Root Cause vs. Surface-Level Fixes

Addressing the root cause, not just Addressing the root cause, not just trimming the leaves. And that will make trimming the leaves. And that will make sense in just a moment.

sense in just a moment. What I want you to understand about this What I want you to understand about this particular shift is that it relates to a particular shift is that it relates to a very big scientific project called the very big scientific project called the Human Genome Project, which you may have Human Genome Project, which you may have heard about.

heard about. The project itself was concluded in The project itself was concluded in 2003. And the theory, when researchers 2003. And the theory, when researchers started looking into the Human Genome started looking into the Human Genome Project, the theory was that we're going Project, the theory was that we're going to find finally find the individual to find finally find the individual genes responsible for illnesses such as genes responsible for illnesses such as cancer. So, the the the implication here cancer.

Human Genome Project and Gene Expression

So, the the the implication here was enormous. was enormous. But that was a false theory because what But that was a false theory because what researchers have found is that researchers have found is that there are very small number of genes and there are very small number of genes and very many conditions and illnesses. So, very many conditions and illnesses. So, that theory didn't hold water.

that theory didn't hold water. Then they went back to the drawing Then they went back to the drawing board, and what was eventually concluded board, and what was eventually concluded is that it's not is that it's not a particular gene per a particular a particular gene per a particular condition or illness, but rather it's a condition or illness, but rather it's a combination of genes, some of them are combination of genes, some of them are turned on, some of them are turned off, turned on, some of them are turned off, that express in a specific that express in a specific condition or illness.

condition or illness. So, that was a very big step forward, So, that was a very big step forward, but then they had to ask the following but then they had to ask the following question, a very important question.

question, a very important question.

Mental and Emotional Patterns Affect Biology

Okay, if certain things are genes Okay, if certain things are genes certain genes are turned on and some of certain genes are turned on and some of them are turned off, them are turned off, what causes that? What turns some genes what causes that? What turns some genes on and what turns some genes off?

on and what turns some genes off? So, the answer, So, the answer, while complex in a way, was that amongst while complex in a way, was that amongst the various factors, there are mental the various factors, there are mental and emotional patterns that influence and emotional patterns that influence our biology through our biology through the nervous system, hormonal and immune the nervous system, hormonal and immune pathways, which can inter- pathways, which can inter- Excuse me. Which can in turn affect gene Excuse me. Which can in turn affect gene expression. Okay, so very important.

expression. Okay, so very important. Again, the answer is complex, but Again, the answer is complex, but amongst the different factors, there are amongst the different factors, there are mental and emotional patterns, which is mental and emotional patterns, which is exactly what we're going after, that exactly what we're going after, that influence our biology.

influence our biology. And that's why we are here talking about And that's why we are here talking about this work. this work. Uh it's a scientific premise in a way Uh it's a scientific premise in a way for everything we do here, everything for everything we do here, everything that mindful remission is here to that mindful remission is here to help us solve. And it's why we get help us solve. And it's why we get results because it's evidence-based and results because it's evidence-based and we know what we're looking after. Um we we know what we're looking after. Um we get results with mindful remission, get results with mindful remission, which I call which I call a game-changer methodology. I'm calling a game-changer methodology. I'm calling it it it a game-changer methodology because it's a game-changer methodology because it's actually how we tangibly, practically actually how we tangibly, practically able to able to identify and then reverse illness identify and then reverse illness thought patterns.

thought patterns.

Why Conventional Wisdom Falls Short

And in doing so, engage the body's And in doing so, engage the body's immune response. In other words, we immune response. In other words, we support it, we allow it to do what it's support it, we allow it to do what it's designed to do, which is to eliminate designed to do, which is to eliminate any abnormalities in our blood. Okay?

any abnormalities in our blood. Okay? And my point is that And my point is that illness thought patterns, they live in illness thought patterns, they live in our subconscious mind. So, unless we our subconscious mind. So, unless we address the subconscious mind directly, address the subconscious mind directly, healing these patterns just cannot healing these patterns just cannot happen. And I'm And again, I'm not happen. And I'm And again, I'm not putting down any therapeutic approach putting down any therapeutic approach here, like talk therapy, for example.

here, like talk therapy, for example. I'm just stating the fact. If we look at I'm just stating the fact. If we look at conventional talk therapy, it primarily conventional talk therapy, it primarily addresses the conscious mind, hence talk addresses the conscious mind, hence talk therapy, right? We're we're going to therapy, right? We're we're going to talk about it.

talk about it. To access the subconscious mind, we need To access the subconscious mind, we need a different tool. We'll talk about that a different tool. We'll talk about that tool in just a second.

tool in just a second. But before we go there, before we talk But before we go there, before we talk about what's actually going to work, about what's actually going to work, let's quickly talk about what many of us let's quickly talk about what many of us have been told to do, what I call have been told to do, what I call conventional wisdom.

conventional wisdom. And the one thing I want you to And the one thing I want you to understand is that conventional wisdom understand is that conventional wisdom is a recipe for conventional results.

is a recipe for conventional results. And conventional results, when it comes And conventional results, when it comes to cancer, is just not good enough.

to cancer, is just not good enough. It means recurrences, not what we want. It means recurrences, not what we want. Now, what I'm talking about are likely Now, what I'm talking about are likely things or suggestions that you've heard things or suggestions that you've heard from well-intended people in your life.

from well-intended people in your life. Some of them may very well be aware that Some of them may very well be aware that there is a mind-body connection even.

there is a mind-body connection even. But these suggestions goes as follow. But these suggestions goes as follow. For example, that For example, that you need to start think more positively, you need to start think more positively, right? I mean, stop being so negative.

right? I mean, stop being so negative. Be positive. Be positive. That's one suggestion. Another is that That's one

suggestion. Another is that you need to meditate to lower your you need to meditate to lower your stress level.

stress level. Not a bad idea, but we'll talk about why Not a bad idea, but we'll talk about why it's flawed in just a second. it's flawed in just a second.

You've probably heard that you You've probably heard that you need to join a support group, which is a need to join a support group, which is a great idea, except for my perspective or great idea, except for my perspective or my experience, my experience, many of these support groups have people many of these support groups have people that just focus on fear and that just focus on fear and commiserating and talking themselves out commiserating and talking themselves out of being full of lives.

of being full of lives. Or maybe you heard that you need to wear Or maybe you heard that you need to wear pink to join the cause. pink to join the cause.

I mean, I mean, uh these uh these these are things that seems to float out these are things that seems to float out there in the there in the cancer sphere, but none of these cancer sphere, but none of these activities, and that's why activities, and that's why um um um I want to talk about them, none of these I want to talk about them, none of these activities actually address the unique activities actually address the unique subconscious patterns that are impacting subconscious patterns that are impacting your biology, inhibiting your immune your biology, inhibiting your immune response.

response. response. The lessons, the beliefs, the The lessons, the beliefs, the perceptions instilled in your mind when perceptions instilled in your mind when you were very young are very different you were very young are very different from mine or from everybody's else, from mine or from everybody's else, right? I mean, right? I mean, so what that means is that we can't use so what that means is that we can't use a one-size-fits-all a one-size-fits-all approach. We have to go straight to the approach.

Accessing the Subconscious Mind

We have to go straight to the source. And at the end of the day, source. And at the end of the day, we have to learn that to be true. I we have to learn that to be true. I mean, we know this through research. Our mean, we know this through research. Our biology and immune system, biology and immune system, they don't respond or they don't respond or to to conscious effort. They just don't to to conscious effort. They just don't respond to conscious effort.

respond to conscious effort. Uh Uh Uh they respond directly to signals from they respond directly to signals from the subconscious mind, the emotional the subconscious mind, the emotional mind again. So, mind again. So, and a somewhat and a somewhat humorous visual that I like to use uh humorous visual that I like to use uh about these kind of surface level about these kind of surface level um conventional wisdom tools is I want um conventional wisdom tools is I want you to imagine that you're trying to you to imagine that you're trying to upgrade your laptop computer performance upgrade your laptop computer performance by painting your monitor a different by painting your monitor a different color.

color. color. Uh Uh Uh but that's what many of these surface but that's what many of these surface level, even mind-body approaches to level, even mind-body approaches to cancer, that's what they are trying to cancer, that's what they are trying to do. They're only working at the surface do. They're only working at the surface level of the conscious mind. And either level of the conscious mind. And either you know you know completely ignore the subconscious mind completely ignore the subconscious mind or they just can't change the deeper or they just can't change the deeper programming or the mental code programming or the mental code properly.

properly. properly. So, whatever approach you're going to So, whatever approach you're going to use, I'm just saying you need to go use, I'm just saying you need to go directly to the subconscious mind if you directly to the subconscious mind if you really want it to work.

really want it to work. And now that we know what doesn't work, And now that we know what doesn't work, we can actually talk about we can actually talk about what does. Okay? And here it is.

what does. Okay? And here it is. Here is the new way, which highlights Here is the new way, which highlights mindful remission way, which highlights mindful remission way, which highlights the fact that we need to access and the fact that we need to access and reprogram the subconscious patterns that reprogram the subconscious patterns that are inhibiting our biology and immune are inhibiting our biology and immune response. And it works like this. I will response. And it works like this. I will just kind of give you an overview and just kind of give you an overview and then go step by step. So, the first then go step by step. So, the first thing we need to do here is to locate in thing we need to do here is to locate in the subconscious mind the event, the the subconscious mind the event, the initial event that planted the seed for initial event that planted the seed for a particular illness thought pattern.

a particular illness thought pattern. Once we identify that, it can be a Once we identify that, it can be a situation, situation, situation, event, event, event, or anything in between, then we can or anything in between, then we can release the emotional intensity trapped release the emotional intensity trapped in that event.

in that event. We then can begin to look at this event We then can begin to look at this event from a different perspective, from a different perspective, come to a new decision about what that come to a new decision about what that actually meant. In other words, we actually meant. In other words, we reverse the incorrect perceptions that reverse the incorrect perceptions that or or the meaning that we have assigned or or the meaning that we have assigned to that event, and then we can apply to that event, and then we can apply forgiveness. We'll talk about what that forgiveness. We'll talk about what that means in just a moment.

means in just a moment. And then we can assimilate And then we can assimilate all of it into our present awareness so all of it into our present awareness so it's automatic. Okay? So, let's take it it's automatic. Okay? So, let's take it step by step cuz this is really the step by step cuz this is really the heart of the matter here.

heart of the matter here.

Releasing Trapped Emotions and Reframing Events

The first thing we need to do is to The first thing we need to do is to access the subconscious mind. To do access the subconscious mind. To do that, we use hypnotherapy. The that, we use hypnotherapy. The particular type of hypnotherapy particular type of hypnotherapy is the key to the door of the is the key to the door of the subconscious mind.

subconscious mind. And we need to access the subconscious And we need to access the subconscious mind to original again that particular mind to original again that particular moment in time, situation, or event that moment in time, situation, or event that caused us to shift our caused us to shift our identity or perception or belief about identity or perception or belief about who we are from positive who we are from positive to negative or limiting.

to negative or limiting. That's the moment or experience that That's the moment or experience that planted the seed of the illness pattern. planted the seed of the illness pattern.

Now, there might be more than just one Now, there might be more than just one event. Okay. Well, we'll address one event. Okay. Well, we'll address one each one of them, but that's what we do.

each one of them, but that's what we do. Now, once we found the event, that Now, once we found the event, that moment in time where things have shifted moment in time where things have shifted for us internally in terms of our for us internally in terms of our understanding of who we are from understanding of who we are from positive to positive to negative or limiting, then we need to negative or limiting, then we need to release the trapped emotions within that release the trapped emotions within that event cuz usually these moments in time event cuz usually these moments in time where something shifted within us, they where something shifted within us, they were very were very emotionalized situation.

emotionalized situation. We tend to call them trauma, but it We tend to call them trauma, but it doesn't have to be all that dramatic. doesn't have to be all that dramatic.

They were very emotional situations, They were very emotional situations, which is why they kind of got so which is why they kind of got so ingrained deeply in our subconscious ingrained deeply in our subconscious mind because the subconscious mind is mind because the subconscious mind is the emotional mind again. So, we need to the emotional mind again. So, we need to release the trapped emotions around the release the trapped emotions around the event because event because like thick fog that prevents us from like thick fog that prevents us from seeing the road properly when we're seeing the road properly when we're driving, these intense emotions prevent driving, these intense emotions prevent us from us from seeing the event seeing the event through a clear lens in a way.

through a clear lens in a way. It's it's the the intensity prevents us It's it's the the intensity prevents us to find the good in that which we to find the good in that which we previously perceived as bad. It prevents previously perceived as bad. It prevents us from looking at the same situation us from looking at the same situation from a different perspective so we can from a different perspective so we can come to a new decision about what come to a new decision about what that moment actually meant for us.

that moment actually meant for us. So, So, So, um um um when we do that, we'll be able to think when we do that, we'll be able to think about the event. When we release the about the event. When we release the trapped emotions, we'll be able to think trapped emotions, we'll be able to think about that event, that really traumatic about that event, that really traumatic things that happened to us, uh but you things that happened to us, uh but you know, it just won't sizzle anymore.

know, it just won't sizzle anymore. If if I can describe it as such, it If if I can describe it as such, it won't hurt anymore because we released won't hurt anymore because we released the emotional intensity around it.

the emotional intensity around it. And once we've done that, And once we've done that, now we can actually view the whole event now we can actually view the whole event with a new sense of clarity and reverse with a new sense of clarity and reverse the distorted meaning that we have the distorted meaning that we have assigned to this event, if it was indeed assigned to this event, if it was indeed distorted, the meaning that promoted distorted, the meaning that promoted limitation and negativity.

limitation and negativity. We can replace that meaning with a more We can replace that meaning with a more empowering one, a better one, one that empowering one, a better one, one that will promote balance and health rather will promote balance and health rather than than than mm imbalance, if that makes sense. Okay?

mm imbalance, if that makes sense. Okay?

Forgiveness and Replacing Illness Patterns

What I want to make sure that you What I want to make sure that you understand is that we're not understand is that we're not changing what happened to us in the changing what happened to us in the past. That's not possible.

past. That's not possible. All we are aiming to do is change the All we are aiming to do is change the meaning that we have assigned to what meaning that we have assigned to what has happened to us, okay? And that's an has happened to us, okay? And that's an important distinction.

important distinction. Then, once we've done that, Then, once we've done that, now we can use forgiveness to heal the now we can use forgiveness to heal the entire moment in time, the entire thing, entire moment in time, the entire thing, the entire event. Now, the entire event. Now, by forgiveness, I don't mean that by forgiveness, I don't mean that what happened to us or what someone did what happened to us or what someone did to us is okay. That's not what I mean at to us is okay. That's not what I mean at all.

all. all. What I mean about by forgiveness, in the What I mean about by forgiveness, in the context of mindful remission at least, context of mindful remission at least, we're no longer going to allow we're no longer going to allow this particular event or that particular this particular event or that particular person to hold sway over person to hold sway over our lives or health. Okay? We're not our lives or health. Okay? We're not going to allow that event

or person going to allow that event or person jeopardize our ability to heal and jeopardize our ability to heal and recover.

recover. recover. We're not We're not doing that anymore. We're not We're not doing that anymore. And finally, when we have applied And finally, when we have applied forgiveness, we can integrate the whole forgiveness, we can integrate the whole thing so it's automatic in the health thing so it's automatic in the health thought pattern completely thought pattern completely uh overrides the illness pattern that uh overrides the illness pattern that was there before. Okay? Now, look, we was there before. Okay? Now, look, we might have to do this with few different might have to do this with few different deeply emotionalized events. Yes, deeply emotionalized events. Yes, understandable. I mean, life is complex.

understandable. I mean, life is complex. We live the life. We live the life. We might have to do this with several We might have to do this with several people or people or several beliefs that are currently several beliefs that are currently sabotaging your progress beneath the sabotaging your progress beneath the surface. But, the one thing I want you surface. But, the one thing I want you to understand is that to understand is that once you replace an illness pattern with once you replace an illness pattern with a health pattern, your subconscious mind a health pattern, your subconscious mind begins to work begins to work to your benefit. It begins to support to your benefit. It begins to support your body's campaign for healing and your body's campaign for healing and recovery. Things become easier, better.

recovery. Things become easier, better. It's not to say that you It's not to say that you that that that going through treatment that that that going through treatment is easy, but things will be 10 times is easy, but things will be 10 times easier, absolutely.

easier, absolutely. All right? So, let's highlight some of All right? So, let's highlight some of the things that we talked about so far the things that we talked about so far cuz I want to make sure that it's just cuz I want to make sure that it's just it stay fresh in your mind. First, we it stay fresh in your mind. First, we said that you can't fight cancer when said that you can't fight cancer when you're fighting yourself.

you're fighting yourself. Think of it Think of it like standing in front of the mirror like standing in front of the mirror with a sad face hoping to see a smiling with a sad face hoping to see a smiling reflection, right? Not going to happen.

reflection, right? Not going to happen.

Shifting Identity Toward Healing

The second shift we talked about is The second shift we talked about is about releasing about releasing uh suppressed emotions essentially, uh suppressed emotions essentially, right? Illness thought forms. How do we right? Illness thought forms. How do we release them from the subconscious mind release them from the subconscious mind so we can support the body's healing for so we can support the body's healing for recovery. And last but not least, we recovery. And last but not least, we understand that addressing the root understand that addressing the root cause of our distress, that moment in cause of our distress, that moment in time, time, time, shifting our mental programming for the shifting our mental programming for the better better better can impact treatment outcome for the can impact treatment outcome for the better. It's as simple as that. That's better. It's as simple as that. That's the equation.

the equation. And that brings me to the fourth shift. And that brings me to the fourth shift. Okay, we're moving fast. I want you to Okay, we're moving fast. I want you to stay with me. We're almost done. This stay with me. We're almost done. This shift is shift in identity.

shift is shift in identity. From feeling perhaps like a From feeling perhaps like a cancer victim to cancer victim to perceiving yourself as a healing perceiving yourself as a healing powerhouse. And this is so important powerhouse. And this is so important because one of the biggest challenges because one of the biggest challenges for cancer patients, for cancer patients, uh one of the biggest problems that uh one of the biggest problems that they're facing,

is the feeling that they're facing, is the feeling that everything is out of their realm of everything is out of their realm of control.

control. control. And again, we know through And again, we know through psychoneuroimmunology, psychoneuroimmunology, psychoneuroimmunology, uh uh uh this field of research have identified this field of research have identified specific patterns. We're talking about specific patterns. We're talking about helplessness, helplessness, helplessness, hopelessness, and stress as hopelessness, and stress as immune-suppressing patterns. So, we know immune-suppressing patterns. So, we know these patterns are not working in our these patterns are not working in our favor.

favor. favor. We know also now that by engaging our We know also now that by engaging our subconscious mind, we can actually get subconscious mind, we can actually get ourselves back in the driver's seat, ourselves back in the driver's seat, metaphorical driver's seat, if you will.

metaphorical driver's seat, if you will. We can recruit the most powerful ally We can recruit the most powerful ally that we have, that we can, and that is that we have, that we can, and that is ourselves.

ourselves. ourselves. And a good example for someone who's And a good example for someone who's done that, done that, let's talk about James for a moment, let's talk about James for a moment, another client who turned things around another client who turned things around quite beautifully.

quite beautifully. Now, James uh was diagnosed in 2019 with Now, James uh was diagnosed in 2019 with prostate cancer, and he was 60 years prostate cancer, and he was 60 years old. And after his surgery, he found old. And after his surgery, he found himself grieving himself grieving a great deal, not just for the physical a great deal, not just for the physical loss loss loss of his libido, uh but but for something of his libido, uh but but for something much deeper.

much deeper. His sense of identity, His sense of identity, something shifted. His something shifted. His value and worth, his manhood. In other value and worth, his manhood. In other words, his emotional pain, words, his emotional pain, it was running much deeper than the it was running much deeper than the diagnosis. And if we look at James' diagnosis. And if we look at James' childhood, again, it it was There's a childhood, again, it it was There's a lot there. So, first of all, lot there. So, first of all, his dad was a recovered alcoholic, and his dad was a recovered alcoholic, and James said that growing up there were James said that growing up there were many many rules and a lot of criticism, many many rules and a lot of criticism, plenty of judgment that he contended plenty of judgment that he contended with. And to avoid being on the with. And to avoid being on the receiving end of his father's rage, receiving end of his father's rage, James did all that he could to succeed James did all that he could to succeed academically cuz that brought some peace academically cuz that brought some peace and quiet. So, to stay safe, James and quiet. So, to stay safe, James uh did everything he could to excel in uh did everything he could to excel in school.

school. school. He developed, unintentionally, but uh He developed, unintentionally, but uh this pattern of being a perfectionist. this pattern of being a perfectionist.

But, beneath the success that he was But, beneath the success that he was having, having, having, there was fear, there was anxiety, there there was fear, there was anxiety, there was a crushing sense of not being was a crushing sense of not being something enough.

something enough. And in a way, he walked on eggshells um And in a way, he walked on eggshells um and waited anxiously for the other shoe and waited anxiously for the other shoe to drop at any moment cuz it happened, to drop at any moment cuz it happened, and it was and it was very difficult for him to experience.

very difficult for him to experience. James struggled with a great deal of James struggled with a great deal of self-blame. He blamed his cancer on his self-blame. He blamed his cancer on his uh uh uh wild young years, if you will, on wild young years, if you will, on drinking, partying, on his sexuality. He drinking, partying, on his sexuality.

James's Story of Healing and Self-Compassion

He internalized a lot of shame, and he internalized a lot of shame, and he believed that he, in a way, was the believed that he, in a way, was the problem. He was the disappointment. He problem. He was the disappointment. He Well, something within him was broken.

Well, something within him was broken. And this was And this was the seed of illness, in a way, the true the seed of illness, in a way, the true illness eating away at him from the illness eating away at him from the inside out. And maybe that, again, inside out. And maybe that, again, resonate with some of you watching right resonate with some of you watching right now.

now. now. Through our work, um Through our work, um James began to meet himself James began to meet himself with compassion instead of judgment. with compassion instead of judgment.

He learned to make peace with his past, He learned to make peace with his past, and began to embrace his and began to embrace his identity not as a flaw, but as something identity not as a flaw, but as something quite sacred.

quite sacred. He released years of self-blame, He released years of self-blame, and he finally was able to forgive the and he finally was able to forgive the boy that he once was, the boy who just boy that he once was, the boy who just wanted to feel free, um wanted to feel free, um get under this from under this weight of get under this from under this weight of oppression. And oppression. And he was able to mend, through this kind he was able to mend, through this kind of work, his fractured relationship with of work, his fractured relationship with his body, with his story, with his soul, his body, with his story, with his soul, in a way. And for the first time, he was in a way. And for the first time, he was able to able to really look forward to a future that was really look forward to a future that was filled with possibilities instead of filled with possibilities instead of doom.

doom. doom. Now, look, Now, look, this is James' story. You heard Martha's this is James' story. You heard Martha's stories. Maybe you have your own story.

stories. Maybe you have your own story. Now, Now, Now, you've heard everything I have to say. you've heard everything I have to say. And now you have a choice to make. You And now you have a choice to make. You can either keep going to your doctor's can either keep going to your doctor's appointments and just relying on the appointments and just relying on the physical approach to healing, while the physical approach to healing, while the whole time you're filled with stress, whole time you're filled with stress, you're filled with anxiety, knowing that you're filled with anxiety, knowing that you're unintentionally you're unintentionally working against yourself, suppressing working against yourself, suppressing your immune system, and making it your immune system, and making it harder for the body to recover. Or, if harder for the body to recover. Or, if you want to take control of what you you want to take control of what you actually can control, which is your own actually can control, which is your own mental and emotional state. In other mental and emotional state. In other words, you want to feel confident about words, you want to feel confident about the path you're on. And you want to use the path you're on.

Invitation to a Free Consultation

And you want to use the mindful remission approach to get the mindful remission approach to get better treatment outcomes, not just better treatment outcomes, not just to make you to make you mm mm mm your immune system stronger, but for you your immune system stronger, but for you to feel better. So, you don't just to feel better. So, you don't just survive, you get to thrive through this survive, you get to thrive through this moment in time without all without all moment in time without all without all this stuff weighing heavy on you, this stuff weighing heavy on you, without all the past and negativity without all the past and negativity weighing you down and holding you back.

weighing you down and holding you back. If that's what you want, then here is If that's what you want, then here is what I have for you. what I have for you.

I've set aside some time I've set aside some time in the next 48 hours to speak with you in the next 48 hours to speak with you personally. It's important for me to personally. It's important for me to speak to each and every one

of you speak to each and every one of you personally about how you can begin to personally about how you can begin to integrate this approach into your integrate this approach into your individual cancer journey.

individual cancer journey. You can do that starting today. With 25 You can do that starting today. With 25 years of doing this kind of work, years of doing this kind of work, whatever your biggest challenge is, I've whatever your biggest challenge is, I've seen it, and I know how to address it, seen it, and I know how to address it, how to support you. So, I encourage you how to support you. So, I encourage you to book a call using the calendar or the to book a call using the calendar or the form link beneath this video form link beneath this video just to get started. Then, just to get started. Then, what we'll do is we'll jump on Zoom for what we'll do is we'll jump on Zoom for about 40 minutes or so about 40 minutes or so uh to do some work. Number one, what uh to do some work. Number one, what we'll do is we'll get very clear on we'll do is we'll get very clear on where you are right now, your treatment, where you are right now, your treatment, your challenges, what's working, what's your challenges, what's working, what's not working. So, that's the first thing not working. So, that's the first thing we're going to do. Number two, we'll we're going to do. Number two, we'll identify the very patterns that are identify the very patterns that are affecting your immune system even right affecting your immune system even right now. Number three, now. Number three, I'm going to lay out a crystal clear I'm going to lay out a crystal clear path for you to healing what's in the path for you to healing what's in the way of the results that you want. And way of the results that you want. And number four, we'll talk about how you number four, we'll talk about how you can begin to shift can begin to shift illness patterns into health patterns so illness patterns into health patterns so you can move forward with confidence.

you can move forward with confidence. But, here is the thing. But, here is the thing. Uh this call Uh this call it's not for everyone here. it's not for everyone here.

It is for you, and I want to be just It is for you, and I want to be just very clear. It is for you if you're very clear. It is for you if you're currently, as I said, going through currently, as I said, going through treatment and you understand that a treatment and you understand that a physical approach physical approach to healing is just not to healing is just not not enough. It's not enough for lasting not enough. It's not enough for lasting healing.

healing. healing. It is for you, this kind of call, if you It is for you, this kind of call, if you recognize that unless you change the recognize that unless you change the internal environment in your mind, the internal environment in your mind, the internal environment that produced internal environment that produced illness in the first place, that unless illness in the first place, that unless you change that environment, that it'll you change that environment, that it'll just come back again and again, the just come back again and again, the symptoms will come back again and again, symptoms will come back again and again, and that's unacceptable to you.

and that's unacceptable to you. So, then it's for you. And it's for you So, then it's for you. And it's for you if you want to leave no stone unturned.

if you want to leave no stone unturned. You're willing to You're willing to invest in yourself in a way to get the invest in yourself in a way to get the best possible outcome. If all this is best possible outcome. If all this is true for you, then true for you, then absolutely use the form, the link absolutely use the form, the link beneath this video, to book your beneath this video, to book your consultation right now. And if I didn't consultation right now. And if I didn't mention it, this is a free consultation.

mention it, this is a free consultation. In other words, there's no charge for In other words, there's no charge for this call. this call. Having said that, I do want to say that Having said that, I do want to say that there's only so many people I can talk there's only so many people I can talk to and support, so many spots on my to and support, so many spots on my calendar.

calendar. calendar. The purpose of this kind of consultation The purpose of this kind of consultation is for us to meet so we can is for us to meet so we can find out what's possible for you moving find out what's possible for you moving forward.

forward. forward. See if you're a ready candidate for this See if you're a ready candidate for this kind of work.

Okay? kind of work. Okay? All right. Well, All right. Well, once again, thank you so much for once again, thank you so much for joining me joining me here today. My name is Abhinav Loner.

here today. My name is Abhinav Loner. And I hope that now you can see And I hope that now you can see that the healing you desire is actually that the healing you desire is actually attainable, that there the scientific attainable, that there the scientific premise behind it is solid. And what I premise behind it is solid. And what I really want you really want you to know is that it doesn't have to be to know is that it doesn't have to be this hard. I mean, no one's this hard. I mean, no one's going to this hard. I mean, no one's going to tell you that tell you that going through cancer treatment is easy going through cancer treatment is easy in any way. But, it just doesn't have to in any way. But, it just doesn't have to be this hard be this hard or as hard as it has been. If your mind or as hard as it has been. If your mind is unintentionally self-sabotaging your is unintentionally self-sabotaging your progress because there's a conflict progress because there's a conflict right there in your mind, in your right there in your mind, in your subconscious mind.

subconscious mind. Just know that we can resolve this Just know that we can resolve this conflict. And when we conflict. And when we do, everything conflict. And when we do, everything gets 10 times easier so you don't have gets 10 times easier so you don't have to struggle. The struggle is optional, to struggle. The struggle is optional, the anxiety is optional, the fear is the anxiety is optional, the fear is optional. So, click the link under this optional. So, click the link under this video, video, video, use the calendar to book your use the calendar to book your appointment, and we'll be talking very appointment, and we'll be talking very shortly. I look forward to it. Take shortly. I look forward to it. Take care.