Exploring the Link Between Digestive Wellness and Cancer Prevention and Recovery Transcript

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Introduction to the show and guest

We have to change, okay? Because we are not creating healthy people is the bottom line. And we should be for all the information and knowledge. There's 1.2 million PubMed articles per year.

Can you imagine? that things we don't know that we're not doing, even you and me. Welcome to Health Breakthroughs with Dr. Stengler. I'm Dr Mark Stegler and each episode we cut through the noise to bring you practical, science-backed insights for more energy, better health, and a life that feels like yours again.

Hey, everybody. So excited to be with you. I have a good friend of mine, Dr. Keneally, very well regarded in integrative medicine, holistic ways to approach cancer.

She's very unique in that way. And so we're going to hear more from her on her background, how she deals with digestive health related to the immune system cancer and in some very, unique cancer therapy she offers at her clinic and the Cancer Center for Healing.

Very unique here in Southern California. Dr Kneally great to Wonderful to be here to share this experience and let everyone know all of this great knowledge that you and I can impart.

And you've got a very unique background. You're a medical doctor, but you did all the extra training in integrative medicine, and then you do even more training and integrate approaches to cancer.

So tell us more about your background, if you would. Right. Well, it actually started, you know, a long time ago, and my mother was pregnant with me. I'm number three of six children.

Dr. Keneallyu2019s medical background and personal health journey

And she started bleeding. Back in the 50s, they used a medication called DES, diethylstobestrol. That drug was to prevent the miscarriage and stop the bleeding, So I'm a teenager, my parents get a letter stating you were given a drug DES and so you need to go to a cancer institution close to your home because that drug caused cancer in both male and female offspring, hormone problems, anatomical, infertility, etc.

And so I started going to MD Anderson and getting all the work ups of everything when I was a teenager. And that led me down a completely different path.

I never had two periods in a row, so had to learn how to control cycles because you didn't feel good if you don't have a menstrual cycle. And so my journey kind of, I always wanted to be a doctor when I was a teenager.

And then, and I worked for an ER, or I a babysitter for a ER doctor. I'm like, oh, i can do this. Then my whole journey has been how not to get cancer.

Because of the other problems I had along the way from the DES, I learned a whole lot of other things. First of all, I became an expert in hormones because I had hormonal problems.

Then now I'm in menopause, you learn even another dimension. And then I head infertility and that was a hole in other dimension, and then, had scoliosis.

I tried every modality on the planet before I have surgery four years ago. So, every and I did, everything unconventional, And yes, some of it was conventional, but I always tried to analyze and go down all the rabbit

holes of I had gone to conventional doctors, I'll be honest, and and they like.

You know, one gave me birth control pills because I never had a period. Well, you know we all know now that birth controlled pills come with hazards and you better you tell the patients about the hazards, and then you need to counterbalance the house.

Right. And then when I was delivered twins 29 years ago. I went into something called Sheehan syndrome where the pituitary goes into shock and I go to so many doctors and the endocrinologist and they all look at me like deer in the headlights.

And so because of that I had to, you know, of course understand everything about the pregnancy and what can, you know, I had a complicated delivery and so that created.

So when you have your problems, it makes you become an expert. And so you don't become and expert by just living a life of nothingness, okay? I hate to say you've become expert because you had curve ball or detour in your life.

That's really what makes like you think and start living very consciously. So here we are now. And I started years ago, I had this friend of mine who was an oncologist and I loved him because he was so good.

And I said, would you be interested in developing an integrative oncology program? He said sure. So we went to go visit a clinic in Mexico and he loved it.

And so we started Oasis of Hope in the United States years ago. Anyway, that started out and then Oases of hope felt like, okay, the patients really only want to be seen in United states.

So we need to separate. So that's what we did nicely because it was just the right thing to do anyway. And so we started the Cancer Center for Healing.

Because now in this day and time, you didn't see cancer 20 years ago. Now, the rates now are about one in two people. and they expect to have 2 million cases this year.

Unfortunately, you hear about a plane crash forever and you here about the shooting, but you don't hear of the 1,600 people who die a day of cancer. And so we need to really educate, inform, innovate for patients because medicine, the paradigm of medicine has reached its point of no return.

And we practice the best of conventional medicine. That might be blood work and scans and the history and physical and whole entire workup. And our history in physical is very different than a conventional doctor because we go back from in utero what happened.

Because we all know we not only inherit your eye color, skin color but we inherit emotional intelligence. So, and then, but our treatments, you know, in some patients may need surgery, some may needs chemotherapy.

Founding integrative cancer care centers

And so they might need a smart drug, they may do, But that's not all you have to address. When you address a patient, You need to have a holistic approach, meaning the entire mind, body and spirit involved and looking at everything.

And that's where conventional medicine doesn't look at how does someone live every day. Okay. Because what you eat and your lifestyle is going to determine your health.

And so doctors, it was so interesting. I had a patient yesterday and she had done with a naturopath, a microbiome test. And her conventional, she went to her convention and called, and he just blew her off.

And I'm like, what? I mean, how much is talked about the microbiome? There's volumes, we have libraries, buildings on the micro biome and the microbium is 75% of your immunity.

So I don't understand how an MD can basically say that doesn't matter. That's like impossible in the 2024. So it's very sad that we have a disconnect because doctors more than other whether they're in the natural past we need to cooperate and collaborate for the best avenue for patient and because we know none of us know everything but.

Somebody might know this and somebody, everybody can put all the pieces together and we shouldn't be discounting. We should go look up things first before we discount the patient because then what happened is that has an impact on the patients.

The patient doesn't like that. They don't that they just disregard that what you eat, you know, that my patients tell me that the doctors say, well, does it matter what we eat?

No, it doesn' matter. You can eat anything you want. Well, there is no book that says you can get anything. Even cooking books. don't say you can eat anything you want, right?

So patients are not trusting now of the whole medical system. And I kind of agree, even though I'm a conventional doctor, I just believe that we have to use the science and information that learn now in a conventional way, which is wonderful because look at, scanning is incredible.

Like new breast imaging is incredibly, you know, we do have life-saving treatments, but for chronic conditions, about 90% of the profession, there's not a lot of answers.

And if you look of the United States. Autism is one in 37, maybe even less. Elementary kids, 60%, have one or more chronic problems. Our teenagers have the highest rate of anxiety, depression, and suicide.

And 30-year-olds were getting cancer. So obviously, our medical system is not working for us because what we know in 2024 People should be healthy and a Navy SEAL.

So they should and smart because the amount of knowledge we have today is unbelievable. Okay. Everybody should have intelligent and healthy, and physically capable because look at the Olympics.

Now we're not Olympians, but what I'm saying is we still can be functional, physical beings. And so it's really sad that the medical system is missing out, but I do know that our young patients, what I'm so excited about is our patients are so into transforming the future of healthcare and humanity.

Why medicine needs a holistic, root-cause approach

and i love it so that's why i work every day because you and me together and all the people that are you know thinking like this they are going to change the future and so and we've got to we have to do it now i've been saying we're in a 911 for probably 10 years but we are beyond the 911 now We are, okay, and we can't allow this to happen.

In fact, you know, everybody's talking about cancer in young people today. And I read from Dr. NG, a lady doctor from Harvard, she goes, these, young, people, they've been exposed to something.

or multiple exposures. So that is what's causing the increased rate of cancer in young people. And so like, okay, yeah, it's called the exposome, right?

You know, we know that we're all, you know your body keeps score of everything, so it, people like why aren't all the doctors taking a stand saying, wait, stop, We need to do something, Why aren't we?

Why are we all? I mean, I am, you are, but why aren''t more physicians, if they see this alarming rate, why don'''t we saying, okay, well, we've got to look at this.

We've gotta look everything. we gotta collaborate and say, We gotta stop this! You've done everything you were told to do and something still feels off.

At Health Breakthroughs with Dr. Stengler, we go beyond symptom management to explore integrative, science-backed approaches to the issues that medicine too often overlooks.

Chronic fatigue, brain fog, gut dysfunction, inflammation, hormone imbalance, and healthy aging. If you're ready for real answers and practical tools to support your health naturally, follow Health breakthroughs of Dr Stegler on Doctor Talks or wherever you listen to podcasts.

Right. And that's what you do. You work at root causes. Of course, you and I, we look at many different levels of root cause. It's diet and stress and sleep and toxin exposure and hormone balance, all these things.

But give us your insight on the connection to the digestive system and the whole health of the body. Then of course get into the immune system, and cancer and all that, if you would.

Right. Well, your digestive system is everything. So if you don't have a stomach, are you going to live? No, you're going be dead within four weeks, right?

Because what does your stomach do? It exuses hydrochloric acid and enzymes and pepsin to absorb and digest all your nutrients. And one of the most important things is making sure that your entire digestive system.

So, you know, your digestive systems starts with your mouth, with how you chew your food, right? And then when you chew your food, it allows it to be absorbed in its smallest form.

So the better you choose your foods, so anybody that has digestive issues, I tell them, you need to chew food like 30 times every bite, which takes you a long time, because then it allow for the whole digestive system to work.

and to have satiety also. But we all just inhale our food, right? And so instead of taking our time and enjoying the food that's going to nourish and strengthen our body.

So we have enzymes in our mouth that help digest the foods. Then it passes down the esophagus, which is the tube going into your stomach. And then as I said, stomach makes hydrochloric acid, And I did a lot of hydrochloric acid studies.

I used to use the Heidelberg machine, and this was a machine that would actually detect the hydro-chloric acid. And almost, it's so interesting, almost everyone had low hydro, even if they were 25. And I think with the incredible stress and probably EMFs, we're shutting down our hydrochloric acid production.

And then if you're 60 years and older, about 50% of those patients have a bug called H. pylori, and doctors don't even think about checking for that bug.

So your stomach has this beautiful peristaltic action, and has the hydrochloric acid and pepsin and everything to turn everything into soup. And then it goes into the small intestine, small intestines makes more enzymes, and then your liver, your gallbladder and pancreas all beautifully chime in for the other aspects of digestion until it gives into to the large intestine which a whole bunch of other processes take place and you have the pyres patches that Align the the intestines which is your immune system and you're now that we know about the Microbiome, which there's the mouth microbe arm the skin one but we have the intestinal one and there is more research done every every single day on the microbiome and it's just every day new stuff comes up and Everything affects our microbiomes from the food we eat and the quality of food.

So if you eat boxed Fast food, you're not gonna have a good microbiome, okay? And then you've got to eat the food that nourishes and strengthens your microbiomes.

So that's 75% of the immune system is in your micro biome. The food you eat, the toxins, then, have to look at

parasites and candida. And I would say most patients have Candida and parasites, and the average doctor doesn't look at that.

For example, cancer patients, over 60% of patients have yeast. And then if you do surgery and chemo, what do you? Do you grow and proliferate the yeast?

Well, then how are you going to get rid of cancer if you have a constant in production of yeast? So you've got to address that at the same time you address the cancer.

Okay. And then parasites, you know, people think in the United States that you don't get parasites.

Digestive health, microbiome, and immune function

Well you, know we, yes, we do. You know. We do in fact in, in India, they deworm their population twice a year. naturally deworm. That's why their cancer incidence is lower than ours because they de-worm their entire population twice a year.

And so the microbiome is its own universe. I would tell everyone to really understand your microbiomes and love it and nourish it. And because we know the studies show that if you take antibiotics, which people pop all the time, They, you know, destroy their microbiome.

So doctors don't say, no, after you take this antibiotic that you may need for an acute situation, not be careful though. You know if you have a virus, don' take an antibiotic, your wasting your microbiomes.

And doctors give antibiotics all the time for things, okay, thinking like you go in, I know patients will go for something. Oh, well let's just try antibiotics and see if it goes away.

I'm like, No, we can't do that. we have to make sure you have an infection. But every time you take antibiotics, you cause mitochondrial damage, and your gut is directly related to your mitochondria.

So if you don't have a good gut, if don t have good immune system, then you're not going to have mitochondrion. And I think there was a paper out about if he took 60 days of antibiotic, you know, really destroyed the brain.

So, so, we've got to understand the ramifications. If we have to give somebody something, how do we counterbalance that infliction to the patient? Okay.

And because our job is to protect. and to inform and educate the patient. You know, Hippocrates says, first do no harm. So we doctors have to take that role very seriously because the patients are counting on our discernment and our intelligence and understanding of what is the best thing for our patients.

And our system is not doing that, unfortunately. And so that's why doctors need to become educated and, and know like, you know, as much as they can know and not discard another doctor's opinion.

Right. I mean, God knows we could look, learn, all of us learn things. So. So the microbiome is critical. What you eat is critically. How you think is also critical because how you're thinking also affects the microbes.

And so we just really need to nourish the micro biome in all the ways possible by reducing stress, by eating the foods, doing the fiber. supplementing with butyrate if the patients need that.

What bugs do they have? Get rid of the bugs that are interfering with the proper functioning of our microbiome. And fecal transplants, now they're FDA approved for Clostridium difficile now.

They have oral fecaltransplant pills now that patients may need, which there's no downside. to getting a good donor microbial. And so, you know, it's interesting.

I had an interview with the company that makes the fecal transplant. and I said, I started asking them all these questions. How do you screen your donor?

Do they take medicines? All these things. The person from the companies is like, well, i've never been asked these question. Well, we know if you get a transplant, like if get heart transplant you take on the donor's existence.

Okay. Emotionally and physically. So why aren't you screening the donors properly? So anyway, so these are the kind of things and how difficult is it to do this?

You're charging $10,000. How difficult it is to this basic thing? Wouldn't you want to know that the patient is healthy, that they are mentally and emotionally stable, they're physically active and they aren't on any medicines or any other external things that could be affecting their microbiome, right?

So absolutely. And also you've seen a literature and it's not surprising. You get a lot of cancer patients, obviously. So tons of literature now showing out how radiation therapy, chemotherapy leads to leaky gut, dysbiosis.

How do you help these people? What are the things you're addressing right away to help them? Well, one of the things that I like to do is, first of all, any cancer patient, I want to clean them up.

So whether that's purification, is it getting rid of yeast and parasites? So we're big on that, huge on, that because you've got to get rid off the junk.

And then I prefer, and I said this five years ago, is that I think every cancer patient should have some kind of fecal transplant. And so the expensive ones I only use for like really, really really serious things and that people can afford.

But I use an oral fecally transplant pill. But you don't do that in the beginning, you do after you've gotten rid of the garbage. Because there's no sense in putting something great and good in someone who hasn't done their cleanup.

So that's what I prefer to do. That's pretty cutting edge. I don' see other integrative cancer clinics doing that. Right. Well, we're seeing that if you, even if do a fecal transplant, that you already see eradication of disease.

So, so, you know, they're doing this all over the world. All right. But us is, as you now, a little slow to, to adapt these things. And so. But if you understand that 75% or 80% of your immune system is in your gut, you better get that ready, because if your going to do anything, it's injurious and immunosuppressive, right?

Surgery is injurious, biopsy is injury immuno-suppressive. A surgery is injurious immunosuppressive. Chemotherapy and radiation are injures and immuno-suppressive, so you should be protecting them.

So I protect the patient. book, but they need a biopsy, I could do the whole protocol. If they needs surgery, if they do chemo, here is your counterbalancing that you have to do.

So and that's not doctors aren't doing that, you know, at all. And it's it, it sad because like, we know like that these things matter, right? So the doctors, they're overworked.

They are a slave to the EMR. The EMR, the doctor spends probably 75% of his clinical time on the EMr. Well, that's the electronic medical record. So, you know, years ago, we didn't have that.

Okay. I only laugh because my wife and I talked about this all the time. She practices with me and like I see her in the morning, she's on EM r I go to bed at night.

Cleaning up the terrain before cancer treatment

she is on emr I'm like, this is It's getting all crazy here. Yeah, it's crazy. And so the doctors, you know, they have

clinical time, very little clinical to see the patient, to talk to the patients, and to really understand what's going on.

So medicine is all about what you put in your chart. It is not about care. And so that's why you're not getting care. And I would say the number one thing my patients talk about with other physicians is one, they treat them and talk to them with doom and gloom.

Well, we know if we do that, that totally affects the patient. So it's very important how a physician talks to a patient and talk about possibilities, not that you're gonna die, okay?

Number two is when they bring up things like what they eat or anything, you know, the doctor denounces their thoughts and makes them feel like, what their saying doesn't matter.

And so you, you know, that doesn't create a partnership and foster healing. All right. So, so, and then, if you look at their medical records, all they've done in blood work is a chemistry and a CBC.

Not all the other things that matter like C-reactive protein and iron and ferritin and vitamin D and hemoglobin A1C and D8, You know all these other. Thanks.

because the miracle that we live in is infinitely complex and complicated. And so we've got to understand every single thing that's going on with that patient from how they live to their biochemistry to they're bioenergetics and their biophysicality.

So we address every singe facet of that person when we see a patient. I mean, there isn't There isn't anything, unless I don't know it yet, that we're on the constant quest of information and intelligence.

And because, you know, something new comes out all the time, right? And so, so that's how we address a patient from every angle possible. You've got to address the bioemotional, because you become what you think about most of the And so, and if you have outrageous stress, which almost everybody has and has had, but you've got to reprogram that stress to a favorable electromagnetic frequency in your body.

And that's another thing that doctors don't ever address is they never talk to the patient about their teeth. About their stress, about their sleep, their water, they're eating their entire, you know, lifestyle.

And so, but that's all important, right? And, so every physician should be doing this. So, we have to change, okay, because We are not creating healthy people is the bottom line.

And we should be for all the information and knowledge.

Protecting patients during surgery, chemo, and radiation

There's 1.2 million PubMed articles per year. Can you imagine that things we don't know that we're not doing? Even you and me. Right. And so we've got a, you know, y- you always think like I always will like, okay, let me look up there's a study on X and turn up.

Oh my God, there was a steady on something you thought it would not be a studying, right? So, and I'm talking more about, natural substances. Yeah. And so but there's as many information scientific articles on natural substances as there are on medicine or stress if you look at stress and how that affects the body.

So we need to really address every single facet and that takes time and you know a lot of patients Think there's something easy, quick, fast, but there is nothing easy quick fast.

Okay. And I always use the analogy of remodeling the house. When you remodel a house, how long does it take? Usually a couple of years. All right. Well, house is very easy.

It's very, easy it's replaceable, you know, But remoteling, the human you know, being is, takes time. And you, know

cancer's about a 10 year process from one cancer cell to tumors 10 years.

So don't think surgery and chemo and radiation and a smart drug is going to unravel that 10-year journey. No, we all have to, the patient and the doctor must do the work to help that patient to the maximum potential.

That's great. That is great advice. Now you have a book. I look on Amazon, still a bestseller, The Cancer Revolution. Right. So I'm updating that book, Cancer revolution, because as you know, knowledge.

We have more advancement in knowledge, I've added more things to how we analyze. Hey everybody, I want to take just a quick moment and invite you to my website drstengler.com.

Here we have the supplements that we've been using with our patients for many, many years. High quality and high potency supplements, very pure. So, if you're looking for high quality supplements where you can notice a difference, both in how you feel and on your lab tests, go to our website at dr.stegler dot com.

And also about some of the cutting edge things you do at the clinic for cancer. I mean, it doesn't have to be digest related because I've been to your center.

Not only is it beautiful, but you guys are very cutting-edge. It's very, you know, we just have a sense of peace in here, But it's beautiful too. You know it is a high-end, looking, comfortable clinic, for sure.

Well, I always told people, hey, my clinic was pretty nice until I walked into yours. And I'm like, wow. So, tell us about some of these cutting-edge things you're doing with the cancer patients and, you know, how you are helping people.

Okay. Well, first of all, like I said, we do a very comprehensive assessment. That's number one. Because if we don't understand the patient, then how are we going to change the person?

Okay? So we have a big understanding. Then my blood work is extensive. Then my treatments, okay, we do everything from very particular IVs. It could be IV vitamin C, it could artisanate, could DCA, It can be curcumin, and it can endolaser with riboflavin.

So we use a Weber endo laser system. And so the Weber Endo Laser can done topically. It can be intravenously, it could be into the body, and so lasers are light, different spectrums of light.

And then you use photosynthesizing agents like curcumin, like ICG2, or riboflavin as a color. So all these things, well, the photosynthesizing agent activates the issue and the light destroys it.

For example, viruses, if you give IV into laser with riboflavin, that destroys the viruses. for cancer, it's curcumin and or ICG. And so then we always check the voltage of every patient.

So if your cells don't have energy, then it can't Take care of you, okay? So what destroys your energy?

Cutting-edge cancer therapies and energy-based treatments

Your thyroid is probably number one. Then if you have yeast, parasites, toxicity, scars, tattoos and teeth, they will all interfere with your energies.

So how are you going to get well if your cells don't, and stay well, if yourselves don' have voltage? We assess the voltage and then we, you know, correct the voltage with energy, okay?

Then we utilize hyperbaric because we know the studies show that cancer is an anaerobic situation. So many of the patients get either hyperbolic or IV ozone or EBU.

One of those things, EBUs is a process of we take the blood and put it through a filtration system and then ozone.

Because ozone is phenomenal for, you know, super oxygen neutralizes viruses, bacteria and fungi.

Then it helps the immune system. It neutralize his toxicity. So those are all, wonderful benefits. then we use PMF for any IV because that helps that permeability of the cell to take up whatever agents it is, not to mention it's adding energy to the body.

Then we do all kinds of different energy treatments. We have biocharger, because everything's about energy, biocharger. Then, we always do a bioenergetics survey on patients.

You have acupuncture points on your fingers and toes that relate to an organ in your body. Meridians have been around for a very long time. So I always tell patients, energy precedes action.

You might have a clean scan, but what's the bioenergetics of the patient? So we always look at the energy of a patient. I talked about the voltage, this is another way of looking at acupuncture meridients.

Then we, well, a lot of times we'll use repurposed drugs, repurpose drugs. There's about 310 drugs that starve cancer. So we will put the patients if they have a real serious condition and we need every single thing in our armamentarium to, you know, get rid of it.

We will use re-purpose drugs or these are old drugs have been around a very long time. and have little or no side effects. So they might be anti-parasitic drugs, it might starving sugar, starving glutamine, all these different things that we utilize for the patient.

Like I said, in India, they deworm their patients, but those are anti cancer drugs at the same time. Let's see, what else do we do? Obviously, we fractionated chemo, which is low dose chemopatients may do way better on low-dose chemoe because what we give the patient insulin and primes the cancer cell.

because cancer cells have insulin receptor sites on there. They're called insulin-like growth factor. And so that will prime the cancer cell to take in the chemo at a lower dose, 10%, 10 to 15%, depending on the situation.

Then after that, we give them IV endolaser. We give that to activate those substances. And you will usually use curcumin. Curcumen is anti-cancer, antiinflammatory, et cetera.

And so we'll do that also. Then the next day after the chemo, we give our patients a special IV to purify their liver because we don't want their livers overloaded because then they don' t feel good.

So we have this whole system in place to basically neutralizing the toxicity and enhancing the patient's ability to fight cancer. And then we use a device called Celsonic to reverse the polarity.

So that machine was invented a long time ago by a scientist in England. And so cancer cells have polarities, and normal cells had normal polarites. Polarity is the organization of tissues in your body.

If it's disorganized, it will rotate clockwise. But if it is dis-organised, polaritites will counter-clockwise. So we use that device not only to reverse the polarity, but also like maybe their liver's not working as good, kidneys not as working good.

We will use sound frequency and light, which is emanated from the cell sonic to help the body heal. You know, the old technique of hitting your body, right?

It's been around for thousands of years.

Personalized medicine, clinic websites, and closing remarks

It using obviously sound in your own energy to activate healing. So, we have so many things to help the patient heal. And sometimes we use, when we find the patients is low voltage, We use something called a biomodulator to

activate the voltage of your body.

So we used a lot of things activate voltage because by the time the person comes to us, they're like really not doing good, right? And so because doctors don't address, you know, all the facets of the human system.

And you we're learning every day. Every day we are learning new things to help people. Then supplement wise, again, cancer patients need very specific supplements to change the terrain in the garden that the cancer came in.

So anyway, it's a constant discovery. Yes, and you guys do personalized medicine. So people come in, you spend a lot of time, assess some lab tests or science symptoms or histories, then you're giving them programs specific to them, which is the best way to do medicine, so that's phenomenal.

Right. It's the preventive, proactive, precise, personalized approach to medicine Very good. Well, thank you so much for your time. I know you got to get the patients and I'm going to too, but I want to make sure the viewers have your website so they can get more information or contact your center if they need to.

So we have, uh, and by, by the way, for the viewer's these, these centers are right in the same building, right beside each other. Have been to them. We have the cancer center for healing and the website is cancercenterforhealing.com.

Pretty simple. And then we have the Center for New Medicine, and that can be all the other conditions people experience. Yeah, human optimization to autoimmune, to cardiovascular, all that.

Yes, everything, that's right. And what's the best? And on Instagram, my handle is canelium-D. So every day we're putting up new information for people, you know, thought-provoking information, for patients to help manage their lives.

Yes, and caneliemd, that's c-o-n-e-a-l-y-m-d.com. So you have a website for that too. And then like I said, on the Instagram. Thank you so much for helping the viewers understand, you know, what's going on with cancer that got the whole body connection.

Right. Well, thank you for having me. It's my privilege and pleasure to be with you today. Thanks for listening to Health Breakthroughs with Dr. Stengler.

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