The Financial Burden of Cancer: Assessing Your Options to Manage a Cancer Diagnosis Transcript

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Introduction and Doctor Jimenezu2019s Background

Hey, it's Nathan Crane, director of the Health and Healing Club and host of the Conquering Cancers Summit. And today, I am honored and excited to welcome you to a very special interview.

Doctor Antonio Jimenez is an MD medical doctor and an Indian naturopathic doctor, and he's the founder and chief medical officer of the world renowned Hope for Cancer Treatment centers, which are operating in Mexico, and Tijuana and Cancun, also in Thailand.

And he's a globally recognized leader in integrative oncology. Doctor Jimenez received his MD PhD from the Autonomous University of Guadalajara Faculty of Medicine in Mexico, and for over 25 years, he has dedicated his life to the study, clinical research and implementation of integrative nontoxic treatments.

Known for his development of the seven key principles of cancer therapy, which, hopefully we'll have enough time to get into those today as well. Which he has a great book on the subject, doctor him in as is an established speaker, has been featured at events including our own Global Cancer Symposium.

He's also in my award winning film, Cancer The Integrative Perspective. He has taught at the Truth About Cancer Live symposium, The End to Cancer Revolution, as well as many others.

Throughout his career, he's traveled to more than 70 nations, learning training and researching innovative cancer care methods and technologies. His experience and expertise have seen him successfully pioneer effective, nontoxic treatments such as photodynamic therapy, which I want to learn about, and the emerging immunotherapies as well.

He's also an accomplished author. His most recent book. I encourage you to go pick up, is called Hope for cancer seven Principles to Remove Fear and Empower Your Healing Journey.

Certainly a foundational book that everyone should read. Doctor Tony further propels his mission to share the vital, healing knowledge of his medical discoveries with the world, and he provides his patients with a lifelong structure for healing built around science education and empowerment.

His website is Hope for cancer.com. Hope for cancer.com. Go take a look at it right after this interview. Doctor Tony, thank you so much for being with us.

Our ninth and I so time it's my honor to be here at this global cancer symposium. Yeah. I reiterate when you say the viewers, the listeners who share this information and let's empower someone else in history.

Nathan, have we been in this situation where fear of all types and lack of power is so prevalent? So I'm so excited to be here with you. Yeah. And I'm I mean, I'm honored you.

I mean, you're truly a pioneer in the space. And, you know, you have so much to contribute to this topic and certainly with backgrounds in naturopathic medicine as well as, conventional medicine and integrative medicine, you know, you're the perfect, leader to be speaking on this topic.

So, so thanks for taking the time with us. And, you know, let's really dive right in. I mean, so many people, right, who are dealing with cancer are struggling financially and have the fear that the costs will be honestly too much of a burden for them to handle.

Yet it's also their life we're talking about. Right? So please talk about the difference initially in, and then we'll get into how to deal with some of these fears.

And also, you know, some of the things that people can actually do, and recognize that, you know, the fear is could be holding you back from actually healing and what you can do about that as well, but also empower you with things that are free and low cost, as well as effective.

You know, middle to upper tier cost things, as I mentioned, introduction, but kind of first question, the lay the framework. What what are some of the differences in cost in general between natural medicine, conventional medicine and then integrative medicine.

So that's part one right. Difference in cost. And then how can someone start to wrap their minds around what it's truly going to take financially for effective treatment.

Well that's a pretty loaded question there Nathan. Let's talk a number is a number one. Is that, hope for cancer treatment centers in Tijuana? We opened in in the year 2000.

And so it's been a long history, a lot of experience. In 90, initially, 94% of our patients were stage four, that they were told that either there's nothing that we can do at the point of diagnosis, or they had exhausted all conventional therapies and some of them out of pocket.

And so by the time they contact us, it's like, you know, they have no money. So they're wondering, how could they avail themselves to integrative, cancer treatment throughout the years?

That has shifted a little bit. Now it's about 70, 75% of our patients are in stage four. Right. So more patients are coming to us in earlier stages of cancer.

And why do I say this with respect to finances? I say this because no matter what stage you're in, remember that your life has no cost. I mean, it's it's invaluable.

You're a child of the Most High. You are worth it for yourself and for your loved ones. So first of all, recognize that your worth it. You have the opportunity to heal.

You have the opportunity to improve your quality of life and to live much longer and or go into remission. And, we have patients that, you know, many, many years later, including my dad died of something else.

He died of, heart disease after 20 plus years of being diagnosed with prostate cancer. So the cost of conventional therapy, for example, there's something now in most recent years called immunotherapy.

And this is the when you're targeting specific receptor sites on cancer cells, these are called PD or PDL one receptor sites Ctla four. So these are like doors and windows if you will, on the cancer cells.

So these immunotherapies block these. And so now the cancer can progress. And you know they start to to break away. So one injection of these so-called immunotherapies can cost up to $18,000.

And if you need one a month, well, this adds up very quickly. Of course chemotherapy, you know, the cost is so much. And then there's something else called uncle lytic viral therapy.

Cancer Treatment Costs and Financial Fear

There was one that was recently approved by the FDA in the US targeting melanoma. It's called T back tears in time. T v e c that is an Uncle Lytic virus.

It's come from the, viral family to targeted cancer. So these are extremely expensive, medications and products. When we talk about immunotherapy for cancer, we're talking about an integrative approach.

We're talking about up regulating your God-Given immune system. And when is that more important the now and 2020. Right, Nathan. So, exactly. So the court, you know, sorry.

Go ahead. Go ahead. Let you finish. Yeah. Go ahead. Yeah. So the cost of conventional cancer treatments are exceedingly high. We had a patient that recently contacted us that they had spent $1 million that their insurance didn't cover, and now they come and, you know, they're in the advanced stage for makes our work much difficult, much more difficult.

And they've exhausted all their savings, which was quite a bit. So conventional therapy then that falls into standard of care, of course. And what we'd like to say, and I'll quote from, information that we provide a big thing here is that we always say that the patient has to understand that they are worth it.

Although the treatment might be a big financial burden, their life is worth the cost. And you have to realize and sometimes get surprised, what options that there are for fundraising or reimbursement possibilities.

This happens a lot. And we'll discuss this, further, but we believe that, healing should not put you out of the house or, you know, out of your home. And it is our mission at Hope for cancer to, make cancer care accessible and affordable for patients.

You know, of all backgrounds and whether it comes from your own savings, whether it comes from other possibilities we could discuss. But the main thing here is don't live in fear with the diagnosis.

And don't go into fear financially because those told was suppress your immune system will make your possibilities of healing for whatever treatment you do, much less.

Yeah, thank you for that. I mean, that's that's definitely what we need more of today, right? Is more effective cancer treatments that are also affordable and accessible for for anyone or most people.

Right. And I mean, you outlined it really well that unfortunately conventional medicine today is extremely expensive. I mean, you're talking tens of thousands.

There's a new therapy coming out, $100,000 a pop, and you have to do it every month. Right. And these 18,000, 20,000, 30,000 treatments that you're doing weekly or monthly, one, they're going to add up tremendously over months and years to if your insurance isn't covering much, it's got to come out of pocket.

Three A lot of these unfortunately, conventional treatments have a very low effective rate. They're not actually very efficacious. Right. And so there are times where conventional treatment is very beneficial and would be a great choice for somebody dealing with cancer.

Right. But those really need to be assessed carefully. At least I would say that that you really need to assess all your options before you choose, very invasive, potentially highly toxic and always very expensive conventional treatment option, right.

If there are more natural or integrative approaches that, are more accessible and often cases can even be more efficacious. Right. You know, if I could interrupt, Nathan, for a moment, I put it very simply.

There's two types of cancer. There's more cancers, and there are stupid cancers. 1% of all cancers are stupid cancers. Those are like, chronic myelogenous leukemia and a few others.

So these cancers, you do one treatment, you do a monotherapy and great results until that monotherapy maybe ceases to work. And then you do another monotherapy of the same family, a cousin of the first one you use.

And patients do very well. But 99% of all cancers are smart cancers. And so you need multiple therapies. This is why, you know, 18,000 per pop. We're only talking about one drug.

And that's not going to give us an effective outcome. You need multiple drugs. Those that are watching and listening us, maybe they have been on chemo and usually it's not one chemo.

You get two, three or maybe four. And then plus the steroid and plus and plus and plus. So the numbers financially add up so so much. And the thing is to remember to target these smart cancers, which is is a big topic.

But to target these smart cancers, you really have to know the characteristics and the hallmarks of cancer, none of which are approached by conventional standard of care oncology, in these smart cancers.

So, you know, it's, it's it's so common that, we see these types of patients, want to come to work for cancer and, they don't know what their options are.

Yeah, we want to get into more of that, too. And, you know, you mentioned immunotherapy. And, you know, you talk about integrative immunotherapy, which I want you to you know, please tell us more what that is how it looks even potential cost and things like that, what people can do to support themselves through that.

But I want to mention, I mean, you know, conventional doctors in a lot of hospitals, oncologists are offering immunotherapy nowadays. But what I've heard that conventional immunotherapy called is just another kind of chemo.

Is that true? That's true because, 46% of patients that are in these immunotherapies and that's, and they're accumulative, that's just on one immunotherapy.

If they're 2 or 3, well, there's usually not three, but two. Those, toxicity increases. So 46% of patients have to stop or abandon the immunotherapy because of severe side effects.

And one of them could be severe autoimmune conditions and even death. So, and there's a small window of efficacy which can be short lived, remember? And by the FDA standards, if a drug for a cancer extends life by three months, 3 to 6 months, it's approved by the FDA.

So imagine that, okay, the patient is going to live 3 to 6 months longer with this drug that has a 46% toxicity rate and the quality of life for those who don't have toxicity, you know, or significant toxicity, for sure, the quality of life will not be the same.

So a lot to be said no to my own grandfather. Go through that, you know, watch him go from fairly active, not certainly very healthy, but fairly active and not in the kind of pain he was to then going through conventional treatment and being in so much pain from the side effects that he couldn't even walk to the bathroom, you know, and it was so sad to see.

And so and then he died shortly after that. And, you know, that's his story for so many people. Unfortunately, it says we're talking about extending our life three months, six months, a year or two years.

But if the quality of life is not improved, then what's the point? Right? I mean, and that's my question is like, we want to live longer, but we want to add more quality of life to those people.

Absolutely. And to that effect, you know, it's it's so important the decisions that the patients, are making in this way, this global cancer symposium is so important because cancer is seldom a medical emergency.

Cancer is seldom a medical emergency. And so there's time to do your research. There's time to look at your options and, you know, to say, okay, okay.

Because the guy has a white coat and all these diplomas in the back of the, you know, his office on the wall, the cancer is seldom a medical emergency.

So do your research, look at your options, and then make a decision. That's heartfelt, because, you know, we have

some patients that contact us, Nathan, and they're engineers or, you know, analytical people, and they've been researching for six months, day and night.

Conventional Immunotherapy and Toxicity Concerns

And in the meantime, the cancer is growing. And so they want to have, you know, like a definite black and white answer. Remember, this doesn't happen in health.

And then the human being because we're all individual. So do your research. And, you know, in a reasonable period of time and then make that decision.

Yeah, I mean, I love that you said it's seldom a medical emergency, right? Because really, if you're, you know, cancer for most people's been, growing in the body for years and sometimes decades.

Right. And so it's I guess the medical emergency would be if it's a very, very late stage cancer, it's rapidly metastasized. And, you know, you might have a month or two to live, right?

That might be one of the medical emergencies. Otherwise, you have all of these years of cancer growing. So let's take some time, find out what your options are and then choose, you know, the path that's going to work best for you.

Yeah. One thing so everyone should know is that we are integrative physicians. And so we know both worlds. We know the complementary alternative holistic world.

And we know the standard of care, conventional world. So yes, sometimes, as you said, Nathan, we have lost our patients to surgery, to chemo. Yes. I said that, we're not chemo people, but there's ways that we could integrate chemo.

This is called low dose chemo or insulin potentiation therapy. And so we always do it in the context of an integrative treatment approach. Or this is the southern key principles come into play.

And yes sometimes we have to do radiation. We just had a patient from Texas come to our to run a center. And she is young, in her mid 40s, advanced, breast cancer to liver and bone.

And she's taking morphine. She comes in a wheelchair, so she's taking morphine every 8 to 12 hours. And the pain is still like a 6 or 7 out of ten. And so what did we do?

We said, okay, let's get the radiation oncologist. Let's look at the possibility of radiating that pelvic area. And guess what we did that she had five radiation sessions very focused on that area of metastases.

And now she's off of the morphine. The pain's like a 1 or 2. And we have we're on like CBD and natural, pain anti-inflammatory medications for human CBD, things like that.

So, boy, she's walking. She's out of the wheelchair and she things where God. But what about God? We're just doing an integrative approach. And so this is the smart way to do this, right, in combination with healthy nutrition and everything else that we know.

Yeah, that's I mean that's incredible to hear. And, you know, the thing I love about how you approach treating patients is you're looking at it from a holistic viewpoint.

You can't, you know, separate the brain from the body or the mind from the brain or even the spirit from the human right. It's you can't dissect these.

You can't pull out the liver and go, okay, this is its own separate thing that works all by itself. But the liver needs the heart, and it needs the kidneys, and it needs the lymphatic system, and everything works together.

Right? So the fact that we treat cancer as this invading enemy in the conventional world, as it's its own separate, you know, almost as if it's treat, as if it's a pathogen.

Right. We got to get that out of you as quick as possible, not recognizing that the whole body, the whole human being is being impacted and impacting that cancer.

So I love that that's, you know, that's really what integrative medicine is about. And you talked about integrative immunotherapy. So so what is that.

And and yeah I'd like to make one more point on what you just mentioned. That was brilliant. And cancer is not a thing. It's not a thing that you can radiate that you could remove.

Cancer is a process that you have to address in an integrative fashion. And that's the the paradigm shift that we need to make. Cancer is not a thing.

It's a process. And when you understand that process and you work on the characteristics that are embedded in that process, like you said, it could take even decades.

That's been proven. It takes ten, 15, 20 years for cancer to develop. And where you see an over a tumor. And by the way, ninth and that's decreasing now I think cancers are coming up more quickly now because the world that we are living in with human toxicity and what have you.

But to answer your question about, integrative, immunotherapy, what we're doing here is that we are tapping God given immune, our God given an immune system.

There's basically two parts of the immune system, the quick acting immune system. That's called the innate. Someone coughs, sneezes, and our innate immune system kicks in and destroys that bacteria or that virus.

The same thing is happening with cancer cells because we're developing cancer cells. All of us, I don't know, 100, 150 cancer cells a day. And our innate immune system is the radiance, its job?

The other aspect of the immune system is the adaptive or the memory type of immune system. And that's the one that will learn to recognize that cancer, so that virus, that pathogen and launch an immune response.

So what if instead of, you know, targeting these so-called immune receptors, the Pd-l1, Ctla four, what which are short lived responses and toxic, as we said, what if we work on the brilliance of one's immune system?

What's the problem? We don't trust our immune system is kept alive for thousands of years, right after the. So so that's that's what it's about. And we're upregulated in T cells.

It's our memory cells. We're regulating dendritic cells that activate antigens. It's a very complex system. Maybe too much to go into. But know that our God given immune system is really what can make it or break it in combination with everything.

And our immune system protects us from a cold to cancer and everything in between. So and especially now in 2020, to decrease our risk of getting any infection.

And, cancer, we have to upregulate our immune response. Yeah. That's key. I mean, I know Doctor Thomas Loti who who we both know really well who's in my film as well.

Cancer, The Ingraham Perspective. One of the things he says in there that's always stuck with me, and I know you teach this as well and many others, but he says there is a cure for cancer.

Cancer as a Process and the Need for Integrative Care

It's called the immune system. And and, you know, the reality of that is, is if we have a fully functioning, fully capable, immune response, our immune system is running the way it's supposed to run every single day.

We're not going to have cancer, right? It's that our body's designed through the immune system, through lymphatic system, through, you know, as you said, the T cells, dendrites, the B cells, all these different functions to eliminate cancer cells from our bodies.

But most people, unfortunately, have, an immune system that's running on half power right there, toxic overload there, too much stress, fear, anxiety.

They're not exercising or doing any kind of fitness, you know, an hour, a day, which is the minimum recommended, by the way, by the American Heart Association, an hour a day of strength training, cardiovascular training, balance training, etc.

I cover all of that in my upcoming masterclass called Becoming Cancer Free. But the the point there is, you know, people are not or eating diets that are toxic that lead to cancer, the carcinogenic right.

They're not so the immune system is getting impacted negatively by all of these lifestyle choices, and then cancer is inevitably going to show up. So what you guys focus on is really helping people upregulate their immune system.

And, which is fantastic. What are some of the in addition to, you know, the integrative immunotherapy, for example, what are some maybe free things or low cost things people could do on their own or with your team that can help them to, you know, increase their immune system function.

Number one is to get educated because people need to know. People need to know the importance of why this must be done. Right. So that's number one. So and that in some of the notes I have here is please sign up for our emails.

We have, a lot of educational, videos and information. Some are longer, some are shorter. For example, the sugar free cancer. Right. Just a simple question. I have a 15 minute video on that.

The sugar free Cancer Watch, Nathan's, you know, expose their videos and information that's out there. So education that's where it starts. Look at webinars.

Sign up for my webinars I do a webinar every other Friday. We started this, when the Covid situation, you know, took root maybe February, March in the US and, we've had 32 webinars packed of information, you know what I mean?

One of the things we need to do adamantly to improve your immune system is concern yourself about your oral health. If you have periodontal disease, if you have stuff happening with your microbiome, in your in your mouth, your systemic health is compromised. So, floss, brush and water.

Pick and use healthy mouthwash. I mean, things that are simple to do that you could do on your own, from toxic free natural toothpaste or tooth powders to.

Right. Absolutely. A quick recipe that, everyone can make for a mouthwash, which I love doing, as you put, half a cup of baking soda. I'm sorry, half a cup of xylitol in powder.

You put two teaspoons of baking soda, and then you put, oils of your choice. Two drops, three drops of different oils, essential oils. And I put an end to peppermint or cinnamon.

Oh, so for orient purposes. Yeah, yeah, yeah. And you put that in 500ml of distilled water, you shake it up and you have it there at your, in your sink every time you eat, you know, rinse your mouth is cost effective.

It's, like you say things that you could do at the house. So so that's important. And, look at podcasts, look at

conferences, YouTube. There's so much information.

So the free things that you could do, it starts with education and having a positive mindset. Because Nathan, when you talked about, you know, up regulating the immune system.

And if we have a good immune system, cancer doesn't exist. That's totally correct. It starts in the mindset we have to believe, and we have to know that that is what the immune system is for.

And so that thought and remember we're information pathways. And so we need to have healthy thoughts. I always say a negative thought can kill you faster than a bad germ.

And so we need to empower ourselves with healthy thoughts. And this is not what's happening now in 2020. Right. So wake up. You know, I heard I heard recently, a joke, but also quite true that someone asked, you know, the Amish people, they said, hey, why aren't you guys afraid of Covid?

They said, because we don't have TV. Exactly. That's right. They're not kidding. And it's not to to to discredit or to put down you know, real people who have died from the virus.

The point being is that if you're watching the news every day, you are being excessively overloaded with constant fear, worry, anxiety, which is doing no service to your immune system whatsoever.

And remember, the virus says whatever it is, a SARS-CoV-2 or any virus, they resonate, very low frequencies like 0.5Hz. And, if we are resonating, if we are in love and gratitude and healthy thoughts and emotion, love has, as a frequency of like 250Hz at the least.

And so a virus or cancer cell cannot make its residence in our body if we have a high vibratory sense and we're resonating on a high frequency. And so it starts with the thought.

So powerful. It's so true. I mean, you know, our ancient civilizations, our spiritual texts are, you know, have known the power of compassion, love, gratitude, all these practices, these mental, emotional states that are choices.

We think, you know, my anger, my depression, my sadness. It's it's happening to me. But what we have to learn is actually it's coming from inside us. It's from within.

And we have to learn to dissolve those limiting belief patterns. Right? We have to learn to heal and resolve our emotional traumas, many of which we've all gotten since we were children, including myself, that I've been resolving and dealing with and dissolving for 15 years.

And we have to then re instill new positive, healthy mental emotional practices that keep us in that higher resonance that you're talking about, which our ancient civilizations have known for thousands of years.

Our modern science, as you're saying, through Hertz, can actually measure these states, right? That turn on our immune system, right it down, regulates our fight or flight response, activates our healing our rest and digest state just by sitting and feel, you know, meditating or or prayer or sitting, you know, in gratitude for 20, 30 minutes at a time.

All of these things activate the immune system and they're free, right? I think they're free. And remember that these are okay because these are God given emotions and feelings.

It's what we do with them. Yeah, it's we bury them instead of letting them go. Then that's where the problem is. Beautiful. Beautiful.

Immune System Support and Low-Cost Healing Practices

So what are some some of the most effective, let's say middle to upper cost treatments that people can do? And

maybe some understanding of, you know, what kind of financial, planning do people need to to be aware of?

Well, the first thing I'd like to mention is my book to answer your question, and I happen to have it here. It's, as you mentioned, Hope for cancer is a great book.

I encourage everyone to read it. Absolutely. Seven Principles to Remove Fear and Empower Your Healing Journey. And the reason I mention this now in this part of the interview is because there are, low cost, things, therapies, things that you can do in this book.

And as you mentioned in the intro, this is a beautiful reference book now because I say it myself, but because I say it myself. It's, it's a beautiful reference book and, you know, the seven key principles where we're talking about nontoxic cancer therapies, oxygenation, nutrition, the microbiome, not only the internal microbiome, but the external microbiome that we're exposed to the immune system with this constant detoxification, making sure that our channels of elimination are open so we can detox.

And of course, the last but the best one is the behavioral, emotional and spiritual therapy that you've, talked about. And so in this book, you'll get a lot of information with low cost, some medium cost.

So according to my admissions team, because I had to get some information from them to answer this question for you. Nathan MC cost options are, for example, to come to the Hope for Cancer Center for two weeks instead of three weeks.

Our program typically is three weeks. After the three weeks, the patient go home with a three month home program. It's two weeks plus a three months home program, which is quite robust.

We have a home program support staff that there's two doctors plus other, staff in that department and other doing every day from Monday to Saturday is calling patients.

Hey, Nathan, how are you? Hey, Maria. You have any questions? Are you following your therapy? So that's what we do because it is our responsibility to empower you.

Not only the three weeks that you're at the clinic, but while you're home. And then after the three months, patients come back every three months, for, a checkup and a reevaluation.

So instead of the three weeks of morning media, menopause will be consider coming for two weeks, right? Or depending on your situation, maybe you were just diagnosed with cancer, or maybe you are in remission because you're there, conventional therapy and that's, you know, remission.

It's it's a it's a crazy word. Right. We could talk about that if you want. So, if that's your situation, you could potentially come for one week, learn more, start some protocols and, continue them at home.

So the point here is, we want to work with you. We want to empower you. We want to educate you. And guess what? This is for you. For you. Cancer patient.

But this is for all of us. Because six of these seven principles apply to all of us. How many times have we gotten like so many thank you's and just really nice words?

Hey, after we met Hope for cancer, I went home and now my husband is healing the friend. He changed his nutrition. He feels better, he's sleeping better.

His blood pressure is better on my son. You know, my family, my friends, people in my community, the church, members. So this is taking it forward, right?

Because you did not get cancer or this diagnosis of cancer because of an accident. Because you deserve it. Because God gave it to you, which is what some and colleges have told our patients when they say, hey, doc, why

did I get cancer?

Oh, you deserve that. Or you did something wrong, or, you know, God gave it to you. And then they said, and then they ask the question, is there cancer in your family?

And then if the patient says, yes, that's why you got it. Sorry. You don't. Because your father, mother and cousin uncle had cancer? Absolutely not. But if the patient says no to that question, is there someone in your family with cancer, then the oncologist?

Well, he doesn't know. They sometimes said, oh, it's bad luck to you, I don't know. It's not my luck. So. So those are some, cost, ideas. Nathan. Well, what's the range?

Just a range on pricing, obviously. All those things. Yeah. And I'd like to say that I'm not a financial person, so these new are, you know, and for that, you can call the admissions team, but anywhere from 15,000 to, like, the high, high end, maybe 35,000.

But remember, this is three weeks of intensive therapy, blood tests, many things that are included. Devices that you go home with. And then the three months home program is included in that with the follow ups and the three, every three months return for a checkup.

That's all included in that. So you have to see the big picture. Yeah. You know, we and your and your teaching diet and lifestyle shifts, right. You're actually contributing people how to live a more cancer free life, which is which is absolute key for any I mean, whatever therapy or center or treatment, whatever you do, I want to encourage people listening.

You know, you got to hope for cancer. You do things on your own and you go to a conventional doctor. Whatever you do, make sure that your treatment includes those steps.

How to make your body inhospitable to cancer, right makes it inhospitable to cancer. You have to learn the steps to make your body, stop making cancer.

And if you don't learn those things, it doesn't matter what you do. You're going to be like so many unfortunate people that cancer comes back four years, ten years later with a vengeance. Yes.

And it happens to so many people I know. You see so many of these patients come in at stage or they've tried everything. They were even in so-called remission, as you said, medical remission is really just, you know, they say you're you're cured or you're in remission if if your cancer doesn't grow anymore, right within like you're cured if you live past five years, but you still have cancer, like, does it, like, make sense to me at all?

To me, like being cured of cancer, saying like, yeah, I'm cancer free or I, you know, don't have cancer any longer. It's like your body doesn't have cancer anymore, right?

But that's not the definition. And there's a limitation to medicine. There's a limitation to what we can do. The market test, to detect cancer cells or cancer areas in the body.

It's a pet CT scan, a combination of a Pet scan with a CT scan. However, that's not going to detect the cancer stem cells. Right. But isn't letting tumor cells that are my note?

There there are lower number. And so, you know, we have to look at the integrative approach, as you said. And one thing, just to reinforce, your point here, Nathan, is one.

And if every three Americans will have cancer sometime in their lifetime for, females and one of every two men will have cancer sometime in their lifetime.

And statistically and analytically, they estimate that by 2030, every American will have cancer sometime in their

lifetime. So we need to avail ourselves to this information.

We need to be proactive because no one's going to do it for us. Right. And so the information is out there.

Hope for Cancer Programs and Treatment Options

And, what is the best time to start today? Not money are not like they say in Mexico or manana. Manana like they say in other countries. It's today, right? Empower yourself today.

Well, I have to say, I mean, you know, at risk of this sounding like an ad for Hope for Cancer Center, which it's not, this is an educational informational interview.

And I hope people are getting that and getting, you know, the, the, the hope out of this. It's meant to come from this is, you know, 15,000 to 35,000 or whatever that ranges for weeks of hands on integrative treatment and months of at home support.

And a lifestyle shift is a drop in the bucket compared to if you were going to conventional medicine, where all they're going to do is give you drugs or chemotherapy or radiation, right.

Or surgery, which can be hundreds of thousands of dollars. And you will still will not have all of the support you need to stop making cancer in your body.

So, you know, if you compare those two, it's like it's not even comparing apples to apples. There are two totally different things together. And I think that's fascinating and I love that that's, you know, what you guys do through your center is really help make truly life transformational, integrative cancer therapies affordable and accessible to people.

And I do want to just mention this little piece too, which is so important. I go in-depth in this, in my masterclass that's coming up later this year.

But what I really encourage people to take a look at is even if you go down the path of integrative or natural therapies or whatever, you choose and your cancer doesn't ever go away, right?

But it stops growing or stops spreading or it actually doesn't become a problem for you. Like most cancers actually don't have any symptoms, right? There's like no conclusive set of symptoms that you can really identify, maybe some cancers, but most are, especially in their early stages, really don't have symptoms.

So your as long as your quality of life stays at a level that is enjoyable and can even improve because you have more function, you feel better, you have more energy because you change your diet.

You're doing these integrative therapies. You can think more clearly. You have more purpose in your life, right? You have a deeper spiritual connection, and you add more years to your life, and you add more quality of life to those years, then it's not necessarily about this.

Cancer has to be out of me. It's wow, I've just extended my life and improved my life overall. And I think that, you know, for a lot of people, just that alone can be so hopeful.

Because not everybody's going to totally, you know, remove their cancer, right? So important and so important what you said, Nathan, and I'll give you an example about that so we can have something palpable.

However, before I say that, remember the word for cancer. What do they use? They use tumor. They use mass, they use lesion or a nodule or all'interno.

Right. And so these if you have a mass or a tumor or a lesion, 100% of that is not cancer. There's some part of that mass or tumor that is malignant and another part that is benign or necrotic.

So we have a patient, from new Jersey, young lady in her, late 30s with triple negative breast cancer. From a conventional mindset, that's one of the most aggressive cancers because they don't, respond to estrogen manipulation.

Progesterone on her to these are receptors, again on the cell surface of these cancer cells. They don't have them. So you don't know what is driving that cancer.

It's not estrogen. It's not pedestrian. And it's not that hard to gene. And so these are called triple negative breast cancer. So she's been with us six months a year year and a half.

And because there's so much pressure and and she still has a mass in that breast which is if I, if I'm not mistaken, the right breast, which is the male side, the right side, the right breast is a filly is associated with the male side for right hand the person and the left is the next, the mother's side the mother child.

And so this patient right side breast cancer. And, she still has a mouth. And it's been about a year and a half. She still has a tumor there, but she's, like you said, great quality of life, functioning nearly 100%.

Who function that 100%. Right. So now what does, So she's functionally nearly at 100%, but her brother in law is a neurosurgeon in the state in the northeast.

Her other, you know, in-laws something and some other medical doctor. And they're pressuring her. Get the surgery, get this removed, get the surgery. So she succumb to that?

She had a mastectomy. And now that's complete removal of the breast. And, And guess what, Nathan, the pathology report was negative for any cancer cells. Wow.

So although she still had a tumor mass there, but with her therapies and everything that she was doing, her mindset and everything, it was just that that mass in the body hadn't been able to remove it yet.

Right? Maybe she would. Yeah. But she left her. Most likely would have over time. Right? Right. Yeah. So now she's missing a breast. She's a young girl.

You know, the emotional stuff with this and the story goes on, but she's. And now she had a persistent scan. She's. There's no evidence of disease or cancer anywhere.

And so this is a palpable example. And I can give you dozens and dozens more. But this is very real. And she was a patient of yours that went through the integrative treatments. Yes.

She went to integrative therapy at home for cancer. And like I said, six months later, she's feeling good a year, a year and a half. And that's when she started getting pressured by her medical, you know, in-laws.

Because at two months, they're. Yeah. Yeah. Well, I, you know, thank you for sharing that story. That's really eye opening for people, right? That it's it's like, look, if we really treat our minds, our bodies or spirits or emotions, is this holistic, this integrative, this integral. Right.

You understand integral theory for example, whole human beings system and we treat it that way. Our results are going to reflect that. And in most cases those results are going to be very positive.

Right. And those results are going to be different for everybody. And that's key. But I love what you said, you know, which is so critical is keep educating yourselves.

Listen to as many of these interviews on this global cancer symposium as you possibly can, because we go into so many specific things that you can do for yourself and your family.

Go to Doctor Tony's website, Hope for cancer, dot com, get his book, join their newsletter right, start consulting with

his team. Go visit them in Mexico. Right?

Go to one of their clinics. Do whatever you need to do to get the education and the support you need to really help you on your healing journey. And what I always recommend to people.

And this is something that served me really well in my life when I've been facing really, you know, very devastating challenges. And, you know, even not having gone through cancer myself personally, I've gone through some pretty intense, life threatening challenges.

Mindset, Intuition, and Closing Reflections

And so, you know, I know this works for me. I know it works for others as well, is when there's a really important decision that has to be made. I sit quietly, calm myself down with some really deep breathing, close my eyes, go and do a type of meditation prayer, right?

And in that state of calmness, I start asking my questions. You know, what do I need to know about this? Who do I need to contact? You know, what are the things I need to learn?

Source God universe. Please guide me to the right information, the right people, the right sources. You know, I'll ask for guidance. I'll ask questions.

I'll do those things. And what's happens every time, either in the moment or over the coming weeks and months, is all the doors start to open, right? I get the phone call, I have the interview, I talk to the person, I show up here, there's a bumper sticker that's like, oh, that's what I needed to know or whatever, right?

Those moments come as inspiration from Spirit Come, but you can't get those answers if you're waking up every day watching the news and you're freaked out and you're angry and you're upset or you're scared, those answers will not come in that state.

They simply won't. All you will get is answers that are associated with fear. And fear always has a negative result compared to if you're coming from a state of of grace or peace or gratitude or love.

Right? So it's just so important to to really, really do that. And I know that's, you know, a lot of the work you do as well with patients is really help them get to a mental, emotional state where they can heal mentally, emotionally, but also to to make better decisions for their health and their well-being while just, Nathan, I couldn't have said it better myself, but still am finding that inner knowledge and some of us might call it intuition.

Something told me, or, you know, I tripped over something no one comes to hope for. Counselor by accident. I know, I don't believe I know no one comes to a for a counselor by accident.

Some the they're brought there for a higher reason. We had a patient from Botswana in Africa. It took him four days to get to our treatment centers, four days to Botswana.

The road was flooded. He had to take a canoe. He had to take a horse or something. I mean, it was crazy. Four days. And we have patients from all over the world and the stories upon stories of how in that moment of stillness, that you're mentioning, Nathan, that they were led to us.

And it's it's so powerful because at that point, it is it is it is what they need to do. And we should trust it. We should trust it, and we should follow it and be obedient.

Because that's never wrong, as you mentioned as well. So trust that, remember earlier I was saying, do your research, but it has to come from the inner being, right?

And, and once you're there, you see yourself on top of the mountain victorious. You don't see yourself in a conflict. You see yourself victorious, and you start that because the mind, the soul and the body are corruptible.

And that's where negativity and trauma and fear can happen. The spirit is incorruptible because that's the Spirit of God. The spirit of the higher being is.

And, you know, we need to really work on that mind, the soul and the body and the spirit will guide you. Yeah. Beautiful. What a great place to, to to wrap up the interview, I just want to I want to thank you, Doctor Tony, for all your great work, all the pioneering in the field, all your commitment, your dedication, your compassion, your love for your patients, for the work you do.

Thanks for sharing. You know, these great things that people can do to one deal with fear. But to to start recognize, you know, there's a lot you can do on your own.

But also, you know, with some, a little bit of financial investment, your own health, there are some really powerful things you can do through an integrative approach as well.

So I just want to say thank you. I want to honor you for all your great work in the field. And thanks for taking the time with us today. Thank you. Thank you so much, Nathan.

It was my pleasure. And remember, we can give you more information, as you said, and hope for cancer. There's many possibilities where the finances should not keep you from getting the best opportunity to heal.

And you can do it. Fantastic. And I want to thank everyone for tuning in to the Conquering Cancer Summit. Please share this with friends and family. Together, we truly can make a difference for the future of humanity in ending the cancer pandemic.

Thank you and I wish you ultimate health and happiness. Be well.