President Trump, Melania, and Hope Hicks have tested positive for COVID Transcript

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Trump Tests Positive for COVID-19

Treatment Options and Early Intervention

Medications, Supplements, and Recovery

Doctor's Approach to COVID-19 Care

Risk Factors and Symptoms

[Music] [Music] ladies and gentlemen may i have your ladies and gentlemen may i have your attention please attention please covering both sides of the big issues covering both sides of the big issues with the analysis you trust with the analysis you trust on newsradio 1040 who president trump on newsradio 1040 who president trump announcing on twitter early this morning announcing on twitter early this morning he and the first lady have tested he and the first lady have tested positive for covid19 positive for covid19 what's next dr al johnson joins me on what's next dr al johnson joins me on the lamarca law group newsmakers line the lamarca law group newsmakers line so dr johnson is there any kind of so dr johnson is there any kind of treatment regimen treatment regimen for getting covet 19 or is it monitoring for getting covet 19 or is it monitoring him keeping him comfortable him keeping him comfortable what happens next doctor yeah if he what happens next doctor yeah if he becomes symptomatic then i'm sure becomes symptomatic then i'm sure they're going to start treatment they're going to start treatment on him they've these doctors are on him they've these doctors are excellent doctors excellent doctors uh they understand what's going on uh they understand what's going on uh so there's different treatments that uh so there's different treatments that are out there that have been are out there that have been shown to be very helpful uh shown to be very helpful uh remdisservier remdisservier remdisservier is a drug uh is a drug uh they've talked about hydroxychloroquine they've talked about hydroxychloroquine with zither max and vitamin d with zither max and vitamin d and zinc uh that has been helpful and and zinc uh that has been helpful and i've used that on i've used that on numerous patients that i have seen and numerous patients that i have seen and they recover very quickly if you they recover very quickly if you treat them early and then there's you treat them early and then there's you know other know other like plasma if that's available like plasma if that's available if the symptoms get worse so if the symptoms get worse so yes there's there's treatment that works yes there's there's treatment that works and dr johnson i'm thinking my my and dr johnson i'm thinking my my brother-in-law has recovered from brother-in-law has recovered from covid19 it's and it's interesting that covid19 it's and it's interesting that you you you mentioned vitamin i think vitamin d also mentioned vitamin i think vitamin d also zinc and that was the regimen he was put zinc and that was the regimen he was put on so on so it seems to me like some patients are it seems to me like some patients are not put on anything not put on anything medical sometimes some folks are being medical sometimes some folks are being treated with just supplements and treated with just supplements and vitamins vitamins vitamins how is that determined by a doctor how is that determined by a doctor well different doctors have different well different doctors have different philosophies as you probably philosophies as you probably will realize you bet and so and so will realize you bet and so and so what hopefully doctors are looking at is what hopefully doctors are looking at is what's been working uh in this what's been working uh in this pandemic and been talked about pandemic and been talked about and so they use their experience as well and so they use their experience as well as as as what's out there in the literature what what's out there in the literature what other doctors other doctors have written or talked about and have written or talked about and always in medicine early intervention always in medicine early intervention typically gives you better end results typically gives you better end results which would be which would be of course happening in this case because of course happening in this case because the president's tested the president's tested constantly dr johnson a lot of what i'm constantly dr johnson a lot of what i'm reading about today reading about today in the in the medical reaction to in the in the medical reaction to president trump uh president trump uh testing positive for covet 19 was we testing positive for covet 19 was we know know know so much more today about treating it so much more today about treating it than of course we did than of course we did a few months ago you've been tracking a few months ago you've been tracking the evolution of what we've been the evolution of what we've been learning about this learning about this what have you seen

that's really been what have you seen that's really been well from a treatment standpoint uh of well from a treatment standpoint uh of course first you you want to prevent it course first you you want to prevent it but once but once if you do get it then as we talked about if you do get it then as we talked about they're using remdissevere they're using they're using remdissevere they're using the the the zithromyosin hydroxychloroquine zithromyosin hydroxychloroquine combination with the vitamin d and zinc combination with the vitamin d and zinc and then if you have pulmonary symptoms and then if you have pulmonary symptoms they're adding in the dexamethasone the they're adding in the dexamethasone the steroid to help calm down the steroid to help calm down the inflammatory reaction part of it inflammatory reaction part of it treatments that have helped mitigate the treatments that have helped mitigate the disease dr al johnson joining me and dr disease dr al johnson joining me and dr johnson of course the president is 74 johnson of course the president is 74 years old and a lot of folks are saying years old and a lot of folks are saying that puts him in a higher risk that puts him in a higher risk category but has that been your category but has that been your experience experience experience it it seems like it's all over the place it it seems like it's all over the place as to how patients experience as to how patients experience covet 19. is he at especially high risk covet 19. is he at especially high risk for some complications because of his for some complications because of his age age age well i think age does play a part but well i think age does play a part but your your total health picture your your total health picture is the biggest part and he's been a is the biggest part and he's been a healthy individual healthy individual not sick very often which shows he has a not sick very often which shows he has a strong immune system strong immune system over someone that gets frequent colds or over someone that gets frequent colds or infections infections infections so and he's a little overweight but he's so and he's a little overweight but he's not grossly obese it's not grossly obese it's grossly obese people that are really grossly obese people that are really having the trouble because their lungs having the trouble because their lungs don't function as well because don't function as well because the diaphragm doesn't move as well to the diaphragm doesn't move as well to fill the lungs up because of the fill the lungs up because of the abdominal fat in taking up space abdominal fat in taking up space yeah what have you seen dr johnson in in yeah what have you seen dr johnson in in your patients your patients is it the breathing that's the worst is is it the breathing that's the worst is there something you can put your finger there something you can put your finger on that you say if you if you your on that you say if you if you your symptoms are going to get worse symptoms are going to get worse these are what you're probably going to these are what you're probably going to experience what will you experience experience what will you experience well the fatigue and then of course the well the fatigue and then of course the breathing is the most concerning because breathing is the most concerning because you have to you have to get oxygen for life and so we want to get oxygen for life and so we want to decrease any of the breathing uh symptom decrease any of the breathing uh symptom problems as quickly as possible so problems as quickly as possible so that's where the dexamethyldexamethasone that's where the dexamethyldexamethasone comes into play comes into play or inhaled steroids to really help cut or inhaled steroids to really help cut down that inflammatory process in the down that inflammatory process in the lungs lungs lungs dr al johnson joining me today dr dr al johnson joining me today dr johnson that's really insightful thanks johnson that's really insightful thanks