Can Cancer Care Be Better? Dr. Michael Karlfeldt's Holistic Approach That's Changing The Game Transcript

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Podcast Intro and Guest Introduction

I'm going to run out. You know, I'm up to society and do what they did, you know, before and you know, so it took a lot of effort for you know, for, for society to, to move those people into the prison.

Yeah. The. Yeah. The police. Yeah. Judges, you have all the attorneys have all these, these this energy that that took place. It's the same in the body that took a huge amount of energy for the body then to, to put everything in there.

So we shouldn't really focus so much on the tumor. And if we don't have to do a biopsy, in my mind, it is. Yeah. If we can I mean, at some point, yes, it's better to, and there can be some benefit of knowing what it is, but when you do that, if you do that, it is really important that you support the body as a whole.

You really support the immune system. So it's kind of like, again, going back to that prison break, if you're going to blow a hole, a hole onto one of the walls and make sure you have a huge amount of police force there that you have all these reinforcements.

Welcome to Doctor Talks, the podcast where every episode leads to a healthier you. Join us as we navigate the world of optimal health, uncovering groundbreaking strategies to conquer chronic disease.

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Hello. Welcome back to the Integrative Health Podcast with Doctor Jen. We're going to be diving into Natural cancer Solutions today with Doctor Michael.

Heartfelt. His an end. And a PhD has been in clinical practice since 1987 and runs a busy integrative medicine cancer center, the Heartfelt Center in Boise, Idaho.

Him and staff provide themselves in being compassionate cancer warriors, focusing on cutting edge integrative cancer therapies and working with international leaders to provide metabolic, genetic, and nutritional solutions to cancer while triggering cell cancer cell death through targeted oxidation.

His drive to investigate and implement effective, restorative and safe cancer therapies was fueled by losing his father to colon cancer in his 20s, his passion to promote natural health publicly has led him to be a sought after lecturer, writer, and educator.

He was the host of the Doctor Michael Show, which aired 100 episodes discussing important health related topics, reaching about a million viewers. Currently, he hosts the TV show True Health Mind, body, Spirit, available on Amazon Prime for many years and now airing on YouTube.

A two by two TV. Never heard TV.

Why Cancer Should Not Be Feared

Yeah is also the host of the radio show Made Health Radio, where he connects international leaders in the integrative health arena. So he has done so many things.

He has a book out. We're going to talk about it all today. And he has two podcasts launching another one. So welcome Doctor Cava. We're so excited for your expertise.

Well, thank you so much for having me. Doctor Jen, this is this is going to be so fun. Yes, it well, I mean you're you're all over the place and this is amazing because it's your passion.

Can you tell us a little bit about what happened in your 20s with your dad and, and if you were even thinking about doing medicine before that happened?

Well, I was actually in nature path medicine at that time. And we. Yeah, my father and I, yeah, he he's he's German and we weren't very close. I grew up with my mom, and, I actually did not find out about his passing until, about six months later.

That that's that's what, so what happened essentially is that. And I find out about his passing and, you know, here, I know all these different tools that are available and then I hear the stories of what he goes, goes through.

Yeah, I hear he's this big, you know, German, man. And he just kind of wilting away to nothing, and he just becomes a victim of just the normal traditional oncology.

Not saying that that is all bad, but there's so many other tools out there now. And he just didn't he wasn't given that choice or that opportunity to be looking at, additional things that are there.

So that experience, you know, knowing that, you know, people are just going down a treadmill especially, you know, where, or a conveyor belt, I should say, where, you know, they get diagnosed and then poop, they just get pumped in, you know, put into the system, and they really don't have a lot of, you know, the oncologist pretty much tells him this is what you're going to do, and they really don't have a lot of options or choices.

And sometimes, the oncologists give people the illusion, you know, that they are going to give them a curative therapy when the oncologist knows that there's going to be, you know, like palliative care, you know, where they're they're happy just to extend life.

But the, people that are diagnosed, they think that they get secured a measure. So my passion was then to, you know, go on a quest and, and find, you know, what are some of the most powerful therapies out there?

What can we do to change this scenario, that my father went through. And then also seeing them kind of in my early days working with patients that, you know, they are really, you know, people dealing with cancer.

They really they're looking for something more because they see that what's available is just not cutting it right now. You know, they've it's very, very few options out there.

So, so that that's that's what fueled my passion, seeing the hopelessness and seeing the lack of options. Not saying that we, you know, with what I do and what other people do that we, we figure out completely to cure all cancer.

We we have a it's still a journey. It's a very complex disease. And, understanding that and recognizing that there are a lot of things that can be done to optimize the the outcome.

Yeah, absolutely. And I'm sorry that that happened to your dad. That that would be very hard to hear in your 20s. And one thing, I'm sure after your dad's diagnosis, when we talk about cancer, we talk about fear. Right?

And you, you like to say you don't have to fear cancer. And I would love for you to dive into that a little bit more because, like you were saying, this conveyor belt, it's almost like when people hear they get cancer, they know that

they're going to be on that conveyor belt and waste away and get chemo and feel like crap.

And and then that cancer is going to come back and doctors actually tell them that to. And it's this fear and conventional medicine that, you know, it happens so much.

You know, like if you don't do this, then this is going to happen.

Inflammation, Root Causes, and Whole-Body Cancer Care

And fear is not good for for recovery. So could you go a little bit into why people should not fear cancer. Yeah. And that's the thing you have. You hear the word cancer.

And you need to think that this this is end of life. Yeah. And and this is a I mean, it is a deadly disease, but we're we're actually coming to the point, and this is actually being discussed, among a lot of scientists and doctors, it is that we have a lot of people out there that are living, post cancer care.

Yeah, it's a it's a huge percentage out there. So it's becoming more and more common that you you're diagnosed and now you have a lot of people out there living normal, healthy lives.

And they dealt with cancer in the past. And so the thing with cancer is that, you know, since we have so many options and there are so many solutions, you know, there are and I see it and in my practice and I know colleagues eat and their practices, their patients that are diagnosed with the most horrific things.

And now 20 years, 30 years later, they're they're still doing great. So they there's no reason to fear, you know, because and I've seen, you know, yes.

The traditional oncology they, they have evolved some but essentially yeah it is very similar tools that they're using. They are just dialing in the dosages that dialing in, you know, so that they don't it's always kind of finding in traditional ecology of finding that space in between.

Yeah. How much can we pour onto the patient so they don't die? But still, you know, shrink the tumors and kill the tumors, you know, as much as possible.

And, so they've gotten better at dialing in, you know, how much of toxins sort of, say, to pour onto patients? But they haven't really gained a huge amount of additional tools.

A little bit of the immunotherapy that they're still working on. Obviously get the the hormone therapy has been around for a while, but other than that, it's it's still just kind of cut, burn and, and poison.

So and again, not saying that those tools are not, important. They can be very, you know, very useful, but then, pairing that together with a lot of things of integrative care, you know, like the high dose vitamin C, like you know what to eat, and looking more at the different, drivers of the cancer, looking at the root causes, looking at the terrain, you know, looking at all these other things, also looking at trauma, you know, trauma and stress.

I don't know how many times that patients, you know, when they're diagnosed. And I see them for, for the first time and I ask them, you know, why? Why do you think you, you got cancer and I would say probably about eight out of ten.

Yeah. Stress or trauma are big factors. So we see them kind of the the emotional aspect of it becomes such a big, big factor to, to look at and then also in our daily life to be able to mitigate, you know, the stressors are we dealing with and, and so forth. So, knowing that you have all these areas that you can do something about, that you can address, and addressing them appropriately, I, I see amazing outcomes.

You know, there's so there's so many cool stories out there for people so that that's why there's no reason we have the diagnosis, you know, don't fear because there's so much that can be done.

And the fear, the mindset set of fear actually, sad to say it suppresses immune system, promotes inflammation. And it also, turns down your ability to, to heal and regenerate and detoxify.

So you actually put yourself and more at risk, you know, when you're dealing with fear rather than knowing that I got this, there are tools out there which there are.

And we can we can beat this. Yeah. That's amazing. And that's not what people are hearing out there. They're hearing that there's only one choice. And I always like to say like, you can't have cancer or disease without inflammation.

So let's talk about inflammation. You know, and putting out that fire. Because if you want to prevent cancer, you need to be controlling your inflammation and those external factors.

And if you have cancer or in remission, you also need to be working on that. Yeah. And that's that. There really is no cancer without inflammation, you know.

So inflammation always is the fuel that that drives that process. In fact, cancer uses a lot of the inflammatory drivers for its own promotion. Yeah. So we if we are dealing with inflammation, you know, I mean and majority of us are.

So it's just kind of a the level of inflammation then it's important to to assess and see what is promoting the inflammation in my body and what what are those things.

You know, and then we have, you know, diet. We have, you know, what are we exposed to toxins. Chemicals. Yeah. What are some of the pathogens that are there.

You know, our emotional mindset we talked about. Yeah. Is that driving inflammation. So all of these things need to be looked at, you know, in order to mitigate the amount of information.

So whether you have cancer or not have cancer, inflammation is a big, big deal to to look at. And you know, it has been said and I repeated many times, you know, that cancer is a is a wound that never heals.

Yeah. So and we know inflammation is what drives a healing process. So we have an injury to a joint or a tissue. And you know, inflammation is triggered to that tissue for your immune system to get to that location and to heal that tissue.

Yeah. So but what if the inflammation, if we can't get rid of the things that are aggravating the tissue or we don't have the nutrients that we need to complete that healing cycle.

So now we have tissue that is in that chronic state of inflammation.

Cancer Stem Cells and Integrative Support

And when you have that, that is what then promotes these cancer processes that creates a microenvironment that then later on starts to turn into like a micro tumor environment.

Yeah. Where you know, the tissue is trying to figure out how to survive. You know, because we are not given the resources that we need in order to be able to heal itself.

And it shifts and into more of a survival mechanism, that then promotes inflammation more because it produces inflammatory substances like lactate, you know, to support, you know, and a, a, a process of, of, cellular behavior that's different than normal, you know, just because of that chronic inflammation that's not quenched.

Right. And this is this can be confusing, right? I've had cancer patients that were told that they should just eat all processed food because it's easier to digest.

So this is very lost. So you mentioned trauma is is like a cancer driver. What about different pathogens, toxins. Where do they play a role. Yeah. So we're looking down that, and we, we kind of go deep on a cellular level, in cancer, you know, what are the changes that are taking place in a cell that makes it move into kind of a cancer behavior?

And, and frequently that is when the mitochondria becomes dysfunctional and the mitochondria is like the, the energy factor within the cell. And when that is not functioning appropriately, then the cell, then it's not able to do all the different functions that, that it needs to do.

So then we have to think, well, what is interfering with that mitochondrial activity or the energy production. And so, you know, toxins are that pathogens are that.

Yeah. So toxins are the different chemicals, heavy metals. So then we need to look at our were able to drain the body from these different, you know, toxins you know, that are then interfering with the energy production with the cell.

And if we're not able to move those out and obviously if for the best, if we don't get a man to start with, but we live in a toxic world, you know, so we can there's only so much we control.

But if we're not able to move that out, they start to then build up within the cell and then interfering with the energy machinery of the cell and the cell, then start to kind of recognize that I cannot survive, you know, doing this the way that I'm producing energy.

So it then shifts to a different way to then produce energy using then what's called a fermentation process, where it then ferments the sugar rather than using oxygen to drive the energy production and that fermentation process.

So it's actually the mitochondria will shift how the, the genes, you know, which genes are turned on or turned off, you know, because it's lacking energy and it and it creates that, those changes in the DNA and just for its own survival.

So it's, it can be a, a, hardwired survival mechanism. Awesome. Because the cell is under distress or under, a circumstance that is very hard for it to survive.

So then it goes needs to go into more of a primal behavior. Yes. And kind of along that this not a lot of people might understand what cancer stem cells mean and, how that plays a role.

And do you think that conventional medicine is even taking care of that. And and probably that's why cancer returns. Can you explain a little bit more on that.

Yeah. So so going back to kind of the statement that, you know, cancer is the wound that never heal. And and we have we know we do have stem cells and stem cells, you know, are used then to regenerate tissue.

You know, stem cells can become any kind of tissue. You know, it can become a kidney, can become a liver can become whatever. And so but it's the same.

It functions the same with with cancer tissue. They have their own stem cells as well. So when the cancer tissue is injured then the cancer stem cells are activated to help to heal that tissue.

And so whenever we then blast a tumor, we're creating injury onto that tissue which will then activate the cancer stem cells. So that's the the biggest challenge in traditional oncology is to control these stem cells, you know, because yes, you shrink the tumor and yes, it looks like now I have no evidence of disease, but the smoldering fire are the cancer stem cells that are kind of waiting for, you know, now the assault is over.

So now we can kick into hyperdrive, you know, because we we really that we need, really need to upregulate that the healing of this tissue, of this cancer tissue because it's been so assaulted.

So, in traditional colleges, there's really no solution, you know, to cancer stem cells, all the therapies, you know, whether it's surgery, radiation, you know, chemo, all of those therapies upregulate the function of the cancer stem cells.

So that's why it's so dangerous in my mind to just rely on those therapies and not, identify the other risk factors that we need to address. Yeah. So we we have the two things, you know, one, why is the cancer there?

You know, if we never address the initial driver, the initial factors, the root causes, then, you know, whatever caused it to be there, that cost is still going to be there.

Whether we get rid of a tumor or not. And that's still going to keep on driving that process of producing cancer. Then secondly is, you know, now we we're using traditional oncology where we're blasting the tumors.

And what about the cancer stem cells?

Biopsy Risks and Supporting the Body

How do we calm those down. And that's a beauty. When the you step into the integrative care where we using things like vitamin C, like ozone, like curcumin, like EGCg, like CBD like I mean, there's so many tools out there and they are known to calm down the activity of the cancer stem cells.

And so we talked a little bit about inflammation. And the inflammation is also what kind of drives the the activity of the stem cells. So if we can calm that down and we can control the environment and and yes, sometimes we need to control the tumor.

But recognizing that cancer is so much more than just a tumor, it is a whole body event. It is a systemic, you know, so you got to look at the whole individual, and you got to look at all the factors and just becoming myopic, you know, looking at the tumor, thinking that just because it's shrinking or growing and that means either success or failure, there's so much else going on in the body.

Yeah. And that's the problem with conventional medicine is it's so compartmentalize try you have an eye problem. You go to the eye doctor, your stomach hurts, you know, you go to GI doctor, but it's all connected.

And, you know, and it's very frustrating. You know, breast cancer, for example, no one's even looking at their estrogen detox pathways, so they're just killing the cancer or doing whatever or doing mastectomies, double mastectomies.

But they still have that, that problem where they're not detoxifying estrogen as well. Maybe it's mold blocking, you know, the function of their liver, maybe their liver.

They're just genetically slower at processing estrogen. And it's going down the bad detox pathway. So it's very frustrating because I think patients need to be empowered more, you know, to know that they can change their epigenetics, they can change their cancer risk, you know, how do you how do you approach that with patients?

I mean, most patients you're getting are pretty motivated, though, to make those changes, correct? Yeah. And that's that's the reason we're we're doing these things, you know, where we're we're communicating and we're reaching reaching people so that they can understand and, the that they can put themself into the driver's seat.

Because a lot of people, when they hear the word cancer, they immediately feel hopeless. And then they, you know, put themselves in the passenger seat and then, you know, they they feel an expert should kind of take their body and do whatever they need to do with the body and fix it, you know?

So, in reality, what we, we see and studies have, have shown this, that when, when an individual is in charge, when they take control of their situation, they are they have a much better outcome than somebody that just becomes passive and, and let things just be done to them, so to say.

So it is it is really important to recognize that you as an individual, you have the best doctor, you know, on your side and your best doctor is your body.

Yeah. So if we can support that innate healing intelligence that exists within you and recognize that cancer is just more of a cry, that there's something wrong.

Yeah. The body has been trying to communicate to you that maybe at your sacrifice, you know, you're not living your own life. You know you're doing everything for everybody else.

And, you don't put yourself as, as an important individual or maybe, you know, there's there there's some or like, you're talking about maybe there's just mold that's just not being rectified.

Or maybe they're hidden dental infections, or maybe, you know, you're a hairdresser and you're exposed to chemicals all day long and it just builds up.

And yeah, so all these different things, our bodies and, cry that there's something wrong and something needs to be fixed and. Yeah, kind of the last final scream that the body is doing is to produce cancer.

So if we recognize that cancer is just body's way of communicating, and that we should then start to listen and see, you know, why is the body's feeling like it needs to scream this loud?

Then we can then start to do an investigation and see what do I need to change, you know, to have a different outcome, you know, what does my life need to look like, so that I can be filled with joy, with peace, with energy, fulfillment, purpose, etc.?

What what does that need to look like? And then, you know, take charge of your own life and then, you know, recognizing that, yeah, I cannot just and it's important to understand for people that, you know, when you look in the animal world, you know, you you have we all seen animals that, that pass on, you know, at an old age.

And then you, you know, you find out that they have a bunch of tumors, you know, elsewhere. So they never die from tumors and tumors a lot of times are not deadly in themselves, you know.

So if we give us the time to start to respond, when we have the diagnosis and then look upon the body as a whole, address that look upon all the different factors, you know, then we we can then have a different outcome.

We don't have to fear cancer. And we can we can heal. Yes, I love that. Now, you brought up tumors. Is there any danger to biopsy in the tumor? I think there was a video going around on social media about, you know, if you biopsy and you pull out the needle, you're spreading the cancer cells.

And I've had people ask me and I'm like, I don't know, like I don't know. So I'll ask you so I can. And there's a lot to that, you know. So, and I've seen many times, you know, you have a, a, you know, a woman with a breast tumor, you know, and they do the biopsy.

And right after the biopsy, it just explode. You know, it just becomes, you know, something extremely hideous and bleeding and, you know, look like big cauliflowers.

So they're there there is something to that. And, and the way I like to explain it is that, you know, cancer becomes like body's attempt to accumulate everything it doesn't want in one location.

Yeah. So it took a lot of effort for the body to, to bring all the junk from all pieces of the body and then, you know, put it in one location and then put a wall around that, you know, to make sure that it that's in one location, rather than aggravating the body all over the place.

So when you then put a needle into that, you know, now you are essentially it's like a prison break in a way. You know, you you have you have a prison, you have walls and you contain all the people you don't want in society.

And one location and and now you just blew a hole in that wall, and all the prisoners are going to say, yippee! I'm going to run out. You know, I'm up to society and do what they did, you know, before and, you know, so it took a lot of effort for, you know, for, for society to, to move those people into the prison.

You have the, you know, the police, you have judges, you have all attorneys. You have all these, these this energy that that took place. It's the same in the body that took a huge amount of energy for the body.

Cutting-Edge Therapies and Metabolic Approaches

Then to to put everything in there. So we shouldn't really focus so much on the tumor. And if we don't have to do a biopsy, in my mind it is better. Yeah. If we can.

I mean, at some point, yes. It's better to, it can be some benefit of knowing what it is, but when you do that, if you do that, it is really important that you support the body as a whole.

You really support the immune system. So it's kind of like, again, going back to the, prison break, if you're going to blow a hole or a hole onto one of the walls, then make sure you have a huge amount of police force there that you have all these reinforcements, you know, so it doesn't just leak all over the place without any kind of control.

So if you're going to do that and make sure you, you've, you know, support the body with, you know, different mushrooms with beta glucan with, you know, immune boosting things, making sure that you minimize the the toxins in the body, open up your limited tary pathways that you, bring in things like high dose vitamin C, IVs, pre and post and ozone and all.

Yeah. So there's so many things that can be done, while doing the biopsies. So the biopsy is just something that it is not something that is just an innocent thing to do.

It has a huge impact on the body. And if we're going to do it, we got to be prepared. And that's why it's so important to, contact somebody like myself.

People like me, to support the body free biopsy and free surgery and, so, yeah, biopsy is a big deal. Yeah. And I think it's really interesting. So I went through, like, a cancer scare when I was in medical school.

I had a nodule on my thyroid. They had biopsied it, but the biopsies are, like, inconclusive. But they let me go a couple of years and then it got bigger.

And they're like, you need surgery to rule this out. You know, conclusively. Right. And they, they take you know, they take that nodule out and they do a frozen biopsy while I'm in surgery, you know, sleeping, you know, under anesthesia.

And that's why the surgery is so long. And if it's cancer, then they take out all of it, right? And it's just interesting because it's like, you know, like you said, they're going in there, they're disrupting everything.

And then they get the results back and then they're like, oh, well, yeah, it's cancer. We need the whole lump out. It's just so interesting. Like breast cancer specifically like how it's managed for women.

It's very frustrating. But yeah, I mean, praise God I did not have cancer at Hashimoto's, which was mismanaged by conventional medicine. And but the big thing is, if you're listening out there and a loved one, you, your parents like, whatever they're going through this and you know, they found a lump.

You know, I've had to tell so many people that in the emergency room, like, oh, the CT scan, you know, this isn't why you're having abdominal pain. But we saw this incidental finding of a tumor, you know, a growth.

So when you're going through it. Yes, it feels rushed. Yes. It feels scary. But make sure you're lining up your dream team so you can manage it properly with herbs and botanicals and things that are going to support your body when

you're going through these different surgical and medical processes.

So as Doctor Carr felt that you're not on this conveyor belt of madness of conventional medicine. And it's it's also, you know, that tumor or that lump that was found a lot of times it didn't it didn't just come about, you know, within the last month, this is something that has evolved over a long period of time.

And so knowing that, you know, whether you take an additional month, two months, three months, maybe to really kind of feel out, how do I want to address this?

You know, who do I want to be? Who do I want to have on an MC board? But what should my dream team, like I said, looked like, so taking, you know, taking a pass, you know, breathing, you know, and and meditating and praying and, and kind of feeling out what, what feels right to me, you know, rather than just kind of, oh, there's a lump.

And now we have the Three Stooges, you know, that are all, you know, everything. Sky is falling and we, we got to do something like immediately. Otherwise we're going to die in two months.

That's not the case. I mean, there are some rare cases that that you really have to be aggressive immediately, but they're, they're they're few and far in between.

So just knowing that you have the time and that lump, it's not really the lump in itself that kills you. It is when that starts to kind of move into other locations, you know.

So yes, if, you know, the lump is encapsulated, yeah. The rest of the body's doing good, then we want to, you know, see why is it there. And then we address that.

And then if we, if we feel we really need to do the biopsy, then make sure that you are then supported and, and. Yeah. And so that it doesn't go elsewhere because again, just the lump in itself doesn't kill you.

But it's when these things start to move into other locations, that's when it becomes more challenging. So the less we do to disrupt that environment that the bodies work hard to create, you know, creating that lump and isolating that, you know, the the better.

In my mind. Yeah, absolutely. So let's talk about some cutting edge cancer treatments that most doctors don't know about. And they're not initiated. Could you talk about some of your favorites?

Well, one of my favorites, which which I love and which people come to me from a little bit all over the world is, is photodynamic therapy. And and I love that just because to me, we we are, you know, in my mind, we're bodies of light.

You know, we're we're we're frequency, we're energy. And so, a lot of times when we are, dealing with diseases is because our energy is lower, our frequency is not, you know, what it needs to be.

And light. This is such a kind of early, foundational principle that that we all need. And so photodynamic therapy, essentially what that is, is that you combine a laser light, you know, intravenous, external interstitial, where you can bring it to the tumor, with a photosensitive or that have a preference to accumulate and, and tumor tissue.

And so because it accumulates in the tumor tissue, when you expose that tumor tissue then to light it triggers, a higher concentration of that energy into that, that cancer cell.

And it has a hard time then to handle the production of the different reactive oxygen species or these oxidative or stressful components, and that accumulates in the cell when you then activate those for desensitize is using then at laser light.

And so it becomes a very targeted and noninvasive, non harmful, type of therapy that really goes after, the tumor

and then the light in itself on healthy tissue.

It has the ability then to actually support mitochondrial activity. So it's actually a restorative regenerative. And when you do this and you intravenously as well, which we do here at our center, then, you know, we talking about cancer stem cells, circulating tumor cells, you know, they they are passing by in the bloodstream.

So when we do, you know, the pho so will attach itself to them. And then when we then expose them to light as we have the, the optic needle, you know, intravenous, you know, and treating the blood as is passing by, you know, these cancer cells or these cancer tumor cells then are then oxidized.

And what happens then is that then you have these components of the tumor cells, you know, that are then broken up. And the immune system can then check these things out and then produce the appropriate immune response, because now it is in a calm environment where, yeah, the, immune system is being presented by, you know, all the different details of these cancer cells, what they look like.

So it's kind of like a vaccine effect in a way. Yeah. That, that is, is being created. And then the immune system you produce, the antibodies produce, you know, and so they know who the enemy is.

You know, I kind of it's, it's kind of isn't it wouldn't be nice, you know, for, you know, let's say, Russia and the United States and they're fighting each other and they trying to figure out each other's secrets.

Yeah. If, you know, somebody just came and presented the. Yeah, the CIA or, you know, whoever it is here, look here, all the Russia secrets is is all, you know, they have their, bombs are going to be dropped there.

They have these. You pointed at us over there and you everything. And that's kind of exactly what happens when you present. Yeah. These cancer tumor cells, you know, to the immune system using something like photodynamic therapy.

So that that's one of the therapies I love. There other, you know, amazing eye you look at you know, they're looking at it from a metabolic aspect, you know.

So we know that cancer is a, it thrives on on glucose, thrives on sugar because it shifts that way of producing energy. So looking at it from a metabolic point of view becomes really powerful as well.

So you can use then diet you can use also intravenous substances like, you know, poly vodka is a combination that I like a lot because it, it blocks. Then the, how the cancer cells produce energy and then pushes energy through the mitochondria or the energy factory and, and the what we know is that the mitochondria holds the cell death switch.

Yeah. So when that is dysfunctional and it's not able to trigger that, that cell death switch, that's one of the ways that cancer becomes immortal. So if we, you know, start to push that energy through the mitochondria and the cancer cells, then then that promotes, then the that cell's ability to say, you know, this is dysfunctional cell, let's kill it off, you know, so so there's a lot of more understanding that that's coming out there.

And we another therapy that that I love that we use is using substances, from, you know, if you do a biopsy, but then if you don't you can also use blood and urine and then, collect information about the tumor or the cancer that's in the individual and create the very specific, peptide blend, that is targeted to, correct the signaling, the immune system signaling, you know, so it does not support cancer activity and that it is, promoting then the, you know, appropriate immune system response so it becomes more of an intelligent immunotherapy instead of just kind of up regulating everything that we do with immunotherapy.

But that's available now. We're up regulating the areas that need to be to go after the cancer and down regulates the areas that that are, you know, too active that may be promoting cancer activity within the immune system.

So those are just those are just a few. I mean, there's there's so many more. But you know, that that would take a whole workshop. Yeah, I know, I know or you know, people can get your book too, but I, I actually I Weber lasers, I

got I. V.

light therapy in December at a forum and it was so cool. It was so cool. No one offers it around where I'm at. So that's awesome. You guys have it. One last question.

What are your thoughts on low dose chemotherapy? And do you ever, you know, how do you work with patients with that and your thoughts on chemotherapy.

Yeah. So so sometimes you can do low dose chemotherapy to have that effect. Like like I talked about you kill a little bit of the cancer stem cell or cancer cells.

And and the body will then see that debris and then the immune system can respond to that. So it almost becomes like, you know, your upregulated immune system against what was killed.

But you don't do so much chemo that you're completely destroying the immune system. Yeah. So I it has it plays a really good role. It's still not something that I would jump into immediately.

I, I rather if we have the time to do other things rather than throw chemo added immediately, I would rather do that. It is, in my mind, a much more intelligent way of doing chemo.

Low-Dose Chemotherapy and Closing Resources

And you can combine that with, you know, like fasting around the chemo to really, increase the delivery of it. There are also, you know, new research is coming out.

That's really fascinating. We've done a little bit of that here as well. That's using nanoparticles, like, yeah. The platelets. Yeah. So using actual platelets.

Yeah. As a delivery mechanism of the chemo. Yeah. To get that more into the tumor because, what people don't understand is that when you get chemo, very little of that actually ends up in the can in the in the tumor.

Yeah. Maybe 5% gets there. The rest of the 9 to 5 is all over the body. Yeah. So if you can use lower dose or you can use a better delivery mechanism or use ways to increase the concentration of the tumor.

You're that much better off. Yeah, yeah. And that's, it's just that is where patients come to me with the most questions and I, you know, refer them out to someone like you because it's it's very individualized.

And it depends on the type of cancer, too. It's difficult. Yeah. Yeah, yeah. No, it's a it's a complex scenario and it's something that you, you need to look at the whole picture.

You can't just get tumor focused. Yes I love that. Can't just get tumor focused. That's great. Well thank you so much Doctor Heartfelt for being here sharing your expertise.

And can you tell everyone listening a little bit of how they could work with you, how they could get more information on what you do in your team and where they can find your book, your podcasts, all of the things.

Yeah. So, you know, first, yeah, you can go to my website. There's a huge amount of information there, a lot of blogs, you know, a lot of so and in essence, whatever you type in, if you type in the word cancer, I mean, the amount of information you get, it'll keep you busy for a year at least.

So, there's a huge amount of information on my website, and you can find it at the Carl Feld center.com. I have a podcast called Integrative Cancer Solution with Doctor Carl Feld.

It's available on, you know, Spotify, iTunes, Google Play, all the different platforms. Also my book, A Better Way to Treat Cancer. It's available on Amazon.

And, yeah, it's a 500 page. And it's not just for people battling cancer. It's something that people everyone should have because it's tools and what you need to do to mitigate the risk, as much as possible.

And we, we do, you know, if there's an individual out there battling cancer and needs more clarification on what to do, we do offer free 15 minute discovery call.

So you can just give us, give our center a call, at (208) 338-8902 and schedule a discovery call. And we can chat a little bit and see what's going on and and see how we can help.

Awesome. Well, thank you so much for being here. And I just love that discussion. And really to wrap it up like do not fear cancer, right. Exactly. Do not fear cancer.

Just put yourself, you know, step onto that field. No, you're you're the it's your Super Bowl when when you have cancer. And just know that you are the best quarterback out there.

Take control and you're going to win that game. I love it. Well, thank you so much. We really appreciate you. Thank you so much, doctor Jen, thank you for tuning in to Doctor Talks.

We hope today's episode has enlightened and inspired you on your path to optimal health. Each day is a new opportunity to make choices that empower your well-being.

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