Introduction to Epigenetics and Bioenergetics

Welcome back everybody. We're going to dive into another really cool subject today. We've talked a little bit about epigenetics expression. It's sort of popped his head through some of these discussions we've had.

It's been hard to talk about how to take action on it. And that's where we're joined by Harry Massie today. So first of all, thanks for joining us. It's a pleasure to be here, Kashish.

We're we're going to look at how you can literally alter your energetic and informational environment to alter your epigenome. So, I mean, then the work that Harry has been doing, he has literally seen an outcome.

He's literally seen an effect of his work. And it's really cool to be able to share this with us. But I know that your personal background, I mean, this is driven by your own personal sort of drive to get better yourself.

I heard you were quite ill when you were young. You know, I was I was extreme, was actually bedridden for for ten years. But, maybe I'll just start just before that.

So I'm an avid rock climber today, but I started my climbing when I was 14 or so, and when I went to university, I was like climbing, overhanging faces in the French Alps on a climb, like without ropes 100ft above the ocean.

And sometimes I would fall off into these. These crashing waves. And I hope they didn't crash me into the into the cliffs. Wow. When I when I was 21 age, I free climbing trips actually led me to being bedridden for for the next seven years.

And on the first trip I went ice climbing on Ben Nevis in in Scotland, where ice climbing is much more delicate than rock climbing. And sometimes you come across patches that are extremely brittle whereby like you teeter, teeter, teach, right?

Easy can. I was a few hundred meters off this ice face. A place like ice stacks of. You know what I thought was carefully but not carefully enough. I made my move, the ice shattered, and the next thing I realized, when they see falling backwards onto the slope below, you know, I managed to, I managed to arrest the rest of my fall in the steep snow, so I below, But unfortunately, although I was in pain, like I walked off the mountain and was in pain and really seen, it was broken.

So I went to the local Scottish pub, had a had a whiskey it. But it wasn't. It wasn't until a couple of years later after I had a paragliding accident.

The last hole that I'd fractured my spine during that fall. But I didn't stop climbing. And, before that, you know, when it was sort of just after that incident, I went to Shamone, in the French Alps.

I go halfway up the aggro. To many, it's another big mountain. Start getting this fever from shaking and shivering. So I got down the mountain as soon as I could.

Checked into hotel. That turned into, I think in the States, you could call it mono. We call it glandular fever. Right. Which basically, you know, at that flight the next couple of weeks, but I didn't I didn't know what it was.

And after that, it just became sort of increasingly more exhausted. Attempting won one more mountaineering trip to Europe, thinking, as you probably would, that the mountain air and exercise would cure us.

And it was a healthy thing to do. Couldn't be more wrong. And that trip, exhausted me so much. They ended up stuck in my tent eating dried bananas till I managed to sort the energy to drive my cell phone.

And really, that was really the beginning of having bedbound chronic fatigue. And really from those from that moment, my days spent flat on my back staring the ceiling.

It was really like living in a dark cloud where you're trying to focus enough to remember what on earth you're thinking. You're like, like, what the fuck did I just think?

I mean, you know, you just you spent half the time just trying to remember what the thought was. Two years of Western medicine couldn't figure out what was wrong with me.

You know, one doctor told me it's like 80% of people had chronic fatigue syndrome.

Harry Massieu2019s Illness and Healing Journey

Basically have it for life. So, you know, take these depressants and just suck it up. Really, really know what to do. I just thought, honestly, I don't mind if I swear I just said, fuck that.

I know I've researched and tried everything to get my energy back, following every protocol. Celeste. I went to Africa to do waterfalls. Lost of my body weight.

So while fasting was good, I would recommend extreme fasting. And the next thing I know, I was in a wheelchair, which, right by the Socceroos, all sorts of diets.

I didn't, I didn't try to eat the meat only diet that was popular 20, 24 years ago. Ozone coffee enemas that deplete my adrenals. And basically just trying to get well with just biochemistry, obviously, it was extremely exhausting and I was just getting worse, not better.

So I lay in my bed staring at ceiling, not climbing, not going on dates, not having a career. And it wasn't one year, not to, not even five. It was seven whole years trying all those different therapies until finally I thought to myself, if I didn't have energy when it was study where energy comes from.

And that led me to find it just the study of energy living systems. So I ended up, I wrote to the, like, the leading professional in the field with, seasoned Yahoo because Google actually didn't exist then.

He was his friends in Australia. He sent me this paper on quantum biology. I reckon I understood, like about 10% of it was totally fascinated. And that's what I felt, honestly, something I hadn't felt in, you know, the last six, seven years, which was hope.

I volunteered to become his research Guinea pig. So, you know, like, was a bit like, a bit like the guinea pig in a story. Like a mouse in a lab. I was experimented on daily.

I got all these incredible reactions, like, like a boy where I'd had an MMR vaccine from an antidote to to a vaccine. I get these fevers, all sorts of weird excretions.

And little by little, I ended up getting my energy back and slowly started living, doing more life again. You know, being able to go on dates, go, go rock climbing again for the first time, you know, rebuilding friendships and perhaps more importantly for this conversation, I ended up starting a apologetics research and development company.

And today, today, that company that we started with, Professor Frazer, it's turned the research into many different technologies that are able to detect and correct your health and energy and relief.

Well, really, for so long, we've been using chemistry or training mainly actually drugs to treat symptoms. These pharmaceuticals called side effects over time.

And of course they only treat the symptoms, not the root cause of disease. But in this whole process of discovering

apologetics, we really discovered a way you can restore people's health in a chemical toxin, a three way.

And then you mentioned epigenetic. So we go down the epigenetic rabbit hole. For sure. But, you know, we've well, we've basically discovered a way where you can, but you can change the expression of genes without side effects that's affordable for everyone because it's incredible.

Your story. Because I, I've heard of the work that you've been doing and bioenergetics and how you've been helping people, but to hear the background of how and what got you there, you know, a lot of the great healing stories start from self-healing.

The motivation is so powerful that you end up finding things that don't exist, because whatever's working or whatever's out there doesn't work for you.

And here's another case. The same. Some people would say, well, you did it to yourself. Why did you break your back? You know, you should have taken it easy, but that probably wasn't the actual cause.

It just led you up to, you know, where you got to. Yeah. No, absolutely. Well, I think, well, you do two things yourself, but I, you know, I mean, it's going to like a some more spiritual, like, life purpose type type aspect.

But yeah, when you look at when you look at like most great inventions or great discoveries, generally most of those people, if not all of those people have had had extreme hardship, which is what drives them.

And, honestly, without that, yeah. I mean, without that drive to get better, I don't necessarily know what it would be, but I did a, an economics degree at university was probably just going to work in London for, for bank or stockbroker.

You know, something that I'm not saying it's tough as any stockbrokers listening, but, you know, yes. Yeah. Put me on my path for sure. Yeah, yeah. It's so great.

Adversity creates, you know, great advancement. That's kind of what led you to where you are. So for the people that aren't familiar, because I know this is a fairly new sort of spoke of medicine and health and wellness.

What are the main principles of biology. Bioenergetics. Well, how would you describe it? So it's it's Wikipedia definition is the study of energy in living systems.

And some of what we were alluding to chemistry is being study to sleep to death. But and basic basically basically chemistry is a known thing. But really the physics of biology and the study of energy in living systems, it has it hasn't had the trillions of dollars the, the like, you know, the biochemistry that's had.

So that's its definition. And really, really there's sort of three principles, to think about in terms of how it can heal you. One and I'll just state and then I can go into more detail of what they are.

Yeah. So one is like life is an energy exchange system. The second is this, a concept called the body. The body is a is a battery. And the third is that fields can govern basically govern your energy, your, your energy control system.

So just go back to the first one, you know, when we're looking at, when we're looking at life, you know, we're here, here we are, sitting there, sitting on earth, the Earth is basically mostly not mostly it's entirely powered.

Powered by energy from the sun. All of our food, you know, our food through photosynthesis is, comes from the energy of some. So we're all pretty used to that idea that in the plant, in the plant kingdom, like, the plants live off energy, live on photons.

But yet in the animal kingdom, we just sort of think, well, no, everything's powered by food, but but, you know, ultimately when when you're looking at the when you're looking at energy use generated in the cell and the ATP

chain, it's basically all, it's all from electron transfer, and sure, food sugars, you know, basic sugars, hydrates, fat.

They, you know, they, they ultimately convert to electrons, in your mitochondria. But but they're not the only they're not the only source, the lights and and in heaps.

We need to eat slightly less in the summer than you would in the, in the winter months. Is a source. Obviously your breathing in Ulster without oxygen to, you know, basically without oxygen, you'll see that happening.

You see, oxygen is actually 90%, 90% of your energy source, and it's the most sort of direct and immediate. And if you stop breathing in a few minutes, you know, you die.

You can go for weeks or arguably months without, without food. And yeah, I guess one of the other sources is electrons, electrons from the ground. So, yeah, one, for instance, just thinking about how you can optimize your energy exchange exchange with the environment.

And the reason that's important is because you basically want to increase your level of energy, within your system. Which brings us to the sort of second sort of core core principle, which is that the body, the body is like a battery and from that particular viewpoint, you know, so most of us, if we're healthy, like our body up on level of energy now, body is fairly high on medium, medium level to high.

But when you get sick the body the body's energy flow becomes so inefficient and you've ended up using so much energy, you basically to quit your, you know, your energy, right? Right down here.

And if you don't have energy, you basically don't have energy to repair. Or, you know, the simple word is heal or I know this, genetics, some of so you need you need energy to actually tell, you know, to to split DNA and RNA to make repair proteins and is good to be to basically go and repair, heal the body.

And if you are continually using your energy, I you're super stressed. You know, you're super stressed all the time. Maybe you're like, it's like, I'll steal or you're an entrepreneur or something.

You're just always burning euros, burning up the candle. Then you don't have a you don't have energy available left to repair, repair and heal. So yes, as far as sort of borrowing, Jess's is concerned for healing.

It's a very, very important principle to make sure you have more energy available each day or in a period than the energy you need for just, you know, thinking.

Digesting is a because without the energy being above your, you know, sort of normal daily needs, you can't you can't heal. So that's, you know, it's a very important concept.

And there's a lot of ways of doing that from all sorts of therapies that are very restorative. Things like, you know, barrack oxygen or massage or go, you know, so, so, so it's it's like they're all quick ways that you can get more energy in the body.

You can help it hopefully restore. So there's antiviral. And then the third point, which is basically fields down on your energy. This is much more interesting and slightly more complicated one, but it's not that complicated is okay.

So you've got you've got energy. So assume we've got energy available to, to heal you. How do we how do we direct that energy. You know, kind of how do we make sure that energy goes you know, it goes actually, create the correct epigenetic expression, create the correct repair, repair proteins, etc..

And that's all really down. So you know what we call your energy control system. But really it's really if you like, it's like the master control system in the body.

And traditionally we're all used to being like a chemical based control system. I, you know, if your thyroid produces thyroxine, the flow drops in channels around the blood.

You know, there's a, little sort of supposed lock and key in the cell, you know, and in the model in a molecule, it's the so, you know, and it basically sort of works like that.

However, there's also a field based control system. And obviously when you're comparing a chemical waste control system in a field based control system where a chemical based control system is a little bit, you know, it's not wrong is not not quite the right word, but, you know, where it breaks down a little bit is that it's not a it's not as efficient as a field based control system because it's basically slow or a lot slower because the chemical has to travel through, you know, through the blood, to get to that particular receptor.

And like, you know, if you're in a car crash, you instantly reacting, that's, you know, that's basically, well, that's your nervous system information, traveling through your nervous system or lot field based type control system or, well, actually, what will go down the nervous system, you know, the nervous system as the nervous system actually travels all sorts of different speeds, has different thicknesses.

That's what transporter speeds. It's disjointed. And any and even like a conventional nervous system can't really control and control the body instantaneously at once.

Core Principles of Bioenergetics

You know, the majesty of the body, is free is 3 trillion. Is 3 trillion sort of react, reactions happening at any, at any one time, in the body. And for all of that to happen, you know, exactly at the right moment, at the right time, it can't happen through a chemical control system.

So traveling slowly, never, never disjointed nervous system. And so for that, you basically need a field based control system. And it's mostly it's not solely but for, for brevity, it's, you know, it's it's mostly a photon based control system which enables which enables it to be instantaneous, allowing, you know, basically allowing your control system to happen and happen in real, real time.

With, with, with a field based control system. You know, what? What really matters is so let's say there's a breakdown in the control system. And for example, if someone has cancer, that's the ultimate breakdown in a control system because, so, you know, the cells to start, start growing where, where they shouldn't.

But all disease at some, at some level is a breakdown in the control system. That basically means energy is not is not being used properly. It's not flowing properly, which makes it inefficient.

And that sort of goes back to that, the bodies of battery type idea. So what, what could end up happening is the body, because it's become so inefficient, is burning up.

It's burning up all this energy. It's reducing your body battery down of your body back to your energy level, to those who don't have enough energy, to repair it. So, so really, really to sort of get yourself healthy again, it's super important to optimize optimize your control system.

I think all the work, the work you're doing with, with genetics and, genes is in the, in that same, similar, similar ilk, like you warm the body's repair system and control system to work optimally because if it does, you can use energy efficiently to using energy efficiently and energy in the end is the currency of, of life, as we know, very, very directly.

Like that wouldn't be that wouldn't be life on earth if the if there wasn't energy. So yeah, it's really it's really those three principles combine that sort of at the, at the core of, at the core of apologetics and how you can get people.

Well, yeah, that's really I mean, there are some nuanced stuff in there that was really cool that you touched on that. I hope everybody caught like, you know, the difference between we think of food, what you said in the very beginning as something you eat until you feel full.

Right. And that's kind of where the our, our relationship with consumption is limited. But that's where it kind of starts. Like you said, it's not about a consumption but more of a transfer of energy, which is such a, you know,

interesting way to look at you're literally consuming this thing to take on the energy that it imparts on you and the nutrition and the minerals.

What a derived from the ground that you return from the earth pulled things out of the earth that need to be delivered to your system as opposed to here's a carrot, right?

Which is kind of the way people think about food, except exactly. And also to actually get that energy to work in your body is combined, is combined with oxygen.

Grace. Really? It's really another source. It's really another source of electrons. And, you know, there's a whole, well, both in, Chinese from qigong and then also the in the, yeah, aromatic world and in all the breathwork and and yoga.

Yeah. You can optimize how you get energy for a great unit for breathwork as well. And that's honestly probably the quickest way, you know, someone's low in energy will go into Breath of Fire and some breathless or some qigong for for five, ten minutes.

And, you know, that that's, that's going to increase your energy more than being the carrot or the sugary drink. Yeah. And the funny thing is that people hear that and they think, well, you know, my doctor hasn't told me this, and it's not this isn't science, but science already will tell you that every cell in your body takes in oxygen and nutrition to create energy.

That's that's basic biology, right? That every that's taught in high school and university. But we don't consider the practical implication of that, that you need to take in nutrition and oxygen to create energy, which means if you take in more oxygen, you'll get more energy.

And that's what breathing is. And when you put it in the context of breathing, it just sounds too easy to be real, but that it is that real. That's why you see people like you said, you going masters we talked to see, you just think, I mean, if I go back to when I was really sick, you're just like, yeah, that's not in a that's not going to heal me.

Like, you know what? So that's where we sort of stuff. Yeah. Fully enough. It's not till, Yeah. Well, at least in my case, you know, I'm very into breathwork now, but that that's a good.

I took a long it took a long time to appreciate it, so. Yeah. Yeah, yeah. It works. Yeah. And it's hard to measure. And that leads us to the other area that really resonated in what you said about where our interpretation of outcome is based on biochemistry.

Right. And we have this sort of funnel that forces us down that route of thinking, because all of what we're measuring in health care is chemicals, right?

We're all the blood work. We're doing everything around biochemistry. So of course, the measure of success is also going to be around biochemical intervention.

And nobody's asking. This is the same difference between symptoms and systems or illness and root cause. If you're only looking at the biochemical measure then you're only looking at the outcome of whatever you did wrong ten, 15 years ago and kept doing wrong for so many years.

That finally led to that chemical imbalance that you now measure and treat, which really is a symptom. And the way you put it was, you know, sort of made it easy to understand in terms of, well, there's, there's biophysical or bio energetic before that, like many layers before either not even matter.

You know, matter ultimately is comes from energy. And, you know, there's a very famous Einstein equation which is E equals MC squared. I mean, it's literally says it, right.

That energy equal does matter. And, you know, this is probably going to be horrible to a few of my biochemistry

people. But, there's there's been experiments where, you know, they'll, they'll take chicken like, they'll take chickens and like, feed them any calcium.

And yeah, they're still making eggs. They're not as calcified fish, for sure. Right. And then when they, when they burn the chicken and all the eggs, you know, and then they calculate all the calcium at the end, the bottom line is somehow, somehow, the chicken was able to manufacture, calcium and the, you know, the really the only explanation is, is spacing making it out.

Well, it's basically making it out out of, out of energy. So anyway, in in the body you don't necessarily you, you know all these absolutely super precise, amount, you know, amounts of every, every element.

It's actually, well, at least from my, my point of view, it's more, it's more important to optimize energy because if you're deficient in energy, you really that's when you really are sick.

And increasing energy use the it's actually that to me is the quickest way of recovering. So you know the the second thing you said about the concept of the battery, you know, I, I heard recently, I can't remember where I heard this, that we have 10,000 times the light of the sun as energy in each individual human being.

We have. Maybe if you're six foot 2 or 5ft two, it goes from 9000 510,000. Who knows? Right. But it's in that range and it's all compressed within these like black walking black holes that we are that's condensing all this energy.

So through bioenergetics are we saying that okay, first of all, we're breathing and we're taking and we're creating, but how do we tap into all that exists?

The net, the that the net? Well, the net the next level of that question is, so I say the explanation is so I just said it's a battery for simplicity.

Right? It's, it's closer to a, to a water battery. And so there's a scientist from a University of Seattle called, Joe Pollack. He, he studied structured water and he said water.

He'll say just, so you before before you did that, he, he was a, so biologist. But the the bottom line of all this water inside of so is different, cause we have an a glass, and it's more, water is more is more like a gel.

It's, it's a free to instead of H2O. It. Oh, and when it's age for you to, to what you were saying that it's, it's able to absorb, basically, it's infrared, like you call it light or heat.

Have you like to say it's basically, infrared wavelengths, and it's able to store that energy? And it's also able to release it basically. What's the word?

So it basically transforms photonic or heat energy into electrons in that, that source, those electrons can then be used by for energy in the body. And, you know, I briefly said at the beginning, like in the summer, you don't need to eat as much as in the winter.

That's why is because you're actually converting heat and light into a source of light that your body uses, which, you know, you don't read that in the, in any diet books, but but it's true.

Yeah. It makes a lot of sense. So then okay, so earlier on, you had said that, you know, during your healing journey, you had tried things like, you know, h body like oxygen chambers and different things, and you kept struggling and then eventually you got things right.

So what did your protocol look like? Like what did you do to go from bedridden to doctor rock climbing? So, you know, so originally when I was 20, when I was 26, I ended up meeting a scientist in Australia who's, professor Fraser.

And he was he he was the one who, like, before I met him, he spent the previous 25 years, basically mapping out

what we now call the human body field, but basically the, the field of, the field of energy in the body or in other words, that that energy controls system.

And so he made of gold on the table. So, he, he was making you he didn't go. He couldn't magnetic monopoles or something in those days. But we, we call them in emphases because basically this idea where we've recorded the information of, like it could be a healthy, live, healthy, live a healthy kidney, etc.

but it's basically it's basically the information that will help the body's control system go back to, to homeostasis. And, it's sort of related to the idea it's related, but the exact opposite of the idea of homeopathy, was in the idea of homeopathy.

Energy, Breathwork, and the Body as a Battery

You can take a dilute substance, of sort of something that will cause the symptom, the, the insight we had and, and Peter had, it was like, well, why get the body to attempt to react, to get something?

Because it goes back to the body, back to your idea of that takes too much energy. If you try and get the body to react against something, you know, a bit poisonous, why not just give the body no, look, you know, your liver or your brain or your emotions, should look like this.

And if you tell if you tell the body and what direction to go, and it has the and it has the energy, like, you know, sort of to answer your question, you know, my my two ways are very simple.

It's like one, one I was exchanging energy of the environment so I could recharge my body battery. And to I was directing that energy within the body.

You know, basically up to me. So I space and if you if you do that the body the body will heal itself. And in the end, because you're you're telling the body how it can be like, this is the optimal blueprint for you, how you can be when you're functioning properly and you've got available energy if you put the two together, the work, you know, the, the body's immune system gets, it gets activated and healed.

And that's the bottom line of how I got healed. And yeah, there's a lot of ways you can do that. I mean, hyperbaric chamber is a way that you can increase the engine, your body, while you're resting.

Losing steam turns might be another way. You know, breathwork to go. Yeah. All these things that, you know, are other ways. Objective walking is actually a great way because, you know, if you walk for two, three hours, which sounds quite hard if you're sick, but, you know, you just build up to it, because, you know, because just in moving, you're exchanging so much energy with the environment that ends up recharging your battery.

But of course, if you, trying to go on a fitness type thing, it's like, well, I'm, you know, I'm gonna run, like, or have all these goals in your head that's actually.

You don't want to do that. That's depleting. So just from a pure, you know, I'm not talking about from a pure healing as there's a different, a peak performance aspect from a pure healing aspect.

You just want to optimize the exchange of energy without depleting yourself. So that's why, you know, sort of walking it. Right? So I think when, when we when we hear about it, it makes practical sense.

But then somebody might say, well, how do I know it's working? I went and bathed in the forest and spent some time and I don't know if I may take me years to find out, but you have this concept that you talk about that I think may answer that.

You say that, you know, when someone immerses themself in bioenergetics, it's detect correct and protect, right. Those are the three things that are kind of the process to what you go through.

So how does somebody know they're doing it right. And what are these three things mean. What are the what should they be doing. So, so you on this in on this world, which is the main company moving to talking about, so we.

Yeah. So, so we have a system that will basically scan it will scan that energy control system and look, will look for where the blockages are. So you can you basically can just simply see, okay, well, you know, my living energy is off my kidney meridian is off.

Like, I've got this my, you know, my body trawler, etc., etc. and do this, do the scans. So that's the detect where and the correct bit is, you know, esp, we're basically correcting the body's energy control system through for emphasis goals.

And the protect space for, for personalized meditations. What we really mean by protects, we want to help protect the body's energy because one of the biggest ways we lose it is literally it's literally emotional stress.

It's because of it's because how we reacting emotionally to day to day situations, you know, we get frustrated, anxious, you know, all of those sorts of all sorts of things.

And so we basically help to educate people through personalized meditations, to help protect their energy. So that's basically them. So bring some metrics to it.

I know you talked about changing your genetic expression as an outcome, right. That's some measurable outcome. So what where are we seeing that change.

Where in that epigenetic disruption as has been measured. Is it something you're tracking. So in. Yeah. Well I can tell you I can tell you some Russian research.

So I know the rough. So I know, I know the Russians like the Russians. It's really interesting. But when, when you look at, so DNA and RNA, this, this thing, this, this sitting basically in gel like water in the.

So it's the only thing that's next to them is a trio two like this, this gel like water. Right. And so for DNA and RNA you know it's basically split is basically splitting.

It's split is selecting the right. It is selecting the right part of the DNA chain to, to then go and create the, the repair protein. For it to do that mechanically it's only, it's only gel like water that's actually like mechanically nudging.

And then the question is like, well, why would water mechanically do that? And that that's basically where it comes into this, this, this field based idea.

So there's really only two things that are getting through water. You know, one is, infrared space and heat, and that's the source of energy. Obviously, you can't get anything to happen mechanically without a source of energy.

So the source of energy is that it's heat. And then, then of course, it's like, well, what is it selecting and why? And that, that's basically coming from the, from the field to the body. So, it's an I can, I can remember is that there's a book called The Emerging Science of Water.

Detect, Correct, and Protect: The NES Health System

There's a collection of, nicely Russian books being translated to English, of Russian papers that, show you all those experiments and research papers.

That's one way, you know, in our research, we actually haven't done on the genetic test, on our RFC skills, we should we should of, what we have, what we have done.

So we have some studies going on at University of California. So we have we're doing one, we've done one with

stem cells. And basically, like we present, we present the imprinted fields or sorry, we so when you take a cell culture, they basically they basically live off from the they basically live off a medium.

So like saline water, bit of sugar. We imprint we imprint that medium. Like, we've all emphasis to kill sensitive information. What one experiment we did is we basically wanted to increase the growth rate of stem cells.

And then, in a ten day period, we basically increase the growth rate of neural stem cells by 50%. So another experiment where we're looking at the, when you're looking at a cell membrane in a cell membranes, basically keeping out nasty things, letting in good things, etc..

We don't see excrete excreting waste material out. We're able to increase the, cell membranes, resilient. So if you like resistance, to, to for to foreign toxins.

So it's another experiment. And then. Oh, it's, fascinating and so far. So how could I say I hate Covid ones? I just don't like talking about Covid, but, because the everything in 20 2021 universities was all that Covid.

So they, of course, wanted to do Covid research. Anyway, so they basically took lung they took a lung tissue, they, how to control and then they, had a, another culture of lung tissue, which they then imprinted with some, it's a bit more complicated, but basically information that will reject coronaviruses.

And anyway, they saw, yeah, they saw they saw a 20% additional rejection rate when we printed the, that lung tissue. And weirdly, they because we had provided them an HIV set of information, and they had an HIV virus, around as well.

So they have wired and sex along with HIV, but they did. And then in that case they saw a 50, they saw 50%, rejection rate of the actual HIV. And we've got some other, you know, we've, we're in talks with some other universities from Peru, so we, repeating and doing some additional tissue experiments and it's, yeah.

Which is great because honestly, as a, as a company, like we, so, Professor Fraser, you know, in Australia as part of Melbourne University, but Melbourne University really didn't like his research on what he was doing because it was going against, big Pharma.

And in the end he was kicked out. So actually, like, for his work, I ended up being able to work with him as a 26 year old because he wasn't in the university system when I met him.

And, you know, honestly, we, we struggled within the company to get other, you know, universities to, to do it because, generally well, generally, universities are a little bit afraid to look at or back anything that's holistic or against big pharma interests.

But it took 2020 seemed to change that because we've not we've not got three different universities who are open to doing research. So do you see with all this research going on that's sort of now putting a measure and evidence to things, a different horizon where this becomes therapeutic or more mainstream, because right now I'm sure most people listening haven't even heard of the concept.

You know, although it's flourishing and there's there's outcomes that are measurable. What's the what's the intention behind the studies that one do you walk into a doctor's clinic.

And this is one of their part of their toolkit. Yeah. Super good question. I mean in, in the, in, in the end, look, well, it's sort of a bit, it's sort of a bigger picture than, but our company, so let's say you've had a, you've had 100 years.

I don't know how much money, but it's in the, it's in the trillions of dollars that has, you know, has researched, you know, kind of chemistry, different pharmaceuticals, you know, etc..

But you've had I don't know, it's like it's probably less than 100 million. I would guess that is research. The physics and the physics of biology. Because in the end, there's no cancer or chemical drug, you know, there's an out,

there's an outcome.

And so really, I mean, really the reason we're the reason we're doing it is that you, we we want to we want to catalyze interest right across society.

So, like, I mean, sure be good for our country. Of course. But I'd be over the moon if a bunch of other researchers, universities, other companies, you know, were inspired to do more research, like other nonprofits, you know, got, you know, got going and but not come back to it.

Because in the, in the end, the promise to society of of what I mean, honestly is like literally we met I mean, we're missing 50% of the picture. Like we know the biochemistry and it's super important.

But the physics of biology, it's a whole other 50% of, of the health biology coin that we don't know much about, but its implications, its implications for, you know, reducing costs in health care, for increasing the effectiveness of safety, for heating people.

A huge and that, you know, the way beyond the concrete. So, you know, we're. Yeah. You know, we're just we're just trying to get the ball rolling. I mean, if if people want to help with, I mean, we do have a nonprofit of the Institute of Apologetics and 100% of the money, like, we don't take any advant fees or rubbish.

Henderson, the money goes to universities, that are researching, but yeah, I mean, for a it's a really important project for me. Yeah. That's very cool that you're actually working towards the advancement outside of your own company.

Like, it's just, the general way of all, you know, they say all boats rise with the tide. So you're creating that tide, right? And I you know, with things like this, we we think because we don't have access to the solutions that the sort of powers of we haven't researched them, but typically they have, they just have been we will commercialize them so they understand just as much as you or whoever's working on the how effective this stuff is.

It's, it's it's not that they don't that it works. It's a lot of people are afraid on the sea in this space. You know, sometimes you come across, you know, I definitely come across people every whatever it is every couple of years, you know, I've got some amazing invention, you know, quite a lot of people, you know, with something in this space, but they're, they, they like, they, they want to stay under the radar because they think, you know, they think the FDA is going to put them in jail or, or whatever, but, you know, well, they just get too protective, which is, which is a shame because, well, I mean, generally like anything, you know, as long as you don't make, as long as you don't make it a threat, you know, as long as you don't make a threat product claim.

But that isn't really true.

Research, Clinical Evidence, and Future Applications

You know, it's and it's a it's much better for society if people get the word out. Yeah. And that's the reality is that the research and the publishing publications allow you to make claims, you know, FDA clearances.

But what we can see is that the people in need no longer are judging, you know, any product or service by the standard mainstream yardstick. They they want the anecdotal data.

They want to know that somebody's got better. That's good news to me, because on the stuff that I'm told is evidence and science based, I'm not hearing where people are getting better.

I'm hearing them staying in some form of treatment with the disease for some number of years, and just managing it. But hearing about reversal seems like a miracle when the only miracles that you see people like yourself go out there and access and unlock knowledge, which really is ancient knowledge that we, our ancestors, knew, that we forgot.

Right? Because we went down a different path to. And the body. Body wants to heal. I mean, you know, the I mean, the, the, the how we describe it, but the, the magic of the human body, I mean, as I like to say, like the, the, the the body bases its own miraculous dot.

If you, if you put it in the right environment and give it the right resources, it will it will heal it. So I guess it's back to that environmental epigenetic idea.

But yeah. Well, that's for sure. Yeah. So you can put a so if you, you know, so if a cell is in you provide it with a toxic medium toxic environment or you know, you're feeding it bad blood, the cell the cell deteriorates.

If you give it a nice fresh great flood, you know, the the soul recovers. Well, you know, our bodies like with cells, we've got all the blood feeding the cells.

And then if you like this, this outside environment is sort of like the blood to the body, if you like. Yeah. Yeah. If you, if you optimize the environment, you can optimize your blood, optimizes your cells.

So your, your business, with the info, interesting info, pseudo goes there. I've never actually said that word before. That was a first time. Yeah. And so your, your intention now is that with what you've discovered in terms of root cause, you now have a suite of products that solve these things.

And I heard thing, I think I heard you say like organ based or system based. How does it all work. Yes. It's there's there's 82 infancy schools. There's basically 16 organs, 12 meridians.

There's different ones that affect different tissue train. You know, which, which can correlate to different viruses and bacteria. And then we have like there's 12 or so ones for, for like all the emotions, some, mind body type correlations that happen.

And then, yeah, all of the, all of those are selected by the overall scanning system, which we call a voluntary wellness system. So people go through some form of an assessment to personalize and help them navigate and select what they actually need.

Yeah. Exactly. They, they it they go to our site which is NSS health.com on there. They can either. Well yeah they can they can basically find a practitioner.

The practitioner can work with them remote remotely so they can do the tests remotely. And then the procedures are just dropship to them. Very cool. And this term of info ceuticals, I mean, such a cool name.

Is anybody else doing this? Because I literally haven't heard this this term before. We are the only ones I say. I mean, the, the rest of even like the homeopathic or energy medicine world, that they're all in that reverse idea where, you know, they're either testing viruses or toxins or, you know, and again, although they're presenting in something like a homeopathic where they want the body to respond to it.

We with the I well, with the only people and the reason we're the only company is because of, you know, our co-founder was Professor Fraser, and he'd been mapping out the the information human body field 25 years for medicine.

That was 20 years ago. So it's like 45 years ago now. That's. Yeah. That's why basically, because we're the only one with that map. So before we leave, I know this is possible.

We won't be the only people in the future because, you know, research isn't going to go on this long ago. Yeah, yeah, that's for sure. And then you're sharing research with the world, which, you know, it's kind of like Elon Musk opened up his patents and said, well, you know, if everybody starts working on this and the whole industry is going to get better, there'll be charging stations everywhere except for you, the infrastructure to change the world.

Right. So, so before we go, I mean, this was really awesome. It was insightful for me because you took some

things that I had sort of seen in bits and pieces and put them together, made it easier to understand for someone that, you know, is hearing this and believe that this is something they want to work on, what, 2 or 3 things they can do literally, like tomorrow, just to get started and start working on how they influence their energy.

It's probably honestly those three things we start with, being three. So, you know, to think about how think about how you can optimize your energy, the environment.

So things that are free, let's say would be like breathwork, qigong, go for a walk. Go for a walk. You know, they're all free. In terms of obviously I would of obviously I would recommend have kind of having a scan because then you can actually see where the blockages are in, in your energy system.

And you know, from that say it's pretty, it's pretty inexpensive by like $30. What kind of scan is that? What it's called the budget wellness system. You can do it through voice, so you can do it remotely.

Okay. Very cool. So it's on NES health.com. Also, they can actually access it through your website. You know, they can access it. Yes, they can access practitioner coaching within 2 to 3 weeks.

We we we as a company don't offer it to direct to the public. Right. Working for practitioners. You know, until that. No I don't know when this I. So it's coming in August is it. Yes.

Yeah in August in in November with actually coming out of, with a wearable that will detect correct protects your energy basically all based on the wearable that is a direct consumer product.

You know, if you want to look up that energy for life.com, although, you know, it won't be available till November. Very cool. So this wearable is going to track your current state in terms of called your field.

Yeah. It's it's not as detailed as the practitioner system, but it does track your energy. Different a different emotions. And obviously it does, it does it does basically.

Correct. What, it's what it's detecting in real time. That is awesome. And the work you're doing is incredible. I'm sure people appreciate hearing this today.

I urge people, you know, go to the website, check it out, at least get the scan done and start to understand where you're at and maybe make some changes.

Thank you again, Harry. This was this is awesome. No thank you. Thank you very much. It's a pleasure.