MODULE 9 - Closing and Next Steps Transcript

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Thanks for joining me in this final really short module. I just wanted to say as we close out our time together, you know, I want you to know I'm truly grateful and honored for your trust in me, your trust in this process.

And I want you to know I don't take that lightly. I know your time is valuable, and I truly value your time and the time that we spent together over this masterclass.

I really hope this is the beginning of a long and meaningful relationship, and I really, truly wish you the most success in your journey ahead. And I just want to remind you that health and healing, it's a process.

It's a lifestyle, and it's a way of being a way of thinking and a way of living. Right? Nothing worthwhile happens overnight. We know that. And even though the path we've laid out together is simple, I know it's not always easy.

So giving yourself the flexibility for change and adaptation, and giving yourself the patience and compassion is critical in your process forward. My goal is that you come to find, as Chris Work, Elaine Gibson and Doctor VE all have found through their cancer journeys.

The cancer is a wake up call and it can even be a blessing. You know, it brought them some deeper awareness about themselves. It brought them closer to their own spiritual essence.

It turned it into a calling for them to help others. And I hope that will bring you a deeper sense of purpose and meaning in your life. You know, no matter how scary it might be.

Because underneath the surface there's always gold worth finding. There's always sunshine after rain. There's blue skies after a stormy night, right? And as we tap into our deeper calling to help others through our own struggles, we tap into the deeper essence of what makes us human.

I truly believe that, and that's truly the most fulfilling thing in life, right? Being able to contribute to others in a meaningful way, whether that's through education or sharing your story or it's through actual service, whether it's through helping support someone through a challenging time or sharing with them some useful tool or service or informational resource like this one that can help change someone's life for the better.

The more you come in tune with your own inner calling, the more you focus on your own growth as well as contribution to others, the more fulfilled you'll be in the remaining years of your life, no matter how short or how long they may be.

Okay, I mean, we both know we're all going to die someday, right? We've gone over that quite a few times. But the question is, did we truly live? Did we make the world better in some way?

Did we contribute positively to other people, even animals and the planet? And if the answer is yes, and let's keep doing it. And if the answer is no, then, well, we've still got work to do, right?

And I want you to know that I'm here to support you for months and years to come. That's why I hope you'll join the Health and Healing Club, if you haven't already.

Because inside the member's area, you'll get ongoing support from world renowned experts and cancer survivors who share with you more resources and strategies for living your healthiest life yet.

You'll get to ask ongoing questions to our diverse and trustworthy experts, and you'll have access to the same insider information that I have access to, so please go to that right now.

Set up your account at Health and Healing club.com. I'd be honored to have this resource help contribute towards

your ongoing healing journey. And please, please, please let me know about your progress over the coming weeks and months and years.

I want to hear your updates. I want to know your challenges. I want to celebrate your successes. I want to share your story with others, to inspire others to live their healthiest and most fulfilling lives.

Okay, together we can contribute. I really believe we can contribute together to a more healthy, happy and sustainable world. And please tell others about this masterclass.

Please help me get this life changing information out to those who really need it. You can share the link for this with others. Anyone who has cancer and who's ready for walking down the path of healing right together, we can make a positive difference in more people's lives around the world who need our help.

And that's my dream to create sustainable health centric communities around the world that live in harmony with the planet and each other. Teaching, learning, growing, and contributing together towards a more healthy and regenerative world.

So I hope you'll join me in that dream and join me in staying committed to this life of health and happiness and vitality. Again, I just want to thank you.

I am truly, truly honored for you taking the time to commit to this process, and I can't wait to hear about your progress in the coming months. I wish you all the love and health and healing in the world.

Thank you so much. Be well.