Neuropathy, Memory Loss, Brain Fog — Mold Exposure Showed Up Everywhere For Marren Transcript

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Marin's Final Day Reflection

Hi, I'm Marin from Texas. This is my last day here at Deeper Healing. And wow, was that an experience. It's been very spiritual, very emotional, and very powerful.

I don't think there's anything about healing that is easy. It's not going to feel easy. I could barely walk. You can barely walking here. It could, barely do the livo to treadmill stuff.

And I stayed down the street. Can barely walked to the hotel. it was not good. and I think you guys knew it too, but you didn't want me to see that or feel that just so that I would have some confidence in getting better.

Years of Failed Treatments

So yeah, I definitely was smiling like I am today. I've spent so much time trying things and going to doctor's appointments for 10 years that nothing's ever really helped me.

So it's that kind of gray area, that bittersweet, what the heck am I gonna do? Is it gonna help me? I don't know. I think when you get to the point of I literally cannot wait on this anymore, I'm going die, you have to do something and you to be proactive otherwise, You will.

It was hard. But it was good and I still have a long way to go, but I do think that I'm moving in the right direction.

Choosing to Make a Big Change

And it is because of being here and all of the things that i've been doing. When you stay in same place, nothing changes. and when you don't change, then nothing change.

So when get up and go and you decide that, that is like the first biggest push in right of change when your stuck. you have to make a big move. I live in Austin, Texas. I left a new job.

i left an old job I had to buy a plane ticket in a day, get on a plan, I actually almost got off the plane because I didn't think I was going to be able to get through.

And I put my whole life on hold. Everything that I have going Was it worth it? Yeah, it was worth. Yeah. It was. Worth it. I think.

Why Deeper Healing Was Worth It

Some of the sickest people are the ones who go and go go. And they think that they just keep going. You know, things will work out. It's just not how it works.

When you get to that place where you're scared for your life and it hits you like a freaking wall of bricks. You're just like, oh my gosh. And you wake up one morning and I cannot do this anymore the way that I've been doing it and something has to change.

That's the point that I got to. I kept on trying to take control in a sense of like just mentally. Like I'm done with everything else in life. We do that as people.

we try to Take control and dictate what happens and that works for a time. But I think when you're really sick and

you have a lot of things going on, you don't even realize how bad they are detrimental.

they are to your health. You can't continue on. I think it's worth every penny of it. If you're not well, your life isn't well. And the people in it, they feel that you are not and it affects everyone.

Everyone. What's been created here at Deeper Healing is very powerful. Having everything under one roof is going to be you're going have results quicker.