Introduction and Guest Background

For. Welcome back everybody. I'm your host, doctor Greg Eckel, my dear friend and colleague, Doctor Christine Schaffner. Talking about going beyond the physical body with energy medicine.

I'm going to give, a bit of her background. She's board certified, natural path, a doctor who has helped thousands of people recover from com plex chronic illnesses through online summits or Spectrum of health podcast network of eminence health clinics and renowned online programs.

Doctor Schaffner goes beyond biological medicine, pulling from all systems of medicine and healing modalities, helping patients reclaim their wellness and reveal their brightest light.

With her diverse skill set, she seeks to improve access, outcomes and speed of recovery for patients struggling with chronic, complex and mystery illnesses.

Patients travel from all around the world to reclaim their wellness using her eco system and terrain energy analysis, clear blocks and optimize flow the eco methodology.

Doctor Schaffner, welcome aboard. Oh, thank you so much for having me. It's always so lovely to connect with you. Likewise. And I'm really excited for our discussion here because you are in the field literally and really helping people around the globe and in person and online, and it's a really unique position to have a clinician of your stature on speaking about what is actually working in the real world and really just bringing the, the knowledge and, and the, the data base that you've got.

So I want to start out with this topic going beyond the physical body with energy medicine. What do you mean by that? Great place to start. And this is such a passion of mine, and I feel very much a student and that of course, we know we have this physical body.

But I also look at beyond that, because you mentioned in my bio that we're always trying to figure out the most elegant path for our patients to heal.

And I don't know about you, but I feel frustrated still with how long it takes people to get better. And so I'm trying to understand how can we really, you know, understand that?

How can we navigate them and really like, you know, see, like we're we have this unlimited potential to heal. How do we access that and make things a little more easily and smoother for patients.

And so that's where I come from. And when we think about the physical body, what we can dive into and how we're highly interconnected, there's really no separation between the physical body and the field.

What Energy Medicine Means

But I think for right now, we'll just kind of give the picture, that there was this bio field that surrounds us and that actually, Doctor Beverly Robach, who I'm sure you know, her work, she put the term bio field in PubMed in the 90s and allowed us to have legitimacy of this terminology.

That has been ancient wisdom. But the more you know that we have to measure and understand this, the more knowledge we're able to share. And so this bio field is generated from the electromagnetic energy from our heart, but also the bio photon emissions from our every cell in our beam.

It's also subtle, the subtle energies that we don't always know how to measure, but we know from ancient traditions

are there. And if you work with patients with your hands, you know that they are very much present.

You know, in our experience of connecting with people. So it's this field of information and energy that surrounds us. But it's not just emanated and, you know, it's not something we're just emitting.

It's something that we're also receiving from. So this field actually has almost this architectural blueprint of information, how it's described that actually can give us almost like the recipe or the barcode for our biochemical reactions.

Again, I'm oversimplifying, but to help people understand. So how I love to think about it. If you have a disruption in your field or just say, let's say for instance, we have a disruptive pattern or noise and we can get into all the meanings of this in your field.

That's going to actually be very disruptive to your biochemistry in your body, and you could be taking all the B12 in the world and all the anti-parasitic and all the ozone, and you're corn.

If you continually are getting the signal in your field that could actually be really, really the true root cause of why you're not getting better. And this disruption in the field often is, you know, not a physical matter.

It is a emotional or traumatic matter or a past life matter or a memory or, you know, or it's encoded and sound that is really disruptive to, you know, again, our, our, our nervous system, on that level.

So it's many of these things that are beyond our physical nature. And so I think again, when we're playing with these ideas of energy medicine, we need to understand about this field.

And then I like it to take it a step bigger and think, okay, we're swimming. Our bio field is swimming in this unified field. Again, I'm a very much a student of this, and I look to people like Doctor Joe Dispenza and Naseem Harami and his unified field theory.

And it's really this idea also the electric universe. Walt Thornhill, I believe, is another person to look up. But it's very much this idea that we're not in space is not this empty vacuum, but it's this highly charged space, and that really is this sea of information and energy.

And I think about it, if we can get the physical body in a more coherent state, we can talk about what I mean, and we get the bio field in a more coherent state than we actually have an opportunity to access and observe the unified field and a maybe have a stronger connection with that.

And then on that way, we have the potential to really draw from that, to get what we need physically, but also emotionally, spiritually, mentally, and all of those things.

So I know I just rambled for a little bit, but that that's really when I think beyond the physical body. I think about the bio field. I love it. You listed a few of them, but I wanted to be explicit it for folks.

You know, you have talked before we got on about the space between. So there's, you know, these things from ancestral traumas, our own traumas, there's toxicants, pathogens, those things that are surrounding us.

Basically, we're swimming in the plasma of the universe. Right. So how else do you frame that for folks? Yeah. You know, again, there's a lot of people talked about this from fields.

And then Eileen McKissick, who has biofuel, TuneIn. We know, though, even through the work of, hard math, right, that we have a measurable electromagnetic field that's about six feet, around us and 2 to 3ft on the top and the bottom of us.

And it's terrible and shape and it is, a plasma field. So that means that, again, it's not this empty space like we've illustrated. It's this highly charged space.

So we know it holds information just from looking at it from physics and quantum physics. And then we have people who work in these, you know, healing traditions.

And that have found that we can actually, this is really the work of Eileen Cusack. She has this bio field map and the bio field anatomy map, and she found patterns through her career that, are very reproducible, like in very I mean, everyone's unique, but of course, there's she saw enough that she can have a map of it and see, like, if she has a tuning fork and puts it into your field, she can actually read where there is dissonance.

So again, these are principles of sound. So they're very simply like to understand these principles. Coherence is health. Coherence is this uninterrupted flow of information.

It's when we're communicating while we're in alignment we have kind of we can harness our energy. We're we're in a healing state and incoherence or dissonance or typically these disruptive patterns that actually give disruptive noise or signals or really working against kind of, you know, the flow of information.

It's the interruption of flow of information. I'm always working on these definitions. I'm sure you have. You know, you're out there trying to always like, how do I explain coherence and in coherence.

But that's where I stand today in my, my knowledge.

Biofield, Coherence, and Unified Field

And so this idea is, you know, you can find through the use of, let's just say, her system through the use of two new works, when she encounters a disruptive signal, it actually hear, she can hear it, it's actually different.

And then she finds that depending on where it is, whether it's, you know, close to you or far away from you, that can be timeline. So the, you know, the closer versus the farther is, you know, either when you're born or kind of a new trauma or a lineage trauma, and then where it is in the field, let's say we always used to deliver, right?

So, you know, deliver there's going to be some suppressed emotion of anger and reason. And I believe it's around the father. Energy is what is kind of the father lineage or the father parenting, where much of health in life is just really understanding our parents, how we grow up.

And, you know, parental programing is what we came in to. It's just a lot of, you know, just how we're wired and how we try to come and heal and understand that.

So so, you know, we'll hear that and find that. And then her her technique is really profound, but it's quite simple. She just adds coherent sound to the field that starts to entrain and those patterns to become more coherent.

And it's almost like everything gets back in line. So, you know, we think about like, we have to talk about all this and we have to like, dig deep and get rich ties and go to the memory and, you know, and whatever.

Some people really need to go through things. I'm not saying that, but from a healing perspective, it's really removing the noise, removing the disrupted pattern, creating coherent information.

And the body falls into place. And so she uses sound. There's also, you know, sound, I think in many tradition comes before light. And so that sound is really kind of a profound way to look at it.

But there's also, light. So I mentioned, bio photons. So Doctor Fitz, Albert Pop found out that every cell and every living organism emits an ultra weak, emission of light, that he measured with a photomultiplier.

Unfortunately, we don't have those in every clinic yet, you know, but maybe we, But he found that there are properties that the cells have. So healthy cells have this, like, Goldilocks kind of amount of coherent light.

And then depending on the pathology, whether it's cancer or even auto immune, it's either a leaking of light or a

dimming of light. And then when you think about the field, that can be, whether or not you have coherent light emissions coming from you.

That's a your field is a summation of that light. So the best technology I know at this time until we get a bio photon oh by air photomultiplier to measure bio photons in the clinic is to buy a wall camera.

I use that which is, acrylic in photography. So it's looking at the light emissions from the hands. It's measurable. And then it's, it's actually using algorithms to put a field map around the body and finding kind of patterns there.

So, so we know there's sound, we know there's light, we know there's electromagnetism. These are things that live in the space, and they are ultimately, they're, you know, there's lots of, I think the things to validate that there are it's encodes memory of our trauma.

And then it really can also connect us, you know, probably to, again, whatever people's belief systems are, but also, what came before this lifetime for some people that's in their opening, you know, openness to look at, if there's a linear ancestral issue or a past life issue, some people have been able to access and look at that.

So I, I hope that all makes sense. Yeah, that was great. And I love that. You know, we started out with the kind of the disruptions in the bio field and then immediately got into a coherence talk because that was the next line that I wanted to follow with you.

This whole company. And I'm wondering on, you know, we started out with this kind of the premise of wanting to expedite healing and, and ways to kind of the snap of the fingers of like, let's just change reality.

So I'm wondering if that's a good lead into this whole concept around unified field and, and what is that like? How are we incorporating that in how do you incorporate that into a clinical realm of, in the, in the modern world?

You know, and, and having that in a discussion where we can relate to it. Yeah, it's a great question. And again, I know I have a dear friend to you know, I, I it's just how I'm wired and my perspective for this lifetime that I really want people to have access to unlimited potential.

And so I want people to have for me like how to alleviate suffering and, you know, get back to life and live a purposeful life as quick as possible. And I don't know, maybe I need to be more accepting of where people are and, you know, whatever.

I just want to preface it because I know there's like, oh, yeah, you know, like perspectives, but I'm coming from this place is like when you see the people we see great.

Like, you want to give them all the tools because ultimately I think there's a huge manmade component of why people are suffering so much. And so we give them the opportunity to access beyond manmade in order to really connect with our true nature.

That makes sense. And so how I can make this accessible and a clinical setting is that, again, I know we can connect over Doctor Joe Dispenza, but he has such a powerful quote that to me all the time.

Right? So he says to change matter with matter takes time. Right. And I think I think we know how to do that. I mean, clearly there's pills and I want to tape and do things and functional medicine is really matter to matter.

Right. We're just looking at biochemistry. How do we, you know, manipulated in the safest in a most natural way? But that takes a while, right? Yeah. His other line after following up around that is when you change the field, you change matter.

So this is the this is the opportunity to have faster healing. And if you've been to an event or another kind of, you know, community that follows these principles, you see really wild things.

You see things that don't make sense with your mind and you want to be able to understand so you can share with more and more people, like people healing from stage four cancers, getting up from their wheelchair and walking after being in chronic pain for decades.

Having a genetic illness and being on a transplant list, having a new lease on life and not needing that anymore. Like things that like we don't have our brains can't comprehend.

But I think trying to understand more and bridge that. So again, with the principle of quantum physics, the more that we have a language to observe this a lot more, we can invite people to observe this in their own life.

Right? You know, you have to you have to understand it on some level to be able to access it. So you know what that means. And I, you know, the for my patients who want to go to Jefferson.

So I'm very supportive of and then, you know how I bring it in the clinical model is how I feel like I can be of service to people at this moment in time with what I'm able to do is that I feel that my job is to acknowledge the field and give them tools on the in the field.

Bridging Field Therapies with Clinical Care

With my traditional functional medicine and naturopathic medicine, bio regulatory medicine. And really, I think the future of medicine is this bridging, you know, really the, the bio field therapies and the bio field science and, you know, functional or bio regulatory medicine.

And I think they, you know, for now, I do really think we need we both we do live in a physical body. Right. So even as you do these experiences and you have to your physical body needs support, right.

So you know, so that's where I try to educate. And then, you know, in my clinic again, when I think about, okay, how do I change the field? That's the world of light and sound and frequency and meditation and community.

Right? I think the collective is a very powerful way to change the field. So we have, light therapies, we have sound therapies, we have frequency therapies.

I try to and I probably need to do a better and better job at educating people on the importance of meditation. We have a weekly intention group. The doctor can trigger, holds for people, and that's just free for patients so they can tune in to.

And that's really leveraging community of not not only for people to feel supportive, of course, but collective intent to help, start accessing the field more and more.

So that's what I'm doing, and I'm happy to unpack all of that. But these these have so far, you know, the more that I've shared these modalities, the more I see, you know, people have better results.

And, you know, really kind of get to those like, places that they maybe been trying to get to for a lifetime and haven't been able to access or clear, you know, this lightning up, and movement, you know, there's something to keep talking, but I just want to with the caveat that, you know, with these principles.

And again, this is where I'm at and my journey, there's still I mean, I see really sick people. Right? So you can't just be, you know, just meditate and everything's going poof because you have to like, get people there, especially with where people are.

And so I also think about bio field therapies is stabilizing them. Right. Like how can we get more coherent information in the field as they're getting strength to be able to do and access more of these things and to support their physical body, just like we do drainage, you know, we do like these types of things that kind of gently support and start stabilizing the field so that they can actually work in this way, if that, if that makes sense.

It does. And I'm you're reading my mind because that's where I wanted to go with the component is it's not one or the other, it's both. And and accessing it from each direction simultaneously.

It seems to be the the quickest route to get there as of now. That I've discovered and I think in talking with you offline and, you know, through the years is like that's kind of where, where we're at in that expediting the feedback into the system and in, you know, realizing like, we haven't been trained or taught how powerful these vessels are.

And then so taking care of the terrain, I know you have a specific component around connective tissue in lymph, and that I want to make sure that we bring that forward today on our conversation, because it is important in this bio energetic discussion in bio field of our receptors are the these bodies are very important.

Right. You're talking about measuring a field six feet out in a toroidal fashion. Three feet, four feet above and below our bodies. So this energetic field that our bodies emit is dependent on being like embodiment, like being in the body.

Right. And so there's a component, I know, like you're really educating, you know, providers worldwide really on this component. And I really I love your emphasis on it.

So I want to make sure you have the opportunity to to share that. Yeah. Thank you. Thank you. And I, I really I mean for my brain I like to be able to really, be able to use the right language to describe these things because I think what has happened to this field is that, you know, people just throw like, like terms around and they're not talking about the right things.

And I think to elevate and to really get this field elevated and out there more and more, we have to be really cognizant to educate people on the terminology so that we can be, you know, people can go look that up and you have the right definition.

And, you know, we don't we it becomes more and more credible. So that's that's important to me. So, this is a really exciting part that gets me really inspired.

And I feel like is another rabbit hole, right? Because we, like we zoomed out, right. We looked outside the body and then of course, we're in the physical body.

Right. So there's our Sasha. Right. So the fashion is again there's all these terms. Right. So there's extracellular matrix. There is the lymphatic is there is interstitial tissue and fluid.

There's whatever. There's all these you know this language. And the fascia really I believe is like the umbrella that holds it all. And it's you know, in school we think about it as like the saran wrap that, you know, holds the muscle in the structure.

And we kind of in cadaver lab just cut through it and throw it out. We don't really understand. Right. And then from my recent talk I was sharing, I kind of deep delve into, I think a lot of us have been introduced to the work of Doctor Sean Corrigan.

Berto, who is the French hand surgeon that did all these pictures and, videos of living fascia and hand surgeries. And he showed a very different story, this beautiful, network and tissue continuum.

And through his surgeries, his definition of a show really mirrors James Irishman's, definition of the living matrix.

Fascia, Lymph, and the Physical Terrain

And so, briefly, it's this tissue continuum that we're highly interconnected organisms that from our skin to our nucleus, there's a fabric, there's this fabric that connects us, and that is the Porsche.

And it's, full of collagen and proteome glycans, and it delivers exclusions on water to our tissues. And it's a

semiconductor for protons and electrons and bio photons and bio photons.

And it's this, you know, this highway, this fiber, optic network in our living body. So it and the more I think about it, it's like the fascia is really the fabric that connects us to the field.

Right. And then medicine receives, you know, from the field. So you know we want these principles of coherence to be working within the fascia in order to have access to having a more coherent field and again connecting to the unified field.

So to receive from that tissue continuum. So that I think is the physical body's expression of, you know, this, energetic web within us. And, you know, there's so many things you can do to support the fascia and there's so many things that disrupt the fascia.

Glyphosate is a glycine analog, and that gets incorporated in the collagen matrix and creates all sorts of havoc within the fascia. Right. Lyme and co-infections eat the.

You know what I mean? To make it possible, you know, like, you know, mast cells hang out and the fashion go haywire, you know, so there's a lot of, you dysregulation.

And this is where toxicants and pathogens build up. So it's actually like where the physical body, I think all the illnesses that we're treating in modern day are, you know, it's a focal point.

We we think a lot about the cell, which is of course important, but the cells only as healthy as the environment. And I really think the fascia is the environment that surrounds the cell and communicates and also trauma.

Right. Trauma can be out on the fascia. And that's where like our body work and our neural therapies. And all of this can help access and help people to let go of that stored memory in the tissues.

And so I think a really good starting point for people is, you know, if they're like, this is like, where do I start? You know, with my physical body is to really think about the fascia, the lymphatics, how to create more movement in their body, how to actually if they're really sensitive because I don't know about you, but I have increasingly more sensitive patients.

And we start with topical therapies. Right. You know, using topical things can actually, you know, when you think about the tissue continuum that can actually deliver information inside to the cell and to the nucleus of the cells.

So they're not just small remedies. They're they're big remedies. You know, when we think about it on the skin, and then you think about all the things we do on our skin every day, right?

Yeah. So, yeah. So that is I would say that this, this tissue continuum, you know, Greg is really, I think the bridge for understanding, into the field.

I love that, you know, the picture that I get when you talk about it that way is like, in a fractal continuum of, like, interfacing. It doesn't matter what level you're coming in on if there's disorganization and that fascia level that there's going to be disorganization in the field because it's all a, you know, a continuum of different details or macros.

And so organizing on all of the levels, I think is beneficial when we're talking about it. And again, just coming back to I think you set this up really well on talking about how do we expedite the change, the healing, how do we get people operating from heart and brain coherence so that they're creating the more maybe I'll just say heaven on earth quicker than we ever dreamed possible, right?

It's in that organization and understanding of the connection on all of the levels that they all matter. Right. And then they're all not matter when you start talking about the field.

So it does get to my yes, I love it. Yeah. You got my head doing, somersaults over here, but in a really good way. So I know, like, you are creating specific remedies around that as well that, you know, maybe I know a shameless plug, but I want to ask you about it because you're uniquely developing things to move lymph your focus on the lymph in the clinic.

Also, some of the top goals that you've developed are specific around that. And maybe you can share some stories of folks that were in disarray and coming back into an ordered, healthy state.

Thank you very much. And so, you know, and I think that's why, you know, drainage and our lymphatic work is so profound, like, if you don't know where to start with that, actually where to start with most patients is supporting and opening up the lymphatics.

I know we think about all the organs of elimination and the liver and the kidneys and the colon and the lungs and the skin and all of that, which are important, of course, but the lymph in the flesh, it connects them. All right.

And so we got things to move out of the spaces and into the organs. And so if it's all traffic jams, it's just like, forget it. Right. So I think that's why we see our lymphatic work, you know, has a profound work on people.

And so that's a great place that we always start. And if you're not doing lymphatic work yet, do all of that work here. I'm working with energetics Bioenergetics.

By doing lymphatic work is basically what, you know, the fascia like the the lymph is within the fascia. So there's an anonymous. So so I work closely with Doctor Marco Vergara who's a good friend, and he's a brilliant man and he's a medical doctor and PhD, and he studied so much, but he really learned quickly that, the lymphatic system, which I know you do a lot 8089 is huge, right.

For he started with looking at children with autism. And but they had a buildup of really well. And he looked on imaging extra axial fluid in the brain which was that fluid buildup.

And he thought, hey, if I can open up the downstream in the cervical lymph nodes that are often congested when we're dealing with these patients, I can improve ConvaTec drainage.

And so that theory worked. And so we started with this, cream that he developed. It is a combination of conjoined sulfate. So conjoined sulfate is a glucosamine and like and it's a protease like an which is in the fashion.

So with their these feathery they're the there's a core and then these feathery like structures around the protein core that are, there's the collagen and the protein glycans, and then the lymph fluid.

And so we need these to be moving. And they actually hold electrons to help with inflammation. And they get, you know, just bombarded by the modern train, right, with all the toxicants and things.

And so he uses conjoined sulfate as almost a delivery system. And sulfate actually helps to increase exclusions on water too. So it's also helping to create, you know, more exclusion zone water and the fluid.

So conjoined sulfate. And then there's a probiotic mix. It's a and by the way it's a microbial derived converting sulfate. It. So it's not it's it's vegan or vegetarian or you know, it's not animal derived for people.

And the probiotic mix which I mentioned produces a peptide. So probiotics, they do all sorts of things. And one of the beauty of them is they can produce different peptides that help signaling in our body.

And one gland is called And one peptide rather is called macrophage activating factor. So big part of the lymph it's to detoxify the body, but also to support our immune system and deal with all the things that we're encountering.

And many of us are dealing with chronic infections. And that's why our lymphatic system is stagnant. And there's a lot of lymphatic buildup.

Topical Tools, Drainage, and Closing Thoughts

And so, the right and solving the essentially the macrophage activating factor. And then there is in fact the channel coding. So all of this you use topically and that can we usually have people start on the neck and that can really help right before bed.

And that can help to drain the brain better. And then we have all sorts of anecdotes. People can put them on scars and pain and restless leg and, you know, over the kidneys or the liver for kind of like a cancer, a wild type enhanced pact.

So it's a really great way, especially for, people who need a lot of support what their lymphatic system. So, that's one tool. And then we kind of have this like partner tool called Somnium and it's a topical Gaba.

So it's, Gaba with Conroy and sulfate that, you know, when we think about Gaba supplementation, a lot of it on the market, you can absorb well. So bypassing the oral route, we can use the principles of the tissue continuum and the living matrix, right.

To use a topical Gaba. On the temples behind the ears before bed. And that actually can get into the brain and cross the blood brain barrier. So there's, research to show and support that, and, and turn in clinical anecdotes.

So that actually helps to improve sleep. So we need the, you know, different stages of sleep to be optimal for the split, especially for the system to work the best, to be, deep sleep and REM sleep.

So it helps to improve that. So we have the, you know, Somnium and the lymph flow that you put on at night to drain your brain. And then, the Somnium not only is going to help with sleep and helping to, support lymphatic drainage, but for people who, want to explore meditation or people who need, you know, just or having anxiety that it can be a topical that can be used to support just the calming and cooling of the nervous system when needed.

So those are, you know, some of the background products that have just been really, you know, fun. Thank you for allowing me to share to. Yeah, with people because, you know, I think they support I mean, I have so many friends who make these incredible product lines, and I feel like those two products helped to just kind of fill some missing holes, you know, and then, you know, support our patients.

Oh, no, I love it. Yeah, I want to because that that just ties into the discussion that we're having of like, how do you put somebody into action around this or the thought process of this is actually how you as a clinician is, are employing these really, you know, esoteric thoughts that are, you know, we're having more and more research and science are behind.

So they're they're coming into the clinic and again, looking for ways to expedite the healing response for people and reorganizing and coherence. You know, it's I'm taking notes over here.

Thank you. And then I have the flow press. So my office too. And that is a machine. And then I know there's a lot of hands on other modalities, between like, the limb star and ladder and different lymphatic techniques.

So, when people are really getting started, I think there is this really, well, need of manual therapy. I know you and I both had brick and mortar businesses and, yeah, we chose to do maybe the harder path because the hands on work is so important for people to shift.

And I, I'm a really big believer in that. And so, you know, if you're out there and you're struggling, definitely find these people are like gold in your community, like the people that know how to work the land.

You know, definitely help you create movement. And then things start to move, you know, emotions start to move and memories start to move, and your body starts to move, and and that's, that's a, that's a big piece that we we know we're on the right track.

Love it. Well in in closing, anything else that you would love to share with our listeners and viewers here? I know I probably, you know, I mean, you're doing a whole summit on this topic, which I'm so excited about.

I mean, this is where we have, a shared passion. And I feel that this is really the future of medicine. And I think that it kind of looks dire out there right now.

If you kind of tune in to certain channels. Right? There's a lot that the body's up against. There's a lot that's happening, you know, with, the state of the world and our immune systems and all of these things.

And I feel like the bridging and bio field science and the understanding of light and frequency and sound and meditation and the collective, the really that holds the key to really help, you know, get us through these times.

I think if we just focus on the pill and a shot and, the next thing you know, to save us, we're going to be wildly disappointed. And so I think, having these tools, in the bio field world amplify our physical modalities are not just a lofty thought and excitement.

It's it's actually out of necessity that I think we're finally going to be. There's a tipping point for this medicine. I know this is ancient wisdom. And there are people that I stand on who've been talking and shouting about this for, you know, 50, 60 years, right.

And like I but I think now there's a consciousness that actually can hear it and that, you know, on the flip side of EMF, we everyone has a cell phone and everyone has Wi-Fi.

And so invisible fields of information and energy are not, you know, that we're working with them every day, whether you are an awareness or not. So it's not such a far leap for people to understand.

That's also how we're wired. And we actually harness that, technology and these technologies to really, get us through these times. I love it, doctor Christine Schaffner, thank you so much.

Thank you. Greg, it's always a pleasure to connect with you.