Introduction to the PMF Healing Summit Guest

Through. Hello, this is Doctor Pollock. This episode of the PMF Healing Academy or Summit actually is summit. And it is the Academy. In a sense, too. But it's the P of healing summit.

Is, involves Doctor Shealy and Doctor Sergei Sorin, and Doctor Soren is a partner with Doctor Shetty. They've been working together for years now. But I'm not going to tell you about doctor.

Sergei Sorin. He's going to tell you about himself. And actually, his surname now is Sargon. He clearly. Sargon. Sorry. Yes, yes, yes, I have to correct this.

So his formal name now these days is doctor. Sergei Sheely. Sorry. Yes. That's correct. You got it. Actually, there's also a middle name, Leo, that, you know, but for names and one, I mean, that's a little bit, you know, that that gets a little long there, but, Yeah.

Okay. Hold on, hold on. So I'm going to start all over again. I'm going to edit this part out. Yes, sir I love that. Yeah. So hi, this is Doctor Pollock, this episode of the PMF Healing Summit, includes a very special guest.

Who works with somebody highly respected for a very long time and has been in the field of energy medicine and so on. And AJ is the father of the Tanz machine, and that's doctor Norm Shealy.

So I want introduce you today to Doctor Sergei Shealy. Sorin, who is the adopted son of Doctor Shealy. And they've been working together for a while now.

And so rather than me trying to tell what he is, who he is, what he's doing, let's have Doctor Sorin tell us his story himself, please. Thank you. It's an honor.

And it's an honor to be here as well. The company is always, amazing. The story is basically. I'll just cut to the essential bullet points, so to speak.

It started out back in the former Soviet that I was born in the raised in, Belarus. Used to be part of the, what used to be called Russia. So I learned a lot of interesting things in that, in that part of the world, through the years.

I left the country when I was 12. I it was enough to see my my grandmother, who was a pediatric cardiologist, basically working miracles with almost nothing.

And basically the system was not conducive. So that's when I learned, subconsciously, I realized, and I've been using those kind of concepts since you got to use the tools around and outside the system.

That was the foundation. I also have family. My my uncle was a physician. My mom was a nurse.

Sergei Shealy's Background and Medical Journey

And so there's people before that, and otherwise in the, in the field of healing and otherwise. So literally when it came for me to. Well, it was a question, what do you want to do when you grow up?

I was in high school and so on and so forth. So the answer was, what do you mean? After, of course, I'm going to be a doctor. But, you know, at that time I went into the conventional medical system and I did.

Well, I, by, well, the emergency room, family medicine, lots of different things. I established my American dream house cars, lots of things that I thought was basically life.

And, this is a little emotional here, but around 2007, I my life literally stopped on a dime, stopped. Boom. And, that was basically when I was told, that I have the diagnosis, of, nearly completely obstructed colon cancer in the, in this, transverse colon with a two year survival, according to the first time colleges.

This was back in 2007. And, so there I am, I basically a physician. I finally accomplished my dream. I take transverse continence. I, you know, I made, this is it, I did it.

And then all of a sudden, it's over. I mean, the ground, it gets pulled for a pulled out from under me. So that literally set into motion a series of events.

But, I knew right there, right then. Especially when I told them college just told me that I would be dead within two years. He would be dead before I was.

If you didn't leave the room. Literally. That's when I realized I basically I wasn't going to stand for this. I mean, it took me a week to realize that ultimately, you know, and, but every single cell inside my body revolted at that time.

And, and that's when I remembered the the roots and the foundations. And that's when I said, absolutely. Hell, no. Now, this is I'm not going down this pathway.

I did I did do some chemo, but I also started learning. That's when I started the kind of attending conference is, and the holistic approach. I had a number of companies that I set up, along the way, and that along the way, in 2015, I, we were doing a presentation, a conference on binaural beats, frequency, in other words, for the brain.

And this was a company that myself and my medical partner started for a number of years. It wasn't doing very well, but I loved what I was doing. So I just kept on going.

So that conference in 2015, in Kansas City, doctor Norm Shealy came down. He was a friend of my medical partner, and, he brought us to a conference. He just came up to me, and he made me an offer.

Come down to Springfield, Missouri, and, join us. At that point, I was quoting Doctor Shealy, you know, with his discovery of the tensor device, the, dorsal cord stimulator, about 30, 35 other books.

Now it's over 40 over 300 publications of the major pioneer in pain management. And there he is, offering me a position to join him, to learn from him, to be with him.

At that point, I didn't even know why. What it was like. Why me? What did I do? I mean, who am I? I didn't realize for a while that he was right. He picked, he he knew who to pick.

He it took about 3 or 4 years to Grameen to the position. I'll say. I'll say that. I mean, I grew, I grew into it. It wasn't immediate. But, I it's been a fantastic journey right now.

Basically, it's been about seven years now with Doctor Shealy in Springfield, Missouri. We have a practice called the Real Holistic Doc that we practice the holistic principles so that he has started literally since, 19, well, 60s and 70s.

That's when he started his journey. And, you know, along the multiple pathways. And we are doing incredibly well for the people over 36,000 successful outcomes all around.

And, just, really keeping keeping on going. Lots of options, lots of options. So you're still practicing? Yes. How many sessions a week are you seeing patients?

Oh, well, it's the way that we do this, with the way we do, our practice is, we don't take insurance. That's number one. So we're not limited by limitations, and otherwise the intake is literally an hour, sometimes more, sometimes less.

And during the intake, we literally explore everything from the childhood, you know, the triggers, the medical history. But also mental, emotional, spiritual.

Well, does the person know who they are? And we'll get into that holism. And the why, the what and the how. But, there's got to be the entire comprehend of holistic approach, covering a number of angles.

Otherwise it's not likely to be successful. So one of the reasons for your invitation to the summit is because of a device that Doctor Shealy and I don't know what role you had in the original device.

The PMF was Doctor Sheila's original creation, and that's the that that's the Philly sweep or chakra sweep? Since then, because of my interest and because of, you know, the.

Well, we working with a number of people who are absolutely brilliant. I'll say that, we have decided to update the device. And so if from the original plugged in version, where it had only one mode, the beautiful mode, of course, and did a lot of good, but now we have three different modes, and I'll be I'm happy to talk about the device.

So it's been evolved, ever since the time we changed the, the packaging, we change some of the specifics, but the heart of it still remains the same. What doctor ushered into it?

Let me pause us there for a second just to make sure that we integrate. Yeah. So basically your foundation started with this holistic healing center clinic, whatever you want to call it.

Right. And Doctor Shealy has had all these broad range of interests over the years, including natural healing techniques and, visualizations, you name it, basically the whole everything.

Yeah, the whole spectrum. And. Yeah. And he's well known for his, his, I won't call it eccentricity. Eccentricity means moving away from the center. Yes.

Centrist. All right, so you're outside the center. Love it, love it. But, so he developed this chakra sweet device with specific frequencies and a stimulation.

And then from a, AC unit where you plug that into the wall, it you moved it over into a battery operated system, right? Yes. And so now that battery operated system, what's a device called?

How what's the name of the device? Actually, I have a copy or I have a form right here. This is the control center. The control box. And this is the Sheila.

Okay, let me go to Sheila sovereign. Thank you. So, Sheila. Yes? Did I go the right way? E l heal. So, Sheila. Dash. Sorry. Well, that's. Sorry. PMF. And this is the device.

This is the control center. This is the coil. This is what we use to plug into the into the device. Of course you can charge it. You can keep it plugged in.

But the bottom line is you can use it over a baseball cap, or you can just use it as a halo. It looks like a halo. We joking? We joke around that, you know, pictures of states.

That's why. Yeah, that's why it's a yellow color. That's right. That's that's that's my contribution, by the way. We were choosing the colors and one of my contributions and I said, you know what, all the Saints have the, you know, have the golden halo around them.

This is just about the radius. The right size does that. It puts the brain to gamma, which is a great place to be. Why not? Let's let's make it yellow.

You know, it's a it's a halo, you know, now, I don't know. And I've, I've used your machine. I do know that you can actually squeeze it. It's not it doesn't have to stay. It's not fixed.

Is that rigid. So you can no, you can pull it a little bit to the head size. That's right, that's right. And and this is what a lot of people don't, don't realize that if your head is not exactly, you know, circular I, my mind is not I mean, I'm not a nobody is actually nobody is.

Boom. Still works. Actually, as a matter of fact, sometimes I just walk around with a you know, I've been I've been told that I got I got a huge head.

I mean, like the, you know, the ego wise, but I mean just getting it. But, if you, if you don't have a huge head, you won't be able to do this, but this is okay as well.

It's, it's literally designed to be portable. I, I've worked with it in the airports, basically confused the living light side of the security even, you know, just trying to explain what it what it does in about if I five seconds or so.

I mean, it's a little difficult, but what are they saying? Go away. Yeah, exactly. Exactly. Okay. All right. So then you you had the Shealy sweep. So tell us what the chimney sweep is.

Charlie Sweep is a, Well, like the, Norm, that actually was inspired by the fact that there's actually an Earth frequency in the atmosphere. And we talked about that at some point.

At one point in the atmosphere, there's something called Schumann frequency, 7.83Hz or cycles per second. And that frequency is well, that's that well, there's a number of frequencies also.

There's another frequency I want to jump in to, the Earth frequency, not just on the atmosphere, but on the, on the surface of the Earth, which is around ten hertz or cycles per second, whereas.

So you've had this range, the idea behind this, is that and Doctor Shealy has been working with chakras, with energy systems.

Meeting Norm Shealy and Joining the Practice

And by the way, chakras correlates to the nerve plexus. For example, the fourth chakra is your is your heart plexus. You've you've well, you've got your throat, you've got your brain, your brain brain is a center of activity.

And so on and so forth. So you can literally, literally make sense and make use of the words that people don't understand, like chakras and otherwise, but let's call them energy centers.

So there are seven energy centers along the body and the original intention and the device. And I wish I could show you the original device. It was it's actually a little funky looking I guess, but still still works very well, is what it did.

Was it sweeps within ten minutes, from 7.83 cycles per second, plus minus to allowing for human variability and then times two times, three times four times five times six and times seven.

So the entire range goes from 5.83 cycles per second to about 56 point, three cycles per second. If I do the math right, I think yeah. So but that that range literally gives you everything.

And one thing that is very interesting about that range specifically is the 40 cycles per second or the gamma now gamma way. Interestingly enough, I talked to several people and gamma is not just doesn't just hang out at 40 cycles per second.

It's a but just for for simplicity's sake, that's one of the, one of the things that has been researched more and has been associated with Google. The best results. Gamma is amazing.

Gamma is literally why we're here, why we're talking about this. Because this is a gamma PMF. It's the only PMF that I know that does this this great of a job.

Putting the brain into the I am okay optimal state. And this is a state, brainwave state of people who have meditated for decades. So for people who have no idea how to meditate.

And this is an interesting story, how do you teach somebody, let's say if there's a blind there, blind person or let's say they cannot see there's a color blind, let's put it that way, and they cannot see color blue.

So if if you try to describe color blue to them, you how do you do that? In other words, but if you, if you can show them once what the color blue looks like, they, they know what the state is like and they can do the work to get back to that state.

Now, this is this gets now into the concept that the devices are great. This their system, they and they give you the path to get into a better place so that you can well, you can get to the to where you need to be.

But it's the desire, intention and the work that you have to do that a person has to go through in order to train them to train yourself. Neuroplasticity.

It's not something, okay, putting the device on, I feel better, I'm done. That's not how that works. That's not the intention. Although that's fine too.

It's just not the best optimal way to use it. You have to use use this within the comprehensive system, because that's how that works best within the holistic approach and that spirit soul mind that the control center and the body, which is when I, when I, when I say the body, to me it means the lifestyle, the patterns and basically ease or this is what we call this is diabetes, hypertension, strokes, heart attacks.

Those are diseases. We walked away from the ease. We walked away from the blueprint. And let's talk about that as well. I'm introducing a number of interesting concepts here that I that are basically the foundation of my work here, the blueprint of humanity, how that works and how to work.

And so yeah, we all have a blueprint, and we were born with a blueprint, but we could change that blueprint. Yes. Right. By. Yes. Many of the things that you just said.

Let's go back to the, Shelley sorry, machine again for a second. So you have the Shelly suite that was the original. And from there you talked about gamma. Yes.

And so then you added the gamma frequencies. Yep. And so this is, this is the update literally turned on. This is I don't know how well you can see the colors but that's that's one of the things.

All right. Yeah. Exactly. And you might not see fully on the screen this is not the highest grade camera that I, you know, that will will do the job, but you push the button again, different color.

This now is the magic. This is the gamma. And with this in the attached to now technically what I should be doing. And I'll illustrate this and might as well enjoy the benefits.

I'm going to plug in the goal of the coil. And there we are. I'm using the I'm benefiting right now from the device as we're doing this, this this conversation.

I'm very disappointed that you're not levitating, but I'm I'll I'll give it a go. That's okay. Give me give me about ten minutes. I'll forgive you for that.

Thank you. Yeah. All right. So gamma is what are the range of frequencies for gamma that they're, that you use and that in the machine. What we focused on 40 cycles per second.

Hertz. Now gamma can also be found in 80 cycles per second. And there's actually interestingly enough, there's entire range that is being utilized. But the trouble is much, much like with any kind of research that is done, it's the research is done by those who are interested in a certain topic, and the people who are interested in 40 cycles per

second did the research.

So that's how we know about 40 cycles per second. You know, we don't know about 39 cycles per second or 38.5. It might be good. It might be, it might be better.

But again, we didn't. There was no research on that. So the only thing we can speak about is, number 40. So and the 40 is the only frequency that you have in there for gamma.

Oh, no. No, no, absolutely. It ranges, all the way up to 56.3. And so basically, cycles in the Hertz and then the cycles back around to 5.83 again in the course of ten minutes.

So that gamma sweep, in the gamma it's a little different.

PMF Device Evolution and Frequency Modes

And if you're doing a general, the general, chakra sweep, I mean, it just it goes through everything in the gamma. It you do get the benefit of all the frequencies, but primarily what you're focusing on is the 40 cycles per second. That's right.

That's the primary frequency. That's the primary frequency on the CBS. All right. So now there's another program in there too. We do another push of a button.

And you got something called Delta. And this is an interesting frequency because it is it's been my favorite for a long time for a number of reasons. 0 to 3 cycles per second or delta is what I've used, in a number of recordings to induce the brain into deep sleep, relaxation, recovery.

And we actually put that in because we realized that, the, the, the sweep will actually help with the regeneration of ATP energy cellular support, lots of other benefits.

There's actually the list goes on and on. These just the VMs are fantastic and lots of BMS have lots of good functions. I mean, it's just it's it's wonderful. The, interesting thing about Delta that we discovered is that when people started using delta, three cycles per second, not just for sleep, it's actually the, well, sciatica pain, in the neuropathic type of conditions, even even terrible things like, dry, chronic, pain syndromes and otherwise, of that nature, it calms it down.

And, so we started scratching our heads and asking, how does it do that? And the interesting thing is, go ahead. If you have any anything to say about.

And that's with treatment to the brain and using that coil to the brain. Right. Yeah. But you can also apply directly to the area of the nerve and the nerve flexors.

For example, people with sciatica, you know, you put the delta sweep on the right where the lower the lower back is, where, where, where the blood pulls nerve.

Bunch, you know, starts out and, within, within an hour to two hours, and sometimes sooner or sometimes later, people experience calming and relief. And so, so that was one of those unanticipated.

Oh, wow. This is great. You know, we didn't see that coming, but we'll take it. We we agree, there's something that I call the chronic pain brain. So chronic pain tends to create changes in the brain.

So if you're using this to the brain you can decrease the perception of pain from other parts of the body. Exactly. And you know I'll just jump in with a small example, you know, from, from my emergency room experience, when we do, when we get into certain situations, for example, a cold, a person comes in there, they don't have a policy, they don't have a blood pressure.

You know, what? If they're just they're trying to die. Sometimes we can bring them back. Sometimes we can't. You know, it depends on the situation and we do the protocols.

But the interesting thing is you got a person in that situation. So they're they're not awake. They're not alert. You can literally poke them with interest.

Osseous. You can you there's Weiser but rather go right into the bone marrow. And that's an extremely painful thing. And there's so much stuff that happens in that small window of time when we're running the code, including breaking of the ribs.

And I mean, I'm not going into the gross details here and terrible stuff, but a lot of terrible stuff happens. But people don't feel that pain. They're out of it.

They're not present for the pain. And so that tells me, and this has been something that I've been working on. There's a way to control the pain at the site, at the level of the pain.

In other words, you know, stop the injury. Work to regenerate as much as you can on the peripheral nerves. But the ultimate center, the ultimate power is right here.

This is how we interpret things. This is where we take it. And if you can get this listening, the control center in the better place, no matter what the situation is, you'll do it.

You'll handle it in the in the best possible way. Not saying it's going to be pleasant. I'm not saying it's perfect and ideal. I'm not saying there's no discomfort, but you'll handle it.

You'll work with it. I totally agree, all right, so now you have the, the machine, the Shealy saw and machine. And what have you found that it. Well you said pain reduces pain.

What else have you discovered. What other research or experiences have you had with the equipment. Oh. Let's let's start with the original reason and the recovery.

I'll use my own personal example. About a little more than a year ago, March of two of last year, I ended up with a high speed, collision in one car. I went off the road, about a hundred plus miles an hour.

I can say it now. Basically, I made it through, and I'm not going to do that again. No. No intention. That was completely unnecessary. Completely unnecessary.

But again, bad habits. Control center, you know, so the brain decides, the body follows, and then you deal with the outcomes. And that's how that's how it works.

Hopefully we learn and hopefully we move on in a better fashion. That's my plan. So, I, I was literally nearly paralyzed. And I've had a number of other fractures, and broken bones and otherwise.

So I literally I underwent a, L1 through L4, titanium, well, binding. And so, you know, so I, I, I'm literally half titanium, literally left side of my body is titanium primarily, and the center is the titanium.

And it literally took me four weeks to get back to work in the emergency room, doing a 24 hour shift. Now, I was using the PMF 24 seven. I was using other techniques.

I started seeing a physical therapist who told me, do this, don't do that. But the bottom line is, instead of being able to return to work and in at the best at 6 to 8 weeks of minimal with minimal activity, I was full speed ahead for weeks, for weeks.

That's fantastic. And you're talking about the feeling here. Yeah. Yep yep yep. I also did a number of other modalities, but, it's it's amazing when I, when I had the device on me, it felt immediately better, especially during

acute inflammation injury when I didn't have it, I was asking for it.

Other, other things, with other case scenarios, incredible results in the brain. For example, depression, anxiety. It just literally you just day and night, now, not always immediate.

Sometimes takes an hour or sometimes sometimes takes a week. Some people with a lifetime pattern of, depression, anxiety, mental health, it's, they'll they'll take some time.

And I think one of the troubles with a chronic disease, chronic illness is that we are also it's not just physical. You can look on the physical level and work with a physical all day long, just like chronic Lyme patient or, any kind of chronic pain.

But the fact of the matter is you've got to reprogram the control center as well. And not just the not just what's coming in and what's coming out. It's it's got to be the problem, how we perceive, how we utilize and how we respond.

Because you can literally change the entire thing, the entire concept. Chronic pain doesn't have to be the issue now. Same thing with recovery. I've discovered that people, humans have the huge potential to recover and to do incredibly well.

And as a matter of fact, there is no ceiling. Literally. What do you mean by recovery? Recovery up from. Let's talk about the concept of dis ease, lack of ease to, to to most people it's label diabetes, hypertension, chronic pain, depression, anxiety, cancer, you know, you name it.

And then there's the they go to conventional doctors, to, to a large degree. And they, they get drug surgery, referrals, so on and so forth. And, it becomes a chronic.

This is chronic. This is terrible because you're not at ease. You're not enjoying your life. So the key in the, in the, in the holistic approach of what we do is my first step.

I have two step approach to the to people to to humanity. Step number one is take the this out of the disease and just knock it out of there. Literally teach people how to think.

Not so much what to think, but how to think, how to process, how to how to literally re establish the neuroplasticity of their brain, which is the receiving center, but more so to understand and use this experience as a gift, as a, as a, as a blessing, because every injury, every trauma, every hurt that in my life has led me to a deeper, better understanding of myself and application in clinical, clinical practice.

Everything I am as a holistic doc, everything I have to offer physically, spiritually, spiritually, spiritual, mentally, emotionally, physically, all the modalities is because I I've seen everything on my own back, literally, on my own skin, and having that experience, being a patient and being in on the both sides of the, of the spectrum and knowing what works and what doesn't work, conventional doesn't work.

And that's why it's called chronic. This is. Yeah. And then literally just opening your ears, opening your eyes, opening your mind and just literally saying, let's, let's give it a go.

The proof is in the pudding. Change the patterns, change the outcomes. But but that's where the entire holistic thing comes in. Spiritual mind, body. You've got to really work on this.

And that's why we take so much time with people just to understand it's not just here's the here's your script, here's your pill. Have a nice day.

Gamma, Delta, and Pain Relief Applications

Here's an evil, evil device, I mean, and I'll go with even as far as say, I love this device, I think every household

should have this device just because of what it does, or basically some kind of a healing device that basically supports the cellular and the cellular supports and their their life.

But the bottom line is, literally change the perspective, change the change, change the change. The paradigm. The conventional system is failing and it has already failed.

It's a it's a dead carcass, literally, that's starting to stink. And, this distinction is getting louder and louder. So this is the time before, well, we still have time to literally say responsibility. Responsibility.

I am responsible for my health. And so this is where the time and the place to to be holistic, what I call holistic. But you can call it healthy. You can use whatever terms you use.

You know, so the magnetic therapy is one piece. Yes. Right. I definitely and when I, when I tell people this is not a solution, this is not an end all for for all.

In other words it works well. But I've also seen people paradoxically, they get better, but in their identity they don't want to get better, or they're associated with a sicker, sick model.

So they will find the reason or excuse to to feel worse again, or to stop using the device or otherwise. And the most common thing that I get, the most common statement is when I was feeling better and then I stopped.

And now that I'm feeling like crap again. So then the next question that I have for such a person is, well, how much do you enjoy being feeling like crap?

Because that's that's that's your decision. You know, that's what you're doing to yourself and very direct when it comes to people. And, how well do they respond to that directness?

Two ways some people work out, in which case I give them their money back and tell them to come back if they're if they're interested in the in in learning more and with a smile, of course, I'm, you know, I don't discount anybody else.

And I most of them do end up coming back. Some of you some months later. Most not all. At that point, it's a different conversation. Are we ready to work?

So yes, I think just eliminating the pain is not healing. No. Healing is as and all the levels. Healing is on all the levels. Absolutely. Including understanding why.

What why is the pain there? But you don't have to live with the pain. In other words, Doctor Shelly has a very wonderful expression. You you've got to go through the trauma and the and the and the life as it is.

You know, you got to go through it. You can't run away from it. It's, you have to address to address it and basically face it and make the best of it, learn from it, grow from it.

But don't you don't have to wallow in the in manure, really. I mean, you don't have to basically stay in the bad situation, identify it, do something about it, reassess if it works great.

If it doesn't work, do something else. Very important, very important. So even though we have this technology to help us out, again, we need to learn how to do all the other things that we need to do, including changing your changing your mind is what we're talking about.

You have to change your mind. And you have control over that. Yes. There's, there's a as a matter of fact, there's only one person who has got control over, over or over them and that's, that's themselves whether a person takes responsibility and I love that word responsibility.

If a person takes that responsibility and runs with it, they get their life back, they get to build it, they get to build the

life that they want. And then it gets to change the patterns.

So if a person does not want to take responsibility and there's plenty of people like that, especially in the hospital, I still work emergency room. And I still offer some wellness advice, but very cautiously, because most people who work who attend ERS are in the mind frame of fix me, I want to build.

I want the procedure, I want this and that, and then I'll see you again with the same problem, because I'm gonna say I'm doing the same pattern and they see them again, and I go through the same journey again.

So that's, that seems to be one. So one subset, you know, practice very different subset because when people come in, well, first of all, we don't take, you know, don't take insurance.

So when a person comes in, it's cash. And there's a reason for that. There's two reasons. And initially I was feeling really terrible about that, you know, how do we how do I take the other people's cash?

But the bottom line is, is, you know, the in the insurance, healthcare, industry, farmaco mafia, this whole entire con, complex. And we can talk about that, you know, in more detail.

But this is literally a racketeering business. And in order to get out of their hold, in order to get out of there, in other words, control to to to do the right thing.

You can I o practice simply cannot accept insurance. We cannot play by the rules and so by all the people that come in, they know that. And they also know what we do.

And when they know that we're not about the pills, I mean, I'll write a script if I have to. I'll give a device. I mean, I offer unless a person has a pacemaker or pregnancy, which is contraindications.

Not really contraindications, I don't. I'm very careful with pregnancy and a pacemaker. There's a battery. It may be affected in May. Not actually I've had several people who I generally, you know, carefully screened for the device.

And I said, do you have any devices with pacemakers and say, no, no, no, no, no. And then something that's a listen. Subsequently, I, they, I would communicate.

I was like, oh, I forgot to tell you I have a pacemaker. Oh are you okay? Nothing happened. But again it's a precaution. Yeah. And the fact even then a this level of intensity, a PMF is not going to affect a pacemaker.

And that's that's exactly. It's at the 0.2 goals. You know, the, you know, the intensity level, amplitude. It literally is. It's not it's not a high impulse device.

It's really a subtle energy device. And it works very well. To the point, I think that you're making is a subtle energy device. So you can that's why you can use it for hours and hours of time.

You use it all day, even I would recommend is because it does so much, and because it's the goal is not just to relieve the pain for the moment. The goal is to reset the system in neuroplasticity of the central and the peripheral, nerves, nervous system.

So 24 seven as much as possible. And the and the low amplitude, in other words, that's that helps. You can literally wear it 24 seven. Well, as opposed to a thought, it's very hard to maintain a thought.

24 seven yes. And the interesting thing about thoughts, feelings and emotions, emotions, energy and motion, I, I love words, most people are wonderful alchemists.

They, they take the energy and they take whatever is given to them in life. And they, for the most part, we've been taught to turn it into crap. In other words, negative problems.

Issues. And, in the meantime, the well, here, here, this is what kind of strikes me completely, you know, unnecessary. You don't have to really, really wallow in the manure.

The human being has the entire range of experiences. Here's a neutral, you know, here's the negative for what we call negative, here's a positive. And we're capable of this whole range.

That whole range can expand further when you do better things, when you get into better situations. But the fact of the matter is, no matter how crappy, how terrible, how difficult the situation is, there's always a choice.

As long as a person remembers to remember, well, I am a I'm a spiritual being. I am a soul. I can watch this whole thing with fascination with the that's what I do.

I literally I watch the world with fascination. I mean, I do my I do my best, I do, I do what I can to help. I work, I work lots of crazy hours. Emergency room, clinic, education otherwise.

But bottom line is when at the end of the day, I step back and say, oh, wow, what a show. What a show. Good point. What a show. Yeah. So you're talking about neuroplasticity.

Yes. And so what does gamma do for neuroplasticity. Wonderful question. First I'll bring in one of the other applications of this device. And we actually did a research and, Doctor Shirley was the primary, was a primary on that research.

And I was assisting on that at the time, addiction there was there were ten people. This was about five years ago. So forgive me if I'm not as good on the details of this as a, as a as I could be.

But I'm just going to give you the general concept of what this was about. And addiction is a very interesting concept, especially opioid addiction and the very best of the addiction centers, the ratio of recovery long term is maybe 17 to 20%.

I mean, that's what you get when you're paying thousands upon thousands of dollars, really. And most of these folks end up, just basically doing cycle over or around after round after round and that's conventional.

That's the best that they can. They can do for the most part, this is the this is the concept that using the entire holistic approach, I'm not just saying that the EMF, but introducing the concept of the spirit, soul, mind body, reminding a person they are more than their physical body, thoughts and emotions.

They have the power and the responsibility to change. And the if they have the desire, then you, then you.

Recovery, Neuroplasticity, and Holistic Healing

This device minimum of two hours on the around the, the baseball cap or cranium or around the neck as I'm doing right now has basically it's it's in the well now over five years and well over 90% of the folks of the are original, participants are still free of addiction and several hundred families.

Exactly. And that's not. And if you look at the p, p, p ratios and values and, statistics, I mean, this is a this is a fantastic, fantastic result in a very difficult population.

But it also works with depression, anxiety, pretty much, you know, by, through the optimization of the cellular structure itself, literally, through the sweep itself, you we can we've seen better numbers on blood pressure shows sugar.

We've seen recovery on pulmonary functions. We had a person with a post Covid dozens of several weeks later still dropping their oxygen, and they were able to maintain the oxygenation by keeping the device on around their chest area.

Now, it's not really practical to keep the device on them 24 seven. I mean, at some point you're going to walk away from the device, so you gotta use the restroom or something like that.

But the fact that it's then that it's fantastic. Well, what you, remind me of is when you're talking about using the tuning for the device, for, the brain, for addiction, you're, in a sense, putting a floor.

Yes. Right under the under the brain waves. You give you a constant stimulus. So if the brain wants to dip down into a negative state, if you will, it's got a floor right.

So it's less likely to it doesn't mean it can't but it's less likely to. So you're more likely to have them functioning at a higher level of yes. Function.

Yeah. I'll give you I'll give you one example of a person of, of a person who who was able to, basically defeat every, or basically, overwhelm every everything that we had to offer, from lifestyle, not interested.

You know, the, the, the, the EMF did it initially said, oh, this is great. And then all of a sudden you can you can see the eyes on the brain saying, hey, hey, this is different.

And then it's like, oh, wait a second. No, no, I'm, I'm getting well, I'm getting worse again. And you can see that they're going into the same pattern.

There's nothing much I can do for that person if they desire to, to to go lower the brain is that gives the, the strongest force, the strongest, stimulus, thing that we have literally.

So for such a person, until they decide that they want, they want to get better and they want to stay. Okay. It's great. But for those who are actually interested and want to get better, that, that, that floor, so to speak, that that's what it keeps you from, from from trouble, so to speak.

And then from there you can you can consciously choose to where you want to go. Do you want to get better? Do you want to feel better? Do you want to feel more, better concentration?

The weight awareness, relaxation, optimization of, performance, you name it. This is where this is the second step of where I, the holistic, holistic approach is, is fantastic.

Is that unlike conventional medicine that can take you from pain to no pain, the next step is how do you learn from that pain and how do you evolve as a human being in terms of spirit, soul, mind, body?

What lessons do you take from it and how do you get back to, helping humanity? So in a so to speak, I mean, that's that's my purpose. I mean, so another person may have another purpose, I imagine.

But how do you make use of that experience in, in terms of the big picture and, well, holism, holy being able to serve to good to, to, to be, to be our best.

We've talked about this, on our previous summit, the, the pain Solution Summit. And people talk about the fact that you can take that or get of the pain, but we we think of the pain as a nuisance.

We think of it as a nuisance. We think of as something we don't want to deal with. But quite frankly, for most of us, that pain becomes like like often happens with cancer.

It becomes an opportunity. If we see pain as a learning opportunity, then we not only deal with the pain, but we deal with the ugly things that happen in our lives.

That got us to the point of having that pain 100%. I'll share a little story. Since my car accident, I've, you know, I've had, a fusion of L1 through L4.

If I were to use the numbers, that I typically, you know, in a scale of 1 to 10 or the, you know, the faces from from very said to very happy, I can literally say that my baseline is I have a sensation, I have a feeling in the, in the back and in the lower in the legs, pretty much most of the time.

Sometimes it's, yeah. Right now as we speak. I mean, I'm aware of the little humming, you know, going on in the background now. It lets me know, what's going on.

It's not my enemy. It's not an it's it's not a problem. It's not an issue. It's it's a feedback. It's a sensor. It lets me know that if I move. Okay. Stop that. Don't do that. Okay?

You can go this way anyway. So so on and so forth. It literally guides me. But the other thing that was even more wonderful about that is it literally made me evaluate my whole life because I went back to the same concept of why was a racing at a hundred miles an hour to get to the clinic?

I didn't have to do that. That was my own stupidity. And, that made me think about all the all the other reckless things that I've done in my life. And that literally led to a complete turnaround in a lot of basically every other part of my life.

I literally moved from the fast lane into the into the slower lane. Now I can still use the fast lane from time to time, but this is a time to slow down, even take care of myself now.

Allow myself the care, the love. Look at myself in the mirror and say, you know, look myself in the eye and say, I love you. And it's it's wonderful. And from time to time, I mean, when I, when I put in a 24 hour emergency room shift, I need a, I need a good massage and lots of BMF, but well, it is what it is.

Do you wear your machine when you're in the air? Yes, yes, yes. And actually I still speak some people and especially when the administration comes around, you know, but the clinical, the clinical people are all aware.

So do you wear it on your head or do you wear it around your neck? Sometimes on the head, sometimes on the neck. And if I really want to spook a patient or somebody who is really not open to anything new and different, I walk into a patient's room with a halo around my head, and then that leads to a conversation.

I don't do that often. I mean, I there's, there's there's some, you know, if I comes in there that are transparent. Yes. They see you about it looks like you're walking on in there floating.

That's right. Yes. Hey, I'm feeling good. That's all that matters to me, you know? That's all that matters. Yeah, well, so where can people find out more about you?

Real holistic doc. Really? All list I see, doc, dot com. We have information from the, like, dot com. The com. Yeah. Okay. Yeah. And by the way, I had a question, and this is kind of like a fun.

This is funny, but it's, you know, I, I do want to say it because it does, you know, it it was a question of one point. It's not doc, it's not real holistic, doc.

As an animal, it's a doc. But I do want to say something about that because it made me think about something. You know, this whole concept of holistic medicine has been absolutely well, the conventional system has tried to annihilate holism and the entire spectrum of the human being, and has done a fantastic job, covering, a lot of it.

But, one thing jumps to mind, when it comes to health, holism, wellness and all this things that are outside of the realm of holistic medicine. A lot of people are still using the word quack in other words, this is a quackery and so on and so forth.

And so I use the term, real holistic doc as a with a sense of humor. If a person has questions or doubts about that, I'll just basically say, quack, quack, you know, I mean, really take it as it is.

You know, if it if it helps you, great. If it doesn't, you know, use your own experiences. But the bottom line is it's interesting. I'll leave. I'll leave you with this concept.

Holism is everything. Spirit, soul, mind, body. But, doc, you know, even the the animal, the duck, it's a it's a universal animal.

Practice Philosophy, Website, and Animal Benefits

It can swim, it can fly, it can walk. Literally. I think it's a symbol. But getting back to real holistic doc, doc, they are real holistic Dicom. Yes.

All right, well, listen, this has been very enlightening. I very much appreciate, you're joining us, Sergei. Thank you. And sharing your wisdom and knowledge.

They can buy the shiny sorry machine right on the, real holistic doctor. Com or is there a different website for that? No, that's that's that's a website.

Real holistic doc doc com. You can also find other things there, that we talk about frequently and, and in other words, regulation of, mental and emotional, all sorts of tools, devices, but so education, it's got to start with education, knowledge, power.

And then you can choose what's best for you. Okay. Well there again they have a tool that they can use to help sort of balance out the rhythms of the brain, but also the frequencies of the body are very subtle.

And again, because it's so subtle and safe, you can use it for extended periods of time. Absolutely. Rechargeable battery. Yep. And I want one other final comment is, the most grateful patients tend to be the animals or the dogs and the cats, so to speak.

Or the, of their owners, that have the device. And this is, this is actually quite interesting. But maybe a topic for another conversation. Well, no, but I like to expand on that because I think what we found with the BMF systems that I've used is the same thing.

And I used to tell people, I tell people all the time that when you buy a pump system, you don't own it. The house owns it. Dog, the cat and the plants.

I made an interesting discovery. We have we literally, just put our, 12 year old German shepherd, to sleep, basically just, last year, and she was suffering terribly, hip dysplasia.

So, I mean, the, the those kind of, creatures, you know, predisposed to that. So she was she would literally just not be able to get up. I mean, just literally make a mess wherever she is.

I mean, she wouldn't she couldn't walk to, you know, for a poor pup. You know, we we we one day, I plugged the device in to charge it, near the near where the dog was, and I found the dog crawling on to the device.

And then somebody and about an hour later, she got up and she walked. And she didn't do that for a number of weeks, I. And they just melted my heart. So after that, I just left the device right there with her.

But and I've heard similar, similar, stories from many others. Cats seem to love it even more for some reason. I'm, you know, it's, But dogs, all sorts of creatures.

And I have a feeling that everything human, everything that's alive does share a few things in common. In other words, you know, energy, frequency, vibration and animals are a lot less complicated than humans.

You know, we have this control center. That's not always the our friend, but the animals, they feel good. They like if if they don't feel good, they'll walk away.

Which, which program did you find the animals like the most? This week. This week I was going to get gas. Yeah. She's the chili. Sweet. Yeah. I tried to play with a with a gamma, but that didn't seem to, you know, I'm.

I didn't do it long enough, you know? And, and she passed. But, if I have another dog, I'll do it. I'll. I'll work with it. You know, raise her with a really sweet. Yes.

Again. Thank you very much. Fantastic. And all the best, Ali. Blessings to you in the work that you do. For.