Dapsone Documentary: 9 Stories Of Healing With Combination Therapy & The MSIDS Model Transcript

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Introduction to Chronic Lyme and the M6 Model

Hello, everyone. My name is Doctor Richard Horowitz. I am the co-host of the Doctor Talk Healing Lyme Summit 2.0. It is my great pleasure today to introduce to you eight individuals who have done that, some combination therapy, and a doctor who's also joining us.

He's used apps on combination therapy in its patients. And you're going to hear today's stories of healing and hope. The individuals on the line today, you're going to hear from them.

What were they diagnosed before they came in today? What when they came to see me in my medical office, did they have chronic fatigue syndrome, fibromyalgia?

As some of the patients you'll hear with diagnosed with autoimmune diseases like Ms. and rheumatoid arthritis or lupus, they were told sometimes it's in their head and they just had a psychiatric condition.

So I'd like to share with you today the power of that. Some combination therapy and the message model, because a lot of people are asking themselves, what exactly is chronic Lyme disease?

Why do people stay ill? Why am I still having chronic fatigue and these aches and pains that migrate all over my body? Why do I have neuropathy? These tingling, numbness, burning, stabbing sensations that don't go away, or memory concentration problems?

I can't fall asleep. I have these mood disorders with depression, anxiety, or I'm hearing things. Is there an answer? And the answer is yes. That's some combination therapy.

I discovered this therapy years ago when John Hopkins, researchers and researchers from other university discovered that Lyme disease, as well as Bartonella, are what I call biofilm persistent bacteria.

And this means that these bacteria hide under biofilms and go dormant up until then, we were using standard medications for Lyme, and when we would stop them, the symptoms would oftentimes come back.

And the vast majority of people we are now seeing great success with that. Some combination therapy and also addressing the 16 point eminence factors that are keeping people ill.

So what exactly is M6 mix is multiple systemic infectious disease syndrome. You. This is a model that I developed over the last 40 years of seeing over 13,000 chronically ill people.

And what it is, is that there are six factors driving inflammation. There are the three BS, Borrelia, but Baeza and Bartonella and other tick borne infections.

But there are sometimes viruses that reactivate like Epstein-Barr virus. There might be fungal infections in the gut like Candida or parasites like the Baeza.

And then people have problems with environmental toxins. Many of our patients now are testing positive for mold issues here today. Some of them have had heavy metals like mercury in the blood, or they have microbiome issues.

They have leaky gut with food sensitivities, mast cell activation, difficulty sleeping with severe insomnia, as well as vitamin and mineral deficiencies.

It's like going into a doctor's office with 60 nails in your foot and telling the doctor you have pain, and the doctor only finds one nail. So once we address these six primary factors of inflammation and the ten downstream effects of inflammation, which include mitochondrial dysfunction, Pops disorder, Nami with low blood pressure, hormonal disorders, for example, adrenal insufficiency, or men with low testosterone.

Having people have liver dysfunction. They're two tired and deconditioned they can't get out of bed. We're finding all of these overlapping factors with neuropsychiatric conditions affecting these patients.

And the good news is, once we use these biofilm persistent drug regimens like DAB some combination therapy and address all of the factors on the emergence model, people do get better.

So now we're going to start with that first person I'm going to bring on. Nikki, would you please come on and tell people your story? Here we are. Nikki, good to see you.

Good to see you, Doctor Horowitz. Great. Nikki. You know, the Dobson protocol has given me my life back, but it hasn't always. But it wasn't always that way.

I started having symptoms and got sick in 2017. And was lucky enough to get diagnosed in August of 2018. At the time, I was diagnosed with Lyme to become Bartonella.

My symptoms included a lot of neurological manifestations. I had extreme fatigue, neuropathy, joint pain, cognitive difficulties, just to name a handful of symptoms.

I was sleeping, you know, 16, 18 hours a day. I couldn't get out of bed. I barely made it through my senior year of high school and then took three years off from college.

Lyme disease, as well as the other factors, robbed me of my life for many years. I spent, you know, years on the couch as my peers and siblings continued, you know, living their lives.

Prior to seeing Doctor Horowitz, I saw a few other doctors, including some other Lyme doctors, and I did basically all the other treatments in the book.

I did IV antibiotics, oral antibiotics, herbs, disulfiram for about eight months. I really tried everything, but I would find that as soon as I stopped the other treatments, my symptoms would come back.

And then when I first met with Doctor Horowitz, we identified and I met with Doctor Roberts in 2022.

Nikki's Recovery with Dapsone Therapy

And when I first met with him, we identified the other factors. We concluded that I had parts mold toxicity and severe adrenal dysfunction. And then after addressing all these other issues, I then did the DAB sound, therapy.

So with the dab stone, I remember when I started adoption, actually, we started off on a very low dose and we, you know, built up on it. And I even did remember the low dose at altitude in Colorado.

And I had no adverse effects or hemoglobin MVA. Overall, I tolerated the drug. The drug really well. I was, you know, anxious because of the side effects, but I really didn't have any issues or adverse effects from the dab.

So just the horses. And I did double dose dab zone and then a few pulses of the one dab. So I think what was really keeping me sick was the Bartonella.

And I think that was the most difficult to treat. But I found that the dab zone really like helped me get through that and, and helped me heal, from the Bartonella.

You know, the treatment is really difficult. When people ask me, I don't lie. I say it is intense. And it's hard, but it's

also so worth it. And I found like after years of all these other treatments, adaption therapies for such a short amount of time, you know, so it I mean, it's not easy, but it's just, it's not too long.

Also, as I experienced each time I did another round of dab zone, it got easier and easier because my hexes were less and less because each time the bacterial load was lower.

And I was at a point where I never knew if I would fully return to complete health when I was really sick and would think about what life would be like if I ever got better.

I never imagined that it wouldn't be as great as it is today, and I never knew I would be able to feel this good again. So I'm filled with immense gratitude for Doctor Horowitz and the dab zone therapy, because it really gave me my life back.

That's my story. Thank you, doctor H. Thank you. That's a wonderful story and I really appreciate you sharing it with people. The next person who's going to come on is going to be Jerry.

Jerry, would you please come on and tell people your story? Yes. Hello, doctor Horowitz. I've been a patient of Doctor Horowitz since 1994, when I infested our yard.

And since I'm an older guy, I'm kind of a tic magnet. I've been suffering from Lyme and associated diseases since 94. The. Lately when Doctor Horowitz came up with the depths on, my ears came right up and said, let's, let's try this.

So previously with, you know, 2 or 3 months of antibiotics. After a while, you say, yeah, I'm all 100%, good. I don't need any more antibiotics. But I went and tried this.

Double that, some protocol. Eight weeks this summer, I was diagnosed by Hijinx Labs, which, again, I, kudos to Doctor Horowitz, who started using Hygin X early on as one of the most qualified labs for identifying Lyme disease.

And then I came down with Lyme this summer with, three other diseases, Bartonella, BBC, and one that came from the West Coast. And I think it's XRF for something like that, but I got it.

So I did the eight weeks. And again, the protocol is not easy to take. I would build a weeks supply worth of pills, which is about 25 in the morning and 25 in the evening.

And that way all's I had to do during the day was take those pills and get them down. Then through the recovery, I realized that all the symptoms I had, the headaches, the back pain, the cramping of muscles, the abdominal pain, the rash that I had on my chest and stomach that wouldn't go away even with steroid cream.

All of these things just disappeared. And in the recovery phase at the week three, I realized that when I was always asked, what percentage are you of normal again?

That all those times I said 80, 90, 100%, you can take 50% off of those because this doubled depths and has made me feel just 100% a great feeling. Now, one of the things I want to say to anybody that takes it on is, when you ramp up the depths on from the 25mg up to the 200mg a day, you come across times where you think you can't breathe, or maybe you're breathing is shallow, but then it comes and take a deep breath and that feeling just dissipates entirely.

And, so, so far I've been clean and, clear of any of those symptoms and feeling great. And I feel like I've got my life back because I do enjoy the outdoors, I enjoy my gardening, I enjoy my dogs, my cats, and I enjoy golf still. So, thank you, Doctor Horowitz.

That's my story. And kudos to you. Thank you, thank you Jerry, that's a great story.

Jerry's Long-Term Lyme Relief

Really appreciate your sharing. The next person is going to come on will be Michelle. Please come on and tell people your story. Hello, Doctor Horowitz and hello, friends.

I really appreciate this, this this platform to share my story. So I had Lyme disease for nearly almost half my life. Mid 30s now. I had it for 15 years.

And then finally saw two Lyme doctors, mainly on the West coast. Tried different treatments, but unfortunately, we didn't cover the rest of the co-infections.

So 2020, I became a patient of Doctor Horowitz's. I had Covid, actually, and he was one of the few Lyme medical doctors, actually, that knew, how to treat Covid.

So I was doing the, the glutathione own, heavy supplements while also really getting to the root issue of the Lyme disease and realize that we had six other co-infections.

So for three years I was a patient literally trying trial and error of different antibiotics, different natural supplements, all the while also doing a lot of deep internal work.

So a bit about my story. I, got bit by a tick somewhere. I come from California. Not your typical like, New York audience, you know, where you grew up with ticks nearby. But, yeah.

And also realized that I had a lot of trauma so similar to some folks, that maybe didn't have an easy upbringing, like survival of sexual assaults, survivor of high school bullying, survival of toxic workplaces, and, like, really bad like relationship.

So a lot of trauma accruing over in the body and the mind. And finally, in 2020, we decided that it was time to finally heal the body. So we tried quite a few different modalities, different treatments and the silver bullet, I will say where we actually started to see like huge success was with depth zone.

So we started doubled up some protocol. That made some strides, but then, you know, probably after two years we started to see some improvements, right.

So we decided to kick it up a notch. And if anyone knows anything about me, they know that I'm a go big or go home type of person. And so I'll say, from my experience, there were two options, right?

Like going into treatment. And Lord knows that I wanted to give up so many times. Right. And the two options were I could give up and just stop and my life could be okay, and I'll just be sick for maybe the rest of my life, and it'll develop into a more awful things and we'll still be sick.

Or I can have something way more intense. Try it, see what comes out of it. And then with the possibility of getting my life back, and so I really want to hammer in on, like, where I currently am right now.

I've been in remission for two years. Thank you. Doctor H. I am now able to fluently speak Mandarin, Hebrew, Russian, probably about like six other languages for my work.

I'm also back in two engineering. I'm a surfer again. I travel all over the world and I surf. And I also do dance. I'm a Zumba instructor. Like my life is back.

Not only 100%, but like 110. So I just really want to tell people that if the hoop gets down or if the treatment gets so bad, what was really important for me was visualizing how it would look, how it would feel, how it would taste, how it would smell of actually being healed.

And there are some, you know, neuroplasticity programs that can maybe help. But again, the double dip zone or in my case, the quad DAP zone, like that was the silver bullet, along with some trauma therapy along with a really good support network that will never leave your side, no matter how hard to get.

And the doctor of support and. Yeah, so I love my life now. And I really just hope that this story inspires other people again, no matter how hard it gets.

I was in the hospital a couple of times, for, you know, some other, like, side effects and whatnot. And I made it through. But, like, there are so many times where you feel like you want to give up, don't like, just please don't like just keep going.

Know that there's hope. And I hope these stories from all of the other folks on this call will inspire you to really keep going, because you can have your life back and it can be 110, 110% better than I was even before.

So, I hope it gives you, hope as well. It's not easy, but if it was easy, then everyone would be doing it. And so I'm sending you all so much love and hope.

Thank you. That's my story. Doctor H, back to you. Right. Thank you so much. That is just a great, great story. I know how sick you are from before and boy you that's really amazing.

So thank you for sharing. That was great. The next person is going to share their story B Todd thanks, doctor Horowitz, I really appreciate the chance to talk.

I so I've, I had babies and Bartonella and undiagnosed for probably 12 years or so and I was had very I had tons of tests done and all kinds of things done because I had I have shortness of breath, I had chills, I had balance issues, I had tingling in my fingertips and I could never no doctor was able to to discover anything until I found finally, a Lyme doctor who was able to treat the baby easier with nephron and then ultimately with Mallory Owen.

But and that helped a little bit. But I was in such a situation that I couldn't. I'm a university professor and I tend to walk around a lot when I'm teaching, and I couldn't even I had to have a chair to sit in, to get to even get through the hour of an hour and a half of class.

So I was in really pretty dire straits, and I had a series of pneumonias that I think were as a result of my weakened immune system from primarily I think that easier, but that also Bartonella too.

And and then I got to into Doctor Horowitz's practice, thanks to God and to him and, and I and I and it was and initially there were things that I did like disulfiram that really helped and they made things better.

But I then did a double tap zone protocol that that made a giant stride forward. But I still was having I was having periodic chills, especially when I would exercise and I still was having I can't do stairs, I have a little shortness of breath and I still had balance issues.

So I was working with, with John Fallon, Doctor her, which is PA and and and I and we decided let's do a quadruple tap zone protocol and that really that I did that a year and a half ago.

And since then I've had.

Michelle's Remission and Life Rebuilt

So it took me that was I do have to reiterate what some people have said that was incredibly hard to get through. And the thing that kept me going through it was the idea that this may be the thing that gets rid of my symptoms totally, which it was.

So I have it. For the last year and a half, I've felt just basically nothing like I feel totally fine and and a lot of my other bodily issues have totally cleared up just because I think my immune system has gotten back in, in shape.

And so that was really it was just that quadruple that zone was, again, hard, but like so incredibly worth it. And I thought it's just like a miracle.

And I really appreciate it. So that's my story. And again, thank you so much, Doctor Horowitz. It's my pleasure. Thank you so much for their time. You know, the thing is also is when your story with the shortness of breath was easier, you were fish positive times three.

And ultimately it did get better. So it's a great story to know that even Quad App Zone helps. The next person who's going to come on is Laura. Please come on and tell your story.

Hi, doctor H hi there. Laura. I, so I was sick as a kid with a Bartonella and, had a lot of strange symptoms and, you know, wasn't sure at the time, didn't know what it was.

In 2007, when I was in my 20s, right after I finished dental school, moved to New York City, and I had a tick bite. I didn't know it was a tick bite. I was diagnosed as having mersa and, treated with inappropriate, antibiotics.

So over the next, ten years, until I was properly diagnosed, I was misdiagnosed with rheumatoid arthritis, and I was immunosuppressed, I had migraines, I had a horrible joint pain.

That was my primary symptom. Neck stiffness. Being a dentist, I thought that a lot of these issues I was having were from my profession, but I had just started working, so didn't really line up.

I had emotional dysregulation. I had, immune deficiency. And obviously I was being immunosuppressed, so that made everything worse. I saw countless doctors, specialists.

I finally, I was living on pain medicine, and I was like, this is not a lifestyle. So I, finally was diagnosed properly and over the next ten years saw countless doctors, MDS who gave me, you know, rounds of antibiotic combinations and IV antibiotics.

And then they basically just said, well, you must be better. It must all be in your head that you're still sick. Finally, I got in with Doctor Horowitz, less than a year ago, and I've completed the Daptone protocol and four pulses of the quad DAP zone.

I started at probably 20% of normal. And I was pushing through with the use of a lot of caffeine and things like that. And adrenal fatigued, and getting through the pain and the migraines and just kind of pushing through, now, less than a year later, I'm at easily 70 to 80% of normal, I work out almost every day.

I'm back to work. I'm not in pain at all, which is a miracle. I don't get migraines. So it's very. Strange to see what life is like when you've been in pain for so long.

When it's not there, it's almost like this ghost. There's just like you're waiting for it to come back and it just doesn't come back. And it's it's pretty cool.

So I would second that, you know, now I'm getting 15,000 steps a day easily, with no issues. I'm not short of breath. I did have a busier protocol that worked really well for me.

I'm sleeping great. Not getting issues with, like, panic and anxiety. So I would say at this stage, you know, you get through this and it for me, it was like, this is my last chance.

I've been to the clinics. I've had every treatment out there. I've done ozone. I've, you know, I've done everything. This is my last chance. So I followed the protocol to a tee.

It was my full time job. And I remember, getting my box of supplements for the first time and being so excited because I was, like, finally. Like, I was like a kid in a candy store.

I was like, finally, like, someone else is in charge. I don't have to be in charge of this anymore. Like, this is this is not for me to to to decide and to be treating.

So I feel so grateful that I was able to get in with Doctor Horowitz. And I think now is the time where you heal the emotional side of things and you heal your nervous system.

And I'm doing the Gupta program, and I meditate twice a day. And you're sort of healing your brain and your system from being afraid of everything, and afraid of your own body.

And so you rebuild your relationships with your self, with your friends, with your family, with everything that, you know, these infections kind of took from you, but it's temporary.

So thank you for letting me be a part of this. That's. Oh, my pleasure. And you still have to detox the mold, right? We still got some mold and mercury left.

Only metals I do, I was lucky, I mean, I used to sign it every day, and I was taking a ton of glue to iron before, I saw Doctor Horowitz, so I was injecting Bluetooth I own, I was doing patches, and I was signing every day.

So luckily I used to have a horrible mold. I did not have mold going into it. I was very lucky. But the metals. Yeah, we have a couple of, like, clean up things, but it's pretty awesome.

Yeah. Well thank you Laura. That's a great story. I'm so happy I'm you. You've been sick almost your whole life. So basically, to have your life back at this point with a year of therapy with these four quads episode and again, not easy, but worth it.

I mean, people do get their life back and and it's solid, right? I mean, you're moving forward. So I'm so happy for you. Thank you. Yeah. Thank you so much.

Our next person is going to share their story is Reggie. Reggie, why don't you come on and tell your story. Hi. My name is Reggie Manning, and, I'm 61 years old now.

When I was in my early 40s for, like out of the blue, I started to feel, lethargic. I never got any restorative sleep. I started to gain weight, and I just couldn't figure out what it was.

I never had a bullseye. No one had ever mentioned, anything about a tick to me. I went to see many doctors. Finally, I was diagnosed with hypothyroidism and put on synthroid, and that helped me for about 18 months.

And then all the symptoms start to come back again. And then I was diagnosed with heavy metal toxicity and food sensitivities. And this went on for about a decade, until I finally was diagnosed with Lyme disease and Bartonella.

And at that time, I would say I was running at 30, 35%.

B Todd's Quad Dapsone Breakthrough

It was really, really tough. A lot of doctors told me, hey, you're getting to be middle age. This is what it's like to be a woman in your 40s. And it just didn't make sense to me.

Every time I would be put on an antibiotic for a few months, I would feel better. Then as soon as I went off the antibiotic, I felt terrible. I had, joint pain.

I felt like someone was snapping rubber rubber bands at the bottom of my feet. I was short of breath. I did was still not getting any restorative sleep.

I had, just I had felt an unbearable anxiety, which I had never been anxious before, and I. Just. Couldn't get a handle on it. And so I went to see many, many doctors.

I would say I probably saw a dozen doctors out of that. Maybe five had some treatments for me, but nothing lasted. And then I happened on Doctor Horowitz's first book, Why Can't I Feel Better and all of a sudden I felt like, okay,

someone is is talking to me.

And so in 2016, I went to see doctor H, and I was put on the zoom therapy and it was it was hard, but it was, like many people have said, I was so relieved to finally have a quarterback for what I was going through and that I didn't have to make the decisions.

And so I did that for however many weeks. And slowly I started to regain my health back. And I would say that I'm at, you know, 100, 110% after losing a decade of my life.

And it's been unbelievably miraculous because looking back then, I think one thing about having, Lyme or these tick, infections is that it's not like breaking your arm or another type of illness that people can relate to.

If you kind of push yourself and show up to work and drive your kids to school, everyone thinks you're fine. But inside it feels like you're dying a slow death.

And so for me, this has been absolutely the Dobson has been life saving. And I'm so grateful to Doctor Horowitz and so appreciate you putting this out so people could see that there is hope and it sometimes feels hopeless.

But no, if you push through it and do the job, soon you will find that you'll regain your life and it'll be amazing again. That's my story. Thank you doctor. H. Yeah. Thank you Reggie.

You know, you did the DAP zone at about the time that my wife did. You're right. You were one of the earliest people. Yes, yes. You and my wife is going on six years in remission at this point.

And so you're several years in remission also from it, which means your part was inactive because, as you heard earlier, the people with active baths, they usually need the pulses.

But that's fabulous that, you know, you're still so well years later. It's amazing. Thank you. Yeah. Thank you so much for sharing. Our next speaker is going to be a doctor.

Doctor Alan Moss. He's taken one of my training courses, to learn how to do some combination therapy. And I wanted to bring, allow on to tell people a little bit about his experience with using DAP zone for his patients.

So people can hear your success stories? Yes. The the first physician to that, I would like to say that I have the privilege to, to follow the training of, the whole resistance student sixteens and the amplitude of the phenomenon in my office in that I've just, got to 71st Division patient, more than 90% of the my tests come back positive.

Not for the same, for the same bacteria. I would like to share with you that, 2 or 3 cases. I would try to be quick because as a physician, it's not my own story.

And I would like to share what, witness. I will tell you first, what the mother wrote to me. The mother. Ofsted's almost miraculous improvement. It has been six in the age of eight is shown.

Is at 22 years old. He had diarrhea in the morning for years and would eat only at noon. It was not able to eat in the morning for this full year, and the GI doctor suggested a feeding tube.

For years it was no shows. In fact, for losing weight in four weeks of Dobson is able to eat not in interacts with the family, which it has not done for years.

He has more energy. The mother state that she thought she lost a she lost, him for years and that now a son is back. The physics that studied him that studied, years ago start to improve his alarm treatment, improve with Dobson.

The mood is much better. Eight out of ten now, from depressed and suicidal before. You know, optimistic is stamina is better. It goes for his. It goes it goes to the climbing gym three times a week.

But the fact is, is that it got ten fractures in the past, eight in a torn ligament, in the third in concussion for minor trauma. Today is able to exert himself to climb without any trauma.

The mother states that he did not have a child with. Now is back to life. The second patient it 31 or, old man. That patient was diagnosed with bipolar disorder.

He came with a diagnosis with psychiatric medication. May when we ask a question, aside from the psychiatric disorder, he has brain fog, confusion, memory impairment, fatigue.

He has, muscle pain, migratory numbness. The classic presentation of overlap. This is a, of course, with agent X, a, a test positive for babies. Yeah.

Bartonella and line four. But, almost one year, I tried to treat Berbizier. Took Ritalin, but not with antibiotic, with herbs.

Laura's Return to Health

And, it it got improved, but the back and forth and down, it did not go. Improvement. Not that well, to the point that he is an accountant is too tired.

Difficulty focusing that the boss forced him to be on disability leave temporarily, with a vague promise to, to take him back. But we are not really, naive is job was really a threat, is a young man.

Is married to children, and their livelihood was really a threat. So, I said to him, look, we have to to to treat and, to treat more aggressively because not only your life may and your, your, your professional life, your self-esteem and all what it it comes with.

It's a threat. So we decided to do adoption protocol with adoption protocol. It get it about three weeks, 90% better is more to come back. Is panic attack gone.

Headache almost gone. We had some similar Bendemeer problems. That was that was a result very easily by increasing, methylene blue, I went up to a 600mg of methanol with him, and that was really, wonderful.

And he got his job back. It's, I think the message that they want to send that lamb can destroy people not only physically, emotionally, but also professionally.

And to be able to give to patients their dignity, their functionality. Someone who was about to accept a state of disability and for how long this person is back to, to work, I would like to mention this, admitted admitted lumps of missing and blue.

Makes me think of the the Bartonella protocol that doctor always, taught me. And I apply that no longer ago. And then it's very striking because I had a boy that also, bcr and, dragged him for one year or pinned on.

And finally we decided to do the Bartonella protocol in one week. I saw the patient back to my office and I said, totally stunned the patient. We used to be like, to to shy teenager who did not find a place in the in the seat, not comfortable, not facing mean, in my the gaze was very poor.

Now I see a boy who comes with confidence like a mature boy. I looked at him and I shook his hand. I said, I cannot understand such a change. In one week mother tells me that teacher, totally shocked by the change of the attitude from the most lazy boy of this class, is the most motivated.

He wants to go to school even when the school is off. Yet as ambition, he wants to learn. He wants to. When I saw him one year ago, he was home. He was in a home schooling.

The last patient that I saw was a patient about, 17 years old. Very nice parents, better boys behave like, with no

manners. He slams the door when they leave the exam room.

Disrespectful. No boundaries, no social boundaries. He got kicked out of all many schools in, one week of Bartonella protocol. I have he had works and the parents where a they bit, not so happy.

But, you know, I explained to them that is a Horkheimer and, tweeted the hoax. And, few days after I got the phone call from the mother to speak of a miracle, he behave so nicely.

Even the sister, mentioned that I can talk with him. Teacher said then. Yeah, he can have the conversation with them. This is within a week. And this is what I would like to say, that the, Dobson protocol is absolutely amazing.

From a physician perspective, I would tell you that I cannot barely believe what I hear, what I see, thank you, doctor, or it's thank you all. Now, that was really wonderful.

I appreciate you sharing those stories. Wonderful, man. And the last people are going to join us. Really also wonderful stories as Jen. And Ben. So Jen, please come on the line and tell us your story, which is really an amazing one.

Hello. Hi, everybody. I just wanted to say thank you for the opportunity to come on and and speak to everybody about the Dublin protocol and about our experience.

I'll be speaking today first on about myself and then next about my son Ben, who was ten at the time that he did the Dobson protocol. I think my story, like a lot of people's, is too complex to crush down into just a few minutes.

Reggie's Decade-Long Journey to Remission

Basically, before I became sick. I grew up in rural America, tons of outdoor time. I was a very functional human being. Could organize quickly, I thought quickly.

I became the first person from my school to go to an Ivy League school for college, went on to medical school. Life was going swimmingly. And then I got sick.

And, because of a delay in diagnosis over the course of nearly a decade, by the time I was diagnosed in 2022, I basically looked like someone who was suffering from dementia.

I would get lost on the road to get to the Lyme doctor. That was eventually the first person to treat me. I got lost going there. I couldn't figure out how to fill out the forms because I couldn't really read.

At that point. He had to sit down with me and some staff and read the forms to me, and he asked me, you know, how would you describe your day to day life?

And I said, I almost burned down the house more times than I can count, because I would put things on the stove and I would forget. I would have to set reminders to pick up my kids from school.

And I basically lived in a state of wanting to sleep, sleeping, taking a hot bath to try to ease some of the pain. Or wishing I could get to sleep. And that was that was every day I had a list of diagnoses almost as long as my arm at that point, including ankylosing spondylitis, fibromyalgia, migraines.

The list went on and on, with back pain being one of the most prominent, because I was a doctor and because I grew up on the Eastern Shore where I encountered many people with Lyme disease, I asked for Lyme testing not once, but twice.

The second time was with the rheumatologist. It was negative. And he told me, don't worry about Lyme. Put that out of your mind. And that was in 2019.

And after that, I didn't really think about it as I got sicker and sicker and sicker in the end, I had seen about 36 different providers for the different symptoms that I was having.

For those for rheumatologists. And no one ever meant or thought of Lyme, even when I would bring it up, it was shut down. It was finally my fifth physical therapist, since all this started.

And she was going through things with me and she said, you should really see a functional med doctor. Maybe there's something else going on. And so I went there, was promptly diagnosed with Bartonella and Lyme, and then went on to see my first line provider.

That was about nine years after I first started having symptoms. I was with him for nine months. This is a very well respected, very established physician in the lab community.

I was put on an increasing cocktail of drugs and most things would get better. Some things got worse. I was never symptom free, and I was very concerned that I would have a relapse once things were stopped.

Sure enough, I started to get increasingly side effects from the medicines. Things were stopped and my symptoms rapidly came back. And that's when I came up to see Doctor Horowitz.

I had done the physician training through the online, multi-day seminar, and I realized that that I probably wasn't going to get better on what I was on and that there were a lot of other things that hadn't been addressed.

And once we started addressing those other criteria, I had undiagnosed celiac with a lot of vitamin and nutritional deficiencies. I had, leaky gut, I had pots, I had MCs, I had, of course, the autoimmune reactions and, what turned out in the end to be a very severe mold exposure, and once we started addressing some of those things, including, in my case, starting low toast episode, I was as opposed to the other, speaker who was excited to get her boxing meds.

I was completely overwhelmed because I couldn't think or function enough to even attempt the protocol. It took about four months of starting a little bit of depth on, just to be able to think enough to take the medicines, and then once I started, it was like somebody just, you know, turned a light bulb on.

About week five, I was completely asymptomatic at that point. I did infrared sauna to help with the body aches. I did have some pretty severe headaches, which did get better with some adjustments to my medication.

And, week nine was rough. Like most other people describe that, that one was not easy for me. I felt really short of breath and really fatigued. And so that was probably the hard week for me.

But aside from that, you know, I went from 50% of normal to probably 95% of normal. I have not done a pulse yet. Because I am not alone in this. Both of my children are congenital infections.

And so as soon as I got better, we transferred the children into Doctor Hurwitz and John's practice to help them get better. And that's where we we are right now.

And, I have a little a little man in front of me come up and say, hi, Ben.

Doctor Alan Moss Shares Patient Success Stories

So Ben's going to just say hi, and then I'll go through, since he's here right now, you want to come over and say hi? Come on over your head and say hi.

Hi, Ben. A Steve that you look great fit. And how old were you when you started? Do you remember? I think you were ten. Right? You want to say hi? Okay.

And then come down. Hi. How would you describe how you feel right now? Better. Better. And what did you do

yesterday? Basketball. And how many points did you score?

How many rebounds? 15. 15. Yeah. I and do you want to say anything else to anybody that's thinking about those, was it easy or hard and hard? Would you recommend people do it if they can try?

Yes, yes. All right. So I'll describe Ben's case a little bit. Okay. You want to go back to, you can't control kids, right? So. He's adorable. Jen. So that that's Ben.

So I guess, so my son was likely a congenital, infection with Lyme. Based on my symptoms during pregnancy and then his symptoms when he was first born.

I think it's pretty safe to say that he was a congenital exposure. And on top of that, going through some things early in life, he was bit by a tick, which resulted in very clear, early disseminated Lyme when he was four years old.

And from that moment on, things really got worse. Because he's a child, I'm not going to go into his medical history like I would mind, but suffice it to say, he was extremely fatigued.

Most of the time the eczema would come and go increasingly worse. He had a lot of problems with Monia, throat infections, asthma, a lot of things that people could not explain.

He had seen by the time he was diagnosed 14 specialists. In addition to the pediatricians in his office. I looked up from the time when he had the, the definite bite when he was four until the time when he got the Lyme diagnosis.

He was seen 27 times there, mostly for throat infections that would just never grow out of anything, but would sometimes sort of respond to antibiotics that he was given.

At that point when he was getting very sick, his behavioral issues were becoming more prominent, too. There had been some concern for autism, but with people more familiar with the, the autism spectrum, he he never looked quite right for them.

We did go ahead and get a neuropsychiatric profile done. And at that point, the behavioral pediatrician that we saw actually said, hey, this is what Lyme looks like.

You should consider Lyme. And I said, hey, that's funny because they just told me I had Lyme. And I was so confused at that point. It still took me a while to connect the dots.

But we shortly thereafter got them tested. Ben was positive for Bartonella, bobcat and Lyme as well. He had he was having symptoms before the diagnosis.

And once he started on the doxycycline, they initially gave him, his symptoms worsened and the horses were the worst thing I've ever seen. He was bedbound.

And then it just started this vicious cycle where we would try to treat him with antibiotics and the inflammatory response we would get was so strong that he would usually.

And bedbound again, he missed, I believe, possibly 70 days of school in one calendar school year. Because of the amount of pain and inflammation he was going through at times when we decided, hey, this is too much, let's just stop.

Then he would still be having symptoms from the underlying infections that would result in a still needing to go and seek medical care and then still taking other drugs because of the issues that were coming up.

So at a certain point, after we tried three other line providers, I had experienced success with Doctor Horowitz's group, and John was willing to take him on as a patient.

So we came we came up there. I would say at this point his quality of life was very low. You know, he was mostly in a wheelchair. The fatigue that he experienced was pretty severe.

He was having a lot of shortness of breath. He was having, life was not very enjoyable for him at that point, let's put it that way. And John looked at him, very compassionate, put together all of the pieces that we'd been missing.

Figured out how to get him to detox better and started him on the protocol. He went seven weeks. And because he's a child, he, he was hiding some of his pills.

Jen and Ben's Family Recovery

And that caused him to get anemic. And, so we had to stop at seven weeks. But he went from, I would say probably ten, 15% a functional to 80 plus percent of functional seemed pretty good.

He tried to play sports in the fall, and that's when his spine started to bother him quite a bit. So we said, hey, let's try the pulse. He he couldn't do the pulse.

He, he did the first week, but the second week with the quad, it was just too much. He was, you know, ten just turned 11 at that point, I think. And, he wasn't able to do the second week even considering, now, compared to how he was before.

It's it's a miracle. He's making nearly straight A's in school. I believe he's missed. Like, aside from when we did do the pulse in the beginning of the school year, I think he's only missed 2 or 3 days total.

He doesn't really get sick anymore. He has tons of friends and is very social. He's on his basketball team, and played a full game last, last week, which, considering that he was in a wheelchair last winter, I think that's amazing.

Anyway, so we're we're both very grateful, to Doctor Horowitz and for the Dotson protocol and, to people out there dealing with this in themselves and in their children.

You know, I think it's really important that even when things can seem really, really bad, that this was life changing. It worked not only so well, but so quickly.

And also considering how much money we spent on, like, treatment, it was so relatively inexpensive as well. And I think the risks, which are definitely out there, are definitely outweighed by the benefits that we've seen.

So I just wanted to say thank you very much from the bottom of my heart. I appreciate getting my life back. I cannot only read now, but I'm getting my medical license back to practice.

Yay that you've started. So thank you. Thank you Jen. So, you know, at this point, it's it's really amazing to listen to these these stories of people.

I think it is, you know, it's it's even great for me. It touches my heart. Even though I know all of you, to hear your stories directly, right? Independently from my seeing you in the office and doing this.

It's it's a wonderful thing for me because I never actually thought that years ago I would be discovering an answer for Lyme, much less for Bartonella.

I mean, we're in the middle of a full epidemic. And I think what people have heard today from you, as they've heard from the last home documentary we did, is there really is hope for people?

This is a short term protocol. As you heard from people. It is not easy. I tell patients this is like cancer chemotherapy. It will put you through some difficult times.

But when you come out the other side, you you will be better. And it applies to almost everyone. But you heard it's

not just Lyme, it is the easier it is Bartonella, it is mold, it is Candida, it is heavy metals.

It is leaky gut with food sensitivities and mast cell disorders. It's neuropsychiatric issues. It's insomnia. It's vitamin mineral deficiencies. Potts disc on anemia.

You have got to use the M6 model and biofilm persistent drug regimens like that. Some combination therapy. Because as you heard from the people today, you're getting their lives back.

And doctors who've taken the training course, like Doctor Morse and Jen, also have taken the training courses, which is how she knew about it. You're hearing from them directly that people are getting their lives back.

So I want to thank everyone today who's come on the line and told your story. It really brings me great joy, to hear these stories. It's it's the best thing for a doctor to know that you've been able to help someone's life and give their life back.

And that's what that some combination therapy and the Olmsted's model has done. So thank you, everyone, for joining us today on the Doctor's Talk. My name is Doctor Richard Horowitz.

I'm the co-host of the Doctor Heart Talk Healing Lyme Summit 2.0. We hope to see you again for another episode soon. Thank you so much for joining us today.