Practicing Medicine Freely Through the PMA Model Transcript

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Thank you, Integrative Peptides. Now let's jump into today's conversation. If you understand constitutional law and you're operating at the constitutional level and you fully say, I am only operating in the public, I am no longer serving the public, you're invoking your constitutional right and as American.

And why not be patriotic? Why not be free? If you really want to make America healthy again, you have to understand the constitutional side of this. Welcome to the Peptides and Longevity podcast.

Each week, we'll dive into groundbreaking science, innovative therapies, and the future of health and longevity.

Introducing PMAs and Constitutional Medicine

Alongside visionary physicians and experts, we'll explore how peptides, cutting edge medicine, and lifestyle strategies can redefine the way we age. Get ready to transform your health, optimize your vitality, and unlock the secrets to a longer, healthier life.

Let's get started. Hey everybody, my name is Mike O'Neill. We want to welcome you back to the Peptides and Bioregulators Summit. Today I have joining one of the most incredibly genius men in our industry I have ever got to know.

He is not only a genius about healing protocols, utilizing things like peptides and bioregulators, but he will revolutionize the way that you think you should be able to practice in the United States.

A man who is a champion from freedom and knows more about governmental regulations than any human I've ever met on planet Earth. And so I want to introduce you guys to Blake, the CEO and founder of Forgotten Formula.

So Blake, thank you so much for joining me today. And I think we're going to kick off this conversation. We literally could talk about anything on planet Earth.

But we want to talk about what is a PMA? What does it mean to have a private membership association? And why is it important to consider how we are treating one another in modern day America?

Okay, so I think as we look across the board from COVID to present, even before then, we can look at the history of medicine and see that it's not really headed in a good direction.

For being the wealthiest nation in the world to have the numbers in healthcare that we do, pretty sad, right? And kids are getting sicker, hospitals are getting bigger, not smaller.

These are all signs that we've just gone. completely awry. We wanted to look at across the board, how could, or even better, what did the founding fathers leave us as a breadcrumb for the monopolization of medicine?

Because we looked up there and say, okay, well, they left some things for the monopolization of all these other things. What's there for if government gets too big or people get outside their reach?

what we looked at as the levels of law. And I think a lot of doctors, a lot of people don't understand the levels of law. The top level of law would be the Supreme Court, right?

Then you have federal law, then you have state law, which is where the medical board sits. And the reason that the medical board sits right there is because a long time ago, we couldn't just have a bunch of people playing doctor, right?

Like before everyone started to get a journeyman's license, they would just go, just wire up a house, right? A lot of houses burned down. True. So the government, their job is to what?

Protect the public, right? That they have to protect the public to give basic requirement to protect the public at minimum, right? So the same thing with the medical license.

Not everybody is qualified to be a practitioner. Not everybody's qualified to be a surgeon. True. So you need to go to school for that. Now the issue, where they got a lot of people is once you accept the medical license, you're now at the helm of the medical board and you're stuck at this middle level of law.

Every law that's made governs you. The FDA makes a law, it governs you. They banned BPC, it governs you, right? Because you're in the same level. of law where they have authority, right?

But where in the constitution does it say that BPC 157 is no longer accepted in America? Nowhere. Nowhere, right? Or any of the peptides or any of these other modalities that we all love and we know work, even things like peroxide that you can't recommend for, you know, nebulization or, you know, a lot of things.

or sodium bicarbonate, which is in every emergency room. So when you look at my story and how I was just saying, okay, this kid has cancer or this person has cancer, they've been kicked out of the hospital, I'm going to help them.

And not to get too much into my journey, but what you start to want, well, your friends, your doctor friends start going, you're going to kill you, man.

you know, what you're doing is, you know, it's not okay. You know, we need to be very careful. And, you know, we're also around a lot of quantum guys, a lot of frequency guys.

And, you know, I'm a big believer in what you say matters. You know, I'm a Christian. So, you know, God said, right, let there be light, things like that.

So, words essentially dictate your realities and you can manifest those things, right?

How PMAs Protect Private Practice

So, I didn't like every conversation being, Michael, you're going to jail. Right? So PMA was brought up, right? And at first I'm like, can't be real. Like, what do you mean that we can create a private club, a private group that we can practice modalities how we see fit and really truly let people take control of their health.

And also let a doctor not go home scared to death because he maybe wrote a prescription for ivermectin. or a prescription for this, maybe one too many, or low-dose nitroxine, whatever.

And the medical board goes, well, we're going to investigate you. And the biggest problem with that happens is,

okay, the medical board has their attorneys and then you get served with a piece of paper or a letter, right?

And then you go, oh my God, I got to go hire an attorney. And now you've just kind of almost admitted guilt too, because now you've hired your attorney.

And not only that, you're in that middle level of law now. And they made all the rules already. All the law came from the medical ward because you chose to be governed by that, right?

So what the PMA does is you take yourself out of that and you say, okay, there is no doctor patient relationship anymore. I'm no longer a part of this middle level of law.

I'm going to be in a private association and I'm going to go to the Supreme Court now. So similar to how the passing of the 18th amendment. ended Prohibition.

But did Utah like that? Did certain southern municipalities like that? No, no, sorry. You know, it didn't matter what religion, whether it was the Methodist or the Baptist or the Mormons running things, no offense to anyone, I'm saying I grew up in a dry county.

And the other wealthier people that understood the law said, well, we're not going to do this and this is key. We're not going to just make an association to break the law.

What we're going to do though, since you guys passed a local law that says I can't serve alcohol in this County, I'm going to build a golf course. And because people play golf, they like to drink cold beer.

And at the end of a 18 round golf, they're going to want to. Go to the 19th hole and have a drink or have a wedding with wine. Yeah. Right. Private tennis flirt.

Private. Private pool. Are you allowed on those grounds of mining your country club without being a member? You're not, right? You have to be a member.

It's not for the public. Now, the rules about running around the inside of our club, you can't do it, but at a public pool, they can't do it either, right?

But we're just doing that rule because it's safe, right? So we're not mandating something that's violation of human rights or a violation of constitutional rights.

So now that me and you own the club, we were able to buy a liquor license from the state after prohibition ended. Regardless of the local level of law, not wanting that, the state law now had to change because federal law changed.

of the United States changes. PMA structure will not change. And you cannot say on one end that I can sell alcohol in a dry county and not apply that to medicine and other different things.

And I'll give you another example, butchering. Okay. The USDA requires that permitting, inspection, all of that. Well, there's PMAs that butcher. They butcher live, huge, big carcasses and they do it.

They do it without a license. They do it without inspection because they only serve the members of the private. And remember, is there anything in the Constitution about processing beef?

Is there anything in the Constitution about processing hogs? Is there anything in the Constitution about processing raw milk and selling it? These people that have PMAs are arrested for selling raw milk.

before they had the PMA. Once they got the PMA, homogenizing didn't matter, pasteurization didn't matter because those laws are what? Made to govern the public.

And it's through those levels of law that you will understand that it doesn't, just because you're a doctor, it doesn't mean that the law doesn't apply to you, right?

Because you chose to be at the state level. Now, at the Supreme Court level, we would call that a precedent. So we call on those precedents just because the lower level courts have to abide by those precedents ruled by the Supreme Court.

That's how legal works. And so when somebody says, well, what if, what if this happens? Well, what if that happens? Well, it never will if you You're only as good, your PMA is only as good as your paperwork and your process.

Meaning, if you're trying to have a public clinic and a private clinic, then I would ask you, why? Is it because the insurance is paying you? Is it because you think people can't come to you without having insurance?

Well, we all know that's bull. We all operate cash only. Every doctor's office I've ever visited lasts like 10 years, so they've all gone. Yeah. And then at the same time, let's understand HIPAA.

HIPAA can be subpoenaed because a PMA, its members are protected by the constitution. You cannot have a memberless subpoenaed and you cannot have member documents subpoenaed.

The other way that it protects Remember, no doctor, patient. It's just member to member. So the doctor takes his coat off, still qualified, still amazing, still has all of the knowledge that he has, but he's just an American at that point.

And then we're putting two American members together. You can call it like, okay, Masonic Lodge, another example of fraternal orders that operate.

Real-World PMA Examples and Patient Freedom

under these guidelines. Funny thing, the Bar Association, the Bar is a PMA. Why do you think the lawyers govern themselves under the Bar Association? Because they're the ultimate way they know to protect themselves.

Because they're at the level of law, highest level. At the Supreme Court, right? So the Bar even knows the law better than most lawyers. Because you're going to have people say, well, my lawyer says PMAs don't work.

Well, okay. Well, if you understand constitutional law and you're operating at the constitutional level and you fully say, I am only operating in the public, I am no longer serving the public.

We will get right back to the episode, but first a quick thank you to our sponsor, Integrative Peptides. If you are enjoying today's conversation and want to support your health and longevity, visit IntegrativePeptides.com and use the code PODLIFE for an exclusive listener discount.

That's IntegrativePeptides.com. Code PODLIFE, P-O-D-L-I-F-E. Now back to the episode. You're invoking your constitutional right as an American. And why not be patriotic?

Why not be free? If you really want to make America healthy again, you have to understand the constitutional side of this. And it's really, really bizarre how it's always like doctors, medical has to be done different.

No. If you look in the history of medicine, the barber used to be the blood letter. That's where you went. George Washington died from bloodletting and leaching and, you know, they messed them up really bad.

But the point is, is that doctors, clinics, modern medicine hasn't done us well. And so if we want to rewrite medicine safely and protect our family, protect our businesses, then join our PMA.

Come underneath the constitution, enjoy the freedoms of being able to go home, go to bed at night and not have to

worry about losing your license or, you know, your place getting rented.

And what's cool about PMAs as well is that manufacturing can also be private. Every segment of scalability can be private. It's not, the Supreme Court ruled this way.

It's not illegal. Is it an act of evil? That's the guideline. What is a substantive act of evil? To properly say the real one. A substantive act of evil defined by the Supreme Court would be that we were training people on how to kill, on how to do things that hurt.

Yeah, not short chain amino acids. And I still think that a jury of anyone's peers is not going to come after you for a short chain amino acids profile versus I can show you eight drugs that have killed millions of people, right?

Yeah. And so, and so if you are wanting that protection and you feel like, you know, you're trapped and you want to be able to give people modalities and also have safety and the PMAs, you know, work for you and we're looking for doctors that are after a root cause that know that it, disease is a multifaceted summation of life experience and that it needs to be addressed not in 15 minutes.

You cannot just turn and burn that and tell me that you're a doctor that cares. You need to hear their story and find out what's the mental, the gut, the parasites, the virus below the mouth.

All those things matter in the summation of why someone's sick. To be able to give the public exactly what they're longing for right now, a choice in their health.

I would encourage everyone to check us out and also, you know, join us. Join us in this journey, in the fight. Shine bright in the darkness with us. We know that if we cure one person, 10 people come and then you replicate that.

If you want to be a part of an organization that has products that disrupt, products that heal and cure, the more that you sell here, the more of the people that you cure.

And that's our motto. And I think that we've positioned ourselves for doctors where they have an opportunity to really make the money comes because of the success of curing the patient.

I love that. Yeah, I think my first introduction to a PMA structure was two different things you already talked about. And I live in a little small town in Fort Worth and one of the pharmacies allowed a raw milk farmer to come and sell raw milk through their PMA.

You actually signed a PMA before you bought anything in the pharmacy itself. It had a little co-op built into it. And so I signed it because I wanted raw milk.

And I wanted to support the farmer who was basically not going to bow down to the government agency and kill the substance that's going to heal our bodies.

And then another small town in Dallas, I walked into a health food store. They were all PMA. You had to pay a membership fee to even purchase something from the store.

We'll come to find out they were doing modalities. They were healing patients out of the back of the store. They had a whole health coaching model. They had practitioners that work back there.

They had a pocket back there. They had all these different tools, but yet they kept themselves protected through this PMA structure. And it was the first time that for me, even before I knew who Blake was, that that structure protected me as a citizen of the US to go and have the freedom to choose what I want to put in my body, what I want to do for my body.

it trips me up and the longer I get to hang out with you, Blake, it's amazing, is that we trust a governmental agency like the FDA that, like you said, approves the drug that has killed millions of people.

Prescription drug deaths are like the top three cause of death in America for American citizens. So why do we think that that agency is the trusted name to support and supply all knowledge for us to believe that?

Root-Cause Healing and Modern Modalities

And I think the, you know, ivermectin is going to be harmful for us when we saw during COVID, we saw during these you know, resurgences of like, oh, we need to get back to taking care of ourselves.

We, you know, we got to see that Ivermectin saved a lot of lives or Finden saved a lot of lives or, you know, I got in trouble one day for speaking out about vaccine education or different things where my words were shifting people's decisions and the powers that be did not like me speaking even.

And so I just like the structure because inside the PMA model, I can say what I feel and I could say what I believe in. And that goes all the way back to where you started, which is if God spoke creation into existence, if the biology of belief is a real thing, then we've got to come against a system that speaks death into existence over clients and patients' bodies, we have the ability to speak life again.

And I think at the ultimate PMA level, we're getting to be restored back to the freedom of speech. and the freedom for us to choose the right to practice and to perform medicine.

Healing modalities have been on earth before the FDA ever existed. If Luke was a practitioner in the Bible, he didn't have a quest diagnostic to send your blood sample off to.

That man was performing medicine somehow that was mixed with spirituality. There's been shamanic practices throughout all generations. They didn't go to Bastyr.

They didn't go, they just knew the plan. Yeah, herbs were here for the service of men, right? So, and given the right conditions, the body does heal. And, you know, 90 nutrients a day, 60 of them the body doesn't make.

All those things are not taught in medical school. And we live inside a system where they looked at, all right, well, we're going to break up oil. We're going to, then, you know, that made some people mad.

So, they made petroleum-based medicine, antibiotics hit. You see the downfall of cannabis and hemp and all that ECS and cannabinoid, all those things went away and ooh, the devil.

And you see the rise of big ag and alcohol and genetically modified vaccines. Even we can go back to the use of Latrol and B17 in the late eighties. You know, PMA structure would have provided them protection, right?

Because again, at a constitutional level, is it illegal? No. So because I'm not harming the public or any shape or form engaging with the public and I'm only operating member to member, it allows us to do everything that's not a substantive act of evil.

So it opens the door up for a lot of things, especially with veterans right now. When you're talking about, you know, these ayahuasca, the psilocybin, the ketamine, the theta chambers, the frequency balancing act with the brain and all those modalities are always like, but at the end of the day, like you said, what's the forgotten formula?

We'll go all the way back, right? Go back 1500 years of how the evolution of medicine occurred, right? You'll see where there was points in history where they were doing really well and then society war happened and people were murdered, mass people were murdered, and intelligence was lost, right?

Libraries were burned. You learned things from your elders, right? Grandma, great grandma, and that kind of leads back into, again, if you don't have what grandma has and the bacteria that she has, you're set up for autoimmune city, right?

And what I saw is cesareans used to never happen. Now it's like everyone's had a cesarean, no breastfeeding, and

think about it, the body needs 90 nutrients.

If I put the baby on formula, they're not going to get the 90 nutrients the day they need, 60 of them essential, right? They didn't get the microbiota, the vagina, or the anus, so the baby's already immune deficient.

And if she didn't get breast milk, that's the first time they get anodymide. The latching mechanism from cannabinoids is from And if you don't get that colostrum, the baby is now ready for the autoimmune shift.

And that's a Netflix customer for life. And then that model, the price just goes up, up, up, up. And if dad had Blue Cross Blue Shield, mom has Blue Cross Blue Shield or any other major healthcare, they're going to keep them locked in that system.

And so we've had different situations where if we wouldn't have had the PMA, that child would be dead. Right? And that if there's no other reason, like no child deserves to be stuck in a situation where since nine months old, you've been on chemo and you know, when you turn nine, they do a bone marrow transplant and almost kill you and then run you out of the facility.

What do you do? Well, they came to us. And, you know, I would encourage everybody to look at situations like that and not be so much caught in to the what ifs, but what about the what now?

What needs to happen? How many people are dying every day because we're not signing up members and bringing them in and showing them that the Spy Pro team does this or…

You shouldn't do these because this will happen. We shouldn't, as Americans, be restricted to the freedom of speech, the freedom to contract, and the right to association, right?

And those are in the Constitution. So again, we would encourage all practitioners to drop the ego a bit. Remember that you're a patriot. Remember that you're an American and you can start now.

You can start today by coming and going, checking us out. learning more about who we are. There's 50 doctors in our organization, thousands of members.

Our goal is to have a clinic in every state so that no matter where you move, they have a place to call them.

Joining Forgotten Formula and Closing Remarks

They have a place that knows that it's not just oxidative therapies, it's not just peptides, it's not just the supplements, it's the everything. It's one place, one shop, one family, right?

And together, We can make a difference. It's really hard to do this by yourself. But as a private group, we can change the masses in a good way and have a Christian mindset, moral, ethical mindset.

No matter what religion you are, moral, ethical standards to live by that practice root cause. And again, just because we've forgotten some things doesn't mean we can't change it.

But then now, roping that into a modern world where we can integrate things like Frequency, the Hocket, the Theta Chambers, you know, all these amazing tools we now have and now, hopefully, and I think we can because one cool thing about all this work is we can die.

The last member dies, the PMA dies. So the PMA lives on until the last member dies. So live for something, die for nothing. Like if we all start today, we can build something that we can leave for our kids, blaze a trail so that it's not so hard for them to find the way.

That's awesome. Well, Blake, if anyone's interested in the PMA, where do they find you or how do they get connected to Forgotten Formula? Well, and they can call me or you or Cammie and also just go to

ForgottenFormula.com.

You can click on the little WhatsApp button or just reach out through the website. And we'd love to talk to you. Love to get to know what you do. If you have a passion for healing and a passion for helping, we want you to be a part of this.

Love that. Awesome. Well, stay tuned because this is only part one, part two, and the next part two, I guarantee you're going to want to listen to. Blake, thank you so much for joining me today and we'll see you all soon.

Before we wrap up, we want to thank our sponsor, Integrative Peptides, for supporting this episode. If you enjoyed today's conversation, visit IntegrativePeptides.com and use the code PODLIFE for a special listener discount.

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