Introduction and Integrative Cancer Care

Well, Dr. V, it is always such a joy and pleasure to to get to chat with you. You always bring such a smile and sunshine. Wherever you go. So it's always a delight.

Thank you. Thank you so much. Well. Thank you. Thanks for having me on your. On your Summit. Dr. Karlfeldt, it's, It's always fun to to talk with you and catch up on, the latest, therapies that's out there in the cancer world. So.

Yeah, it is a world that that's truly evolving, especially in the integrative space, you know, because there's so many people recognizing the need that we need to do something different.

And obviously a lot of the foundational principles still hold true. but there's a lot of great understanding, you know, and also some of that great understanding just, reinforces what we already knew and how important it is.

Yeah, absolutely. Absolutely. And it's great to see the information that's coming out. I mean, when I went through my first healing journey in 2004, there was a third of the information that we have now.

So just very grateful for for all the doctors that are coming forth and really changing their mindset about healing and introducing new therapies. And it's it's great.

And I, I would love to kind of see. So take, take me through a little bit of your healing journey. But I would love also to kind of some people out there get a feeling of what existed then and what we have available now.

And so, yeah, how how the integrative space have really kind of evolved, you know, I mean, that's 20 years, two decades. And, so and a lot has happened during that time.

I can't believe it's been 20 years. Yeah. Well, yeah, 2004 and, I was getting ready for work and found a lump in my breast when I was in the shower. And back then I worked with a medical doctor who lost his license because he was working with cancer patients and getting good results.

But, you know, he was he turned out to be a friend of mine. And so he helped me with, the journey.

Dr. V's First Breast Cancer Journey

And, I did find those proteolytic enzymes and all kinds of tinctures and herbal remedies and colonics and, I experimented with the black salve, which was definitely an experiment, and I don't recommend it.

You know, I expelled a tumor the size of a small golf ball. Extremely painful. but nonetheless, you know, two years into that journey, everything was clear and everything was good.

so I ended up, you know, I was a I'm a chiropractor by profession, and I stopped practicing after 30 years and was trying to figure out what part two of my life would look like.

And, many friends and colleagues said, you know, you should just share your healing journey with breast cancer. It could really help a lot of women. So threw up a website.

2012 had no idea what I was doing. And, here we are, you know, 64 countries later and, you know, over 10,000, clients that we've served over the years, 12 years now as breast cancer conqueror.

But, something interesting happened, in, 2015. So this is, you know, nine years after my initial healing journey. I was very passionate about what I was doing, and I was working from sun up to sundown and helping women with

breast cancer.

I neglect neglected my self-care, and I created the perfect storm for cancer to show up again. So that was a huge wake up call for me. a lot of shame, a lot of guilt.

You know, I'm the breast cancer conqueror. How can I develop breast cancer again? Right? So, you know, I didn't share it publicly. I, you know, share it with a few friends and family.

And I just changed my whole lifestyle. I cut back on my work. I trained coaches, I literally spent half of my day working on myself, from, you know, driving an hour and a half to get my IDs because we lived in North Georgia.

So I had to drive a long ways to get my ideas. And, you know, the meditations, the hard math, the cavitation, you know, everything. I just do much deeper into the seven essential system.

And to circle back to your question, I mean, things had drastically changed in those years. there was more information, there were more tools available.

I discovered the risk test, you know, circulating tumor cells, IVs. You know, I didn't do that on my first healing journey. So there was a lot more information and a lot more support for people who were looking for and less toxic way to heal their body.

so it took me three years to heal. And so now, so where I'm going on six years, it'll be six years in August. So happier and healthier than I've ever been.

And, I really I felt like I cracked the code for myself on what it really took for me to, to have vibrant health. And so during this journey, I mean, you, you wrote your book.

You know, Heal Breast Cancer. where? Yes. Heal Breast Cancer Naturally. Yeah. Yeah, it's an amazing book. I have it on my shelf and, Yeah, it it's just filled with, with amazing information.

And and the key is, is that. You know, going back to the foundational principles and like you said, you know, I had to kind of dive deeper into those foundational principles.

So 7 principles that you. Yeah. Outline. can you kind of go through, you know, so people have a broad understanding of the 7 principles are and I would love to know how you dove deeper because, I mean, you wrote the book, you know.

So, how did you dive deeper into those principles to kind of kick it again? So great question. essential number one is to let food be your medicine. I was a juicer for decades, and when I was going through my second healing journey, I said, okay, I'm really going to ramp it up.

But I noticed after juicing that I, I just I didn't feel good. You know, at first I thought, okay, you're just detoxifying, you know, it's okay. But it was consistent for weeks and weeks.

So finally, and I consulted with Dr. Nasha Winters, you know, the Metabolic Approach to Cancer, which, you know, she's a dear friend of mine. and it really opened up my eyes to help me realize that I was metabolically inflexible.

I mean, I had no clue before that. And so I learned that by testing my blood sugar on a regular basis, what I ate, that I really had to dial back my carbs and my sugars.

I dove into the ketogenic diet hardcore for six months.

Food, Ketosis, and Metabolic Testing

Don't recommend it long term, but for a metabolic reset, it was really good for me because it really helped me to

see, that I was insulin resistant. so that taught me a lot, you know, with the food.

but, you know, just big picture with food, obviously organic as much as you can. lots of vegetables. I love this test called the nutrition genome test, which look looks at your genetic weaknesses and what foods and supplements support those weaknesses.

So it takes the guesswork out of what your you know, what your body is eating. And our needing for food. So that was a big game changer. So for example, you know, I discovered methylation.

I wasn't breaking down my hormones properly. I discovered that I had a genetic snip that prevented me from, absorbing and manufacturing vitamin D very well, even though we, you know, we have moved to the sunshine State, I still have to take 10,000.

I use a day plus sometimes of vitamin D, I don't convert, vitamin A from beta carotene in foods, you know, the and the list goes on and on. So it really helped me to fine tune my food choices and supplements to know what my body needed.

So it took the guesswork out of everything for me. Yeah. And it is a great test. I mean, we, I use it in my clinic as well. And, yeah. Because people come, you know, they deal with cancer and they think that there's just one way of, of eating in relationship to it, not recognizing that we're all genetically different.

And so we're all going to be able to digest protein, you know, differently or fats or carbohydrates. And so you need to then adjust your diet based upon the individual.

You can't just go gung ho, this is how you should eat. And this is it without information. That's so true. And I always tell our community, if somebody tells you plant based is the only way to heal cancer, run the other way.

Because I can tell you with clinical experience, I've seen many, many sick vegans and vegetarians who did not respond until they started adding a little bit of protein.

And, you know, that's not for everybody. But again, we're all bio individuals. So, you know, find out what works best for you by testing, testing your blood sugar, doing nutrition, genome testing, looking at inflammatory markers, you know, see if the protocol you're on is working for you.

And when you were testing your blood sugar, I mean, what were you looking for? What were your kind of target ranges? Yeah. What what did that look like?

And when did you test? Well, I would test an hour and a half to two hours. after eating and juicing, my blood sugar was over 160. you know, we don't want it to go above 120.

so sometimes it was even higher than that. I was also when I did the, ketogenic diet, I was testing for ketones. So my goal in the morning was to have my blood sugar between 70 and 80.

before it was 90 to 100. So I was able to, you know, bring it down. and so, you know, just after every meal, I would, I would test to see and I counted and it's, you know, it was arduous.

I mean, I was committed, I was counting my carbs. And, you know, I realized that, you know, quarter cup of romaine lettuce has a lot of carbs in it. And when you're trying to get 20 carbs max in the day, that's very difficult to do.

so now I'm much more lenient, you know, I'll go maybe 50 carbs, six g carbs a day. Depends on, you know, my activity. But, it was a big learning curve for sure.

And obviously there's a difference between when you have active disease versus, you know, when when you're in the aftermath, you know, more preventative.

Yes. Yes. And your ketones, I mean, what what kind of levels were you looking for there when and during your active phase? if I remember correctly, it was between I want to get between 4 to 6, which wasn't always easy to get, but, you know, I have the time.

I would reach it, and, you know, I, I didn't feel good when I was in high ketosis. I just had a lot of leg cramps. And even though I did, you know, lots of minerals, potassium, all of that, it just it just didn't feel good for me long term. So.

But it it accomplished a lot. Taught me a lot. Yeah. And, did you include, like, exogenous ketones to be able to reach that? I did at some point. not all the time, but I did just kind of experimenting with things.

And, for me, I found that it really didn't make a difference. it was really more food based. Yeah, yeah. I mean, 4 to 6 is. I mean, you have to be dedicated to get there.

That that's that's a, that's a tough range. Yeah. To maintain it. That's the key, right, is to maintain that level that makes it difficult. Yeah. Yeah.

Yeah. So, so food was one of your deep dives. You know what what what was some of the other ones that you felt like I hadn't gone down, you know, this this rabbit hole enough.

You talked you alluded a little bit to dental. Yeah, dental was a big one. so even though I'd had all my fillings replaced, you know, and my mouth was, was clean, so I thought, I was working with a biological dentist in Atlanta, and she thought I had a little cavity on number 14, which is the breast meridian on the top.

And she started drilling and the tooth was empty. And she said, you have something called root resorption. It's an autoimmune disease that your immune system attacked your tooth, which happened to be on the breast meridian where the tumor was.

Right. So what came first, the chicken or the egg? so had that tooth pulled, cleaned it all out? you know, looked at my immune system to see, you know, what was I eating doing that maybe it was causing an autoimmune reaction, but my thyroid much more closely.

and then another aspect was, chronic cavitation. Well, I did, I did cavitation surgery. I had, 4 or 5 different cavitation. I went to see Doctor Nunnally and Marble Falls cleaned that all up.

and you discover if you have cavitation, which cavitation or an infection in the bone where you've had extractions or whatever reason, you know, other reasons.

and they do a 3D beam scan and they can see the infection in the bone.

Dental Infections and Biological Dentistry

So they go in, clean it up, ozone aided, laser it. And, you know, you're good to go for the most part. But then I had recently I had a chronic cavitation here that I've done everything for the last 20 years.

And it was affecting the tooth, beside which is also breast meridian. I forget the number like was 19 or 20. So, in the fall I had, I had to have the tooth extracted so they could really dig deep into the bone.

Same thing. Also needs scrape laser. And I sent that tooth off for analysis. I was shocked there were 19 super pathogenic bacteria, including an amoeba, including an amoeba.

And I mean, it's just like it was mind blowing to me. So thankfully, you know, that's been cleaned out and, yeah, I feel so much better. I mean, I felt okay, but now I feel like, wow, like a new person.

So, you know, the the moral of the story on that is it just never ends, right? You just you got to stay on top of your

health. And it's like peeling layers.

And I guess that was just another core issue that needed to be addressed. So there you go. Essential number five, biological dentistry. And that's a thing I hear that so frequently you have I have yoga teachers, I have nutritionists, I have doctors, chiropractors.

You know, they they come, they have lived, you know, they eat well, they know nutrition. They've done so great. And lo and behold, you know, cancer still knocks out their door.

So, and it is and looking at these, you know, these components like you're saying, you know, doing that deeper dive and be more diligent in these areas, that that becomes so important in order to be able to, you know, obviously, if you're diagnosed, to be able to address it or, you know, if you're not diagnosed, it prevent. Yes.

another deep dive was with essential number three in balancing your energy. So that's kind of twofold, balancing your hormones as part of balancing your energy.

And I worked with, a, you know, medical doctor who was familiar with, you know, biological hormones, bioidentical hormones. And I had an imbalance in my EQ ratio.

So two of my estrogens were more aggressive than one of my the protective estrogen. They all, so I had to bump that up. I was estrogen dominant. You know, my progesterone needed some boosting.

I didn't have enough testosterone. DHEA was low. My adrenals were burnt out. So I really worked hard on balancing that. And now for years, I mean, my, you know, saliva testing is just perfect and my adrenals are good.

So that was a big part of it, because we know women with breast cancer tend to be estrogen dominant. They don't have, you know, enough of the progesterone or their their, estrogen quotient is off.

So that was a big discovery. And then, also learning about heart rate variability and balancing the nerve system, you know, sympathetic parasympathetic.

I mean, I'm a chiropractor by profession. So I understood the nerve system, but I didn't understand about heart rate variability. And that's the impact that your nerve system has on your heart.

And our heart is a mini brain. And excuse me. Then talk. Want to today? the heart is a mini brain, and it speaks to the brain more than the brain speaks to the heart.

And it communicates with your body in so many different ways. And it impacts how we feel. It impacts our our immune system. I mean, there's so many things.

So I discovered, the Heart Math Institute and learned about heart rate variability and use the little clip, you know, the heart math app with the Inner Balance app.

And, I mean, I was a meditator for years, and when I put that little clip on my ear and I saw that I was not in parasympathetic, I was still staying and sympathetic for the most part.

So it trained my brain and my body to know what it really felt like to get into that parasympathetic state. I mean, it was so much deeper than what I'd ever done with, you know, breathing and visualize visualization.

so that was a big game changer for me. because I was always, you know, nose to the grindstone, work, work, work type A personality. and so it really taught me to slow things down and to stay in that relaxation mode every day.

So and that's the things today's society we, I mean, that, that type A, the sympathetic dominant type of individual is the one that's always kind of celebrated.

And yeah, look what they're achieving. And look, you know, they're building this business. They're doing all these amazing things. But it always comes with the cost.

And you know the parasympathetic aspect, there's there's so much that takes place physiologically when you're in that pair of sympathetic state. So if you never go there you never get those benefits.

Hormones, Nervous System, and HeartMath

Yeah. Yeah. Because if you're not in parasympathetic state, your immune system is being compromised. You're not digesting properly, you're not getting a good restorative sleep.

so, you know, you you must achieve that every single day. And when what it does, it trains you to see that, you know, okay, you're busy in your day, but if you feel that stress building up in your body, it's a signal.

It's a trigger. Like, okay, let's just stop for five minutes. Let's do some deep breathing. Let's, you know, calm our nervous system down. And it's it's it's so helpful.

I mean, it was, it was such a game changer for me. And to be able to take the time for myself and to train my brain and my body, I mean, it's it's like, you know, a muscle.

You've got to train it and you got it. It takes time to get to that point. So it was it was really good for me. Yeah. and a lot of people don't value the time of silence.

They don't value the time of doing nothing. They don't value those components. And those are probably the most valuable moments for your body, for your mind, for your nervous system.

so, yeah, it it's always forgotten. You know, we live in such a physical, tangible world where it's always, you know what? We can see what is being done. Yeah.

That that we, you know, think is important. So hamster on the wheel, that's, that's how most of humanity is like. Right. Yeah. Bill. Exactly, exactly.

so those three components and I want to go back a little bit to the, the, the, the dental, because there's some new research has come out where they look at breast cancer, almost like an infectious disease, right?

Yes, yes. Thank you for bringing that up. I forget the the name of the study or who it was, but they've discovered that periodontal disease and women's mouth are root canal infections.

Cavitation, is such a huge pathogenic burden that because of the drainage of the lymphatic system, it ends up in the breast tissue. And women who have gum disease and, you know, infections in their mouth have a tenfold increase in their risk of breast cancer.

And when they analyze these tumors, they're finding the same pathogenic bacteria that are in the mouth or now in the breast tissue, because our breast has its own microbiome.

Right. It's on, healthy bacterial, flora and fauna. but they're finding that these bacteria are invading and they're in that tumor. So, yeah, some are starting to call breast cancer an infectious disease because of the connection to the mouth.

Yeah. And, I mean, like, when you analyze your tooth, you know, the, the all the infectious agents and recognizing the impact that has on your immune system.

And then also obviously, you know, like you mentioned, kind of the drainage, you know, of all those infections and ending up, you know, in the breast tissue.

I mean, that's you know, what what a kind of assault on the immune system in that location. Absolutely, absolutely. Yeah. So, so those areas and what what other I mean, so so those obviously are three huge areas where they're other kind of deep dives that you, that you did. Yes.

Essential number four is to heal the emotional wounds. so I grew up in a very dysfunctional environment. My parents were alcoholics, and I was sexually abused by convicted pedophile from the age of 3 to 5.

I mean, this was the late 50s, and the police went door to door to warn the neighbors. So it was a real thing, but I had no memory of it at all. And, the therapist that I was seeing at the time said, you know, you have all the makings of somebody who was sexually abused.

I said, no, no, no, no, that never happened to me. So just just think about it. So sure enough, you know, I had an hour drive home and it was like, I was getting nauseous.

I was dizzy because I was trying to think back. Was there anything. And bam, there was like, there it was. It was like a movie theater. I saw it on the screen and obviously I was a little hysterical.

I still get goosebumps when I tell that story I'm getting and bumps myself. No, actually, that's. I know, it's just. Yeah. What? You know, how your mind protects you is amazing.

so call the therapist right away. And, you know, of course I'm hysterical. And she says, well, I'll just, you know, take a few deep breaths. You know, let's call your family and see if they remember anything.

You know, let's confirm it. And sure enough, when I called my mom, she, like it was dead silence. Like. And then she said, you know, how could you remember that?

You were just a little girl, and, you know, she was upset because I'm sure she felt guilty. And she she did call afterwards and apologized for her reaction.

Emotional Healing and Trauma Work

But my sisters, my older sisters knew, but it was a family secret that nobody talked about. So it helped me to see that I lived my life, as a wounded child in an adult body.

I mean, I did that most of my adult life into my late 40s, early 50s and, you know, dealing with the healing and that little girl and letting you know that she's safe and nobody would ever harm her again.

And it was just it was, very, what's the word I'm trying to think of? It's it was like it gave me such a relief. Like I understood my life fondly and and how I was reacting to things versus responding to things.

and so, you know, did a lot of work with EFT and you box, which is electronic voice analysis to look at the stress in your nervous system and the frequencies that can help heal that.

The subconscious mind, did a lot of work with, Joe Dispenza, you know, you are the placebo and really using the power of my brain to heal my body and understanding that we have all the chemistry we need in our brain to heal our body.

And then he shows that beautifully with his research, and his story is living proof as well. So, dug a lot deeper into, that aspect of my life and that it made such a difference.

And I liked how you how you said that your your body has a way of protecting you. and so here you have a traumatic memory. And obviously as a three, four year old child, you really don't have the, the ability, you know, the skill set or anything to be able to kind of deal with that trauma because it's just way above, beyond what you in any way are able to kind of control or figure out and why it happened.

You know, so your body's, protecting you, you know, from that. Can you expand a little bit on on that? Yeah. You can't you can't comprehend it because it's so unnatural and, it, it creates so many issues.

It creates trust issues with men. It creates an issue with your, you know, your self-worth. you know, you feel you feel dirty, but you don't know why.

You don't feel like you're lovable, but you don't know why. there's just always something gnawing at to. There was just, you know, I could never put my finger on it.

And, you know, one point in my life, you know, I, I tried to numb the pain, you know, with alcohol and other things. but it just, you know, it never worked until I got to the root cause.

And I never imagined that I would be a woman who said, oh, those. You know, because I'd say all those suppressed memories. Yeah, that's a bunch of hoo ha. Wow.

I had to eat those words because it really did happen to me. And I just. Yeah, it really helped me to appreciate, and be more empathetic for women who who went through that.

And so when, when I encourage our, our clients and anybody out there who's listening, you know, healing the emotional wounds is not tangible. I mean, it's really easy to do the supplements and the animals and, you know, all the things that you need to do.

But when you work with intangible things like your your heart pain and your emotional wounds, you must address those because it's it's fermenting and it's gnawing at you subconsciously.

And, it's going to affect your health physically and catch up with you sooner or later. So, you know, do the work. The tears are okay. The pain is okay.

There's ways to heal it. You know, with journaling and EFT and locks and therapists and eMDR. I mean, there's a lot of things that you can do to to heal those wounds.

But once they're healed, it's like it's such a breath of relief. And and the thing is that, you know, you're talking about suppressed memories. A lot of lot of us, you know, we don't remember the things.

Yeah. We don't remember what happened. And it is for that very reason that the body is protecting us. So then to, you know, even though we may think that everything is fine, everything is perfect, and we had a great childhood or, you know, whatever it may be, I don't see cancer as being something that does not have an emotional trauma or emotional factor to it, whether you remember or not.

And if you don't remember it, then to then use these type of therapies to start to kind of stir the pond a little bit and see what's coming up. Yeah, there's always there's always some emotional issues in the background when there's cancer, whether it's if you had a happy childhood, great.

But what happened in your teenage years or young adult years or even now, do you have toxic relationships? are you are you managing your stress properly?

You know, how are you dealing with those wounds? And, you know, do you have that cancer personality where you're putting yourself last on the totem pole, you're not managing your stress properly.

you don't have close relationship with your spouse or with your parents. You know, people pleaser. You know, all those things. And those are very real things.

And they they must be addressed in order to really, get a complete healing. Yeah, yeah. we're we're there other. I'm I'm loving this. Yeah. I mean. There's yeah, there's lots.

So what what other kind of did you do any other deep dive. So you did you feel the other ones were were good the way I had it? No it was I guess it goes back to, you know, the advances in integrative cancer care.

And that's where I learned about liquid biopsies and circulating tumor cells. and, you know, I like the risk test and what it's done for me and many of our clients.

Recurrence Prevention and Modern Testing

So it, it, they grow your cancer cells in your cancer stem cells, and they, you know, they'll dose different natural extracts, up to 50 different natural extracts to see what, works best against your cancer cells.

So it really helped me to hone in on specific supplements and protocols. and, you know, I saw my numbers go down, you know, using things like laser and hypothermia and just a lot of things that I didn't, I didn't do in my first healing journey.

and then when you think about the, you know, the possibility things that are out there and all the different therapies that we have now, like, you know, methylene blue, I'm experimenting with that now.

You know, all the good things that it can do. photo dynamic therapy. I mean, there's just, you know, so much that we have available to us that, you know, we didn't have 20 years ago.

So, yeah, very, very grateful to understand that and to, to understand, recurrence too. That was a big one, you know, why did I have a recurrence? Well, because I never addressed those circulating tumor cells and breast cancer stem cells.

So that was another, you know, rabbit hole where I went down. And now I feel very confident because it's it's really quite simple. Conventional medicine cannot do anything with stem cells, breast cancer stem cells.

in fact some of the treatments they use make those cancer cells more aggressive for the recurrence and resistant to treatments. but simple things like high dose melatonin, high dose curriculum and, broccoli sprouts, you know, sulforaphane, medicinal mushrooms, blueberry extracts.

These things specifically attack and kill those breast cancer stem cells. So you don't have to worry about a recurrence. You know, women, you know, anybody who has had breast cancer or cancer is going to worry about what if comes back?

Well, you have a large measure of control about whether it comes back or not. So that was that was a good news for me. Yeah. so do you then kind of regular measure to see, you know, where my circulating tumor cell count is to.

And are there other labs as well that, that you kind of follow to, to make sure that, you know, I feel like I'm in a good spot. Yeah. Good question. So personally, I do the RGC test once a year.

I used to do it about every quarter in my active journey and just checking my, my count. and I also check inflammatory markers to make sure that I'm not actively producing cancer.

vitamin D levels are very important, so I do I do a good, thorough blood work about twice a year just to see what's what's going on inside the body. And so yeah, it's important to always test.

Don't guess. I do ultrasound on the breast. I do, the printable, which is a, MRI scan that doesn't use any contrast dye. so there's lots of tools that you can use to stay on top of your health, you know, don't guess when it comes to your health.

And, and say a few words about mammograms. Don't get them. Oh, no. It's you know, mammograms have had their, their, their time. And, you know, all the research shows us that, they haven't lowered breast cancer mortality rate at all, not even by 1%.

You know, 25 years and 90,000 women is just one of the studies that didn't have an impact at all. Plus, you're getting low dose ionizing radiation, which causes cancer, and you're adding compression.

It's just not a good idea. And they have, you know, half of the time it's false positives or false negatives. They miss them because of the dense breast tissue.

so if you choose to get a mammogram, go for it. But make sure you back it up with an ultrasound. and a good choice to do is thermography to show if there's inflammation or muscularity in your breast tissue, back it up with an ultrasound and bloodwork.

Breast Screening and Closing Remarks

there's new technology coming out now called the CT machine, which uses sound waves, and it does a thousand images of the breast tissue and only, you know, depending on the density of your breast tissue, you only need to get screened twice a year.

I mean, twice, once every two years. so I really believe that, mammography is on its way out. I mean, there's going to be a lot of kicking and screaming on its way out, but there's, you know, healthier and safer ways to monitor breast health.

Yeah, I, I agree, I agree. well, Dr. V, thank you so much. I mean, this this is, you're living proof of your own story. I mean, you're, you're you're you're showing that what what you, what you wrote about, you know, how it works and that it works, and you're, you're helping, you know, even help.

How many thousands of women. I mean, that it's, during all your years has been a large group of people that's really benefited from everything that you're doing, in addition to, you know, just reading your book.

So thank you so much, Dr. V. Well, thank you, Dr. Karlfeldt. Thanks for sharing my message of hope. And, for any of you that may be looking for a solution for your breast cancer healing journey, you can find us at breastcancerconqueror.com and we're all over social media.

I love it. Thank you so much. Thank you.