How does my Core Restore Detox work? Transcript

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Liver Health and Detox Stress

Your liver is one of the hardest working organs in your body. It works around the clock to protect you from harmful toxins. Too much stress, lack of sleep, and low nutrient foods can make your liver sluggish.

Fatigue, mental fog, hormone disruption, or unexplained weight gain could be a sign your livers can't keep up. If any of these sound familiar, it's time to jumpstart detoxification and healthy elimination with Core Restore.

Signs of Sluggish Detoxification

The formulas within the CoreRestore program provide increased cellular energy, micronutrient cofactors, clean protein and fiber with plant-based alkalinizing factors to support optimized detoxification and elimination.

But what happens when your body undergoes detoxification?

Introducing Core Restore

The liver, along with the digestive system and kidneys, uses a three-step process called biotransformation to neutralize and get rid of toxins.

How Biotransformation Works

Activating birotransformation requires substantial amounts of cellular energy in the form of ATP and involves the crucial role of mitochondria, which are responsible for generating the cell's energy supply.

In the first phase, fat soluble toxins are converted to intermediary metabolites, which are volatile and need to be removed quickly. In phase two, the liver uses six specialized pathways to process and package these harmful toxins.

in phase three, The body safely excretes the packaged toxins out of the body through the urine and stool.

Core Restoreu2019s Three-Phase Support

The CoreRestore program includes three formulas scientifically developed to provide complete support for all three phases of active biotransformation and support the body's high energy demands.

In addition to nutritional formulas, Core Restore includes a comprehensive handbook with chef-inspired meal plans and daily guidance to empower you to achieve your health and wellness goals.

Meal Plans and Program Benefits

The Core Restore program is the power-packed active biotransformation protocol you need to help you reduce toxic burden and feel rejuvenated from the inside out.