Introduction to Linda Howe and the Akashic Records

I've been looking forward to this interview now for a few weeks, and so I'm really excited to introduce you to somebody that that I'm just meeting right now.

But I started reading about her and hearing about here a few weeks ago when I was interviewing another guest for this summit. They were talking about, and she was an energy healer, but she was talking about how she turned her life around from almost being destitute to really finding her purpose.

And one of the things that she said she did was she started going into her Akashic Records. And so we talked about it in that interview with a lady by the name of Bobby Vogel.

And I thought, okay, there's a book that you can read that has your records in it of everything, you know, like, where is this? I've never heard of it before.

And I made a note. I wrote down the Cosmic Records and afterwards I know a lot of things, I thought, but I'd never heard of this. And so I went and I started googling it, and I said, oh, okay. Wow.

It's not a written book, but it's information that you can access that's out there. And I said, well, who's the best at teaching people to do this? Or helping people with this?

And the name that kept coming up was Linda Howe, who I'm really excited to introduce to you today. She wrote a book back in 2009 called How to Read the Akashic Records and that is even today, 12 years later, the gold standard for how to do it.

And she just came out with a new book this year, which is Inspired Manifesting Elevate your Energy and Ignite Your dreams through the Akashic Records.

So that's really cool too. Linda, I'm excited to I'm reading your book right now, your first book, and I'm and I'm trying to I'm not trying to I guess I've had some success, but I'm very novice and tapping into my cosmic records, so I know everybody's going to enjoy this.

I'm going to enjoy this. So welcome to our global energy Healing Summit. Oh, thank you. Thank you so much for having me. I'm really pleased to be here.

Yeah. So let's jump into the cosmic records. But before we do that, like how did you discover it? Like I told you, I discovered it by hearing someone else talk about it.

Where did you first hear about the Akashic Records? Well, it. Listen, you know, you can tell by my accent. I'm from Chicago. I'm from the Midwest. I was like, you know, that's what I talk about.

Akashic records. I just like Akashic. Whoever heard of such a thing? You know where I'm from? No. And we don't use words like that. Right. So. But, I, you know, through a series of, you know, events in my life, I, I had when I was 24, I had a life changing moment of spiritual awareness.

And, in that moment, I felt completely like, known, almost like, like transparent, like life could see into me, right? Completely known, completely loved and appreciated all those good things and and a part of the whole of creation.

Now I have to tell you, nothing in my life prepared me for that. You know, I'm from, you know, I'm from a part of the world where, you know, if you're going to be happy, you have to earn it.

Right. That's what I figured out. Right. So I worked very hard and imagine my distress when I did everything that I felt was right and I wasn't happy.

But anyway, but it led to this. So I have this moment. I have no idea what it is, what it means. All I know is I thought, whatever the heck this is, I must have it in my life.

And I was 24 and the search was, and I did everything right. I mean, you're doing this summit, you know, there's a million people doing a million fabulous things, right?

I tried, I tried as many as I could.

Linda Howeu2019s Spiritual Awakening and Discovery

So I went from 24 to 40 really doing my very best to try and recreate that experience. Right. And everything was wonderful. But nothing was it, until someone said Akashic Record.

I was like, whatever that is, you know? Anyway, so I went to this class with a teacher who I thought was really like very esoteric and but I didn't care.

I did what she said and in and I followed the directions and I opened my records. And when that happened, I had an experience that was shockingly similar to the experience I had when I was 24.

Yeah. And I thought, whatever this is, I didn't understand it. I didn't know what it meant, I knew nothing, I just knew whatever it was, I was going to keep exploring it until it dried up.

Now, originally I thought, well, this will probably, you know, this will probably last 2 or 3 months and then I'll move on. Right. Like I had with so many other things.

Right? Well, lo and behold, that was in 1994. This is now what I say. We are first of 21, I don't know, I used to be blind, I don't know what happened but you know, and so it has turned out to be really like the US the central governing.

Like not it's not just a theme but it's it's like a guy, the guiding light of my life. Yeah. And, and, you know, I really I had no idea. Yeah, I really had no idea what I was, but that's all right.

It's good now to have any idea, because I had a lot of questions. Yeah. And working in the record responded to my questions. Nice. Well, not only not only did you help yourself, but you've helped thousands upon thousands of people go into their records.

So we hear the records, like, explain to people what are the Akashic Records? Okay, okay. So first of all, Akasha is a Sanskrit word, right? And what it means is primary substance, they from which all things are formed.

Okay. So we're talking really about the, the raw essence of life. Okay. That's what Akasha is. All right. The Akashic Records is a vibrational archive of every soul and its journey as human.

Now because it's vibrational, that means it's invisible. We never see it, you know, you don't see it with your human eye. You don't see it with your strong eyes.

Right? Okay. There is no. You know, when I first heard about it, I thought, oh, there's going to be like a big golden book and somebody open it to page, you know, 37 and there will be no it's vibrational.

Now, the thing about vibration and, you know, this, is that even though we don't see it, we can always sense it. Not through phenomena but through our emotion.

Yeah. Right. Yeah. So it's vibrational. It's available to everyone. It's a vibrational archive. So it's a collection. It's like

a treasury. And every body is in it.

Oh so everybody who's ever lived is in it. Everybody who has ever lived is in the record. Thing about it is is weak. What makes up the record is this collection of all human beings.

Okay. So if if you and I decide we don't like somebody and we want to boot them out, we can't. The good news is nobody can erase us either. Yeah. You know it's a two way street.

So that's how that goes. Everybody's in and that's what makes up the record. Okay. And it's about the soul's journey as human. So so if you know sometimes people are like well what about a lifetime?

I was on another. You know, I was in another galaxy. The record doesn't say yes or no. The record has no opinion, but the record does not hold that information.

It is specific to Earth. Okay. Right. Okay. And there are other people who will say things like, well, in a past life I was, you know, I don't know, whatever.

I was an elk, right. And this time I'm a person. And if I don't behave myself, I'll be a cockroach. Okay. Maybe it's true. Maybe it's not. I don't know, the record does not have that information, though.

You see, it's only about the soul is human. Okay. Interesting. And just. There's one more thing I think is really important. There's two parts to every set of records.

Okay, there's the permanent and that, you know, it's from the inception of the soul. Throughout time. It's like the impression it's your potential. It's who you are destined to become.

And it's, it's almost like a divine impression woven into the fabric of the soul. Okay. Yeah. It's good. It's a good thing. Right. We like this. And it's who you will become.

And what travels along with that is, is the evolving or the changing growing morphing part of the record. And this is fascinating because it's it's like the chronicles of you, right?

What the Akashic Records Are

It's the collection of the lifetimes you live through which you awaken to who you are, and you live that well. You're here on earth. So so that's like, generally speaking, that's how it all works or what it is.

Okay, cool. So how how? Yeah, that makes sense. So how can people what what information can they get from this that is helpful in their current existence?

What types of things can people look for and get answers for? Okay. Okay. So when we work on the record, the the principle is energy first, information second.

Okay. Okay. You know, from the internet, information is great. Doesn't always go far enough. Right. Let's just say that. Okay. So we love information, but we know there's more when we work on the record.

It's the energy first. And it's. So what is that sense. It's a it's a spiritual resource. So it's a sacred space, right? It's a space of sanctuary or reverence, predominantly characterized by the emotional safety.

Because we're human beings, the way we transform is when we experience being safe. Yes. So we go into our records. There is this sense of being respected, understood like that.

So it's this space of unconditional regard. Yeah. And so once we settle in to that sense of being appreciated and understood, right. Like life is really on our side, kind of a thing.

Yeah. Then what starts to happen is that all the treasures in in the soul, you know, you've been living many, many lifetimes and all that. You've been learning and accumulating and understanding all that is stored within your soul.

And the safer you feel, it's the best way I can explain it, the easier it is for the truths that are embedded within you to emerge. Okay. So, so a lot depends on what do you, what you know.

You know, the law of the universe says that what you seek, you will find. Right. So the idea is what are your questions? And when we work and the records, the record doesn't just dump itself on our heads because it's not useful.

Right? Right. What is useful is I go into the record with questions, and I know, you know, I have a son who's now he's going to be 28. I don't know how that happened, but it did anyway.

Right. But the thing about it is, is that in raising him, I would go in to the records and ask first. My original questions were like, what's wrong with him?

And they would say, well, nothing. You know, he's poor. You know what I'm saying? Like, that's what that's an eight year old boys do you know. So but the other thing is, is the record always invites us to take a look at our part in our relationships, participation, our contribution.

What am I doing? Who am I being? And what happens working in the record is we have a chance to actually begin to understand ourselves, our motivations, the motivations of others.

So it's not just about information, right? It's about having me inside the guidance and the wisdom that we can apply to cause the shifts that we seek.

Okay. So what started out in my parenting journey is what's wrong with this kid, right? Turned out to be how do I how do I discipline this kid without snuffing out his spirit?

Right. Right. See what starts to happen. But I didn't. You got to answer something. And then I got answers. Well, now that's a question we can. And then the guidance would be, you know, whatever, whatever was appropriate for the time.

Right. You know, and and that's just so and so we begin to see our part in everything we're doing. Right. And so the record is not about, you know, fixing and changing other people.

It's about becoming who better becoming our highest potential while we're still in human form which is what you know. I mean the idea is I will be out of these bodies and will be like, oh, you know, living in the light.

But in the meantime, I'm like, how do we do that? And that's in the record. Yeah. Awesome. And what I think in your book or somewhere, I read, one of the most famous healers, in the 20th century was Edgar Casey.

Edgar. Yeah. Who was accessing for many of his healings. He was accessing Akashic records. Yes. Oh, talk about, healing and the Akasha Akashic records.

How can people who are struggling either with mental conditions or or physical conditions, what kind of information can they glean that will help them heal?

Okay. Okay. So first I just we'll talk about that in one second. But I do want to say this about Edgar Casey. Edgar Casey was brilliant because he popularized the understanding of the Akashic record here in the West.

Right. The the problem was it's not a problem. He was a man of his time. Right. Is that Edgar Casey was the only one. It was very exclusive and he didn't he wasn't quite sure what he was doing.

Yeah. Yeah. So that tells us a lot. Whereas about the state of the union of the record in the middle of the last

century, whereas now anybody with a sincere desire to have a more conscious connection with their soul can connect with their record.

Yeah. You don't have to go to an Edgar Casey. You don't have to go to Casey. You can join the how even. Yeah. Right. You don't even have to come to me.

You know, and so anyway. But that's right. You can learn how to do this for yourself. Just thrilling. Okay. Now, what was that question about healing?

Well, so. So what kind of information around healing? Hahaha. I records yeah. Okay. Okay, so here's the thing.

Using the Records for Guidance and Healing

The first the first idea the Akashic record is, is governed by three absolutes. Fear not. Judgment. Resist not. Okay. So if someone has an ailment okay.

Of any kind, any kind, you know, whether it's a broken leg or a broken heart. Right. It's all about the same. Let's face it. It's all terrible. But. The record from a record standpoint, we don't judge it.

We don't say, oh, this is terrible. It is what it is. A broken leg is a broken leg. Right. This is part of the experience. So the first thing is we want to relinquish our judgment because want negative judgment.

What holds are distress in place are the negative opinions we have about ourselves for having them. Right? Right. We get mad at ourselves. Oh, I shouldn't have cancer.

I shouldn't have a heart condition, whatever it is. It's like, well, as human beings, you know, I, you know, everyone dies at some point. It's not a moral issue, and it's not a contest, right?

Nobody's going to beat the dealer here. Right. So the question is, how? How do we how do we continue? First of all, how do I love myself even though. Yeah. These challenges.

Yeah. Okay. Then how do I let myself participate in life even though I'm not perfect. So the idea because see what happens when we move into acceptance.

Okay. That doesn't mean we like it. I say oh my God I have Parkinson's. I'm thrilled. No. You know, it's not such a great thing, but it's the reality.

And the sooner I get on board, the easier life is. Right. Because negative interpretations keep keep us stuck. Whereas accept dance ignites release. Sometimes people are relieved of distress.

Emotional mental, physical. Right. Sometimes. But sometimes they're not okay. Sometimes the purpose, the soul comes in and says, last lifetime, I was an Olympian.

This lifetime, I have, you know, whatever, a bad leg. Can I love myself even though I have a physical challenge? Yeah. Can I let myself. You know, we look at someone like Stephen Hawking's.

You know, somebody else would have said, well, the hell with it. I'm not even going to play. Yeah. This guy was drooling and yeah, he came up with the greatest ideas we've we've, you know, that any of us could even, you know, consider he brought them to our attention.

And yet he had a lot of challenges. Sometimes, sometimes that's the game. Right. Can I allow myself. Can I live with the fact that as a soul I am perfect, eternal, immortal, unlimited?

That is all true. What is also true is it is as a human being. There's an expiration date on the universe, right? Okay. And it's not. That's just the way it is.

Yeah. Okay. And so the record. Like in my own work, in the record, my second book is Healing Through the Akashic Records. Right. So interesting to me because in my own, journey, I was like, oh, you know, wait a minute.

Something's wrong. See, the first book I had, the method, I saw a hot dog. I'm done. No. Then what happened is, you know, I've got. My father was dying.

My son is growing up, and I'm yelling at everyone, and I don't want to be right. I'm like, oh, I'm supposed to be. You know, I think of myself as spiritual, but I keep falling short.

Right. Now we go into the records time. It was crazy. I go into the records, I'd be like, I need help. This is terrible. And the records would be like, it's okay.

And I thought, this is something is really wrong here. But what what emerged after a couple of years was that I began. I really became aware that I was being led into an experience of unconditional self love.

Like, could I could I cut myself a break because berating myself was not causing the change? Yeah. Right. There was a change I wanted. I was not living up to my own standards and expectations.

And the old idea of the, like, wounds, limitations. Or are that, you know, this is evidence that we're not evolved. We're unenlightened. You know, here in the West, we call it, we're sinners.

I mean, I was like, oh my God, this is bad. But from a record standpoint, that's just not the case. It's any any, you know, vulnerabilities that we have like that, I, that I like, that are an opportunity to really learn how to be kind and honorable with ourselves as opposed to using our wounds as weapons.

Yeah. So, so there's it's a complete change. And the other thing that was the really blew my mind. You know, you know, I was I came up in the spiritual world of the 80s and 90s and, you know, whatever that list of the first ten years of a century anyway.

And I had the idea that if I were spiritual, I can bombard anything with light and change it. What I learned in the records, the records are spiritual resource.

They were tool. It means love. So it's it's a dimension of a loving consciousness. And to be, to learn how to recognize and identify ourselves and our challenges from that point of view.

Right. Rather than trying to bombard them with superstitious ideas, D. O. C., which I tried, but that didn't help. Yeah. So so this actually caused and, you know, nobody's been more surprised than myself because I thought, well, this is a bunch of hooey, and then I've done it, and it actually makes a world of difference.

Yeah. Very cool. So if somebody is, struggling with something like an illness, they can go to the Akashic Records and, and sometimes they will have get information that allows them to heal.

Sometimes they'll get information that will allow them just to be aware that this is maybe something that is helping them to grow, or helping them become more loving or whatever else that might be.

Right? Absolutely. Absolutely. We begin to glimpse ourselves in our frailties through this lens. Right. Of unconditional love and respect. And so what looks like.

Oh, my God, this is terrible. It might be uncomfortable. Yeah. But but actually, maybe in this lifetime, maybe, I don't know, it's different for everybody.

Maybe the point is to see, you know, can I can I still be loving and generous with people even though my back hurts? Right. You know. Yeah. Yes. And, And a lot depends so much on what what we're here to do, the challenges we face to know.

But it's to really the first thing that has to go is the judgment. Yeah. And I think part of that, part of that is to everybody has kind of their role models of success and what that looks like.

And everybody thinks that their life is supposed to be like that, not knowing that that person that you think is so successful have lots of challenges that you would never want.

Like an Oprah Winfrey, I mean, I would love to be Oprah. Okay? Really? Like when she was pregnant at age 13 and kicked out of her house, you would want to be her then.

And, you know, just all these all these different things that people don't, they don't know about or they don't realize. And so everybody has a unique life.

Is what you're saying that is special and unique to them. And so it's not a contest. It's not it's not like, okay, I'm better than you. I'm not as good as you.

Let's see who lives longer. You know, all these different things. It really is tapping into what is your unique purpose for this time you have in this body, on this planet and optimizing that and and really being unconditionally loving, which is really, really cool.

Hey, what is it? What is it like when you're in the records? Like how do you how do people, not just you, how do people receive this information? We already said it's not like a golden book.

Page 37 okay, okay, okay. What is it like for people? Okay. So here's so here's the thing. What I teach I teach this pathway prayer process, which is really it's like crazy.

It's a it's very simple prayer. In the saying of the prayer the practitioner right experiences a slight shift in their perceptions. Okay, okay. So you know your eyes don't roll back in your head.

You're not speaking with a fake accent. You know there's none of that okay. And you're fully conscious. This is conscious responsible and deliberate. Like nobody can do this to you.

You I mean, you can get there yourself. But anyway, you get that. So because it's about recognizing and really honoring the the power within each individual soul, each individual being okay, so there's the saying of the prayer.

And then what happens there is moving. It's a subtle shift of awareness where there is a sense of being in a sanctuary. Okay, of of really being known.

Right. Recognized appreciated. Understood. Like that. It is. It's a place of of quiet. For many people. It's like tranquil, tranquil and serene like that.

For others, it's much more enthusiastic. Right. So that's that's how that is.

How the Records Work: Prayer, Perception, and Questions

Now, what's interesting is that when we work in the records, the words we use to describe our experience are very visual words. We say things like, I see that, or I, you know, like that, I see it, I glimpse that, I get that, but in fact, only 10% of the people who work in the records see images.

Yeah, that's not many. So we have a hundred people, ten of them will receive guidance through image. 5% will hear messages. The rest of us, 85 out of 100 will have a sense of knowing, which is really you know this is a soft science.

So you know it's not a hard science. So what happens is there's a sense of something. Right. Okay. And the only way the way energy moves in the record is on the formed word.

So as I describe to you what it seems like because I don't even know what I write, what it seems like, like, oh, you know, as I'm describing it, the energy moves.

Okay. If I don't describe it, it's not like I can mentally send you a message because that will not move the energy. Sure, the energy moves and the formed word.

And so when people are because it's so you can either have somebody work with you like you or people you've trained to go into your Akashic records, or you can, you know, I know your pathway prayer.

You make it available to everybody. And then obviously you've got books and classes. But the pathway prayer, you can I think it's on your website. Right, right, right. It's on the website. Sure, sure, sure.

And if you want your website really quick. Linda. Linda howe.com Linda h o w e howell.com. You can get the pathway prayer there. And so when you're doing it for yourself and you're accessing the records a couple of things.

One is I read in your book, it's better to ask how what why questions and just yes or no questions. Right, right. Because this is not this is a lousy source of fortune telling or divination.

It's terrible. It's all based upon what's happened so far. Right? Well, well. And not only that, like those questions like the yes, no. And and when I mean time, I mean time.

Like, who cares about time in the records, right? We're talking about all time past, present and future. Yeah. Right. And so so time is it's just doesn't like when we move from an ordinary state of awareness into the record.

So many of our ordinary, organizational principles just collapse because they're like, whatever. Yeah. Because there's only. Right. There's only now, which is a whole thing.

But, So I'm lost. I'm like, God, the other thing I wanted to ask you was, so when you're when you're doing it on your own and you're accessing the record, you say the the, the the word, it moves energy.

Do you suggest people write or writing is. I'll tell you what, there's some people actually like to make a recording, a recording, okay. Some people do that.

I don't do that. Yeah, I like to write. Okay, okay. And and the thing is, when we work in our own record, it's, it's really different than if, like, if I'm doing work in my own records, it's going to be different than if I'm in your records.

Right. I mean there really is, there's a relational difference but there's a big difference. So, so the record is not magic right. So if I have a burning question you know, should I move cross-country.

You know by the end of the week. And I go into I've never been in the record and I'm like tell me I need to know now the record, this is not this. This is a spiritual resource.

Yeah. This is not, you know, if you need to get a pendulum, you know, there are other things that you're going to get much better answers. Cassie. The record is much more interesting in who do I have to be to make that move.

Do you see what issues in my life do I have to resolve if I want to make that move, and is there some move I want to make, or is it a move that my, my sister wants me to make.

Yeah. Right. So we have, we have the opportunity to, to really tell the truth about our own desires and motivations. Right. So that's like the first thing.

And then to look so what does have to happen. Oh I have to forgive my ex. Oh I have to, you know, take care of whatever with my neighbor. You know, there are things that have to happen in life and the record doesn't care if I do them this afternoon or in five years or next.

Life makes no difference to the records. The record doesn't judge. Yeah. The other question too, is so there are these, we have these the a record of our existence and even, we can find out why we came in to this body.

Oh, yeah. In this existence. Yeah, yeah. But at the same time, I think I read that we also have free will. Right. So how do you how do those two components reconcile that?

You know, we came in here to kind of maybe go along this path, but we have free will. How does how does that all work? Okay okay. So within every path.

Okay. In between incarnations we have an opportunity to make some big selections. Right. Like oh next time I'm going to be Linda and I'm going to live in Chicago and like that. Right.

And once they have been fun yeah. It's like it's actually it is fun. But anyway all right within the context of that, there are certain choices available to me.

Right? I am five foot two. I will never be I will never play for the NBA. Right. It's just okay. Is it, it does it mean I was bad or anything? No. It just means in this lifetime that's not on the menu.

Yeah. Okay. Okay. So where where we have the most choice is when we're selecting our identity and our family of origin. Right. And then, and then within that within the scope of a lifetime, there are certain choices available to us.

Okay. Now the record doesn't care if I make the choice. I don't know it at 20 or 30. Makes no difference right. Because time doesn't matter. Yeah. So so we have things like that and yet over the course of the entire soul's journey is human.

We will have every choice available to us. Okay. So if we can think of it, I know that when I got there concept, it really helped me a lot because I too was caught in that.

But what is this free will. Right, right. And how does that work. And you know, it's it's an interesting thing because in the record, it may be that I'm going to have a spiritual awakening.

Well, I'm on some tropical island, okay. In my, let's say, in my early 30s or something right now, the record from a record standpoint, if I'm you know, in the Bahamas or somewhere in the Mediterranean, really doesn't matter.

Do you understand? I mean, if it's the condition on the island that's more important than the island itself. Okay, okay, cool. And so so that's really, you know, and sometimes people are like, oh, I need to move to New York City.

Well, what if they end up in London or Paris? And, and they find out they're just thrilled to be there. And how come there is they thought it was going to be New York.

The fact is it was really, what the record is suggesting is a large urban area with an international right melting pot that is as opposed to, you know, Overland Park, Kansas.

Yeah. Right. Experientially very, very different. Yeah. Interesting. What about relationships and things like that?

Free Will, Relationships, and Soul Groups

Are there people that you come in with that your you that you meet along the way that you're supposed to meet and bond with? Oh, Riggs, it's all rigged. So, yeah, it's all rigged.

Okay, first of all, your first soul group, right? A soul group is a group of individuals who share the same spiritual intentions. Right. Okay. Our first everyone's first soul group is the family of origin.

Okay. Even though explain family of origin. Family of origin. Your parents, your siblings. The right. The original. Yeah. Group you came in with. Right.

Yeah. That's your family of origin. That's your first soul group. Now a lot of people will say to me, oh, they're Neanderthals, blow them off. Right? They're making like, me. Yeah, nothing like me.

And that may be the case. Can you love yourself when you're with people who do not get you? Yeah. Can you treat yourself and others with respect? Can you let them be the way they are?

Right, right. These are the challenges. I mean, nobody comes here to change anybody else. Okay. I'm sorry to say. I mean, you know, I mean, we don't like it as somebody tries to change us and it's not fair to do to others.

So so that's the soul group, right? And over the course of our lives, depending on, you know, what we're doing, right, we will encounter people that really give us a chance, bring to the surface those unresolved issues within us that empower us to love ourselves more than ever before.

Okay. So that's, you know, so so there are people that we've been traveling with over many lifetimes right, in a variety of configurations of relationships.

So yes, this is absolutely the case. Yeah. Okay. That's that's fascinating. Very very cool. So how do people find you if they want to work with you? Linda.

And what are the ways they can work with you? Okay. So okay, first and foremost, the website, the website, the website Linda howe.com. But if you go there, I mean, there is you can always find out all the different things that are happening. Right.

So one of the things is I do work with people one on one where I open their records. Okay. So that's a possibility. Another possibility is, you know, I teach people, I train people.

Part of my commitment is to provide outstanding training to anyone who's looking for it, because, you know, like our predecessors certainly don't know how to connect with the records.

Right. Our kids don't know. Right? So it's like, wait a minute. So but we are the ones. And so once we know how to do it, we'll know how to do it. Yeah, but but everyone deserves to have really good.

And anybody that wants to can learn how to do it. Anybody who wants to and but you know what. Not everybody on everybody wants to. Yeah I know that's the key right. Yeah. Yeah.

People who really want to it can absolutely. It's not magic right. It's not magic. You have to it's a practice. You. Yes it's you grow into it. Okay. So I teach, I teach a series of certification classes like practitioner, Advanced practitioner, Healing Souls path and Souls purposes.

So I've got a full range of classes that I teach online on demand. Everything's online right now, right online on demand. And then I also have people that I have trained as teachers.

Right. And we have certified teachers. We just graduated a group of 51 new teachers in Asia. Oh, right. And that's very exciting. Why yeah yeah. Oh yeah. Yeah.

So you know, this is like oh I'm excited. It's cool. It's a little crazy, but it's cool. So it's so we have the teachers though with the oh people who are, who have trained with me and are certified to teach practitioner advanced practitioner all the way up.

We have a lead certified teachers who work with people at the most advanced levels and assist me in classes as well. So we've got we've got a full range of opportunities for learning.

In addition to the books I've written, I've got four books on the Akashic Records. Do you remember these audible's? Do you like the audible? I do, my son.

My son is a huge fan. My wife is a huge fan. I like to read it, but, the audible is really, really good. The audible. Yeah. Yeah. Well, do you know what with this material, what's great about the audible's is because I lead people through all these different exercises.

Okay, so it is good to have you led through in the audible. Yeah. So it's really good because. Well, I don't know about you. You know, I would be like reading and then I put the book down and I try to say I know that makes sense. You.

So it's a much more fluid experience with the audiobook. So there's but you know, when everybody learns differently. And so there's a lot of different ways to learn and that's awesome.

And you know, people, people know when it's time for their next step. Yeah. Right. Right. So the website Linda howe.com, before I let you go, tell us about your new book.

This new book is about manifesting. Oh what does that mean. What do you what what do you. Okay, okay. So here's here's the idea of this book. Everybody, all the people who are attending this summit, everybody has their thing within that they really want to share with the world.

Many of us have the fear that it's now with the world wants, perspective. We recognize that what you want to give to the world is exactly what our world today needs.

And to do, like, one step at a time. If you can step forward a little bit, life will meet you and help you bring it forward. This is really bringing your soul's purpose to life.

That's beautiful. That's so wonderful. Yeah, that's what it's all about.

Teaching, Books, and Inspired Manifesting

Yeah. So I just a couple things and then we'll have you kind of give some final words. We talk about the soul's purpose. Do we, do we always fulfill the souls purpose or sometimes by choices or free will?

Maybe we don't get there and we have to relearn and ha! We always fulfill our purpose. Okay. Fundamental. The primary purpose is shared by all humans.

And that is to expand our ability to love and respect ourselves, because we're all moving into a, state of unconditional self-love. That is the purpose of the soul's journey is human.

Right? So some lifetimes it looks like we've been real train wrecks some lifetimes. So like that. Right? I mean, you know, this is like, oh yeah, yeah, what happened?

Everything went wrong and blah, blah blah. The question is, can I love myself when I'm a failure? Can I treat myself with respect even though I've made a thousand mistakes?

How do I let myself stay in relationships with others when I know I'm painfully imperfect? You know, see, the soul's purposes are spiritual. So we want to begin to think about.

Like what? What enables me. What activates that experience of love within me right now? What can I get from you? Right, right. And as and and we are unique individuals and so everybody that everybody has different ways that they know when they do their thing, when they're involved with their thing, whatever it is, whether it's ice skating, baking, standing on their heads, visiting the neighbors, I don't know what it is. Right?

It's like, oh my, you know, we that the infinite love within is unleashed and we're flooded with it. Yeah. That's our souls purpose. That's awesome. Yeah.

So it's yeah, it's it's you can't not you. We cannot mess this up. Yeah. What you that's I know that's something my

grandmother would say. Yeah. You can't mess it up.

So what? And maybe maybe that's your final, words of wisdom that you say. You can't mess it up, but what would you, just, you know, quickly. Any any final parting thoughts or words of wisdom that you have for everybody watching right now?

You've been amazing. What? How would you kind of cap it off? What would you tell them? What do you want to leave them with? Know? I just want everyone to know that that there's there's no accidents, right?

That you really are supposed to be the human being. You are in the place you are at this point in time, and who you are is exactly what the world needs.

It's a perfect fit. It's there's precision in the universe. And so just no matter what thoughts or opinions you have about yourself, don't be fooled. You really are much greater than you ever thought you are.

And even even if you stumble along the way, there's nothing that can damage the love that's at the core of your being as beautiful. Well, may I hope that made everybody feel really, really warm inside.

Such beautiful words. Linda, you are amazing. Thank you so much for being with us. It really has been, a great learning experience for me. And and I know everybody who watched it. Thank you so much.

Thank you. Thank you very much. It's great to be here.