Introduction to Sylvie Beljanski

Hey, it's Nathan Crane, director of the Health and Healing Club and host of the Conquering Cancers Summit. And today, I am honored and excited to welcome you to a very special interview.

Sylvie Belgian is a French lawyer by trade, a health advocate for holistic medicine, a public speaker, and an internationally known author and entrepreneur.

She's the vice president of the Belgian Ski Foundation, whose mission is to research natural approaches to cancer. She's also the CEO of Maison Danskin, an international dietary supplement company.

And misspell Jack is the award winning author of Winning the War on Cancer The Epic Journey Towards a Natural Cure. Sylvie, thanks so much for joining us.

Thank you for having me. I'm delighted to be with you today, and it's an honor to have you here. And you know, your family history is really fascinating.

Right. And what kind of led you to start the Belgian Ski Foundation and led you to to doing the work you're doing now, really around finding natural solutions and even doing heavy scientific research, searching for natural cures for cancer.

So let's start there. Can you talk a little bit about your own family history, your father's history? And what made you start the Belgian Ski Foundation?

Sure, absolutely. Well, indeed, I, not, scientist, by trade. I went to law school, and I was not specifically interested in science, but my father, my father and I would say my mother's family had been in science, three generations.

And I grew up saying, no, no, no, no, I don't want to get involved. And, I, when I was growing up by my parents did not feel very happy. And I did not really understand why is it look happy?

My father was a PhD at the Pasteur Institute. He was, by invested in, biochemistry, PhD in biochemistry. My mother was working with him as a pasta institute.

Right. As a little girl, I did not really understand why there was such a heavy cloud upon of our family.

Family History and Environmental Medicine

It's only later on, that I understood that my father was one of the first scientist to be, involved in understanding how, environmental toxins affect our DNA and eventually, destabilize cumulative progressively.

Our DNA and the destabilized DNA is a hallmark of cancer cells. So basically, by showing and being able to measure how environmental toxins actually destabilize our DNA and measuring the rate of destabilization of that, the rate of the synthesis of cancer, you have a sense, he has been, you know, coined the father of environmental medicine.

And as it it's always difficult to be a pioneer, but there were so many, so much money involved in, blocking what has become environmental medicine that made a lot of enemies along the way, because polluters don't want don't want to pay for the consequences.

Now, you know, everybody knows that environmental toxins are bad for you, bad for your heads. But back in the 60s, it was it was upon you. Pioneers were on the accept.

I mean, those kind of ideas where people know I'm not welcome and, my but my father persisted and, now he's in the 80s and the 80s, he came up with those natural compounds which are able to do the exact opposite of environmental toxins, meaning natural compounds able to recognize cancerous cells, destabilize DNA wherever it is located.

Because we have one DNA and is able to prevent so duplication of cancerous cells where either they are located and because it is really specific to cancer is DNA is not going to touch healthy DNA.

Whenever you have a healthy sex. So it means, now we are speaking of compounds which are specific of concern for sex and are not going to touch healthy sex, meaning no side effects, no toxicity.

So he published, he published, he published, and he got the interest of a lot of doctors, of course, at the time, French doctors who, who were really interested in having, you know, one compounds that would work for all cancer patients without toxicity.

You know, no side effect. And even better, was working very well together with chemotherapy and radiotherapy. And then we are now in the 90s. And, the doctor, part is a former French president of the Republic.

Crossfire, Meteora got diagnosed with advanced prostate cancer. He already had cancer for a very long time from his first time in office. But, it was kind of kept secret at the time.

There was no internet, you know, in the 90s, and, but eventually, I mean, the president had to have a surgery. The, surgeon said that's a as a cancer hospital everywhere.

And the president would not, finish his second term, which were seven years at a time in France. But me, too. I had a mistress who had, knew about a good family doctor who had a lot of success with my father's products.

And that's how Mitterrand started to take sebaceous products. And as we know, he was able to finish his second term, against or at a few months after Meteora finally passed away.

So the French government sends the army, the French army, the Swat team, to destroy the laboratories, to destroy the research completely. So says everything without a body swapped, everything was gone.

The extracts of search. So all the documents in the lab, everything did. They did. When they came and stormed your father's lab, did they, just take everything away?

Did they burn it down? What happened was they did not burn down deliberately, intending to burn down to a building that say, the office that came with six moving trucks to remove everything.

Wow. And, as I said, my father's office and my mother's, and I said, everybody will wear what's working as a laboratory. So, so it was. And it was a medicine. It everybody involved.

What was the what what was their pretense for a rest? And they have allowed a laundry list of stuff, a laundry list of charges. Yes. Wow. And I was, I was a lawyer working at the time in New York, you know, law firm and, with a time difference, you know, I was I was calling, you know, from my family from time to time.

And I called and this was ringing, ringing, hanging, and nobody was answering. Finally, I got to to call to call my mother, who said, why is your lab not not not answering.

That's how I answered. All of them had been arrested. And, as a lawyer, my first thing was, okay, I'm going to take care of the legal defense. So that was my first hook.

And when I started to get involved into the case, then I understood that. Why this time? Everything. That's something not normal here. The why is the due process not respected?

Why are they, why are they trying to destroy everything? And what are they hiding? What is it? I don't want people to see. And that's when I start digging, digging and digging.

And I, started to really understand the magnitude of my father. So what? And that's it was really, disturbing to a number of people in power that some natural compounds could do better than synthetic ones.

Arrest, Legal Battle, and European Court Victory

Now, now, before we continue with that, from what I understand, at least the little research I've done on your father was that up until that point, he was a well respected scientist in the scientific community he had published.

Somewhere around 133 is the number I found 133 scientific articles. I don't know how many peer reviewed, but many of them peer reviewed. All of them or all of them peer reviewed, scientific articles published, well published research or in the scientific field on, you know, molecular biology.

And, not only was he searching for cures for cancer, but also for Aids, right? Absolutely. In the 80s, when it, came, there was no, no cure, but official treatment, it turns out that he, discovered that one of his natural products had also, antiviral activity.

Do you research that on different kind of viruses, including EDS, and we, what he was able at the time to have, clinical trial done in a French hospital for people, HIV positive and, it worked.

It worked very well. I mean, they it is this population was followed for one full year and, immunity improved doing so. Yeah. Well was there we are taking nothing else.

But again, that was completely dismissed. Completely dismissed. So the French government had no interest in de finding anything natural. So that worked.

I think there is kind of a desire I mean, political approach where they see everything natural that works as a threat and therefore it has to be justified, silenced in one way or another.

So your father was put in prison? Well, it was, yeah, I see, but, putting to, very shortly and then he was, put into, House of rest and he had to stay at home.

That was very, very strange. And this man was very healthy, until the day of his arrest. They told him that day of his arrest was so did not follow the due process.

They did not take him to see the judge right away. Those plans were left voluntarily because there were concerns about returning, some things that didn't actually make sense and that, who had ordered him to stay in this laboratory all night.

And when I had access to the legal case, there was nothing about this prank with something. And two months later, he started to develop leukemia, acute myeloid leukemia, which is something you would, you know, you don't recover from when you are 74.

And he and he had no history or evidence of having leukemia before this point. It was swung and he sees it is a sad day because he said, all right, what did I tell you?

I tell you what a shocking story. And, you know, what a sad experience for for you and your family to go through. And so you were you were an attorney at the time and you were trying to legally defend him.

Yes. I what did you discover? What kind of roadblocks did you come against and what, you know, hope did you have from that experience? So the first thing is that, you know, when I tried to legal to defend him in the, in front of the French, judge of French court sitting up, said, do not give us a day in court.

So at some point my father said, well, we have to do something big, what is beyond the French court? And I said, the European Court of Human Rights. So we went before the European Court of Human Rights.

My father died during the process, but we won. And unanimous decision, measures against France and, the French government was, as a condemnation for not respecting violation of human rights.

So you went in front of the European Court of Human Rights, and you won that case against the French government? Yes. So what did that mean? Did they give you all the research back or that research was gone forever?

Did I give my mom a little bit of money? But it was nothing. It was more an emotional closure, I would say, than, than anything else. But that gave, me, you know, the resolve to say, the outcome is ridiculous.

Actually, there's a little bit of money would means nothing. What would really be meaningful would be to carry on with the research. Cause my father scientifically arrived, and that's how I started with a foundation at a beginning.

That was my idea to pull them. Right. As we were able to work with reputable academic institutions like Columbia University, Kansas University Medical Center, we, been working with also with Nanjing University, we had a clinical trial at Cancer Treatment Centers of America.

We we had, you know, a number of scientific publications, again, peer reviewed in good papers, that came in and beyond. My my objective changed over the years.

It was not no longer about my father and about proving him right in some way. I felt that was done. But I got really, in I fell in love with his research.

I felt in love with the possibilities that, those natural compounds without toxicity, without side effects, can also. And the amount of research on beautiful full papers of possibilities that, that this research is uncovering.

So a number of people know that, I've been helped, you know, saying thank you. That's that's what I'm living for now. Yeah. That's beautiful. I mean, what what an incredible story for you to take your father's research for you to take, you know, this drastic, I mean, really terrifying experience and losing your father in the process and turning it into something.

You know, the Belgian Ski Foundation, which is, a nonprofit that's researching and and continuing that research and finding natural solutions, even natural cures for cancer.

Right. And so I want to talk about that. And continuing that forward to help people around the world. I mean, I'm so inspired by what you've done that you know, anyone who, orders anything during the conquering cancer summit, whether they're ordering the summit, they're ordering any, additional things during the summit, we're taking a percentage of all profits to donate to your foundation.

Thank you so much. Yeah. I mean, I yes, absolutely.

Founding the Beljanski Foundation

I mean, I love what you're doing, and I think the research is so important that we are seeking, scientific research from all fields, not just what's happening for drugs and things like that, but for natural compounds like you're doing from it, you know, to provide nonstop toxic solutions for people.

So maybe you talk a little bit about that. What has the research shown through your foundation and through your father's work in terms of are there natural cures for cancer?

Are there compounds that are effective that are, treating cancer effectively? Maybe share some of that research with us? You know, I don't like to speak of one cure for cancer because, as you say, not and very eloquently, total

health requires it requires several pillars.

I mean, which includes the emotional, well-being, the proper diet. There are a lot, a lot of, pillars. So that absolutely essential is to work together.

But what my father, brought us is really, health as a cellular level. And, we found several compounds. One of them is a POW. Provides, shrub, to a tree that grows actually, in the, Amazon rainforest.

And we we only use the bark of the tree, so it's sustainably tree grows by itself. It's fairtrade. It helps a lot of people in South America. The, sorry, the pal Perea tree.

Pereira Pope. It was a Latin name is so spam. Villarosa. I know it's a mouse. And use that and use the bark of the tree. We only use the bark of the tree to extract and, that extract.

These are ones that has, 80, cancer properties and also antiviral properties. And, since my father's passing, we have work with is extract at Colombia University on prostate cancer and that university on the ovarian and pancreatic cancer.

So we were able to show that it was working on different kinds of cancer cells and prostate itself. We had a paper showing it was working on inflammation, precancerous, prostate cancer, on advanced prostate cancer that does not respond to hormonal therapy.

Animals. So that's very important because and also some men, especially who have advanced prostate cancer, say so is not seeing much of the to them. And we have here a natural compound able to really to target those very aggressive, cancerous cells.

We have been able at Wisconsin University to show that the same pulp era extract was working together, alone and together with chemotherapies like gemcitabine or carboplatin with, ovarian and pancreatic cancer.

And we have been also able to show that it was working on cancer stem cells. Cancer stem cells are very important because they, thought to be the cause of metastasis.

Yeah. That stem cells do raises to chemotherapies that able to travel and, to recreate divide again and create a new tumor. And here we have a natural compound able to target those cancer stem cells.

And we. So what is your I mean one that's incredible. And two, what has the research shown with these natural compounds like the power for reentry. What does it actually do when you take it internally.

Right. What is actually the, mechanism, how it's working, how is it functioning against the cancer cells? So research has shown that there was different, and cumulative mechanism of actions, for example, for inflammation and, advanced cancer, cells, that would be the inhibition of NF Kappab, which is linked to inflammation when, you have regular cancer cells to speak about apoptosis.

There is also the, regulation of p53 gene cells, different papers, so different papers, different mechanism of action because this compound is really going from inflammation to advanced cancer cells.

We see everything in between. So it looks like it's very rich, able to do a lot of things.

Natural Compounds and Cancer Research

Depending, what it sees, as long as it sees an abnormal cell from inflamed to very calm cells, you recognize the cells was DNA is destabilized and prevents a duplication of that sex.

Well, interesting that that's huge for cancer. If you can stop the replication of the abnormal cells from happening and you stop the cancer cell proliferation, I mean, that's that's everything right there.

Exactly. And he also because also the cells is my father had a big show in the lab where it was showing, because then that was a compound is naturally fluorescent.

It's emission really targeting cancerous cells and penetrating the cells. There's a nucleus and a nucleus line of cancer cells. When it's not going anywhere around, healthy cells.

And the nucleus line of cancerous cells is very rich in RNA. And they further so dwell, you know, maybe if it is, tracked by RNA, it will also go fight RNA viruses.

And he tested that that at the time on different kinds of viruses started with, tobacco virus because it was on leaf tobacco leaf, it was able to source for the laboratory and it works a way.

So it moved to mice and flu and so on. And then he arrived at HIV, and it was working also very well on mice. And then we had a lot of testimonials with humans.

And then we had the clinical trial. And of course, now we have a number of people who are sending us, who good testimonials with Covid also that no study has been done with Covid.

So we can, you know, say anything about that. No, no studies to be done, but a number of people, sending nice testimonials to the foundation. And we are very pleased to know that they are happy with the results.

So with this particular compound, the power paradigm, Pereira tree. Aurora. Pop. It's a hard, hard word to say. Brazilian tree. With the bark of it. Now, is this something that is available today and as a supplement or or how do people get access to it?

Well, yes. I mean, so as of research doesn't happen, you know, in a vacuum, you have to have products to make researches. So, yes, also research, as we may do with products that were extracts that were provided by natural medicine bench asking sets in name of, the company providing seeds, extracts and it's available as dietary supplements at another.

And that's a compound that we have is herbal fire for me to create an extract of media, which is very specific because it's been free. If you are familiar with, or verifiable meter.

Yes. That's very important information is zapping free, meaning no toxicity. No. And again, very nice. Auntie, anti-cancer activity, very specific, to, hormonal, dependent tissues and very nice results.

We also have, RNA fragments, which are specific of the DNA of the bone marrow and, the bone marrow is where we are creating our blood cells, all the leukocytes and the platelets.

So this is really boosting the immune system by promoting, supporting the bone marrow in doing its own job, which is creating those leukocytes and those platelets.

We had a clinical trial at Cancer Treatment Centers of America a few years ago that led also to a peer reviewed, publication. And it was on a population who was at the verge of thrombocytopenia, or what is the loss of platelets that may result from chemotherapy?

And no one of the patients in the whole enthusiastically nickel trial in a had, composite opinion and none of them had to stop their, round of chemotherapy.

So the oncologist was actually very, very happy with that. It works on platelets. You don't need to have, chemotherapy and to be advanced off of Thomas Tobin.

Yeah. To, improve, to appreciate and, you know, a boost to your immune system and, help create more white blood sense, because white blood cells as well.

Yeah, those are all the for sites, and T-cells and natural killer cells that, has so little soldiers that are going to, fight the enemy and especially, virus, when it sees one.

And, lastly, we have, gingko extract made of golden leaves of gingko. My father, noticed that, gingko was the first trees. He flourished, after the, English mother.

And, he was interested in to the golden leaf, which is kind of different of the green leaf. It, of course, is the same tree, but so by maturing and the change of color is actually a reflection of the change of chemistry of the leaves and the extract indeed helps, to fight against fibrosis of, of the skin, which can be very helpful after radiation.

And it also, helps regulate the enzymes. And right now the foundation has a plug, they search plug, melanoma with the special gingko extract, golden, made of golden leaves.

Because we are studying, if, the enzymes which are inhibited could actually be on shining and, on shows, you need these enzymes that, brings to the blood cells of cancerous cells more nutrients and, oxygen.

So if we were able to prevent the development of these, enzyme, we could, you know, have a kind of indirect way to fight, also cancer cells. So that's what we are looking into right now.

It goes beyond melanoma because, of course, unfortunately is very present for melanoma, but also as a kind of cancer. So that would be a very, very nice break.

So if we, if we have a positive result. Yeah, that's that's fascinating because, you know, ginkgo biloba, most people think of it as something to help with memory, right?

To help with brain function. That's kind of how it's been promoted primarily. Yet what you're discovering is there's some really potential here to to have some strong anti-cancer properties.

Yes, but with golden ginkgo not green ginkgo, the golden. And that makes a difference because it has a different, compound. I mean, it it produces a different nutritional profile, right?

Yeah, exactly. It says a change of color is, results from a change of alkaloids, actually. And so one of the other ones you mentioned a little bit ago was the, the is the first time I've heard of it is, is revolt, fear.

Loma toria. Right. Yes. Otherwise known as the the poison devil's pepper, which I find interesting. I looked it up here as you were talking about it. It's a it's a shrub mostly found in West Africa and and.

Yeah. And in India and then. Yeah. Okay. Yeah, yeah, yeah. Gandhi was thinking an extract of, of, vomit. So. Yeah, it's, known for, I bet, hypertension.

But it used to contain obviously have been. And that is, is toxic. So that's why it is really important to remove that. Has there been, interesting. So I wonder if that's why they call it the poison devil's pepper. Yes.

And when you have it, once you have removed the reserve beans and you have a lovely, alkaloids. The second that I had, we called stunning and and studies that toxic and stunning, as anti-cancer properties, you know, in, in nature you have very often kind of balance in a plant extract.

Ginkgo, Tea Extracts, and Future Research

You have, both a good alkaloid and a bad alkaloid, and you have to know what you are doing and be able to do a specific extraction of a purification to remove to the bad guy.

But, it's funny. How is this there is this, yin yang, thing in almost in almost everything in, in nature. Well, it doesn't surprise me that you're finding through your research that, you know, a single compound like that of the bark of a tree can have multiple effects on the body, right?

You discussed it. Not only being able to enter the nucleus of the cancer cell and help to, dismantle it, but also helping to stop the reproduction of the cancer cells, the abnormal cells, and also helping contribute to anti-inflammatory effects and so, so on and so forth that, you know, when we look to nature for our solutions, we find this again and again and again.

And it doesn't surprise me that, you know, you're finding all of these great applications from simple single source plants and barks and trees and shrubs, because when you look at nature and I've said this for years, you know, nature really has all the solutions that our body needs, from fresh, clean air to fresh, clean water to fresh, clean food.

And you look at the medicine, you know, the profound medicinal effects that our plants have on this planet. It's no wonder that our disease, disease on this planet has been skyrocketing because we've been getting further and further and further away from nature.

As society becomes more and more progressed, right to things being manufactured, to things being processed, the things being, you know, added with preservatives and all kinds of things to make it have a stable shelf life and last longer.

The further we get away from nature, the more disease we're going to have as as a society, and the closer we get back to nature, the closer we get to these natural compounds, you know, the the better.

Our bodies can do what they're designed to do, which is heal themselves and regenerate. So the solution? Yes, the solution is very often just in front of us, but for a political and economic reasons, including, you know, patent law and other things like that, there is no incentive to, for pharmaceutical companies to look at anything that they want to have, synthetic molecules that they can patent and, produce, in large quantities to sell all around the world.

And, so that's the name of the game nowadays. So on that note, have you had any trouble with your foundation in this research and in creating these products as well from the FDA, the FTC, pharmaceutical companies, if you had and you ran into issues?

No, the foundation is not selling anything. This foundation that's, you know, doing any product, what we are doing is, doing research, we put all and all the public nations, shared comes a website mentioned that, okay.

We have events where we, present this research. We share that knowledge. Then people do whatever they want. It is, it is, responsibility, to, to make up their mind and, and see if they are interested in learning more or not.

It's beautiful. I love that you open source your your information and you say, look, you know, we're going to do this research and we're going to discover it and find out what nature has to offer us in terms of helping to protect ourselves against cancer.

And then we're going to put it out there publicly for for the public to decide what you want to do with this. I, I think it's it's such a beautiful approach, such a fascinating knowledge.

And it belongs to mankind, just like nature. It's a goodness of nature. So what else have you. What else are you focusing on for the future? Where is the Belgian Ski Foundation headed next?

Where's your research heading next? What other kind of promising solutions? What might we be looking forward to? So, as I said, we are looking at melanoma right now.

We have done some research, from the, the gingko extract organs that I, told you about and that's is still ongoing. And we have done also some research with a mix of, tea extracts, tea, like a green tea or.

Yes. Yes, I just a few years ago, I discovered a piece of paper, in with my father's, handwriting writings. He had been, in China for, a research trip.

And he was at the end of that trip, he was offered a, present, you know, a large box of sample teas. You trust the basis of, finest teas of China and teas.

Teas well known already to at the time, back in the 80s to have, antioxidant properties and to be kind of beneficial. But nobody had ever studied them, really, for cancer.

So back at the Pasteur Institute, the first thing you did was to test them with what's called the uncut test, which was really a test he had created to see to measure the potential of compounds for anti-cancer properties.

And, he what's the name of the best teas? And he put that in a drawer because he was very busy with other things. Then it was the French army came and, destroyed everything because of whatever they couldn't.

The steak was scattered all over the floor. And, of whatever was all over the floor was put in a box collected that a few days later by the staff of the lab, put in a box and a box.

Stayed in a garage for 20 years. Finally, I received that, I, I it's it's like, it's like, this whole story. Story of your family, of your father, you picking up the research and leading it forward to better humanity.

I mean, it's it's like a movie. It's like you're watching a movie. Just hearing you tell this incredible story. And so I cut you off there, but I it's so fascinating.

And I'm so, you know, inspired by what what you're doing and what you continue to do. So you found this box. It's been sitting. Yes, yes. Finally, I get to this paper and so is the name of for for grantees.

And next to them, very, very, t.c. I said, okay. What I mean, I have asked to be anti-cancer, but what does it mean? Very, very. And, I was so eager to confirm that we sent a mix of those, four green teas, to Kansas University Medical Center.

And I was really, as a lawyer. What else are important? Very, very is, comparative. It's it's doesn't mean it's, some signature measure visually, but very, very.

So we also sent us, green tea from Lipton and some big yellow and some of us, well-known company. And we asked them to test, all the extracts on breast cancer, breast cancer cells.

And it turns out that, mix, my father's mix of green teas was much, much more efficient at destroying breast cancer cells than the other green tea. And then we went on with metastatic, and it was doing even better.

So difference was even more striking how my father's mix was, more efficient at killing. So it looks like some more destabilize the DNA. The more eager again, just like that, This mixes great mix of green tea, is eager to.

There's choices about said. And then I said, well, if it's working like how been I it should also work on other cancer kind of cancer cells. So we tested on bladder also on liver and on melanoma and more specifically on for melanoma.

We did four lines of melanoma cancer cells and every time, were green tea mix was doing very well. So we are now looking to see if we could mix the gingko extract and the tea to have some things that would be, very, very positive.

And if you can efficient. So what, what was the biggest difference between the green teas that your father found or discovered, the green teas that you're using and just, kind of common commercialized teas that you mentioned.

What's the biggest difference there? I would not say that there is, I mean, that they are not all going is, under the same. So that's all we can say. And some are more, well, our tea comes, our topic is analysis, and it's just a matter of finding those which are also most efficient.

Closing Thoughts and Summit Call to Action

And the tested 16, the he said those four are the best is they're one of those that you can name that, you can share with us one of the types. Sure. One of those, is, Lee machine.

And another one is again power, which is quite kind of common. And, the, the gunpowder was the second one. What was the first one? Lee. What let me tell you is that, I'm sure people are wondering and I'm curious myself and green been watching, Gunpowder and Dragon as well.

So we have a much more efficient dragon. Well, dragon. Well, Jintao gunpowder powder blue tune, pollution and Ceylon green. Oh, Salines. Sea lion, I believe, is spelled sailing green.

That's interesting. And I'm sure I'm sure it makes it. I mean, for me, I know it would make a difference if these are grown organically. Okay. Chemicals and pesticides are are those ingredients you're looking at there.

Are there no pesticides. Yeah of course we and we only to Kansas University. We only selected organic. Organic teas. That was a study including Lucy Lipton wine and, and the Bigelow once everything was, was organic.

You only can compare what is comparable and you don't want to pollute. So he starts with this. Decides. Right. Exactly. Oh, beautiful. Well, you know, I just want to commend you for, you know, picking up the, the, baton from your father and carrying out his research.

And, you know, in the face of so much adversity and, and I'm sure, you know, trauma from the whole experience and what you're doing now to help bring this important information out to the world.

So thank you for that. Thank you for your time here and sharing all this with us. You know, we look forward to continue to support, the Bell Jar Foundation and the great work you're doing.

I know you have a wonderful book. We could tell everybody about behind you there, if you want to show that winning the war on cancer, where can people get a copy of that?

Of the Trotsky Foundation? Mark and James is a publisher. Amazon and all the other bookstores winning the war on cancer. Well, that's what we're all doing here together.

That's the plan. That's the focus. That's what we are working towards together, collaboratively, collaboratively with you and with everybody tuning in here is to put an end to this cancer pandemic.

Because when we understand, as you mentioned early on, not only the causes of cancer, but all the different facets of how to live an anti-cancer lifestyle, right mindset and options and, and nutrition and diet and exercise and all the, you know, exciting and actually quite interesting and, and wonderful things we can do as human beings to not only help prevent cancer, but potentially reverse it.

And all those things. We go into depth on the summit. So I hope everybody tuning in gets a chance to listen to all of the interviews we've done for the conquering Cancer Summit, because the information is truly life changing and even lifesaving.

And Sylvie, thank you so much. So happy to have you here. Really appreciate your time. Thank you so much for having me. And I want to thank everyone for tuning in to the Conquering Cancer Summit.

Please share this with friends and family. Together, we truly can make a difference for the future of humanity in ending the cancer pandemic. Thank you and I wish you ultimate health and happiness.

Be well.