Lets Talk About Peptides- Exploring Benefits and More! Transcript

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Peptides and sourcing concerns

All right, so I'm gonna start talking a lot more, I think, about peptides at this point. Peptides have been a little bit hard to source. The FDA is trying to hide them.

They're taking them away from compound pharmacies. they're pulling them out of the hands of prescribing doctors all the time. Well, the way you can get almost anything you want in this arena is in the world of research molecules are called, okay?

And a lot of you just don't know about this, so we're gonna have to start telling you about it. But if you start to go on the interwebs and just buy stuff, Lord knows what you're actually getting.

Potency, purity, very much in doubt. Some of it can be downright dangerous, hence where some of the scary stories come from. Now, most peptides are gonna come in things where you gonna to have put a needle and go, go go.

No, some us don' mind doing a little bit of a need here and there to do some advanced anti-aging, longevity, different things.

What peptides are and how BPC-157 works

So peptides are just small little pieces of protein. Think of it that way. Little amino acids put together. For example, insulin is a peptide you make.

Our body makes them. Body protection compound, BPC, is made in our stomach. It's a gastric peptid. Now if you have stress, don't sleep, ulcers, all kinds of issues that your stomach doesn't really work as well as it should, you're not going to make as much body protection compound.

Now, what we've done is we found that you can take body-protection compound, BPC. We call it Bpc 157 because there's a little bit of a splice that goes on.

It makes it more effective. it's an endogenous peptide you make, just like insulin. And if you don't make enough insulin, we give it to you, right? Most peptides don' go through the oral cavity delivery system really well.

They have to be injected, but there are some. And we're getting better at figuring out delivery systems so we can do sprays and capsules and certain things.

There's quite a few that I have. I forgot I had another one over there. Some other ones that are spray. It's my bad for not pulling them out. These are just some of the ones I take right now.

This one I give to my dog every day. I take it, give it to dog. Give it my son, I gave it so my mother. That's how safe it is, okay? Now, now peptides just come with, you know, no other effects because they're very potent.

Delivery methods and safety considerations

They can be acting on two, 3000 genes as well, all right? So some of this you've heard me. So I sell these in my store and I don't talk about them so most of you are like, well what is it?

What am I supposed to do with it. Some in particular I'm gonna start talking about Some of my favorites. I can't, I love these two. Now, let me tell you something about one.

Five Amino 1M Kit. Haven't taken this for a few months. Why am I taking it? Building muscle. Just know that. Let me just go with that, you're trying to add muscle to the most important things you could be doing.

You're getting older, and you try to put muscle on you. Two of the best things are gonna do, injectable pure HGH, like a genotropin. If you can't get that, then you're gonna go to peptides, that injectible CJC epimerel, and you gonna maybe do a CJT epa blend maybe, let's say.

Muscle-building stack: HGH and 5-Amino-1MQ

So you are gonna increase your body's own HGH production and burn some fat. Build muscle HTH. Second one will be 5-amino-1-MQ. It has a few mechanisms of action.

supporting mitochondria, health, muscle synthesis, and fat burning. So let me know what are the things I'm taking to be putting on this muscle, losing this weight, bringing my body back, post all these injuries and mold illness and stuff like that at 50. I take 100, is it micrograms on the sun, 100 milligrams Once a day is what I do.

Some people do 50 twice a days, some people are at 100 once and 50 later in the day. If you have amino one, MQ is best taken with food. I'll drop the link, you can get it in my store.

Limitless nootropic, use the code RIMCA for 15% off. Anything you get from limitless peptides and noatropics, lots of good stuff there. Potency, I've bought the same compounds from multiple vendors and I tested them out and am telling you, weigh the real thing.

So either the other ones weren't as strong or they weren' real. All I know is, wow, what a difference. That's one of my favorites. Another one, I'm not gonna wait.

I gonna to wait for a second on this one. Imma do a whole video because I feel like this deserves a little bit more, but it's a triple reuptake inhibitor of norepinephrine, dopamine and serotonin.

so I like it for number of things.

Nootropic and appetite-suppressing peptide discussion

food cravings, addiction, ADHD, mood, depression, energy, metabolism, fat burning, amazing brain nootropic, flow state, working memory, ENERGY, and boy, does it rip the fat off of you.

You won't be hungry. That's what I'm gonna tell you right now. Crazy appetite suppressant. And you'll have energy to go on and on. So the seven hours that I did on Saturday were 500 micrograms of that, in addition to the methylene blue and all these other things that like, right?

So Limitless Nootropics, the link is there. Put the code RIMCA in to save 15%, all right, and you can look at some other thing. I will start putting out a lot more education, mostly in my email newsletter, but I probably gotta use this, because you guys don't wanna open up your email.

Newsletter and future updates

And I'm just telling you, you know, they shut us down. And that is probably the only way you're going to find me if they just delete me is the email. So just get on my newsletter and check it out.

I do offer special savings and special things. Sometimes the things that are really important to me, I am only going maybe talk about there.