Welcome and playful skincare intro

Hey everybody, I'm Dr. Stephanie Remka and I am joined tonight by my co-host and partner in incredible skincare, Dr Marlisa Hurt. Now we may have Dr DR in front of our names, but really we're just a couple of fun ladies that like to like giggle and laugh and we can be on the phone for four hours at a time.

We have done it into the wee hours of the morning, like girl, What time is it? We have to go to bed. We're like 13 year olds sometimes. You know why? Because who doesn't like to play and have a good time?

And I don't know any little girl that didn't love to get into her mom's stuff in the bathroom and play dress up and makeup and all the fun things. And in an interesting way, Rimaan has helped me kind of feel like a little girls in a way and get back to some of the of that instead of chore of it.

So as we get older, I am in my 50s. So is Dr. Marlisa. You know, we, she and I see patients, things can get very heavy at times with what we do. And the levity that this has brought into our lives has been extraordinary.

Tonight, you may see some extra levite. We're going to ask you some questions. And I want to see active activity in the chat. And so let's start with that right now, because Lynette and Linda are going to be tracking some of this and the people who are the most active are gonna end up being in this small little raffle at the end to win free stuff.

We got free free good stuff, not only like stuff really good, stuff healing stuff anti-inflammatory stuff regenerative stuff for your face from Korea all the way.

not pseudo, not fairy dusted, no white labeled, the real deal. Now, so let me ask this first, who has never been to anything like this for a presentation about Riemann before?

Put a one in the chat if you're like, I'm a first time, Rieman Korean skincare virgin, and I am ready to get it done. Let me know that. Then let me know with a two if you are using the product already.

Okay. You're using it. Um, that's a good note. Let me, I think we'll just differentiate with that because I don't really care where you're from. I care why you from, so then tell me why are you here?

Why'd you come? What do you want? what are you most interested in? And I probably will have Lynette shout that out to me at some point, you know, acne, hormonal skin changes, dark spots, wrinkles.

You're just funny and I just go where you go. Some of you are obsessed with me. It's okay. You can admit it. Just kidding. I got that text from somebody today.

What? My whole team is going to be there. They're obsessed. With you. Like, I'm not sure that's a flattering statement at this point, but you're about to see something that I said I would never do.

you won't you you're gonna have to roll me over 10 feet under in the soil before you ever see me wear one of these dumb things on my head i think these look so stupid now and marlisa she knows it but this is how much i love you I am willing to look like an absolute moron if it will help you feel inspired, have a chuckle and want to pull out your credit card and order you some skincare tonight.

So Dr. Rimka is going to do something I said I'd never do. Cause I was like, you ain't gonna catch me dead in this thing. I love you people so much. And if anybody puts a picture of this on the Instagram, I'm going send my attorney team after you.

Because look at this. You said you were never going to do it. I literally am like about to bust right now. This is

awesome. Oh, you know what? Am I supposed to pin myself?

Should I do that? I think that would be horrifying if I was ginormous on your screen. Should i do it? Because I'm about to wash my face in a bowl. This is also a thing I've never done before.

Ever. Much less publicly recorded on a zoom. That's going to be shared with the world. Huh? God, you guys owe me so much. This is awesome. But you know what?

The fact that it works like nothing else, You've got to get every square inch of your skin covered. I mean you cannot hold back a drop of this goodness from any square.

So it's worth it for the crazy looking headband.

Audience engagement and product giveaway setup

Okay, so let me say this. Swear I'm like Minnie Mouse right now, like a child at Disneyland. We have three cleansers. And in a second, as I start my process, Marlisa is going to be explaining a little bit.

So it's Korean skincare and the K-beauty tradition of heritage ancient Korean plant ingredients combined with this ritual notion of slow down, take time, adore yourself, you deserve it.

is a hallmark of it is, a double cleanse. And she'll explain this more in a minute. An oil-based cleanse first and then a water-base cleanse after. So this is very, very gentle and mild and she will explain why the oil pulls out oil, basically, it dissolves it.

Then the water base is going to pull out other things and this a little bit of an exfoliant, You know, more scrubby now we have 2 of those, but you only use 1. This 1, I'm just going to set aside.

But if you want to all you would really need to do is worry about this as far as I am concerned oil and the snow. So I'll show you. The oil then Dr Melissa is going talk about it a little bit give you a bit of info, Because I'm going to enjoy the moment of the taking the time and the slow massage and two parts of my of nervous system and cleaning system detox that this is actually going do.

And she's going explain some things about this. I do lots of pumps. Way I like a lot of it. Hey, I love that stuff. It feels so good. And I always do a first pass over my eye area to make sure I get all the eye makeup off first.

And just the art of slowing down, you know, we've gotten so busy with just taking care of all of the tasks that we have to, and it really does affect our nervous systems when we're just always rush, rush rush to every task and we don't really prioritize time to take care So it's such a wonderful thing to have this incredible tool that is so rejuvenating for our skin, but it also really re-juvinating our entire nervous system.

It gives us the ability to activate our vagus nerve and to create vagal tone. Other things that you might have heard that help with that are like gargling or humming or singing.

And you know how music just instantly shifts our mood when we're stressed out and you hear a fun song and it just immediately strikes a chord in you, doing this ritual and taking the time out to take care of yourself every day is really going to help you bring yourself into a state of calm through self-care.

And then also just touching our faces with the massage, it helps to remove fluid from our face. One of the number one causes of looking older than we actually are is the lymphatic buildup or the fluid build up in our phases.

So when I get all my makeup off first, like she's doing, Sometimes if I have time, I like to do a second pass with the oil and just do little bit of lymphatic drainage and move the fluid out to my temples and then down through the sides of my face.

You know, you've gotta come out the side and down to the neck because this is how everything drains. It's kind of like the dryer hose. If we don't open up those pathways, all the fluids just stays stuck up in our faces and we look puffy and older You know, nobody wants that, but I absolutely love the purifying effect of the moisture cleansing oil.

It has brightening agents in it. it helps to reverse hyperpigmentation with consistent daily use. And it also is like a miracle for getting rid of blackheads and whiteheads.

If you take a little bit of extra time with that massage, not only does it remove the impurities from pollution, if you live in a city, where you've got exhaust fumes, petroleum-based stuff that's in the air that settling on your skin, that is just so unhealthy for us.

And the buildup of petrochemicals that we take in through our lungs and on our skin. We wanna do everything we can to get that out because all that accumulate otherwise is affecting our risk of developing cancer and other illnesses.

So next we're moving on to the Snow Enzyme Cleanser. This stuff is like a magic trick. It is like a magic trick. You just need like, well, I actually just use the size of the eraser.

And it grows. Yes. Like a lot of it. Cause I'm being cleansers literally last. Yeah. I shave, shave with it, but I just doing, it's going to be fun. Well, we'll stop with the armpits.

you can shave anywhere with that. When you put it on, look at how it goes. It starts out the sides of a P and it just expands and is gentle enough to, you know, exfoliate very gently with no texture.

It's an enzyme exfoliating. The combination of the water activating releases enzymes which act like Pac-Man to go around and remove any dead skin cells as well as any remaining debris.

So it feels so good. it's almost like it turns into kind of like the texture of of shaving cream, which is why a lot of people really like to massage at first because that exfoliating action and then to shave right after it literally gives you the softest shave of your life.

And so, so smooth, but it's also very gentle. So it is, you know, it safe for all areas of the body. I'll tell you, these products are such a great value because these cleansers last me like at least four or five months.

You really don't take much and the size that they are put up in, It's such an incredible value, because they last so long. But the main thing is, they make you feel so good.

So we are gonna ask a little trivia question here.

Double cleanse demo and skin benefits

How does your skin feel after you cleanse? I want you to drop into the chat and A, B, C, or D. When you cleans with whatever you currently use, does you skin after cleansing feel tight and dry if you don't put anything on it?

just walking around the bathroom. B, does it feel clean but comfortable? C, Does it feels shiny or greasy? Or D, doesn't it depend on the season of the year, what your skin is gonna feel like?

So please drop that down in the chat. We are tracking your engagement. we wanna hear from you, we want to know how you feel with what you're currently using, because that will help the person that invited you here to guide you on a personalized routine, to help you get the most out of developing your personalized ritual.

You're gonna know inside this thing, we're going to tell you which line. So here's the reality. There's only two choices to make you guys. Just two lines.

Everybody uses the same cleansers. Wash your face. Men, women, teenagers, young, old, acne, rosacea,

wrinkles, wash your faces. Here it is right here.

Easy peasy. If you can only get one, you'll have to decide which one you want to get. Marlisa, which do you usually recommend? If they say, I always recommend both because I really feel like they're so unique.

But if I had to just choose one, it would be the oil cleanser because it does act like a solvent to not only remove impurities from the environment, but it gets rid of makeup and it also dissolves stuck things that are stuck in our porters.

And if you don't start with a clean canvas, the skincare cannot get inside to the deepest layers of the skin. So you've got to start clean. That's why the double cleanse matters.

Now here's a pro tip. Lots of men, male customers, people we know and love. I recommended this as a shaving cream and they loved it. But then a couple of them made a mistake.

They didn't know what they were doing and it's even better. put the snow on and they shave and every man has said, that is the greatest, smoothest shave of my entire life.

I will never shave with anything else but this. So what an incredible gift to give your teenage sons, your young men, you're husbands, daddy, whatever.

Okay, so that's a little another way to use it. That's what I do with my armpits. And I actually use this to shave my legs. But I don't, I'm just scrubbing.

that what do because it's so affordable. Why not? Okay. Now there's only two lines you guys. This one, what we call the dermatology signature, okay, or the radiance on 100 lines.

So it looks like this. I can't do both of them, okay? I was gonna have somebody else put this one on tonight, but we'll talk about it, But it's still very simple.

You wash your face, you put on a toner, You put it on serum, put in a cream. That's it. Now this is for more mature skin. It's oil-based and we will talk that.

But as you answer the questions, we're gonna help you decide. 90% of my people, 90%, I just start here, even if they graduate to that, this what I use.

I'm 52. This is the this is online that works well for me. Marlisa Do you want me just to stick with the booze a boo and the cream? Or do you Want me to talk about you?

I think we should just keep it simple tonight. I love the calming gel product. We cannot not talk college in jail. Don't you think like why? Yes, it should be like skin food.

this Is such an important step. So the common gel You have it there? Oh, yeah. So this is an incredible product. It is eight different molecular weights of hyaluronic acid.

And so the difference in the particle size allows these hyalaronic molecules to go into the deepest layers of our skin. Hyaluranic acid is something that we make in our skincare when we're young, and it attracts 1,000 times its molecular weight in water.

Once it gets in there, this so critical for rehydrating and getting that plumpness It causes firmness, it gets in there and then it expands. And that is why we have results in three days, in five days.

You do not wanna miss this step. It also has 24 karat gold flakes in it, which are highly antibacterial, antiviral, anti-fungal. it is like a first aid kit.

I never travel without this product. If you get a bug bite, if you poison ivy, you just swipe that stuff on anything and it reduces inflammation. Yeah, diaper rash for babies I've done like, and if you're just using it like what I just did you guys.

It lasts like six months. I mean, it's not a lot you see what i just said that got everything I cover my ears with it. Okay. And I take my shirt off and I go all the way down with that stuff.

I mean, I, there is not a square inch in my body that is. Not worthy of that. Stuff right there. He just wants to be covered in gold all. The time you are so extra.

Listen, now I'm feeling cheap. Babies for babies with eczema. That stuff is worth its weight and gold and it is gold. So it's, it seriously, my favorite product.

It is like a first aid kit in a bottle. Okay, now we have the signature thing with the Signature Kit. Booster, serum, booster. So we say boo, say, boo.

And that's what I'm about to do. This is, listen, this stuff is the gold. Are you going to explain about the Biang Pool and the lava water? Yes, so two of our hero ingredients that only we, have we are the only people in the world to have, the ability to use these products in skincare products.

And it is the tiger grass, which is our signature ingredient and it's something that's been used for thousands of years in traditional Chinese medicine as a generic plant.

And then the lead scientist who formulated this created his own strain by irrigating it with this special energy lava water from Jeju Island in South Korea.

And the thing that makes it special is that the galvanic activity from it's pulled from this aquifer underneath an active volcano. So the energy that is charged through that water, it allows it to hold a much higher density of minerals.

The water that we use is very, very special, highly charged with minerals, with this beautiful energy healing frequency, but it is so anti-inflammatory because of the mineral content of just the base of water alone.

And then it has 86% of the tiger grass, our special plant and stem cell extracts. And it also helps to really invigorate and rejuvenate the skin. So that is also an active ingredient.

Well, I want you to explain the barrier. the skin barrier, or I can't, because people don't understand how much energy, how they've damaged the barrier with these harsh products and harsh treatments.

And a lot of what we're doing, like why? And this, we are repairing the skincare barrier. There's three things you really need to care about with the healthier skin.

The skin barriers, the water content, and the oil content. you know it's hydration moisture resistance and the barrier and this whole process and that lava water is so good at restoring this barrier.

And that's otherwise you're exposed the outside comes inside and skin's job is to keep things out that shouldn't and let things in that need to come in.

That's been damaged with these very with retinase and retinals and harsh scrubs and exfoliants and laser treatments and skin peels and micro-needling, right?

So I don't know if you want to add to that since you know so much about it, but that's why we're doing the steps like this. Well, I love that step and it really is something very unique to our line, again, and its trapping the layers of moisture within the skin that provides our signature luminosity that you don t get with any other line.

So once you've trapped that moisture, I find people that have extra dry skin during the first two to three weeks while

they are repairing the barrier function of their skin, sometimes you wanna do an extra spritz of the booster and the serum, and you might wanna to do it twice.

You just wanna keep on trying to trap those layers of moisture before you go onto the layer of protection, which she's starting with now. So our really big claim to fame, this is the product that we sold in Korea two and a half billion dollars worth before it even came to North America.

And this is really our signature product. It has a very high concentration of not only that special energy lava water and our tiger grass extract stem cells that are unique to our particular company.

I started to tell the story about how our lead scientist created his own strain of that plant by watering it with this energy lava water. He took something that had been used traditionally for skin repair and used to rejuvenate skin of burn victims.

And when he grew it, with his energy, lava, water, it went from being the size of a quarter, the leaf, um, to the side of the palm of your hand. With that, he documented that it had thousands of times more stem cells, more anti-inflammatory nutrients, and that is really the major backbone, it's in every single product in our entire line, including this dermatology cream.

This dermatologist cream also though has a lot, It is really bolstered with some incredible anti-aging nutrients like NMN. NmN in the anti aging world is used because it reduces telomere shortening.

So to get really sciency for a second, the more pollution and chemicals and toxins we're exposed to, The faster our cells die, they wear out. And the tails of every cell are something called telomeres.

The more toxins we're exposed to, the more nutrients get used up, and those tails get shorter with every cycle of cell renewal.

Choosing the right skincare line

But through scientific experimentation in using nutritional medicine to rejuvenate cells throughout the body, specifically the skin has a really powerful rejuvenating effect.

And if you were to look at your skin cells under the microscope after using these hero ingredients, they literally look younger by all the hallmarks of aging.

But the number one way to see how long a cell is going to last or how close it is to expiring is look the length of this little tail called a telomere.

So NMN is a super powerful agent at reversing telomere shortening. So it literally is increasing the lifespan of our cells so they don't shrivel up and die.

And when you're walking around with cells that are aged and loaded with toxins, they start to look ratty. That's when we start look wrinkly and that's where our skin starts to oxidize and we get discolored spots on our face.

This product line is loaded NMN and then carnosine, which is also a really huge anti-aging hero product. It rejuvenates our mitochondria, which are the energy factories of the cells.

And even within our skin, when you repair and you feed the mitochondrion, it up regulates your skin cells to a whole new level of function. Not only are they not going to die soon, but they just have a lot more energy.

So they plump, they glow, protect, give us that barrier function back. You know what they do. They take it back to what it used to be like, right? Skin cells should turn over every 28 days.

What's happening is because of the dysfunction and the telomeres and mitochondria, they're not. So instead of

having fresh new cells full of water and healthy lipids, They're getting older and they are getting crustier and are looking dehydrated and dry.

And that's where the wrinkles and sagging are coming from, you guys. This is making it younger. legitimately. So that's why babies look like they look.

They glow. Their skin cells turn over super fast and they're full of fluid. That's where the glow comes from. We're just going back to how you're actually supposed to function before you started doing all the things to yourself that started making your skin cell, your mitochondria, and your DNA telomeres.

get old and crotchy, you know, that's, what's truly going on. It's that simple, right? So you want to say else, I think we need to go on to the question.

Cause I still got stuff to put on my face. Wait a minute. Where are we? Okay. So question three, here we go. We are on question 3, which layer do you skip most often if you are someone who's doing the ritual already?

Is it A the booster B the serum? C, the dermatology cream or D, I do all three. I miss nothing. Who is the most faithful? Cause you might even be using a different brand.

And so there are serums and creams and other things. So what do you do? You're like, like I, you know, and never use a booster. Then you should say that if you I've never even heard of a Booster.

had never heard a booster until this line I'll tell the truth. What? I never sprayed a bottle on my face before, you guys. That was a very new concept to me.

I just, I, never did it. Okay. Um, so there's that. All right. So we want to help you before we move on. Signature versus Radiant Stum line. Again, don't use this line, okay?

Marlisa doesn't us this one. Only sometimes do this. Take this cream. and I put a little bit under my eyes. I do do that like at night sometimes because you get really insane collagen boosting from this one.

But the first line is hypoallergenic. This is not, this will go deeper. It's 100% microfluidized, which means so all the ingredients in here are 100%, made super tiny into nanoparticles.

So they go really deep. The other line is 70% microfluidized. So it doesn't, it goes very, very deep. It's just not as intense. I have incredibly sensitive skin with a, with the condition called benign sebaceous hyperplasia.

I don't want to go that deep as this is, and it's not hypoallergenic. Again, I break out from almost everything, so I dont like to use this line. It's considered for the mature line, i consider that 60 and up, but some people consider it 50. you know, or really dry skin, we have 30 year olds who do use this line have extremely dry, skin and it's been incredible for them.

I usually like somebody to at least start with the hypoallergenic line for a month, let's say, and they will leave this in at night, even if they're 65. But some people just start right out the gate with this.

And so that's why we're asking you the questions to help to differentiate. I would just say age is just a number. I tend to tell people to look at their face.

If you're someone who has lived an active lifestyle and you've been washing your face with the dial soap that you washed your armpits with your whole life.

Look at your, what is your telling you it needs? Because if you have vertical striations in your cheeks, if have a lot of hyperpigmentation in irregularity in our skin tone, we've really got to work with you to hydrate your skin deeply.

And it's so interesting to me, guys, because the worse off people are with their skin care, the worst their can skin

condition is the faster and the most dramatic their skincare gets repaired with this line.

It's almost like the older you are. And if you've not taken care of your skin your entire life, when you start this, the rejuvenation effects are so dramatic.

It's literally like the worst people's skin looks. I'm like, oh, I want you, on my team, to be my customer because it's just so traumatic. Once we start nourishing and up-regulating those skin cells and they start to plump up those vertical lines, even those deep vertical line, which we typically associate with very mature damaged skin, Those, those go away.

We've got incredible results and people it's just the most fun thing to see people fall more in love with their own reflection and to have hope that even if they've started the skincare game late later in life.

They, they get incredible result. It's so dramatic. So in review, if you answered mostly A and B right now, so far, that means you are best for this, the signature line.

This is typically some sensitivity, inflammation, new to skincare, like she said, you haven't been doing a whole lot anyway. And we have again the beyond pool, the nice in my liposomes are in here.

The ceramides are here too. But if you are, so we think foundation and repair, which is where I was, I wasn't severe cystic acting and flare and rosacea.

You want that think that always now this line, right? The radiance and 100 more dance line. Think of it. like severe signs of aging, uneven tone. You will get stronger results with uneven-tone hyperpigmentation, more firmness.

So you'll get more collagen fill-in with this. If you answered mostly C and D, you might consider that this is the line for you. Or if you've already been using a very heavy moisture-based advanced skincare line, a cosmeceutical medical grade, this would be the one you could probably transition right into.

Part two. I just want to say one thing about the skincare barrier because we want everyone to have a phenomenal result on their very first try. Yeah. Just want drop this little truth bomb out here.

Sensitive skin means you have broken skin barrier. If you any kind of irritation, reaction, redness, bump, roughness whatever it is, if you react to anything at all, start with our signature line for at least a month or two which would be one set should last you for six to eight weeks to repair your skin barrier first.

Because when you have a repaired skin, you are no longer sensitive. So you might've had a broken skin barrier a whole life because you've washed with dial soap.

But even if you had mature skin I always recommend to all of my people to start with the signature line first, really upregulate the skin cell metabolism and heal that skin And then like Dr.

Remka mentioned earlier, start to integrate the radiance line in maybe just at night while you continue to use that, you know, nurturing one in the morning.

If you want to start working on the hyperpigmentation or deep, deep lines, then, once you've healed your skin, work at, getting to the deeper layers of repairing skin damage.

Okay, now we'll just do a really quick makeup demo because we got makeup. Okay, and it's really skincare in a compact like what's very unique about this is the cushion foundation and its infused with skincare and has ceramides brighteners and hydration technology in it.

And it say it to cream. It's a liquid, it's powder, and cream in one, I forget. Those are the three things.

Barrier repair and hero ingredients

I should have known that. It comes with a cushion and you can use that to put it on. But I don't use the cushion because it is a little bit heavier. That would be maybe for a photo shoot or something.

This is one that's not even open. I'm going to close that one down. What color is that? So we have five shades. 17 is fair. That would be maybe my teeth.

I don't know what color that is on my system, but it's not me. So then there's 21, which is light. Actually use that as a highlighter. Use three colors at the same time.

Right now at 25, because I am tan. A month ago I was wearing a 23. Now I wear 25 as base. And 27 is the deepest color. And I use that I can use it as a contour.

I'm just going to show you a little bit of doing it. Oh, we also have this. This is them the set spray and it has the lava. It's really nice. Has the same ingredients again.

So we're constantly infusing anti inflammatory regenerative healing mineral frequency water and the Byung pool, as well as a whole bunch of other plants that you've never heard of because they're from Korea.

Like I had to look them all up, Acacia, you know, all those names, Marlisa. I was like, wow, what is all this? The delivery system, the delivery of the set and spray makeup spray.

So this you can put on after your makeup. And it, again, it locks the makeup in. It makes it stay. Everything doesn't like move around on your face when you sweat.

And the delivery system is a little bit different on that one. So it really locks in the makeup. Nice. It's called the set and stay makeup spray. A little more luminosity.

Okay. I'm going to do just half. All right. Let's see. You want me to. Do it? I don't know. That might be hard to that. And I really don' have a, um, no, cause I am not looking at a mirror.

Or so it's a. Little bit. Just looking. At myself. Oh, I have. It's really hard to do half. I may not, that may, not work, but I'll try. So I dab it, you know, and then I just, it's a, a this.

Yeah. And look at how you see it. If you're watching this on your phone, You might not be able to see, But this stuff, It just makes your pores disappear.

It. Like you don't have any, Again, everything in this whole line is to make your face look luminous. It is, to reflect light. And this is just like a magic eraser for our faces.

Look at the evenness of her skin tone and how it doesn't look. This side, that side. Yeah. And this is the 21. I mean, this was the light one. So I do a little bit of highlighting right here.

If you guys don't know that little trick, I could also do little highlighting, running it down my nose case. This is just a, little makeup trick. You could put your lipstick on by the way.

And then you put this on it. But anyway, you would do that to kind of, highlight a bit, of boom light, but see, that's what I did with my eyes. Okay. Then if you want to get fancy, so I think you should order three cushions because it makes most sense.

Yeah, nobody's face is just one color. The way the light hits our faces, we all have contour. So if you just use one like flat pancake face, it's almost like, you know, no, that's just so unnatural looking because we have all contour in the way that light reflects off of our face.

It gives a much more natural look. Also, It really helps to define cheekbones and the contours of the eyelid. contouring under the jawline, it just helps to make a more defined chiseled look to the face, which is so beautiful.

Look at that. Okay, you'd almost think you were a supermodel in one in a lifetime before you're a doctor. Once upon a time. And then we have all these lipsticks.

And they magnetize to each other. So they did a cute thing. We have this lip oil. How fun is that? No digging through your purse like me. If you have a purse the size of a suitcase, they all stick together.

You can find them easily. I'm a blender. Bronzer. Go like this and you can just do a little bit of where the sun would hit. That's really what I end up doing.

I mean, do you see how it looks like there's a filter on the side of my face? I'm not that this looks bad, but you know, I like. I can't read anything.

Let's guess. The one thing I think this is symphony pink. So these are. Hence their stains, you guys, i'm trying to do one half and not the other, Yeah.

You're really going to do the whole thing. I know. It's really hard. Listen, now one thing, these have crazy lasting power. They stay on your lips, but you do have to make sure what I like to, do is actually go over my lips with the brush when you're putting the compact on first.

And it really gives you a nice definition around your. But you've got to let this step kind of soak in for a second. and then it will be locked in for hours.

It will not come off no matter what. You could eat a sandwich, you could bite into a muffin, it is not going anywhere. I'm gonna do the other half just to do it so you guys can see real fast.

So if I am in a real rush. See how fast this is actually? I mean, I have highlighter and a little bit of bronzer, but I could just go with that. They don't look bad.

And I'm like, it's not thick. It feels like nothing. You never look that you are the definition of I woke up this way. I honestly, you're the worst person to be demonstrating our makeup because you look amazing without it.

But I got to say, this lip tint is so unique because a lot of times these makeup stains, the lip stains They're like dry and your lips feel like a desert and you go to talk and can't even move your lip and it's like they're just so dry.

These are called butter lip tints because they feel Like butter. They are infused with collagen, ceramides, they hydrate, plump and wear beautifully on both lips and cheeks.

You can also use if you want a little touch of color. On your cheeks you can highlight in your you know, like your eyelid just like a tiny little touch and then just, you blot it out, blend it, out and it then you have like, a whole look that's all blending together it looks so good.

That's right, I forgot about the blush. Thank you. So you could do that to you guys. eyebrow, just with the whatever shade darker, one or two shades darker.

So not all of you might use the 27 as your bronzer or your highlighter. You might go to 25, might be yours if you're putting 17 or 21 on as you base. And what's amazing is you get, it comes with that and you a refill.

Many people have been throwing out the box, not realizing a whole nother refill was inside the Yeah, many people threw them away. They're like, what? Yeah.

Underneath, it's like two. It's a two-fer. So it going to last you months. I mean, in many, people that's six months long, I might use it a little bit more because I wash my face and makeup and then film and do it again.

And so I have to do this three, like this is the third time today this happened on me because demonstrating for people. OK, so let me, we had questions about that to help you actually figure it out.

Oh, yeah. But the answered mostly A's. you might be fair or light beige and your best lip color might signature red. What's your favorite color of the lipstick?

I like symphony pink and brick red I Like the pink, and I liked blending it with the nude I I've never worn like bright red ever. I always envy people who do what I put it on and feel like I'm I just I can't do it.

But I'd like to kind of mix and match with colors and love using that you know, lush nude to be able to tone down the other colors a little bit to more in my comfort zone.

So it's fun to have, I'm always a mix and matcher anyway. I love to kind of blend the tones together. Oh wait, we have another engagement question. What lip color do you usually grab?

A, do usually you grab a bold red or a coral? B, a soft pink or mauve? C, warm nude or peachy tone? Or D, I'm scared of lip color, but I want to try. So show us, drop it down in the comments, let us know.

What is it, what is your go-to? And then we're gonna give away a raffle prize too. for the people who had participated. Thank you guys for showing up to our silliness and watching me with my funny bow and listening to Marlisa be so supportive.

She had to step in last minute because my planned partner was detoxing today and she is purging and so she needed to rest. So I was like, Marilisa, could you come in and help me?

Because there'd be a lot for me to do by myself. But she says, I got you, girl. And I appreciate it. It means she did that because she got your guys. Somebody's wearing red.

They came in. OK, it came late. So if you came late, then don't worry about it. You won't maybe know all this. So based on the A, B, C, and D that you answered, tell us in the chat.

I mean, you know Marlisa and I think that your ritual should always be signature. But based that, see if your a RAD candidate, say A my ritual is the signature line.

Makeup demo with cushion foundation and lip tints

Or my ritual is the advanced rad line on the radline. And then if you know your shade, you think your shades is, we have 17 is fair. That's my other one.

Is 17 a real color? Yeah, it is. 17 as fair, then we light, and we had light beige. Look at all the colors. I know them by the numbers. Natural beige is 23. Tan is what I'm wearing.

So I have tan all over my face. I had 21 light there and here. And then I 27 deep as a bronzer and a contour on the cheeks. That's Symphony Rose blush.

This is Symphony rose and signature red combined. Is what i just did. Just so you have an idea of what color. Marlisa, are you 23 and 21? What would you be?

Yeah, exactly. Yeah. You got me. So that's, you know, kind of see it. Who's in the chat and who's new? I'm going to unpin myself because we're going give away the prizes.

I haven't been able to watch the Chat. Lynette and Linda have. Maybe we give a way to signature kits since Marlisa and I are biased that everybody should use that.

Who's going to win? Who has been participating? So we do have, we could do rad kit. We could, you know, signature kit, so it could be somebody who's been using signature and is ready to graduate or, what name you got?

You got a name for us? And we see if they got to be on the call to when. That's you Lynette. So, We've been

tracking and There's one person on here, they don't have a name on, here iPhone 9, so we don' know who that is, but the other one.

Well, it's been tying. So we've got that name, we got an Evelyn Eternal, she's. iPhone nine is Monica, I think. Oh, no, sorry. I can see, maybe. You better talk up, speak up.

Who are you, boo? It's Monica. I couldn't find the damn microphone. Sorry. Monica, are using the product yet? No, not yet. You said a while ago, but I haven't used the makeup and the signature line.

OK. Well, I just decided she won. She's getting one. Who else won wins? I'll give away three. Let's go. Well, we had Evelyn Eternal and then we have the Jacelyn Hardy.

Yes. Evelyne, who's Eveleyne? So you have to, you guys need to send your emails to us privately, like right now to Lynette privately. Lynett or Linda?

How do we do that? In the chat? Yeah. You know, can you figure it out? Okay. So who's the other one? Did she respond yet? Jason is from Hawaii. That just showed up.

Jason Hardy. Okay. Yeah. And Evelyn eternal. So Jason, Evelyne, are you from Peru? Yes, I am from Peruvian. I don't have my camera on because I'm like in pajamas, but I ship there though.

We can't ship it there. It's gotta be where we can ship, unfortunately. Maybe we'll figure something out. Get her email and we will figure out something, but let's do another one.

I don't know what they're gonna do with that. Okay. The other one is Lindsey OT. Awesome, I'm here. Yay, she's an occupational therapist, I'm gonna guess.

Indeed. Were you laughing at me with my bow on my head? That's what they look like when I push them. I am sorry, but we all hate OTs because we're like, God, hate you right now, man, so much pain, you're so mean.

And then we were like thank you so for helping me when it was awful. Evelyn says she has a friend in the US who can receive the gift or the prize for her.

Oh, awesome. So then just we need email. We need to talk with Lynette and we're going to need get that person's email so we can contact them and get their information.

There's an actual form to fill out. I wasn't that prepared. Oh we have a form. Whatever. Right now we email, name, cell phone, give us as much information so that we could get the prize to everybody.

Did we get all our winners? I don't have any information to me yet. I don't, I just have Jocelyn's email is all I need. Lindsay's e-mail and Evelyn's.

Okay. And, or you guys can email me connect at drrimka.com. C-O-N-E-C-T at D-R-I-M-K-A dot com. Connect at DrRimka dotcom say in the subject, uh, Riemann glow up winner.

I need a full name. I needed email, mailing address, all the things of whoever. OK, from the three of you. Awesome. Well, unless we have any, is there anything burning desire that was in the chat that I, that we can answer?

This is the last customer glow up opportunity that were going to do for a little bit of a hot minute. They use me as the, the wrap up kid. Uh, everybody was tired to like, listen, we so tired.

We've been doing this for, you know, We have been this every week for months. Hola, Hola que tal? Everything's good. Diego's chasing me around. J Diego is chasing And he went, he muted.

Yeah, we could should mute somebody just me. It's okay. I guess we'll say goodbye. Any closing words Marlisa.

You know, I am so passionate about ingredient safety, and we have not talked about that yet.

I mean, that was really, we can get into it. Listen, anybody that wants to go, cool, because we could drop some science on you. Get back to whoever brought you here, get their link and order for them.

And I'm going to beg you to not go to Amazon, to no go Walmart and illegal resellers that should not be there that are stealing money from your best friend, your sister or your mother-in-law.

Please. Okay? These are people working independent businesses trying to pay their bills, trying get their kids through college, try to retire. Please honor the system and go to an authorized seller, which is all of us on here.

And don't buy from me if your sister's selling it. Go get it from her. Okay. All right. Drop a little safety science on them. All right, well, a lot of people don't realize that women during their personal hygiene routine and getting ready in the morning, they can be exposed to over 80 different chemicals that are related to breast cancer or hormone disruption that can lead to other illnesses over time, as well as neurological issues in children and themselves, ADD, when we're younger and trying to function.

Dementia as we get older, the longer toxins accumulate in our bodies. So typically, Um, the average woman is, is you know, in the name of hygiene is intoxicating her system with the bioaccumulation of things that do not nourish ourselves and anything that does not Nourish or serve us in a constructive positive way is guess what?

It is sucking the life out of us and the longer things soak up through our skin. It takes a lot of. biological energy reserve to be able to offset and get rid of those toxins.

So the thing that drew me to this line was the standard that they set in the industry of avoiding over 3000 questionable ingredients that are commonly used in US skincare products that Riemann as a brand standard has taken the initiative to set a new bar in industry to avoid all of things.

And so They are a lot more in keeping with the European standards for formulation, which consciously avoid about 1800, but Riemann has set an even higher bar than what's allowed to be sold in Europe.

So one of the things that you commonly see in US products is the abbreviation of PEG, and that stands for polyethylene glycol. Now, when you're working with US-based products, this is something that is cheaply made, it can be derived from petroleum.

But in Europe, one of the standards is there's other ways to make it, which is actually derived form plants. The processing and the standard that Riemann has in addition to avoiding those things, I've gotten a lot of people who kind of raise an eyebrow and they might not know the deep science of how products are formulated and that there are different echelons of quality.

in the process. And so Riemann is a brand, again, under that umbrella of sometimes we just throw it out there for the general public by saying we're more in keeping with European standards.

Those who know what that is might ask us on the side. One of the things that I'm really passionate about is just empowering women to know that we have a band that they can trust.

These are things we can use on our children. My daughters are in their 20s. I am so passionate helping women know how to create lifestyle and, and that will help them to have healthier babies.

Winner announcements and ingredient safety science

You know, I only want to put things on my body that I know are contributing to my health and in the name of beauty. So many women, so many teenage girls are having difficulty with periods, PCOS, you know even acne and hormone disruptive issues, horrible mood swings.

And it comes from the perfume that we breathe and all these things that do to try to be sexy and attractive. They're actually just sabotaging our health at a very cellular level.

So the reason why I am passionate about joining with this brand is because of the cleanliness standards. One of things might not be clear to people who don't have a chemistry background is that when we have the letters PEG on our lipstick products, it is according to the European standards, which technically it has tested at the finished goods level.

The risk from the product comes in at if during the manufacturing process, chemicals can be given off and that chemical name is one for dioxane. And so as a brand standard, We take in products, we test those raw materials to make sure that there is no 1,4-dioxane in the product.

We also test our finished products to makes sure nothing has formed that has been risky in process there. So our lipsticks are tested for purity. There is, you know, no potential carcinogens in our products.

and the emulsifiers that are necessary for it to have that butter-like feel are only sourced from the purest ingredients that not concerning to contribute to hormone disruption.

So you won't find any shortcuts in our products, no green washing, pink washing. We have Breast Cancer Awareness Month and I've been on the board of a cancer nonprofit for over 10 years and one of the things we try to do is get rid of brands that will throw a pink ribbon on their product while they're selling a product that contributes to cancer forming in people's bodies.

So, you know, I don't want to call out any, any national brands. That do that, but it's basically just, companies trying to look like they are compassionate to protecting women from increasing their risk of cancer.

And they really not, they just playing a marketing game and they still not committed to keeping those toxic ingredients out of their products. So this company doesn't do that.

We don't have greenwashing, just clean, effective products that work that are certified to be free and tested to free of those concerning chemicals. For any other sciencey people who happen to join us tonight, I just wanted to assure you that If you have any questions about anything, please reach out to find out the details because we got the answers for you, Dr.

Rimkin. I don't put our names on anything without doing a deep dive and making sure that it's something that we would put on our own children. And we want you to feel confident to be able to put these products on yours as well.

So. Thank you. Love that. Yeah. There are some very different ways things are made and extracted in companies. Like, although, well, I don't want to get I want cross pollinate so like, we might go, yeah, like well no that's a poison if you eat it but it's medicine if use it like this so there's different things so sometimes you see the label, that is not how it is made here.

That is how they do it in Korea, so it isn't even the same thing. I can put three glasses of water in front of you, and that's water, but one can be from raw sewage, one from a tap water from Flint, Michigan, or one could be volcanic laval water.

They're all still water! Two are going to kill you. One's going do it fast, one's gonna do moderately slow, and one is used in Korea for diabetes. Yeah, for hangovers.

They use it as medicine. I mean, I was drinking it when I bathed in it. And I'm telling you, you feel off the charts when you can drink this. Personally, it's the next product that we just drink the water because that'd be fantastic.

Shipping water in bottles to drink is incredibly expensive, and there's a lot of plastic involved, so blah, blah. But they drink it in Korea. This Jeju water is a very special thing that you buy.

And we are the only people allowed to use it. He's the one company in the world that can use in products. So on that note, we'll leave it, We'll end on the science.

You can feel good about having your 13-year-old use this, And you can about your 86- year- old grandma using it at the same time. Absolutely. That's what's nice.

Okay. All right, you guys, thank you so much for coming. Have a great night. Winners, email me. That'll just make, we'll make it easier. And thank Dr.

Marlisa. Thank you, Lynette. thank You, Linda, for helping us. We really appreciate it. Good night, everyone.