# How Vision Therapy Changed Their Son's Life Transcript

(Transcripts are generated by AI and may contain errors)

## Before Vision Therapy: Uncertainty and Meltdowns

Our life before our son saw Dr. Alpabom was very uncertain and Atlas's behavior was, it was scary. And we had taken Atlas to an occupational therapist.

We just weren't seeing a whole lot of progress, but he did have pretty explosive meltdowns fairly frequently. We did an intensive training across the time of a week with Atlas and we started noticing some pretty distinct changes within just a few days of vision therapy.

## Rapid Improvements During Intensive Therapy

And those were a significant decrease in the length of time or even the frequency of meltdowns. We saw immediately more attention. His patience has changed dramatically.

And then we saw an ongoing series of changes with him that are around his overall behavior, his temperament, and then also his, you know, scholastic, mathematic abilities actually at school.

So, interestingly enough, we have some test results from before and after doing vision therapy, where he was at or below the benchmark for his age group.

## Academic Gains and Test Score Growth

And then within months of doing Vision Therapy, far exceeded test result of his other peers. He loves soccer and has played organized soccer since he's probably four.

or maybe even three on teams, and had scored one goal in like three years. And the fall season before he did vision therapy, his team did not win a game.

In the spring, same soccer league, the same type of kids, everything.

## Sports, Confidence, and Better Performance

His team went undefeated and Atlas was the high goal scorer on the team. He said to me at one point, he said, Dad, it's because I can see things better.

He started swimming, it's like things started firing on all cylinders and he was able to, because he is able, to see he started skiing significantly better.

It was almost like he's taking more risks, safe risks but he wasn't so timid and scared of jumping off of a diving board or skiing or sports that he'd been doing for years.

We saw such a significant increase in his abilities.

## Reading and Everyday Milestones

Some things that he is able to do now that was not able before, read, write, count. That may seem basic, but really it's been, his growth has been exponential.

And it was so immediate that there was no way of saying, well, this is just because he's in school for a couple of months. It was pretty drastic, pretty immediately.

So being able lay in bed with him and watch him read has monumental. really special.