Only You Can Determine Whether Your Health Succeeds Or Fails Transcript

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Why Some People Succeed or Fail

So let's talk about two opposite ends of the spectrum. Why do people succeed with nutrition response testing and why do they fail with it? What I'm going to say to you is from the absolute bottom of my heart.

I've been doing this almost 10 years and I have seen everything and anything in my office. Although we do not treat or diagnose, people are coming to us with diagnosis because they've had these health issues and they're not resolved yet.

So I see everything in office from cancer to autism to autoimmune conditions to GI conditions, to fertility conditions. mental health conditions.

The Clientu2019s Responsibility in Healing

There is not a diagnosis that is out there that I have not had success with. But what allows this process to be successful is one thing and one things only.

You, not me, the supplements, my advice, and my staff's advice. You are the main factor that determines the success or failure of what our program does.

Because it is your responsibility to take your supplements. It is YOUR responsibility, to follow through with the Dietary and Lifestyle Guidelines. it IS YOUR RESPONSIBILITY to remove toxic substances and even to a degree toxic people from your life.

because if you are attached to any kind of suppression, it's impossible to get somebody well. So what we must do is strongly look at what has taken away from our health, what is taken from away our vitality.

We are here to be your coaches, your guides, you teachers, but in the time away the office, it is solely your responsibility. I mean this from the bottom of my heart, I've never had a case walk into my office and fail.

Commitment, Lifestyle, and Taking Ownership

When they have committed fully given their best effort and applied what was needed to restore their body. It is singularly that simple. The person who does not succeed with new nutrition response testing has not given the appropriate effort or commitment.

If you are not a active, willing participant in the process, then unfortunately, we're just spinning our tires in mud and we don't go anywhere. But if you are willing to step back and say, what is my cause to my health problems?

Because here's the thing. It's not really your fault that this happens. We have been programmed in a society that it is your age, it's your gender, your hereditary, its your genetics.

I'm sorry, but all of that is a load of you know what? It is solely based off of your lifestyle and we are way past the point of any kind of antagonistic or argumentative conversations, the predecessors that have laid the foundation for us to do the work that we do, have already shown and proven that it is our diet and our lifestyle.

Who Nutrition Response Testing Is For

So if you are willing to take responsibility for what you've done to cause your health problems, we can be responsible to teach you, guide you educate you support you.

And I mean if there's not anything that somebody's brought me that I don't feel can improve, if YOU are responsible in the relationship. If you're not and you are not ready and not willing to commit to fully changing your life, then I would have to be honest and say that nutrition response testing is not for you.

But if you willing and committed, please join us.