Mold Toxicity Caused Brain Fog, Dementia Symptoms, POTS & PANDAS – Where this Family Found Answers Transcript

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Introduction and long search for answers

Hey, I'm Alex. I am a mother of three and I've been here at Deeper Healing for a few different times over the past year. And I'm here just to share about my journey and I really want to help.

I have tried it all minus hypothermia and hyperthermia, which I've had friends do that. It did not work, but I literally traveled the world to get better.

And as much as I say, I wish I didn't do all those things that I would have come straight here to deeper healing. doesn't work and it's a lot of stuff.

There's lots of things that don't. So I'm here to tell you, you can save a LOT of time and money to come here because I went to Mexico, I reached out, spent in just one year over $280,000 to save my life and my daughters.

wish it would have come right here. It just gave us a lot of answers. So my daughter and I were both sick, but even my youngest, so I have two boys and they're nine and 10 and my daughters 13, by a couple of years ago, they really started getting sick.

And my younger had, he was seeing a neurosurgeon and he had. He was about to have brain surgery and this was in a house of mold. My boys were diagnosed with asthma in this house.

My son was having a lot of atonic seizures or a bobble head where it would fall straight to the ground. Whew. She was labeled with like pandas and all kinds of, she literally is a sweet angel and flipped a switch.

And it was particularly in this house and she, we dealt with just extreme outbursts, rage, violence, all types of stuff. I knew this is not my daughter.

Something is wrong. We had some outs, some support and we had doubters out there and they just wanted me to keep giving her more any depressants and anti-anxieties.

Childhood illness, mold exposure, and misdiagnoses

But I knew I had been sick for a lot longer than my kids. I was on disability since my daughter was born and she's 13. And I've had health issues along the way.

One of the things I faced the most was people doubting me, minimizing me and You did this today, so these expectations. But I was constantly pushing myself.

I had debilitating fatigue, painful fatigue. And I always pushing my self, and I literally got to a point I pushed and pushed until I couldn't anymore.

My husband had to take over. When my daughter was telling me, I don't feel right, that I felt sick, then I believed her and made sure she knew that. And for those out there that are supporting people that sick, believe them.

They're telling you the truth. And there's so many things out that can be impacting them and there are so We tend to just trust our standard medical doctors out there, and they will push you, they'll push from this doctor to this specialist to that.

And I've done that, I have done the whole route. I had seen endocrinologists, immunologists hematologists

oncologists cardiologists electrophysiologists gastroenterologists and the like, five more I can't think of at the moment.

They were all treating separate things. And of course, some are sending me just, oh, you need to go see a psychiatrist. You just have anxiety. So I live that, that life of doubting, doubing me, but I just kept pushing and fighting.

I've been to Mayo Clinic, I been Vanderbilt, been the UAB, and I'd been told you're complicated. There were some that would believe me and then there were, um, That would doubt me.

But in the end, legit diagnoses of POTS, neurocardiogenic syncope, IBS, inodal re-entrant tachycardia, also known as AVNRT, like an arrhythmia in your heart.

There's a huge list of things. Fibromyalgia and just debilitating fatigue. And I got past that route for a very long time for no answers to a point that finally I started to die.

In this house, I started developing dementia-like symptoms. I couldn't pay bills anymore. Literally, it's like a line on the office. He says, talk to me like I'm a five-year-old or whatever, but I was literally telling my husband that.

Talk to you like you're my child. Can't handle this stuff. These responsibilities to where I literally had to go live next door with some friends. Couldn't be a mother anymore, couldn' take care of my kids, handle the noise.

I was overwhelmingly depressed, anxious, but I'm like a person with dementia. I've since learned it's called autoimmune dementia, But I had dementia-like symptoms.

couldn't even be a mom anymore. Had to live next door. Couldn't handle noise.

Severe decline and overwhelming symptoms

The anxiety was 1 to 10. It was like 50, depression. I couldn't handle any responsibilities. I literally had to take care of myself. And so I would visit with my kids here and there.

But I also had bruises all over my body for no reason. I would literally wake up with a new bruise every day. That actually got me sent to an oncologist and a hematologist.

every symptom minus one of non-Hodgkin's lymphoma, and they were just waiting for my blood work for a few things to change. That was about it. I had, of course, crushing anxiety so bad they put me on Adderall because I would sleep for, I could sleep and sleep.

My husband would have to wake me up and feed me, give me food and something to drink. And I'd go to the bathroom and then go back to sleep again. So finally they'd put on an Aderall just so I can sit in bed with my kids and visit with them.

So hard and it was hard because my daughter was sick. My daughter. Was bedridden at this point, too. I'll go back to that in a second, but I will continue with my symptoms.

But that was heart. She was very sick, so like my daughters, sometimes we were talking to each other on the phone. she's in bed and I'm in that. And we see I had like over 45 symptoms, I wrote him down one time when I was in Mexico, just all the things I've had.

you name it, swallowing issues, choking tremors. They labeled me with my asinia gravis when I got in Mexico. I had an issue exhaling. When I struggled to exhale, I have a neighbor next door that did acupuncture.

So they would trach me an acupunture needle just so I could breathe, just to stimulate that area. When I would eat food, I'd collapse into my food or go like this.

I had ALS-like symptoms, MS- like symptoms. It was ridiculous. And every little symptom you can think of I've had, and I mentioned the swallowing issues, actually spoke with someone last night, how they're having issues swalling.

But I got to a point where if I were to drink something, it would swallow and then it'd just shoot out. The list goes on and on. And that's where I was at.

Now, my daughter, I mentioned earlier, she had pandas like symptoms and then she became sensitive to everything. She had the colonoscopies and a lot of different procedures like I had.

they said that her body was responding like she was allergic to a lot, whether it was food, her environment, whatever. And so she with super allergic things.

We couldn't do dyes, gluten, dairy. She had to have the most strict diet. When she bedridden, she had POTS like symptoms, tachycardia. she and I both had a debilitating brain fog that again, like dementia, except for her, She used to say to me, mom, I feel like I'm in a weird dream.

Everything's weird. And so what I took is just this deep rainfall and confusion. She had crushing anxiety. she was on an SSRI for that.

Mexico, Germany, and failed aggressive treatments

Depression. Oh, it killed me. Having to deal with suicidal thoughts of, at the time, an 11-year-old. Her hair was so matted. It was long, beautiful blonde hair.

chop it here just because her hair was matted from being in bed so much. It was just so. And we were being treated by a place for Lyme disease, co-infections, viruses, whatnot.

Then we tried all the different protocols and that didn't work. Finally, I just got so bad with all my symptoms. The place that was treating me told me you need life-saving stem cell or something.

And I had actually just before that, so I mentioned I've tried a lot of things. One of the things I have done is SOT and I know S. O. T. might help some, but for me S O.

T. It's this treatment and it was going to address Borrelia burgdorferi, which is Lyme. But for my Borrelia was so high, all it did was make me even more violently sick.

I started going into multiple seizures a day. And then at the same time, this place tried to test me for heavy metals and just the provoking process made me so sick.

I had to stop that. And that's when they said you, you need stem cell or something. Something is really wrong. So I immediately took off to Guadalajara, Mexico and found a place and started stem cells, NK cells or natural killer cells exosomes.

more other, there was this, a couple other treatments I did, but didn't get better. And my daughter got stem cells. So did my boys. My boys at the time were tired.

my youngest was having his seizures and falling on his head. Sometimes I would find him suffocating in the carpet because when he has these seizures, his body would be paralyzed.

It was really scary. My middle child would have choking incidents often, so he had a swallowing issue as well. And so we're talking incidents where we call 911, like I'm throwing them over my knee, just trying to get whatever thing he just had.

This happened at least two to three times a year. It was a nightmare. So we headed to Mexico. We did stem cell. My daughter and I didn't get better. If anything, it made my daughter worse.

There's something about, I've read, sometimes stem cell can make pandas worse, It did not help. if anything we just got puffed up, gained a lot of weight and we were no better from there.

My kids ended up going home and then I went on to Germany. I heard there was this treatment for Lyme disease and co-infections where they lower your blood sugar and then they give you IV antibiotics.

So I experienced that route of IV antibiotic. And oh, another thing I didn't mention is I had lost vision in my eye and I started losing vision of the other eye.

I've started that treatment. slight improvement for a week, only to feel horrifically sick a weak later. And the reason why is the way that they, one thing I'd like to say is aggressive treatment is not the to go.

I did all that. I do all the aggressive treatments. And all it does is wake up the sleeping giant within. We all have viruses and infections and co-infections and long COVID.

All the different things that are just sitting there. EBV, that's the monster. You don't want to mess with and that's all it did is it it woke it up. They tried to aggressively go after it and it nearly killed me.

I developed heart failure and a whole slew of other issues. What I would tell you is after doing all these radical treatments is, it's like someone reached inside, pulled my insides out.

Everything out of me my personality everything and then just put my organs back in I felt empty I Felt like not a human. I feel that major PTSD when I came back to the US I fell Depression that was so painful It was just horrific to be in my body every second and it gave me an empathy for people out there that struggle with that and I, my hormones were shot, My thyroid was shot.

My heart was in failure.

Finding Deeper Healing and understanding mold

All these different things. And I at this point my house was sold just to be able to afford and we had to go fund me just be to able afford these things and then pretty much at a point I just broke and I remember asking God, please help.

At this I'm living in rentals. And it's rental after rental of mold issues and whatnot. And I'm in hotels and our family doesn't have a place really to call home.

I remember just saying, God, please help. That's all I had. Help. And within seconds on Facebook, I saw Danielle with Deeper Healing, her video with her husband talking about ozone and her husbands, his sick experience.

And I had no idea how that was connected with a deeper healing, but I reached out to Danielle and we talked a long time and got here finally to deeper Healing.

And wow, it's completely different. First of all, It's not like this aggressive approach. It is a gentle approach, but I just felt, I felt relieved. I've been a lot of places with doctors.

And I don't trust doctors anymore. They don' believe me. and I want to hear what you have to say. You haven't helped me and even the ones that were supposed to be really good in Mexico and Germany failed me, made me sicker.

And so called a chip on your, on my shoulder and running into a lot of people. I knew more than them. Like just, I'm not an arrogant person. Very, a pretty humble person, but I'd be like, you're not right.

You don't know what you are talking about. And I got here and met Dr. B or Dr Ballersmith and I just was able to just let go and just relax and be Finally, a doctor out here that knows what they're talking about and actually knows

way more than me and can help me.

Like all the stuff was a lot of new stuff, but it made sense. And the most profound thing he said to me was mold is a major immune system disruptor, allowing opportunistic infections and viruses to just take over in your body.

And that clicked. That's how I knew he knew what he was talking about, because all I saw were all these infections in viruses taking over my life. It made sense that was the culprit.

They ended up, of course, doing testing and whatnot. My daughter and my whole family, we had exposure to black mold. We had four out of five of the categories of mold, and so knew for sure that was an issue.

He also mentioned, okay, you come to deeper healing. Everybody's got their expertise. You go another place they might focus online. you go to another places they may focus on viruses or heavy metals.

And he said, We do it all here. But I would be remiss if I didn't give some focus to mold, because mold is a big issue. In that environment, you're not able to heal or get better if anything get worse.

But that didn's stop there. I also learned a lot about EMS. So I learned I was super sensitive to Ems, like extremely sensitive. That was at least 10 of my symptoms right there, hot flashes, anxiety, a sense of dread that comes over you, almost like a sensitive oppression.

And I have since been hooked up with all kinds of room harmonizers and cell phone harmonizes, but it's been a huge help. But when you come here, it is a well-rounded approach, looking at everything that we're using and our daily lives.

I just took it and applied it. So at this point with deeper healing, I decided that were going to do a two week stay and heal. But since money was getting scarce, I wanted to have my daughter go first.

If anybody's getting better first, it's going to be my Daughter. I didn't mention she had also been anytime we would go out, she would be in a wheelchair.

Being her tachycardia was so bad. She was So tired that she wouldn't need to Be in the wheelchair just to her brother's birthday party or anything like that.

It was very sad to see your daughter like That.

ART testing, cellular cleanse, and early progress

And again, I felt like I was failing her because I were sick, too. It was just it was rough. And I talked to Danielle and we scheduled it. We got here and Dr.

B, he did A. R. T. testing on her. What was really cool when he had did the A R T testing. I didn't have the all her blood work and her past things that we had found.

We just jumped into A. R. T. that day. It was on my part. I just didn't get him everything yet. They did A R. T. and it literally lined up with the lot the laps that we had done, which was really cool.

And one of my motherly instincts like No, she has parasites. I know she does. She tested positive for parasites, so it's a really cool tool to find what might be the root cause of something and to just be aware how your body is responding to supplements.

All these supplements we're taking actually might hurting us. We might sensitive to it. It I highly recommend it I had all my kids here since then. ART is like the first thing that we do.

When I brought my sons, My youngest, we started dealing with panda symptoms for him. And we knew they all had

strep and we had tried everything we could.

We're not living in mold at this point, but when they did ART testing for them, it was really cool because they were able to find that he had an issue in his tonsils and he never had a strepthrow.

So I brought my daughter here to deeper healing and Dr. B sat us down. We had done ART, we did all that, got labs done and he sat her down and they talked about doing the cellular cleanse.

You have some symptoms flare or whatnot and it was five days of the cellular cleanse and so it's like exercise with oxygen therapy and then some lymphatic massage and into the sauna.

And we did that every day. We did other things, but it was Sunday. So we started Monday and it on Sunday, she got out of bed. She started dancing, being silly and her personality, like just, I saw a glimpse personality and I'm so excited because she's, She is a dancer and she hadn't done that in two years.

And it just gave me this glimpse of hope. And in that moment, I picked up the phone and I said to my husband, let's order this exercise with oxygen machine, the sauna, everything.

This is very encouraging. So then the week continued that her second week. And I just saw nothing but progress. and then got her back home and continued it.

And then I had my week and my ART testing, and I have given Dr. B no labs or anything. He found all the things that had been tested, Lyme, co-infections.

So those were still there after treating in Germany and Mexico. They were not gone. Viruses, everything. I remember him saying about both Charlie and, whoa, this is a lot.

they don't leave you overwhelmed. They leave, you encouraged because it's just this like step by step, just unlike peeling an onion of how to get better.

And I, I was really encouraged with my week here. they look at everything, whether you have trauma in the past, which I did, and they do this microcurrent neurofeedback, which I continued back home.

That was a game changer for ridding of anxiety. They look at the whole picture when they're here. I went on from our time here And the next six weeks, my daughter and I, we did everything, everything that I recommended.

We're nebulizing and taking the supplements they gave us. And it wasn't a huge thing of supplements. Like before, I used to take this many supplements and medicines and it was very, it, wasn t that many and they test your body with ART, which is really cool.

So we just went on and every a couple weeks, every month, you just would see this progress.

Recovery, family improvements, and final advice

The first thing that lifted for my daughter and I was brain fog, which was such a good feeling to be able to present in the moment and be to think. I used to not be even able talk like this.

This would be a nightmare for me to talk to people or interacting. Like, I couldn't put this smile on and, like, truly joyful and thankful for Just everything here with Deeper Healing, I've told so many people about it.

It's just it's been such a huge help. I don't have the bruises all over my body anymore. My fatigue is lessened a ton. Not on I stopped Adderall a long time ago, but way less fatigue.

Just so me of the symptoms I mentioned just lifted. And then I was able to coach soccer and basketball for my boys this past year. My daughter, who was bedridden, was able to go to middle school out of primary school.

It's really difficult, made A's and a couple B's. So we were super proud of her. She was a able start dance. she did three dance classes and then they asked her if she wanted to be in the dance company.

it's just been incredible. Literally going from like just near death ashes, like, just like utter despair and just It was a nightmare to just life and living and able to do vacations and just things we never even thought of.

There's so much that they can do here to help you. Because of the deeper healing, we literally went from ashes to living. It has changed our life. We're going on vacation and then just enjoying life now.

That's awesome. I'd like to say no one is more skeptical than I am of just any new place that you go. I did the 12 plus, 13 plus years seeing doctor after doctor, Mayo Clinic, UAB, Vanderbilt.

Literally traveled the world and been let down time and time again. And I'm telling you, and I tell people all the time, deeper healing is where I finally got my answers and was able to make changes, like life-saving changes.

I've been on all of the Facebook groups, POTS, Pandas, Chronic Fatigue, just so many different groups that are on there. And it's easy to get stuck in, I got pandas and that's it.

That's what I used to do. Okay, how do we fix pandas? There's pots. And you're told with pots, there's no way to fix it. There is no cure. IBS, no cure.

All these different things. No cure! It's pandus, it's pot, It is just a name. It means nothing. When we literally dug in deep and made the changes and addressed mole and address heavy metals and all these things, those symptoms lift.

So keep that in mind when you get fixated on these labels, they mean nothing. That's not your final diagnosis. You're not incurable. Through my experience, I've actually referred a lot of people here to deeper healing because I know it works.

There were a couple of people that said, Hey, I didn't get better. And so I couldn't believe it because it worked for me. So I dug a little deeper and learned that they hadn't moved out of mold.

They stopped nebulizing or only did it for a few weeks and they didn t put the work in. You have to put in the changes. I know for those out there that are so sick, Like, yeah, I'll put the work in and that's just what you have to do and then you'll be so glad that you did.

Yay!