Inner Divine Healing Light: Live a Joyful Life, Attain Consciousness Transcript

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Introduction to Deirdre Haid

I am very excited to welcome our next guest to the Global Energy Healing Summit. Her name is Deirdre Haid and we've just been having a wonderful conversation where I've already learned so much more about her.

She is an amazing lady. She's a modern day mystic and a visionary leader. She was actually born a mystic and will get into that at a very early age. She started having these mystical experiences and they've carried through to today.

She's helped so many people. She's part of a group that I'm part of called the Transformational Leadership Council. She's also the founder of the Global Divine Leadership Institute, and she's become very well known for her Radiance Pure Energy program.

So we're going to delve into lots of different things with Deirdre. But Deirdre, thank you so much for being part of what we're doing. Thank you, thank you, thank you Tom I love being here.

I love what you're doing here. So let's jet. Let's just go. And here we go. So tell us the word mystic. Some people might not know what that means. What? What does it mean to be a mystic?

Well good question. I always like to start that way because, yes, there's some, misconceptions about what a mystic is. So a mystic is someone who has one foot in this world and one foot in another world.

And mystic lives in both worlds, in an expanded state of reality. And the mystic will go into deep visions or deep meditation, sadhana and be given messages, will be will see things in a broader perspective and then come back and tell everybody about it.

All of the great religions. I don't put myself in this category mystic, but all the great religions were founded by mystics, by, a person who had a gift to hear the divine and speak of the divine.

So I was born with a little gift, and I spent my life learning and studying with many masters so I could understand it and be of service to people. Because a mystic is really there.

You can have a person's born to be of service. So I'm really here to be a service to help us all along on this, journey of planet Earth, this third dimensional journey to help us all along.

And any in every way that I can. Yeah. I love this story. I was reading about you earlier, and I love this story.

What It Means to Be a Mystic

How you started seeing angels when you were very young and and then you even started teaching your little friends that are, like, six years old or something like that, like you had an angel school, and then you finally closed down the school because you said they're not ready for it yet.

Right? That was the truth. And I still have the book. I still have my study book I took from you. So what was that like as a as a little girl? And I think the story of you saving your brother, you can maybe even tell that story.

But what was that like when you started seeing things and hearing things that other children were not seeing and hearing and that adults weren't seeing and hearing?

Was it just because you were so young? Was it just a natural occurrence? Oh yeah. Everyone must think like this. Or did you know it was a little bit different?

Well, Tom, I could tell you right away when I was very young, such as with my brother saving my brother, I did not think I was any different than anyone else.

I just assumed that everyone was like this. But I did have some awareness that perhaps I was a little different. And that was, I fear I would think I thought in a different language.

And I actually remember learning English like learning my parents language. And I remember thinking that language is so slow. My language is much faster and much better, and my parents should learn my language.

Yeah. Wow. But they would look at me many times and say, we'll never learn your language. But I tried to teach it to them, and I even remember some of the words.

My parents wrote them down, and I was trying to teach them this language. I had no lessons, like at age three, 4 or 5, six, six, that. And then eventually I forgot the language, you know?

Okay. As we become more and more like human eyes, this goes away. But getting back, if you want me to tell a story that my brother and my brother, by the way, lives in Nashville, and, he was too young to remember it, but it was a family lore, their story.

And I've got to give the background to this. My grandmother was Catholic. My father was a research scientist at the University of Chicago, an atheist.

My mother was a theology. She was more agnostic, and I grew up in academia. I was at the University of Chicago from ages 0 to 6, and that was the environment.

There was no church, there was no commune. There was really there was my grandmother going, oh, no, your father would take me to take her to mass. But I grew up in this scientific household.

Everything was science. So when these things started to happen, it really was out of the box. So what happened when I was about, three and a half. My brother had just been born, and we went camping on Lake Michigan, where Pine Forest was.

I love the pine forest. And I believed that the pine trees and the rocks and even the moon was alive was a living, conscious sentiment. Being just like a human.

I did not see the difference between a human being and a tree. Wow. For me, everyone was the same. And there was a pine tree that was very big and old.

Of course, may not be as big as I thought it would be a little, but the trees said that he was my grandfather. I believed him, and one afternoon we were camping there, and one afternoon, we were in a tent and my baby brother was sleeping and I had a cot and I didn't like to nap.

I never napped, ever. So, it was time to nap. And I snuck out of the tent and I ran down to the pine tree. My parents were off with friends wherever, and I was just looking at the pine tree talking, and then all of a sudden, in the branches of the pine tree there a cloud opened up.

And there in the middle of this cloud I saw a vision of a pickup truck running over the tent where my baby brother was. I immediately turned and started running up the hill.

I didn't think, what is this? Is this true?

Childhood Visions and Near-Death Experience

Like there was no thought. I just went into action. I ran up to the tent. I ran in the tent. I picked up my brother who for me was big. And I remember my mother's words.

Don't ever pick up your brother. Don't ever drop your brother. And then he will remember her words. Hold his head up. If you let his head follow, you know.

Isn't that right, Greg? And so I remember thinking. I have to get him out of here fast. And I tried to hold his head and I went out. Go! Don't drop him.

Don't drop right. Don't drop his head. And just then, when we got out a pickup truck, a group of teenagers had gotten in a truck. This is back in the day when truck drivers put it out of gear and the truck went down the hill.

We were on the hill all over the tent and crashed into that tree, that tree stump the trunk. So those kids were saved. If it had been going, those kids may not have made it because the lane was on the other side.

Yeah. And my parents came over shrieking and screaming and they had no I like how could this happen that we got out of that? Yeah. So that that was my first experience.

I mean, they think these didn't happen all the time, you know, but when they did, every few years, you know, it was pretty, very profound. So we didn't think much about it.

My parents, my dad was like this, and, you know, like, and, that was that. But then later on, I had a near-death experience where, I had, witnessed something very horrible in the South.

We we moved to the segregated South. 1966 or so, something that I don't know, but I was six and I saw something that really broke my heart. So, I decided I was going to return to heaven.

I knew about heaven. And so I ate a bottle of aspirin. What? Cause, I asked my mother once. Well, you know, why can't I eat? There's no. You'll die. What happens? You die, you go to heaven.

So I'm like, oh, okay, that sounds good. That sounds great. Let's go to heaven. Yeah. So I did that. And, effectively I did go away, pass away. I remember being on the roof or the ceiling of the room, looking down at my parents, and they rushed me to the emergency room.

I remember being up in the top of the emergency room looking down, and they, they were talking and mom was crying. And then I remember, all of a sudden just disappearing, and I.

I don't have any memory like of who I was. I just was in white and I was very happy. I forgot all about all of that. And then I heard a voice that said, are you sure you want to do this?

And I said, do what? And the voice said, are you sure you want to to make this choice? And I said, I don't know what you're talking about. And then the voice said, well, we want to show you something so you can make a choice why you do listen, and I started, I didn't hear, I said, I don't hear anything.

And they said, listen harder. And then very faintly, I heard my name. And my name her Dierdre. Deirdre and Deirdre. Right. Oh who's that. And the Holy said who, who is that.

Who is it. Thank you. So who is that. And I kept listening and then I said, oh what I said that that's me in the voice saying yes. And then I said, well, who's calling my name?

And they said, listen, he just kept saying, listen. I listen, and all of a sudden my heart went up and I recognized the voice as my mother. Yeah. I went, oh, that's my mother.

I forgot all about that. Yeah, I like I flew back back into the room and I'm looking down. And her, they were like, she's a goner. And my mother was over me crying.

And the voice said, well, you've been away for a long time. Too long. If you want to go back now, you're going to have to really focus and dive back in.

But if you don't make it in the first time, you won't make it back in the body. The body? Too much time is passed. Yeah. And I just remember, like, calling all my strength.

And I looked at my body and I just remember visualizing like I was a, like a hawk or a bird that was diving, you know, into Lake Michigan. And I dove back in.

And I'll never forget when I hit my body, it was so painful. I felt like I was hitting concrete. Wow. And my body was so tiny. And I went from that bliss state to, like, pain in the pain home.

And then I opened my eyes and my mom was the doctor said, well you know, everybody was all known to believe it. Now this is back before anyone talked about near-death experience.

Right. And I never even started sharing this until a few years ago when people started talking about it. I always said, well, why would I share this story?

Who? Who want to hear it? Yeah, I never shared it with anyone, really. But then after that happened, I started to see the angels all the time. Very tall beings, white with just light beams of light.

They started to teach me many things and that's when I opened my angel school. My after school angels school. Uhhuh. In second grade. Okay. And I taught for about 3 or 4 months, and and my friends were so skeptical and they didn't believe me, and they did that.

I closed the school, and I remember I was very angry, was very upset. What's wrong with me? Yeah. Yeah. Well, hey, you're already blowing a lot of people's minds with these stories.

These stories you've told so far. Yeah, yeah. They're like, whoa, oh, this is really either interesting or did this really happen? So I'll tell you that, you know, that's a very I'm glad you bring that up because there's no reason for anyone to think that I'm in my right mind.

And, Tom, you know, I really have never shared these stories until a few years ago. Yeah. Now, spiritually, people are open. People are talking. Yes. Yeah.

This was always private. My work was I've been doing my work for decades, but this is the foundation, you know, mystic having these mystical experiences.

I haven't shared. And, you know, I think what I would say to somebody is, don't believe it. You don't, you know, you don't have to believe it. But just perhaps think about the possibility.

Yeah, that we are more than what we see. The end of this world is more than what it is, because it gives us such a richness and healing as your songs about healing.

Yeah. No. Absolutely. Well. And the thing that all we are is what we see is, is, pretty outdated. That's an archaic way of looking at things, you know, everything's energy and there's, you know, not so many people like you that are mystics that can see things and, and pick up on things that not everyone else is hearing.

And, and, and they've been so accurate in so many situations with information like you picking up on, you know, how you saved your brother or when your mother had, cancer and you were 16 and she was given a year to live, and you were able to help her extend her life by many, many years.

And then, I love to that. When your mother did pass and you were there, how she appeared to you and said, you know, no one dies. Yeah. You know, we don't die.

So there is no such thing as death. So I think it's it's healthy for people to look beyond what they take for, you know, truth just because they can touch it and feel it.

So I think it's really beautiful and and just so everybody knows, stay in here because this is we're going to have a couple more questions, but at the end you're just going to do a special little meditation with sound bowl that I know you're absolutely going to love.

So we're going to cut. We're going to do that towards the end. But let's talk about mystical experiences. And can people who maybe have not experienced what you're experiencing, can they learn to do it?

Can they start tapping into that ability or more of their inner wisdom? Absolutely, Tom.

Awakening the Healing Light Within

And that really, I feel, is my purpose is to awaken anyone who wants to know that place within you, to awaken that within you. Because we all have that ability.

We're all one. I'm you and you're me and me as the mystic. I'm an aspect of you, and you, as someone who may not have had that experience, are really an aspect of me.

So when we come together, I go through a series of energetic initiations and openings based on the Tree of Life from the Kabbalah and the chakras, of course, from the Vedas and these, guided journeys, radiance journeys will guide you into touching that place, because the mystical experience works with several energy fields.

So these are the very refined energy fields that, you know, you may not be able to pick up like this. You may not be able to see it with these eyes when you can sense it.

Can feel it. And you can also experience and said inside. Yeah. Inside. This is where the experience has. And I also want to say that from my work of working in lifetime with people, I've started doing readings when I was 18.

Yeah. So this is back in the day before anybody who knew about this was thinking it's kind of a small group, but, what I've learned is that every person has had a mystical experience, and you may have just forgotten about it.

Yeah, but if you look, every single person has had probably more than one experience that was out of body time. Time shifted. Things were different. Yeah, not the same.

A new meaning came in. Everybody has had that. Yeah. That's awesome. And mystic. Everybody's a mystic. Exactly. I mean, they just don't know it. Yeah, they try to conform by going back to what everyone says is reality versus opening that gift up.

And there's so many great things that can happen when you open that gift up, you know, the guidance and the the light and the healing. Talk about the, you know, the healing light.

I know when you were with your mom, I think it was one day with your mom where all of a sudden, like, the whole room went up and you said, like, who turned on the light? You.

There's no lights turned on. But there was a saying like, how can we tap into that healing light? Those that are coming to the Global Energy Healing Summit for healing, how can they tap into that healing light that that you've experienced so many times and helped so many people with?

Absolutely. Well, that's what we'll do in our journey today. Okay. I will be bringing all of us, into the healing light to tap within. The healing light is is within you.

It is within us. And when you venture inside and you find this treasure box, this treasure box really is your gift. And it is what brings healing, joy, happiness, transformation into your life.

And I've seen this with thousands and thousands of people that I've worked with worldwide. Incredible transformation, you know, forgiving where people thought you could not forgive those kinds of instances.

And all that happens when we open up to these subtle energy frequencies of love, because it's really about love. Light is a plane of love. It is the love of non-duality, the love of oneness, the love of union, where we know that we are really just particles within a great being that is ourselves.

Yeah, well, that's beautiful and mean. You know, our friend Jenny Lynn and you know you agree with him, but he says the most powerful healing, the most powerful healer is unconditional love.

I love to how you talk about the the the the light is within. A lot of people think there's something, you know, I'm defective. I need something from the outside.

Somebody has got to come fix me. Something's got to come fix me. I need a miracle from the outside. And what you're saying is the light is on the inside.

We just need to let it shine. We need to open up. The other thing that's really interesting you talk about is this subtle energy. Because I think everybody is looking for the magic bullet.

The thing that. Whoa, look at that. I feel instantly, you know, better or well, that hit me like, you know, a ton of bricks or a lightning bolt, but subtle energy is incredibly powerful, and but it's not.

It's not as easy for people that are just, you know, living in the material world to, to tap into. You've got to be like. It was hard for me. I used to just like, you know, not be able to experience that.

Now I can, but it took some time. It took really opening up and becoming vulnerable and and becoming quiet and meditating and and really listening and feeling.

So this is really great stuff you're sharing with people. I love it, subtle energy sounds like it came, you know, the ability to see it and feel it came much easier for you.

But but you are saying that even people like me that had a hard time, maybe early on, we can still do this. Well, I'll tell you, I'll be honest. In order to be able to continue to work with subtle energy fields, I have to work or practice.

Okay, I'll just wake up and go about my business and live normal because it does closed down and I went through periods in my life where it did closed down and I suffered greatly.

I was very, very depressed, very sad, very dark times. And I remember and I would pray and pray, God, how do I get back? Yeah, how do I get back? And I think this happened.

So I would go on a journey of study, which I did of the, the Vedas. I had a guru for many years. I went to India and I studied the Kabbalah tree of life for over 20 years.

Yeah, mentors and the I am presence teaching. When I was 20, some of the original founders, they were yeah. Ladies are 90 years old. Wow. And I worked with the shamans in Mexico of the black jaguar lineage.

So I just coming from an a scientific family be, you know, study for me, it was like, that's just what you do. You inquire. So through all the inquiring, the gifts open back up and open back up.

And I learned to have, more of a mastery of it. So what I do know is that anyone can open to the subtle energy fields because I became close, just like everyone I like.

Now I'm like everyone else, and I had to go on a journey to find my way back. And the gift of that was it showed me how to help people find their way back.

So that's incredible. Yeah, yeah, because you wouldn't have known otherwise because it was so easy for you earlier. But then you had to work to get it back.

That really is a great gift. I love that, and I worked a lot. Yeah. So I tell people my joke now is I say, oh, you give a little shadow. So, well, you know, you can come and work with me and do my, you know, my course is with me.

Or you can go to India. I suggest you can work with me. Yeah. That's fine. You know, I love India. Everyone should go. But India. What my India journey was, it was.

It was very, very, very intense. I don't think anyone needs to go through it. Yeah. It was it was not India. The, you know, the five star hotels.

Subtle Energy, Practice, and Spiritual Training

It was it was India. India. And, I had several, several enlightenment awakening experiences, quite profound giving you giving back to what you were saying about the subtle energy and the light within. Yes.

And I just want you and everyone here who is with us to know the light within you has always been within you. And this is a light that no experience you've ever, ever had can touch.

It is a kind of purity that is beyond purity because it is the light of your original soul, your original being. It is the light of God. Wow. So that's awesome.

And when you touch this. Yeah the trauma is the stays the things in our mind which keep us in bondage. Yeah. To wash away. And if I may, because I always love stories.

I love, a little a story. To illustrate this, I was working through my foundation with the Women's Prison Association in New York, and those working with women who had been through her harrowing a life journeys, things that we we can't fathom.

These women have been through that kind of trauma. They were all in jail, most of them for defending themselves from their, perpetrator, for their, you know, their pimp or their drug dealer, you know, trying to say.

And they would try to defend themselves and they would be put in jail. That's the story. So I'm working with these beautiful women, and they have just come out of Rikers very intense, very intense.

Jail. And they were all sitting around with hands and they crossed up. And, one of these women dressed like, man, look like man. They just you know, all the femininity there was not say, yeah.

And I went through the her healing journey, which will do a little piece of. Yeah. And brought them into this light and, and afterward they were very, very moved and lots and lots of tears.

And I'll never forget this one woman who is the most closed up woman. She was like, I don't want to do this. And what is this weird, you know? Right. Yeah.

I came over, I put my hand on her heart because she was really crying, and I said, what is? And she opened her eyes and looked at me. She goes, oh, I never knew I had light inside of me.

Yeah. Wow. They found it. I thought the only thing inside of me was darkness. Yeah. And see, her experiences were the darkness. She'd have a hard life but that light was not touched.

It wasn't extinguished. Yeah. That's right. And that life will change your whole life. That it is what you are. And I have to say of the women that we worked with, with my foundation, the women that went through our program, none of them returned to prison. Wow. That's awesome.

Great job, Deirdre. And something. Not that we turned. That's beautiful. Well, I think we've kept people in suspense long enough, so let's give them, let's give them an experience with you, and then we'll come back at the end and talk about how they can do more with you to create.

I love that. So thank you all for for being here. It's just really such a joy. So this is my crystal ball. My crystal ball and I, I met the creator of the crystal balls 20 years ago when Peter.

So I've been playing crystal balls a long time. And this is a Crystal alchemy ball. Now, alchemy means it's infused with gemstones which hold a frequency.

So she she's an emerald and gold and platinum crystal ball, and she's so. And the sound of the ball, opens up the frequencies in your soul, your inner shama, your tree of life and your chakras.

I'm going to take you on a short visualization. It's actually energy work. It is not really. Visualization is energy work. But I just want to let you know what I'm leading you on.

If you if your imagination doesn't pick up, you don't really see anything, don't pay any attention. It is not what it's about. Just go with it and allow yourself to have to feel what did.

What do you feel like? What do you feel like in your body if you feel you? So you went out. You went unconscious. Where did I go? Let that go. That means that your soul, just allowed your ego to move aside so your body and spirit could have a healing.

So that's what means. Okay. Awesome. Well, we'll begin. So let's, close our eyes. We just listen. And begin. Simply watch your breath. Watching when you.

Watching. As you feel your body relaxing. Shoulders. We like to play super. Whole body is very strong. And as you watch your breath. Bring your attention to the top of your head.

Healing Trauma Through Inner Light

Or the top of your head and your forehead and this location is the eye of this silent watcher. The I am of the. I am. And just imagine that you're now looking from an internal eye.

Into your surroundings and into your body. From a very neutral place. A place of complete neutrality. No judgment is no right? No, you're just observing.

This is the observer. And now imagine you're looking down over your face and you're letting all the muscles in your face relax. You're looking down at your shoulders.

You just let all the burdens and tensions go away. And you look down into your organs. And there they just fall away, and your feet just fall into the earth and your hands fall into the earth.

So peaceful. This is the the knower, the you that has existed since the beginning of time. It's pure, conscious. And here, from this pure consciousness, we look now into your heart.

As we enter the inner worlds, the heavens within of yourself. For here in your heart the beautiful room is opening with petals and petals of light. And you are falling now through this rose, falling and falling and falling deeper and deeper and deeper through petals of soft white light.

And this soft white light is like silk, gently washing away any thing of the day, any problem, anything that's being held on to it, washes it away as we fall and fall and fall.

And as we fall into our heart, through our heart, we gently arrive at a pair of golden doorways. These are the doorways to your soul. And here these doorways have a name, a sacred name of your soul.

And this sacred name now blows into the name of your soul again. Just relax into this experience. The great doors open as you enter the sacred garden.

The garden of your soul. And here in this sacred garden. Many trees, many flowers are all around you. Shining radiance shining. Healing light. And here in the garden, you're very young, maybe five years old. You remember what it was like to be in wonderment of life.

And as you walk through the garden, you see there down a path a beautiful image. This image is your guardian angel, your ascended master. It is a light being who is always loving you, always watching over you.

Go to this being now, for this being awaits you. Follow the trail to this light. And as we come to this being, we see that they are standing next to a sound.

Crystal Bowl Meditation Journey

This is the fountain of life, the fountain of light, the eternal waters of life. As this great being calls you, close and takes a silver ladle and puts it into this water and pour it over. You, washing you, washing away trauma, karma, obstacles to you, knowing who you truly are.

As this beautiful water falls down over your body as this beautiful water pours in through your crown chakra. Now going down through your whole body, and you see there to your feet this sort of smoke washing away, letting go, letting go of letting go.

Until you are pure light, luminous. Free. Peace. We find ourself within the fountain. Now in a great crystalline temple. A temple of many crystals of light and windows of light.

As light pours in upon you. And there with your beloved. In the center is a treasure box. Go to this box and open this box. And here in this treasure box is a gift of light for you.

Take this gift. Hold this gift in your hand. And now place this gift in your heart. And as you place this gift in your heart and the light from this gift shines through your lungs, in your organs, your whole body filling your whole body with healing light, luminous light.

Simply commune with this presence. For this presence is your eternal soul. Your I am your creator. Simply be with this light. This love is your place of healing, the transformation of joy.

As we listen to the mantra. Of enlightenment. All of us want unsullied for your mind. You. Margo. It was here this morning. You. You know, watch for. Allow this light to fill every.

So this is your moment. More often for Christ's body, for mine. Margo, there has to be with you. You are present in the. Room. And we. One thing. Oh. Oh.

This is the light to go out. Even saying quietly. I am the light. I am the doorway. To all that is all possibility, all potential, all happiness. I am the door.

And it is done. Now. Very good. Oh, that was amazing. Thank you so much for that, Deirdre.

Programs, Courses, and Closing Remarks

That was really, really powerful I love that. Thank you. You were right there. Yeah, I was doing it too. Exactly. Yeah. Standing up so I wasn't able to just sit down.

I'm standing up. But it was still really, really amazing. Thank you so much. So I know, I know people really enjoy that. How can they how can they find your work.

How can they do more with you? Well, absolutely. I have all kinds of programs that I'm giving right now. You can find me on my website, deirdre.com. Also, if you're on social media, Instagram, I'm, I'm very active on that and I'm also on Facebook right now.

What I'm offering is a free nine part series called Healing to a Challenging Year. And I made this, with a composer. Michael Lloyd is an Oscar Emmy Award winning composer, wrote the music, and these are nine a series of healing journeys and tools and actual practical steps of how to relate your life back together with whatever your experience has been.

Through this time, we've been going through these, two segments for parents, a segment for children, the segment for caregivers, first responders. Yeah. This this is there.

It's for you. Come visit and you can download it. And then also, I teach a course Receiving Bliss with Learning Strategies, where Jen is my good friend.

Yeah. And we have a course coming up in the fall. So, if you sign up on my website, you'll get all the information about that. Beautiful. Well, I hope everybody goes to your website, Deirdre hay.com and takes advantage of all the things that you have to offer.

Thank you so much for being with us. You really are an amazing I'm just say lady, but you're just an amazing being. So thank you so much. It's been a real gift having the opportunity to spend this time with you. Deirdre.

Well, this has been my gift to be here with you and all of you. Thank you for opening your hearts and most important, in your mind, thinking out of the box and allowing that mystical light that you are into your life.

It's a blessing. So thank you. Thank you. Yeah. Thank you so much for.