Cancer Healing and Recovery Explained Transcript

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Immediate cancer treatment and missing emotional support

When you receive a cancer diagnosis, When you receive a cancer diagnosis, medicine goes to work immediately, medicine goes to work immediately, right? And thank God for that because right? And thank God for that because treatment, that's important for me to treatment, that's important for me to say, treatment often save life, of say, treatment often save life, of course. But what's not happening in that course. But what's not happening in that tender moment right after diagnosis is tender moment right after diagnosis is that no one sits you down and say, "And that no one sits you down and say, "And here is how we're going to take care of here is how we're going to take care of you as well." Not just this tumor, not you as well." Not just this tumor, not just your body, but you, the person just your body, but you, the person living in this body whose life just living in this body whose life just became unrecognizable became unrecognizable cuz you need support, too. There's no cuz you need support, too. There's no one there to say that. There's no one one there to say that. There's no one there to look you in the eye and tell there to look you in the eye and tell you that the fear that you're feeling you that the fear that you're feeling right now or the overwhelm, the right now or the overwhelm, the helplessness, hopelessness, they're not helplessness, hopelessness, they're not just emotionally uncomfortable. They are just emotionally uncomfortable. They are physiologically dangerous. Which is why physiologically dangerous.

Why healing must address the whole person

Science behind stress, immunity, and recovery

Which is why your healing regimen must address and your healing regimen must address and include more than just the physical part include more than just the physical part Treatment in many ways is like a healing Treatment in many ways is like a healing equation that should or must I should equation that should or must I should say address the whole person the say address the whole person the physical the mental and the emotional physical the mental and the emotional parts of who we are as well because we parts of who we are as well because we understand that if we only solve one understand that if we only solve one part of the healing equation we will part of the healing equation we will very likely get only partial results very likely get only partial results which in the context of illness in the which in the context of illness in the such as cancer is not what we want such as cancer is not what we want The science is very clear. Research from The science is very clear. Research from Ohio State University, for example, done Ohio State University, for example, done by Dr. Janice Glazer shows that chronic by Dr. Janice Glazer shows that chronic stress can reduce natural killer cells stress can reduce natural killer cells activities in the body by up to 50%. 50% activities in the body by up to 50%. 50% is a big number and these are important is a big number and these are important cells because they are the very cells cells because they are the very cells that our body relies on to identify and that our body relies on to identify and eliminate cancer. Work by Dr. Bruce eliminate cancer. Work by Dr. Bruce Lipton for example in epigenetics like Lipton for example in epigenetics like Dr. Joe Dispensza for example their Dr. Joe Dispensza for example their research shows that it's not our DNA research shows that it's not our DNA that defines completely our ability to that defines completely our ability to heal and recover but rather it is the heal and recover but rather it is the environment in which our cells are environment in which our cells are living in right the environment within living in right the environment within our body and mind that defines whether our body and mind that defines whether or not we are able to heal and recover or not we are able to heal and recover properly whether we are able to get the properly whether we are able to get the results that we want. And in practical results that we want.

Mindful remission and the subconscious mind

And in practical terms, what this actually means all of terms, what this actually means all of this is that there's currently a gap in this is that there's currently a gap in cancer care where medical treatment cancer care where medical treatment cannot address the whole healing cannot address the whole healing equation. And it's not a small gap. It's equation. And it's not a small gap. It's a canyon. And it's a canyon that mindful a canyon. And it's a canyon that mindful remission is working very hard to fill remission is working very hard to fill and bring a solution

to. Now, filling and bring a solution to. Now, filling that gap doesn't mean doing more therapy that gap doesn't mean doing more therapy or listening to more meditation tracks.

or listening to more meditation tracks. No. To support our body and biology No. To support our body and biology effectively, we must go much deeper than effectively, we must go much deeper than the surface to where 90 to 95% of our the surface to where 90 to 95% of our bodily functions, including our immune bodily functions, including our immune function, that's where they are function, that's where they are governed. That's the subconscious mind.

governed. That's the subconscious mind. And the subconscious mind is where And the subconscious mind is where mindful remission works. mindful remission works.

Mindful omission is a structured Mindful omission is a structured science-based methodology that works science-based methodology that works directly with the subconscious mind directly with the subconscious mind through hypnotherapy to change the inner through hypnotherapy to change the inner environment that our bodies are living environment that our bodies are living in so that medical treatment has the in so that medical treatment has the best possible conditions to do what it's best possible conditions to do what it's designed to do. Because when all the designed to do. Because when all the different parts of the healing equations different parts of the healing equations are addressed, then something shifts for are addressed, then something shifts for us and our bodies can finally get the us and our bodies can finally get the healing signals that they've been healing signals that they've been