Introduction to the episode and guest

The whole pharma industry is based on creating problems to create the solution. That is their whole business model. So yeah, and you can go back to where the first worldwide vaccine started.

This is all within the last hundred-ish years. like this isn't normal life. I have this Bible timeline where you can look at the span of 6,000 years and you can go through all of these health problems, plagues and earthquakes and natural disasters and technology advances and you can see a severe shift in the world in just the last hundred years that it has not been like this ever before.

Hi, everyone. It's Dr. Jenn. Welcome back to the Integrative Health Podcast with Dr. Jenn. And today is going to be kind of a cool episode because we are going to be talking about some things that you might not have heard about before.

So we're going to be digging into Christian health idolization and New Age practices and what that means for our health, spiritual and physical. Today, we are going to be talking to Jessica Spies.

She really loves Bible prophecy. She's a Bible prophecy teacher and a deception exposure. And it's really cool to see through her lens, through a biblical lens, how she applies the Bible to all of these things going on right now.

Super excited to have her on here and we're going to have a great discussion. Welcome, Jessica. Hey, thanks for having me. Yes, of course. Well, I would love some more information about you and it was interesting because I'm like, do you have a more of a bio?

And you're like, yeah, like I just don't roll like that, right?

Jessica's faith journey and wake-up call

So but I I think it's awesome because the stuff that you're sharing on social media are things that people need to hear but a lot of the times people are scared of for backlash, for a judgment of man or whatever to actually talk about the Bible and talk about it and call out deception.

Yeah. Yeah, I'm just a normal, ordinary person that God kind of woke up in a severe way to start talking about the truth and actually diving into this stuff.

And throughout, you know, I was a Christian gave my life at 16 and kind of had, you know, church hurts and what we call Christian backsliding and, you know, just a whole road of that.

And then when I moved to Tennessee, I was with my husband and my kids and we were very just stagnant and lukewarm in our faith. And I started getting real scared as I was like looking into like what the government is doing and I got my voice for speaking up against vaccines and I did rallies and medical freedom fighting and I was just I was consumed by that and Not much else really And then my family and I were in one of the worst tornadoes Nashville has ever seen, thought we would lose our lives that night.

And that woke me up and I call it a severe mercy. I realized, sorry, excuse me. I realized that, you know, we only have this one life to live. And I knew where I was going at that point.

I knew I was going to heaven if I were to die that night. But what did I have to show for it? not that it's based on works at all, but I'm like, what did I do for God?

Like, what was I? I squandered. Like, what was I doing with him? So many people still need to hear about him,

which means, especially in these days, so many people need to hear hard truths that not a lot of people want to bring up.

We are in an age of ear tickling and we don't have time for that. We really don't have time. Yeah. Yeah. And that ear tickling, my friend just said that about like a post.

She's like, yeah, it tickles the ear, but it's not like content. You know, it's not. And a lot of that, especially we like to consume that. We like to feel validated.

We like to feel like, self-worth, but that's like opposite of biblical principles. Like we should be dying to self and having those hard truths and we should be not only surrounding ourselves with biblical sound people, but consuming stuff, right?

Like our news page should have some things that like, oh, like convict us a little bit, right? Right. Yeah. So true. So you started out, you know, in like the the vaccine advocacy.

So you said it was kind of like consuming you. Do you think it was like, I don't know, like that was like an idol kind of or like, like, what, like, what do you mean by consuming?

Or do you feel like it just because that's biblical, right? Like, you know, yeah. But what do you mean like with that? Was it not fulfilling? Or I'm sure you got like a lot of pushback from that also.

Those are the first times I started realizing like, oh, if I keep saying this, I'm not going to have an account anymore because I kept on just getting flagged.

But no, I, with my first, I was, well, so taking, just taking you back a little backstory, I was a tutor for children with autism while I was getting my bachelor's degree in psychology with a biblical emphasis.

And it was my absolute favorite job. And I, it just, it, God was so kind to wake me up in, in such a a young place in my life where I was just like so new to the faith.

And these parents, each one of them looked me in my eyes and said that the vaccines did this. They just knew it. Like a parent knows their kid. And I'm like, what?

Like I had no clue about any of this. I wasn't married or thinking about kids at that point. And anyway, so early on I was realizing the deception of all of this and not really understanding how actually huge that was back then.

So when I became pregnant and I started saying like, oh, I'm not vaccinating my kid when it came up. I'm like, oh, I'm not doing that. I got severe backlash from friends, family.

And I wasn't expecting that. I was like, listen, my child, I didn't realize it was such a huge talking point. Like, I was really just naive to all of it.

And so obviously, I go deep into research and wanting to convince these people like, no, like, I'm not crazy here. Like, look at this. And not many people wanted to look.

And I'm in Southern California at this time. And this was like right before What's His Face pan. made it a law that if you have one injury for a vaccine, it doesn't mean that you can't have the other ones.

So we hightailed it out of California. And I'd say that was probably one of the biggest motivations.

From vaccine activism to New Age deception

politics, but especially that. I had the year coming after my children. I'm out of here. And of course, we go to Oregon where that's all happening too, but it was a few years behind.

But I got really into crunchy, natural stuff. And like I said, I had waves of just lukewarmness. And at that point in Oregon, I was really into, I was lukewarm, very much into new age, Christ consciousness.

Yeah. And I didn't realize any of this. I'm like, oh, like Oprah said, this is how just ridiculous I was. I was listening to Oprah talking about how her guru person was healing someone across the world from where he was at.

I'm like, oh, wow, this is incredible energies and frequencies. vibrations, all of it. I was just, I was consuming it all and I was wrapped up into essential oils, literally rubbing the, what was it called?

Abundance essential oil on myself and maining affirmations like I've got this much coming to me this month. I've got like, you know, speaking to the universe, not realizing what I was doing.

I had rocks, dumb. I had rocks in my bra. that we're supposed to be giving you wealth and… Oh, yeah. I went to a reiki master like twice and they ate me rocks, you know?

Oh, put this by your office doors. And it's deception and it's disguised as light. And for my story, I was asking, I asked my reiki instructor, she said she was a Christian and I'm like, so this is okay, right?

She's like, It's fine." And didn't tell me, like, go home and read your Bible. It gave me other books to read that I bought. I mean, it's so deceptive and it's, you know, hindsight's 20-20, but I feel like…

us going through this, like the Lord has had his hand in it then, right? And it was for a reason. So yeah, no, I mean, it sounds stupid to us now, but like those people that are listening right now and that have done that or are doing that, it's just deception.

We are all deceived on a daily basis and we have to keep, you know, like dying to self and following Jesus, which takes a lot of discipline. Right. So you were doing all that stuff.

When was your moment? Was it the tornado or was it before that? It was pretty much the tornado. That's the thing is that this kind of stuff became an idol for me, obviously, because that's the purpose of it all, is to make it an idol, have you not focus on Christ and your own self.

And so I was just very It's one thing to have your children be healthy and it's just a whole other thing to stress about every single thing. So that's the balance there that I did not have.

I was just, it was an idol and obviously like very much false doctrine. And so we moved to Tennessee and I watched these, I don't even know, I should say the name on here.

I watched these videos about, you know, some deception going on. I'll say from Keele. I don't know if anybody knows what Keele on. still very much a huge movement.

But it was like they released this docuseries and I just like was consumed with it. And I was so in fear. And I'm like, oh my gosh, what is coming into this world?

And like the government's going to come on my porch and like take away my kids. Like I'm homeschooling and I'm, you know, it's just, you know, I was already getting flagged on Instagram and I'm like, do I even say things on Instagram?

Cause I mean, the government can figure out where you are. You know, it was just, Just fear. I was living in absolute fear and stuck in my faith and just had lost sight of Jesus and his perfect peace in my life.

And so that night, after watching that docu-series, I had one of the worst demonic experiences I've ever had in my life. I've had a few and I don't even like going into that, but that did happen.

And it was like Satan had me right where he wanted me. I was in it. And then that was February 2020. And then

early March 2020, we were in the tornado.

And that's when it seriously, it just like something clicked in my brain. I'm like, what was I doing? Like, what have I been doing? And then two weeks after that, when I get this urge to finally tell actual truth, I mean, I was saying truth about vaccines, but like truth about God, what really matters, directing people to him and not to fear.

And so I was doing that already. And then two weeks later, after that tornado, COVID, the two-week shutdown started, the longest two weeks we've ever experienced.

Yeah. And so it was just one of those moments that just had me kind of just launched me into like, y'all are living in fear. And I just came out of living in fear.

We do not have time for this. And that kind of just urged me on further. Yeah. That's beautiful. Yeah, fear drives so many things and the media captivates us and makes us, you know, puppets with fear and we saw that during the pandemic for sure.

And even now there's certain outbreaks of diseases and I just was voice memo-ing a mother on my Instagram right before this interview and She was really scared about this outbreak and I'm like, look, you can't hold your kids as an idol.

They are a gift from God. They belong to the Lord. You can pray over them, pray blessings over them and their spouse and their children. You can pray for protection for them, but you can't idolize them and you can't live in fear.

You have to trust that the Lord will do his will with your children. And this is what I, gosh, I would pray, like someone would go rogue, you know, on like one of the news stations and just say that and be like, this is all ridiculous because they're trying to drive parents to do something against what their heart tells them to do to fear and loss.

And we should, that's not biblical. That's not what the New Testament, you know, says, you know, that's not the New Covenant.

Fear, tornadoes, and returning to Scripture

So anyway, I totally know what you mean because I used to be fearful like for my kids because working in the emergency room, I mean, I've seen the worst of the worst stuff that could happen to people.

And then I would like, you know, that was like the enemy that would be how he would attack my piece. And now I don't have that anymore. I mean, we still proper, you know, we're, we still have proper safety measures, right?

Like helmets and be careful on your four wheelers and, and all of that. But, but we can be paralyzed by fear and then fear will, you know, like you said, the enemy has us where he wants us.

And then like, We listen to like, you know, you listen to Oprah and then that like was like, oh, yeah Wow healing and like all these promises that like aren't yeah, you know and your fear is the best way to control people and that's what they that's what they wanted to do and that's how Kennedy got to Where he's at now because he used the fear.

Yeah, so you are kind of you're skeptical of the maha Movement. Yes. And I love this because the means came out of nowhere, nowhere. And everyone is like, acting like, I guess she's still a doctor.

Dr. Casey means is like, they're idolizing her in the wellness space because it's like the golden calf. They're like, oh, if we worship her, maybe she'll, she'll call me up for like, you know, mentioned my name or something.

And I'm like, do you not like do you guys not see like the writing on the wall so and I just saw how Kennedy wants everyone to have a wearable you know and and they own a tech company the means who came out of nowhere they own the tech company so this is not I do think, RFK Jr., I do think he has a good heart because he's done a lot

for icons and stuff before this.

But I also think that money makes the world go round. And to me, I guess I'm more optimistic that maybe this is a way that he can introduce more health slowly, but you do need that money.

But your take is different. So let's- Yeah, I definitely believe he's a wolf in sheep's clothing and scent. in put in this position to get to where we are today.

I had followed him from the beginning. I was a mama. Yeah, of course you were. He was one of my idols because he promised since the start that he was fighting for us, he was fighting with us, he was a voice for the mothers who didn't have a voice because we don't, like I had in these rallies, in my work for fighting for medical freedom, I have sat with moms that have had horrific childhood, like their children have had had horrible injuries from vaccinations.

And I've sat with a few of them that, like, the story doesn't go to, and they got this childhood injury, but it ends with, and they died in my arms. Like, I've sat and cried with moms who are desperate for change for their kids' health, for someone to rescue them from what the government is trying to push on us.

And I know more than any, like, I know just as well as anybody else that is rooting for this man, that desperation, that desire for someone in the big political realm to be our advocate.

And that's what he has promised from the beginning. He has also not ever, though, been anti-vaccine. And that's something that not a lot of people want to hear or dig into, but I knew that from the start when I like, I'm like, oh, he's just like, at least we have someone like fighting for us that for safer for better.

Um, I knew like, he wasn't, he wasn't hiding that from the start that he was pro-vaccine. And I think we just want to create narratives in our head because that's, that is something that I get my DMs a lot, like, oh, he's anti-vax and there he's not.

And now. there's not change in elimination of vaccines. There is push for safer ones, and he confirmed his support for Operation Warp Speed, and now he is into talking about these variables, which is World Economic Forum goal.

We can go on their website and they have all their goals pinned down, including AI government that Trump has completely given the reins to. What is it?

Palantir is how you pronounce it? The tech company, Peter, which is Elon's best friend. Elon is all up into the AI government and That is their goal. World Economic Forum, AI governance, World Economic Forum, also their goal is wearables.

Everybody should have a wearable because they want you to track your travel, your thoughts. Ruval Harari, which is Klaus Schwab's right-hand man at the World Economic Forum, who has said multiple times he does not think we should have free will and that he is hacking.

His whole goal is hacking our DNA and being under our skin. This is stuff he says. This isn't conspiracy or anything. So his goals is literally what Trump has said his goals are as well in tracking, but just for tracking immigrants, nothing to do with us.

So all of these things that we root for, like our health, Are our immigrants gone? All of these things are actually World Economic Forum goals for all of us.

And they're trying to desensitize us and make this normalized. You have to start somewhere. How do you like boil a pot?

Skepticism about MAHA and political health narratives

Like it's, how do you eat an elephant? Like it's just one bite at a time. You're just, they're just go, go going. And

that's Kennedy. He has taken out one red dye and now he's introducing wearables for all of us to have.

within four years, and he tried to track them, like, scoot that back a little bit too, like, oh no, it's for just the sick or just these people, like, those are what the wearable's for, which is exactly the same thing Elon Musk says about his chip in our brains.

Yeah, and I like wearables, like I like some wearables for data collection, but you're right. It's like a slippery slope. That's the whole point of it.

They're not going to make you not like it. It's going to be something you want because eventually there will be a mark of the beast. Yeah, let's get in on higher and let's see how this is end times because I mean, and this is good because my daughter is like really into reading Revelation right now.

And yeah, I want to give her some good insight. Yeah, that's Revelation 18. Twenty three this is where it is all going these wearables it's talking about the fall of Babylon which will be again about will be resurrected and they're already in the works of that like literal Babylon is being trying like people are trying to rebuild that.

But wherever Babylon, wherever that becomes, like it is going to be a world system. And so Revelation 18 talks about the fall of Babylon in the seven year tribulation and it says, and the light of a lamp will shine in you no more.

And the voice of the bridegroom and bride will be heard in you no more. Like Christ gone, like no more chances. For your merchants were the great ones of the earth and all nations were deceived by your sorcery.

Sorcery in the Greek. in that context is pharmacaya, which is witchcraft, which is drugs. And it says we will be deceived by that. So pharma isn't going to go anywhere.

You can try to make it. And like what they needed with Trump and Kennedy and Elon is they needed the conservatives. They needed the moms that are desperate for their children's health.

to be on board somehow, because we were not going to get this from Gates or Biden. The conservatives needed a plan to get on board with this. So, okay, do you also think, like, my mind is going back to, like, decades before, you know, when they introduced seed oils and high-fructose corn syrup.

Was that to get our kids sick so then we would feel we would need some, you know, some of the pharmacia to make them better? You know, like, the whole…

How long has this been planned for, I guess? The whole pharma industry is based on creating problems to create the solution. That is their whole business model.

So yeah, and you can go back to where the first worldwide vaccine started. Like, this is all within the last hundred-ish years. Like, this isn't normal life.

I have this Bible timeline where you can look at the span of 6,000 years, and you can go through all of these health problems, plagues and earthquakes and natural disasters and technology advances, and you can see a severe shift in the world in just the last hundred years that it has not been like this ever before.

Yes, there has been like nothing new under the sun. There has been plagues, there has been earthquakes, but the severity and consistency that we have been seeing in the last hundred years has never been before happened and ever in history.

Like it is, that last hundred years has been steadily increasing. And you can see that whenever you put it on a timeline, you can see it for yourself that what Jesus' words said was true, that these would think things would come on like birth pains, get worse and worse and worse.

Yeah, oh yeah, we know how that feels. So you believe that we are at the end of times, because people joke,

they're like, Jesus is coming, because things are so bad.

But people have been saying that for hundreds of years, or at least the last couple of decades. So what makes you think that we are in the end of times?

Because all of the signs that we were told to watch for, are happening, all converging together as one in the last hundred years, like it's never happened before.

There's been people that have said, you know, for the last hundred years, I'll say again, that Jesus has been coming back soon, and they are more right than anybody mocking and scoffing them.

Like Jesus said himself, I am coming back soon. I am coming soon. Like that is what his message was when he left. I am coming soon. And he said in Matthew 24, a lot of people like to, Matthew 24, 25, when it talks about no one knows the day or hour, They like to take that out and like, well, no one knows the day or hour, Jess.

Well, if you look at that in context, it's literally saying that verse as a warning. No one knows the day or hour, so watch out for these signs and warn people so you know the season and you won't get caught off guard.

We are not here to stick our heads in the sand and say, no one knows the day or hour. And there's actually a verse I was trying to look it up. I think it's in Peter.

It talks about the mocking and scoffing of his return. That's one of the signs of prophecy. So in that sense, like people mocking and scoffing his return, then they say, let me see if it pulls up.

Yeah, I think that it's really interesting to think about that and apply the Bible to what is going on and, you know, and like a beast coming. And I remember I was in a Bible study and one of my friends, you know, we were going through Revelation and she was like, yeah, like, I think it's going to be something like AI.

Like how it's described in Revelation almost seems like that. Oh yeah, absolutely. And that's, I mean, the advancement of technology is part of it. It says in Daniel, so Daniel 7 through 12 is kind of like the first part of Revelation, because Revelation is the continuation of those prophecies in Daniel.

And it talks about knowledge would abound and people would be going to and fro. That's when the days this would happen. Look at our knowledge now. We have information at our fingertips.

We can look up in two seconds for Google and going to and fro. These are the days that Daniel described.

End-times prophecy and the rise of technology

So that verse, 2 Peter 3, knowing this, first of all, that scoffers will come in the last days with scoffing, following their own sinful desires, saying they will say, Where is the promise of his coming?

For ever since the fathers fell asleep, all things are continuing as they were from the beginning of creation. And that's, I mean, that's exactly what people are doing right now and not actually sitting down and doing the research that I did as well to see the actual changes of the earth, because it is not happening just as it has for all of history.

It's completely, our world's completely different than the last hundred years and ever before. Yeah. Yeah. The hurricanes are getting worse. The floods are…

And when you talk about the knowledge part of that, well, cloud seeding, that was a knowledge advancement. And I don't know. Yeah. It's very creepy. And talking to my kids about it, I'm like, we can't live in fear.

We have to have peace. I was talking to my husband, we live by a river. And I'm like, that's like we're at the top of a hill, but I'm like, could that ever like flood like 40 inches?

You know, just like, what's our plan? Do we just hop on our Johnny boat or whatever my kid calls it, his fishing boat? But one thing I want to ask you about, I think you've gotten a lot of slack for this, that there's a lot of Trumpers and Trump, and I voted for Trump, I'm a conservative Christian.

You know, I mean, when you go through, you know, wolf and sheep school, it's politics, you know, it's, it's rough, it's not biblical at all. But people are saying that we're entering the golden age.

And that fits into like you had something to say about that with Bible prophecy. So I thought that was really interesting if you can go into that. Yeah, when you look at the signs of the times that we're in, according to what scripture says, it says, when you see these signs look up, it says nothing to the effect of there will be a political hero that will either pause prophecy and make everything better for a certain amount of time.

Prophecy is very clear of what happens when you start seeing these signs. It says there will be a great delusion. People will be deceived. And the only political hero it talks about, what brings up, is the Antichrist.

And I'm not saying Trump is the Antichrist. Right, right. Hinge on that. No, that's not what I'm saying. I don't believe he is. Maybe it's Elon. That's the thing.

The Bible says that many would have the Antichrist spirit, and you can see that. I mean, the majority of politicians, you can see that. Charismatic, they're false light.

They're someone that promises a lot of things and does not fulfill those promises or even want to, like it's all deception. But yeah, so the only, if you're going to look into the Bible on end times, because you're seeing, when you're seeing the signs, you're not going to find anybody in there that's going to come save you unless it's the Antichrist.

And so anybody saying that they're going to save you and make the world better is a red flag to Satan. Not someone, anybody, any Christian should be exalting Idolizing.

And giving consent to govern us. That's how I see it. Well, you don't have to answer this if you don't want to. I mean, we know that the Lord, it's all planned by the Lord.

He knows what's going to go down. But really, what was your better choice versus Trump or Biden? I mean, I think, or not Biden, he dropped out. Him. Can I say something wrong on purpose?

I don't know if you want me to say this on your podcast. Just avoid trigger words. No, it's very heated and I get people after me for my position. I don't believe that voting has been ingrained in us from the start.

to that as a good thing, as a biblical thing, and a Christian nationalism is a false gospel that I call out. I have seen pastors that I used to respect and look up to literally say, you are not a Christian if you're not voting.

Like, this is like, this is an idol in itself, that we have some sort of voice in this. And I just don't see that as biblical. I don't see choosing a lesser evil as biblical.

There's no lesser evil. Evil is evil. And when it comes to lesser evil in our sight, what's more evil, being blunt about your evilness or being a false light and promising you're not evil?

And so I refuse to be pressured into choosing something that I don't align with. I don't believe in the requirement to vote. Yeah. No, I don't think that that, I mean, that is a really interesting take, you know, on it.

I don't think people should be mad at you about that if that's your conviction. And that's, yeah. And then that's the thing, like we all have different, like we're convicted by different things at different times too.

You know, someone that is calling you out on that, they might feel convicted by the Lord in five years or three years or whatever to do the same thing.

So yeah, I mean, I just, I don't judge people. people's convictions. I try not to. Actually, let's switch to a different topic because this is a conviction of mine in the integrative space.

Being sober-minded versus psychedelic shrooms, weeds, all these people are into microdosing and ketamine and all this stuff and it's healing, it's healing.

I just want to screw I just like so but but I'm convicted of that because I think that is opening doors and windows to things you don't want so I would love to hear what you think about that.

Well as you should be convicted because person number 58 says be sober minded be watchful your adversary that devil prowls around like a roaring like lion seeking someone to devour.

It literally tells you to be sober-minded, and so we should all be convicted of that. I think that especially how easy it was for me to slip into the New Age without knowing that I was New Age, like I was like, I believe in God, I believe in Jesus.

That is happening to, I'll say a lot, maybe even the majority of Christians, that they, in some shape or form, they have adopted New Age practices, which there's plenty to go around.

Whether that's putting stones in your bra or or doing yoga or you know like there's there's plenty out there what I and so psychedelics right now is there's a big push because it they do claim it as healing there's.

there's healing elements and just like even something like yoga or essential oils, which I mean have their time and place obviously. But we have to sit back as Christians and look into what is a worldly pattern and what is a godly directive.

Like are we going to God for our healing or are we going on Google and YouTube and Instagram to be like, okay, what's gonna fix me? Which I'd always say go to God first.

Because the whole thing with New Age is that there's a lot of these things that could probably heal you.

Voting, Christian nationalism, and discernment

There's people that experience wellness after reiki. like all of these New Age stuff, like there are benefits. And so we have to ask ourselves, is the fact that we were healed by it mean that it was from God, that it was godly, or is something that we should do?

Like, is that the basis of our truth? is, oh, this healed me, and so it's okay. That's counter-biblical. What we have to go into is scripture and conviction.

Even if something does help me or makes me feel better, is it godly? Because what we're going back to is this pharmacaya we would be deceived. I saw something, a statistic, I should have pulled it up about how many jobs the healthcare profession has right now in the United States.

And which I know you know that whole realm, but it just speaks to like this isn't what it used to be like a hundred years ago. Like a doctor would make a house visit if you were sick.

Like that was, that's when you saw a doctor. Right. But now it's like our first go-to when God should be our first go-to. And obviously, He'll probably direct you to a doctor.

Like, it's not bad. I'm just saying that we need to make Him our first line of defense. It's also hard, though. Like, there are a lot of doctors out there that Because of their training, because of their experiences, they're very harsh.

They're jaded working in the emergency room. I mean, the things that other doctors and nurses would talk about people using alternative stuff was horrifying.

And they think that, you know, I don't know, there was just no grace there. There is no grace in the ER. And I still work shifts occasionally. you know, the, the nurse is like, well, you're just so happy working here and you're so kind to patients.

And I'm like, well, I'm not burnt out. And like these, like if you do, if you are burnt out and not treating patients nicely, like, you know, like, like people, and they're just a number, then you should, you need to get out in medicine.

And I've like told like doctors that I'm like, I think you need to like step back. But it comes to where we're having doctors that they don't have biblical principles.

So you're not going to get the right healing from them. They think healing is in the power of their pen and a prescription where it's not healing. But I will say that it takes discipline, and I feel like our culture just lacks discipline to begin with.

Yeah, like it takes discipline to sit down and read your Bible. You know, it takes that obedience and discipline. And same with, you know, being healthy physically and spiritually.

And we're fed with all of these agenda, you know, that we don't need to do that, that everything is an easy fix. And, you know, you watch a 30 second real and you know everything and you order this and you're good.

But I don't know, and it's getting worse and worse. But this is part of what you say, the end of the times, everything is just getting worse and worse.

Yeah. So with the sober-mindedness, though, with the psychedelics and even weed and alcohol, whenever you're numbing the mind, you don't have the control that you think you do over yourself and over your thoughts.

And that is where it gives Satan full reign. That's in that verse that I had just read in Peter. We have a strong warning against that. And right now Kennedy is pushing psychedelics and it's like a hot topic right now.

Joe Rogan loves them. I get questions about them all the time. Like it's very getting real popular right now. But I know and have talked to some, some Christians that have gotten out.

Like when you talk to Christians that were full on new age or like full on into like drug addicts and God brought them out of that, they'll be the first to have a huge red flag warning.

Do not do these things because they know the dangers of opening those doors to literal demons. You can see some of them take psychedelics and there's the, what do you call that?

Ayahuasca? Ayahuasca, like they literally take those things to meet with their spiritual guides. That's how they access them. That's a demon. Literally, yeah, accessing demons.

Yes, I like will straight up like in a group of like integrative people, like I was at this dinner two years ago and people are talking about how cool ayahuasca is and I was like, that is not cool.

That's demonic. Like you're literally inviting demons into your life. Right. And it might feel good for a second, but it will torture you later. And they just, like, look at me.

And I'm like, hi. Like, yeah. Like, do people not want to know the truth? Like, they just want to feel good in the moment. And are we, like, what are we doing as Christians, like, leading them to hell, like, without telling them?

Like, that's not what you do to people you care about. Like, you expose stuff. Like, sorry, it stings. Yeah. And that's, I mean, that is a sign of the end times where it says they would be collecting voices that they want to hear that will tickle their ears.

That's exactly. So Jessica, what do you think will happen when there's a big push for psychedelics in this

administration and having it more available legally for people for quote unquote healing?

What do you think will happen when that rolls out? And I think that that is the easiest communication that Satan and his demons can have with us. To not be so reminded, they have access to our thoughts in that sense of just being able to communicate with us.

Sober-mindedness versus psychedelics and New Age practices

These wearables that Kennedy's pushing and Elon and Gates and that's, that's the whole issue too, is that like people want to say like, oh, this, like this person's doing the wear, like this is their deception.

They're, they're doing this chip because of this and this, this and it's like. No, they need it for all different forms of people groups, different kind of beliefs in people.

They need someone for the conservatives. They need someone for the leftists. They need the Freemasonry. This is Googleable. I'm not going into the depths of Freemasonry.

They started a tracking system for foster kids. Because who wouldn't want to find lost children susceptible to sex trafficking? Like it's, it's everywhere.

It's going like this is the future is wearables and they want to not only trek. your movement, which I mean, people say that all the time, like, oh, the phone tracks you.

So like, what's the big deal? Like, no, because they want to track not only your movement, but your health, your DNA, your thoughts. And ultimately, this is going to a carbon footprint tracking system that's similar to China's.

But how are they, how are they have access to your thoughts? And I believe that this is where AI comes in. And I believe And I know, I mean, at risk of saying, like, that's the devil.

Like, AI is completely connected to the demonic. Like, I believe fully that, I mean, it says he's the power of the prince of the air. Like, this is his realm.

He gets strong grounds in this realm. Which I go into a whole lot on my Instagram page of the reasons why I believe that AI is backed by the demonic. which is really interesting and it would take up way too much time.

Have you seen the new Superman? I have not. You probably won't. I took my kids to see it and I saw some Christian said that it was okay to watch. that's who's to say but I took my kids to see it so I could talk to them about it and stuff because they wanted to see it and and the one guy you know he injected something in Superman and he says it he does it in all it's all of his friends to like trace where he's at And you know, and it was in his blood now.

And I said something to my kids that I won't share on here, but joking with them about how I saved them from that for the time being. And you know, like this stuff is not far off.

Like that movie, I was like, and it was very AI driven. So it was very interesting. I feel like you should go see it just so you could like put your end of time spin on it, your biblical lens on it.

Okay, so to wrap up, how do we have hope in this? So if we have the Holy Spirit indwelling in us and we love Jesus and we have that peace, right? But what if someone is watching and they are terrified, they don't have that peace, what do you tell them?

Yeah, the whole fear-driven situation, a lot of people will, like, I'll get that too, that I'm fear-mongering when I'm talking about scripture. And I think that's the complacency and the deception that has been happening over the last few years of wanting ear-tickling messages and wanting that instant gratification that we had just been manipulated into wanting constantly.

This is from Scripture. If you get into Scripture, into the Word, and I've got a whole highlight called testimonies of people that decided to do that, like, I'm going to turn off all the voices and just get into Scripture and read what it says about prophecy.

They come out on fire for the Lord, no fear, because his perfect love casts out all fear, and ready to spread the gospel like this is the last day they have.

And that's where we're supposed to be. That's what the purpose is. In Scripture, Jesus says, I tell you these signs, though, that when you see them, you will believe.

He literally gave us a huge tool Of proof to spread the gospel like prophecy is our proof. No other religion has it the way we have it where there is like every prophecy that has been fulfilled.

There's okay so there's about one third one fourth of the Bible that is prophecy eighty percent of that has been fulfilled completely and perfectly just as it said it would.

Like, there's no, it's been complete. There's no, like, oh, maybe this was fulfilled. Like, no, it exactly happened as it said it did. And we have about 20% of prophecy in the Bible left to go, and that will be fulfilled literally, completely, just as it said it would.

We have 80% of that to lean on. to spread the gospel and like, hey, these things are happening. And so when you see these things, please believe in Jesus because he's real.

Like, it's the easiest way to spread the gospel. And the fear, what I see the fear of is also is kind of, and I know that might be harsh to say, but it's kind of a lot's wife situation.

we can't imagine or trust God that heaven is so unfathomably better than the life we have here that we want to cling to this like, oh, but my babies, oh, but like I want to see them get married or grandkids and which are all good things.

But heaven is, like, we can't comprehend just, like, it's going to even be better than that. Like, it's unfathomable. And we trusting in the Lord that that is what He says it's going to be.

And laying this life down at His feet, losing this life for Him. is not a normal, it's not a practice in the Christian culture nowadays, especially in America.

Because the thing is that there are so many other countries, like Iran, their church is underground. The true church of China is underground because the government churches will only let you preach certain things.

That's not a real church. the God is China if you're telling, if you're preaching what they're telling you to preach. So we don't know like severe persecution like other people do.

And so I think that a lot of, a lot of us think that if bad things happen or like, like it's, it's the prosperity, America being prosperity gospel, like that's all mixed in with Christian nationalism as well, is that we believe that we are in favor of the Lord if we are prospering.

But the favor of the Lord is being martyred.

Hope in prophecy and closing remarks

Like, it's backwards, and I think that's going to be a rude awakening for many. But that's the whole, like, you can't live, if you're living your life in fear, like, oh, this could happen.

Like, yeah, Scripture says that that would happen. Like, there will be persecution. The longer we go here, the further we get into that persecution. Everything happening in America right now is being set up for that persecution,

like having false doctrine in the White House.

There's counterfeit Christianity, so anybody that's not that kind of Christian will be persecuted. Yeah, and I love it. You've said, you know, make discernment great again.

And, you know, and discernment is, it's not just right and wrong. Anyone can do that. It's almost right with what's right. And biblically, that can be tough.

You got to read your Bible. I mean, I was in a whole season of being lukewarm and having my identity and being a doctor and being a mother when I was not in the Word.

And you have to be in the Word. You can read other books, you can consume other media, but you need to actually read God's Word. And it's so easy now.

Use your phone for good, like the Bible app on there. So yeah, there's no excuse. So I love that. You know, we can't, we just don't be fearful. There's a lot of wackiness going on, but you know, God's hand is in it all.

So that's great. And yeah, thank you for speaking up. And then I would love for you to share for our listeners that don't know you or your Instagram handle, your timeline, all the things, if you can tell us where to get that stuff.

Yeah, I'm mainly on Instagram right now. I've got a whole bunch of highlights to go through. Right after the tornado, I started diving into prophecy to figure out what was happening in the world, and I shut off all the voices and got into scripture.

And I'm a visual learner, so I made a Bible timeline just to see, like, okay, is there a difference? Turns out there's a major difference in these last few generations.

And a lot of people, I started sharing it on Instagram, and a lot of people wanted a copy, and so Bible timeline. I am currently trying to start dabbling in YouTube, getting on another platform.

So, you'll find me there slowly as well. That's great. And what is your handle on Instagram? Jessica underscore Spies. Spies, you said. P's with an S.

Yes. Awesome. Well, thank you so much. If you really like this episode, please share it, especially because of the content, it may not just pop up in people's feeds.

So please share this. We really appreciate it. Yeah. Thank you so much. Thank you for tuning into Dr. Talks. We hope today's episode has enlightened and inspired you on your path to optimal health.

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