Ep 157: The REAL Education Behind Chiropractic (It's Not Just About Pain) Transcript

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Chiropractic Education Background

Hi everybody, I'm Dr. Laura. Welcome to Connecting the Dots, Truth Bonds. Okay, let me ask you something. What kind of background do you think this applies to?

General anatomy, histiology, principles, palpation, human physiology, procedures, embryology, physical exam, clinical considerations, neuroanatomy and neurophysiology, radiography, nutrition, anatomy and biomechanics, pharmacology, pathology procedures, clinical orthopedics and neurology, public health, further information on nutrition.

And you know what? The list could go on and on.

Innate Intelligence and Whole-Body Care

That is the background to a chiropractic education. Lately, I've been really listening to a lot of podcasts, and I love podcasts. I have a podcast, Connect My Brain.

But it's so interesting to me with all the things that have been going on really since about 2020, maybe a little bit earlier, but it has really come into the limelight that there are so many different medical providers now really tapping in to innate intelligence.

Innate intelligence as defined is literally the body's ability to figure it out. Just like every single time you get a cut on your finger, it seals, correct?

Every time, you eat a meal, digest it, and eliminate it. These are the innate intelligence of our human body. Chiropractors have been looking at innate intelligence since 1895. We have a very extensive background in looking this.

In fact, that is what drew me towards chiropractic, is that it looked at the entire body. It didn't just take out one part, it literally said, here's the orchestra and you're gonna spend years studying it.

Experience, Specialization, and Collaboration

And then people like me, we go even deeper. I've been in practice now for 30 years, I have seven credentials after my name, because I wanted to go deeper into the world of pediatrics and making babies.

And what does it take to make a healthy baby? So I'm going to ask you, What kind of provider do you want to be with? Somebody that just started dipping their toe in maybe three, five, six years ago?

Or somebody that's been doing it for a very long time? Now, not all chiropractors specialize. In fact, many chiropractors go into the direction of pain.

And I think that is very unfortunate because I do, I feel like it's given our profession a bad rap. But chiropractic is not just about pain. And I really want to encourage the community, let's start looking at chiropractic from a different set of lenses.

Because if you understand the person that you are working with, they've got a very extensive background. and they have a passion. They have the passion to really work with the body.

People do it through nutrition, they do through lab testing, and through collaboration with other health care providers.

Connect My Brain Membership and Global Support

I work with many other providers because I don't do everything, but that one thing I do know how to do is orchestrate how that human body works. And I am so grateful to my education because it taught me how Look into chiropractic today for a different step into your health journey.

Get to know us here at Connect My Brain. We have many different ways for you to get to us. we have a CMB membership. It's very modestly priced and you can just start to Get To Know Us.

No matter where you are in the world, we can work with you and we do. We have families across the globe and were ready and willing to help your family too.