How Do Ionized Foot Detoxes Boost Your Health? Transcript

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Introduction to Ionized Foot Detoxes

So I want to talk to you guys a little bit about ionized foot detoxes. Now this is one of those things that definitely carries a bit of a controversial explanation or depiction.

So there's a lot of data out there that says all the ionize foot detoxes do is change the color of the water. And that is in fact true for the majority of brands that are out their.

Why Some Detox Claims Are Controversial

When I was first looking at getting into some ionized foot detoxers, the first thing I did was consult with my group of colleagues. I have a tremendous amount of friends who are chiropractors, MDs, who have lot of credentials, are very intelligent people, and they continue to tell me that they had great success using ionize foot-detoxers.

So I had to do some more digging and research and understand what's the difference between these reports that I hear that it just changes the water and obviously in my friends who I trusted and what they're telling me.

And that was like anything that's out there. Not all brands are created equal. There are two brands out that have found that are scientifically proven to remove things like aluminum and mercury and other chemical toxicities from the body.

Brand Differences and Scientific Evidence

So instead of going to a salon where you may have somebody doing a little smoke and mirror trick with you because they bought a $300 unit, we've invested thousands and thousands of dollars into the machinery that we have.

And we a tremendous load of patient testimonials that have received improved benefits from doing the ionized foot detoxes. How do they work? In about a 20-minute period, all the blood in your body will circulate from head to toe.

That's how efficient your system is. Your feet are the farthest point away from your heart. So the body is always going to work to take toxins and impurities in the bodies and push it down to the extremities, down your feet.

It's the furthest points from any of your core organs. But the bloody will still circulates through your feets totally three times in a twenty-minutes period.

How the Foot Detox Process Works

Everything in our atmosphere carries a positive or a negative charge. So if we were quantum physicists, we would really understand this. But in simple terms, there's positives and there are negatives.

In the toxicities that are in your bodies, they will also carry a negatively or positive charge, so when you have your foot in the foot ionizer, the array, or the apparatus where the magic happens, sends an electrical charge through the water.

Every time your body is circulating its blood and there's a negative or a positive ion based upon the toxicity, it'll start to be withdrawn and pulled out of the feet.

I've watched people report amazing successes with arthritis, inflammation, migraines, some immune system insufficiencies.

Reported Benefits and Closing Invitation

So there is some real tangible data that I've watched with this, and we have a unit that has the scientific studies to prove it actually can remove things like mercury and aluminum from the body.

If you're interested in doing more with detox, especially with the ionized foot detox bath that we offer, come check us out at Synergy Nutrition and Wellness.