Biohacking: Your Pet's Route To Overcome Chronic Diseases Transcript

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Introduction to Dr. Marlene Siegel

Well, I am so excited to have my dear, dear, dear friend Dr. Marlene Siegel, the segment on the Breakthroughs Cancer Summit. And you have been helping our four legged friends in ways that nobody else have been able to help, help, help them.

And tell tell the audience a little bit about yourself and your, you know, how long you've been in the field and what you do. Thank you. Thank you for having the fur family represented in your summit.

I really appreciate that. So I've been practicing almost 40 years. I started when I was two, just in case you're doing the math. And for most of my career, I did my first 15 years of standard allopathic medicine.

And then I had a life changing event that happened to one of my horses. And it caused me to seek other answers. And I was told by equine veterinarians after this horse, it saved my daughter's life in a riding accident.

And she was having problems. And I went to fix her and they said, you know, I'm sorry, doc, but she is never going to be safe to be ridden. She'll never be a show horse again.

And your options are to put her out to pasture or put her down. And it was those words that nothing more could be done that I just refused to accept. And B, I just said, there has to be other answers.

They're just not in your toolkit. And they weren't in mine at the time either. So I made a commitment to myself, to my career, to my patients that I would never utter those words, that there's nothing more that I can do.

And for the next, almost 30 years of my career, I have been seeking answers where none existed. And I took information from the human side, applied it to the animals.

There was no roadmap. There was no path for me to follow. It was truly forging way new pathways. And I had phenomenal mentors along the way. On the human side, people that really helped me to learn bio regulatory medicine.

And that means that we have to learn the biology in veterinary school and human medical school. We're taught to name it and blame it, and we're really good at naming it and blaming it.

You know, we can we can identify the symptoms, but we don't identify the root cause of disease. We don't really understand how the biochemistry and the biology of the body work in order to be able to assist it.

Because at the end of the day, we're not fixing anything. What we're doing is we're allowing the body's innate intelligence to do its job. We're monetizing and maximizing these biochemical pathways that are already in the body.

We're not creating them, but we're not living a lifestyle anymore that allows these pathways to work.

From Conventional Vet Medicine to Bio-Regulatory Care

So it's our job to figure out what are those pathways? What are we doing to inhibit it? Why are there deficiencies, those essential nutrients body needs to do it, meet body needs have to do its job.

And what are the toxicities that are keeping the body from being able to do its job? And why is the mitochondria having dysfunction? These are the three principal things that we should be looking at in medicine toxicities, deficiencies of mitochondrial dysfunction.

And when you keep it that simple, it really becomes pretty easy. You just have to allow the body's innate intelligence to do what it knows how to do by giving it the things it needs and getting rid of the things that are blocking it.

It's not that hard, but we have to change our lifestyle in order for that to happen, because if we continue to do the things that we're doing that cause the problem, we're going to get the same outcome.

That was Einsteins comet. You know, insanity is doing the same thing over and over and expecting a different result. But he also said that you can't solve problems with the same mindset that created them.

So we have to be looking at our lifestyles. We have to quit pointing the blame finger away and look internally at what are we doing that is harming, what are we doing that could support?

And then what lifestyle changes do we need to make in order to be healthier? It's really just a choice. So you have I mean, because there's always you you have veterinarian medicine and then you have human medicine.

And here you're saying that a lot of your mentors that you've had have come them from the human side because you had to kind of forge your way in veterinarian medicine.

And one of the things that you I mean, people fly from all over the country to you with their animals is I mean, like integrative cancer care in regards to animals.

So so how, you know, looking at cancer in animals, I mean, what is your explanation? What is cancer? I mean, what what is happening in an animal that is causing that cancer, too, to take root?

I love that question. And I get to tell that to my patients, my human counterparts all the time. So basically, cancer is a rogue cell. You know, we have all these cells that are supposed to be communicating with each other through the fascia, through the water, through the structured water.

And imagine an army where one of the troops is sent out into a forest and their communication system gets cut off. Well, what are they going to do? They're going to lay down and die, or they're going to try to do something that allows them to survive.

And so a cancer cell is simply a cell. It's our cell. It's not a it's not something outside of us. It's our cells that have lost their normal communication.

They don't know when to die or turn off. And so they do what anything would do. And that's to keep growing if they haven't had a different signal. And so they're literally our cells that are growing without a communication.

They're not talking to the rest of the organism anymore. They're just going off and doing their own thing. And it's really the last stage of degeneration.

They're just trying to survive because the terrain, the environment where they're growing, it has become so toxic that they're trying to survive within that toxic regime that they're living in.

So when we can create a situation where the body then communicates back to these cells and the normal pathways that tell damaged cells to die, when that can happen again, then we're able to actually resolve most of these cancers.

So the question is always, if we just change the environment, we just change, you know, we talk them out terrain. It would just change the terrain. Obviously, it is a different environment that the cancer, you know, did not originally become in.

But is that enough? Or do we have to deal with cancer head on in addition to then changing the terrain? Yeah, it's a complex type of conversation because, one, we have to change the terrain and make it a healthier terrain.

And that's not necessarily a simple project. And then two, we have to make sure that the body has all those essential nutrients it needs to do its job, its vitamins, minerals, fatty acids, amino acids, the right microbiome.

You have to have the right organisms in on the body to be able to do their job. We have to have good structured water in our cells for that communication to take place.

The fascia, the the glue between the cells that has to be working. We have to be able to detox. Right. We have six organs of elimination. You've got the kidney, the colon, the lungs, the liver, the skin and the lymphatics.

And for most animals and people, they have massive congestion in their organs of elimination. They literally can't get rid of toxins. And for animals, I don't know.

You can answer on people, but at least for animals, we find a majority better than 85% of the animals we deal with have liver and lymphatic issues. They the liver is not working effectively and the lymphatic isn't working effectively.

So we have all of this. It's like a perfect storm. It's not one thing. It's a combination of things. Look at deficiencies. Vitamin D, just as one example, we have 85% of animals eating a kibble diet.

And that's a, you know, the little dry thing or canned food that's been processed, which is a majority of the food being fed to animals in today's world.

85% of those animals are going to be vitamin D deficient because the food is vitamin D deficient. And that's because animals, carnivores do not get vitamin D from sunlight.

What Cancer Is and Why It Develops

They get it from their protein. So if the protein that they're eating, the cow, the deer, whatever was in that can came off a feedlot. It wasn't in the sun, in the herbivore that's in the food is going to be vitamin D deficient in the carnivore.

Eating the herbivore is going to be vitamin D deficient. So it becomes this snowballing effect. The vitamin D is important for the body's innate immune system.

So imagine you have this this section of the immune system, which is supposed to do a lot of work and it can't do its job because it's missing the cofactor that actually runs the system.

So vitamin D and magnesium and a majority of the animals we test are deficient in vitamin D and magnesium. And that's the thing as human beings and some of us are better than others, you know, we run different labs to check and see the status of our health.

You know, how we do like a skimpy check for liver, kidney. We check, you know, some nutritional like vitamin D, you know, our CBC to check white blood cells, red blood cell and all these things to see our studies.

But frequently, you know, animals, we don't do that. We just assume that things are okay until all of a sudden there's a tumor there or there's something going on.

And we we are not doing anything preemptive. And I would assume that that becomes important for animals as well. Absolutely. And it's really a shame because traditionally trained, we're not taught that we should be checking for deficiencies, vitamins and minerals, that we're not taught to test for toxicities either.

And heavy metals is one example is a huge problem in animals. When I did a beta study there was oh, we did over 200 animals and we found that over 80% of the animals we tested had four or more significant levels of toxic, heavy metals.

So when you're talking about the testing, since the traditional veterinarians aren't taught to look for deficiencies or

toxicities, they're treating the symptom.

But the symptom isn't going to really get better until you actually fix the biology. Where the immune system can work again with the organs of elimination can work again.

So I have a program that teaches veterinarians. I also have a program that teaches pet parents because it's the pet parent that is really they're the spokesperson.

They're the one that has to advocate for their pet. And so it's I think it's very important that the pet parent learn what is actual good medicine for their pets.

There is not a single pet parent I've ever met that is excited about poisoning or killing their animals sooner than later. Nobody does that, but they don't know what to ask.

Or they're going to the veterinarian because they trust that that that industry has the up to date knowledge and it's not the pet sports and uncle blaming your veterinarian.

It's just that we weren't taught that in medical school. We were taught very allopathic, traditional. Name it, blame it type of medicine. And then after you name it and blame it, you give it a steroid, you give it an antibiotic or a surgical procedure or chemo, and that's the toolkit.

But in my world now, my tool kit is so vast that we just had a dog come in. The dog has a heart based tumor and it has a mass cell on its leg. We have to have the heart drain because around the heart there's a sack and the tumor was leaking into that sac and causing fluid and it created a condition called cardiac tamponade.

And so the atrium wasn't able to dilate and the dog was having arrhythmias in the chest of a lot of fluid. So I had to send it to a referral center to get the heart part, kept the fluid around the SAC and that specialist literally told my client that if they did not do chemo that day, that that dog would not live past 1 to 3 days max.

Well, I sent the dog home today on day four, bright, happy owner telling me this dog is acting like as if nothing ever happened, like it didn't have cancer.

Now, I'm not saying he's out of the woods, but my point is, none of us have the ability to play God. Nobody should ever tell you or your loved ones or your fur babies what their timeline is, especially when they are giving them a very limited toolkit.

So he was just an example that happened today that I was so excited about how good this dog felt. And we did three days of intensive detoxification, intensive therapy, photodynamic therapy, which we'll talk about it shortly.

And it just is it going to make a difference long term? I don't know. He's already up there in age, but his quality of life is phenomenal. And it wasn't like that three days ago.

And that's the thing, is that the quality of life when you're introducing chemo, then yes, maybe you're able to shrink something. But does that increase quality of life and does that increase the length of life?

Terrain, Detox, and Nutrient Deficiencies

And we don't know. And to be able to then look at root causes and then support the body's own innate intelligence, like like you're doing become sun. You give the body a chance then to do its thing, to activate the best doctor, the rest, which is our own body.

Good said that that's the best way to put it. And we all need to start taking more responsibility for our health because no one else is going to do it.

You gotta learn to learn the right things to do and then you have to be willing to implement it. And it is going to

mean a little change in lifestyle, but it's not necessarily hard, it's not necessarily more expensive, it's just different.

And once you get used to it, it's really rewarding. And so for for parents, parents are our four legged children. Where can they go to find their root causes?

And also, you mentioned you had a a class that they are a course that they can take, which I mean, to to me, that would be invaluable to to understand what to look for.

You know, what what are some toxins around us? You know, how can I better take care of my my my child? So I this course is available online. It's an On-Demand course.

It's transformingthatmedicine.com. So super easy transformingthatmedicine.com. Or they can go to my website which is dr, just like my name on the screen drmarlenesiegel.com and they can get to it that way as well.

And it teaches them the six steps to healing, which is, number one, stop polluting the body. Stop doing the things that are causing the problems. Number two, make sure all the essential nutrients are on board and we teach you what those are.

Number three is being able to heal the leaky gut because we have all this inflammation and damage. So we have to heal the leaky gut. Number four is all about detoxification of the six organs of elimination.

Number five is healing the mitochondria. That's where we not only get our energy from, but that's who communicates with our microbiome. So if the mitochondria of the microbiome aren't communicating, you've got a problem and then number six, we clear trapped emotions and there's more in the class than even that because we teach the pet owners what kind of testing should be done and why and so they really become empowered is called the Empowered Pet course and it's so that they understand themselves.

How does the body work? Why are there deficiencies? How do you get around that? How do you make good choices so that the money you do spend is spent effectively and even down to what is a species appropriate diet?

It isn't the little bag that you get in the grocery store and you fill the bowl, right? That's not how these guys were designed to eat. So we teach them everything nuts and bolts.

A-Z on what to really do for their pets so that they can live a longer life like the Carl Felt. You know that animals are living seven years shorter than they did 20 years ago.

With all the advanced medicine, with all the knowledge that we have, these animals are living seven years shorter. That's shameful. And then the cancer rates in dogs, one at a 1.65, it's almost 100% of dogs.

Cats are one out of three highly underreported. The number of animals dealing with osteoarthritis or arthritis and pain problems, over 40% of the pet population is dealing with that as well.

So these numbers are horrific and it's up to us to make the lifestyle changes and not accept that. How many people do you run into and they go, Oh, you know, I'm 50 years old and I've got this that going on.

And I take this they're accepting these illnesses as if it's okay. It is not okay. Now, I'm 66 and proud to be and I don't have one single allopathic medication, not one.

I don't have aches and pains. I don't have any health issues. Thank God. And but I do have an arsenal of nutraceuticals. And I eat all organic and I have healthy foods in my pantry.

I grow most of my own food. I live in a food forest, and we use all healthy, organic cleaning materials. We make our own cleaning supplies, our own body care products out of essential oils.

It's a choice. I'm not saying everybody has to go to that extreme, but it's my choice. And I really live a vibrant, very

full life. And I couldn't imagine being in a position where you feel terrible every day.

It's not that's not right. And we don't need to accept that. And that can translate to our animals as well. I mean, when when we see them just kind of laying around or yeah, we don't know.

We just think they're tired, they're relaxing. But it is important them to know what's really going on. And obviously the best cancer to have is the one you never get.

So preventative medicine is key. So to to do like the course, take the course and build that foundation. Yeah, that, that is some the first step. But then, then going into, you know, and an animal that then that gets cancer, you know what are some of the things that what are the some of the tools that a pet owner can look at that this is all we need to bring in.

I mean, you have some pretty extensive toolbox and also you have some incredible cases. And I know we're going to look at one of the cases. Can you kind of explain a little bit what is needed in order to be able to turn cancer around in a pet?

I mean, obviously, we're not always successful. We're we're not always winning, but, you know, many times we are. Yeah. So what is needed for that? So the very first thing I alluded to it earlier when I said we have to stop doing the things that are causing it.

So the number one problem bar nothing else is we have to stop feeding toxic food.

Pet Parent Education and the Empowered Pet Course

So a species appropriate diet is the diet that that animal would eat if it was in the wild and we were never around. So a carnivore and by definition, dogs are scavenger carnivores and cats are obligate carnivores.

It means that they have no dietary requirement for carbohydrates. And what we look at in our commercial pet foods, they're 40 to 60% carbohydrates. So it's like giving your animal 40, 60% sugar when their fuel tank was never designed to function on that.

Try that in your car, you know, put air or water or sand in your gas tank. I don't think your car is going to go very far. So we know that we would never think to do that because that's not the right fuel for your car.

It's a machine. We'll think of our bodies as a machine. The number one thing we have to do is feed it the right fuel. So that would be my first step is getting people, other species appropriate diet for their pets and the number two is structured water.

We I live in Florida. We have really horrible water. It's very contaminated water now is full of heavy metals. It has all kinds of glyphosate, hormones, chemicals, pesticides, everything people flush down their toilet ends up in the Florida aquifer because it's not filtered out of those different plants where they're filtering water.

They just don't take out all those toxins. So we have to look at how do we get good filtered water, and that's not reverse osmosis. I'm not a fan of that.

At my first filtration system in the House, like many years ago, 20 years was, oh, reverse osmosis. It was the big thing. But that's dead water. It's everything's been stripped out of it.

So what I mean by structured water is that it has a certain molecular shape. It actually has a different density than traditional water. It's H2O three, but the structured water is absurd.

Molecular size that actually fits through a cell membrane that has a little awkward point. It's a little hole that the water, when it's the right size molecule, goes in through the cell membrane into the cell.

And that's what hydrates the cell. It's also where all of our communication is happening through because it's helping to keep all that extracellular matrix, the goo between the cells nice and moist and fluid.

But when we have unstructured water, then the cell, the water molecules are too big and it can't make it through that cell membrane. And so we remain dehydrated, even though we're drinking water.

It's really not getting into cellular. And then the body is trying to structure that water, but it can only do so much and it can't keep up with the load.

So number one, a really good filtration system, something that makes structured water, which is, by the way, made by nature. So when the sun is shining down on plants that sun is automatically using infrared energy to structure the water that's on the plant that do in the mornings.

And it structures the water in the plant. How cool is that? And then when is coming down the mountain? There's a certain vortex spin that is also helping to cause that water to be structured.

But in our world we have all these metal pipes that are going straight, making little right hand curves, left hand curves, but it's not giving it that nice vortex to be able to keep the structure.

So food number one, water number two, and then number three is making sure that we clean our homes with healthy chemicals. Pick up your cans, guys, and read the label.

If you can't read the name, don't use it. If it doesn't have a natural name to it, don't use it and your pets can't get away from it. You know, you're cleaning the floors with all your chemicals and I won't make brand name, but one starts with the P and the second word is an acid.

You know, all these different things that we're using in our homes that are so toxic. A lot of these things have zero estrogens. They're estrogen mimicking compounds.

So as your body is absorbing these, your body doesn't know that these are not natural. They're it just thinks you have this overload of estrogen and it's blocking your natural estrogen receptors.

And so is it a surprise that we see so many estrogen based tumors? No, because we're just inundating it. It's in our hair products or body care products.

It's in our laundry soap. So we help people to find healthier solutions so that they're cleaning their homes and the air and the laundry and the things that touch your skin, what you're breathing, all of that needs to be healthy and then the imap.

Oh, my gosh. If I can do this one really quick, the utilities company that I have hopped my fence and put a smart meter in without telling me and we'd already been talking that we have to put it in.

They weren't going to let me keep my solar anymore, blah, blah, blah. And but they hopped my fence and did it without telling me two weeks before hand how I found out I started having heart arrhythmias.

I had no deep sleep. I use a or a ring to check that my deep sleep went away. I had adrenal fatigue out the wazoo.

Core Healing Factors: Diet, Water, Environment, and EMFs

So this I found out that they'd put the meter on. I put a Faraday cage on it. My heart arrhythmias went away in 12 hours gone. However, it took me three months to recover my adrenals and that was working really hard to recover my adrenals.

So can you imagine? That was just one incident and our animals are in the house 24 seven dealing with all this electromagnetic pollution wi fi, you know, your computers, if they're not hardwired, all of this stuff is really having a

tremendous impact on our pets.

And the last but not least, I call them the ants in our brain. These are the automatic negative thoughts. And I will tell you, when I have a client come with their pet, if they have a lot of anxiety, fear, guilt, shame associated with this challenge that their pets going through, I'm going to have a really hard time unless we can clear that owner of all this baggage to get that animal to recover.

But the people that come that have a really positive attitude, glass half full, they have strong spiritual sense of being. They they come from a different place of trust and faith.

Those individuals tend to do way better. So I think the emotional component is huge and I teach that in my pet parent class. And that's incredible. I would like to I know we just have a few minutes left, but I would like to see a few pictures and like you comment just kind of a the behavior of the cancer as we are seeing it, so that people can see the kind of it as a like a living organism in a way.

Yeah. So here we have Bentley attended. Yeah. So take take it away. So Bentley was diagnosed with, diagnosed with squamous cell carcinoma on his nose and the owners went to their veterinarian.

They finally got the diagnosis. They went to an oncologist and the oncologist told them that the only thing they could do was cut this dog's nose off and it was still going to die.

So we started working with Bentley and you can see the little bumps on his nose. Now, as we started doing our therapies, we could see this cancer coming out of his body.

And it was almost like the body was starting to recognize it because we were turning on these innate pathways. And mind you, Bentley was vitamin D deficient when we tested.

He had a bunch of heavy metals, so we went through our whole diagnostic workup. So we really knew what was happening inside of his body. And as we started going through the therapies, you could see these bumps were coming out more aggressive early and then going back here.

This is almost like whack a mole. If you look at the one on the right, first he gets a new bump where the black arrow is, and then the following week another new bump would show up.

So we kept using a variety of different modalities to cut the cancer back, to bring it back to not using any chemo. This was all done naturally, but we're using products that were helping to kill back the cancer.

While we were getting him to be able to detoxify, we got him on a species appropriate diet. We get this essential vitamins, minerals and fatty acids and all that under way.

And then we were also using products that help to turn on our innate anti-cancer pathways. So we had a little lesion in the mouth that was gone in a matter of a couple of months.

And then around July we started to see a very big change in how the pattern of this cancer was. It was almost like it was coalescing, but we weren't getting as many new lesions coming out and every week we had to treat them topically and intravenously.

On the left was one week where we didn't treat them topically. We treated every week. We treated intravenously. And it just it was almost like this thing was coming out and exploding.

It was in its death throes. And it was it was trying not to give up with the body, was really trying to get rid of it. So we got as aggressive back because it was on Bentley's face.

We had to put him under anesthesia every time we did topical treatment because it hurt and he had a big tongue would wipe off everything that we put on there.

And so we kept pivoting. Sometimes you have to change your approach to things. So we tried different modalities. What we see happening in the upper left hand corner is his intravenous therapy.

So we used a product topically and then we photo activated it, which means you you take a product that has activity by itself and then when you shine a certain light frequency into it, it makes it even more enzymatic, active and hence more effective.

So here he was getting treated. This was the following week we used a different product intravenously and inside the lesion we injected a different product in there, photo activated it, and here he was going home and we can see that even though he has some areas, a lot of it's looking better.

And we he's such a happy dog and then we did one more week. So in September we started to see a really massive improvement. And if you look at the edges of the lesions, you can see where the lip is literally filling back in with normal tissue.

I think this was probably the most impressive place because you could actually see the body's ability to regenerate. So if I go back to here, see how erosive that lip is, I mean, it's gone.

You wouldn't think it would ever be able to regenerate. But look at that now it's regenerating and it's coming back. It's almost filled in with normal tissue and now it's starting to re pigment.

Bentley Case Study: Natural Cancer Treatment in Action

Each week it gets a little bit better. That amazing. This is just the body healing. So we have one little spot that we're still working with on the inside of this nostril.

And I think we're starting to make some headway on the right. I'm doing what's called cryotherapy, so I tried freezing it and it was still a little piece of squamous cell carcinoma.

That was after the cry out. And then this was using another product because it was still not quite healing. And here he is. This was just three days ago.

And again, it's starting to actually go away. So I think we're finally getting the very last of it. But if you look at the rest of his lip, where it had been, all around the sides in the top and his under lip, his upper lips all gone.

And this is a different dog. But I just wanted to show you, when we do photodynamic therapy, we're using a variety of different colors and each color has a very specific effect.

Now, the lower light frequencies can't penetrate through the skin because our melanocytes absorb it. But when we go right into the vein, so we're literally doing this color inside his vein and the red blood cells are picking it up and carrying it to the tissue where it's then photo activated and we're killing the cancer cells out.

So cool. Yeah. So that just these are some of my favorite quotes you want to know what the difference between a master and a beginner is? The master has failed more times than the beginner has ever tried.

So it's up to all of us that if we can, we must do it. We must. You can. And number one reason for failure is just a lack of resourcefulness. So we just we we never really have to fail.

There is no failure. It's just a learning experience. And we pick ourselves up and we do it again. We don't think about it when we're babies. We have to learn how to walk.

We just get up and do it again and you get up and do it again. It just because you fail doesn't mean you failed. But we lose that as we get to be adults, we forget that life is a learning process of the Earth School and every experience has something absolutely beautiful and wonderful for us to do.

And if we if we don't take the opportunity to learn from every experience and I truly believe we create all of our experiences, I really do. So it's not that it's bad or it's good.

It's just something that we created because there was an opportunity that we wanted to make sure we had. Though I couldn't agree more and I want to go back to Canada.

You've got to here because people think that gets up to more focus. You know, we just kind of cut out the tumor, then it should all be gone. But you can see there how it is a kind of like a living entity and it is kind of this this continual battle back and forth.

And it gets angry when you do something and it flares up and then you do another treat, being able to push it back. And then as you're going through this process and you are then moving in one direction or another, meaning that you are winning the battle or the cancer is winning the battle.

And so I loved those pictures because it was really showing that back and forth. Tuggle That it's not just let's just cut it off and now it's gone because it is a systemic issue.

You know, when once if you cut it off in one location, then it will just pop up in some other location because the source, the energy of it is still there.

I mean, I had like a cancer patient that came in today for a treatment and he was dealing with osteosarcoma. And obviously the the solution to that was just to cut off his leg, you know, because have no other solution.

And and then after that, you know, the council will just pop up somewhere else and then you have to cut that off. And so forth. The goals like the whack a mole game that you're talking about, and now here he is.

Now you have no osteosarcoma and he has got a functioning leg. And, you know, and so and that is sustaining that is what you can do when you when you do these type of therapies and you come at it from the appropriate angles.

So it's so cool to get to see this visual pictures of, you know, what it looks like. And I just want to I know we're getting really close to wrapping it up, but there's something so important, I think, that our audience really needs to hear, and that is that there's always a reason for everything that happens right.

Mindset, Hope, and Closing Reflections

So the fact that somebody listening to this talk may have an animal with the challenge going on in their life right now, and that pet in that person's life at this particular time, in their life with their particular challenge is no accident.

It's almost like we have four angels that are coming and saying, look, I'm going to be that impetus that makes you want to make that change bad enough because you love me so much.

And then who really benefits? Of course, the whole family benefits because it's going to change the pet parents behavior. They're going to change their family behavior.

They're going to take care of Mother Earth better. So it just becomes one of those wonderful blessings, those gifts of life that you may never have had an opportunity to do if there hadn't been something that happened in your life that was meaningful enough for you to make the change, to put the energy into making that ship, that mindset shift so if you are going through something either yourself or a loved one, a four legged love, one, whatever, maybe look at it as a blessing.

This is an opportunity to be able to do something different and really embrace it for all the beauty that it has to give you. And hopefully it comes out the way that you want.

But there's always a blessing in there. I love it. Those are such, such a wonderful. And I see that again and again.

Dr. Marlene Siegel, always a pleasure.

I always you know, you're just you exude joy and happiness. And I can see how all animals and animal lovers and everyone love you. And so thank you so much for for coming on today.

Thank you for doing this. It's a lot of work and we really honor and appreciate you. Thank you.