He Cured What Antibiotics Couldn't... Using Viruses Already In Your Body Transcript

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Introduction to the podcast and guest

You're never going to reach longevity and quality of life by damaging the body with pharmaceuticals and antibiotics. People go, oh, but the antibiotics saved me.

It's like, well, they changed you. They maybe mutated the illness to another presentation. And sometimes, yeah, maybe if you're lucky, it does maybe get enough of the bacteria gone that your body can maintain its own health.

But it damages as a side effect, your mitochondria. Welcome to Take Back My Brain with Lori Hammer, where real healing starts in the brain. I'm Lori, a functional nutritionist and mom who's walked the path from anxiety and burnout to clarity and calm.

Each week, we're going to dive into brain-based tools like amino acid therapy, gut health, fasting and faith to help you reclaim your energy, emotions and sense of self.

Hello, everyone. Welcome back to the Take Back My Brain podcast. And today I have with me Dr. David Jernigan, and we've been trying to get this podcast done for quite a while now.

We are here today and are going to do this. Dr David is the founder and CEO of Phasian Corp and the Biologic Center of Optimum Health in Franklin, Tennessee.

He has treated patients with treatment-resistant chronic illness since 1995. So I want you to hold onto your seat, because he's going to tell us some amazing things about chronic illnesses.

He is also the developer of the induced native phage therapy. And this has not only changed my life, which is why I really wanted to have him on, but I'm using it with my clients, my animals, and my family.

We're going dive into what this drug-free approach is that he has been using for chronic disease. with what this can do for you. So, Dr. Jernigan, thank you for being with us today.

Well, thanks for having me on your show. I've been excited to do this. Yes, I have been exciting to have you on. And so, please tell us what that is first.

Okay, well phages are beneficial and benevolent viruses that live in our body. Every adult has about an estimated 100 trillion phage living happily in your body So that's like more than our microbiome.

What phages are and how they work

Way more than our microbiome. I mean there may be part of our micro biome like yes. Oh, yes There is a term called phagium Which is part or your virome and the microbiomes just the collective of all the microbes in your in you're body Okay, so inside your gut, they've tested and found that across the spectrum of people in the study, you have 32,000 different phage populations just living in your intestines.

And like about the amount you could spit of saliva, You have 100 billion phages in that spit. And they, they are beneficial. So these phages are, it's going to surprise some people that they.

Okay. There are viruses that are. In the body, you were born with them. You acquired them from your mother and your father, but the environment that we've lived in, and you get more and more diverse.

phage populations. And matter of fact, research shows that the more phaged and the most diverse your phages populations are, the healthier and longer you're going to live.

So they're actually saying you are going be able to predict longevity and quality of life by how diverse you phaged populations Can you lose phages, kind of like their microbiome?

You're like, oh, you don't have very many of them or they died off? Yeah. I mean, nobody can test it necessarily right now unless you're under university studies, but that would be an interesting study.

And that's kind the study that I'm referring to is where they did look at many, many people's phageomes and phaged populations, and it was 32,000 plus.

and about 50-something thousand of unknowns that are kind of in the same category. So this is something that's natural medicine like nobody ever thought.

It's science like no one ever though because these phages only infect other bacteria. They're viruses that only will infect a bacteria and they do this so that they can reproduce because all viruses that infect our own human cells.

They do that so that our cells are hijacked and our genetics are high jacked and we manufacture more and more of those things that people might know like Epstein-Barr virus, right?

Well, that's infecting human selves. But these bacteriophages, you know, there's no battle between your immune system and these native phages. So they just infect other bacteria and use them as a way to reproduce.

Wow. Okay. Yeah, it's pretty fascinating. They kind of keep things in check. And they do. Even friendly bacteria would be considered bad if they over grew.

Well, thankfully the phages kill 40% of all the bacteria in your body. Every day every day, every kind of bacteria that's in there, Lyme and you name it, Klebsiella pneumonia and Pseudomonas aeruginosa.

These are names that people that have them understand, but it's like, these are all bad guys. They're all being killed at the rate of about 40% a day because the phages typically don't want to kill their breeding stock.

Now think about it, I didn't tell you this, but phages use a specific type of bacteria as a host, a reproductive host like a surrogate mother. So in that process, it kills the bacteria after so many phages are produced inside of that bacteria.

So imagine now, I want to share a screen because I wanna set the stage of what's going on with infections. I mean- Okay, go ahead here. It doesn't matter what kind of infection your patient has, the same phenomenon is happening worldwide where antibiotics are not working anymore.

So I'm going to share a window and see if this works. Okay, there we go. You know, we all know penicillin. And if you look at this chart, and you can see the chart.

Correct? I can't see that chart yet. Okay. Good. So you see when penicellin was first manufactured in 1943, it lost globally, its ability to kill everything.

I mean, It was it was Harold is like this cure all, you know to everybody. And it only took 16 years before the bacteria globally that they were using penicillin to kill.

developed ways around penicillin. You look at the tetracyclines, and that was only 10 years. So it was developed in 1950. And by 1960, the bacteria had already learned how to get around it.

Sometimes now, you can look various antibiotics, say like penicylin, put it in a Petri dish with bacteria and look that bacteria under the microscope.

and you'll see that it only takes sometimes 20 seconds for the bacteria to mutate, changing its shape to escape the penicillin. This is called pleomorphism, where the bacterial changes shape.

So even with Lyme disease, which is so prevalent in the media right now, and I've written four books on Lyne disease and have done research up the wazoo on on lyme diseases, I developed formulas for it.

And yet, I remember Dr. Lyda Matman, who is a Nobel nominee for her work on pleomorphic organisms. She said, nobody's blood has ever been found to be completely clear of the Borrelia, either the Borelia classic shape might be gone, but what she called an L-form remained.

And when you stop the antibiotic, the cell wall deficient form, which is sometimes called a bleb or a persister cell or something, that will come back into a spirochete.

Then again, you find yourself, months to years later, sick again. We're sick. Yeah. So as you go down the list, erythromycin, 15 years, you got methicillin, 20 years.

You have vancomyacin. And you keep going down. The list. Some of the latest ones, are completely, how it's going, it going less and less. We started out at 16 years with penicilin vancomycin was pretty good, but it gave up the ghost in 1997. And then you start seeing this crash.

All the newest antibiotics are no longer working very long. So when I hear people that are being treated with years of antibiotics and rotating antibiotics, you can just kind of look at that and go, I'm sorry, but that's just not working.

No, definitely not. We cannot just continue doing the same things. And this isn't me saying this. This is the world. The whole medical world knows that we're in trouble and we are in a bad way.

Everyone's also talking about longevity medicine and regenerative medicine. And my thing is no matter what forms of medicine, all these cool genetic things they can do, or all of these manipulations of things to get your longevity going, you're never going to reach longevity and quality of life by damaging the body with pharmaceuticals and antibiotics.

And people go, oh, but the antibiotics saved me. It's like, well, they changed you. They maybe mutated the illness to another presentation sometimes. Sometimes, yeah, maybe if you're lucky, it does maybe get enough of the bacteria gone that your body can maintain its own health.

But it damages as a side effect your mitochondria. These mitochondria are the energy factories in every cell. So one of the global things that's happening is chronic fatigue.

Mm-hmm, mitochondrial disease.

Why antibiotics fail over time

Yeah. And there's a global attack against your mitochondrion, not just with antibiotics. I used to know the statistic where the average person consumes, I don't know, like 11 teaspoons or tablespoons of pure antibiotic every year or something like that.

And of course, there are people that don't, but they think they don t. But they're getting it in their food because we're feeding tons and tons of antibiotics to animals.

There was a Swiss study that was done. that showed that every pharmaceutical, like 66% of the pharmaceuticals they looked for in water, tap water and our bottled water is still biologically active in that water.

So they said you really are kind of taking your neighbor's antibiotics. You're taking the chemo drugs that They're flushing down the toilet and that water is eventually making it back into the, your water that you're showering in and your, so it is kind of horrifying what we're doing.

We can't keep doing it and still expect to be healthy. So this opportunity, this is an opportunity. And I, I invented this and I guarantee you somebody's going to come along that's way smarter than me and improve upon it.

This opens a door. to advancements that will work with your body, using something that's already beneficial in your buddy that we'll already do it. I just figured out how to do more precisely.

Okay. And so to induce, let's get back to the name, we called it induced native phage therapy. We're using electromagnetic signatures in an oral supplement that you swish around your mouth and swallow that is invisible to your body.

So you can't react to it. You cannot be allergic to. There's nothing in it for your buddy to react too. Which is amazing because there's nothing on the planet like that.

Yeah. I mean, and you cannot become toxic to it. You could drink a gallon of it, it wouldn't do more. Because there is only so much activation of the phage that you're targeting that can do.

So here's a product in this world of MCAS patients and, you know, high histamine patients, inflamed patients. And patients that are just reacting to the world that cannot take any natural supplements.

can have so much fun. It's like, that's one of my favorite things I tell doctors such as yourself. When you first called me and you said, we had this wonderful conversation.

I don't know if you remember, I said you are going to have fun with this. Yes, and I am. Because it's not fun when you're a doctor. And I believe I've done probably 15,000 line patients over my career and it was just like when they would call in the old days I knew it would be a battle.

I mean, it wasn't going to be easy. We got, I thought if, if you compared my record to anybody, we did better than anybody. But I knew it was still going be a long and drawn out battle.

And now it's so much fun because the worst that can happen with this is nothing happens. You don't have a Herxheimer reaction. Isn't that amazing? So all these people, If you don' know what a herxhimer is, It's where you have worsening of your symptom from the treatment.

So imagine a treatment that you don't feel worse and as the infection clears, you just feel better. None of this like, Hey, there's no pain, no gain. No, pain is game.

So the, the phages are this remarkable thing. It's a resource in our body that was untapped in, in medicine. And it's, it just emerging. That's emerging or making advancements all the time.

That's amazing. Well, before I knew about you and your therapy, I was using other phage products, which, you know, were really good. And then I introduced to yours and blown away.

So people are going to be like, Googling as they're listening to this and they'll find like other phase therapy and stuff. Can you tell us the difference between the phages therapies?

Yes, that's a good question. Those supplements, it's, a little bit, I haven't studied them, but I have kind of looked into it a little bit. And let's say if you take a probiotic and it has billions of bacteria, sure, all those bacteria enter the body already infected with their own phages.

But you remember what I was saying, those phage use that particular kind to bacteria as a reproductive host. Okay, a surrogate mother for making more of those kind of phages.

Those phage don't segue and go get the Borrelia and they're not going to go kill your E. coli or they are just not gonna do it. So the benefit of that is probably more the probiotic than it is the phagem.

There's a technical term called monovalent phagus. monovalent, meaning one phage will only use one kind of bacteria as a reproductive host. Okay. Remember that's how they also kill the bacteria many times.

And it was, now there's another kind of phage in the body that's called polyvalent. So they can use three or four different kinds of bacteria as a reproductive host.

Okay. That's there as well. I mean, if you think about it, the thing that really struck me, and I don't even know that the researchers really kind thought about when they wrote that article that said there were 32,000 different types of pages in gut.

Yeah. But we don't know of 32,000 different kinds of bacteria in the gut. There must be a whole lot of polyvalent phages. And sure enough, I looked that up and in my research and there are multiple types of phage is using multiple of types bacteria as a reproductive host.

So the differences in phagem world like is. where you can really know that you know, that your targeting the right infection in your body. So there's conventional phage therapy, which you cannot do in America, and you cant do it in most countries.

They still do and they have never stopped doing it, in Russia, specifically Georgia, one of the country states in near Russia. A clinic called Tbilisi, they're a phenomenal clinic.

They've done research since the beginning of age therapy in probably the early 1900s, 19 teens. And that's where you're looking in the environment where bacteria thrive.

Where is that? That's in dirt. Right. Everything. Everywhere there's bacteria, they are the hunters of these bacteria and then they separate their phages and they name them.

Okay, it might be such and such kind of phage and put it in a phagem library of sorts or a Phage bank. Yeah. So, historically, if somebody had cholera way back in the day in 1920s or so, they would take the infection of the patient and introduce these wild phages from the environment, right?

They didn't get them from your body. They got them you know, sewage treatment plant even, or the newer piles, and all these places where bacteria are rich.

And they kind of pitch a little battle inside the Petri dish to see which phage will kill the cholera bacteria, right? Yeah. They finally figure out this particular one kills it better than the next ones.

and eventually got three or four or five different kinds of phages that would work. Wow. Cause you're taking more than one. So now when you go to the, the uh, pharmacy in Russia and Georgia, you can go the pharmacy and say, I have a sore throat and it's over the counter.

You can just take and you, and its a little glass ampule and then you break the top off and put it in your mouth and swish it around. Or maybe it is in a nasal spray and spray it up your nose.

And you are putting these phages into your body from the outside world. And it just goes to the type of infection that it's targeted to and kills the infection.

It's pretty brilliant because there's no downside to it. The worse it probably is going to happen is maybe a mild immune response because you are introducing a new kind of phage into the body.

With my technology, we're not introducing anything new into the body, except the activation signatures that are needed to cause the specific type of phages in your body that can and will do the job that we are asking it to do, to turn what we call lytic.

And that means to cut, literally. So they turn virulent. and attack the type of bacteria that we're targeting.

Induced native phage therapy explained

So out of that 32,000, let's say, phages, there's a whole host that might kill E. coli or H. pylori or Clostridium difficile. C. diff, these names that a lot of your patients and people listening definitely know these are Klebsiella pneumoniae.

They all can be targeted and your own natural phages will turn virulent and kill that population. I want to hear something cool. Researchers determined that sometimes the phage is when they go completely swarming, the bacteria will kill the entire population of that type of bacteria in 12 to 48 hours.

No way. And we see the clinical evidence of And when we use those phage therapies that you're now using. Right. You know, when it's a new infection that somebody gets, you know they just started getting a sore throat and they've just got sinus issues.

And they take the correct phage inducer formula, which is also a cocktail, if you will, because it has multiple back. Yeah. It's like, uh, it. Has no taste as no alcohol has nothing like that.

I call it a Cocktail remember because we're combining things and, So yeah, we do see that very often within minutes all the symptoms are gone. Now that's not clinical for like a laboratory test where you say, well, all of the bacteria were gone, but when you do something like you and I, We've been treating patients a long time.

We know how long it's going to take with the remedies that we typically use. There's no way that it would ever have disappeared in minutes. I treated a lady that was having an acute food poisoning.

She was writhing around and screaming like somebody had stuck a knife in her abdomen. If you've never witnessed this in person, it is quite dramatic. I happen to have the GI formula, which has all the typical bacteria that would cause food poisoning represented in that.

I mean, all that GI infections are represented. But there's only probably one kind out of that whole list of maybe, I think in the formula maybe 30, if I haven't counted them up, 30 different bacteria types and strains that we've targeted.

And within a minute or two, it was gone like it never had happened. with no residual symptoms, which baffles my mind as a doctor, because I do also kind of know that it's like, there's nothing in the Inducin formula.

So that's what we call these cocktails, is Induces. I-N-D-U-C-E-M, Inducein. There's in nothing the inducein that would be anti-inflammatory. Nothing that made all those symptoms just instantly go away.

It baffles me as doctor when I see these things happen. Animals are fun because we had a stray cat, just as an example, that we were just kind of feeding.

It was feral. You could tell it was probably somebody's barn cat maybe. We lived in the country and it so sick and we tried to figure it out. And this is one thing about phage therapy.

you have to really know what the actual infection is to target it. Okay. And we were treating everything we could think of to treat for this little poor little cat.

and I literally thought it's just going to be dead tomorrow. I was, I went to bed kind of saying, Oh man, man. You know, cause we had it now in the bathroom in our house cause he wouldn't eat.

He didn't ever, I mean, just thought I'd just walk in and he was dead. But in, the night, my wife actually had at three in morning at this epiphany that it might be mycoplasma, a myco plasma type infection, which we do have a formula that targets that as well.

And she got up in the night and gave it to the little cat. And it popped up almost immediately, she said, and went over and started drinking its little formula of milk that we had put in there for kittens.

Oh my goodness. Even though it's a full grown cat, it just was dying, you know? And the next morning I woke up not knowing what she did and I'm literally opening the door, kind of going, I don't really want to pick up.

You know, yeah. I hate to break it, to my wife that it is dead. And it just ran out. It's all happy and bouncing around and it was fine. I was like, wow.

But when she told me the story, it was almost unbelievable because everything we'd done, and this is a good clue for doctors that are listening to and for patients to understand, you can do a lot of the right stuff as a doctor.

And it does, It's almost like that bank vault door combination. You can have one number in that Bank Vault combination wrong, or just don't even know that there's another number and the door still won't open.

And it's the same with phage inducers. A lot of people think they have Lyme disease, let's say, and they take the LD formula, the Lyne disease relapsing fever formula.

And even though there's probably over 90 different microbes targeted, all the Borrelias are targeted. All the Barbezias and Bartonella and Borrelias, everything, Rickettsias, anaplasmosis, Everything you can name is, you would think, in there.

They don't get well until maybe they take the SIBO formula, which is also CFO, so meaning small intestinal fungal overgrowth, a lot of the candidas, and they'd take that and it just goes away instantly.

And you're just like going, yeah, you had Lyme, the test didn't lie, but that wasn't the thing creating your dominant symptoms, maybe. Right. Or maybe you needed to get rid of that before you, then get ready to the, CBO, SIFO stuff.

Yeah. That's just an example of what, uh, how remarkable this is, it's very specific. When I first developed this, we set up an IRB research study. For those that don't know, an Irb is required when you do human research.

It's an actual governmental regulating body that makes sure you're doing everything ethically and you have a protocol you've got to follow to do research, but we've set-up an irb in 2020. And at that point, I had just got the pieces to fall into place about this whole technology.

It had taken me five years to figure it out, or six years, 2014, yeah, to end of 2019. And I didn't know if I could target two different strains at the same time without creating a horrible Hertz reaction.

Right. And it turns out, by the way, there's no hurts because of the ways that bacteriophages kill the bacteria. It literally dissolves the bacterium from inside out.

Dissolving all the toxic components of that bacteria, the lipopolysaccharides and endotoxins that people talk about. All those are dissolved. So you don't even, you, don' have this huge Herxheimer reaction.

And that's not just my work. That's globally. So it's so amazing to be able to aggressive with your treatment and know you're not going to have any huge die off.

And you also know that, you know, your highly reactive patient isn't going react. Which is amazing. But in our study, we didn't know if we could target, but you know, one at a time.

And so we were doing one of the most sensitive tests for Lyme out there. It's still one. Accurate and fast ways to diagnose, which is the red laboratories out of Belgium lab tests called the Felix Borrelia phage test.

and it is a hundred percent specificity. Okay. And 92 to 96% sensitivity. So if you have these types of bacteria in your body, you're going to have the phages too.

Wow. and the Phages are easy to detect. The bacteria are not easy. To detect with a lab test, right? So some of

our patients would test as having two different strains of Borrelia.

so we would target just one strain. Let's say it's Borreli burgdorferi. And then we'd redo the test two weeks later, and already that one would be gone, but the one we didn't target was still there.

Wow. And so we would then target the second type, let's say it's Borrelia miyamotoi, And two week later we redo test, not only is the first one still gone but second one now is gone.

So that shows extreme sensitivity. And now we know that, we didn't know at the time that we wouldn't get a hurt timer reaction except that had never seen one.

Now we're just, maybe like I said, over 90 different microbes targeted with one formula. There's 15 formulas now, so basically almost every part of the body that can get infected is addressed.

About the only thing I can think that we're really not targeting is sexually transmitted diseases. Isn't that, we can't, it's just not the demographic we see.

So we haven't done that yet, but I'm sure we will eventually have a formula for that. That's great. I'm so curious. So if our body has a phage for every bacteria or multiple phages for a different same kind of bacteria, why do they need to be turned on?

Why aren't they turning on and when you have a bacterial overgrowth, Very good question because the research shows that what they prefer is almost like a cattle rancher.

You know, somebody has cows. The ranchers keeps his breeding stock and takes the others to the market. So when the bacteriophages are doing what the do, it's called lysogyny and that's where they're just procreating.

Right? Because without their breeding stock, they too will die. The phages themselves, when the last of, let's say, win successful with killing the entire Borrelia burgdorferi or you name it, whatever infection, the, uh, entire E.

coli population that we targeted, then there's no other bacteria for a monovalent phage to use as a reproductive host. Okay, so they don't want to do this.

This isn't natural. It can be something that occurs. That's, that's what triggered my mind to doing this is they can do it, but they die within four days of the last bacteria of that time.

So people go, Oh, well, what happens if I get reinfected? Right? Where you don' have those phages anymore. But when you get reinfected, think about it, phages are so prevalent.

There's no such thing as some bacteria out there that doesn't already have its own phage type that they've been using since the beginning of time. So what about if something's lab created?

Does that have a phag with it then too? How does that work? That needs to be studied. I would debate. that almost every infection a person has is not anything related to what their grandparents used to get.

Targeting infections, mold, and viruses

So every now and then you hear the argument that, well, the ice man they found in the iceberg somewhere, you know, he had Lyme disease. No, we had Borrelia.

Okay. Borrelia isn't new, but the manipulated kind is relatively, relatively new. And with the pressure of antibiotics, in the entire ecosystem and glyphosate from Roundup and other toxins that are actually mutating the infections in your body as we're poisoning our body with all the, what is it, 77,000 different chemicals in our diet and in a personal care products, which you're absorbing straight into your buddy.

That causes the bacteria to be mutated. So we have not seen that it's difficult to fix almost any infection. The hardest things for us so far with the induced native phage therapy is the mycobacterium type of bacteria.

Oh, okay. So, we've developed ways to get around that and we beat it before, but it is incredibly hard to do and it it a long drawn out process. You have to remember too that bacteria are struggling to survive, even the phages, so they mount defenses.

So we're causing a battle to happen inside your body between the bacteria and the Phages. And it isn't a given that the Bacteria is going to die. and lose the battle.

But bacteria are creating enzymes and things that chop up the phages. Matter of fact, if anybody's heard of the term CRISPR, CRISP technology, which are doing gene editing.

Well, that is like an enzyme that acts like scissors that chops up viruses. It's a defense against phage. So what you want to do is be very consistent with the phase inducers.

that from the inducing formulas that we've developed and keep the pressure on so that they just stay engaged in the battle. Because if you slack off, then the bacteria are also going to mutate and develop new defenses that they didn't have.

So that if that phage induction is done again, then theoretically the bacteria might be better at resisting. It's not a huge problem that we've ever seen, except in really rare situations where the person has bizarre strains of whatever infection they have That's really rare, but we can customize formulas to stay, to keep the pressure on that type of phage to keeps going.

And there's other ways that we've developed to get around that. Interesting. So we're talking a lot about bacteria. Yeah. I'm curious about, you brought up, EBV, cytomegalovirus, different viral components, and I know those are in some of your formulas.

How do the phages work? with the virals as opposed to the bacterial? Well, it's something I don't really write about just because we're still gathering the research.

We established a new IRB research study just to study these kinds of things of the phages, but we were able to target viruses and At first I didn't find any research of anybody else that can document this, and then there was one that was called, I think they called the phage a Sputnik or something like that, kind of like the Russian space.

But it's a phagem that attacked a megalovirus or a huge a bigger virus. Imagine when this happens, the phage lands on top of it or something, or maybe it's secreting something that kills a competitor or Something like that.

You might think of that way. So that has worked. I mean, we've targeted, targeted Epstein Barr and one gentleman, I remember originally, and you know, he just agreed.

Yeah. go for it because it was screaming high. All of those values were screaming on his lab tests for Epstein-Barr and his symptoms were. And he had the quantitative PCR, which is different than just a general PCR.

It's more accurate. Right. I can't remember how high, but very, very high in the hundreds. And we just targeted and waited two weeks and tested the lab test again, and it was at zero.

And so then I was like, well, that's kind of cool. I'll just dance in a jig, of course, as a doctor. So we waited a while and redid the test and. It was still zero and we did it again and again.

that patient, I remember kind of doubted it too, because, you know, when you treat something you think is the bad guy and your symptom doesn't necessarily go away.

To me, that means. There's another guy. It's just a bad guy wasn't the bad guys that was creating most of your

symptoms, right? So he took all those labs to, I think, three other medical doctors and asked them, does this mean I don't have Epstein-Barr?

They all unanimously said, yes, that's what that test means. And so he believed me then, and we've done that a couple of times. We've. HHV six to where it came back negative the next time and things like that.

But I really, it's an emerging science. It's, you know, not anything that I'm ready to publish, but it is definitely intriguing to see that this can happen.

Well, that would change a lot of things in it. You know, then people may not like you anymore either. Yeah, I'd like to keep doing the work. Maybe we shouldn't talk about that, like kind of fly under the radar on that one.

It's interesting. I guess I don't know how to ask this without us maybe getting shut down, but can this type of technology be used inappropriately to cause issues around the world, or is it not possible?

Obviously I'm one of the good guys, so I don't study that. But I do not publish the how because of that, because if you think about it, I developed a way to very subtly stimulate a virus to go turn virulent against a very specific bacteria.

And it works brilliantly. But in the hands of some mad scientist, could they potentially do the same thing to turn something active? I don't know by 5G or other methodologies.

I find it fascinating that our military scientists are studying to combat a potential phage attack on our soil. to where phages might be introduced into the agricultural soil.

And so they're trying to create phage resistant bacteria. So that's kind of interesting because you wouldn't dump a, you know, a plain load of ph ages that I can imagine over a crop.

In what you would do is you try to activate the pages that are in the soil already to deplete the Soil of life. and then it wouldn' grow plants. Yeah, that's just a theoretical but it is interesting that the research is you know, I see it right in the open on facebook Sometimes it's like we developed a bacteria that phage resistant and i'm like, okay, why?

You know because i'M sitting here going i'd need those pages and to in your body to actually be able to kill the bad guys kill The bacteria yeah, you Know because now you, know we talked about viruses but you?

know in my clinic where we focus on the worst cases from all over the world, very often. Right. 96% of our patients, the last time I had real good statistics, 96 percent of patients were coming from out of state and out the country.

Wow. And out that almost 30% were from other countries. So from, all the over world and they have all kinds of infections, not just your normal, you know, line patient type presentation.

All of them responded Predictably to the phage in deuces. I mean, it was really nice to be able to see it work on I think we're well over 200 different types of bacteria and strains of Bacteria But it didn't take me long to kind of go Wow if I can do this and I could target a bacteria I wonder if i could Target mold And so what did I do?

You targeted mold. Targeting mold and I would see it clinically. And one of the first times I actually had proof that it was working was a lady that blinded me to it.

Came to the clinic having her own lab test, but she didn't tell me she had mold, and so we treated mold because we found it with our way of testing. She went back to her medical doctor and he repeated the test.

After she had gotten the phage inducers for all the different kinds of mold, and she has every kind of mode that you could test for. Wow. The form of the mycotoxin testing.

And the second, when she went back home, the next test was all, it was gone. and the doctor walked in and goes,

you can do your happy dance now because all that mold was.

And so that was one of the first, other than clinical indications that the molds were, we can target that. Since that time, I've found other articles, thanks to things like Croc and AI engines.

You can just say, are there references of using phages to, you know, infect other fungi and stuff. And there are, so there's mycophages, M Y C O phage.

Wow. It's a known thing. I didn't know it, but it was like, wow, I wonder if I can do this. Hey friend, just a quick break to remind you if calming your brain is the missing piece in your practice or in home, my Mind Thrive certification course teaches you exactly how to do that with targeted amino acid therapy.

So it's real science, real results, no band-aids. Enrollment is now open. Link is in the show notes. Back to the Show. Well, I'm glad you did because your mold formula was insanely helpful to me and my daughter.

And we're going to be doing it, you know, with my husband and I think my pets now too. Like I told you the other day, cause my dog has this really odd itch and there's no rash.

There's nothing and sort of like scratching our heads. I don't know why I didn't think about the inducing formulas to start with. Cause I had been using the induce now for a year.

radically has changed my life. I had chronic reoccurring like respiratory stuff. I don't know, just I didn't feel as amazing as I know I could. Just sometimes I'd have a flare like Epstein-Barr.

I can tell when that was coming, deep bone pain, that kind of stuff. So I started with the Rez formula because I'm like, I got to see what's going on in here because my girlfriend, she would do biofeedback on me all the time and I had a ton of this stuff in my lungs, and just a lot of that stuff and grew up in a smoking family, you know all that kinda stuff And then I did the viscer and I'm like, Whoa, what just happened to me?

It was like two weeks and could not believe how good I felt. And I have not had any respiratory stuff in the last year. I also haven't had. Any, any cold sores.

So I haven' any breakout of that. There's your viruses. There's my viruses, right? And then I did the SIRS, which is the mold formula. And because we had mold and stuff from our house and that took to like the next level.

Then I've been working on with the gut stuff. So I'm just like slowly doing the inducing because I want to know how each one of them feels. It's amazing.

I would did them on my daughter and she had some head injury and he's been exposed to all the same stuff and then i did CNS because i'm like, I am sure I have Lyme too.

Might as well do the central nervous system stuff, and it covers way more than just Lyne people. So we're like, we are an Inducing family. So I'm super excited.

But I gave my dog the lime formula because I thought maybe that's why he's itching. And sure enough, that intense itch that he had was done in six hours.

Wow. Yeah, he's still kind of on his paws and stuff, so I still think it's a mold issue with him. So I'm doing that one next. But I did that and I do parasites with them and did GI, you know, just like a couple of vials of each with and you can see like increments of like he is just getting better with all of it.

Now as you're talking like I need to do mold with. Yeah. You know, it's interesting because I feel like I was the ultimate terrain guy when I got into practice.

I trained in anthroposophical medicine in Germany, I've trained with Paracelsus Clinic of Switzerland, and I have

been all over the world, been in the jungles of Africa to try to find new medicines using my technology.

I mean, I've just been there and done that. I'm, you know, certified in botanical medicine from the University of Colorado School of Pharmacy. And I can just keep rattling off all this stuff and where it was just like I knew my tools very well at the end and I was making a lot of my own medicines, herbals and homeopathics and stuff.

You know I could do things that practically defy medicine. My marketing people would say, Dr. Jernigan, we have to tell the lesser tale because the big ones are not believable.

Right. You know, when somebody gets out of a wheelchair after a decade of being paralyzed or something, you just wouldn't believe it. So terrain means that we focus on restoring the most optimum structural and functional integrity.

And from there, disease often will fall away. And I will go as far. I mean, I've written four books online, two of them are over 500 pages long. But it was really a strategy.

If you can't get to my clinic, at least do this was kind of what I was trying to do. So All that just to kind of say, I don't, like, there's a lot of people out there that are listening and saying, it's not bacteria.

It's, not true. You know, that's. The cause of illness and viruses aren't the cause and illness. And, you know. There are a, lot, of, people, out, and I'm like going.

I was that guy until I could actually get rid of the infection. So I, It,'s funny because. I told you earlier, you can do a lot of things. Like I would do.

A lot. Of my best ideas on a patient and using my, the BS testing that I invented years ago. And I've advanced all these years. You know, I can actually pretty much access the software of the human body to figure out what's wrong with somebody.

I think the thing about it is you. Can find a. Lot of stuff out and do, and you, can fix all those things, but the patient's symptom doesn't go away. Yeah.

And so my challenge to myself would be, okay, how do I ask a better question of the body now that I can access that body and ask it anything I want practically?

How do we get a question to get different answer? And when I'd figure out that often it would some bizarre, I don't know how you got this kind of infection, you know, but I've learned just not to question it.

When I would create a phage inducer for that one thing, which was not included in maybe in one of my formulas. Within minutes, very often, the symptom would go away.

And you sit there and go, well, I fixed the terrain. The patient didn't get well. I fix the gut. the patient, didn' t get. Well, i fixed all the MCAS symptoms.

It didn''t go. i Fixed the metabolic pathways. it didn ''t Go away i i opened up copper metabolism because that was going to fix everything and it Didn'''t.

Go. Away.. I did high dose thiamine and fixed. All the thiumine pathways, fixed, The teeth. fixed everything you can think of. But I didn't get it until I finally got some really bizarre something maybe that was an infection and targeted that and that one thing only.

And I can be a precise like a laser, like laser guided bullet that just will go to the DNA of that bacteria or that infectious agent and it goes away and the symptom just goes way miraculously.

So that's what I would say is like, I see that so often. that I no longer buy that it's always the terrain. I think it both

are correct, right? You have to fix the damage that's been caused by the infection.

You know, some people have come to me in a wheelchair and they've heard of somebody else that they fixed and that got out of the wheelchair. And I'm like, great.

They go, it didn't work for me, Dr.

Clinical results, animals, and autoimmune applications

Jading. It's like no, It worked. but you're still in the wheelchair because of the damage that you have had to your tissues. So we now have to do the hard work of repairing and stimulating regeneration in your body before you even have a chance of getting out of that wheelchair.

The other person didn't have maybe as much damage, but was still on the wheel chair. So it's a fascinating little argument to say, well, there's no such thing.

It really isn't the infections. If you just fix your gut, if you get rid of the adrenal fatigue, then everything will go away. No, no. I was working on my health for over 20, 25 years doing all the things and it wasn't until I took the res and the viscre to start with that my life radically changed.

I had things that made a huge difference, but I still had the reoccurring, you know, Epstein-Barr and The Cold Source. So, I, had that viral issue. And so.

Yeah. When I met my wife, she was, the literal child in a bubble for her first 11 years of her life in the Canadian hospital. more, more time of the first 11 years in the hospital than at home.

And when I married her, she had about 10 foods she could eat. You know, She was the kid that went to the birthday party and all she can have is an apple.

Yeah. Everybody else is having cake and everything. Because she was just too reactive to everything and I used to think prior to me getting married to her that I was pretty good as a doctor.

I just really thought if you gave me enough time and you had enough resources to just allow me to keep working, I could pretty much fix anything. And I, and I got her dramatically better, but the first 10 years of our marriage was not good.

Um, telling you, she was, just couldn't make it all go away and that what was left. would leave her bedridden. I mean, she'd miss Christmas. She'd missed family events.

she missed funerals because she was just too sick. And I did everything I could think of to do. You know, I invented so many things trying to fix my wife and I'd take it to work and i'd fix all kind of people.

So she was, we just used to laugh and say, well, you're my muse. And it would make each little invention would help her a little bit, but it just didn't really work until finally in 2019, it all finally came together with the phage therapy.

I tell people this story because I want you to understand where it came from. It wasn't me just being so brilliant. It was me being desperate, and I recognized it on some intuitive level.

This is it. I just couldn't get it to come together for me for five years. And I'd set it down and come back to it and try it again. and, I even did a lunch lecture for my patients back in 2014. That's the only reason I know I was doing it at least back 2014, but when you run out of ideas as a doctor, You know, like you said, you, did everything and I gave everything in more for my wife.

And what do you do? You start going, taking, I took my life to other clinics that were doing things I couldn't do. Like

we went to England, to Taimount clinic in England for fecal transplants.

They're the leaders in fecals transplant. and it really didn't, do anything for us. It heals a ton of people, but she's that person that nothing typically works that great on.

I mean, we took her to, oh my gosh, she had the CCSVI, anybody that's out there that has the chronic cerebrospinal vascular insufficiency or venous insufficiency.

Maybe kind of helped a little bit. Everything maybe helped, a bit, but didn't actually undo it. And then once, once I, all the pieces came together, I called my wife because I was at a conference and it wasn't something at the conference that stimulated it, it was literally an article I read on the plane going to a line conference in Boston 19, in 2019. And all the epiphany just hit me just like divinely guided, and I'm just scribbling in the margins of this journal story about phages.

You know, it was a nice article, but it just what it did was stimulate ideas I hadn't had. And so I saved that journal just in case, just because I want for history's sake for it to be there.

Still has my scribblings and underlinings, highlights and all that all over the article. But I spent the entire conference hammering this out. and how I thought it should work.

And I called my wife and I was like, oh my gosh, that kind of thing. Oh my god, I think I really figured this out. I still kind laugh because her comment was, well, you do it.

If you don't die I'll think about it, because some of my ideas didn't always pan out for her and she'd feel worse sometimes. Thankfully it worked, but it's kind a desperate place you get.

I mean, I cried. Get angry at God. We both would get angry. God sometimes go. Why? She's this beautiful angel and she loves you. And why don't you, why, once you just let her be the one to get well kind of thing, right?

As, as you do for a loved one, you did it for your kids, Right? Yeah. Even your, your dog, You say right. Yeah, that's for them. You know, I really sympathize to the husband sometimes when it's the wife, because guys really want to be the fixers and the rescuers.

Oh my goodness, they do. And they don't add a handle when doesn't work. Right. Well, imagine being the doctor, too, on top of being like, oh, he's just a guy and our tendency is to fix things.

I get so upset when I work with clients and it doesn' t work, you know? Like, okay, well, we just haven't gotten the thing. Then you have, people will be like but I've done so many things, Right, and so many things.

And I have this one client and we started doing the inducing with her and We haven't hit the right thing yet. She's like, I'm so tired of being an experiment because she's been on this journey for 15 years and I've only had her for a few months and and, And i get that I get how she feels that way.

What do you say to the, you know, the patients out there that kind of feel like that? They've been on this journey for 20 years. They feel an experiment.

Like wasted, they feel they've wasted all this time and money. Well, I'd tell them, it's definitely understandable when you first hear about this and the idea is that we're going to use a virus.

Which sounds kind scary. It does sound kindof scary and that's why I try to tell you is like, It's part of your body. It is not. It's high science, but it's not big tech.

You know, it not biotech. And the signatures are these imperceptible. Your cell phone is giving off way more frequencies than these remedies are. So, you know.

A muscle testing doctor can't even test these remedies because it is not a body response medicine. If you muscle test, any doctor that muscle tests or even maybe lay people that muscles test.

You're used to putting a remedy on your body and that muscle changes because the body it's you're trying to modify the and you are listening with a muscle.

With this, it is like you can't ask your do I need this when your can see it even. It's practically so subtle that only the types of phages that can even perceive that unique signature can get activated and stuff.

So I do understand. the hesitation. I do tell my patients sometimes that it's not a belief system. You don't have to believe it for it to work. Right.

You know, well, that's the thing is, you know it works on animals. They don't have a belief system. Oh, absolutely. There's no inhibition. Yeah, I try to get veterinarians excited about this and they just got they're just basically I talked to one the other day and she was all excited at first and something just kind of came over her face and She was like shut off after that.

She's like I don't understand, but it's kind of weird. You can do human research all you want, not really all your want. But if you have an IRB, you can hardly get animal studies done anymore because we protect the animal.

Yeah. Well, anecdotal then. It's an interesting phenomenon. I treated the deer on my property using these formulas. How did you do that? I put it in the water tank and poured it into there.

Okay. And so that way that my deer wouldn't actually have infection, the blime and all that kind of stuff. I mean, we've done some really cool, cool stuff out there with, with this technology that we can't, you know, how would you give it to bigger animals?

Like I haven't done done to my horses yet. You know, it's, fresh water in and just tap the ampule into the water bowl. Tap the Water into there, you know with our cats, we just kind of sometimes my wife will, open their mouth and get me to put some in their mouth that way.

But it's like, it, you know, animals are always kind of hard to get in there. Sucking it through the straw. And then I'll like I tried to blow it into their mouths.

That's a good idea. I put it in my hand. He'll lick it out of my hands. Another thing that we do to my, my dog loves to do that. Yeah. Laps it up, which I, I really love the fact that animals seem to have a sense The first few times I gave him the lime formula, he like dove at my hand.

Really? And he licked and licking licks and when then about day three, He was like, that's nice. Yeah. I thought he must be done with it. But no, it's understandable to have doubt.

And I'm like, I feel like an ambassador that I am trying to open and protect this technology, bring it to the world, and knowing that somebody smarter is even going to advance it because we're way more advanced than we talk about because of some of the things that we are now seeing.

I guess I can tell you on this show, I'll tell, you one of the cool things was we're starting to target the autoimmune antibodies. Really? Now those antibodies were targeting an infection.

So we, let's just say, rheumatoid arthritis, Let's say. Okay. They found that there was a subdolagrandulum didylessia infection, they actually found a new bacteria that had never been named.

Wow. And the researcher was a Cherokee native, female PhD out of the University of Colorado, and she got to name the bacteria. So apparently Didylestia is arthritis in Cherokees.

Okay. Sub-dolagranulum Didyleschia. I was instantly emailing that researcher and saying, can you share some of

this infection with me? Because I need the actual bacteria to start the phage induction process.

get it out of nowhere. And the legal department shut it down. They went to university. So they wouldn't share, but I figured out a segue to get around it anyway.

It was exciting in this one lady that I tried it on so far where She, her husband would tell me that, and this is a wheelchair case. She's so debilitated, you know, just the absolute deformity of the hands.

He said that when he would try to open her hands up, like to, open it like this, she'd scream bloody murder. And when, he said, how on a scale of one to two, excuse me, a one-to-ten, what is the pain level?

And she said it's a 16. And by targeting the antibody that I could detect from this infection in that's damaging the knuckles, it's actually the antibiotic that is destroying the joints and things.

Within three weeks, he called me. I was just walking down the hallway in the clinic and they were in their IV room. And he said, Dr. Jernigan, come see.

It was at the end of their stay, which was a three week stay. He took her hand and he goes, look. And he could open it up and she was just smiling. And when she got there, her head was off to one side and now she had her had up.

I can tell you there was nothing I've ever done in my career that could have done that in three weeks. Nothing. We targeted anti-thyroglobulin antibody.

So for those people that don't know what that is, that's the primary cause of hypothyroidism or Hashimoto's. When you have Hashimoto's, you'll have high anti thyroglobulin that damaging that thyroid function.

That was the first thing we targeted ever was that particular antibody with phages. Wow. Now think about that. Is there a formula for bacteria? We're targeting some aspect of the antibody itself.

I can't tell you for certain because we don't have multimillion dollar laboratory to show you that kind of thing. But the proof is kind in the clinical pudding, as you would say, where the antithyroglobulin antibody within five weeks went to zero.

And then I waited another five weeks and redid the test and it was still zero. The lady lost 10 pounds without trying. Her hair quit falling out and she had just abundant energy to match.

So you kind of go. Well, the thyroid medication people are not going to like you. It's about healing and healing without damaging something else. Remember how I said maybe earlier, I didn't say it, but longevity medicine is the rage right now in regenerative medicine.

Everyone wants to live longer, you're never going to achieve longevity as long as you are destroying aspects of your body through the medicines you use and the choices you make.

You cannot live a long time and destroy the very things that are providing you with that life. You can not get away with taking antibiotics. It's a lie.

It was working. Why does your MD have to rotate the antibiotics? Why is he pulsing antibiotics, why are they the latest and greatest antibiotic? I think it lasted some ridiculous amount of time before the infections mutated like six weeks within.

You saw that graph where less and less, and because the bacteria are getting better and better, better at resisting it. So. I question why there's so much resistance to something that is natural.

It has no effect on the human body. I mean, we've done almost a half million doses. Wow. Half million. Almost. That

may be an exaggeration. Four hundred and something thousand doses Well, that's close to half a million.

Yeah. Over 400,000 doses with no adverse effects from the medicine whatsoever. I mean, I'm sorry, but I failed to see and it's so precise. You could look at this and say, nah, just give me the antibiotics, but people will fight you to the end.

But now thankfully we have some of the top line doctors, the LLMDs and stuff, and the LMNDs now are starting to change. Like I have one medical doctor that's, he has two different clinics and he's just killing it.

And he told me, He said, I looked around at my clinic and I go, why am I doing all these things still? I'm just going to do the phage inducers and e-boot.

There you go. That's what he's doing now is just, he just quit doing the antibiotics is why it damages my patients. They they're horrible. Now think about this.

My wife had Lyme disease among a whole bunch of other things, but her LLMD in Texas told her to expect to feel horrible for the first five to seven years after which you might start feeling better.

Right. And he was he. Talk about man talk about setting the bar low he doesn't have to perform he anytime my wife would complain he just say well I told you you're going to feel horrible from the antibiotics and they just rotate him sometimes she take.

just almost like a child's dose of Zithromax and it just destroyed her aspects of her diet. She could no longer even have foods because of the antibiotics.

And I'm looking at this and I go in and why are you still wanting to do something? That's obviously from the graph. We see that that is worldwide. It's not working and they will fight you to the death that doxy is still the it's still effective.

I had that argument with Grok the other day. I was like, why are you saying Doxy is still effective? And it said literally because so many doctors are using it.

Well, there's logic. They wouldn't use it if it worked. And I'm like it's in the tech cycling group. If you looked at the graph, it quit working way back in what, the 1960s.

19. Yeah, why do it? And I, I would bet money that I'm going to get pushback on this because how dare I You know, but I'm like little children, they love inducers.

It's like this little glass. And by the way, I wish I had one. I see so many, you know little kids who have, who has Lyme and other infections and you.

They're being put on all these antibiotics was destroys so. Many things in their body and it's hard for parents to grasp that this is something that'll work.

Right. What do you say to the parents of all these kids, like these autistic kids who you know have viral issues besides bacterial issues. Right. That is a mess.

They've been vaccine damaged. Like, what do, you, What are you saying to those families? Often I'll say on a consultation, if I'm doing a phone consult with somebody, I say, i'm going to tell you what no one else can, well, no other doctor probably tells you on the consult.

I cannot fix everything. Number one, I can't, but what I do is a lot of the time more than the next guy sometimes can do. That's all we've done for 30 plus years now.

And so I also would tell people, when doing nothing is really bad idea. I saw that in Africa when I was there, it was

like, talk about seeing diseases at their most advanced stages.

It's just horrifying. So do nothing, is not a good idea, doing the same things is intolerable sometimes, because now these people are so sensitized to the medications that there are no more options.

It's cookbook doctoring anyway, it's medicine for the masses, I call it, that's being practiced. Its cook book doctor where they're treating a diagnosis instead of a person.

And so when doing nothing's horrible, doing the same thing is intolerable. Doing something radically different that has a history of no side effects, no Herxheimer reaction that has actual research.

This is one thing that gets me there. I'm pretty sure there's no treatment in the Lyme disease world that uses the latest and greatest lab tests. No. They're looking at antibodies, which is notoriously bad.

Even if you're using something that's a hundred percent specificity, a 100% sensitivity, that some antibody test. Yeah. You're able to say the body has these antibodies.

IgG and IgM. But we now know from the research that those two, both of them, IgE and IGM can persist for months or years beyond the disappearance of the infection.

So how are you using that and why would you use that number one to diagnose it and how would use it to prove and they don't actually use to proof that it's gone.

And we are, and we're the only thing, I think, in the infectious disease world that is following the pharmaceutical procedure, doing the testing, during the research.

You have not just lab tests. I published my Borrelia study in 2021. in the Curious Medical Journal and still it's available to see online. And it was a retrospective of 14 months of treatment.

That article, as far as I know, is the only natural product that actually has laboratory proof. I didn't write it to basically focus on clinical outcomes.

You know, like how good did the patients feel afterwards? And the reason was because we did a lot of therapies at the same time. And a lotta articles don't, they don' really declare it or if they do they put it in the first paragraph.

Like one of the more popular ones said, we gave 80 something people such-and-such remedy and other nutritional supplements and at the end they felt better and I'm like, yeah, but if you know what the other Nutritional supplements were it was high dose this and that but at The end of the study we're gonna point at our product.

We're trying to sell you as what did it Right. Yeah, so I didn't want to play that game I wanted to be honest and plus I was only out to prove that it Was phages and nothing else that did And that was, that's what we achieved.

But some of the patients cases in that initial study were quite dramatic. One girl, one lady was in a wheelchair, got out of it in two weeks. I mean, she just was profoundly sick, about 87 pounds.

And she was thriving to the degree that ultimately she wanted to work at the clinic and it was right in the middle of COVID. So I was like, hello, we're barely open like everybody else and you want a job?

I'm like I don't even know how I am going to pay rent next month. 48 two-week patients canceled overnight.

Safety, research, and practical use

It is quite interesting to see the response of the gatekeepers. I'm not trying to be negative, but I understand that there's been a history of things that came on the market that just didn't measure up.

But they didn' want anybody to study their product. And we do, we've sent it off. We've done all the testing we can do. And people would say, well, you have a small study because we had 26 people, but that's actually a large study in the phage world.

In the phase world, there's not a lot of anything but clinical outcomes. There's no actual lab testing that has been done to prove it. So we gave this phaged to a patient, they felt better, that kind of thing.

And that's the dominant almost, I think it's more like 90 something percent of the articles published worldwide since the 19 teens or clinical outcomes studies.

Not so much the, you know, lab testing like we've done. That's amazing. Yeah. It's a fun, amazing way to do it, to treat. And like you mentioned, I don't know if anybody noticed, you can kill a whole lot of cool things in the body that you don' want there necessarily.

But if you get the right thing targeted, the symptom generally won't go away. I think that's the challenge, right? It is, and that is why these cocktails, i think the SIRS formula you mention, haven't even counted how many different things are targeted but well over a hundred different.

Well over 100. And I think res is well over 100 cms is Well over a hundred. It may even be. I don't know. Oh, I want to say 200 but and the fact is it's People say, how can you do that?

And I will share that. That is, it's similar to how that all the radio waves, all that cell phone conversations, All the frequencies that we can't see with our eyes are all there in our space.

Like, you know, use your cellphone and it transmits through the wall, through, the ceiling, sometimes through. The elevator, if you're in an elevator.

Yup. goes to the person you're talking specifically enters their ceiling their walls and their everything so imagine i'm just trying to broadcast into the body and distribute instantaneously throughout the entire body.

The. The whole reality of things is that nothing is harmed. People say, well, what about intracellular infections when phages can't reach them? But the infection went into the cell with its own infection.

And so the signal can transmit across that. It's well known that phage can dissolve the biofilms even. So people say well we need biofilm busters. Not so much now.

So that's another supplement maybe that a patient can or can just maybe say, no, don't. I'm not going to do it. Is there anything that needs to be taken with aphasias to make the outcome better?

IV magnesium helps. Oral, I just published an article about the oral. It's about, can't remember the number, like one 10,000th When you take the maximum you can orally of what you would need to actually get to the levels that actually increase phage killing.

So IV like a Myers cocktail that has a decent dose of calcium and magnesium has been shown. To that magnesium and calcium can actually increase phage killing 10,000 fold.

It's called. Wow. Essentially 10 thousand times greater phaged killing in a Petri dish. And so we're extrapolating that that will happen inside the body as well.

Yeah. They say that phaged killing goes to zero. when there's a depletion of the magnesium. The free magnesium, not just any old magnesium free circulating magnesium not bound to your tissues.

So, you know, that's where in our clinic, we're doing a lot of time, every time IVs that will provide that free Magnesium while you're doin' it. But at the same time probably 99% of this time I'm not doin IV's on my friends and family.

I definitely not doing it on to my pets. It still works. Mm hmm. And hopefully a person isn't that depleted anyway. Right. Is there anything a. Person can do that would negate the the inducing?

Allow their bodies to get deficient in medicine. That's that's one of the best ways. It was like with your cell phone or like eating too soon or eating the wrong things.

No, that it's we know the remedies are safe to go through x-rays and they they're safe. They're estimated to last for seven years, by the way. So, well beyond the two-year waiting, I mean, shelf life of most remedies.

There's no preservatives in them, so you can't react to some preservative. Can you fly? You can fly with them. You could fly them with, yeah, you could put yourself on that.

I wrapped all of mine in tin foil because I was like, Oh, yeah. Yeah, I've heard that before, but no, you don't need to do that. Good to know doesn't seem to affect at all.

Okay. Matter of fact, it's estimated they'll be perfect for space travel. So if they really do go to Mars someday, phages far are way more beneficial than say taking antibiotics.

With you on a space flight. I tried to get Elon Musk's attention with that, but he wasn't interested, I guess. But his own Grok thought my product was superior to anything else on the planet.

So that was pretty nice. That was good. Yeah. Thank you, GroK. This has been an amazing conversation. Anything you want to leave parting words for now?

We'll have you back on. Let's say parting words. I would encourage people that there's hope. You know, you ask, what would I ask or tell people? That are doubtful is like, It's just something that's incredibly has so much potential to help.

And of course I want it to heal everybody. It is like nothing I've ever seen. Like if you walk in my treatment rooms, all the five treatment room, there's these massive racks I had built custom made to hold probably around 4,000 of the best natural products on the planet from all over the world.

Phages have knocked most of them out of the running almost it's it isn't that you you don't have to do anything to heal I do use those other products to Do healing regenerative stuff and a lot of things in the clinic because we're not just about in killing infections That's just part of this study.

I mean part the work Because it is I like to tell people it was like having termites in your house and because most people understand termites. If you catch the termite infection of your house early, then killing the infection, guess what?

There's no symptoms of the thermites, like your health when the storm comes will stay nice and firm and stay erect. So if the Termites had been there for 20 years already, And then killing the termites is still a great idea, okay?

The termite's being like your infections in your body. Right. And still, a good idea. But it's just, sorry, gotta fly. The damage is done. So killing infection doesn't always get you out of the proverbial wheelchair.

You may not be in a wheelchair, but you may be We may not be able to function in some way or your headache just doesn't go away. And by the way, there's Candida auris that's causing a lot of neurological headache type stuff.

I found it in the gentleman's, what was it I'd found in it the other day. But anyway, it's coming, they say it was hospital born, but no, its actually entered the food chain as well.

And it's not, it, horrible. So something to be watching that's in the CFO formula out there. I don't know why I, maybe somebody needed to hear that. Yeah.

It's hard to diagnose. Your doctors aren't going to find it. That's very often missed. Very lethal. One of the most lethal things out. Really? Yeah, so anyway.

Fixing the damage is the rest of the work. And that's the thing where doctors can now not spend so much time just trying to kill the infection. They can spend all that time learning to be healers, not just killers of infections.

That's actually, I tell people, and I don't mean it out of arrogance. It's like, that easy. that is relatively easy now. and it may take like in conventional phage therapy where they're putting phages into your body.

I read the other day in a book. I don't know what the phage book was a title was anymore, but it was good book, that they said phaged therapy is often seven months long.

And so give your body a chance. I mean, I know that you know a doctor, a kindred spirit that's in this doing this work also. And he told me a story of a lady that in his text, he was all excited.

He said, she was cured of MS overnight. But I'm like, overnight? That's, that's kind of extreme. But what he meant was after 30 days of taking it, nothing had happened in that 30 day.

And then spontaneously at somewhere around that, 30-day mark, it was all gone. All of her symptoms were gone and I remember he told me that it came back after like I don't know, several weeks.

I can't remember the story correctly. So she, she just wanted to take another 30. Even though she didn't think she needed 30 Because again, this is a medicine that I shouldn't call them medicine because that puts it a different category.

This is something that you could take forever and it's not going to do anything. Right. Because if there's nothing there, I can't, it can target anything, right?

I, can I. Can't stimulate a phage. Like if you don't have all 100 phages, that's in a formula. It doesn't only matter because that energy dissipates and the things that are in your body are addressed.

So if had 20 of them, it's going to go after all 20. Okay. If you've just had one of those infections out of a hundred, the rest is going dissipate out and that one that you actually are worried about will be addressed, but he, uh, she took it again, another 30 months, I mean, 30 weeks.

30 days. If I can get come down enough 30, days and the symptoms were gone again and have stayed gone last time I heard which is maybe a year. I think so.

Has it been a, year maybe you know the story I'm talking about. So these stories are just coming in all over the place. It's really fun to be able to have given the world something.

I mean, it's an entirely new category of healing. it has never been done. Never been postulated. Its never possible. And so not many people can say they came up with a brand new thing like this.

Again, our research is going way beyond this now. We're able to target all kinds of cool things. I'm so excited about the thyroid and the antibodies. When is that coming out?

Well, it's in the plans. we actually do have some standardized formulas for a lot of the autoimmune type things, so once that Once that came to be, it's like, I'm not necessarily an expert on autoimmune diseases.

So that was like having to buy all these antibodies from biotech companies. And then I could actually target each one of these things. As a, for instance, an autistic and pans, pandas type.

Which is so prevalent right now. Right. Oh my goodness. A lot of them have a lot these antibodies such as the anti-DS DNA antibody. So imagine DS DNA.

That means double strand DNA, antibody that's attacking your DNA in your brain all over. Targeting that with phages from that child's own body to turn it off, to stop it, eliminate it somehow.

it's showing potential. It's not there, but it is showing the potential and all these other autoimmune diseases. Some are easier than others, it shows potential when we get it all figured out, then we'll release another product, wine maybe, that's just the antibody.

But you don't want to deal with the antibodies without killing the bacteria that was created. Yeah, straps and stuff like that. So it might be beneficial if I can name all the different formulas.

for the readers to give them an idea. There's a UTI formula. So it's called inducing U T I G I formula for gastrointestinal. Your abdominal, any kind of problem you're having like Crohn's or you know, just gastritis or anything like that gut related.

We have res like you were talking about where it for respiratory tract from the sinuses all the way through your lungs. That's it. One of my favorite remedies.

It's one of the first ones even. We have the LDRF, which deals with the totality of chronic Lyme and acute Lyne. When it's acute, people won't believe me, but it looks like I've seen it.

I almost never get to see something early because we deal with chronic illnesses. But when we do see it early, like the first week or two, it is generally gone.

All the symptoms are gone too in just like days. It's crazy. Yeah. Croc actually took all the statistics from my study and said it, so something like a hundred trillion to one chance that this isn't phages doing it.

Cause there's arguments like, well, you don't know what you're doing here. You might actually not be stimulating phage is only phagous in that study. 77% of the patients in my, my line study were eliminated in after a four day treatment.

Four days, four days. Four day's line was gone or days and, and after a total of two weeks, cause remember if you successfully killed them all, you'll all the pages of that type will die as well.

So that's what that phage test was looking for. Yeah. Was so they were tested and 88% of the people we could continue to follow stayed negative with that same super sensitive test that was developed in Leicester university in England.

I need to know if there is nothing else on the planet. It's so funny cuz ninety two percent of the participants were negative after a thirty day.

Hope, access, and closing remarks

Ninety two seventy seven percent were eliminated in four days. But over the total group, something like 24 out of 26 were tested as completely eliminated after a 30 day round.

So now we just say take four to six weeks of almost any formula for a chronic situation just to be on the safe side. Yeah. You know, and just run through it.

But another finding that is recent, not recent to me, but recent talk about is people with like hay fever. Oh yeah. I actually used to never get hay fever, but when I lived in Kansas and Tennessee, it was just horrible.

And one day I took MLD, that's another formula, induce an ML D for molds and the mycotoxins are targeted. Even now we're targeting the toxins themselves using phages and all my symptoms went away and I'm like, I have, Hey, why did MLD fix that?

I would get it bad. I mean, it was like, I even crashed my pickup truck into the side of the garage one day. Cause I pulled up, gone and explored in this old derelict house that was in the middle of a pasture.

It was, like I don't know who owns it, but I was. That's cool. And I went to go look at that house. it's full of mold. Then I, was by the time I got to the truck and I had no tissue, just running, nasty and sneezing.

pulled up to my garage, and I'm just sneezing, I didn't have any MLD with me. And somewhere along the line I thought I'd put the truck in park. So I took my foot off the brake and I just crashed into the side of the garage because of this massive reaction I was having and all of that goes away when I will take MLD.

And so I looked it up and sure enough, there's research that shows that mold spores attach themselves to the pollen that's flying around in the air. And these horrible symptoms that we're having all these years may not have been the pollens as much as the mold.

If people say, well, what kind of mold is it? Well, it's the aspergillus and the penicillium from the dead leaves and dead grass and dirt. That's where they come from.

You breathe in these spurs in with the the pollen. Maybe the Pollen just irritates the mucous membranes, but the mould is what's doing it. So that's a new use for the MLD formula is these people that are reactive to the mold of their houses and in different pollen type situations.

So there's that. There's also, let's see if I can name them all. staff so this leg was going to be amputated we were able to stave that off using this staff formula and it has a mix of all the co-infections that are typically seen with staff and there is also my favorite mycoplasma formula which i'm finding a lot of people with pain syndromes have myoplasm in their joints and muscles and You know, like hip joints, shoulder joints elbows that they thought was from injury.

Yeah. The injury is where that these infections go and the body is, is. Where you're injured. So that staff formula can go great for those kinds of muscle aches and pains and pain.

Right. There's 15 different formulas. I even developed one recently. You don't even know about yet. I called it Inducing Sky. Do we have time for me to go into what Inducing Sky is?

No, we're already an hour and a half, so go ahead. Okay. So, I don't care what anybody believes. I actually believe that chemtrails are being, were being sprayed.

I believe you. It's, it's so when I thought about this for years and I've actually done it in various ways to try to come up with a way to counteract what they're doing and what their spring and.

What's in the air already from everything that's going on. But one day I decided I'm going to take deuterium depleted water. This is like beautiful water because it captures the energy of everything.

That's hits it. and holds it really good. So I set it outside on some of the worst chemtrail days. The sky was just about as bad as I'd ever seen and over Florida of all places.

Of course. And I'm telling you, I would take and I test that water using my BES testing. Every pathogen that I can test for heavy metals, viruses, bacteria, fungus, mycoplasma, prion, all kinds of stuff is in that.

Water that shouldn't be there. You know, it should be maybe pollens and things like that, but not all this stuff. And I didn't even try to figure out what they were specifically, because I was like, number one, what their sprain probably isn't conventional.

I'm not going to. But I can capture the electromagnetic signatures of the totality of what's in the water and target phages in my body to address the total of.

Not knowing what it was, but just knowing this is pathogen rich water, right? And then be able to do that every single day until the formula no longer needed to be modified.

And that took about three months of modifying the farming and modifying their farming. Cause I've tested yesterday's formula is today's stuff that's in the water.

addressed sufficiently by the formula I made yesterday. And it would be, well, it's good, but it needs something added. It would beat my test response for all those months.

They recently had the Sahara dust storm. I was like, Well, yeah, maybe. Maybe it is duststorm, But what's in that dust? What did it gather out of the stratospheres on the way?

I mean, all the different levels of Sahara dust on its way here. So then I tested my formula with that hanging over Florida. And guess what? My formula no longer.

It was good for everything prior still, but it's not enough for that. Well, that really took it over the edge. I predict, even though it's not necessarily conventional the way the others are, they're, pretty straightforward, you know, targeting sages to go do our bidding that way.

This is, this is doing some amazingly cool things. Some people are getting some pretty dramatic. Improvements just by doing that one formula. So that'll be coming out Well, that makes me think of our animals outside that are exposed.

I mean, you know your horses in the pasture and yeah, You know, so it's just kind of a you. Know the sky's the limit as to how we can use this technology And as I said at the very beginning I found it, and so I want to make sure that eventually the right people that are smarter than me can actually run with it and do even more things with.

Wow, I am so delighted that you came on today. I have such a deep respect and appreciation and gratitude for you and what you're doing. I'm for me my family my pets my clients we just really all of us really appreciate you the practitioners that are now we we meet once a week any practitioner out there where we have a practitioner group where were meeting and talking about the induces and You know, trying to make more lives than we can.

And we've been able to support some time. Absolutely. It's on Thursday mornings. I'll send you the link. Awesome. Love to have you. We would love to. Have you so you are you're a gem.

You are a gift from God. and I just want you to know how much you appreciate it. Thank you, so much. it means a lot to me. Yeah. Anything else you want to you?

Want to say before we? No, you know. Hang in there, everyone. Help us. help us around the corner, maybe. Yeah, absolutely. Well, thank you. Tell your doctors because exactly now, not originally.

I see people still saying it. And I would ask that people help get the news out there because again, it's not a belief system. It isn't woo woo. it It's actually based on really strong science.

The science is behind the practitioner side of the website, but the web site is Phagen Corp. So PH, like Paul, Harry, P-H-A-G-E-N-C-O-R-P dot com. And the doctors can sign up and healthcare providers of all kinds.

It's not just physicians. I mean, nurses, nurse practitioners, PA's, you know, if you're in the healthcare field and treating people, And you have a license or you you know, really strong credentials.

It's available to your doctor. You don't have to come to my clinic to get it. I mean, the nice thing about my client is we can customize things. So if you.

Have some exotic bug that isn't responding to anything else, we could sometimes find it and customize a formula just for you, but yeah, it's hope is there.

We want to just help the world heal and heal better, heal faster. Absolutely. Thank you for having me on. This has been so much fun. It has. And thank you everyone for listening.

We really appreciate you. I know you know somebody who needs this information, so make sure you're sharing all of this. All of Dr. Jernigan's websites and information will be in the show notes, as well as I have a list of practitioners around the country who use the phages, and you can contact me for that as So thank you all for listening.

God bless you and I will see you in the next episode. Explore our courses and our coaching programs at lorihammer.com backslash store. So until next time, remember you cannot medicate away a nutrient deficiency and healing your brain isn't just possible, it's powerful.