Homestead at twilight - Way2HealthMD Transcript

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Homestead Introduction

Hello, Lisa Broyles here, a little bit Hello, Lisa Broyles here, a little bit different video introducing you to my different video introducing you to my homestead on a summer evening at homestead on a summer evening at twilight. Behind me there is our goat twilight. Behind me there is our goat pasture and we've got several goats and pasture and we've got several goats and a llama that are wonderful lawnmowers.

a llama that are wonderful lawnmowers.

Organic Garden and Muscadines

And I'm going to introduce you to my And I'm going to introduce you to my garden. garden. garden. We do all organic gardening. These are We do all organic gardening. These are muscadine vines that I transplanted muscadine vines that I transplanted about a year and a half ago.

about a year and a half ago. And I'm excited because I will have And I'm excited because I will have muscadines this fall. Got a lovely muscadines this fall. Got a lovely cluster multiple places, but here is an cluster multiple places, but here is an example.

example. example. And no sprays required. Muscadines are And no sprays required.

Strawberries and Soil Preparation

Muscadines are super hardy, do really well and they are super hardy, do really well and they are absolutely delicious in October. absolutely delicious in October.

And those are riding a rail just above And those are riding a rail just above the strawberries which are a little the strawberries which are a little overgrown now, but I had the most overgrown now, but I had the most wonderful strawberries late spring. My wonderful strawberries late spring. My daughter just ate, I believe, the last daughter just ate, I believe, the last of them. But this is the strawberry of them. But this is the strawberry patch here. You can still see some patch here. You can still see some flowers, so we might still yet have a flowers, so we might still yet have a few more late season strawberries.

few more late season strawberries.

Cucumbers, Zucchini, and Stuffed Blossoms

So in the winter So in the winter we lay this black plastic that you can we lay this black plastic that you can see here and it completely covers the see here and it completely covers the garden bed and then we rent a tiller, we garden bed and then we rent a tiller, we till it up along with our own fermented till it up along with our own fermented goat, llama and chicken poop. Mix that goat, llama and chicken poop. Mix that all together and we have a lovely soil.

all together and we have a lovely soil. We use, again, no We use, again, no chemicals of any kind. Here I've got chemicals of any kind. Here I've got some cucumbers and we've got zucchini some cucumbers and we've got zucchini and I just plucked one of the zucchini and I just plucked one of the zucchini right here, nice and right here, nice and small to keep them tender and we small to keep them tender and we absolutely love eating squash blossoms absolutely love eating squash blossoms and zucchini blossoms. These guys right and zucchini blossoms. These guys right here are absolutely delicious.

here are absolutely delicious.

Squash, Root Crops, and Edamame

You can pluck it and open that up and You can pluck it and open that up and stuff it with your favorite cheese and I stuff it with your favorite cheese and I usually add a little basil and rosemary usually add a little basil and rosemary from my garden from my garden and and and spray it with a little olive oil and spray it with a little olive oil and grill those and they are an absolutely grill those and they are an absolutely delicious summer snack. So, here we have delicious summer snack.

Pond, Fruit Trees, and Summer Berries

So, here we have our yellow squash and our yellow squash and all of you can see the little baby all of you can see the little baby squash doing real well and all the squash doing real well and all the squash blossoms there and we have purple squash blossoms there and we have purple potatoes and purple sweet potatoes potatoes and purple sweet potatoes in this row here along with some in this row here along with some radishes and beets radishes and beets and over here we've got brussels sprouts and over here we've got brussels sprouts doing nicely doing nicely and behind them edamame which nothing and behind them edamame which nothing likes as far as bugs and we adore and likes as far as bugs and we adore and then up on that lattice in the early then up on that lattice in the early spring we had sugar snap peas but spring we had sugar snap peas but they're done for this season.

they're done for this season. Behind those bushes there we've got a Behind those bushes there we've got a huge swimming pond and I also use the huge swimming pond and I also use the fish water as a nice fertilizer for my fish water as a nice fertilizer for my garden garden garden and we also have some plum trees right and we also have some plum trees right here. We've got here. We've got all these little baby plums. See them all these little baby plums. See them right there. They'll be ready here in right there. They'll be ready here in maybe a month and I've made some plum maybe a month and I've made some plum jams from those.

jams from those. We also have a giant persimmon tree We also have a giant persimmon tree right there. In October we will be right there. In October we will be making persimmon cakes making persimmon cakes with that deliciousness.

with that deliciousness. We've got blackberries coming out our We've got blackberries coming out our ears, blueberries ears, blueberries honeyberries and just about every berry honeyberries and just about every berry that you can.

that you can. And that is our summer garden at And that is our summer garden at twilight.