# Helping Kids Overcome Vaccine Fear: Queenie Gets Her Shots Transcript

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## Starting School and Shot Anxiety

Starting school is a huge milestone for any five-year-old, but for many children, there's one big hurdle standing in the way of that first day, the fear of getting their shots.

Pause. Today, I want to talk about a powerful new tool designed to turn that fear into confidence.

## Introducing Queenie Gets Her Shots

It's the coloring book. Queenie gets her shots, pause. This isn't just a storybook, it's a community-driven project. It was authored by Jennifer King, president of the NCNW East Oakland Hayward Section, and brought to life with beautiful, culturally resonant illustrations by Dr.

Ajuan Mans.

## Community Project and Cultural Illustrations

Pause. This project is championed by the African American Wellness Project. We are dedicated to health equity and providing trusted information to our community.

So, why does this book matter? In many communities of color, there is a deep-seated and valid hesitancy toward the medical system.

## Why the Book Matters for Health Equity

Queenie Gets Her Shots addresses this head-on. Pause. The story follows young Queenie, who is terrified of needles. But instead of just telling her to be brave, the book educates.

Her friends and family help her understand the science. And crucially, they share the historical contributions of Black pioneers in immunization.

## Queenie Learns Through Science and History

Pause It transforms a scary medical requirement into a moment of pride for the whole family. pause. Queenie's story has already reached thousands of families across the Bay Area and beyond.

If you are a parent, a teacher, or a pediatrician, you can join the movement.

## Reaching Families and How to Request Copies

Request copies of the book by visiting eohncnw.org or through the AAWP website. Pause. Knowledge is power. And when we empower our children, we protect our future.

## Closing Message: Knowledge, Health, and Confidence

Let's help our kids stay healthy, stay in school, and stay fearless. Just like Queenie, be safe. Be ready.