power. Knowing that I, I can move forwards, I can move backwards. So the this is the beauty of multi dimensional thing. You know. Something just to add as well to round out because I know what we're getting at the end of the the time.

But in all of our explanations we talk about something originating from the spiritual to the physical. And I think this is a in subtle energy, people tend to see the physical as the lowest level.

So I do want to add that from a geometric perspective, when we look at what the what the the level that's most in resonance with the spiritual is it is the physical.

Those are the two sides of the same coin. When we look at them from a geometric perspective, with the circle being most in resonance with the physical and the dot being most and resonance with the spiritual.

So this is, extremely important to understand that some of the things that have the biggest are actions on the physical level, have the biggest impact on the multi-dimensional emotional mental quality.

We tend to to forget that as well. And that's actually I mean, when you're talking about the yoga practices and different things like that, it the present being in the present moment is, is extremely centering to these levels.

When we understand that what we're perceiving in the present moment is our multi-dimensional nature and everything we perceive. Whether I'm looking at a glass here, I might think I'm just looking at the glass, but I'm projecting, I'm projecting my emotional, mental, and spiritual quality.

I'm perceiving it when I'm looking at this glass. So this is the same thing when we're doing a practice in the physical. It's one of the easiest ways to be in resonance with all of these levels, but aware of their quality.

so it's what's in the consciousness while we're moving. What, what what gate, what gateways we're opening and allowing that multi dimensionality to be present in, in the movement allows for transformative qualities to be all the way here to our physical life.

I think about this physical connection. You know, that the archetypal shape, the archetypal template manifests itself in the physical shape. See that means that the physical shape is actually a spiritual construct.

Yes. A physical shape is a spiritual construct. That's why ancient Egyptians looked at everything in nature as sacred. Yes. Every human being is sacred.

His actions might be bad, right? But the essence is sacred. And now, once you know that, we, we can that's that's simply by looking at, something we did before together with you.

If I bring a wooden statue, the shape of the human body actually will show the chakras, because that comes from the template. And if it comes from a template, that means it will form the chakras that connects it to the templates must be found in it.

So if you get that shape on a physical, thing, like a statue or something like that, you will find that the statue has chakras. That means that the statue is alive on vital emotional mental level, maybe not on the physical level, but on all the other levels up to the spiritual.

The statue is alive. And that's the secret of the shapes in nature. Yes, I know that even in ancient India and the deities that were built upon these sacred geometries, when they were properly constructed, they also carried, you know, they understood as what spirit carried down from ancient Egypt.

So how beautiful. Oh my gosh. You know, I could just talk to you forever. In fact, I think we're going to have to find another way to. Say it now with you isn't enough, because we were going to say, and I like that.

Or we go, yeah, yeah. Yeah, yeah. So we have to figure out a way to do that, in a more extensive way. But, but for right now, I just, I just want to thank you so much for being here.

And and also, I'd love to know to to let people know that are watching how they might find you or what what you mentioned courses or classes that you teach.

Is there anything that you can share with people so that we can help get this? Brilliant. into the hands of more and more people around this world famous domain?

I mean, they website biogeometry.com and you. Biogeometry.com. We'll make sure. You mentioned in the intro. Yes, absolutely. We will make sure that that is in front of everyone.

And it is always so flourishing. The wonderful time that I get to spend with you. And I'm so glad that we got to share it with, literally millions of people around the world that will be, watching this.

So, it's a great, great joy once again. And we hope to find another way to connect with you, very soon. Okay. So blessings. Bye bye for now. Thank you so much. The audience. Bye.