LCA Football Coach Oakley Watkins Show Season 2 Episode 2 feat. Sawyer Jones & Nate Walls 9/2/2026 Transcript

(Transcripts are generated by AI and may contain errors)

Show Opening and Sponsor Intro

[music] It's time for the LCA football [music] It's time for the LCA football coach Oakley Watkins show live from the coach Oakley Watkins show live from the [music] home of the Eagles in Lexington, [music] home of the Eagles in Lexington, Kentucky on the Ortholink Sports Kentucky on the Ortholink Sports Network. The Coach Oakley Watkins Network. The Coach Oakley Watkins [music] Show is presented by Dr. Jason [music] Show is presented by Dr. Jason Hunt with the Joint Preservation Center Hunt with the Joint Preservation Center and the Kentucky Bluebird Grill and Pub.

and the Kentucky Bluebird Grill and Pub.

Coach Watkins Breaks Down the Rebel Bowl Loss

Now, here's the host of the Coach Oakley Now, here's the host of the Coach Oakley Watkins [music] Show, Jason Hunt. Watkins [music] Show, Jason Hunt. >> All right, we're back here live. Coach >> All right, we're back here live. Coach Oakley Watkins show in a new venue Oakley Watkins show in a new venue today, coach. We're all over campus. So, today, coach. We're all over campus. So, welcome. Uh I know you've seen the film.

welcome. Uh I know you've seen the film. All of us seen the film. So, dig right All of us seen the film. So, dig right into what you saw on uh Saturday at the into what you saw on uh Saturday at the Rebel Bowl. Yeah, I mean we knew going Rebel Bowl. Yeah, I mean we knew going in that it was going to be a really in that it was going to be a really talented, physical, experienced football talented, physical, experienced football team that had obviously played for a 5A team that had obviously played for a 5A state championship last year, returned state championship last year, returned just about everybody from that team. Uh just about everybody from that team. Uh very multiple on defense with what they very multiple on defense with what they do. And we knew with the with as many do. And we knew with the with as many guys we had playing both ways with what guys we had playing both ways with what we're doing defensively that it was uh we're doing defensively that it was uh it's going to be a battle. And our kids, it's going to be a battle. And our kids, the one thing I'll say about our kids is the one thing I'll say about our kids is they played their tails off. I mean, they played their tails off. I mean, it's and I've got it's and I've got >> several people aren't even affiliated >> several people aren't even affiliated with our program really that have come with our program really that have come to me and said like one thing's for sure to me and said like one thing's for sure with your kids, they're going to play with your kids, they're going to play hard. That's a testament to our kids.

hard. That's a testament to our kids. Um, but in terms of our execution, Um, but in terms of our execution, procedural penalties that we had and we procedural penalties that we had and we had chances and opportunities to win the had chances and opportunities to win the game. It starts with me. I take full game. It starts with me. I take full responsibility for that and uh our team responsibility for that and uh our team knows that and we're going to be better.

knows that and we're going to be better. They're going to get my best and uh I They're going to get my best and uh I know they got my back. So, it's going to know they got my back. So, it's going to be fun to fun to approach this next week be fun to fun to approach this next week together.

together. together. >> Yeah. Talk about uh last week we talked >> Yeah. Talk about uh last week we talked a little bit about a little bit about uh what you expected from the offense uh what you expected from the offense and saying there's some updates or some and saying there's some updates or some tweaks that we need to make and same tweaks that we need to make and same thing that we didn't execute and times thing that we didn't execute and times we need to execute. Did you see uh we need to execute. Did you see uh progression like we improve from u the progression like we improve from u the offensive or still have some work to do offensive or still have some work

to do on that side?

on that side? >> Yeah, we've definitely got some work to >> Yeah, we've definitely got some work to do. I mean, it's first time for me as a do. I mean, it's first time for me as a play caller that we've ever been shut play caller that we've ever been shut out. Um, and that has been something for out. Um, and that has been something for me this weekend that I've had to me this weekend that I've had to >> What did your mom say?

>> What did your mom say?

Offensive Adjustments and Accountability

>> Yeah, my mom uh actually she was very >> Yeah, my mom uh actually she was very very positive, which was uh very positive, which was uh >> traditionally my mom gets on me about >> traditionally my mom gets on me about different things, which is great. You different things, which is great. You need people like that in your life. Um, need people like that in your life. Um, >> but she did have her opinions on what we >> but she did have her opinions on what we should be doing. um which everybody should be doing. um which everybody does. And that's the thing like uh the does. And that's the thing like uh the man in the arena quote is one that I man in the arena quote is one that I always go back to in moments like this always go back to in moments like this cuz there's a lot of people that hey you cuz there's a lot of people that hey you forgot how to coach and all it's like forgot how to coach and all it's like have opinions but at the end of the day have opinions but at the end of the day like like like >> I love our staff. I love our kids. I >> I love our staff. I love our kids. I mean I know I liked our plan still like mean I know I liked our plan still like our plan that we went into the game our plan that we went into the game with. We just didn't execute and again with. We just didn't execute and again that starts with me. So yeah that starts with me. So yeah >> um we'll f we'll focus and continue to >> um we'll f we'll focus and continue to work on those things. as we're getting work on those things.

Defense, Special Teams, and Senior Introductions

as we're getting back to the fundamentals this week and back to the fundamentals this week and uh get ready for a good Cow team. uh get ready for a good Cow team.

>> Well, we talked about playing in all >> Well, we talked about playing in all three steps of the game and and you said three steps of the game and and you said that even people outside the program that even people outside the program said the defense was elite after well said the defense was elite after well the entire game they called a a good the entire game they called a a good play on a blitz and scored a touchdown play on a blitz and scored a touchdown and then literally every single time the and then literally every single time the rest of the game when we had to get a rest of the game when we had to get a stop we got a stop gave ourselves an stop we got a stop gave ourselves an opportunity to win. So, uh the defense opportunity to win. So, uh the defense certainly stepped up. We said it again certainly stepped up. We said it again last week and I think not us here but if last week and I think not us here but if you have outsider talk and people who you have outsider talk and people who have that I talked to about the program have that I talked to about the program they thought defense was going to be our they thought defense was going to be our struggle this year coming in. You can struggle this year coming in. You can look at film on two weeks and say that look at film on two weeks and say that probably has not been the case so far probably has not been the case so far and it's something we can hang our hat and it's something we can hang our hat on. Obviously defense is going to be on. Obviously defense is going to be stretched against a very talented team stretched against a very talented team coming in through Cal. So we'll see and coming in through Cal. So we'll see and I suspect they're going to give the same I suspect they're going to give the same effort that they've given before. Um, we effort that they've given before. Um, we alluded to it last week. Uh, I got a lot alluded to it last week. Uh, I got a lot of comments about you running through of comments about you running through film that were all positive. So, we're film that were all positive. So, we're going to do that again. But before that, going to do that again. But before that, you have a couple seniors you're going you have a couple seniors you're going to introduce that we're going to talk to to introduce that we're going to talk to today. So, give us the intro for the two today. So, give us the intro for the two guys here.

guys here. >> Yeah. Well, we've been great in the >> Yeah. Well, we've been great in the special teams this year,

too. I think special teams this year, too. I think the defense obviously has been great.

the defense obviously has been great. Special teams have been great. Uh, these Special teams have been great. Uh, these two guys have been a big part of that.

two guys have been a big part of that. So, I'll go just like I did last week So, I'll go just like I did last week with the uh numbers. Start with that.

with the uh numbers. Start with that. We've got number 27, Sawyer Jones, who We've got number 27, Sawyer Jones, who is a senior long snapper for us. He won is a senior long snapper for us. He won the sportsmanship award Saturday, which the sportsmanship award Saturday, which was really a no-brainer for us with just was really a no-brainer for us with just what he brings our program in terms of what he brings our program in terms of who we wanted to represent us from that who we wanted to represent us from that standpoint. Uh Sawyer is an ultimate standpoint. Uh Sawyer is an ultimate teammate. He's somebody that has teammate. He's somebody that has committed to really impacting our team committed to really impacting our team in an extremely positive way through his in an extremely positive way through his leadership, but also by stepping up to leadership, but also by stepping up to be a long snapper. It's a role that the be a long snapper. It's a role that the only time people know you're out there only time people know you're out there really is when you mess up. And he has really is when you mess up. And he has been incredible so far. And for this been incredible so far. And for this being his first year starting at the being his first year starting at the position, it's been really cool to see.

position, it's been really cool to see. Uh for those that don't know, Saw had a Uh for those that don't know, Saw had a pretty difficult knee injury early in pretty difficult knee injury early in his career, which is um was was tough to his career, which is um was was tough to deal with. and to see him respond and deal with. and to see him respond and talk about what football being a talk about what football being a microcosm of life and respond in the way microcosm of life and respond in the way that he has uh to impact us on Friday that he has uh to impact us on Friday nights and use that as just a part of nights and use that as just a part of his story and as example to set for his story and as example to set for other people that yeah it's a setback other people that yeah it's a setback but it's a small setback for a big but it's a small setback for a big comeback. So it's been really neat for comeback. So it's been really neat for me to see him experience such a special me to see him experience such a special senior year so far. So looking forward senior year so far. So looking forward to him continuing to create more to him continuing to create more memories. And then our other senior is memories. And then our other senior is number 40 Nathaniel Walls. Uh it's his number 40 Nathaniel Walls. Uh it's his first time playing football. He actually first time playing football. He actually started kicking in his backyard. And I started kicking in his backyard. And I hate to give this guy credit, but Jamie hate to give this guy credit, but Jamie Lee Patterson, Lee Patterson, >> the general, >> the general, >> uh the general reached out to me this >> uh the general reached out to me this summer was like, "Hey, like Nate's been summer was like, "Hey, like Nate's been kicking the backyard. He's really good.

kicking the backyard. He's really good. And would you like to see him kick?" I And would you like to see him kick?" I was like, "Sure, buddy. You have him was like, "Sure, buddy. You have him come out." Cuz we had a competition come out." Cuz we had a competition going on anyway.

going on anyway. >> And uh Nate came out. He's a he's a >> And uh Nate came out. He's a he's a golfer as well. So like that 6 in right golfer as well. So like that 6 in right in between here as a football player is in between here as a football player is so important especially as a kicker so important especially as a kicker especially as a long snapper and uh Nate especially as a long snapper and uh Nate has been fantastic. I mean he has been has been fantastic. I mean he has been incredible addition to our program. I incredible addition to our program. I mean he's never waivers and you've got mean he's never waivers and you've got to have that mentality as a kicker. Um to have that mentality as a kicker. Um been he's perfect on pats. He's been been he's perfect on pats. He's been great in the kicking game from a I mean great in the kicking game from a I mean we almost had an opportunity to recover we almost had an opportunity to recover a a uh kick first play of the game a a uh kick first play of the game really and that's a testament to him.

really and that's a testament to him. So, uh, LCA family, brother Austin's So, uh, LCA family, brother Austin's plan, too, has been a great addition to plan, too, has been a great addition to the program. Um, mom Whitney works at

the program. Um, mom Whitney works at the school and she's a big supporter of the school and she's a big supporter of football and is a incredible person to football and is a incredible person to be around, too. So, we're fortunate to be around, too. So, we're fortunate to have him in the program. Looking forward have him in the program.

Saw Jones on Sportsmanship and Long Snapping

Looking forward to everybody getting to hear from these to everybody getting to hear from these two guys. two guys. >> Awesome. We'll take a short break. We'll >> Awesome. We'll take a short break. We'll be right back with the seniors.

be right back with the seniors. >> All right, guys. We're back here. Senior >> All right, guys. We're back here. Senior Saw Jones. Uh, you got to start out last Saw Jones. Uh, you got to start out last weekend with some hardware, uh, winning weekend with some hardware, uh, winning the sportsmanship award at the Rebel the sportsmanship award at the Rebel Bowl. talk about that and how you felt.

Bowl. talk about that and how you felt. >> Yeah, winning the winning the >> Yeah, winning the winning the sportsmanship award was a blessing. I sportsmanship award was a blessing. I mean, I wasn't expecting it, but I mean, mean, I wasn't expecting it, but I mean, it just goes to show that there's always it just goes to show that there's always eyes watching, whether that's little eyes watching, whether that's little eyes, kids younger than you or scouts or eyes, kids younger than you or scouts or just anybody in the stands really, just anybody in the stands really, especially our coaches. So, I think even especially our coaches. So, I think even the little things, helping somebody up the little things, helping somebody up or not retaliating when somebody's in or not retaliating when somebody's in your face always goes notice. And then your face always goes notice. And then talk about uh performance on the field talk about uh performance on the field uh at the Rebel Bowl. And then your uh at the Rebel Bowl. And then your preparation. We talked to you about uh preparation. We talked to you about uh or Coach Oak talked to you about being a or Coach Oak talked to you about being a long snapper. It's your first year doing long snapper. It's your first year doing that. So, let's look back. What drew you that. So, let's look back. What drew you to be a long snapper and then what to be a long snapper and then what preparation you put in for that to preparation you put in for that to happen? I really look up to Will Hester.

happen? I really look up to Will Hester. He was our last year's long snapper. And He was our last year's long snapper. And I mean, he is a really Christ center man I mean, he is a really Christ center man on and off the field and just watching on and off the field and just watching him play his position and it's a safe him play his position and it's a safe spot considering how I tore everything spot considering how I tore everything in my knee two years ago. And I've in my knee two years ago. And I've always wanted the starting position on always wanted the starting position on the field and get be able to get the the field and get be able to get the kudos of being a starting varsity player kudos of being a starting varsity player and still be safe. and I really chose and still be safe. and I really chose Long Snapper and I think it chose me as Long Snapper and I think it chose me as well. So, I'm really happy about it.

well. So, I'm really happy about it. >> Gotcha. So, he's passed the torch. You >> Gotcha. So, he's passed the torch. You you told me before you worked with him a you told me before you worked with him a little bit in the offseason getting little bit in the offseason getting ready for this and then now I'm sure ready for this and then now I'm sure he's watching he's proud.

he's watching he's proud. >> Yes, sir. >> Yes, sir. >> All right. Let's talk about um LCA in >> All right. Let's talk about um LCA in general. So, tell me when you started at general. So, tell me when you started at LCA and uh what you would say to people LCA and uh what you would say to people about the school, not necessarily about the school, not necessarily football team.

football team. >> I'm a lifer here. So, that I'm going in >> I'm a lifer here. So, that I'm going in my 14th year here at LCA and I mean my 14th year here at LCA and I mean every single year has been a blessing.

every single year has been a blessing. all the kids, parents that that come all the kids, parents that that come into

the school, faculty members, into the school, faculty members, teachers, they're all just Christc teachers, they're all just Christc centered people who I look up to, all of centered people who I look up to, all of them really. And having peers that feel them really.

Nathaniel Walls on Kicking and Team Brotherhood

And having peers that feel the same way about God and just be able the same way about God and just be able to share that bonds with each other for to share that bonds with each other for other lifers as well, but also new kids other lifers as well, but also new kids just coming in, I think it's a blessing.

just coming in, I think it's a blessing. >> And let's talk about on the football >> And let's talk about on the football field now. So going into this year, u field now. So going into this year, u Oakley's always talking about how Oakley's always talking about how important it is that you have a player important it is that you have a player team. And then talk about the seniors team. And then talk about the seniors and your your brothers and how you guys and your your brothers and how you guys bonded in the offseason and how that's bonded in the offseason and how that's going through this season. Just give us going through this season. Just give us a give us an overview of how that's a give us an overview of how that's going. I mean, we are all we're a really going. I mean, we are all we're a really close group of people, man. I mean, even close group of people, man. I mean, even the four years, some three years, two the four years, some three years, two years, new guys. I mean, we've gotten so years, new guys. I mean, we've gotten so close over the offseason with senior close over the offseason with senior dinners. I think we're on our sixth one.

dinners. I think we're on our sixth one. Ever since we get closer and that Ever since we get closer and that translates to on the field, nobody's translates to on the field, nobody's pointing fingers at each other, blaming pointing fingers at each other, blaming each other. and I just think we're a each other. and I just think we're a really close group of guys and I really really close group of guys and I really want to maintain that friendship going want to maintain that friendship going out through college.

out through college. >> And then what would you say to fans who >> And then what would you say to fans who maybe are checking LCA football out for maybe are checking LCA football out for the first time? What are you going to the first time? What are you going to see on the field? What kind of product see on the field? What kind of product do you guys put out? What can you expect do you guys put out? What can you expect from your team?

from your team? >> Uh they're going to see a lot of young >> Uh they're going to see a lot of young Christian centered men. I mean, every Christian centered men. I mean, every single one of them's a God-fearing man single one of them's a God-fearing man who plays who plays with dignity and who plays who plays with dignity and fearing of Christ the whole time and fearing of Christ the whole time and just a loving Christlike all the time.

just a loving Christlike all the time. And I really think what they see is And I really think what they see is really important, especially how Christ really important, especially how Christ centered we are. Then I'll give you one centered we are. Then I'll give you one chance to give a pitch to fans who chance to give a pitch to fans who haven't been to a game yet. Tell them haven't been to a game yet. Tell them something that's going to get them to something that's going to get them to come out and watch us on Friday.

come out and watch us on Friday. >> The student section. >> The student section. >> The student section is going to be lit, >> The student section is going to be lit, so you need to be there.

so you need to be there. >> All right, we'll wrap it up. We'll be >> All right, we'll wrap it up. We'll be right back. We are back here uh with right back. We are back here uh with Nate Walls, senior on the LCA football Nate Walls, senior on the LCA football team. Welcome.

team. Welcome. >> Thank you. >> Thank you. >> And we were talking about this must be >> And we were talking about this must be the special teams version. So you get to the special teams version. So you get to see the backside of him snapping you a see the backside of him snapping you a ball. Yeah.

ball. Yeah. >> Tell us about your journey. Oakley >> Tell us about your journey. Oakley already kind of alluded to it's your already kind of alluded to it's your first year playing football at LCA.

first year playing football at LCA. uh tell us how that ended up uh going uh tell us how that ended up uh going down and why you chose to be a kicker down and why you chose to be a kicker here.

here. here. >> Yeah, you know, I grew up and uh I've >> Yeah, you know, I grew up and uh I've always played golf and I just wanted to always played golf and I just wanted to try something new and so I decided to try something new and so I decided to start kicking in my backyard, you know, start kicking in my backyard, you know, I started watching the Pat McAfee shows I started watching the Pat McAfee shows and seeing the $100,000 kicks and stuff and seeing the $100,000 kicks and stuff and I was like maybe that could be me and I was like maybe that could be me someday and I was like I just want to someday and I was like I just want to give it a try, you know. So, and then uh give it a try, you know. So, and then uh Jamie Lee Patterson, he u he convinced Jamie Lee Patterson, he u he convinced me to go out there in front of Coach me to go out there in front of Coach Hood and uh Coach Oak and uh just go Hood and uh Coach Oak and uh just go kick and I I started grinding and ever kick and I I started grinding and ever since that day, you know, I've loved since that day, you know, I've loved football and I fell in love with it. So, football and I fell in love with it. So, >> so you think it's a good decision that >> so you think it's a good decision that you join? Yeah.

you join? Yeah. >> Talk about that. We we alluded already a >> Talk about that. We we alluded already a little bit with saw. talk about the little bit with saw. talk about the brotherhood that forms through this brotherhood that forms through this senior group and what that means to you senior group and what that means to you as you obviously you're joining now so as you obviously you're joining now so you kind of almost feel like an outsider you kind of almost feel like an outsider when you start but how's that going when you start but how's that going how's that transition been how they how's that transition been how they welcomed you to the team welcomed you to the team >> yeah I'm just so thankful they accepted >> yeah I'm just so thankful they accepted me you know our brotherly love that we me you know our brotherly love that we have for each other you know you know have for each other you know you know we're always there for each other wins we're always there for each other wins losses you know and we always lift each losses you know and we always lift each other up and we try to be the best the other up and we try to be the best the best leaders we can for the younger best leaders we can for the younger people that look up to us and uh I'm people that look up to us and uh I'm just really thankful that they accept just really thankful that they accept me.

me. me. >> Do you think there's anything in your >> Do you think there's anything in your golf game that helps you as a kicker? golf game that helps you as a kicker?

>> Yes. And mentally when I played in those >> Yes. And mentally when I played in those in golf tournaments, you know, it's in golf tournaments, you know, it's like, okay, I got a five foot putt for like, okay, I got a five foot putt for birdie, you know, just you you just got birdie, you know, just you you just got to zone everybody out, zone the to zone everybody out, zone the atmosphere out. You just got to just atmosphere out. You just got to just just breathe and just take your time and just breathe and just take your time and then, you know, just sink it.

then, you know, just sink it. >> What's your lowest competitive score in >> What's your lowest competitive score in a tournament? a tournament? >> Two under at Eagle Trace up.

>> Two under at Eagle Trace up. >> Gotcha. And if we were lucky enough to >> Gotcha. And if we were lucky enough to get college game day to Lexington one get college game day to Lexington one day and Pat McAfee shows up and you get day and Pat McAfee shows up and you get picked, picked, picked, >> what do you think is the longest field >> what do you think is the longest field goal you could kick for 100,000 bucks?

goal you could kick for 100,000 bucks? >> I could segue up to 40. 40 yards >> I could segue up to 40. 40 yards probably. probably. probably. >> With all the cameras on and 40 yards.

>> With all the cameras on and 40 yards. >> Okay, we're going with 40. If you had to >> Okay, we're going with 40. If you had to get 45, you think you got the boot for get 45, you think you got the boot for it?

it? it? >> I I think I could. >> I I think I could. >> I think so, too. Cuz the adrenaline >> I think so, too. Cuz the adrenaline would kick in. would kick in.

>> Yeah, it'd be exciting. We can only hope >> Yeah, it'd be exciting. We can only hope that one day we get game day back at that one day we get game day back at Kentucky, we get some excitement here in Kentucky, we get some excitement here in Boston.

Boston. Boston. >> Did you grow up a UK football fan? >> Did you grow up a UK football fan? >> Yeah, I've always been a UK football >> Yeah, I've always been a UK football fan. So, you know, I remember going to fan. So, you know, I remember going to the games, the Kentucky basketball the games, the Kentucky basketball games, you know, just I've been a games, you know, just I've been a diehard Kentucky fan for all my life.

diehard Kentucky fan for all my life. So, So, So, >> then talk about LCA's school. When did >> then talk about LCA's school. When did you start at LCA? And you start at LCA? And >> so, I started in kindergarten and and >> so, I started in kindergarten and and then I left in uh fourth grade and then then I left in uh fourth grade and then I came back in fifth grade.

I came back in fifth grade. >> Okay. So, but I mean I've been here for >> Okay. So, but I mean I've been here for 13 years. And 13 years. And >> who was your kindergarten teacher?

>> who was your kindergarten teacher? >> I had Miss Huckabe. >> I had Miss Huckabe. >> So did everyone else. She's the legend >> So did everyone else. She's the legend of LCA. So of LCA. So >> I'm pretty sure she's still teaching >> I'm pretty sure she's still teaching today.

today. today. >> She is. My son who's now is in third >> She is. My son who's now is in third grade. Had her as a kindergarten grade. Had her as a kindergarten teacher. So everybody loves her. Y teacher. So everybody loves her. Y >> um and I'll give you the same thing that >> um and I'll give you the same thing that we talked about. So give us a a pitch we talked about. So give us a a pitch for people to come out and watch you on for people to come out and watch you on Friday night, kick the ball, and play.

Friday night, kick the ball, and play. What would you say to fans who are What would you say to fans who are listening? I mean, I'd just say, you listening? I mean, I'd just say, you know, just just enjoy it. You know, come know, just just enjoy it. You know, come out and support the Eagles. Uh the out and support the Eagles. Uh the atmosphere is great and uh I don't think atmosphere is great and uh I don't think we I think we have the best student we I think we have the best student section in the state of Kentucky.

section in the state of Kentucky. >> I think we're going to need a >> I think we're going to need a game-winning field goal to beat Ken game-winning field goal to beat Ken overtime. You good for that?

overtime. You good for that?

Film Review: Offensive and Defensive Highlights

>> I think we can make it. >> I think we can make it. >> Let's do it. >> Let's do it. >> Let's do it. Thank you. >> Let's do it. Thank you. >> Thanks.

>> Thanks. >> Thanks. >> All right. Here we go. So, we got This >> All right. Here we go. So, we got This was one of our first plays of our uh was one of our first plays of our uh first drive, which is part of our first drive, which is part of our opening script. Um, we were running a opening script. Um, we were running a spacing concept for us. We knew that spacing concept for us. We knew that they were going to give us hard corner they were going to give us hard corner to trips, which is one of the reasons we to trips, which is one of the reasons we want bunch, but we knew we were going to want bunch, but we knew we were going to get bump out quads and they were going get bump out quads and they were going to have a zone check. Uh, which spacing to have a zone check. Uh, which spacing is a great great answer to any zone is a great great answer to any zone check, which resulted in Jeremiah being check, which resulted in Jeremiah being being open here, reading this thing being open here, reading this

thing outside the in. Uh, so he's reading outside the in. Uh, so he's reading Davin and that's the main reason he ends Davin and that's the main reason he ends up getting it's going Davin to packs to up getting it's going Davin to packs to Jeremiah. So he goes one, two, three.

Jeremiah. So he goes one, two, three. Ball's open impacting that whole Ball's open impacting that whole defender. We call a flat defender, hole defender. We call a flat defender, hole defender. This guy here, which is defender. This guy here, which is Good job getting north and south.

Good job getting north and south. Pilaski does a really good job Pilaski does a really good job motioning, getting guys out in space, motioning, getting guys out in space, making making it easy on their making making it easy on their quarterback.

quarterback. quarterback. um would obviously like to have seen us um would obviously like to have seen us get a better pass rush on this play get a better pass rush on this play here, but one thing that we love is here, but one thing that we love is pursuing the football and we did have pursuing the football and we did have some guys here uh pursuing the football some guys here uh pursuing the football downhill.

Good job staying home by Thomas there, Good job staying home by Thomas there, too. too. too. This is one of our favorite screens This is one of our favorite screens here.

here. here. Uh, we want to sell roll out to the Uh, we want to sell roll out to the field, which is another reason that field, which is another reason that we've got Jeremiah and our orbit type we've got Jeremiah and our orbit type motion. Um, just selling full sprint motion. Um, just selling full sprint speed out to the field. um end up speed out to the field. um end up throwing screen. It's a throwback screen throwing screen. It's a throwback screen here. So, we got two guys getting out on here. So, we got two guys getting out on the screen. This is our tackle on our the screen. This is our tackle on our center. Now, when you watch this, like center. Now, when you watch this, like obviously there's a lot of grass here.

obviously there's a lot of grass here. This is one too that officials missed a This is one too that officials missed a late hit, but um when you watch this late hit, but um when you watch this from the end zone cut up, from the end zone cut up, you'll see what we released two guys.

you'll see what we released two guys. Football's a numbers game. So, we've got Football's a numbers game. So, we've got numbers here and then we got numbers numbers here and then we got numbers here with our center. Um, so you see here with our center. Um, so you see this that picture when he catches this this that picture when he catches this thing. That's something for us.

thing. That's something for us. Kick out. We should be on this high Kick out. We should be on this high shoulder and then running backs up north shoulder and then running backs up north But this is just example for us. again But this is just example for us. again late hit there, but um I mean there were late hit there, but um I mean there were some plays execution-wise we just got to some plays execution-wise we just got to be be better at it. And again, that be be better at it. And again, that starts with me and we got to get better starts with me and we got to get better at the fundamentals and we'll uh at the fundamentals and we'll uh continue to focus and hone in on those continue to focus and hone in on those things. One thing I will say about our things. One thing I will say about our defense is we really boat up in some big defense is we really boat up in some big moments, some fourth downs, third downs, moments, some fourth downs, third downs, uh and some key crucial positions, uh and some key crucial positions, especially with a team that really especially with a team that really prides themsself on being able to run prides themsself on being able to run the football year. Um, you can see we we the football year. Um, you can see we we did cut at the point of attack on some did cut at the point of attack on some of this short yardage stuff to give our of this short yardage stuff to give our guys an opportunity to get downhill from guys an opportunity to get downhill from the second level and also takes away O the second level and also takes away O It was a play by Aiden though, getting It was a play by Aiden though, getting down inside and wrapping up.

down inside and wrapping up. See him bring his hips. That's just a See him bring his hips. That's just a really good tackle by Aiden. Getting his really good tackle by Aiden. Getting his face out of there, too. Um, it's a chess face out

of there, too. Um, it's a chess tackle, which is what we want to shoot tackle, which is what we want to shoot for.

This is one of our our most explosive This is one of our our most explosive play of the night. We're just running play of the night. We're just running double post wheel here, reading it out.

double post wheel here, reading it out. It was a good job protecting it. by us It was a good job protecting it. by us up front for the most part. Um, we've up front for the most part. Um, we've got to continue to press our hip up got to continue to press our hip up front when we get outside pressure and front when we get outside pressure and not what I call open the open the hip not what I call open the open the hip and give a two-way go. We just got to and give a two-way go. We just got to keep squaring guys up. So, all Nash sees keep squaring guys up. So, all Nash sees is our white jerseys, blue numbers here.

is our white jerseys, blue numbers here. But really good job by our receivers. I But really good job by our receivers. I thought this was one of the best route thought this was one of the best route concepts we had on the night in terms of concepts we had on the night in terms of everybody being on the same page.

everybody being on the same page. Everybody running full full tilt. Um, Everybody running full full tilt. Um, great ball by Nash here and Jeremiah's great ball by Nash here and Jeremiah's really kind of made himself a guy in big really kind of made himself a guy in big moments. It's made some really big time moments. It's made some really big time catches for us and that's what this here catches for us and that's what this here was.

It's a really good job by Don Riddick It's a really good job by Don Riddick You can see when we're talking about You can see when we're talking about pushing that hip is just throwing it pushing that hip is just throwing it back this way is what what we'd like to back this way is what what we'd like to see. just to square him up.

see. just to square him up. But good job across the board. And you But good job across the board. And you see that ball. It's a great ball. Great see that ball. It's a great ball. Great catch.

Now this one here, this is a favorite of Now this one here, this is a favorite of mine mine mine down in the low green zone. We don't down in the low green zone. We don't call it the red zone. We call it the call it the red zone. We call it the green zone because we want to score. Uh green zone because we want to score. Uh just had a procedural penalty here. um just had a procedural penalty here. um we're supposed to be on the ball out we're supposed to be on the ball out here at um receiver when you just got a here at um receiver when you just got a lot of motions and shifts. Again, that's lot of motions and shifts. Again, that's a that's a me problem. I mean, I've got a that's a me problem. I mean, I've got to do a better job of repping this stuff to do a better job of repping this stuff more in practice, so our guys are even more in practice, so our guys are even more comfortable with it. We rep this more comfortable with it. We rep this play often, but um I take ownership in play often, but um I take ownership in it. And it. And so Sam, number three here, should be on so Sam, number three here, should be on the ball. We jump across in the motion the ball. We jump across in the motion and uh then we send Dawson in speed and uh then we send Dawson in speed sweep motion here. Flip it for a reverse sweep motion here. Flip it for a reverse pass.

pass. pass. Still like to see us be a little wider Still like to see us be a little wider out here at receiver two so we get more out here at receiver two so we get more of this push. So I'd like to see us more of this push. So I'd like to see us more But great pitch and catch by Sam there.

But great pitch and catch by Sam there. Good job by Nash. But just procedural Good job by Nash. But just procedural penalties again. Talk about penalties again. Talk about opportunities we had. We had a ton of opportunities we had. We had a ton of Now this here was a incredible play by Now this here was a incredible play by Thomas. I had the good fortune of Thomas. I had the good fortune of watching this one from by behind the watching this one from by behind the play and u I mean we tell our play and u I mean we tell our linebackers basically it's C ball linebackers basically it's C ball and you see Thomas here. I mean that's and you see Thomas here. I mean that's why he's a next level player. I mean why he's a next level player. I mean finds the gap, shoots it, runs it down finds the gap, shoots it, runs it down from behind. He's got elite speed.

from behind. He's got elite speed. Really good job here by Davin Hood too. Really good job here by Davin Hood

too. Number seven uh making this thing cut Number seven uh making this thing cut But we've got a lot of guys running But we've got a lot of guys running football. Like even in this picture football. Like even in this picture here, here, here, when it gets to here, Davin does a good when it gets to here, Davin does a good job walling it off to where he's got to job walling it off to where he's got to cut it back. But even if Davin doesn't, cut it back. But even if Davin doesn't, we've got pursuit coming from these we've got pursuit coming from these linebackers, which is which is great to linebackers, which is which is great to see. And we're playing downhill on see.

Cal Preview and Team Growth

And we're playing downhill on defense right now, which is really defense right now, which is really really nice to to see this early in the really nice to to see this early in the year.

year. year. Let's see here. We had a couple mental errors see here. We had a couple mental errors here, but really great job by Paxton. here, but really great job by Paxton.

Um, [clears throat] you like to see his Um, [clears throat] you like to see his out route be a little deeper here, but out route be a little deeper here, but really good job fighting for the first really good job fighting for the first because I mean that extra lunge for him because I mean that extra lunge for him on fourth down, that's a pure effort on fourth down, that's a pure effort thing by Pax. That was great to see in a thing by Pax. That was great to see in a big moment right there, him get the big moment right there, him get the first. Um, first. Um, as you can see there, he had no no as you can see there, he had no no business getting that, but he fought his business getting that, but he fought his Running speed option here. One thing on Running speed option here. One thing on speed option, we like to like us to be speed option, we like to like us to be down here more attacking this player down here more attacking this player here. We went with the crack motion here here. We went with the crack motion here with Sam, which Sam does a great job with Sam, which Sam does a great job because what you want is this picture to because what you want is this picture to where it's basically where it's basically this back is all walled off, which is this back is all walled off, which is great. We got to get up here to this great. We got to get up here to this linebacker here on the playside pit, but linebacker here on the playside pit, but this is who we want to be attacking. Um, this is who we want to be attacking. Um, so we just got to get downhill a little so we just got to get downhill a little bit quicker and put him conflict quicker bit quicker and put him conflict quicker because it allows him to play in between because it allows him to play in between This is just a fun formation for us This is just a fun formation for us uh that we get in at times. We we can uh that we get in at times. We we can run a bunch of different stuff out of run a bunch of different stuff out of it. Um here we just went all hitches it. Um here we just went all hitches with screen to the top with dav. Um and with screen to the top with dav. Um and it's it's it's good pitch and catch and great job by good pitch and catch and great job by Sam. Sam at this point had played 100 Sam. Sam at this point had played 100 plus plays. Fought his tail off to put plus plays. Fought his tail off to put us in a position to go win the game. Uh us in a position to go win the game. Uh really I thought he was going to break really I thought he was going to break it and go go win it there. Um but that's it and go go win it there. Um but that's a just a pure effort piece by Sam. It's a just a pure effort piece by Sam. It's another reason that he's going to play another reason that he's going to play And we had good protection up front on And we had good protection up front on this too which was which was also good this too which was which was also good to see that formation. One reason I like to see that formation. One reason I like it is it does take teams that are it is it does take teams that are rushing the passer really really well.

rushing the passer really really well. takes their ability to rush the passer takes their ability to rush the passer out of the picture because they're out of the picture because they're trying to align to what we're trying to trying to align to what we're trying to do.

do. do. >> Are you ready for a different type of >> Are you ready for a different type of orthopedic practice? One that is free of orthopedic practice? One that is free of hospital systems, outside influence, hospital systems, outside influence, crowded waiting rooms, and rushed crowded waiting rooms, and rushed appointments. Dr. Hunt is already well appointments. Dr. Hunt is already well known in central Kentucky for his known in central Kentucky for his ability to get injured athletes back to ability to get injured athletes back to play faster. And now he has raised the play faster. And now he has raised the bar again with the introduction of the bar again with the introduction of the Joint Preservation Center in Lexington.

Joint Preservation Center in Lexington. sports medicine expertise, personalized sports medicine expertise, personalized care, and advanced surgical techniques care, and advanced surgical techniques that can't be found at other practices that can't be found at other practices in Lexington. If you are looking for in Lexington. If you are looking for something different, something better something different, something better for your orthopedic surgery needs, call for your orthopedic surgery needs, call Dr. Hunt and the Joint Preservation Dr. Hunt and the Joint Preservation >> All right, I think we just saw a long >> All right, I think we just saw a long commercial about Joint Preservation commercial about Joint Preservation Center. I don't know who that doctor is, Center. I don't know who that doctor is, but we'll we'll have to listen to it.

but we'll we'll have to listen to it. Um, Um, Um, this week we have a a big mountain to this week we have a a big mountain to climb. Uh, just like every week, it's climb. Uh, just like every week, it's the reason you play the game. It's the the reason you play the game. It's the reason that uh you coach. It's the reason that uh you coach. It's the reason that these guys are going to get reason that these guys are going to get uh an opportunity to have a big win. We uh an opportunity to have a big win. We play big teams on big stages. We got play big teams on big stages. We got another one coming this week with Cal.

another one coming this week with Cal. So, what's your initial thoughts about So, what's your initial thoughts about Cal and what they're bringing and what Cal and what they're bringing and what you've seen for them this season?

you've seen for them this season? >> Yeah, I mean, they're uber talented. I >> Yeah, I mean, they're uber talented. I mean, they've got three of the top 150 mean, they've got three of the top 150 players in the country at a 3A school in players in the country at a 3A school in Kentucky, which I mean, that says a lot Kentucky, which I mean, that says a lot about their program and and the players about their program and and the players that they have in it. They just beat 5A that they have in it. They just beat 5A state champion Owensboro, who's coming state champion Owensboro, who's coming off a win against St. X 52 to nothing.

off a win against St. X 52 to nothing. Uh they're up 45-0 at the at the half Uh they're up 45-0 at the at the half and they beat Pikeville, who's one of and they beat Pikeville, who's one of the favorites to win class 1A, 410-0, the favorites to win class 1A, 410-0, and that was at half, too. vious like and that was at half, too. vious like you look at those scores and you're like you look at those scores and you're like that's a really that's a dang good that's a really that's a dang good football team and we know that and we've football team and we know that and we've watched the tape but one thing I know watched the tape but one thing I know about our kids is they're going to play about our kids is they're going to play hard no matter who the opponent is and hard no matter who the opponent is and uh my brother asked me Sunday night it's uh my brother asked me Sunday night it's obviously the loss on Saturday was was a obviously the loss on Saturday was was a tough one to swallow he said why do you tough one to swallow he said why do you play this schedule like why do you keep play this schedule like why do you keep scheduling stuff I'm like scheduling stuff I'm like >> that's what you like you learn a lot >> that's what you like you learn a lot about yourself when you put yourself in about yourself when you put yourself in adverse situations like nothing great adverse situations like nothing great comes from just being comfortable and comes from just being comfortable and hunky dory all the time like hunky dory all the time like We're we're going to be put in positions We're we're going to be put in positions where we're exploited. We exploited a where we're exploited. We exploited a little bit on Saturday. And that's um little bit on Saturday. And that's um something like I want to know that stuff something like I want to know that stuff now than in November. If something now than in November. If something happens when you lose a game, you're happens when you lose a game, you're like, "Well, I didn't know we weren't like, "Well, I didn't know we weren't very good in this area until now." So very good in this area until now." So that's why we play these games. And Cal, that's why we play these games. And Cal, Coach Canwell does a great job there Coach Canwell does a great job there schematically, defensively, offensively, schematically, defensively, offensively, special teams. So they're going to push special teams. So they're going to push us and it's going to push us as a staff us and it's going to push us as a staff to get better. It's going to push our to get better. It's going to push our players to get better. I know it'll be a players to get better. I know it'll be a great environment Friday night and we we great environment Friday night and we we know it's a a big-time task, but we want know it's a a big-time task, but we want to play in big time games for that to play in big time games for that reason.

reason. reason. >> Anytime you have a 3A state champion and >> Anytime you have a 3A state champion and a 2A state champion playing against each a 2A state champion playing against each other, there's going to be a lot

of other, there's going to be a lot of outside eyes watching as well. So, outside eyes watching as well. So, there's going to be a lot of people there's going to be a lot of people around. There's likely going to be a lot around. There's likely going to be a lot of coaches looking, it's going to be of coaches looking, it's going to be opportunities for our players as well.

opportunities for our players as well. Um, there's going to be that game film Um, there's going to be that game film will be watched by a lot of people and will be watched by a lot of people and then probably in person is going to be then probably in person is going to be watched by a lot of people. So, it's a watched by a lot of people. So, it's a big opportunity for us. What do you big opportunity for us. What do you think is their next step? uh if we're if think is their next step? uh if we're if we're taking baby steps towards the end we're taking baby steps towards the end goal, what's our next big step we have goal, what's our next big step we have to pull off as a team to improve?

to pull off as a team to improve? >> We talked about it yesterday at length. >> We talked about it yesterday at length. I usually don't start our weeks off with I usually don't start our weeks off with a big conversation. We just dive a big conversation. We just dive straight in the film, start on the week straight in the film, start on the week because they kind of know what our because they kind of know what our culture and our expectations are. But culture and our expectations are. But yesterday, we we talked at length about yesterday, we we talked at length about the difference between selfishness and the difference between selfishness and selflessness. And I know that seems like selflessness. And I know that seems like a very simple topic, but when you're a very simple topic, but when you're talking to 14 to 18, 19 year old high talking to 14 to 18, 19 year old high school boys that have the pressures of school boys that have the pressures of social media and just like you just social media and just like you just said, playing in big time environments said, playing in big time environments and college coaches and wanting to reach and college coaches and wanting to reach their goals, the biggest thing I told their goals, the biggest thing I told our team is, yeah, we're playing a big our team is, yeah, we're playing a big time game. Well, guess what? People want time game. Well, guess what? People want to watch teams that are really good.

to watch teams that are really good. Really good teams are not selfish. Really good teams are not selfish. Really good teams are selfless. Really Really good teams are selfless. Really good teams care about each other. And good teams care about each other. And guess what? when you are selfless, your guess what? when you are selfless, your team ends up being really good. When team ends up being really good. When your team's really good, you benefit your team's really good, you benefit from that. So, that was the conversation from that. So, that was the conversation we had on on Monday for for a good good we had on on Monday for for a good good bit. Uh I think it resonated with our bit. Uh I think it resonated with our team. I think it resonated with our team. I think it resonated with our staff and uh that's something that last staff and uh that's something that last year's team and I don't like talking year's team and I don't like talking about former teams, but that is about former teams, but that is something something something >> it's worth talking about. I mean, we did >> it's worth talking about. I mean, we did win a state championship.

win a state championship. >> Yeah. Well, it's and that team was >> Yeah. Well, it's and that team was selfless. Like, we never once heard selfless. Like, we never once heard about anything about, hey, why am I not about anything about, hey, why am I not getting this? why didn't I have this getting this? why didn't I have this many tackles or whatever it may be. And many tackles or whatever it may be. And that's that's what we're I mean I think that's that's what we're I mean I think that's an important lesson in life too that's an important lesson in life too is like you're going to work in a is like you're going to work in a building one day to where if you're building one day to where if you're selfish like you're not going to get selfish like you're not going to get along with your co-workers. It's not along with your co-workers. It's not going to be a great place to go. Um same going to be a great place to go. Um same thing in your house. Like I mean I'm my thing in your house. Like I mean I'm my wife and I like my wife is the most wife and I like my wife is the most selfless person that I know with what selfless person that I know with what she does for our girls. And um I've got she does for our girls. And um I've got to match that and try and and be better to match that and try and and be better and she makes me better because of that.

and she makes me better because of that. So, like that's what I want our kids to So, like that's what I want our kids to understand and learn. It's like the best understand and learn. It's like the best teams are selfless and just pick each teams are selfless and just pick each other up. It's not about why like why other up. It's not about why like why this guy that's this guy's fault. Like this guy that's this guy's fault. Like it it's not what it is. Like how can we it it's not

what it is. Like how can we grow and get better? So that's the next grow and get better? So that's the next step for us is I think just being more step for us is I think just being more mature. Um just generally speaking as a mature. Um just generally speaking as a team.

team. team. >> Every time the camera's on, we'll say >> Every time the camera's on, we'll say it. And it's everything's bigger than it. And it's everything's bigger than the outcome on Friday nights or the outcome on Friday nights or Saturdays or whatever whenever we're Saturdays or whatever whenever we're playing. And what character they take playing. And what character they take and what kind of men they become is way and what kind of men they become is way more important than our win loss record.

more important than our win loss record. Obviously, and I say it every single Obviously, and I say it every single time it's on two. If we're playing, we time it's on two. If we're playing, we want to win.

want to win. >> But that's not our uh it's not our gauge >> But that's not our uh it's not our gauge of success. So, I'll say it every week. of success. So, I'll say it every week.

>> You have anything left? Uh and I gave >> You have anything left? Uh and I gave them the opportunity to say something to them the opportunity to say something to the fans. So, talk about the fans, the the fans. So, talk about the fans, the turnout that you had in Boille County turnout that you had in Boille County and the turnout. We talked a little bit and the turnout. We talked a little bit about it, the turnout you had at the about it, the turnout you had at the eCampus bowl. Uh we had a great turnout, eCampus bowl. Uh we had a great turnout, good fans, and so what would you say to good fans, and so what would you say to them?

them? them? >> Yeah, I think one of the things that's >> Yeah, I think one of the things that's really special about LCA is the really special about LCA is the community that just loves football here.

community that just loves football here. I think that's something when you look I think that's something when you look at us having a roster of almost 60 guys at us having a roster of almost 60 guys now. Our middle school's got almost 50 now. Our middle school's got almost 50 on it. And we've got our youth league on it. And we've got our youth league which is doing I mean we've got tons of which is doing I mean we've got tons of numbers in that. People here love numbers in that. People here love football. So, if you want to see a bunch football. So, if you want to see a bunch of kids that work their tails off, like of kids that work their tails off, like this is a group to come watch, we always this is a group to come watch, we always have great crowds here. I've had have great crowds here. I've had numerous coaching staffs or people that numerous coaching staffs or people that have been around and say, "Man, this is have been around and say, "Man, this is a really cool environment to play in." a really cool environment to play in." Uh, which is not always been the case Uh, which is not always been the case here. And, uh, I expect no less on here. And, uh, I expect no less on Friday when we take on Cal. I know the Friday when we take on Cal. I know the school's going to big tailgate Friday school's going to big tailgate Friday and then the following Friday we play and then the following Friday we play Franklin County here and that's going to Franklin County here and that's going to be um, homecoming. So, we know that'll be um, homecoming. So, we know that'll be a big crowd. It's also the 25th be a big crowd. It's also the 25th anniversary of 911, and we've got anniversary of 911, and we've got something really special planned for something really special planned for military and and first responders, military and and first responders, current and former, that I know will be current and former, that I know will be a really special thing. So, these next a really special thing. So, these next two weeks that we're at home, I mean, two weeks that we're at home, I mean, come out and support these kids because come out and support these kids because they deserve it. But there's also a they deserve it. But there's also a bigger thing. You talk about again, this bigger thing. You talk about again, this is bigger than anybody else, but I mean, is bigger than anybody else, but I mean, bigger than one person. I think these bigger than one person. I think these next Friday especially is going to be an next Friday especially is going to be an example of that with with the people example of that with with the people we're honoring. and we follow that up we're honoring. and we follow that up with Lexon Catholic.

with Lexon Catholic. >> We love it. All right. We'll be back >> We love it. All right. We'll be back here next week after a win against Cal. here next week after a win against Cal. >> All right.

>> All right. >> All right. >> Thank you. >> Thank you. >> Thanks for [music] joining us for the >> Thanks for [music] joining us for the LCA football coach Oakley Watkins show.

LCA football coach Oakley Watkins show. Tune in next [music] week to hear from Tune in next [music] week to hear from more LCA players and coach Oakley more LCA players and coach Oakley Watkins. Don't forget to contact our Watkins. Don't forget to contact our [music] sponsor, Dr. Jason Hunt, and the [music] sponsor, Dr. Jason Hunt, and the Joint Preservation Center for all your Joint Preservation Center for all your sports [music] medicine needs. And until sports [music] medicine needs. And until next week, go Eagles.

next week, go Eagles. >> [music]