Intro to Mimansa Longevity Concierge Practice by Dr. Mimansa MD Transcript

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Introduction to Mimosa Longevity

I am Dr me McGeer, and I'm inviting you today into my new concierge practice called me months of longevity. This is a practice that's being launched out of Los Angeles at the LA GI practice.

And I m excited to invite you into some of the conciers programs that I I've noticed a few gaps in precision medicine, as well as in Western medicine and also in holistic medicine.

And this is the solution or the answer to that. And really, it's here to support you and your ongoing needs with respect to your health care.

Why Concierge Medicine Was Needed

Have you ever been to a provider and felt like the 15 minutes that you had available to see them was just not enough and that didn't even begin to get your questions heard, let alone answered?

Well, that's been my frustration as well in medicine, and that what led me to go into functional medicine and has been the reason for the launch of this practice.

However, I also found in functional medicines that we often were not able to make things as accessible to people.

Precision Medicine and Holistic Care

And so I've created a few different programs that I hope that are more affordable and more accessible, to all of you who are interested in tapping into the root cause of your condition or optimizing your health with ongoing support that is actually integrating nutrition and is implementing these changes into your day-to-day life.

Sometimes we do these long diagnostic reports for people, but we don't actually help them get to the point of implementation. And without that, it's wasted opportunity, wasted time.

And so by using the modern approach to medicine, which is really the future of medicine precision genomics, we're able to target the needs of your body.

while still maintaining that holistic aspect of medical care by keeping that mind-body connection, that approach to unity that's required for all of us in our bodies to actually heal.

We know that there is a magical force that is available for healing that it's beyond what's currently understood in medicine and we're starting to tap into it with energy healing and quantum biology.

Turning Test Results Into Daily Action

But this is not to say that we're going to ignore the importance of evidence and to discover whether or not something is right for you, whether not it's actually working in your body.

And so this an innovative new approach to medicine where we are using precision genomics to actually guide your care on a daily basis. And when you join one of these programs that are available, you have a chance to start to create a unique plan that is based on your personal needs.

And those needs are defined in your genome and are expressed in blood levels, in urine testing, and your salivary testing. So we have all this information available But the trick is to take that information to make it digestible for

your psyche, for you body, and to start to implement it into your day to day life.

Integrative Longevity Practice Overview

And that's the purpose of creating Mimosa Longevity. It's to help you start to integrate and implement some of this information that is currently available in science into your day-to-day life.

I'm Dr. Mima Geer, I am functional medicine trained, an allopathic doctor by training, and I have adopted a whole new holistic approach to medicine that truly integrative where we're bringing the best of both the East and the West to come together in this unified approach to medicine that's focused on prevention and optimization towards health and longevity.

So I welcome you into this practice. I can't wait to meet you online and I look forward to hearing your story.