Occupational Chemical Exposure + Mold: Mike, Kansas, Deep Dives into His Body Burden Transcript

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Podcast Introduction

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At the end of the day, the way to sustainable long-term health is to remove the junk that's making us sick and not put more in. Welcome to the Deeper Healing Podcast.

I'm your host, Danielle Howley. This is for everyone who's been dismissed, misdiagnosed, or told to just live with it and refuse to accept that answer.

You're going to hear amazing patient recovery stories, raw and real in their own words. People who found answers after everything had failed them. You're going to hear from medical experts we trust that are pioneering new approaches to healing the body because we deeply know we're designed to heal.

Let's dig in. Hi everybody, I am here today with an amazing guest. His name is Mike and he traveled to Deeper Healing from Kansas. And I just love what you're doing right now.

Meet Mike and His Deep Dive

He's doing a deep dive looking for environmental toxins, he's done his deep blood panel, He is doing the rejuvenate cellular cleanse and what is so cool is he has already predetermined that he is going to be buying this whole setup for home, which honestly, that is huge.

That is really huge! So first question, how did we get here? Well, I had some issues with not feeling well and did some research and realized I probably had toxins in my body.

And then found out we had mold run some tests here. The cool thing with that is I was able to test and then do an at-home test for mold. You know, it's interesting that a lot of people ask for this deep dive thing that you're doing because of the movie.

Did you see the body burden documentary? I haven't seen that one yet. Okay. So in the movie, the guy from Canada comes down and he does a five day and does the cleanses and all the testing.

And then he makes all of the changes at home and then finishes the film with, it's been one year since I had my deep dive and this is what happened to me.

So you're basically doing that. You're doing what the movie recommended and we realized that's something that a lot of people around the country need because you don't have access to the kind of testing that we offer here and then also like the path.

So, you are going to get all of that, so amazing. But you had said to me you think some of your exposures were occupationally driven. Tell us a little bit about your history.

Occupational Toxin Exposure

Um, so I've, I own a cleaning company and so we, you know, with the chemicals with I'm sure with, the plastics that I use and the environments that i'm in with houses, You know the doctor said, Hey, we need to do this.

And I didn't think that was the solution. I think it was more toxin driven. So the nice thing is with deeper healing is you're going to, do all the tests.

You're gonna be able to. To do it here and then take whatever you can home and do have the equipment at home. go that route and at the end of the day the way to sustainable long-term health is to remove the junk that's making us sick and not put more in and you know it's funny cleaners have a huge problem because not only are they using toxic products and a lot of times I'll say to someone like Lysol in your baby's not good for your body and they laugh But then other people will say, but yeah, I thought I was keeping my baby safe.

How do you know Lysol's bad? And I'm not picking on Lyssol. But you can just look at the label. They're very well toxic, bad for your skin, and bad your eyes.

Do not use in a room that is not well ventilated. Well, we know we're in bathroom. We're a closed room. It's winter time. it's in Kansas. People are using toxic chemicals.

that are so normalized, hotel rooms, schools, germiciding, everything. And around the children, around, the babies, every daycare center, Every surface is germicide.

Then what do the kids do? They put it right in their mouth. So, and anyone who's been in an occupation where you're high exposure to chemicals and a lot of times you wouldn't think of cleaning or hairdresser or flight attendant or, you know, there's so many golf course landscaper, I don't know, where you're just spraying herbicides, pesticides.

I mean, a farmer in here, he's like, the stuff was spraying all over me, because he was running the sprayers.

Home-Based Healing and Rejuvenation

And he said I did that every day for 10 years. Then all of a sudden, everyone in my town had cancer. Yeah, it's airborne vaporous chemicals. Okay, so you are hugely ahead of the pack that you even knew to look for that.

So not only was it high chemicals, but also moldy environments. Correct. You had the one-two punch, which is a lot of people. Having the ability to not just do the mold protocol, also to be able to do rejuvenation at home.

Lots of the people that I've seen with a chronic illness, once they put the system at their brain improves, their skin improves their body aches, all the things.

But then all of a sudden, they're like, Hey, honey, you need to do it. You know, All of sudden it's like you're doing it, your wife's doing your kids are doing at like your you'll have a little setup in your house where you can be helping other people that you love and care about stay well for the long haul.

So tell me how did you find deeper healing? I kind of just do tons and tons of research and I find something and then and Then I get a call from Alexandria and i'm like, well, just tell me all this stuff I'm, like she knows more than most of my local doctors at home And I wanted just to know more.

Tell me more What are you talking about? I would stop her several times and And so then I realized I would take another look at this and if they would allow me to, to come and get a deep dive and try the cleanse out.

I mean, what I love is by doing the Cleans here, you're training yourself as well, because otherwise you'd be going home, putting the equipment up and you be like, okay, well now what?

Like, how do I actually do this? doing by learning is really how you absorb it in. So he's here this week, doing rejuvenase every day, getting the testing, having your lab review.

It's the full thing. And then you know what's going to happen. This is what always happens.

Alexandria, Skepticism, and Stem Cells

Your wife's gonna go, well, wait a minute, what about me? You're feeling much, much better. That's what happens. It always is the person with the most going on usually comes in first.

And then once you see it, you're like, wait, I want to know. Okay. So I need to talk about Alex a little bit because you mentioned her. Yes. She was probably one of the most skeptical people ever.

She is a very sick person who came in and did her own treatments for her and her sick children after going to hospitals all over the country. I'm sure she told you that.

And I kind of thought it was too hard to believe. And then I started reading the reviews that she left and the stuff. I'm like, this is the real thing.

She also had a failed STEM treatment. and she talks a lot about that where she felt like she put a lots of money and effort into going, I think she went to Mexico and her thing was this was another failed thing that happened.

And what I love about deeper healing when we talk about stem cell, because stem cells is rebuilding. You can't rebuild on a toxic foundation. So if all of us are dealing with, now yours is high chemical, high mold, and to be determined with your metals, your metal test isn't even back yet, but we'll soon find out.

That's the trifecta right there and then if you're pushing stem cell into a body that is already pummeled with toxins, you are not getting the maximum efficacy out of it.

And that's assuming you getting good stem and that a whole other thing. I'm sure you did a lot of research and I know there's a lots of people doing a a research on that.

The rebuilding stem is sound theory but what no one is talking about is having a clean body to receive it and get the maximum out of it. So I think that's really huge.

What's your experience? What do you think of deeper healing? You've seen it, now you're here in person. Yeah, everybody has been amazing here. The help, the knowledge, pretty incredible.

Hands-On Experience at Deeper Healing

Is it different than you expected? Yeah. Yeah, tell me how. I just thought it'd be more, I'm not even sure how to explain it, but it's so hands on and then they show you how do it and once you dive in there, you know what to do the next day.

And I think everything runs pretty smooth here. Yeah. Everybody works together well. Everyone's always surprised that it doesn't feel like a doctor's office.

Right. Exactly. That's what I was trying to say. I always say it feels like your favorite grandmom's house had a baby with a Starbucks. And then underneath all of that because it's like fun and it is good energy and its warm.

But underneath that is really high tech medical things and also a really clean environment because obviously if you're coming in to detox You need to make sure that you're offering a clean environment.

And I can say firsthand, many hospitals that I've been in and many doctor's offices that have literally been the opposite of that. So deeper healing is fastidiously chemical free, super clean, air, water, all the things.

You're drinking your really good water there from the center. So anyway, Michael, thank you for being willing to share your story. Coming in from Kansas, amazing big journey to come in to really look under his hood and see what's going on and also to take back the equipment that is going to change, honestly change your life.

And those effects are compounding over a lifetime. So you're doing something amazing and being to sharing your stories with other people because I know there's people out there that are just like you.

So one final thought that I was thinking is, this is going to help so many people. This is just the start of something huge. And like Sam from the Midwest, and this isn't in the midwest, so it'd be nice to have a deeper healing where we're at.

Bringing Deeper Healing to More Places

So many patients do that. They're like, I need this where I live. So what do I always say? You find us a practitioner. You bring us an MD, a nurse practitioner, you know, someone in your state with a medical license, and we will train them.

We have all the trainings. we have the courses built, we the environmental experts, And we want to spread this far and wide. And whenever people come, they're like, you need to make the center bigger.

And I'm like the Center doesn't need be bigger, we need more of them. We need places where people can go so that you don't have to go from Kansas to South Carolina or Maine or Seattle or Dubai or Germany to come here.

So maybe someone out there who's listening to this podcast is in Kansas and is like wait a minute, I want to do that. If you're that person, reach out.

All right, and thank you again, Michael. Thank you. We hope this episode inspired you, here's how to go deeper. Visit deeperhealing.com to become a patient.

Online we have loads of courses and a free toxin quiz. Subscribe and please, please share this with someone who needs it. It's always that one-on-one support that really gets people to find deeper healing.

Remember, this is educational content, not medical advice. The information shared here should be discussed with your own personal healthcare provider.

If you're excited by listening to the medical experts or the personal recovery stories on here and you want to start your deeper healing journey, go to deeperhealing.com and start the process.