Exosome Training for Physicians: What's Inside the Masterclass Transcript

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Podcast Introduction and Regenerative Medicine Overview

Hey there, welcome to the Recharged Biomedical Podcast. I'm Dr. Edward Park, and if you're curious about regenerative medicine, you've come to right place.

We're diving into the latest breakthroughs in telomeres activation, stem cell exosomes, all the cutting edge science that's shaping the future of healing and longevity.

Let's get started. Today, I'd like to address my online training course for physicians. If you're not a physician or a nurse practitioner, you can still watch and figure out what exactly we're doing to try and spread the word and the benefits.

So you could see here, this is my homepage about exosome treatments. You can buy the telomeres activator that I've been taking. TA65 for 18 years. And also we talk about what aging is, access to many years of blogs, and a link to our podcast as well, which is currently not working.

Masterclass Overview and Course Purpose

But I wanted to focus on the masterclass, just something I created a few years ago. In it, we have the ability to educate and train doctors and advanced practice nurses.

So let's get into that. Some of the reviews here are present, but basically the reason I did this, I want to be sort of helping other people treat themselves, their loved ones, and their patients in a way to enhance care because we really don't have that many things that can cure disease.

Although I'm not allowed to say we're curing stuff, the circumstantial results are quite Quite impressive. Recently, this gentleman, Dr. Armin Nikogoshian, who had treated his son and his patients for over a year, joined up with us and he added three more modules to the online training course.

Those modules I'll show you here include what is autism, how to use exosomes in autism and case studies and administrative pearls. So we won't go too long, but I just wanted to give you an overview.

A few years ago, I created this online course. It's evergreen, accessible anytime you want. There are 20 video lessons created over 20 weeks. And the first one is, do MSCX films work?

And we'll talk about the… animal studies, using them in heart attack, stroke, arthritis. And then lesson two is, well, we get in trouble. We talk about the FDA, what its purview is.

The Federal Trade Commission, even local medical boards.

Course Modules, Reviews, and Clinical Topics

What kind of language to use and what kind consent process is involved with doing this in an ethical and safe way. Lesson three was which brand should we choose?

And over the years I've done many videos explaining why you can't measure exosomes. So that's an interesting one. My experience is that through the lab that I have used, it's always been potent.

Never had a bad batch and the quality control is quite high. But we go into why can you really compare brands of exasomes very easily. Then lesson four, we talk about how much we should charge.

Basically the ethics of that, I don't believe in charging. Too much and that also ensures that we have many repeat customers you fix their needs they come back for their shoulders.

Less than six, we go into the science of exosomes and Dr. Arman does a really great job in his module talking about the microRNA that caused a stem cell differentiation, shall we say, or young behavior.

Number eight by popular demand is when should we use ultrasound? Now, when I started out, I was trained in all the ultrasound procedures, but I find that it has limited use, maybe facets, the hip joint, certainly, and nerve localization, When ultrasound is helpful when it's not Lesson 9 is muscles tendons and ligaments lesson 10 is knees we go into knee pathology Which is one of our popular treatments and the shoulders.

These are all great anatomical reviews for you We talk about hips in lesson 12 and then lesson 13 is the nervous system And over the years, some of the most gratifying patients we've had, stroke recovery, nerve damage, neuralgia, neuropathy.

So that's very exciting. And of course, the autism module touches upon that as well. Lesson 14, we talk about the back. I just recently had some great success treating my own mom who couldn't walk three and a half months ago.

Now she's back up to speed for whatever reason after two epidural exosome injections. Lesson 15 is facial rejuvenation. Of course, very popular. I just had mine done two days ago.

As you can see, it's not really peeling yet and it is not red. And I hope to look younger for our upcoming conference in October at the IMMH. 17, we talk about genital health.

Although I was trained as an OBGYN, I do mostly penises actually for erectile dysfunction.

Procedures, Forms, and Practice Setup

It seems to work quite well for that. In 18, we get into immune dysregulation. And some of the caveats I wrote about in my book, Exosome Songs of Healing, which is on Amazon and Audible, I go with the fact that, yeah, We do need an intact immune system to get the benefits because a large part of how exosomes are working is by shifting the T cell behavior from an inflammatory to a regenerative phenotype.

So if you're on high dose steroids or some kind of biologic to treat autoimmune disease, it can sort of dampen the efficacy. So that's something to be mindful.

Also, if you're dealing with mold or lime, those can be immunosuppressive as well. In 19, we talk about miscellaneous other procedures including treating the hands.

I forgot to treat my nodule, but I will treat it. Slight tendon nodule, but I just treated my subscap for the fourth time in eight years and I fully expected to recover as did my meniscus after one treatment and my Achilles after three.

So we're really just kind of spackling up the defects as they occur. And at 59, I can say I'm pain-free and pretty active. Lesson 20 is starting your practice.

and we go into the nitty-gritty of malpractice and what forms you need. Speaking of which, if you look on the course after you've logged in, we have my exesome consent, combined intake, demographic, and health form, post instructions, micro-needling consent demographic intake notice of privacy practices, et cetera, even a patient receipt which you can customize.

Funny story, I had a patient text me because one of the doctors that took the course downloaded the form and she didn't actually change the phone number.

So she texted me saying how great her knees were doing and I have to figure out who exactly that was. And it was a funny story. Also, we have a section in the chorus when you're logged in, it's procedures.

We demonstrate nasal procedure, which is we're coming up almost a thousand of those. That's my most popular procedure. to help with cognition mood and we have the knee injection video shoulder injection hip injection lumbar epidural and each one of these comes with a pdf which will help you set up what supplies what steps are needed what to rule out what anatomical things you should look for and they're all just cheat sheets for you to use on the course you can buy exosomes through this instructions download the the forms and we have a link to previous videos.

Autism, Pricing, and Course Benefits

So on a personal note, you know, we've had a couple of parents of autistic kids, Jodi and Armin, Dr. Arman, and they've have had really great success with their kids.

And so perhaps it's helping with neuroinflammation, definitely helping social anxiety and apraxia. It just seems to mellow them out. Of course, that's not FDA approved yet, but there have been successes with stem cells using them in autism.

Since stem cell work by secreting exosomes, there's no reason to think we shouldn't have some kind of benefit as well. So those are the things I wanted to touch upon.

The course is currently priced at just under $3,000, but you get the entire course back every dollar as never expiring credit towards buying exasomes.

And so I think it's a good deal. It's Get up to speed if you never decide to do malpractice coverage. Mine costs about $13,000. I can make a referral a year.

But you can always treat yourself, your friends and family. That's quite the boon. Shameless plug for the course, but I think it's a great, based on a few dozen people that are in the class and have used it.

Sadly, a lot of people have taken the courses but not finished. But it is a good way to get your feet wet and to understand the science, the procedures, and the aftercare.

And it really is an evergreen way of getting yourself up to speed and start helping the people you care about. Anyway, this is short little vignette about my course and if you do take the course there of course is a video in each one and it comes with a quiz four or five questions.

If you finish the final exam 115 questions or so with 70% or better you can print a certificate and there are cute little vignettes of art history and pictures of my kids when they were younger.

Closing Remarks, Webinar, and Book Promotion

Anyway, I encourage you to check it out. It's at rechargebiomedical.com slash masterclass. And it's something that again, over the course of the years ahead, you will need some facial rejuvenation.

You may need to heal a ligament or a joint. This is the exact way you could do it and help yourself as I started out, You should also start out and figure out a way to make your loved ones.

happier and healthier. So that's the plug. This week we will be doing facial rejuvenation. We have a monthly Ask Me Anything live webinar for our providers and every month we support you, we share cases, and it's a useful way to get better at what we're doing.

Come and join the future. Join the Recharge Biomedical Masterclass and I look forward to hearing from you. And as always, you can email me with any questions, drpark at rechargebiomedical.com.

Thanks so much. Many clinicians are getting interested in exosome therapy and they hesitate for good reason. Questions like, does this work? What forms do I need?

How much should I charge? All these questions are addressed in my online course. That's why I created it to help you get started. The online courses is your permanent turnkey resource to get start either treating yourself, friends and family or to expand your practice and help more people as well as increase your revenue.

Thanks for tuning into the Recharge Biomedical Podcast. If today's episode got you thinking, you'll love my book Exosomes, Songs of Healing. It's packed with cool analogies, full color illustrations, and all the science you will need to understand how exosome are changing the game in aging and regenerative medicine.

You can grab it in paperback, ebook, or audiobook, whatever works for you. Now head over to www.rechargebiomechanical.com to check it out. And don't forget to like and subscribe so you never miss another episode.

See you next time.