"Is Your Joint Pain Caused by Trapped Calcium? Discover the AIC Approach" #jointpain #painrelief Transcript

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Opening: Pain Without Clear Test Results

If your joint pain won't go away, but If your joint pain won't go away, but your test results reveal everything's your test results reveal everything's fine, you are not imagining it. Let me fine, you are not imagining it. Let me tell you about someone who felt exactly tell you about someone who felt exactly the same way. For over 15 years, Nancy the same way. For over 15 years, Nancy woke up every morning with stiff, woke up every morning with stiff, swollen fingers. Her x-rays showed only swollen fingers. Her x-rays showed only mild arthritis. Her blood work looked mild arthritis. Her blood work looked normal, but she couldn't creep a cup.

normal, but she couldn't creep a cup. She couldn't sleep through the night and She couldn't sleep through the night and nothing really helped. Not the creams, nothing really helped.

Nancy's Long Search for Relief

Not the creams, not the pills, not the stretching not the pills, not the stretching routines. So the focus shifted not to routines. So the focus shifted not to the bones but to the signals inside her the bones but to the signals inside her cells. She began AIC therapy. It helps cells. She began AIC therapy. It helps the body move calcium to the right place the body move calcium to the right place out of the soft tissues and back into out of the soft tissues and back into the bones where it belongs. And once the bones where it belongs. And once that flow returned, everything began to that flow returned, everything began to change. Her stiffness faded. Her grip change. Her stiffness faded.

How AIC Therapy Restored Her Mobility

Her grip came back, the pain was just gone. No came back, the pain was just gone. No surgery, no injections, just a shift in surgery, no injections, just a shift in how her body was finally able to listen how her body was finally able to listen and respond. I'm Dr. Sarah Buldan. I'm a and respond. I'm Dr. Sarah Buldan. I'm a physician and a scientist with a PhD in physician and a scientist with a PhD in molecular biochemistry and genetics. And molecular biochemistry and genetics.

Dr. Sarah Buldan Introduces the Lesson

And I will spend years in family medicine. I will spend years in family medicine. In this video, you will learn three In this video, you will learn three powerful reasons why your pain is real.

powerful reasons why your pain is real.

Why Pain Can Be Real Despite Normal Imaging

Even when your imaging says everything Even when your imaging says everything is normal. First, why your test report is normal. First, why your test report says normal, but your pain won't stop. I says normal, but your pain won't stop. I see this all the time. Pain doesn't see this all the time. Pain doesn't always come from damage. It often comes always come from damage. It often comes from blockage, from pressure, from from blockage, from pressure, from chemical buildup that standard test chemical buildup that standard test results fail to detect. Calcium, for results fail to detect. Calcium, for instance, can gradually collect in soft instance, can gradually collect in soft tissues. Not enough to show up clearly, tissues. Not enough to show up clearly, but enough to limit movement and block but enough to limit movement and block cellular repair. Blood flow slows, cellular repair. Blood flow slows, oxygen drops, waste builds up. I want oxygen drops, waste builds up. I want you to hear this part. Even when your you to hear this part.

How Joint Repair Signals Break Down

Even when your skins look fine, your joint could skins look fine, your joint could already be already be struggling. Imagine being told your struggling. Imagine being told your X-ray is perfect, but you still can't X-ray is perfect, but you still can't open a jar. That's not imaginary pain.

open a jar. That's not imaginary pain. That's a message your body is trying to That's a message your body is trying to send. If this sounds familiar, drop a send. If this sounds familiar, drop a comment below. I would love to hear your comment below. I would love to hear your experience. Second, how your joints experience. Second, how your joints repair system stops working. Your joints repair system stops working. Your joints contain special repair cells. They are contain special repair cells. They are designed to fix micro damage and keep designed to fix micro damage and keep everything moving everything moving smoothly. But they only activate the smoothly. But they only activate the signal gets through. They need energy.

signal gets through. They need energy. They need calcium flow. They need They need calcium flow. They need coordination. But things like stress, coordination. But things like stress, aging, or inflammation can jam those aging, or inflammation can jam those signals. calcium gets trapped in the signals.

Restoring Calcium Flow and Healing

calcium gets trapped in the wrong part of the cell and suddenly it's wrong part of the cell and suddenly it's like trying to run a car with the fuel like trying to run a car with the fuel in the trunk, not the tank. The system in the trunk, not the tank. The system isn't broken. It's just not listening.

isn't broken. It's just not listening. That's why so many people say, "I am That's why so many people say, "I am doing everything right, but I am still doing everything right, but I am still not getting better." The problem isn't not getting better." The problem isn't your effort. It's blocked communication your effort. It's blocked communication inside the cells. Third, why restoring inside the cells. Third, why restoring flow can change flow can change everything. When calcium flows everything. When calcium flows correctly, cells make energy, correctly, cells make energy, information, pools, repair, switches information, pools, repair, switches back on. But when calcium gets trapped back on. But when calcium gets trapped in place, your joints get stiff, in place, your joints get stiff, reactive, and confused. And the blood reactive, and confused. And the blood work might still say you are fine.

work might still say you are fine. Helping calcium return to where it Helping calcium return to where it belongs doesn't force healing. it belongs doesn't force healing. it unlocks it. That's what AIC therapy is unlocks it. That's what AIC therapy is designed for. And for Nancy, that's designed for. And for Nancy, that's exactly what happened. Her range of exactly what happened. Her range of motion came back. The swelling motion came back. The swelling disappeared. The inflammation went down disappeared.

What This Means for You

The inflammation went down and the pain finally let go. Because and the pain finally let go. Because when the signal flows again, your body when the signal flows again, your body can finally respond. So what does this can finally respond. So what does this mean for you? If your pain is real, but mean for you? If your pain is real, but your imaging shows everything is normal, your imaging shows everything is normal, maybe your structure isn't broken. Maybe maybe your structure isn't broken. Maybe your flow is stuck. Your body isn't your flow is stuck. Your body isn't failing. It may just be waiting to failing. It may just be waiting to reconnect. And restoring that flow might reconnect. And restoring that flow might be the key to getting your life back. If be the key to getting your life back. If you know someone struggling with joint you know someone struggling with joint pain and still searching for answers, pain and still searching for answers, please share this with them. It might please share this with them. It might give them a new place to start. If this give them a new place to start. If this video gave you a fresh look at managing video gave you a fresh look at managing pain, go ahead and hit that subscribe pain, go ahead and hit that subscribe button. Let's help more people finally button. Let's help more people finally get the answers they have been looking get the answers they have been looking for.