Introduction to Eisai and Environmental Illness

Welcome to this episode of the Mycotoxins and Chronic Illness Summit. I'm so excited to have with me today, doctor Lauren Tessier. So we are both involved with Eisai, the International Society of Environmentally Acquired Illness.

Lauren is our president and I sit on the board of directors. We have a lot of big news to share with you today about Eisai. It's just such an honor to be on Eisai.

Lauren. Welcome. Welcome. Thank you for having me. And, of course, thank you for being a part of Eisai. Thank you for being here and for the present in Eisai.

So tell us about Eisai and what our mission is. Sure. So, Eisai was founded in 2017. In response to the fact that a lot of patients were getting better with some of the, treatment protocols that were out there with regards to environmentally acquired illness.

And so, a group of physicians, setbacks about the fact that there's got to be more than one way to help these folks. And so with that in mind, Eisai was created, and it's created as an educational nonprofit to, help practitioners of all different walks of life really understand environmentally acquired illness, how to diagnose it, and how to treat it.

So that's really IKEA's main mission is to help as many people as possible in the global populous by really working to solidify practitioners understanding in this field.

Thank you. Lauren. It's just so important because we're finding that patients who have complex chronic illness, they very often don't have an appropriate diagnosis.

Maybe they have the wrong diagnosis or no diagnosis at all. Maybe their diagnosis is a waste. Then a wastebasket term like fibromyalgia or chronic fatigue syndrome, which means it's just a label that we doctors put on you when we don't know what's going on. You.

Now, the thing is, it's very, very often we can find out what's going on.

Why Complex Chronic Illness Needs Better Diagnosis

And so we we run all kinds of labs, we look deep into biochemistry and we find very often in our patients who have chronic fatigue syndrome, fibromyalgia, and other mystery illnesses, that there's a high environmental toxin load could be the toxins from mycotoxins, like we're talking a lot about at this conference today, and other toxins as well. Metals, chemicals.

So this is why, we exist to help shed light on complex chronic illness that isn't necessarily there. Right, right. And I think the something else I really love to drive home of this conversation is it's it's not just the the oddball, forgive the phrase, it's not just these oddball chronic illness things that no one can identify, like.

And really getting to the core and the root. We have a lot of ongoing inflammatory illnesses. Like most all inflammation, all illnesses come out of some form of inflammation, right? You're right.

You're at gross grossness, etc.. And so, you know, it's it's not just the the ones that leave you scratching your head and wondering. It's really even some of the more simple, straightforward things that primary care providers and the general population are seeing on a day to day basis, right?

Like infertility or obesity. Yeah. Cardiovascular diseases. Absolutely. Yeah. Yeah. So, Lauren, tell them what's your big news? Yeah. So, you know, two pieces of big news and they're very much correlated with one another.

The first piece of big news is I, after having a little bit of hiatus in the development of our certification process, is so pleased to announce that ACA is bringing forth our certification process once again.

And so a cornerstone to that certification process is attendance to to in person conferences. And for the first time in since 2019, we're finally having an in-person conference again.

So the great news is that people who have been, you know, waiting for this next opportunity that was really announced in 2019 before everything went crazy.

Eisai Certification and In-Person Conference Return

Since I've, waiting for the opportunity for the next in-person conference. This is it. And this will go towards that initial certification foundation.

So, yeah, we're really excited to announce those two big pieces there. Okay. So, Lauren, what are we going to be training doctors in? Sure. Globally for the certification or for the conference?

Which which one? Let's talk about the certification first. Yeah. So of course, we are the international Society for Environmentally Acquired Illness. We are going to be training people on all the things that are environmentally illness related.

So we're going to be talking about, molds, heavy metals, toxins and other co-morbidities that come along with this like multiple chemical sensitivity, CAS, Edie, CCI, all these really wonderful things.

And that's part of, you know, being a part of our conferences. And some of this certification process is has its foundations laid. And what we are teaching and these cutting edge conferences that we are having annually.

I love it. So we're really educating doctors on, how to understand not only every everyday illnesses that they see, but also complex chronic illnesses.

Yeah. And a new lens through a lens of cutting edge, I would say. Yeah. So and not just doctors. I got to throw it out there for the membership. Nurse practitioners.

Dios de ces. You know, we we have a PhD and we have everyone a part of this community because it's so important to to get people educated so we can have as many people as possible.

Fantastic. Says for all practitioners. Yes. Who are interested health professionals. That's great. So let's talk a little bit about the conference. So our conference is in May and it's close to Denver.

Yes. Yes. Yeah. So tell them a little about the conference for sure.

What the Certification and Conference Will Cover

So the conference is May 19th through the 22nd, and we are going to be talking about cultivating resilience. And so I think over the past few years, something that's really been brought forth to our population and everyone is how important resilience is after thing after thing after thing gets delivered to us.

And the context of environmental medicine, you know, we can recover people and we can get them to avoid and, you know, get their bodies healthy and functioning.

But, how can we support resilience? How can we support people as they move forward through this toxic world? And so we are going to be talking about that, of course, through the lens of environmental medicine.

And again, we're going to be hitting on topics of, mold, Lyme, heavy metals, persistent toxicants. And then again, we're going to be talking about Aedes and cast CCI.

And yeah, it's it's going to be phenomenal. And I'm really also excited to be talking about, some of the speakers there today. This time, this time around this year, we're going to have some phenomenal speakers for sure.

And who are we having? Who are you excited about? I'm excited about everyone. Everyone being honest. Yeah. But there's quite a few people who will be speaking that, are rarely seen on the lecture circuit.

And these are clinicians who, you know, are elbow deep in what they do. And so they're kind of stepping out of the clinical world and stepping on to the stage and sharing their information with us, which is so exciting.

So, you know, I, I like seeing things from a new perspective and kind of picking things apart and finding new and different correlations. And therefore, one of the lectures that I'm really excited about is, the dermatology considerations and environmental medicine, and that's going to be, from doctor Anne-Marie. Fine. That should be amazing.

I haven't heard anyone else speak about dermatology in the context. Generally. I don't hear people speak on that. And we see manifestations, of all kinds of dermal dermatological issues in our patients.

And, it's really important, I think. Absolutely. And especially if dermatology can act, you know, it's on the outside, we can see it. There's a like physical, tangible manifestation.

I mean, what how cool is that to to have that awareness?

Conference Speakers and Clinical Topics

One of the other physicians that I'm excited about, is hearing Doctor Werner go slow. Speak. Doctor Werner served on the Eisai board for quite some time.

And while he was on the board, he was, really, really passionate about, not only, lipid membrane therapy, but also about the epigenetics of how toxicants interact with their DNA.

So, the presentation that he's giving is actually going to be talking about the epigenetic impact of environmental toxins. And I believe that, he'll even have some information on how we test for it and how we apply it in, in a clinical setting.

So that's that's another one I'm very excited about. And again, it's so hard to like, nitpick on like which ones everyone's going to be amazing. Another one that I'm excited about that really resonates with me.

And my practice is, hearing Doctor Chad smack speaking. He is a board certified neurosurgeon, and he speaks with, you know, the top of the top when it comes to, he works with some of the highest functioning athletes, like professional athletes.

And he does a lot of work around, TBI as a neurosurgeon. And however he's going to be speaking at our conference about, environmental sub concussion. So this, like, chemical, chemical TBI, essentially.

So I'm really excited to hear that from, you know, the, the neurosurgeon perspectives. Right. And that's, that's, that's super pertinent to the population who's watching this today.

Mycotoxins and chronic illness summit. Because we see people who have TBI symptoms every day in our practice. Maybe maybe they've had a concussion. Maybe they haven't.

Either way we're seeing these symptoms. So speaking of neurosurgeons, we're also having Doctor Paolo Bolognese, who I'm very, very excited to hear speak.

He is a surgeon who works with patients who have cranial cervical instability, which is a diagnosis that, is, is becoming just bigger, just becoming, looked at now in the world of complex chronic illness.

We haven't heard Doctor Bonas speak at any of our, the conferences on our circuits. So the first one will be here. Super, super excited about that. We have Doctor Alvarez, attendant for who is a systemic dentist and he's going to talk about the role of dental inflammation in chronic illness, something that is really important because very few doctors are paying attention to the the infections in the jaw that can't be seen on an X ray, but where inflammation can cross the blood brain barrier so easily from these infections.

And we are going to hear from Doctor Joseph Smith. He's a neurological chiropractor and he's going to talk about the brain influences on immune function.

And Doctor Jill Carnahan, interfaces between self and environmental exposures. And Doctor Carnahan is also on our board of directors with us. And I'm excited to talk about persistence.

Slash persistent viral antigens, lessons from Covid, long haul. Yeah. What are you speaking on? I'm. I'm speaking about mold and, like, a toxin. So, And I'll be speaking about the correlation of autoimmunity, which I think, gets people to bet, but there's there's definitely, you know, I won't say it's a causal relationship, but it's certainly a correlation.

And, you know, it's it doesn't stop with the names that I've mentioned and the names that you've mentioned in our study, or if you have any. And course and, or again, I have Tom Moorcroft and we're going to even have some IDPs, some indoor environmental professionals.

J. W. body, and Michael Schantz talking about the indoor built environment. So essentially, making it a lot of difficult topics for physicians to wrap their head around because we're not IEPs, we don't specialize in the indoor built environment and really making it applicable.

So you can understand when you sit with your patient and you're going through this, you know, what to consider in their home. So those themselves are going to be phenomenal.

And I don't want people to be intimidated by this because it's it's this is a really big conference and it's going to have a lot of juicy information.

But if you're new to this field, if you're not, we do offer a pre-conference and all of this and our pre-conference is, you know, it's specifically meant for folks who are kind of new to this world.

And that will be happening on Thursday on the 19th. But even for people who need refreshers or kind of just want to get their feet wet again or see what's up to date in the basics, the pre-conference is totally for them.

And so I'm super excited to also see that some of our phenomenal board members will also be speaking there. Kelly. Kellen, Melanie, Mark, Sue, Kelly McCann, you, of course, Laura Adler.

Pre-Conference Basics and Community Building

We're going to be hitting kind of the basics, the one on ones of mold viral infections. Toxicants, the indoor built environment. And, you know, one of I think the highlights of the pre-conference is that our vice president, Mark Sue, has been working very hard on putting together this foundational framework of the lens of what you can look through when you're thinking about environmental medicine, because there's so many moving parts.

And if we can kind of pull things in and simplify them so that the bigger picture is really understood, it really gives us a clinical context for all of this.

So, Mark Sue is going to be covering that at the pre-conference. And so, I mean, I'm excited to be a part of, you know, I'm so excited to it's going to be such a great conference.

I mean, just talking about this is exciting the even more than it already was. It's just it's going to be so good. It's going to be wonderful. And then we're going to have great food.

And we have an amazing community of practitioners here. One of the other reasons why I say I was founded was, you know, the founding physicians did not ever want other people to go through what they went through, of learning in isolation and, and, kind of having the concept of having to visit us to have knowledge being released upon you, you know, like, I think that's what we had to do when we when we graduated from last year.

Yeah, we had mentors, amazing mentors. And the knowledge was absolutely released upon us like a dam, right? Like free flowing. And it's amazing. But I wish I had conferences like this at the time.

It would have just made things go faster. Yes, absolutely. Absolutely. So you know, we we're going to have great topics, great food, great community, great location.

And it also again lays the foundation to get that first step in your certification to be a part of ICI. I've been certified. So we're super excited about it.

And for folks who are watching this particular summit, we're offering a promo code for $100 off the in-person admission for Eisai. And so that promo code is GMA 100.

So G as in Gary Amazon Mary as in Apple GMA 100. And that can be applied to your conference tickets. If you head over to eci.org and hit the conference tab, you'll find everything that you need all about our conference.

There. Thank you Lauren. Yeah, thank you so much for letting me chat with you.

Conference Promo Code and Closing Remarks

Hopefully we can bring more warm, happy, co loving people into icy and hopefully we can just help to spread the good news about environmental medicine and make a difference as many people's lives as possible.

So thank you for having me on. Thank you for having me be a part of this second part to this phenomenal summit. And I appreciate all the hard work that you do for our community.