IV Nutrient Therapy for Mold, Migraines, Fatigue & Detoxification: Why Oral Supplements Fall Short Transcript

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Introduction to IV Nutrient Therapy

Here at Deeper Healing, we utilize IV nutrient therapy. It's an integral part of our treatment because a lot of patients who come here, they have pollution damage to the enzyme systems that help their body get rid of VOCs, pesticides, herbicides, even molds and mycotoxins and things that have damaged those systems as well as their digestive system.

So what's wonderful about IV nutrients is we go right into the bloodstream to cells and we help our body recover much faster and help establish those enzyme system into a repair state.

A lot of things that we do are super physiological doses of IV nutrients, which is super helpful because we know now with the work of Linus Pauling, who won the Nobel Prize twice, but he's mainly known for his work with high dose vitamin C, helps vascular inflammation, it helps the immune system re-regulate.

It helps neuroinflammation and he was doing work with high dose vitamin C for cancer patients and lowering their mortality.

High-Dose Vitamin C and Magnesium

He also showed that it really helped with infection. We have a lot of co-infections that occur because of this pollution damage and micro toxins or whatever exposure the patients have.

So this is super important and the vitamin C doses cannot be given in the GI tract at that level as well as magnesium. Magnesium, I tell patients you use magnesium every second and when we're putting patients in this program and we are detoxing and transforming these toxins out of the body, we utilizing a lot of magnesium Migraine headaches, for instance, your body is having a lot of neurovascular inflammation and spasm, and magnesium IVs, we can give a LOT more than we could ever give orally.

So this is important. When the body's in a stress response, it's using a lotta cortisol and vitamin C. We're one of the few mammals that does not make vitamin c.

What we've found, and this has been published, is that when you have sepsis or extreme stress, your body's utilizing cortisol and all these adrenaline catecholamines and vitamin C.

Well, you use up that reserve pretty quickly, so we give the IV form to help replenish that. And this is been helpful because the patients then overcome the stress response very quickly.

The other nutrient that's super important and I call it the master is glutathione.

Glutathione for Detox and Inflammation

So a lot of patients who come here cannot tolerate glutathione orally, but when we bypass the GI tract and we give it to them IV, it's been extremely beneficial.

So it is depleted very frequently by mycotoxin exposures. We now know there's a lotta published studies showing that helps with post-COVID and helps the body with cytokine and inflammation.

It helps lower vascular inflammation, just like vitamin C. we're now seeing it with RSV in children. it actually helping them clear infections. So glutathione, neuroinflammation, degenerative disorders like Parkinson's, we have a lot of

success just using that IV because we're, again, going right to the system.

And then phosphatidylcholine is another IV nutrient that we use very often. Phosphatidylcholene, I kind of call it the super nutrient as well because when patients come here, their cell membrane is damaged.

the cell membrane is formed by phospholipids, which is one of those nutrients, is phosphatidylcholine. So we give this IV to help repair that cell member.

Patients often notice right away that their brain function is better.

Phosphatidylcholine and Cell Repair

It has choline in it, a precursor to acetylcholene, and that neurotransmitter is often super low, also in neurodegenerative diseases, so it's been extremely beneficial for those patients.

And it is an emulsifier, it really helps the lipid and lipid profile of fats in the body because the liver, and I teach patients this, the livers trying to detox all these things and it gets inflamed and one of the most important components is phosphatidylcholine in that bile and that liver system so it helps the bodies detox and get rid of those high lipids.

And so one of the things I wanted to mention too is that you see IV bars and you IV places all over the country now, but we at Deeper Healing are really focused on making sure we have high quality nutrients.

A lot of patients come here and they're actually sensitive to the different components that are used in other places. They use a lot times preservative chemicals with the vitamins and we find that that can be detrimental.

We also make sure that we're using a lot of high dose nutrient levels.

Quality, Personalization, and Nick's IV

So a lotta places you go to, they don't really tell you what's in it. It's vitamin C, but they really don' tell ya. We make that sure we looking at that with each individual patient.

And we also look that not one size fits all. Um, so we really look at the individual and how their needs are being met and what their requirements are.

What are they gonna react to? What're they going to benefit from with all these different IV nutrients? So we getting ready to give Nick an IV, as you can see.

and he's gonna become a super superpower because he is gonna get all this super physiological doses of great vitamins and be able to help his cause.