Lightning on the Trail: Jerry Seeks Expert Advice for Safe Hiking Transcript

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Lightning Safety Advice

But I'll tell you, not one person, if there's anyone out there who can write in and tell us what to do, any of you hikers, you big shots out here, right?

What do you do with lightning? Nobody has told me what you can do. That's not true. Remember, we asked our guide. Yeah, that wasn't a good answer. He said, find a rock.

Find a Rock. Put your head under it. No, he said just kind of, make yourself as small as possible if you cannot get to a shelter. No, I heard that there's actually a lightning position that you can get into where you're supposed to crouch down and you'll put, sorry for that, in front of the microphone, and put your hands over your ears.

And to me, it's like the same thing, you know, because you are closer, that can kiss you, know what, goodbye.