Introduction to Don Crystal

So you are in for a treat right now. I've just been talking with someone I just met, but I'm fascinated to be able to ask her lots of questions and learn more about what she does.

Her name is Don Crystal, and she's got a really incredible story of all sorts of professions that she was engaged in in her earlier life, and then finally discovering her true calling, which is what we're going to talk to her about today, which is being a medical intuitive and a sound healer.

And it's it's going to be you're going to learn. It's a very interesting way that she creates the sound that removes blockages and, and helps people really become healthy.

And a lot of her work too, is around getting rid of pain. So if you're in pain and listen up to this interview, you're really going to love it. Now she's done incredible work.

She's been on shows like the Today Show, Doctor Oz, Rachael Ray, The View. She's published books, she has lots of great programs, and her name is Don Crystal.

So Don, welcome to the Global Energy Healing Summit. It's really wonderful to have you here. Thank you, Tom, for that introduction and a big aloha to you.

And thank you for inviting me here. I'm so grateful to be part of what you're doing here today. Yeah. No, I forgot to mention. So Don said Aloha. She lives in Maui, Hawaii.

But that's not where you grew up, Don. Was it you? Were you were from where? Tell them where you were. Oh, originally, I was born and raised in the Midwest in Chicago, Illinois.

Believe it or not, we're it's very cold. And I know, I know, it's part of your story, but can you tell them a little bit about why you're in Hawaii, how you got to Hawaii, and how you found your gift?

Yes. Very long story time. And I will make it as short as possible.

Growing Up in Chicago and Early Trauma

But the long story of it all is that I'm here to add Maui, because obviously it's beautiful. Okay. As you know, you've just mentioned time that you come here, usually several times a year.

And I before I discovered my gifts and I was guided to the Hawaiian Islands. Everybody. I used to come here yearly just because I enjoyed the islands.

And I would just vacation here. This is, a place in the world that I just found. It felt very, just as I call it, food for my soul. I just used to come here and just feel very peaceful.

And it was just, like, self-healing for me. And, on my journey of life, I just grew up, you know, with, like, a lot of people with a lot of trauma and, dysfunction.

Most of my family killed themselves at an early age from drugs and alcohol. So I, I learned at a very young age how to survive and, really fend for myself.

And really, I didn't have a mentor. So, going through schooling and, was very hard for me because I had, I had some learning difficulties as I grew up with a lot of chaos from, just my family, you know?

So, getting through schooling, I put myself through, some college and, had no mentorship at all. I just always, even from a young age, Tom, I always felt in my heart that there was something more to me or something more of life.

And I think my hardship, of growing up with all this trauma and chaos really forced me at a very young age to really reach in within my heart and really, just it's almost like we call it internal guidance.

But that internal guidance really became very loud, very loud as I grew because I needed it, to really, I guess, to keep me safe in some ways as a child, because I had really no supervision growing up at all for my my mom was, on, on welfare, raising six kids.

So, I could have I never just many stories in my life for as a child, I could have maybe lost my life or something happened to me. And I really feel that the divine, I call it angels at that time were really surrounding, protecting me as a child.

Now, as I grew older, I didn't have many friends growing up because I was. I guess in some ways I was an outcast and I grew up in a family that didn't have many, material.

Neat, things to provide. So I grew up with, like, hand-me-downs from my sister, and I looked kind of awkward, and I had buck teeth. I had, I didn't have braces at that time, so kids used to make fun of me because, I just want to bring this up. This is very important.

I didn't know what love was as a child. I wasn't that love, really? From one from the first day of my birth. So I suck my thumb, I think as a child to to pacify myself just because I was crying.

So I had black teeth. And, I know it sounds funny now, but it was really hard as a child to be made fun of just because you're wearing your sister's hand-me-downs and looking like that.

So, eventually, my father, who was a deadbeat, father. But he did come along after my in my adolescence to pay for braces, which I was very grateful for because it saved my life.

Yeah. It was I was very grateful for that. Even though he was not around while I was, growing up. Now to go through my story so I can keep going here.

Tom, I've been through, a couple of marriages in my life, and I have, on the journey. My first husband, we were police officers. You mentioned I had different parts, and I've had different careers.

I call it just different life experiences. Yeah. And. And my first life experience of, oh, I don't I don't even know how this happened, but I was guided again internally guided to take the police exam for Chicago.

And I passed it and I was like, wow, this is like the first real job I had. And I did. So I did that for about, I would say almost ten years. And the husband that I was married to at the time got, heard on the job and he lost his career.

And at that time is when I left and I retired early so I could take care of him. He was, he lost his eyesight, and it was just chaos. So we lost that.

We lost our relationship. And I went on to, just basically soul searching, I guess. Just kind of empty, not really knowing, what direction, but I was just kind of going through life and then, that's a couple years later.

Then I met somebody else, and this time, I was actually living on the East Coast at that time, and that's where I owned a couple beauty businesses. So I just went over there and did not want to do that.

The law enforcement realized it was not for me. It was tragic what I had to go through and started my own businesses from the ground up. That was very successful for a while.

The and, met my second partner there, and that was also chaotic because, again, everybody I grew up with no love

in my life. I was searching for love in the wrong places.

This happens to a lot of people. Right? So I, unfortunately, that person had a motorcycle accident, pretty much, almost killed himself. And that was when I decided to leave that marriage.

This is where the breaking point came to where I, really, decided or.

Police Work, Marriages, and Moving to Hawaii

I don't know if you want to say decided, but I was really down and out, and that's where, at that time, I've taken a couple retreats. I was not really spiritual at the time. Okay?

I had no idea that I was a healer. And all these abilities that I have now. But, after that divorce, I was strongly guided. I went into a store and saw a magazine, believe it or not, that said go to the Sun.

And it was almost like a psychic sign or something because it hit me, like over the head. It's like, okay, I've been going to Hawaii every year. I'm getting divorced and I'm so down and out, I don't even know if I want to be on this earth anymore.

And then, at that time, I just I was just strongly guided to just kind of sever everything I gave everything I had away, all my belongings. And I just came with my face and got a one way ticket to the Hawaiian Islands.

Now, this is over 25 years. Well, everybody okay? I'm not there anymore in those humble beginnings, but I just want to let you know that's how low I was.

And I got here and realized at that time, because I didn't know that it was going to cost that much to live here at the time. I came with pretty much my bags of clothes, myself and my faith, and I realized I could not afford a place to stay.

So that is when I was guided to, live out of a rented car. And I lived out of that rent a car for six months. And that's where I really did not at that time.

I was just so down and out and I just didn't know how I was going to survive. But the strong guidance in the. Everybody came through this like this really strong guidance that I've ever seen before started to tell me to go here, go there or do this, do that.

And I over the six months of being humbled in my my eagle, if there was eagle, it was totally crushed to the size of it. And I started following. And then because I was at that time, I had oddball jobs, I didn't have a whole lot to keep my gas going in my car.

I would actually go to the beach. That's what a lot of people do anyway. For leisure, I would go to the beach basically to just get myself out of this, mindset that I was crazy.

Why did I do this? Am I crazy for listening to this inner part of my being that was guiding me, which I do be understandable without? It was. But some part of my inner child was saying, oh my God, what did we just do?

So I would go to the beach to sit there to try to calm myself. And at that time is when this sounds this is what I'm known for. Everybody now is a sound voice energy healer.

And we'll talk a little bit more about that. But this is where the sounds came and the cage. The sounds did not come for anybody else but myself, meaning they came to heal me.

Everybody. I was just more mesmerized when I started hearing these sounds, thinking they were kind of weird at first. They're like, what the world is this?

And then all of a sudden the sounds got louder and I'm like, these sounds are kind of helping me. I think I'll listen to them. And that's where they started, just coming through me to heal my trauma because I had so much heavy trauma from my childhood that I was just carrying the load. Right.

So this went on for quite a long time. But during that time, time is really when people within this, six minute up, six month period, excuse me, where I was sitting at the beach, people would come by it.

And back then, over 25 years ago, everybody people were not open to energy work. Okay. They thought it was just up in the clouds and some weird stuff.

So when people were hearing me making these sounds, they were actually like, wow, this lady's making these angelic sounds. I don't know what she's doing, but I think I'm going to sit with her.

So I had an entourage of people sitting with me for just, you know, randomly. And I'd say, sure, if you sit down and I make these sounds and then, believe it or not, time, all of a sudden some people would say, well, my pain's going away. My neck.

I don't know what you're doing, lady, but just keep making the sound. So and these are people that I was just like while they're sitting, when I'm just going to invite them to sit with me, I didn't care.

And so people gave me a few dollars. I mean, I wasn't asking for any money, I wasn't pedaling, I was just they're trying to be me. And that's where I started to be.

My true self when I was actually just so surrendered and humbled to my gifts and people felt it. And this went on for quite a long time. And then, of course, slow, but sure time I got on my feet.

I got some gigs on the islands, doing my sound, healing work at like a spa. I did what I did, worked out of a spa by a while, and I used to do a two tive readings, but that's one of my other pet.

I'm a soul reader, but I would do intuitive readings, and I would actually have people go in the massage rooms because they didn't have the spa open at night for that.

So they would you have me come in with my little, they had like a little sign of me on the door saying, come on in for sound energy, healing work. And try it out.

So she would have me come in and sit in the massage rooms, and I would work out people with my sound blowing on their bodies. That's what I was doing.

I didn't know what I was doing, but I was blowing on their bodies and they were getting this miraculous, healings and pain relief. And that's where I got my confidence.

I was like, wow, there's something here. Okay, I'm just going to keep doing this. And I got more and more gigs and more people just invited me to go to their health fairs, and that's where I started.

From nothing. Humble beginnings. Everybody. Okay. What it it just letting you know that I can't. I started from nothing and just followed something that felt so right in me.

And of course today and I grew and I, I work with people all over the world. I've worked with thousands and thousands of people of healing, but it started from just trusting in my my heart, in my, my, my inner guidance.

Okay, that's where my mind came from. And then, of course, here I am today, sharing my gift with those who are open. And yeah, the greater good, because that's available to anybody trusting in their inner guidance.

So that's a wonderful lesson. Now when you when you first started, did you, with the sounds, did you hear them and then voice them, or were you just, were you just voicing them like, you know, right from the very beginning,

how did that.

Well, this is a great question, Tom, because I, because my ego was so crushed, you might say, like at the end, they were just coming through me, randomly.

It was just like it was almost like a an energy boost would come through me and they would just start coming through me. And of course, I just, I first I tried to shut them down because I thought it was just too weird.

I don't know what what I mean, what the world 25 years ago is coming through me. And I was embarrassed, really. And then I listened to them and I felt what they were doing, and that's where I just let them come through.

They just started flowing through my heart and it comes through my voice. And that's just, I'd like to say, Tom, my voice is the carrier of the divine sounds.

I really feel that that's just just my connection to the divine. And this is how it comes through frequency, through my voice, to work with people, you know, if it's a person or a group of people or whatever.

But that's just how it comes through me on the instrument today. Yes. When in sound, your voice is energy, right? So. Yeah. So it's, it's one of the conduits we have.

It's vibrate, it's vibrations. Our voice is an instrument. So really beautiful. So tell us a little bit. How do you use sound energy to to heal people, help people heal their bodies.

And also, I know you use it to, to help them optimize, increase lifeforce energy. How does that work? Take us through that process?

Discovering Sound Healing on Maui

Well, again, I still work beyond the mind, but I like to call myself an activator at this point because I know now that the sound is not just in my heart.

I'm actually bringing in frequency, beyond the planet, which is what I like to say. I'm. I'm being upgraded at all times sometimes, Tom. Even yesterday, I'm a healer, I being upgraded.

I was on the couch all day just integrating. Okay, so I honor the the seasons with my energy, because that's kind of how the, the universe works with me.

Okay? Everybody's different, but I am downloaded at times with a lot of energy because I do other seminars, other places. And I need to bring in energy for, not just a person, but a group of people.

So when I do that, and even if I'm working with a person or a group of people, I actually have the, the gift of seeing just energy for the group of people, whatever they're needing for the day, or the individual person that I'm going to have a session with.

I call it a person, personal session by phone or Skype. That's usually how I work and I don't have to see. So once I connected with your energy, I could see blockage in the body.

That's that's one of my gifts, okay? I just know it, I see it, some people I could see it might be dark in some areas. I could see where, trapped emotions are.

So that's a lot of our blockage. Everybody. And our trapped emotions are usually caused from some kind of trauma. It could be from childhood or even later in adult.

We've. I've had people older in my life having trauma, but a lot of times what happens time is what I go in is I just go in and start clearing it with my voice.

My voice has frequency beyond the sound, so even though it may sound the same, I know what frequency tones to bring in to kind of flip, black. You know, the blocks of that are here.

I try to break up the blocks and that's what I do. So I start breaking up the blocks with sound, and then I start getting the energy moving. Now the energy moving.

Usually goes through your crown chakra. So what I usually do before we do this, I'll do a clearing up here, releasing the crown chakra for a group or a person, because I could see blockage here for a lot of people.

Once I clear that off, then of course, the energy has more and more flow that usually flows up. That's where it usually goes. It goes, flows up and out through your crown chakra.

Once I'm making sounds, I can keep this energy flowing through your body. Consistently clearing out blockages. I keep moving more and more energy through the organ systems of the body, because I see where people can hold a lot of, blockage right in their organs, especially their liver.

A lot of anger I could release, a lot of, people have people I've worked with who have had really traumatic childhoods, such as myself. Will have a tendency to really, store very low in our bodies, in our lower chakras, everybody.

This, trapped emotions because our child, I mean, imagine our child has no reasoning abilities like an adult to know what to do with it. Right. So what we do is we, I call it little compartments in our body.

They kind of. Our child is very wise child labor. Not most of our child's are very wise because they're close to the divine. Before we kind of get humanized in some ways with the belief systems, what they just know to put things in store, things.

And that's where I go and move it out with my sounds. And once I do that, I do because I like to ground people to their life force, okay? Meaning that I'd like to bring their life force energy.

Their personal power is what I call it, down to your feet. And I called it grounding it to planet Earth, because that's very important time, especially the time and age and the uncertainty of this time that we're living in.

A lot of people are just living in fear, and they're not really sure of what their future holds. Okay. And I understand some people have lost their jobs, so I'd like to bring in their personal power.

So people have like a steadfast energy going through them, knowing that at some deep level everything is going to be okay, and they feel on some level that they're connected stronger into divine, I call it Creator or God, whatever your word is.

Yeah, they could feel it through their heart. And it's it's just what I do, and it's just miraculous. But I do it for everybody, and I just kind of know what everybody needs, because everybody is.

We're all our own divine, unique instrument, and everybody is not going to need the same, assistance. So I just kind of know we're working with people over all these all these years of work to do, you know, what do they need?

And I and of course, I'm an intuitive. So I can kind of know from just, I call it, connecting in with their higher self because that's what I do. I can kind of hear that part of them saying, I need this, and I listen to your mind.

Your mind will tell me what you need, but I also listen to your higher self. I call it your soul because your soul knows beyond what you need, beyond your minds.

Okay, so I honor both your physical and your spiritual side, and I bring that together in my sessions. And it really creates so much harmony and balance and peace in a person and people, usually feel more life force.

They could feel their own life force moving in. Really, I clear off the blockages, meaning, a lot of times when I do work with people clearing blockages, I can clear off like cords and tags.

I call it unhealthy connections that you may have with somebody else that you might not know that's there. Some of those, some of those times could be very draining for a person, especially if they're old energy.

And I go in and, and I start clearing off the cords and the connections of your past, that that could be something you just divorced. It could be somebody from your past you dated that you have no idea that you're still connected to.

Right. And I will just cut those off, and that really frees you. This is very important. It frees you to move forward in your life now to make different choices.

And of course, if you feel stuck, this will really help people, kind of open up to a more internal guidance or a more universal guidance to bring a more, maybe a different reality that you've been currently created that's not working for you anymore.

So it's it's really wonderful. Yeah. It's really, really cool. So let's talk about pain a little bit because so much is you know, so many people have aches and pains and, and I know that's one of the things that, a lot of people come to you with how fast can people clear aches and pains, maybe even chronic pains that they've had for for years.

Tell us a little bit about that. Very good question. Yes. That's what I'm known for is a, I've been labeled as a pain release expert, and I've worked with celebrities as well.

Yeah. What I again, do is I go into the body. That's the first thing I do. And of course I listen to what their, their pain is, but it doesn't always necessarily mean necessarily.

Excuse me, mean that the pain is coming from those areas. Sometimes the pain which I found because I can actually work with the mind. Okay. Unconscious blocks. Okay.

Belief systems that we've taken on in this lifetime, from our families who I mean, just, mentors. And sometimes we even bring in belief systems come from our ancestors.

How Sound Clears Blockages and Restores Energy

And that's another, deeper part of my work, of what I do is clear the ancestral, DNA blocks. Okay, I call it this thing. And comments. So sometimes people are a pain, and I first I always find out, do you have any injuries? Did you ever hurt yourself?

And of course they say some people say no, I've had no accidents, nothing. And I have no idea why this pain persists. And again then I go deeper and I just have an ability to go deeper with the person.

So they usually most people will find, will find relief right away. That's your question? Yes. I could do that within minutes. That's no problem. But my my goal when I work with somebody is not just to get someone out of pain, but I want it to stay.

So. Meaning I wanted to, you know, leave. I don't want it to come back. So I, I go into the mind if I need to clear up your belief systems. I just know when I'm scanning the body, I just know where to go.

And again, if I get really a strong hit from your higher self or their soul that they need to go to the ancestral, I'll go back generations into your family because I.

I found this from doing this work over 25 years that a lot of times we we take on our families or our ancestors traumas. Everybody I know it's been proven in some ways, but I'm just letting you know what I see.

This is what I work with, that we can and we do. And a lot of times, if there are traumas, our ancestors was not resolved in their lifetime, a lot of times it will maybe skip generations.

It could come to you. And a lot of times I've worked with a lot of people just clearing their ancestral, whatever they've taken on. And once we do that, I mean, they find immediate relief, just by clearing the ancestral block, wherever this tragedy or whatever happened in that lifetime that was not resolved.

So it's it goes deep. Absolutely. You know, I'm a huge believer in that. My son is 25 years old, was a basketball player, and he was a college basketball player.

And he, this to about two years ago when he was in his graduate years. So he went to Harvard. He sat out one year with an injury and had an extra year to play.

So he went to a school called Rice University, and he was having this debilitating back pain, you know, 23 year old kid, 22 year old kid, you know, in great shape, can't even walk or run.

And so they take him in, they put him under the MRI and they said, you've got one of the biggest, herniated discs we've ever seen. And and so then they shot him up with injections and things like that.

But the pain didn't go away. And it was only when he realized, because I had him read some books on the mind body connection, and he realized, yes, he had a herniated disc, but that was not why he was having pain.

It was trapped emotion. And and once he was able to realize that and let it go, he's had no pain. He still has a herniated disc, but he's got no pain ever since then.

So yeah, I love what you're doing. It was trapped energy my son has. And I know a lot of us that you know, that have been in pain. It really was not a physical injury per se.

We might have had one there years ago, but it was something else that was trapped, that was trying to express itself. So I love the work that you're doing.

Hey, how long does, when you do clears somebody of pain or blockages? How long does it last? Typically that, you know, because we're humans, right? We go on living life and then we might form another belief system. But.

But how long typically does something like this lasts when it's clear. Well, my goal is long term that that's that was what I was mentioning, that yes, I could get people to feel good right away.

That's just my gift. But I want to get to the root cause. Okay. So that's why when I start, I kind of paper trail or you might want to say go through people's energy systems and really go into I connect really deep with the person's higher self.

And I really have the idea. And that really has helped me tremendously because I can pinpoint these situations or where these, you know, recourses come from, fairly quickly.

I mean, most of my sessions are only less than 30 minutes, and I'm doing this work that maybe somebody has suffered with for many years. And that's just what I do.

I'm known to be really super sonic speed, but I'm also very efficient in my work because I take pride in what I do. So, and I'm not to say that somebody doesn't need another session, so please don't get me wrong.

It depends. You know, sometimes we have we clear one thing and then another layer does come up something else. So usually I work in the moment and I and the way spirit works with me, it's everything is shown in the moment which needs to be worked on.

So, you know, this is what I work on and I let people know that. But people do feel the difference. But I let people

know it depends. And how many, you know, we're I don't know how compounded it is.

You know what I mean? So sometimes it could be several sessions. I'm I'm very realistic what I do. Yeah. So being a medical intuitive, you say spirit works through you.

Earlier you were saying you, you can almost see like, and it's almost like someone going through an X-ray machine. How does how does that how does all that work with you?

Well, that's just my perception. So that's that's how I see it. So. Okay. It's like I just see into the body. So when I say, like I'm a human X-ray machine, I mean it like I could see into the person's body.

Yeah, I could see either. I can actually believe it or not, this is maybe a little out there, but I could see every age of a person from birth to where they're at then.

And I could see the ages of fragmentation or trauma that has happened with the person, which is wonderful, because that's how I could be very efficient, because it's not all ancestral blocks.

I'm just talking a little deeper of work that I do. It could be, just, you know, like I said, it could be just, beyond that, it could be this lifetime, but it could be just part of your inner child having an issue.

You know, sometimes I like to call it our inner child could have a little tantrum spell because everybody thinks that they're an adult, that this inner child of yours is just kind of gone away somewhere.

And I let people know, no, there's no part of you, you just don't know it. And sometimes you need to give them a little talking to. And, my ability is when I'm working with somebody is if I need to talk to their child, I will do so.

It just depends. And a lot of times, if I can resolve by getting there, okay. I have to get the okay from the child. They don't put blocks up to me.

Pain Relief, Root Causes, and Ancestral Healing

Because that's another thing too, is if I don't get the okay all the time to work with the inner child in all parts of the abuser. So sometimes that inner child could just shut me out.

And I don't want to do that. I always want to keep the person open, including all ages, all aspects of the person to receive the healing or whatever they're needing.

So it's it's there's a lot happening here beyond me just making sounds that I work with, but it's all divinely guided for my soul. I really say I'm the divine vessel.

My soul is is the, you know, works through me. And of course, I've connected with the Divine Creator. And that's my I give credit to the Divine Creator.

Everything I have is, comes from, you know, God or source. Whatever your work for creator is. Absolutely. That's for the. That's where it goes to. Yeah.

So, we've talked about pain. What other types of ailments do people come to you with that you've had success with? What types of things do you help people with?

Well, I would say everything. I've had everything. Yeah. And I also I, I'm just try to think if there's anything out of the ordinary that has, it's not.

But I usually can't let people know when they have a session with me. I ask them, what do you want to work on? A lot of people come to me with money blocks.

Okay. That's a big one right now. I've been doing a lot of sessions lately on just clearing abundance blocks. Yeah, and that's part of the work I do. I have the ability to shift the, shift energy in people and really clear out old, stagnant belief systems that are in the way of people, manifesting.

And that could be, just manifesting money, whatever it is. More love in your life. I do work a lot on the heart with people, especially people who have had a lot of trauma or just heartbreak.

That has a lot to do with the abundance as well. Creating more, abundance. Not just love, but abundance, money, whatever it is, success, has to do with how we feel really, deeply and not talking about what our mind thinks or knows.

It's what we really feel on a deep level about ourselves. And I have the ability to go in and really help work with that part of you. If it's a belief system you picked up from your parents or, you know, depending on your situation, not everybody grew up with a lot of money.

So I could tell you even myself, I grew up with a lot of that consciousness. Rabi. My parents complaining constantly about money, and that has a lot of my clients have the same thing.

Or like I said, it could be just passed down from. I had one lady I worked with, about a week ago. It was passed down from her ancestors about the deprivation that my ancestors back then didn't even eat the winter months.

Okay, so she was bringing in some energy just from her ancestors about just lack of just being in deprivation. So it it goes deep and everybody's uniquely different.

So I, honor, you know, everybody is unique. Divine being that I do I do want to mention one thing. I do also work with pets. So pets, just came out with my new book on pets, but, I work with Pets Healing because, pets are very divine beings, and they, they really, I work with sounds, so they don't need to have a conversation with them.

And I found to have, really a lot of success with working with pets, especially there. I work a lot on their hip issues. A lot of the older dogs or large, large dogs have always these hip issues.

And I know a lot of people, some like some some people go to, like, acupuncture. That's really good. I do have my own form of doing it just with my voice by just kind of moving off skirt, inflammation, which is really huge for all of us, even humans, to really get the inflammation to start clearing out the body, which is huge for disease.

So I get the I just get the body moving, the joints and everything in the dogs, their hips. And it's amazing. Just one little session. I mean, I don't even spend a whole session.

An animal. Usually people will come in, I'll work on their pets for the last ten minutes of their session because the animals are so open to the energy work.

And I've helped many animals just with, blockages they had in their bodies, such as in their organs. And I'd like to just mention two that's really important to know is that our animals are part of us.

So sometimes our animals can be very time connected to us. And my dog is very I have a lot of animals, so they're very connected to me on a so level. So they like to help us out as humans to maybe sometimes take out some of our dense energy or our load of emotions.

And we have to be conscious of that for the animals to let them know that it's not their job to do that, because all it does is create a health problem.

A lot of times with the animals, and that's what I'm doing, is clearing the human emotions. So, usually what I'll do is I'll work out there, the owner and then I work on the pet second.

And once I clear the owner of their emotions, the pet just lets it go. It's it's amazing. Now, that's so true. We had,

my my my wife's parents. We she moved them in with us when they got older.

And my father in law passed away about three years ago when he was 90 years old. And we've always had dogs and, they've been really cool dogs. And and this one, we had this one we've had the past six years.

Working with Money Blocks, Pets, and Closing Wisdom

His name is Yogi, and he's a real character. He's this little boy that, you know, he's escapes. We call him the juvenile delinquent. It's like, causes a lot of trouble.

But you still kind of love him. But it was very fascinating when my father, father in law was, passing away in our home, in hospice, the dog would climb right up on the bed to be with him.

And really, and even after my father in law took his last breath, the dog was just there. And and, you know, with, with his body at that point, you know, his soul left.

But it was really fascinating. This dog that is kind of like, alpha male dog, you know, when we picked him up, I remember they said he's a little bit of a bully, right?

You know, there's the sisters, but there he was just totally loving to, my father in law. And then another instance, my my mother in law had fallen. We didn't know.

And the dog came down barking, barking, barking like, what is wrong with the dog? And he really was trying to learn to. So I love that. I love that to work with cats and, and they are so special, important to so many people.

So that is so cool. Hey, one thing that, I heard you say in another interview was that with your sound, you release the blockages. And once you do that, you said the body was meant to naturally heal.

Is that does that correct? Yeah. I like to call it bringing ourselves back to our original divine blueprint. And that is we are all created for the Divine Creator, which is perfect.

But of course, we live a physical experience. We have injuries, things that just happened to us. You know, we could have just anything and blockage happens.

And that's where my work, that I've been doing, goes in and, and actually gets the body back to perfect harmony and in a way that it was created to heal itself naturally because it's all about I like to empower people in my, my work of empowering people is getting their bodies so they could start feeling better.

And then, you know, they could, you know, I give them sometimes things that they could do to keep themselves healthy because it's not just about me just giving them a session.

I want them to keep that going. And and they usually, you know, if they choose to do that, it really keeps your body healthy for the rest of their lives.

And everybody is different. So. Yeah, absolutely. It's everybody is perfect. But it's like we do come in with, with, you know, sometimes we just come in with things.

We're, we're it's hereditary. I mean, we don't know. But either way, my goal is to get everybody back to healing themselves naturally. That's my goal.

Yeah, well, I love the fact that you give them exercises or things to do afterwards, too, because, yes, you know, one of the things that too many people, I mean, in the in the conventional world, they think it's a drug that they, you know, take and that's going to make them better.

A doctor is going to heal you or even in what we're talking about. You know, if I call time that I'm going to be perfect

and you know that I'm going to help you release blockages, but there's still work for you to do, too.

So I love that. Absolutely. That's part of your message. Yeah, absolutely. How how can people find out now that we've got a great free gift with the Global Energy Healing Summit that you offer them?

So please download that. Everybody who's listening to this, you're going to love it. And it's very, very valuable. How can people, get in touch with you or find your find out more about you?

Yeah, they're always welcome. If you're interested to learn more at my website, if I, I will say it. It's dark Crystal healing.com Dayuan and then c r y s t al don crystal.com.

It's talks about healing crystal healing. Sorry Dawn crystal healing.com okay. Yeah yeah yeah. Oh no no yeah. Awesome I know a lot of people will be very very interested.

Any final words of wisdom that you have for everybody listening? Well I just want everybody to know that, you know, we're all here to contribute, to help each other. You know, my gift is here.

As I said, just part of I think we're all part of we have a gift to share with everybody. Mine just happens to be more energy work. But I think that really what I do is try to connect people to their, their souls or their souls calling.

And I think we all, we all are one. We're connected to our souls calling. We could really, you know, just really find our true self, our happiness, our joy, what we're really meant to do in this lifetime and our abundance, whatever we're wanting.

So I think that I want to say thank you, Tom, for, bringing bring this, beautiful show here because you're really helping a lot of people. And I'm just so grateful to be part of it.

So, yeah, we are thrilled to have you all really grateful. So grateful. And and all those experiences you had growing up that were so painful and traumatic.

I wish we could take them away, but but honestly, that's what's made you this beautiful soul that can now help others. I mean, you probably would never have gotten on the path you were on.

Had you not had those things, your life would have been pretty conventional, black and white. My father passed away when I was very young. And when something traumatic happens when you're young, the world is not black and white anymore.

It's. It's a little bit gray. And you start to explore. So, we just are so thankful that you made that exploration. And now the gift you bring to the world is really amazing.

And thank you for sharing it at our summit. We really do appreciate you and lots of love to you and and all the people you help are so, so, so, so incredibly lucky to have you in their lives.

So thank you for being in our life. We really do appreciate it. Well, bless you, Tom, and just bless you for everybody being here today. I'm just so humbly grateful.

And just thank you for hearing my story. Grateful. Thank you. Thank you. Done. For.