Founder at Etheric Medicine®? - How To Heal The Etheric Body Of Emotional Wounds So Your Physical Body Can Release Illness Faith + Healing + Life Purpose Transcript

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Introduction and Bobby Vogel's Background

Hey, it's Nathan Crane, director of the Health and Healing Club and host of the Conquering Cancers Summit. And today, I am honored and excited to welcome you to a very special interview.

Bobby Vogel, founder at, Etheric Medicine, is a medical, intuitive, clairvoyant, healer, and purpose leader. Bobby knows that when we are unwell physically, spiritually or emotionally, we have lost the connection to who we are at core.

We've lost our power, she says. Everything begins with faith. Bob is unwavering in her commitment to humanity and the need for us all to connect to faith, healing and a life of purpose.

Bobby's been featured on major media outlets like MSNBC, Fox, CBS, as well as on The Montel Williams Show. And you can watch that interview on YouTube.

I watched it's a great interview, and she's worked with a wide range of clients, from children dealing with brain cancer, which we're going to get into today all the way to Olympic athletes looking to perform better.

Bobby, thank you so much for being here. Thank you. I'm so excited. This is going to be awesome. So, I, I have a confession to make. So this is, give a little backstory for people.

Bobby and I connected an email, I think, a year ago because we were doing the first global cancer symposium. I believe it was for that or another project we're doing, I don't remember.

We were referred by somebody, a mutual acquaintance. And for whatever reason, the timing and everything didn't work out. I think we were all wrapped up with our interviews, but I looked into the work she was doing and thought it was incredible.

I thought what you were doing was was amazing and wanted to to work with you sometime in the future. And, didn't happen. And then recently, as we're filming now for our Global Cancer Symposium, two, a different person connected us and I thought, oh my gosh, you know, this is the way I write.

If it's divine timing, the universe, right when we get reconnected again together. So I was like, okay, I'm listening. Thanks. Yeah. As part of listening to our intuition or listening to what the universe is showing us, right.

Which is important if we have a cancer diagnosis. Pay attention to those signs in our lives because they are there to serve and support us. And so the confession I have to make is I okay, great referrals.

People rave about Bobby and, you know, Montel Williams like celebrities, athletes, people are. But I'm always skeptical. I stay skeptical to a healthy degree or try to stay to a healthy degree.

So I said, okay, can we can we book a session? I want to you know, I didn't tell you this, but I was like, I want to see if you're the real deal. You know, before I present you to, you know, or the hundreds of thousands of people, the symposium, I want to make sure you know that, what we're presenting to everyone is genuine.

And what I can share, I want to share everything. What I can share is that she's the real deal. Within just a few

moments of of sitting and talking, we were talking about the interview itself and, and that sort of thing.

And then she's like, I just, I, I just have to tell you, I, I got to tell you, you've got so much tension right here. And she pointed here and she goes, and you just got something right here.

It's just like, I, I just feel it is so strong, so much tightness. She pointed exactly in the exact spot on the same side where I've been having, you know, a chronic tightness issue for like over a year now.

And then she pointed out another one, another one and another one and my back and my neck and all these things that like, yes, you know, I've been dealing with off and on for quite some time and I've been mostly focusing on healing the physical side of things.

You know, the, the physical, the deep tissue, the massage, the anti-inflammatories, the turmeric and black pepper and all the physical stuff and kind of forgetting about the energy body and the light body associated with that area.

That's one of the things you talked to me about and brought back to my forefront of my consciousness, which has been really helpful in the last couple of days.

Because, you know, as you talk about and we'll get more into that, it's it's looking at our entire human human being experience, the being the, the, the soul, the mind, the emotions, as well as the physical, the human, the body, the organs, the tissues, etc.

Sophieu2019s Brain Cancer Journey and Energy Healing

if we forget any aspect of that and we're forgetting a part of ourself, right? So anyway, there's a lot more to that. We spent like an hour and a half on the call, and she went into some serious, insights and things about me that there's no way, you know, she could have known because it's not public.

And it was really, really helpful. So I just wanted to share that briefly let everyone know that you are the real deal. Thank you. Really, really excited to have you here and excited to have you share with all of us some of the great work you're doing and some of the things we can do, you know, to tune in to these.

You know what? I'm just calling our superhuman abilities. Yeah. And I, you know, like, I appreciate being here. And, I mean, not because I know the message is so important, right?

And it's not my message and Spirit's message. So I'm I'm just so happy to be here. Yeah. Beautiful. So I kind of want to dive right in. You've been working with this young girl with brain cancer.

Yeah. Tell us a little bit about that. What's what's your experience been like? What has her journey been like? Working with you? Well, so, so Brian is.

She was diagnosed at eight months old. She's. She just turned, nine nine, eight nine. Her mom's in a me, Anyway, so her parents, Tracy, Ryan and Josh, when she was first diagnosed, she she has, glioblastoma, brain tumor.

And, so they created kind of kids, you know, and it's now. Okay, so, which is cannabis medicine, right? Energy medicine, plant medicine. And so when we met and it was it was in January and we actually, met at Montel Williams.

So she was she and Sophie were on right before me. And then, Tracy said, what do you do? And I told her a medical. And she was like, oh my God, I'm looking for somebody.

Because I feel like that's got to be something to investigate, you know? So she already was understanding that. Anyway, so we've been working January and Sophie, lost her sight except for seeing some light in one of her eyes.

Of course. Right. So I tuned in and I was able to see and I actually drew a picture of, like, the different areas because I'm able to see, I send light through the physical and the ethereal body and, if I'm in person, it's.

I send through my hand and if it's, long distance, I just sort of put the your body, the body and the etheric body, like up in front of me. And then I can do the same thing.

So I was able to see, what was interesting is, I didn't even know which I was, you know, completely blind or anything like that. And so I was able to her mom was right there, and I was able to explain, like, where all these different densities, tumors or, the things were but the focus was spirit, interestingly enough, was in the in her left eye in the I didn't I'm like, are these veins what are these.

You know, because I could see like gunk. Whether the nerve or the vein like it wasn't sure but so I was I, you know, I'm spirit Todd so I always just ask, what am I supposed to do?

You know, how do we help here? And so I started, like, pulling the gunk off of those, nerves or whatever, and, and then doing a lot of work, you know, over time.

And then she started pretty quickly regaining, like, starting to be able to actually see colors, which she wasn't able to do. And, and then, and then so her mom started giving Tracy started dosing her.

And this is the first I started learning about cannabis, because even though, you know, Montel is a friend of mine, I and he's obviously, you know, reliant because of his Ms..

I never really understood, you know, but, Tracy started giving Sophie doses of cbd a and THC and I started communicating. I'm kind of bottom lining it and the essence of time, but I, I started being the medicine started communicating with me.

It was crazy. Which made me start crying, right? Because I was like, oh my God. Like, I felt so honored, you know? And I quickly like, I was like, wow, this is brilliant and powerful.

When it's used appropriately. Anyway, so what I started learning is that even though Sophie has like the tumor here and, and, God issues like I can, I can feel if she's had too much sugar, for instance, or whatever.

Because I feel nauseous. But when the medicine would come into her body, her energy body. Right. Which is so important, the medicine would come in and it wouldn't just go to her.

Her tumor. It would. The medicine said, it kind of is so funny because I get everything in pictures. The medicine would come in and kind of like, you know, like, sniff out where it was needed the most because it's an energy body itself.

Right. And so you're bringing an energy into your energy body and there's this beautiful collaboration that happens. And so on any given day or new hour or whatever, that medicine would go where Sophie's energy body, physical body needed it most.

Because you see, what I know and what spirit has taught me is that if whatever is in our body, our energy body, stagnating, or density has cancer, is cancer is density.

And because our ethereal body comes first and it's scientifically proven, our soul comes in with our earth. Your body, our our physical body, this thing we put so much weight on.

Every it's a it's a hologram. Our physical body is a hologram. So everything that is stays in the energy body, the ethereal body, whether it's dirt stagnating, turns to density for whatever reason.

If it's emotional wounding or trauma that also duplicates into the physical body. And then it's called a Western medicine illness. Right? So where we're going wrong is trying to take illness out of the physical first instead of

taking it out of the third body, which is where it originated.

So we you know, this is why people have recurring, illnesses, you know, because we can cut it out of the physical. We can zap it out of the physical, you know, chemo it or whatever.

But if it's still sitting in the ethereal body, it's going to come back in. Maybe not. Right. Yeah. I want I just want to, add something to that because this is so important.

What you're saying. I just interviewed doctor. The doctor, Veronique de Sonia, who has overcome cancer twice, and and I encourage everyone go listen to that interview after this one in the, as part of this series, because she not only talks about what she did to reverse it twice, but she confirms exactly what you're saying is that after the first time she reversed it, I think it was nine years later, 7 or 9 years later, when she had a recurrence.

She knew it was because she had all this stress and she was overworking herself. And it was her emotion, all body, her emotions that had led to this next cancer diagnosis.

And, you know, it's such an important aspect about all of this, is that emotions or energy, thoughts or energy are and where is it that's in our energy body?

It's in our, you know, and then our body, as you say. And then that manifests often as disease in the global autoimmune, all that stuff. Anxiety. I mean, you know, I know we want to stay on track, but because, you know, spirit can really go off on all these things because it's so important, you know, so I mean, because I'd like to talk about I mean, there's other, you know, so cancer. Right.

So well, I know that it is emotional most of the time it's emotional wounds. Right. Trauma because that's high level stuff. Right. And it could be different for everybody.

But so well I guess we could talk about that. But so with Sophie, the medicine started working with me. Right. So it taught me, you know, first and foremost, like I was crazy.

The medicine said calms Sophie down. It's vital that before we even give her a dose that I send, I reset her electrical system, which I've been taught to do.

By spirit, be, working with acupuncturists. And, I mean, there's so much to say, but. So first, I have to calm her, her electrical system down in her ethereal body, you know, because it's the one that we can't see.

So calming it down because the medicine told me that no matter what, how powerful the medicine is or any supplement you're taking or anything, you will get a fraction of the benefit of it because everything loses its potency when?

Because if with anxiety, for instance, like Sophie, it's like it's this is how I see it, right? So it's so nothing can move, you know, when there's anxiety or PTSD and all these things are energies not flowing and then it begins to stagnate.

Right. But it's it's true that then when we put the medicine like the plant medicine, since as we're talking about like we put it in there and, and the medicine said if it has to fight against anxiety, the, what's going on in the electrical, in the body with anxiety, if it, when it has to fight against that, it can and it will but it, it heats up and loses its potency.

And what was so fascinating is I was saying this out loud, I was sharing this with Tracy, and Tracy was like, you understand? That's like literally true, right?

I'm like, well, I'm assuming, you know, because that's what they're telling me, you know? So I started to learn that. But, you know, there was talk that and so Sophie would, start seeing better and better, but then if we weren't really, if we didn't do, like, a session every week or sometimes two week, she wouldn't lose the sight.

But it would sort of it wouldn't get better. So one day I was this is really fascinating. And one day I without her on the you know by this time zoom I just I put her, you know, called her forward and put her herb in front of me and I was shown, I was previously up.

Yeah. Uplevel. This is what I call it, just maybe a month prior, where I was shown that we all have this mop. It looks like a mop. Like, because I've.

I've been working interior and, you know, in the interior, ethereal body and physical body and where they, intersect, you know, there's a there's an inner where they intersect there, wherever the meridians and everything are.

And, so I was like, she looked like she had, like what? It was all like a it was just flaccid. And I asked Spirit and God, nondenominational, because that's who I'm hanging out with.

And I'm like, how do I what is this? You know, I've never seen this before. And they told me to just start taking them and and pulling them up, you know, and making them straight.

And when I grabbed on to them, they would light up and they lit up this beautiful, orangy yellow color. Some of them are a little different shades or whatever, but I just started, okay, because I just, I'm obedient.

So I'm doing this and I'm, I'm they're lighting up. I'm like, wow, you know, and they look like they're about, you know, this this long and I did that.

And and then I was like going back around her. Had to make sure.

Cancer, Emotion, and the Etheric Body

And I noticed where in where her in her hairline, in her physical body was, there was one of those strands was missing, and I could it's almost like I could see, like, you know, where there used to be a suction cup on it is there's funny visuals, but it's literally like that because it was trying.

Spirit was drawing my attention to it. So I'm asking, what is that? Is that okay? That's like she's like kind of hole there and missing one of those strands because I don't know, you know, I'm not going to make assumptions and know.

And I was like, wow, that's kind of crazy because, you know, her tumor is here. And so I asked, what am I supposed to do? And this was an incredibly because when there's like sometimes heavy lifting or, you know, leveling up, literally God shows up, which is so humbling and profound.

And my eyes, I always have tears pouring down my face. I said, what should I do? And I heard fashion a strand. So I was like, I was hand is like I grabbed light because light is everywhere, right?

And it's free, which is incredible. So until somebody figures out how to monetize it right. So I grabbed and I, I just fashion this and it lit up and I said now and it I so I stuck it in the whole and I was like wow.

Is that part of what was going on? And I was told Sophie came in to physical form with the hole in her ethereal body. And I was like, oh my God, this is kind of big, right?

This is a this is kind of incredible. And then what they told me is so then her our brilliance of our body. Right. We're so like we're brilliant in every way.

But so what her physical body did to try to protect her brain was to put this it's like this big, like this metal. It looked to me like this metal sheet. Wow.

Do put it here to protect things from coming in the hole through the ethereal. Because usually, you know, things

So to protect her from environmental things or whatever, this barrier was put there, and I called, Traci. And then I did what I was told. I judged that I call it judging the rest of her.

And then I called Tracy. I was like, I gotta tell you something. Her mom, Tracy, and she's like, Bobby, do you understand? Like, the whole thing about these tumors is that there's what we're what Kia Soul is about.

She was like, there's a blood brain barrier in these kinds of tumors, and they encase cells, which I don't even know what that is. Or I didn't until she told me they can't penetrate the barrier, because if they could, they would eat up the tumor.

So when I say and when I understand, like what we are missing in medicine is spirit and God like is an understatement, right? Not just, I mean for every reason, but like to be taught, from Spirit and God.

Such profound truths and science like things around cancer. It just lets us know, you know, the importance of number one relying. That's why I, you know, I say everything begins with faith because if we don't no, no, not believe that we're divinely guided a 100% of the time, that we're absolutely surrounded by our guides and loved ones and God and it's I mean, everything begins there.

But like the information that we can get and and and and and healing our body, our physical bodies by breathing light. And you've seen my you said I've done the spirit breathing the light exercise.

It is absolutely necessary to have a healthy body to have. It must be well for our physical body to be well. And right now we're in this fever pitch of of the need to heal.

And, you know, more and more cancer and autoimmune and all the things leaking God's, which I'm learning so much about from spirit like, it's vital that we start, you know, uniting, getting on our own path, not faith healing and then life purpose.

We're getting in our own unique personal path to healing because. We can we can heal from this, from this place of faith and from this place of knowing that, like our spirit is in our third body, it came in with that, our soul.

And so when, you know, when we, have thoughts that are not kind towards ourself, when we lack compassion or self-love or, you know, all the things that we do in our human brain, all of that sits in our energy body.

It's all sitting there. And when we do that, we are. It's what they show me is like. It's almost like it's it's pulling our spirit from our physical. And it's disconnecting us from our, from our soul or like our highest level. So you know, because this human experience ultimately is an illusion right.

Like you know we can go into all of that. But you know you can let me know you'd like to to talk about. But it's it's also important. It's also important because I know from spirit that if we have the level of illness called cancer in our physical body, there's a lot of emotional healing to do.

And and so what they just what spirit just reminded me of is a lot of people will come and do sessions with me and say, but I had a great childhood, you know, or I this and you know it, which is fine.

Right. But I remember, like when I was on Maria menounos, she said, if, you know, we come in and, you know, like you're saying, we come in and we choose, we choose that before we come in and take a body.

We choose our emotion, our right. Because I know and spirit has taught that like emotional choosing emotional wounds is on our own behalf. And when people hear, oh, I have emotional wounds, so they get really turned off by it.

And the beautiful thing is, all that means is that you knew and you've always known how powerful you are, right? Because they're tools for transcendence, and that's the truth.

So our soul on the other side, before we come in and take a body, we understand that the more wounds we heal, the higher we transcend. If we heal the.

And so we make agreements with other souls on the other side to, you know, bring forward these wounds or these experiences on our behalf so that we have the wounds to heal.

Because when we do, we transcend, right? And and also we agree to the life purpose before we even come in here. Oh, it's a beautiful collaboration with God, right.

And and we want to do it. So we and then we're reminded by our guides who agree to be with us. Hey, you might be all stoked about this right now, but remember, you're going to have amnesia, but you're also agreeing to go into that physical form, completely forgetting who you are.

And you're not going to remember that these, these painful experiences and these wounds are on your behalf and that you actually chose them because you know what a badass you are, you know, and, and and we it's this on our souls behalf.

We want to have the experience of keeping our word with our soul, with our soul. And we want to, which includes life purpose. Nothing happens if you don't live your life purpose.

It's not like you get to God, get to the truth is like you don't get demerits or go anywhere else. You know, if you don't, it just means that when you get to the other side and you're reviewing your life, you know, you may be like, yes, I did it.

You know, like, that's how I feel. Or you might get honors. I mean, it's not I did it again. I blew it off. Or I created one day, like carved my own path for whatever reason.

And I, you know, it just. And it's okay. But it's vital right now for each individual's soul. However, spirit is bringing the tapping and the waking up to you.

If it's physical illness, if it's cancer, if it's job loss, if it's whatever it is. However, your guides are trying to wake you up. It's just time, and it's time right now.

It's time for all of us to come in and start being like, okay, what is it that I said I was going to do? What is it that I said I was heal and help me do that, show me how to do it, lead me to it and through it, and be with me and and lead me to life purpose.

It's vital right now. I have to tell you, you just dropped like a hundred wisdom bombs. It's been just incredible just sitting back listening to you and I resonate with everything you just said.

I mean, it's so inspiring what you're sharing right now. And it's brought up a hundred different things. Yeah. For myself, that, that I want to share.

But I won't share all of it. What I want to ask you first, though, is, So you were working with Sophie. You went through all of that. Now, how is she doing?

Okay. Yeah. So, and it's important to just in insert in there, I kind of got off track that, you know, Sophie did in between there and the judging, the the the mop stuff.

She, we did do, you know, because I asked how do I, how and we've she's done a lot of she had a lot of past life trauma. So I started of the you know, Maria menounos asked me how could a kid come in and already have so many wounds to heal or be responsible for that, to the level that she's created a, you know, a brain tumor.

And, you know, there's a lot to say. It's like, well, we don't know what her life purpose is yet, right? But she had past life trauma that also, you know, created some of this.

So we healed that too. We we went through all that. So now after the, doing all of, you know, replacing the, the ride, she, she was learning to read by Braille when we met.

And she just started Monday. She just started regular school reading on zoom in a regular class. Everything because she can see and. Wow. Yeah. It's incredible.

Yeah. Mind blowing. And, you know, her, her her parents are such huge advocates for this kind of healing. And, you know, you think about had had they not taken the chance to bring this in and learn and stood in their own, you know, faith and intuition, like very different outcome.

Right. But, but we know that there's divine timing and everything, right, and purpose and everything, but, so, so, so it's just such a huge testament, right, to the power of this.

And Sophie breathes light every day and, you know, she has so much fun sharing with other people like, are you do you have anxiety? She's so financially like, read the light with me, read the light with me.

It's hilarious. But she understands and and now she she grabs light and she pulls it and she calls it magic. And, it's just astounding, you know? And some people wake.

I would have called that a miracle before I understood the power of spirit. And I know that I'm just working on behalf of God guides and the person in front of me.

So now it's not a miracle. It's just what's possible, you know, for all of us. Yeah. You know what? I'm just, want to share briefly is what what I hear you talking about is what I would call true integrative medicine.

Right. Unfortunately, the medical industry is kind of co-opting the word integrative and doing 80% conventional medicine with 20%. Yeah, here's some meditation and some massage and things like that.

But what I consider true integrative medicine is exactly what you're talking about, integrating all the aspects of what it means to be a healthy, whole human being, our spiritual side, our mental emotional side, our physical side.

And I've gone back and forth on this over the last 15 years and finding more and more balance every year, where we often get trapped in either just focusing on the physical, just the supplements, just the exercise, just the sleep, etc.

and forget about the spiritual, forget about the mental emotional and vice versa. You know, early on, when I was meditating six, seven, eight hours a day and I was studying monks and I was learning how to heal, you know, this incredible healing experience where a woman just had a stroke and couldn't walk.

She was she was paralyzed and within about a half hour, 45 minutes of doing energy work on her at this Buddhist temple. She was walking around and got her, you know, was out of paralysis and just a incredible experience.

Yeah, long time ago. It's a story for another time, but it opened me up to this whole other world of, wow, we are so much more than just physical. We are energy. We are spirits, we are light.

All these things that you're talking about, and we can also get trapped in that and forget about the physical. We don't. Right? Right. We don't exercise.

We don't. You know, you'll see people who are obese and unhealthy but are very deep into their spiritual work.

Integrative Healing and Spirit-Guided Medicine

And so it's, it's it's integrating all of it. Right. That's what we need to do in our time. I believe that's really what spirit is guiding us to do is to limit what you're doing, what you're talking about, what you're teaching with, everything else that it requires to be a totally healthy human being.

Yeah, I love that you. I'm so happy you were. You brought that up because it is, you know, we need both. We have an ethereal body and we have a physical body.

We have them both. They both need the kind of medicine and what, you know, I wanted to add, what's so incredible for me is that, you know, when I started doing the work with physical illnesses, like, all of a sudden very unique people with physical illnesses, and at first I was intimidated.

I was like, oh, you know, what are the how do I know? You know? And then I was shown how to have like, it's incredible. But I said, because I was calling what I do something else.

There's the Akashic Records. Right. And so I was it was so in this started happening, I literally said to my peeps, which I'm completely reliant on, I said, what am I calling this?

And I heard etheric medicine. When? So because I trust beyond trust 100%, I literally when I go daddy typed in and their medicine etheric medicine.com it's available, you know, for a dollar or something because nobody knew what it was and I didn't even know about it.

So I bought it first and then I googled etheric and I was like, oh my God, this is exactly what's happening. What you're teaching me. Like, I makes my hair stand on this day because I literally am taught.

And what's incredible is I was pre-med, you know, when I and my dad was killed when I was 20, but and then I became a paramedic. I went to Loyola medicine.

And so as my mom said, you know, I, I wanted to be a doctor before I could even pronounce it. And here I am being, like flanked by spirit doctors, being taught, like, all these things and it's a serious medicine because now I understand this day was always going to come, you know, the time that we are in was always the plan.

And so to be able to speak about the need and the necessity for what is, you know, a theory of medicine and Western medicine to collaborate is vital, vital for us to heal, fully heal and then vibrate higher and transcend.

And more people living in life purpose do. How profoundly powerful would that be? I like to imagine that world, right? Because we wouldn't have a pandemic.

We wouldn't have mental illness, you know, or people blown off because they have mental illness that at minimum, we wouldn't have all this stuff if we could all come in first and foremost and be responsible for our souls journey and our own soul's healing, and be dependent on our guides because they're here with us, whether we want to believe it or not, it's still the truth.

So what you're saying has profound impact for the future of humanity, for the future of each individual tuning in and their own health and healing journey.

And, obviously people can can work with you. And I encourage people who are who are interested, go to a therapy medicine.com. Bobby has a free video there.

I've actually been doing it in the mornings. I really like it. It's it's called breathe in the light, which she's talked about a little bit. Try that out. Join her her newsletter.

But you can also book a session with her directly. But in addition to that, as we kind of, you know, wrap up here, what what advice would you give people to, like, how can people, enhance their connection to spirit further?

Like what practical steps can people actually take to connect to their guides, to connect to spirit, to have more of a direct communication with their, deeper spiritual connection to their higher self, to to God, to spirit, to source and to their own intuition for helping find out what they need to do on their healing journey.

Well, you know, it's that. So the spirit talk, breathing, the light exercise that we've been talking about was was

brought to me four years ago during my own healing.

And so I thought it was for me, but, at the time but now here I've been, you know, spirit is a I need to share it because it is uniquely individual to each soul.

And and what we're here, you know what's going on with us. And it's meant to. Because in it, at the end of it, you'll see you. You know, there's a prayer if you want to call it a prayer, if you want to call it just like talking to your peeps.

But it's you know what I did and that's another story, but it's not. You can see my story on my website. How I got brought to this purpose was being stripped of everything but faith.

So and then I asked God help me, you know, and and I said, I need a pretty big sign, right. And, and and the short version of that is like, you start asking, so you're not going to understand most people, you know, there's a lot of people that of course, that this is they're already in the know about.

But see, unless you ask, you're not going to know that you received. And when you start putting down your ego, I don't care who you are. Boy, girl, man, woman.

You know, Christian, it doesn't whatever age, just have the courage to start saying, hey guys, you know, I kind of want to believe that you're here. I'm on the fence.

Like they don't take offense to anything I got. I gave God an ultimatum. I, you know, five and a half years ago and, I just, hey, be honest and say I want to get on this path, you know, can you I need help, see, because we need to ask.

It's a spiritual laws. Well, you know, ask, but it's not a cliche. Ask and you shall receive. But if you know, this is why people think, oh, what a coincidence.

And, oh, you know, that's weird that that happened right then it isn't. It's not weird. It's not a coincidence. It's the reason that we think it's a coincidence is because we didn't ask.

Yeah, right. That's why I call those experiences divine synchronicities. It's divine always meant to happen, you know? Always. And it's so beautiful if we can.

Because this is the way I live life. And now I'm like, I was a real estate agent and here I am doing this. Like what? And because I asked, what did I say I was going to do here?

Please lead me to it. I'm here for whatever it is, right? Because I went through life and then here I am like, are you serious? You know, and this is available for all of us.

Would you have the courage and put the ego down to just say, hey, guys, you know, I want to try this out so, you know, it's not like you want to ask for a lightning bolt to hit the your neighbor's cars.

And you know, has approved the like, why do you need help with what are you trying to figure out? You know, what is it? Should you should I take this job or, you know, start small?

Should I take this job or that job or whatever, whatever. And then tap on the door. Does it open? No. Okay. Tap on the other one. Does that one open? Yes. Great.

You know, it's literally like that. We don't have to kick doors down. We have like, spirit can move mountains for us. We all we need to do is sit back and have faith in, whether it's health, mountains or, you know, relationship mountains or, you know, emotional like it doesn't.

Whatever it is we need is available 100% of the time, 20 47I love it. I love that you're saying that because one of the things that I teach people who, who have a cancer diagnosis is, look, it's taken years for this cancer to form in

your body.

And yes, your oncologist is going to want to rush you to surgery, chemotherapy, radiation. But you have time. You have time to go home and sit down. Calm yourself. Right.

We have to reduce some of that stress, some of that anxiety, some of that fear of the prognosis. Let's get into a state of of calmness, of mindfulness, whether, you know, do a meditation to do it, do the breathing, the like exercise qigong.

I do qigong on a daily basis, whatever it is that can calm you down and center you, connect you to to the spirit within and then ask, right? Just like you're saying, ask your your guides, your higher self guide, your intuition.

Is this the right treatment for me? Is this the right protocol? And if not, show me what is the right treatment path for me, right? Yeah, because. And then you'll feel it. Yeah.

If you are tuned in and you're calm and you're not anxious, you'll have an answer. It may not be in that exact moment. This is what I found times. It comes later.

Sometimes it comes on a bumper stickers and sometimes it's like five for me. Sometimes if it's a big thing, it happens over time through a series of confirmations.

Until I get to a point of certainty, it's like, nope, that's not for me. Yeah, or you're standing in it or you're or yes, it's right there in front of you.

Okay, here it is. Yeah. Or I'm already doing it. I just need to write. Right. So. Right. Yeah. Which is, which is, you know, going back to Doctor V's story, during her interview, one thing she talked about was she was already on and on a natural path for a long time.

She was already eating well and doing all these different things. And when she got cancer, she's like, how could I get cancer? I'm like, very healthy person. I know about health.

Had been eating healthy and living healthy. Well, there were a couple missing pieces that that she was missing in her life that she found out, oh, I need to do this and this and this.

And then two years later, cancer was gone, right? Yeah. I mean, I through natural approach. Yeah. Yeah. And you know, it that's incredibly important as well, Nathan, because it's another piece of advice or spirit advice is again, understand or try to start understanding that there is no other soul on the planet right now with the same energetic make up or life purpose.

We a lot of us have, like for reasons that look similar, there is no one. And I know that straight from God. There is no one that has the exact unique anything as us.

So for that reason, if any kind of medicine, even if it's integrative or it doesn't matter what it is, if you're if you're being put in a box because, oh, you have you're showing up with these symptoms or this or this and you're this age or here's a smoke or what?

It doesn't matter if they're like, oh, here, take this. You know, we have to start tuning in and asking, what is it? That's right. For me. Don't allow yourself to be put in anyone's box, anyone's box.

It's vital that we start working with our energy, asking our bodies. As we've talked about. It's cute, like, I.

Connecting to Spirit, Intuition, and Purpose

I think it's cute because when people's organs will communicate with me, they all have their own little vibration. I like to think it was like a little, by pak, of little sparkles or something like, you know, because it's the pale this

sweetness.

It's I don't know how to explain it, but there's this sweetness, you know, and innocence almost that we must. We're the captain of the ship. Right? If if they can't trust us and we're not like, it doesn't matter if we're drinking water, if we have.

If our energy bodies fluttering, if our lights are fluttering, then we need to calm that down because the water's not going to make it to everybody. And that's how it looks to me, is like, you know, there's organs on there being like, hey, you know, like I need more, right?

Because they're not getting the supplements, they're not getting the water, they're not getting the nutrition, even though you're putting it in your body.

So this is so important to be like, alright, guys, I'm here. I'm taking control of this whole thing, you know, what do we need? And then and then your body will tell you.

And if you're on a ton of supplements right now and you're still like, oh, I don't, I'm not feeling or this or this, what spirit has been telling me or, you know, having me share with clients who lots of them are our nutrition coaches and all this is stop taking everything.

Take stop taking everything for a minimum of a month. I don't know why are they come up with that, but for a minimum of a month, clean your slate and then reintroduce one thing at a time and see how you feel.

And if that one thing isn't making a difference, stop taking the one thing. And then for some reason, it's two weeks in between and then take the next thing. But piling things into an energy body because that's what you're ultimately doing and asking it to break down these capsules and these in.

Which is another thing, take tinctures instead of capsules. And whenever you can. But to ask a already depleted physical and a therapy body to manage all of this and just keep asking it to do more when it's not getting what it needs in the first place is not the right thing to do.

Even if all of those supplements individually are incredible and powerful. And I know there's lots of them out there, it doesn't matter. You've got to figure out what your body needs, both of them, physical and energy body need.

What do they need? Ask them both because they collaborate and you have both. So it's vital. Yeah, I love that. I mean, you know, it's one of the things that you, you asked me a couple of days ago, are you taking a lot of supplements?

I'm like, yeah. And what was funny about it is, I've been having this kind of little thought come up a couple of times. Like, man, that's a lot of capsules I'm taking, you know, like, how's my body responding to all this plant cellulose capsule that has to break it down?

I've literally had that thought a couple of times. Like, maybe I'm taking too many. Maybe I should, you know, switch it up and you're like, you're taking it because I, you're like, I see this energy in your stomach that you're taking a.

Suddenly I was like, yeah. And so anyway, I mean, that's a huge piece of advice right there. Just, I love the idea of, like, literally detoxing your body.

Cleansing. I just did a cleanse, recently. I love cleansing and detoxing, which is a great way to clean out your body. We have, a series of interviews that are part of this you can go and listen to on how to cleanse and detox safely and effectively, get your body clean.

Your body's clean. Yeah. Your body. Yes. And then I love what you said. It's like introduce one at a time and say, okay, is this working? Do I feel is it feel good?

If not, you know, move on, try something else, try something else instead of just piling it all on you, forcing your body to do a lot of extra work. A lot of energy has to be put into breaking down all those capsules too, rather than putting everything towards actually healing the body right.

And I remember with the tincture back to the CBD, THC, what we learn is that, you know, the, the that really does prefer it's powerful to do any tincture over a capsule.

I know it's not always possible. I don't even know. I don't take supplements, but, well, except I just started taking Zach Bush's. Biome or. But, is that the it the tincture, the energy of it would rather intuit where it is needed.

Then you put it in your stomach and that's that's scientifically proven. What you're saying is actually your your mouth is the beginning of your digestion process, and it actually takes 20s.

I've interviewed neuroscience researchers on this. It takes 20s of having something in your mouth for your brain to fully recognize what it is, and start producing the enzymes that are going to help your body to, digest and absorb the nutrients from that.

Right, food or plant or anything. So, yeah, it's like what you're saying that you're getting from spirit. You know, science is validated that. So it's beautiful.

Yeah, it is really cool because a lot of people will say, have you read this book or that book or have you heard so-and-so's, you know, podcast or this the I'm like, no, I haven't, I haven't read anything because I'm like, who better to hear it, right? I and so I trust it.

And that's important to me because I just want to be in service and I want people to hear whether it's physically, emotionally, spiritually, like I that's what I want to be part of.

So, being taught by a trusted source is, you know, means the world to me. So, yeah, I don't think there's any better source to learn from than than the source is. And, Bobby, I just want to say thank you so much.

I know we were planning 30, 35 minutes. We've gone almost an hour, and, And I love it. This has actually been a truly inspiring, invigorating conversation.

I hope and believe people tuning in just got Amanda's value from as you drop, you know, a hundred just wisdom bombs. And I love what you're doing and how you present and share, you know, this inspiring information.

So thank you so much for for what you do and for being a beautiful vessel for spirit. Yeah. Thanks so much, Nathan. And I want to thank everyone for tuning in to the conquering Cancer Summit.

Please share this with friends and family. Together, we truly can make a difference for the future of humanity in ending the cancer pandemic. Thank you and I wish you ultimate health and happiness.

Be well.