Dr Jack Wolfson: The Paleo Cardiologist Transcript

(Transcripts are generated by AI and may contain errors)

Introducing Dr. Jack Wolfson

So I want to talk to you about maybe one of my most favorite human beings in the world, Dr. Jack Wolfson. This man is one if not the most ethical MDs I have ever had the opportunity to have a conversation with, to study, and to watch.

So, I wanna talk a little bit about who Dr Jack Wilson is. Dr. Jack Wolfson is a current cardiologist and he was the former head of cardiology at Phoenix Suburban.

His cardiology background and career shift

He was a standard, normal, drug pushing, prescription writing MD. His wife was an amazing, and still is an, amazing chiropractor, but she was tremendous influence in his life and obviously in their marriage.

And Dr. Heather Wolfson came from a little bit more of an Eastern background and she really was the eye-opening and the awakening that this ethical man, Dr Jack, needed in order to change the way that he was practicing as a physician.

So Dr. Jack left his position at Phoenix Suburban Hospital.

Heather Wolfsonu2019s influence and holistic awakening

He left only God knows the financial side of what a top cardiologist at a big metropolitan hospital received. And his ethics shined as he opened up his own holistic integrative practice out in Phoenix, Scottsdale, Arizona, or Phoenix Scotstale area, forgive me.

And him and his wife make one of the most amazing teams I've ever seen because Dr. Jack took all of his knowledge and data as an amazing MD, his ability to know how the body works physiologically with itself and its systems.

Building an integrative practice in Arizona

changed his scope of practice where he could use some of his medical diagnostic skills and his diagnosis skills, but creating correction with nutritional regimens and supplements and things that weren't solely based around pushing a pill or a medication.

So he wrote a book called The Paleo Cardiologist, and in that book he will talk about and teach you how to completely reverse heart disease, that it is not genetics or hereditary, but it in fact lifestyle.

So to have a man of his credentials and his ethics tell you the truth about the human body and some of the lies of this own profession is just incredible.

I would say that in my personal life amongst the other people who have impacted me, Dr.

The Paleo Cardiologist and reversing heart disease

Jack is absolutely up there with anybody, watching his ethics, his comfort, confidence, ability to go against the grain of his own profession to better humanity by teaching them the truth about what chiropractic care, per his wife, could do, what nutrition could per their collectiveness and togetherness and what they do.

They are an amazing team. It's something that I would absolutely strive to do in my own practice for myself and my wife to be teammates just like they are.

I'm the more Eastern one. My wife is a medical professional. She's a PA. His wife was a little more eastern chiropractor.

Why their partnership is inspiring

He was the medical profession, but they put those two minds together and created an Amazing facility out in Arizona and that's part of my inspiration why I do what I so if you check out dr.

Jack Wolfson and the paleocardiologist, his wife, Dr. Heather Wolfson, you will be in the company of an amazing, amazing partnership.