Introduction and Interview Welcome

Hey, it's Nathan Crane, director of the Health and Healing Club and host of the Conquering Cancers Summit. And today, I am honored and excited to welcome you to a very special interview.

A. J. is taking the lead with some of the most brilliant researchers of our time, leading to unparalleled accomplishments and developing high quality products and promoting educational research, which now appear in peer reviewed medical journals, books, plus educational lectures given around the globe.

These works now comprise the backbone for understanding the immune response and how beta glucan can help get the immune system working at its best. A. J. consistently promotes the use of evidence based, peer reviewed science to help eliminate confusion in the marketplace that every individual can make the best decision for their health.

A. J., thank you so much for being here. Nathan. Thank you. I'm alive, awake, alert, and enthusiastic, and we're going to get people into the tall weeds just a little bit today with our lifeline to have no case for some of those bad.

Sometimes we got to get through the weeds to get to the good stuff. Right. So, you know, but we're going to dive in, you know, right. To kind of the core of this topic.

So maybe we can start talking about what is the immune. So maybe you can talk a little bit about the immune response itself and its relationship to cancer and, and how does how does the immune system actually keep cancer at bay?

Okay. The easiest way that I've been able to, to explain to people is the immune system, generally speaking, is a group of organs, tissues, cells, and also chemicals that are designed to protect all the other tissues and organs in our body.

Now, if we think in terms of vitamins, minerals, essential fatty acids, amino acids, good water, good air, all of those things are necessary to build healthy bone and tissue.

But healthy bone and tissue can't protect themselves. We need the immune system there to make sure that they remain safe. Because just living here on this planet, we've got more bugs in us, on us and around us than we have actual body cells.

I've heard in some of your presentations just talking about the good and probiotics and so forth.

How the Immune System Fights Cancer

So again, that's just a minuscule amount compared to all the things that are out there. Now the beautiful thing about the immune system, and we'll talk a little bit today about certain cells, for example macrophages or macrophages depending on which side of the Atlantic you were educated.

This one immune cell contains more knowledge than all the libraries that have ever been, are now or ever will be. So when you look at how does the immune system deal with cancer, you are born with an array that is able to deal with everything from the time you breathe your first breath.

And so what differentiates cancer, let's say, from a splinter? If you get a splinter in your toe or virus or bacteria, we're battling Covid right now, which is no big deal.

We've been battling viruses. I mean, they've got downward dog jawbones that, you know, 5000 years old with

rabies there. And so whether it's the the Wuhan virus or Covid two or a SARS or murres or the Japanese, this or the Spanish that our immune system doesn't care what you name it.

Nathan, I do tell you, though, going going forward, anytime you see a news piece that actually gives a formal name to a virus, you know it doesn't just say two in 5 or 8, one in what look out is going to be a bad one if they name it a name.

Because like when I go to Japan, anything that goes south, they've called it the Chinese virus. If I'm in, if I'm in Taiwan, it's the Japanese virus. And it's an interesting story about how we call it the Spanish flu.

It didn't have anything to do with the Spanish flu. It's just, everybody kind of kept it a secret until the Spanish broke the secret. So. But but without getting too, too far in to say about your immune system.

And I'm going to talk a lot today about the immune response. If everybody, I'm assuming is watching us has got an immune system, okay. It wouldn't be breathing here.

It wouldn't be breathing watching this if we didn't have one. Right. What we want to do is shift people's mindset. Okay. How well is my immune system going to respond to challenges from the outside challenges to the inside?

And again, now looking at cancer in particular, it's again, cancer doesn't invaders. We don't inhale it okay. Yeah. The sun can cause skin cancers and so forth.

But things happen again and on and around us that makes these cells start firing off sideways. And all of a sudden they are not normal anymore. And our immune system has within its vast array, certain cells, natural killer cells, for example, they go down the line and say, okay, smiley face, smiley face, smiley face.

Ooh, wait a minute. This cell doesn't have a smiley face. Bada bing, bada boom. Blows it up. It doesn't care if it's cancer. It only cares that it's not normal, healthy cell tissue it had been in.

It could have been harboring herpes. It could have been harboring, you know, some sort of other bad thing. Or it could have been a cell. It's just tired about ready to die.

An immune response is working properly, will never let cancer get its foothold. You see it. So I like to tell people, if you've got cancer, your immune system has failed you.

So that's kind of the broad stroke. It's a great way to look at it. I mean, you're talking about macrophages. And that's just one of the immune responses right?

I mean we have T cells. We have B cells. We have so many different aspects of the immune system. Maybe you can clarify on that a little bit more about you know what are people saying. Immune system.

They're not quite sure exactly what comprises that which organs, which, you know, aspects in the body that actually make up the immune system. And what are the most important aspects about the immune system?

Maybe expand on that a little bit. And I do want to add there, you know, you said, yeah, we are surrounded by and filled with, you know, all kinds of, bugs, more bugs, cells than we then, then we have human cells.

I mean, that's true for bacteria. That's true for viruses, right? I mean, we have more viral cells and bacterial cells that, in our bodies than actual human cells in our bodies.

So the fact that, you know, bacteria and viruses are something that we, are foreign to us is is an asinine statement. They're not foreign to us. We are surrounded by them 24 over seven.

The the reason it becomes scary for people is if your immune system and this is true for cancer as well, right? Our bodies make cancer. They don't we don't get cancer from outside, like you said.

But bacteria, viruses, they do come from outside, if you will. But the immune system works the same on both. Just a different response. Right. In terms of works the same that if you have a strong immune system, it's functioning.

It's doing what it's supposed to do. It's going to get rid of cancer cells the way it's designed to, and it's going to combat and get rid of bacterial viral cells that would normally make you sick.

And that's why, you know, unfortunately, in the media today with this virus that's happening, they have, for some weird reason, convinced us that being, asymptomatic is a bad thing.

Asymptomatic really means your immune system was doing what supposed to be doing. Right? So we we we believe that that's definitely a baseline we'd like to maintain.

Yeah. I don't feel sick. I mean, hey, there's there's been long distance runners who supposedly in good shape. They go out, they run their morning mile, and then 30 minutes later they drop dead.

Well, sometimes that happens, but. Okay, let me, let me. I'm on pretend I'm in a large group. We're in a large group, and I want everybody to hold up their arms.

Okay. Because I'm going to talk about two arms of the immune system. Yeah. One of the arms is what we call the innate the innate immune system. That's the immune system that we are born with.

Okay. The other meme system is what we call the acquired immune system. I sometimes refer to it as the immune system that learns. Okay, let's start with the innate immune system.

Within that group, you've got your macrophages, your natural killer cells, your neutrophils. And then you've got some cells that kind of work back and forth between the innate and the, acquired immune system.

Now, what's the basic difference between the two? Your innate immune system responds very quickly. Certainly within minutes, maybe an hour. Two quickly confront.

And this is, I think, a line in the sand.

Innate vs. Acquired Immunity

If it's not me, if it's not self and it's not a healthy self or me, then the innate immune system is where we start to surveil, identify, attack and eliminate those four things surveil, identify, attack and eliminate that which is not self and is not healthy.

That would include cancer cells. Now sometimes the immune system is a little groggy. It's a little late to get up in the morning. Maybe we had a four day drunk.

Maybe we just went through a bad divorce. Maybe, a lot of things, you know, bad sunburn. Be maybe a lifestyle in general. Again, not eating the good foods, embracing the bad foods.

So many things. And by the way, I encourage people eat the good food, stay away from the bad. Breathe the good air. Drink the good water. Get plenty of rest.

Deal with stress. Say your prayers. Leave it. Cover every base. But and this is one again that you can think about if you do all of those. Nathan, and you don't brush and floss, what happens to your teeth and gums?

You're in trouble, right? Even though you do all of those good things, you have to do something extra to keep healthy teeth and gums. You have to floss. You have to brush.

Have that same mindset about your immune system and maintaining and supporting a good immune response. You have to do something a little extra. All those other things I'm going to take for granted that you're going to try to

do.

You should, because that's what your mom and your grandmama tell you what to do and what to stay away from. But we didn't. Grandmamma didn't know what we know today because immunology, unlike things like basic chemistry, biology and physics and so forth, is a relatively new science.

40 or 50 years ago, we did not have a clue about certain chemicals and the relationship of, say, antibodies to B cells and so forth. So being able not only to know what these cells are, but what they do, but also how they communicate, how they are, in we want to use that term, initiate, if I get a splinter, the immune cells up in my right ear know it.

Okay. And it didn't need a cell phone. Thank God. Okay. That's the brilliance of our immune system. Yeah. We've got certain immune cells that communicate with nerve cells.

Certain nerve ganglion that go out and just kind of stop in space, their receptors. So all of our systems are great. Systems communicate one another with another.

And your immune system just part of it. But but generally that innate immune system it starts now. It it starts off with a ferocious roar, gobbles up, beats down and eliminates.

But then also those macrophages, those neutrophils think of them like Pac-Man. Or your younger listeners will have to go Google what Pac-Man is. But but it gobbles up okay.

And they're kind of sloppy eaters. So they leave leave around little bits and pieces and fragments. And we have a cell that comes along called a dendritic cell.

Got these long spider like tentacles and it grabs these little particles and runs over to these other cells in the acquired immune system by way of the left system meets up in the lymph nodes.

And that's where they first hook up with our T cells. Now I talk about T cells, particularly T focus. Okay. Thinking cell four star general. They don't so much get you know, get into the fight with guns and knives.

They do the thinking, they do the directing. So here comes this dendritic cell presenting to these T cells. Now not every T cell is interested in the information.

So the the that cell maybe has to cover a lot of ground. That's why it's good for you to be moving around. You want your immune system to enjoy a lot of movement of that little fluid and so forth.

Because, you know, you don't want that that dendritic cell having to fight the tide. So when it presents to the right T cell that T cells is going to say, whoa, wait a minute, we got to have a plan.

And now that T cell, we're over here with the acquired. This is where the learning starts starts developing information. Feeding it now to our B cells are being lymphocytes.

And together then they say all right we're going to start releasing these proteins. These don't forget states called antibodies specifically these are ag g immunoglobulins ag g one bullet one target.

Now let me back away from that for a minute because we have other antibodies that are naturally produced and they're more nonspecific. They're AGM and IGA.

You'll find the eggs in the snot okay. You'll find it in the mucus, of the gut of the vagina, the nose. And so anyplace you've got mucus, if your immune system and the immune response is working well, then you're going to have sufficient RGA and then AGM.

It's a big like a five. I mean, it's a huge, huge, pinch hammer. It's got like five fork. It sticks on it and it likes to stick

to stuff and it doesn't care what it sticks to.

If you've got plenty of those hanging around, Nathan, again, between your innate immune system and those nonspecific antibodies, you're going to arrest virtually all of the things that get through, and you'll never know the difference.

But something that gets through the immune system is going to start to learn a specific attack system where those ag gs, those immunoglobulins, one bullet, one target, for example, herpes one, herpes two, chickenpox, varicella zoster, Hib six otherwise known as rosea, big happy family, all known as herpes.

Once you get it, you got it forever. Now, I had chickenpox when I was young. My father had the shingles. That's when chickenpox comes back to get you.

But it's also, again, when your immune system fails, you because that virus is forever going to hide out inside in the nerve tissue, or with these a b inside the ganglion.

And when the immune system fades in its abilities, that's when up jumps the devil up jumps at the shingles. And so the immune system is very clever. It gets out of the gate, bada bing, bada boom.

And then that immune response tends to step aside and then learn. Immunity tends to come in behind in a very specialized way and gives us long term immunity.

Let's get back to the to the Covid. For example. We've had SARS. We've had murres, well established. Those are forms of coronaviruses. Well, okay, so one looked like this.

The other one looked like that. And the other one looks like this. They're all coronaviruses. In fact, there are dozens and dozens of coronaviruses out there that we've seen a lot more than that into animals.

We've got the bird flu, we've got the pig flu. We've got the the bat flu. All these different things. Immune system doesn't care that the immune system doesn't even care if anybody's seen it or understands what it is.

If it's working properly, it will surveil, identify, attack and eliminate it. But you've got to have the immune function working it. It's very best for you to have your very best immune response.

Thank you for that. Deeper understanding of how the immune system works. You know, it's it's the same thing with cancer, right?

Beta Glucan Research and Immune Activation

In you already said this early on, if you have a fully functioning, you know, immune response, your immune system is working out, supposed to no matter what your ages, you're not going to have a cancer diagnosis.

Yes, we'll have cancer cells, but we're not going to have cancer cell proliferation to the extent that it takes over, and goes beyond the immune system's capacity, because the immune system's job is to eliminate, these abnormal cells.

Right. And so throughout this entire series, we talk a lot. We have a lot of great, experts talking on one, what you can do to enhance your immune system, what you can do to, eliminate the things that are inhibiting the immune system and getting rid of the things that are that are causing your immune system to be weakened and adding in all different kinds of, of solutions and methodologies, supplements and nutrition and diet and exercise and lifestyle to help you have a fully functioning, strong immune system.

But what I want to talk with you today about AJ was this vast knowledge and research and experience you have specifically with beta glucan, because I know it's been a huge focus of yours.

And, maybe you can talk a little bit about what our beta blue cans. Why are they important? What is it? How do they affect the immune system? Where do they come from?

Why should we know about them when, you know, wanting to, have a stronger, more fully functioning immune system? The medical research on blue cans goes back literally to the 40s.

You have a bunch of scientists that are standing around, if you can imagine. And of course, in all the movies, you see some scientists scream Eureka! That's real.

Real scientists don't Mythic Hazard or, you know. They're standing around, okay, looking at something, and they look over and they say, come over here, look at this, this this looks a little different.

That's how real science is done. You know, conducting your work, observing, conducting your work, observing. And then when something that you've never seen before occurs, that's a new discovery.

You've got to repeat it over and over and over again. You put it before your peers, they follow the same procedure that you follow over and over and over again.

And we're not talking about the guy standing over there, the guy down the road. We're talking about people that are just as smart as you or smarter, scattered all around the world now just as much as you do, maybe more.

And they'll try to pick it apart. And if they can't pick it apart, it get it. It's published. That's that's what we call peer. That's what we call peer reviewed science.

Exactly. Right. As opposed to look, Johnny showed up. Johnny was sick. Johnny drank, you know, the the soup or, grandmama's chicken or whatever. And now Johnny's better.

Nothing wrong. Happy that Johnny is better now, but can you line up the next hundred people and do better than, say, 33 and a third percent? Because about a third of the people I can stand in front of, a thousand people, give a presentation, give them a placebo, and one third of them will get better.

And I'm just some of them sawdust, and then they'll get nailed to get mail. But yet, because I got 330 33 testimonials. Again, nothing wrong with testimonials I love testimonials.

Get them all the time. But if you're years into the process and all you've got is testimonials, I would say you need to look a little harder, get some other peers in there and look to, repeatability so that you could get up into that 50 plus, 60 plus percent.

See if I if I come up with a pill or a potion and I go into some hospital and say, look, I'm going to cure 65%, I'm going to cure two out of three people.

You line up in front of me, okay, brother, that is the Holy Grail. That that is the one I'll be. I'll stop all. Sometimes people get lucky. Sometimes you've got divine intervention.

I mean, I've, I've seen all kind of circumstance over the last 20 or 25 years that I've been doing this work where people get better. What I had to do with my ingredient better glucan compound, which is.

You see it out there now, glucan 300 is is the brand. But what we've done is we've taken it outside of our group and in our people. That would give us brand testimonials.

And we've put it in the hands of, well-known universities and teaching hospitals here and around the world. So when you get up and I get up in the morning, there are now thousands of classically trained medical doctors, PhDs, people that are a lot smarter than me working with this product and demonstrating its safety and its benefits, not just in cancer, but in infectious disease and things like allergies, the aging process, again, all of those things that fall under the umbrella of the immune system, okay.

Those are the things that when the beta glucan goes in, it activates these cells that we've been talking about that have a receptor. Now, what kind of automobile do you drive by?

Right now, just, little old four door truck. Okay. Well, I got a little old for our truck, too. Fam, mom's a Silverado. Okay, probably. Now, if you got a Silverado, I'm still been my key.

Won't crank your truck up. Probably not. Probably. No, no no no no, it's not even the same family of trucks. And if it were, it probably still wouldn't work.

Okay, so think of that key switch though as this receptor that's on the surface of these immune cells. Think of our glucan molecule as a key that fits precisely in that receptor.

And when it cranks it up it turns the woody and immune cells into Schwarzenegger cells. The younger folks, again, you don't have to go look up, Woody Allen, when I started this years ago, people say, well, you know, Woody Allen and all the stores that you're going to sue you.

Well, I'm sure I'm back to, I don't mean to hurt Woody's feelings, but, hey, if you if you've ever seen him, you know what I'm talking about. And I think, Arnie would laugh, but, the gist of it is the ingredient, and this is very important as far is the safety issue, because there's plenty of things out there.

You've got echinacea, you've got astragalus, you got all kinds of herbals and compounds that will stimulate the immune system. But but you don't want the immune system running off like, a freight train on fire going over a cliff.

You want to activate the immune system so that the immune system self-regulate, because those four things that, again, surveil, identify, attacking it, eliminate, you know, your immune system is fired up all the time because that's going to create nonstop inflammation.

Think of the immune system as an army. Well, the primary function of an army is to kill stuff and blow stuff up. And that's what you want your immune system to do in the face of cancer.

That's what you want it to do in the face of Covid. That's what you wanted to do in the face of, some sort of a bacteria, or fungal infection or a parasite.

But once that job is done, you want the immune system to go back to a state of rest. But you had a state of readiness that played a little bit of football when I was young.

And if you can imagine in American football, I have to differentiate today if the offensive line comes up and they're just kind of standing there, big old boys, big old bullies, and the ball is snapped, what's happening?

Those big old boys that are just standing there, they're going to get their hand knocked down. They're they're going to get their clean. They're going to get cleared cleaned as well.

The immune system, just like those big linemen, have to be there in a really state. And basically that's what that's what we're doing with our molecule.

Not not to get into too much, chemistry and whatnot. Because again, if I'm shooting up here, I'm going to miss this important part here. I want to hit you're up 20 hours with this.

You want an immune system doing what it's supposed to do, but more better and faster. Let me say that one more time. You want an immune system and it's response doing what it's supposed to do, but more better and faster.

And that's kind of the short story on what our ingredient does is there's no quantity of it that you can take and it hurt you. I mean, to wind up safety is is so huge, it would be hard to describe probably safer than the water that some people drink.

But in the use of it, whether it's a child or a teenager, it's not going to interfere with chemo. If somebody likes to go that route, it's not going to interfere with radiation.

I bring those up because that's very common. Surgery? No, there's no conflict at all. In fact, a lot of the medical literature in a research on cancer talks about it being used as an adjuvant, very successful adjuvant to chemo and radiation.

Now, been in this long enough. Thank the Lord. I have lived long enough that there now is an emerging a field known as immunotherapy. And immunotherapy again is the concept of us taking our own immune system and giving that immune system to turn.

It's incredible. Its incredible knowledge and ability to protect us and direct it. Whether it's Her2 positive breast cancer, a colon cancer, nasal pharyngeal cancer, whatever the cancers.

And gosh, there's so many, so many, so many mutations, so many.

Sources, Safety, and Product Quality

And and again, if we're doing it the right way, we're getting the the immune system again doing what it's supposed to do, finding those, caring, finding those cancer cells or cells that are our errant cell cells.

And let's just say they're firing sideways. They maybe haven't become cancer yet, and we're going to stop it in their tracks so that you never have to be troubled by having to consider chemo, radiation, surgery, immunotherapy, all these different things.

I'm a big believer after so many years, I'm kind of diving in to the Niagara Falls and trying to, you know, swim against the current and some of this gray hair is, has I've learned we got to start early.

Nathan, we got to get our children. We got did we hear about flattening out the curve when it comes to cancer and a lot of other things, we got to get ahead of the curve.

So. So I've actually developed, a material that I used to find, medications, that actually helps the younger kids get their immune systems again, doing what it's supposed to do safely, but doing it more, better and faster.

I mean, that's exactly what we want, right? Especially when wanting to prevent or do our best to reverse cancer. And, you know, you said something a little bit ago that really sticks out to me is the, you know, you want your immune system working efficiently when it's needed and then to kind of relax a little bit when it's not needed.

And, and that's the problem with, like, people, you know, dealing with autoimmune disease. Right. And a lot of people who have cancer and autoimmune disease or don't even realize they have a form of autoimmune disease and cancer, or a persistent, never ending, you know, viral or bacterial, or fungal or mold infection.

Right. Because when that infection doesn't go away, your immune system is constantly trying to get rid of it. And that process alone creates chronic inflammation, as you said, it is that and that chronic inflammation we know scientifically causes cancer.

So it is a matter of getting your immune system, as you said, working, you know, better and faster, more efficiently, more effectively. So that it's not just constantly on 24 over seven, you know, creating more inflammation.

And that's a lot of the things we talk about in this series. But with beta glucan specifically, maybe as we've got just a couple more minutes here, what source do they come from so people understand them a little better?

And, what else do people need to know about beta glucan when, when considering, you know, adding them as a supplement to, you know, again, the research on blood cans goes back decades.

Now we're talking again in this country in the 40s, in the Asian area of the world, mushrooms have been in their medicine, basket for thousands of years.

And so you'll hear about mushrooms, as in ultimately about actually 25, almost 30 years ago now, glue cans were approved as a drug for cancer. Some 30 years ago, when I first started, there was a material called PSA Creston, only available as a prescription, widely available, in Japan and Korea and Australia.

You know, that region of the world, in this area of the world, we look at baker's yeast. Okay. Now, what do these two have in common? Both of those are fungal forms, okay.

Fungal forms generally are rich in a complex carbohydrate called glucan. That's exactly what the molecule is now. Not a simple sugar, not like glucose or sucrose, but but a long chain, complex carbohydrate that actually goes to give these fungal form shape.

You know, if you go into, the plant world, the reason trees and other plants stand up is not because of proteins and lipids is because of the the complex carbohydrates known as cellulose.

You see it. So carbohydrates are essential in virtually all of our living things, other types of carbohydrates. Every time you have a shrimp, you got to peel it.

Well, the exoskeleton of that shrimp is made up primarily of Titan Qatar and the exoskeleton of other insects, roaches and so forth. Again, a complex carbohydrate, our human bodies can't digest it.

Okay, so what we have to do is we have to purify the material, and we use, like, baker's yeast. Why do we use I mean, I could use mushroom, I could use certain seaweed.

I could use certain, pond scum you glean. I mean, there's a lot of things out there that have glue cans in them. But what we've done is we figured out that the molecule that is the most complex and causes the highest biological activity when we dose it, is the material that we use from a baker's yeast, and we use, proprietary ease so that we are consistent.

When we get rid of the fats, we get rid of the proteins, making our material almost a pure carbohydrate that's extraordinarily high in the glucan, little bit of chitin, a little bit of glycogen, a little bit of other smaller molecules.

But the bulk of it is the glucan. And once that goes in the gut, we know we I mean, we know all the farmer dynamics, kinetics and so forth. We got some great videos.

Somebody can go to Vito with immunity. That's Vita Vita's Latin for life. So Vita with immunity.com. We got some great videos on how it goes into the system that activates the cells.

But but that's that's the, the overview of how we make it. And then what it does when it goes in the body could, use ask a question. Yes, I could a daily dose use it once a month, run you somewhere around 900 to $1800 a month, a little price it again.

You'd have to have the prescription and and testing it side to side. Not me, but in some of these major universities and by the way, this is published in the medical journals.

Our side by side comparison, naming by ingredient by name versus BSc, versus many other not only glucose, but other vitamins, minerals, other stuff 6 to 8 times the dose.

So you'd end up spending thousands of dollars to get a fraction of of the immune response. And so we've been very, very, you know, smart. And the way that we've chosen our source.

And then of course, our process, is, is is a process. It's very painstaking. But that assures you, imagine if you were a person that required insulin and you pulled your, your, you know, down to the second line or third line, your

insulin, but you really didn't know how much of active insulin you were getting from those two.

Does you see it? So in the world of the food supplements, nutritionals and so forth, if it's close, you know, whatever, some people just take up baker's yeast and grind it up. So and and so we got glucagon.

Unfortunately, that's what I have to contend with in the industry. But it's extraordinarily important if you're going to get the immune response is you get a material which again is the highest purity, has the highest potency, the most biological activity.

And that way you're not spending thousands of dollars. You know, you look at it on a retail basis, probably around, 70, 80 dinner if you're a real big guy.

Because it is dose by weight. Probably less than $100 a month. So, yeah, it's a little bit better than the the Japanese. A little bit more affordable, for sure.

It's impossible to do without, yeah. Since it comes from, a yeast source. Do people have to worry about, and it, by the time it enters the body, is that yeast that I'm guessing that yeast is not active in the in the dose at all.

Is that right? Or actually that's number four on our FAQ. You there's only 13 questions in the world. And I got them all written down on there for human to answer.

Great question. We get it quite often, as you can imagine what people have difficulty with is the live yeast. Of course, the yeast infections. But what we're doing is we're taking yeast and not only are we killing it, but we are removing the proteins and those are the things that are pro-inflammatory.

It is the protein portion that the immune system of that person who sits there are allergic to it. They see that protein and that immune system says and creates all that inflammation.

Okay. The lipids then, not so important. Those will start to get smelly after a while. And because of the, of the oxidation of any, you know, any lipid, you know, try to get you some old cod liver oil, like I had to take teaspoons full.

Well, when I was a kid. They didn't they didn't have nice, you know, essential fatty acids that were, palatable. You know, you had the whole. Oh, but but getting rid of those fats and proteins is, the cornerstone of our process.

So that when you take the product, we can make sure you get exactly the dose that you're supposed to get based upon your body weight. The bigger the person, the higher the dose.

A child 3 or 4 years old doesn't take much. You got a little dog that weighs a couple of pounds. Yeah, can take a dose once every 2 or 3 days. So, I mean, even a shrimp, shrimp has a single immune cell called a hepatocyte.

Yes. What it is, it's a it's a type of macrophage, and it responds to our material. We set it down to to the people, in Hilton Head that have have a big marine in a big marine science center.

They have your tax dollars paid for, to do a lot of their work trying to keep shrimp from dying from certain viral infections that wipe out entire populations.

Where to Learn More and Closing Remarks

There are other big name companies which they'd get angry if I told you, because they won't let you read it to be a secret. So when you buy your dog food or you buy, the things that you buy with an ingredient in it, they they don't tell them that we're you, you know, but, if it's important.

So that when you do choose not just this ingredient, but other things that you that you're absolutely are sure of, your sauce, if you've got something that's coming from China, it's crapshoot.

But let me tell you something I don't mind. The Chinese people, but they're good. But you know and understand that everything over there is owned by the government.

So so be careful. And you may be getting more heavy metals. And other chemicals, when you've got ingredients that are shipping in, shipped in here, albeit cheap, albeit inexpensive.

You know, my mom was born in 1916. And if she ever talked about a woman wearing a cheap dress, she was not being complimentary of that woman's ability to buy.

You know, about a good price. Yeah. So you don't want to. You are never rich enough, Nathan, to be able to buy cheap when it comes to things like thanks for your health, your well-being.

Yeah, that was it's so well said. We we talked so much about, you know, saving money and not spending on organic. And these things are expensive in supplements and I get it.

But at the end of the day, you know, when it comes to your health, it's the same thing. I say. It's like, you know, there's no amount of money, that you can, devalue your own health based on money because medical bills and sickness and pain and, you know, losing quality of life for years and years.

There's no amount of money that can make up for that. Right. And so when it does come to quality, it is so important. I'm glad you said that. What's the best website for people to go to to learn more about the product?

I'll tell you, I can't think of anybody any better equipped not only to acquire the product, but I, you know, I would love to talk to you ad nauseum. I'd love to talk to all your listeners, but I'm just one old man, and I just got my first grandson.

And so there's a little bit about, Well, thank you. We go on down to the House of the masses. We and, give, give him his first exposure to Covid and everything else that's out there.

We we're going to challenges immune system like nobody's that. If I can get him, if I can get him into the Atlanta into the Atlanta airport and see if I can get him to lift the escalator on the way up. Barry.

But now that just. But, we're inside. I know you're kidding, but it's a health the better way. Health.com. That team down there is incredible. They're very knowledgeable.

Their website again you're frequently asked questions and so forth. But you pick up the phone and you're going to get somebody that knows what they're talking about.

Every once in a while. You'll be able to maybe stop them. And they have the ability to chase me down. But they are well versed on that 12 or 13, frequently asked questions and every variation and the answer.

So I would say that that that would be, you know, the product is out there and health stores, but a lot of different companies, sometimes they put my name on the bottle, sometimes they don't.

But for your viewers, I think they're probably, savvy. So we would have them go to, Better Way Health down in Georgia. Sounds good. Well, AJ, thank you so much.

I appreciate the conversation, the good candor, the good lesson on, the immune system. And I know we could talk for hours and, you know, I'd love to stay in touch and do some more follow up.

That would be my pleasure. Yeah. I just love how you you take something so complex and make it so simple for people to understand. So thank you. Thank you for doing this.

Appreciate your time. And, look forward to staying in touch. Y'all stay safe. And I want to thank everyone for tuning in to the Conquering Cancer Summit.

Please share this with friends and family. Together, we truly can make a difference for the future of humanity in ending the cancer Pandem MC. Thank you and I wish you ultimate health and happiness.

Be well.