Brain Fog, Autoimmune Symptoms & Extreme Fatigue – The Hidden Cause Behind It All Transcript

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Feeling Seen by Dr. B

One of the first things that Dr. B said to me when I first started coming here was he looked at my blood work and he look right at me and said, I cannot believe that you get out of bed every single day.

These are numbers that I would expect from somebody who cannot get outta bed. And I cried in that moment and I said sometimes I feel like I can't get outer bed, but I had no choice.

Living with Autoimmune Fatigue

baby at home and I'm like she depends on me and that's the reason I woke up every single day and for the first time I felt heard because when you have an autoimmune disorder on the outside people think you look fine and you're not fine on, the inside you are not, fine you were feeling so horrible you, have so much fatigue and, you push through every, single, day especially if you.

Have a little tiny human that, is depending on you every. Single, Um, and the more and more I got to know the staff at, at Deeper Healing, they just became like family for me.

They're always been so supportive, you know, embracing me every time I'm here.

Finding Support at Deeper Healing

I started seeing Jules, she's so amazing. She understands where I am coming from as a mom and what I m struggling with. Um it's just, it feels like home and this is the place that you can come and you that they are going to dig deep.

and try to help you figure out why you are feeling so chronically ill. Without deeper healing, I feel like I could have been down a really horrible road.

I just don't know what I would do without this place.