Deeper Healing: Stories of Recovery and Hope Transcript

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Podcast Introduction and Mission

When I say like, I cry, like I'm so excited about them getting back to life. And so many times I've said to myself, my God, people need to hear these stories, stories of there's nothing that can be done.

and then they recover. If you're suffering, Like I'll take Tim's story, rheumatoid arthritis, they were told there was nothing, that could be, done, you know, it was just suppress your immune system and try to keep your inflammation down.

But he went back for recovery, back, to construction work without drugs. Welcome to the Deeper Healing Podcast. I'm your host, Danielle Howley. This is for everyone who's been dismissed, misdiagnosed or told to just live with it and refuse to accept that answer.

You're gonna hear amazing patient recovery stories, raw and real in their own words. People who found answers after everything had failed them. you're going to hear from medical experts we trust that are pioneering new approaches to healing the body because we deeply know we're designed to heal.

Let's dig in. Hi, I'm Danielle Howley and I am the host of the Deeper Healing Podcast and am so glad that you found it. I always feel like the right people find us at the time.

So let me tell you why you should even be interested in this thing.

Danielle's Origin Story and Deeper Healing's Beginnings

Ill give you a short back story. 37, husband gets really sick. He was a big athletic, you know, fun loving guy and after 10 years of going through medical treatments, both conventional and functional holistic integrative, By 47, he's 100% bedridden, and the doctor's telling us that we should prepare for him to pass away.

These were really dark times. I decided in a dark corner to throw a lob ball, like just what's a crazy out-of-the-box thing, And basically put a little stay-in-heel program together on my own.

And the dark quarter of that was, well, He'll either die and there'll be insurance, or he'll get better and he will go back to work. So I, and it was a desperate feeling and I had three kids at that time and he recovered in five weeks and went back to work.

And that was eight years ago, but that began the journey of deeper healing and long story short, I basically, after going through so many different medical experiences, kept saying to myself, can't we do better?

Isn't there something better out there? Like smart doctors, ways to treat the body naturally, and a loving staff that is just like rallying around the person and really loves them and is in relationship with them.

and I could never find that. So I kept saying, why can't we just start something new? And I tried to get people to start one and eventually it ended up being me.

I stalked the smartest doctor I can find. And we opened the doors in 2019, Deeper Healing was born and that grew and grew until now it's a center where people come in from around the world.

Patient Recovery Stories and Hope

And last year there was a movie made about us. During those six years, I have had thousands of people, thousands, of conversations with sick people all around They open up to me, they share these incredible stories of

suffering, and then they go full arc into recovery.

And when I say like, I cry, like I'm so excited about them getting back to life. So many times I've said to myself, my God, people need to hear these stories, stories that there's nothing that can be done.

Then they recover. I mean, if you're suffering, like I'll take Tim's story, rheumatoid arthritis, they were told there was nothing that could be done.

You know, it was just suppress your immune system and try to keep your inflammation down. But he went back for recovery, back to construction work without drugs.

So that's just one example, but there's a lot. And like, If people could hear these stories of recovery they would have so much hope. So this has been my dream, is to let people tell their own stories in their words.

What they tried, what worked, What didn't work, how they found it, How it affected their marriage. I'm telling you, we ball our eyes out on here and it's so sincere and heartfelt and amazing.

And most of the time I am just going, tell me more. It's my honor to host this show and it's My honor. To literally have a platform where people can tell their own stories.

The other part of the coin is this, how do we never become the sick person, right? So we also wanna give practical tips for everybody else, like, here's what you need to avoid to ever become sick.

Practical Health Tips and Expert Insights

We're in a very toxic world. People have varying degrees of understanding with that. Some people are coming to deeper healing, very knowledgeable, and some people who are literally like vaping, drinking diet coke and wondering why they're sick, so we do a lot of like practical life hacks in here.

And then the other thing we do is we have a platform for medical experts that I feel and the doctors here feel are just pioneers doing really great work who are shiny examples of treating the body naturally and helping people recover.

We really want them to share what they've learned, what we've seen, their journey. A lot of times they're connected to patient stories. But dig in, be inspired, share these episodes.

You know, you're going to go through there. We're gonna try to be really specific where we're like, Angela, cancer, or ADHD, there's going be children's stories in here.

The stories are going really wide-ranging. But there's going to be common threads, and the common threats are that they're not genetically defective, they are environmentally hijacked.

And the good news is if you're environmentally hi-jacked, what I mean by that is like heavy toxin loads, heavy metals, heavily chemical levels, viruses, all the different things that come together when your immune system is suppressed.

If you are environmentally hijack, you can reverse those things. And who knows how to do that? Well, Deeper Healing and the people that we have on the show.

So I hope that this literally reaches so many people who need it, and I know it will find the right people.

Environmental Causes and Closing Call to Action

Dig in. I'm so glad you found us. Welcome to the Deep Healing Podcast. Thanks guys. We hope this episode inspired you. Here's how to go deeper. Visit deeperhealing.com to become a patient.

Online we have loads of courses and a free toxin quiz. Subscribe and please, please share this with someone who needs it. It's always that one on one support that really gets people to find deeper healing.

Remember, this is educational content, not medical advice. The information shared here should be discussed with your own personal healthcare provider.

If you're excited by listening to the medical experts or the personal recovery stories on here and you want to start your deeper healing journey, go to deeperhealing.com and start the process.